



*Dedicated to the Preservation of the Carolina Shag and Beach Music*

# Shag Rag

A Proud Member of:



Volume XX, No. 12  
December 2014

## President's Corner

by Dave Bushey



Dave Bushey

**NO DANCE AT THE ELKS  
ON December 24 and 31**

Aren't you glad you don't live in Buffalo?? Yikes, it comes on fast, doesn't it?

Yes, it's December, and that means . . . HOLIDAY PARTY! The Big Night is December 13th. A Free Party for Members; \$10 for Guests. Hey, Guests! That's a pretty big hint. Time to join The Northern Virginia Shag Club! This is a dinner-dance. Or is that dance-dinner? NVSC provides turkey and ham. You get to bring your favorite appetizer, salad, vegetable or dessert. There are Sign-Up sheets every Wednesday. Or e-mail Sue Young that you'd like to help out. AND, it's a Toys for Tots event, too. So PLEASE, bring a new, unwrapped toy. NVSC'ers have shown their generous hearts in donating to Toys for Tots for many years. Help make the difference in a child's Christmas! The Marines who have attended frequently turn out to be pretty good dancers (remember the West Coast Swing exhibition last year? Or the group Wobble a couple of years ago?). See you at the Snyder Center in Kingstowne. And, see the flyer in this

Shag Rag for more details and directions!

2014 has been another great year in the annuals of NVSC. Remember the Super Bowl Party in Vienna? UMMM good chili! And the Charlie-Jackie Workshop and our very special guests? Our SOS Parties! The Band of Oz in Fredericksburg! The NVSC Picnic at the Fairfax Hunt (hard to beat that dance floor!). And, how about the Capital Shag Classic! What a great night. Our Shag-a-Thon with DJ Rodney and SOS Chair Helen Still! Recently, several of our members attended the Capital Caring Gala, including Linda Coffeen – who just happens to be the sister of the Gala Event EmCee Monte Durham of "Say Yes to the Dress: Atlanta" fame! Great night for NVSC! We got a big Shout-Out from Capital Caring CEO Malene Davis. If you remember, Malene and her mom came to the Elk's earlier in the year and had a GREAT time.

Folks, the 'President's Message' isn't really the place for the President of NVSC to write about

himself. But, as many of you know, the next several months are going to be a difficult time for me. I've been diagnosed with bladder cancer and face chemotherapy and probably more surgery in the near future. Over the past several weeks, I've been showered with your love and blessings and prayers, and it has meant a great deal to me and to Angie. Thank you VERY much for your support as we face this chapter of our lives.

And, well, this Message is also my final message to you! I am honored to have been your President these past three years. I know that they have been some of my most fun years. Yes, lots of work. But, you know what? All of you have actually made it an easy time. When asked, you've volunteered and stepped up the plate to take on the challenges of our dance club. So, let me thank each of you – especially the three Boards with whom I served and all of the Committee Chairs for their dedication to NVSC. A big Shout-Out to ALL of you!

### Special points of interest:

- Toys 4 Tots (page 3)
- Fall Cyclone Review (pages 4-5)
- Wine Window (page 6)
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- Recipe (page 8)
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Through the National FastDance Association, our club dance activities are licensed by:



**EXTRA! EXTRA! PAMELA ALFANO HAS BEEN ELECTED TO THE VIRGINIA SHAGGERS HALL OF FAME!**

# When and Where to Shag



Every Wednesday, 6:30 – 10:30 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$6.00, members \$5.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

**NO DANCES on December 24 and 31.**



December 7th and 21st at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge.

