



*Dedicated to the Preservation of the Carolina Shag and Beach Music*

# Shag Rag

A Proud Member of:



Volume XX1, No. 2  
February 2015

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## President's Corner

by Sue Young



Sue Young

What a super turn out we had for our Pre Super Bowl dance. I hope everyone enjoyed themselves. It was wonderful to see some old friends again too.

February is an exciting Month for NVSC because it's our 18th annual Charlie and Jackie workshop and dance on Saturday February 21. The event will be held at the American Legion in Vienna again this year. There will be three workshops in the afternoon starting at 12:15 and then a night of dancing and entertainment. Come take advantage of the opportunity to learn from two of the best instructors in the country. It's a Potluck Heavy Hors 'd Oeuvres event so bring an appetizer or dessert. We need volunteers also to work the front desk, set up and clean up at the end. There will be a signup sheet at the Elks on Wednesdays so please help us out. See the flyer in this issue for more information. This is one of our biggest events of the year so don't miss out!

As you know, Pamela Alfano, our Dance Committee Chair, has been voted for induction into the Virginia Shaggers Hall of Fame. Pamela joined NVSC in April 1996 without having any prior knowledge of what the

shag was. It just goes to show practice makes perfect. Her induction ceremony will be part of a weekend dance party/ceremony to be held in Williamsburg, March 27-29. For more information, go to [www.vshof.com](http://www.vshof.com) and click on VSHOF Induction Ceremony.

I attended my first Mid Winter SOS last month and I met some of the nicest people. I think they should change the name to "Winter Beach Blast" because everyone that was there had a lot of fun. Dave Bushey spoke at the ACSC meeting promoting our 2015 ACSC/Capital Classic party and from the feedback we got; everyone is looking forward to coming. We also got to watch the junior shaggers compete and boy have they grown since two years ago.

And speaking of SOS, Spring Safari will be here before you know it, so see Mark Hendrickson to purchase your discounted card. For those not familiar with SOS, it's the biggest adult party on the

East Coast lasting 10 days from April 17th-26th! And we do it again in September. For more information visit

<http://shagdance.com/safari.htm>

or ask a club member what SOS is all about.

Don't forget to check out our Facebook page. Angie Bushey does a great job keeping us informed on what is going on in the shag world.

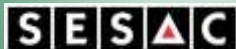
Everyone please remember to welcome new visitors every Wednesday and ask them to dance.

Keep on Shaggin'

### Important announcement:

**Due to a 67% increase in our rent at the Elks Lodge, NVSC will have to increase admission fees to \$7 for members and \$8 for non-members, effective February 4, 2015.**

Through the National FastDance Association, our club dance activities are licensed by:



## When and Where to Shag



Every Wednesday, 6:30 – 10:30 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Members \$7.00, non-members \$8.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

*See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3.*



**February 8th and 22nd** at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge.

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; **Battlefield Boogie Club** ([battlefieldboogieclub.com](http://battlefieldboogieclub.com))

**February 21<sup>st</sup>**, our **18<sup>th</sup> Annual Shag Workshop with Charlie and Jackie** at American Legion Post 180, The Patriot Hall, 330 North Center Street, Vienna, VA 22180.

*See more upcoming Shag Events on pages 7, 9, and 10*

## Dance Lessons at the Elks on Wednesdays

### DJ Schedule

- 2/4: Craig Jennings
- 2/11: Bill Frostick
- 2/18: Dennis Gehley
- 2/25: Crystal Ashton

### Beginner Level Shag Steps

- 2/4—Basic and Female Turn
- 2/11—Basic and Start
- 2/18—Basic and Male Turn
- 2/25—Basic, Half Turn, Triple Basic

### Intermediate Level Shag Steps

- 2/4—Hug Pivot & Pivot
- 2/11—Pivot with Tuck Turn
- 2/18—Pivot and Belly Roll
- 2/25—Sugarfoot with Back Prep and Front Prep

**Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.**

**Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:30 p.m. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!**

## News and Announcements

**Where do I Get a Copy of the Shag Rag?** Go to [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

**Hello Shagger Emails** Are you getting the Hello Shagger e-mails? If not, visit our website at [www.nvshag.org](http://www.nvshag.org). On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

**Hello Shagger Input** Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to [helloshagger@nvshag.org](mailto:helloshagger@nvshag.org).

### NEW MEMBERS

*When you have the opportunity, please welcome our new members and dance with anyone who has a red dot!*

**Keep Your Membership Information Current** Have you moved, changed phone numbers or email Bonnie Arms at [bjrwa@verizon.net](mailto:bjrwa@verizon.net).

**Shag Rag** The deadline for *Shag Rag* input is the 25<sup>th</sup> of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at [jamescanlon@me.com](mailto:jamesscanlon@me.com).

### SOS Spring Safari

April 17 to 26

It is that time of year again to plan for going to North Myrtle Beach. SOS cards are available for sale; see Mark Hendrickson to purchase them.

Make your reservation for a place to stay now, they are quickly filling up.



### When and Where to Dance in the Future (Take a few minutes to enter these on your calendar)

**March 7:** The Hubcaps will be at our Elks Lodge to play rock & roll music. Tickets can be purchased at the Elks Lodge. This event will sell out quickly, so consider buying tickets at our Wednesday night dance.

**July 10-12:** Association of Carolina Shag Clubs (ACSC) Summer Workshop July 10-12, 2015 at the Hyatt Dulles Hotel. This is a huge 3-day shag event. The presidents of all the Association's shag clubs will be attending as well as other members from their clubs. It is one humongous

### More Places to Shag



#### Other ACSC Virginia Shag Clubs

*Visit the club websites for venues and schedules.*

Battlefield Boogie Club, [www.battlefieldboogieclub.com](http://www.battlefieldboogieclub.com)

Boogie On The Bay Shag Club, [www.boogieonthebay.com](http://www.boogieonthebay.com)

Colonial Shag Club (Newport News), [www.colonialshagclub.com](http://www.colonialshagclub.com)

Danville Shag Club, [www.danvilleshagclub.com](http://www.danvilleshagclub.com)

Franklin Shag Club, [gramelia@yahoo.com](mailto:gramelia@yahoo.com)

Lynchburg Shag Club, [www.lynchburgshags.com](http://www.lynchburgshags.com)

Richmond Shag Club, [www.richmondshagclub.org](http://www.richmondshagclub.org)

Roanoke Valley Shag Club, [www.rvsc.memberlodge.com](http://www.rvsc.memberlodge.com)

Virginia Beach Shag Club, [www.vbshagclub.com](http://www.vbshagclub.com)



**February**

- Joan Rippingale 02
- Katherine Olson 08
- Gay Thompson 10
- Tom Romero 13
- Kenneth Morford 16
- Susan Young 19
- Phil Richardson 20
- Adele Robey 25
- Marcia Conway 26
- Sherri Wildoner 27

**DJ Wayne Bennet**

Wayne, a native of Milton Delaware, was introduced to the music of the Shag World while attending college in South Carolina. His love for the R & B tunes of the 50's grew over the years and caused him to want to dance to the music he craved. While residing in Greenville, SC he learned to shag and became involved with the Carolina Shag Club. He met his wife Judy on the dance floor at Ducks in 2003 and they were married a year later and are active attendees at nearly all ACSC and SOS events. Wayne has been a member of the Association of Beach and Shag Club DJ's for eight years and is also a member of the National Association of R & B DeeJays. He is a member of the Golden Isles Shag Club and is currently serving as President.



**RAFFLE TICKETS FOR A FREE PRIVATE LESSON WITH CHARLIE & JACKIE**

Members of the NVSC dance committee are selling raffle tickets for a chance to win a free one-hour private dance lesson with Charlie Womble and Jackie McGee on Sunday afternoon, February 22nd at the home of David & Jerry Rodgers in Fairfax Station, VA. The prices of the raffle tickets are one ticket for \$5.00 or three tickets for \$10.00. The drawing of the winning ticket will be held during the NVSC dance with Charlie & Jackie at the American Legion Hall in Vienna, VA on Saturday night, February 21st. You do not have to be present at the dance to win. Buy some tickets for yourself or a friend.

**Come Dance with Me**

Private and Group  
Lessons in Carolina Shag  
With  
David Rodgers

Call or e-mail David  
703-239-8978  
rodgersd3@cox.net

*Advertise Your  
Business in the  
Shag Rag!  
CONTACT  
Sue Young at  
suey@theaeap.com  
for details.*

*J.R.'S FRAMING & PHOTOGRAPHY*

**JOHN ROMITO**  
6020 Wiscott Hills Way  
Kingstowne, VA 22015

**High Quality Custom Framing at Great Prices!**

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- Artwork including Oils, Water Colors & Pastels
- Diplomas & Certificates
- Shadow Boxes, Mirrors & Cross Stitch

**Service and Quality Guaranteed!**  
Call John at (703) 971-1618 for an appointment or email him at jrdancer0501@yahoo.com

**Dennis Gehley**  
**The Time Machine**

Hits From Yesterday and Today  
Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764

E-mail: dmgehley@me.com



The Northern Virginia Shag Club Presents

# Our 18<sup>th</sup> Annual Shag Workshop and Party

with Pro Shaggers

## Charlie Womble & Jackie McGee



Join us for a fun day of workshops followed by an evening dance with Charlie and Jackie!