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; Battlefield Boogie Club (battlefieldboogieclub.com)

December 13 at the Snyder Center in Kingstowne, Alexandria, VA, **NVSC's Holiday Party**

*See more places to dance with other ACSC Virginia Shag Clubs, listed on page 9.*

## Dance Lessons at the Elks on Wednesdays

### DJ Schedule

- 12/3: Craig Jennings
- 12/10: Bill Frostick
- 12/17: Dennis Gehley

### Beginner Level Shag Steps

- 12/3 - Basic and Female Turn
- 12/10 – Basic and Start
- 12/17 – Basic and Male Turn

### Intermediate Level Shag Steps

- 12/3 – Hug Pivot & Pivot
- 12/10 – Pivot & Tuck Turn
- 12/17 – Pivot & Belly Roll

**12/24 & 12/31 – NO DANCING AT THE ELKS**

**Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.**

**Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:30 p.m. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!**

## News and Announcements

**Where do I Get a Copy of the Shag Rag?** Go to [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

**Hello Shagger Emails** Are you getting the Hello Shagger e-mails? If not, visit our website at [www.nvshag.org](http://www.nvshag.org). On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

**Hello Shagger Input** Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to [helloshagger@nvshag.org](mailto:helloshagger@nvshag.org).

**Keep Your Membership Information Current** Have you moved, changed phone numbers or email? Contact Bonnie Arms at [bjrwa@verizon.net](mailto:bjrwa@verizon.net) or Dave Bushey at [dbushey99@gmail.com](mailto:dbushey99@gmail.com).

**Shag Rag** The deadline for *Shag Rag* input is the 25<sup>th</sup> of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at [jamesscanlon@me.com](mailto:jamesscanlon@me.com).

### NEW MEMBERS

*When you have the opportunity, please welcome our new members ...*

**John Cary**

**Betsy Cary**

**Russ Fisher**

**Katherine Olson**

**Beth Springsteen**

**Steve Springsteen**

*... who joined NVSC this past month.*

## US MARINES TOYS FOR TOTS VOLUNTEER OPPORTUNITIES

NOVEMBER 4<sup>TH</sup> TO DECEMBER 12<sup>TH</sup>

MONDAY-FRIDAY

TOY SORTING/BIKE BUILDS

8AM-4PM

Note: These are the Marines who participate with us at our NVSC Christmas Party.

Volunteer applications for the 2014 campaign are now open. Visit our website

<http://anacostia-dc.toysfortots.org/local-coordinator-sites/lco-sites/default.aspx>

select the Request a Toy tab at the top of the page, Scroll to Washington DC in the Select a State drop down, select Anacostia City for the location, and a LOCAL website will appear. Under the give and receive portion select the volunteer for Toys for Tots link. Fill in the contact information required and Sergeant Snell, Gunnery Sergeant Turner, or Sergeant Hendricks will contact you with more information. Thank you in advance for all of your help and we hope to see you out there!!

Sincerely,  
T4T Team





**November**

Linda Maslar	01
Nancy Snead	01
John Rippingale	03
Barry Kumar	06
Ray Jones	07
Jeanne Potter	07
Victor Clemann	08
Jane James	09
Fran Pfeifle	11
Cathy Metcalf	12
Judy Anderson	15
Janet Grace	15
Eddie Gooden	16
Cookie Bell	19
Dave Rapson	19
Michael Browne	21
Gaye Proctor	23
Michael Deese	24
Mark Ludwinski	29
Sandy Farwell	30
Sandra Traylor	31

## Fall Cyclone, The Twister Club in Mooresville, NC

### This is a 4-time "Event of the Year" Winner

**By Mary Ann Davis**

At least 10 NVSC members attended this sellout event.

Before I attended this Fall Cyclone party, I remember NVSC members telling me . . .

**"This is THE shag club event to attend."**

**"They roll out the red carpet for you."**

**"Twister Club members make sure everyone is having a good time."**

They were absolutely right. You must experience it for

yourself to get the full effect.

It took me 7 hours with a couple of stops to get home, with no traffic congestion. Believe me, it is worth the drive, especially if you can car pool. But once you are there, you may want to park your car until you're ready to go back home. The shuttle bus runs continuously to and from the dance site.

Dinner is not served on Friday night, but a light lunch and huge dinner buffet is served Saturday, and a big breakfast on Sunday.