Music by Wayne Bennett from Brunswick, GA

Saturday  
February 21,  
2015

### SCHEDULE OF EVENTS

- 12:15 – 1:15pm – Workshop 1: Fun Combinations to Shake It Up  
1:30 – 2:30pm – Workshop 2: Lead/Follow with Style & Technique  
2:45 – 3:45pm – Workshop 3: Improve and Expand Your Footwork  
7:00 – 11:00pm – Saturday Night Dance

#### WORKSHOPS:

\$10 each for NVSC members  
\$15 each for non-members

#### SATURDAY NIGHT DANCE:

\$20 NVSC Members/\$25 non-members

**Under 21 free to both events**

Potluck Heavy Hors 'd Oeuvres.  
Beer and wine available for purchase. NO BYOB.

★ Please sign up to bring an appetizer or dessert at the Elk's on Wednesdays.

### LOCATION:

American Legion Post 180  
The Patriot Hall  
330 North Center St, Vienna, VA 22180

### DIRECTIONS from the East:

Take I-66 W to Exit 62 to merge onto VA-243 N/Nutley Street toward Vienna. Turn right onto Maple Ave W/VA-123 N. Go approx. 1 mile and turn left onto Center Street N. Go through two 4-way stops approx. 0.5 miles and American Legion will be on the left. Take the second entrance that says American Legion Parking. The Patriot Hall is on the upper level of the building.

**From the West:** Take I-66 E and follow above.

Private lessons with Charlie and Jackie are available. Please contact David Rodgers at 703-239-8978 or email [rogersd3@cox.net](mailto:rogersd3@cox.net) to make arrangements.

**Questions? Contact Sue Young at [susan.young19@yahoo.com](mailto:susan.young19@yahoo.com).**

### FOR LADIES ONLY with Jackie McGee

Jackie McGee has agreed to teach two SMALL GROUP lessons for women only on footwork for ladies when she and Charlie are visiting with NVSC in February 2015 IF ENOUGH LADIES SIGN UP FOR THE LESSONS. These lessons will be taught at David & Jerry Rodgers' home in Fairfax Station, VA from 2:00-3:00 PM and from 3:00-4:00 PM on Sunday February 22, 2015.

The first ladies only lesson (2:00-3:00 PM) will be taught for intermediate/advanced level dancers. The second ladies only lesson (3:00-4:00 PM) will be taught for beginner/novice level dancers. Due to the size of the dance floor available for these lessons, only a limited number (7) will be allowed to attend each ladies only lesson. Sign-up will be taken on a "first come, first served" basis. Cost of these "Ladies Only" lessons will be \$15.00/person. Contact David Rodgers by e-mail at [rogersd3@cox.net](mailto:rogersd3@cox.net) or call David Rodgers at (703) 239-8978 to put your name on the list.

## Humor

If my body were a car, this is the time I would be thinking about trading it in for a newer model. I've got bumps and dents and scratches in my finish and my paint job is getting a little dull... But that's not the worst of it.

My headlights are out of focus, and it's especially hard to see things up close.

My traction is not as graceful as it once was. I slip and slide and skid and bump into things even in the best of weather.

My whitewalls are stained with varicose veins.

It takes me hours to reach my maximum speed. My fuel rate burns inefficiently.

But here's the worst of it.

Almost every time I sneeze, cough or sputter,

Either My Radiator Leaks or My Exhaust Backfires!



## Recipe

### TESTICOLI

These are small bread rolls, to be served with any Italian entrée.

#### Ingredients:

5 to 6 cups bread flour	1 can evaporated milk
1 teaspoon and a Pinch of sugar	1 stick (1/4 cup) unsalted butter
2 eggs	Garlic powder
1 tsp salt	Grated Parmesan cheese
2 packages dry yeast	

#### Directions

In a bowl, add:

1 1/2 cups warm water 100 – 110 degrees  
Pinch of sugar  
Stir in 2 packages dry yeast

In a separate large bowl combine the following:

2 eggs lightly beaten  
1 teaspoon sugar  
1 tsp salt  
1 can evaporated milk  
1/4 cup butter, unsalted, melted but not hot  
Yeast mixture

Slowly add:

6 or more cups bread flour

Add the last cup of flour small amounts at a time. The dough will be come smooth and elastic and will begin to knead itself on the sides of the bowl. Continue for approximately 5 minutes kneading it to ensure it is well mixed. Shape dough into a ball.

Lightly coat another bowl with oil. Place the dough in the bowl and toss gently to coat dough ball with oil. Cover with wax paper, then a towel and place in warm dry place to rise for 2 hours.

Turn out dough onto a lightly floured surface. Pull off a piece of the dough, enough to make a small ball, about the size of a ping pong ball; roll it in bit of flour and shape the ball by rolling it in the palms of your hands.

Fry the balls in cottonseed or other non-smoking oil in a deep fat fryer. Fry just a few at a time so that the oil remains the proper temperature and they do not stick together. Remove them when they are golden brown and place on a paper towel.

Put Parmesan in a small bowl. Fill another small bowl with olive oil; dip the balls, one at a time in the oil and then roll them in the Parmesan. Then sprinkle a bit of garlic powder on it. Place them in a plastic Ziploc-type bag and freeze the Testicoli until needed, then slowly defrost them to room temperature, and warm in an oven at 250 degrees (do not use the microwave).

*Send your opinions,  
favorite recipes and  
humor to the Shag  
Rag editor, Jim  
Scanlon,  
jamescanlon@me.  
com*

**Makes about  
100 Testicoli.**

**Mangia!**

# This is the Big One! A huge event, larger than we have ever hosted before.



## ACSC's 2015 Summer Workshop & NVSC's Capital Shag Classic



July 10 – 12, 2015  
Hyatt Dulles

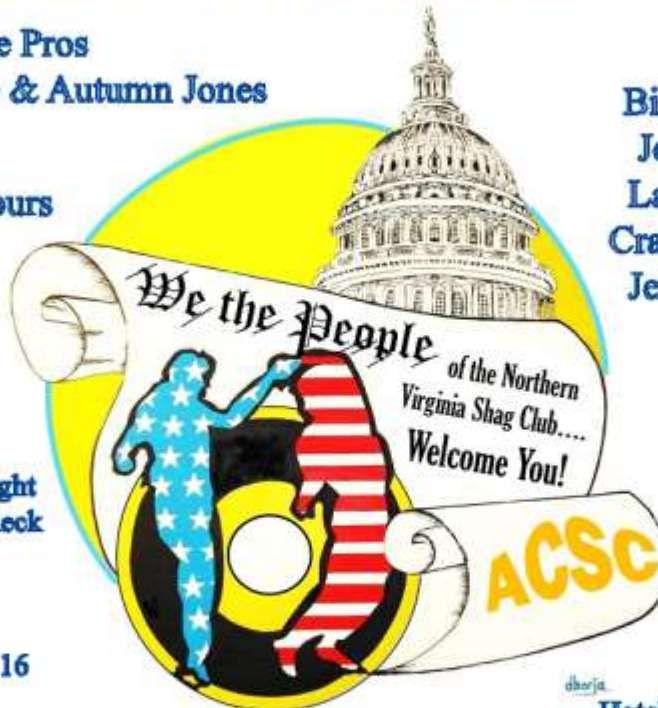
2300 Dulles Corner Blvd, Herndon, VA 20171

Discounted Room Rates are \$89 per night until June 17, 2015

Dance With the Pros  
Brennar Goree & Autumn Jones

Dancing  
Hospitality Hours  
Dinner  
Workshops  
Exhibitions

DJ's  
Billy Waldrep  
Jerry Hardy  
Larry Black  
Craig Jennings  
Jerry Canada



Tickets can be bought  
by sending your check  
to:  
NVSC  
Box 2298  
Merrifield, VA 22116  
Or  
by credit card at <http://www.nvshag.org>

Through the National  
FastDance  
Association, this  
multi-day  
event is licensed by:



Hotel reservations visit  
<http://www.nvshag.org>

For additional information contact David Bushey: [dbushev99@gmail.com](mailto:dbushev99@gmail.com) or 703.338.1563

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Number of Tickets: \_\_\_\_\_ Shag Club: \_\_\_\_\_

Phone: \_\_\_\_\_ email \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Checks made payable to NVSC

Tickets are \$79 until June 18, 2015; \$90 thereafter



## New Year's Eve at the Outer Banks Shag Club








**TICKETS \$70.00 UNTIL MARCH 1ST, THEN \$80.00**  
**ONLY 500 WILL BE SOLD.**  
**NO REFUNDS**  
CSRA Shag Club cannot act as an agent for Ticket Transfer

**-BYOB**  
**SETUPS PROVIDED**  
**-FREE BEER ALL WEEKEND**  
**-MUST BE 21 OR OLDER**

**WRIST BANDS MUST BE WORN AT ALL TIMES DURING THE PARTY.**

# 26TH ANNUAL CSRA SHAG CLASSIC

**MARCH 20-22, 2015**  
 Julian Smith Casino  
 Augusta, GA

**FRIDAY, MARCH 20TH**  
 7-9 DJ JOE TUTT  
 Hot Dawgs & Fixins'  
 9-1 DJ JIM BOWERS  
**FREE SHUTTLE TO AND FROM PARTY (EVERY 30 MINUTES 6:30 PM-1 AM)**

**SUNDAY, MARCH 22nd**  
 12-4 DJ MURL AUGUSTINE  
 Screwdrivers & Bloody Marys  
 12 Noon Famous Smorgasbord by CSRA Shag Club Members

*For Hotel Reservations, call the Courtyard by Marriott (706) 737-3737  
 Room Rates: \$97 per night (CSRA Shag Classic Rate)*

*Enjoy Early Registration on Friday at the host hotel with music & great hospitality from 1-4pm*

**SATURDAY, MARCH 21ST**  
 2-3:30 FREE ELLEN TAYLOR WORKSHOP  
 4-8 DJ WAYNE BENNETT  
 5:30-7:30 Famous Carolina BBQ  
 8-12 DJ EDDIE ANDERSON  
**FREE SHUTTLE TO AND FROM PARTY (EVERY 30 MINUTES 4 PM-MIDNIGHT)**




NAME \_\_\_\_\_ #TICKETS \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

CLUB AFFILIATION \_\_\_\_\_



**TICKETS WILL NOT BE MAILED**—Buyers will receive **Email Confirmation** or if a **Self-Addressed Stamped Envelope** is enclosed, confirmation will be mailed.  
 Please mail completed form and check made payable to **CSRA Shag Club** to :  
 Tom Cullum, 102 Oakleaf Drive, North Augusta, SC 29860



**ONLINE REGISTRATION IS AVAILABLE THROUGH PAYPAL AT [WWW.CSRASHAGCLUB.COM](http://WWW.CSRASHAGCLUB.COM)**



## 2015 Board

President	Sue Young	571-340-0043	president@nvshag.org
Vice President	Jason Potter	703-220-6697	vicepresident@nvshag.org
Secretary	Bonnie Arms	703-819-9654	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-282-1033	treasurer@nvshag.org
Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat		webmaster@nvshag.org
Director-at-large	Christine Werner		Fleur15@verizon.net

## NVSC COMMITTEES/CHAIRS FOR 2015

*	Audit	Fern Siegler
	Capital Classic	Dave Bushey, Marcia Conway
*	Shag-A-Thon	TBA
*	Dance	Pamela Alfano
	Hello Shaggers	Kathy Norris (hellosagger@nvshag.org)
	Co-Historians	Sherri Wildoner, Ken Morford and Dennis Gehley
*	Membership	Bonnie Arms
*	Music	Fran Mong
	Newsletter Editor	Jim Scanlon (jamescanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook and Jack Jones.
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Web Site	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

### BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE\$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**

**Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the [www.nvshag.org](http://www.nvshag.org) website, or you may request copy(s) from the Club Secretary.**

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*





General Inquiries: [shaglist@nvshag.org](mailto:shaglist@nvshag.org)  
 Membership: [membership@nvshag.org](mailto:membership@nvshag.org)  
 Webmaster: [webmaster@nvshag.org](mailto:webmaster@nvshag.org)  
 Hello Shagger: [helloshagger@nvshag.org](mailto:helloshagger@nvshag.org)

**Dedicated to the Preservation  
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!  
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT  
 "NORTHERN VIRGINIA SHAG  
 CLUB"

### ***About Our Organization...***

**Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:**

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

**Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:30 p.m.**

**COME JOIN US!**



### **Shag Rag**

NORTHERN VIRGINIA SHAG CLUB  
 P.O. Box 2298  
 Merrifield, VA 22116