At the dance, different kinds of adult beverages are available at all times: mixed drinks, beer, wine, big coolers of special drinks (Margarita drinks, for instance) . . . I

even enjoyed Bailey's Irish Cream in my coffee — with Krispy Crème doughnuts after 11:00 pm ☐ YUM! Of course, bottled water, sodas, and iced tea were always available, as were snacks like popcorn, raw veggies and dip, pretzels, chips, crackers, etc. Everyone was polite, friendly, and willing to accommodate your needs as much as humanly possible.

The Marriott Fairfield Inn provided free breakfast on Sat. and Sun. at \$89 per night, and coffee was available around the clock. The workshops on Saturday were great. Last but not least, no mistakes about it, the twelve DJs provided shag music that was the best of the best!

The many members of the Twister Shag Club work very hard to make this a party you will always remember! And, of course, *what happens in Mooresville, stays in Mooresville!* For more info, go to: <http://www.qoshagging.com/cyclone.htm>



## Fall Cyclone, Cont'd



## Wine Window

By Jim Scanlon



Trying something new. It occurred to me that many of us have been going to Virginia wineries and that we might share our experiences with other NVSC members.

Virginia wines have come a long way. A few of us recently attended a wine and music festival at Gettysburg, PA and found the Pennsylvania wines to be about where Virginia wines were 20 years ago. Made us proud to be Virginians. And

in Northern Virginia, the economic influence of the metropolitan area is providing sufficient revenue to sustain the winery business. In fact, I have observed that there is an arc with its radius outward from DC to Front Royal within which you find that wineries can afford to offer accompanying food, so that you do not have to picnic it. Another economic nucleus with great wineries is the Charlottesville area.

If you get into this winery thing, becoming a wine club member also has benefits. Club members receive email notices of events that the winery hosts, which involve exquisite food to pair with wine tasting and live music.

So here are the wineries I have visited and my take on them. You may have had a different experience, if so, let me know.

**Delaplane Cellars:** Excellent wine, excellent view, appointed well (modern), hors d'oeuvres great; open Thursday - Monday from 11-5 pm. 2187 Winchester Road, Delaplane, VA 20144-1734

**Chateau O'Brien:** Excellent wine; a bit over-priced; fantastic view; appointed well (rustic); open 11:00, closed Tue - Wed. 3238 Rail Stop Road, Markham, VA 22643

**Sunset Hills Vineyard:** Excellent wine; no view; open every day beginning at noon. 38295 Fremont Overlook Lane, Purcellville, VA 20132

**Pearmund Cellars:** Excellent wine; no view; hors d'oeuvres good; open daily 10 am to 6 pm). 6190 Georgetown Road, Broad Run, VA 20137

**Chrysalis Vineyards:** Excellent wine; fair view; hors d'oeuvres good; open every day at 10:00. New facility under construction at a nearby location. This 3-story building is huge, with a cheese-aging cellar and a bakery in addition to the tasting area. 23876 Champe Ford Rd., Middleburg, VA 20117

**Potomac Point Winery:** Wines good; no view; lunch & dinner served: open every day at 11:00 except Tuesday. 275 Decatur Road, Stafford, VA 22554

**Barrel Oak Winery:** Wines fair; good view; hors d'oeuvres OK; pets & kids welcome; open every day 11:00. 3623 Grove Ln, Delaplane, VA 20144

**Narmada:** Wines OK; no view; hors d'oeuvres OK; open Thursday, Friday, Saturday, Sunday & Monday Noon - 6 PM) 43 Narmada Lane, Amissville, VA 20106

**Mediterranean Cellars:** Wines fair; overpriced; no view; hors d'oeuvres OK; open Thursday - Monday 11:00. 8295 Falcon Glen Road, Warrenton, VA 20186

**Bogati Bodega & Winery:** Wines fair; no view; nice fireplace; closed on Sundays; all other days open at noon. 35246 Harry Byrd Hwy, Round Hill, VA 20142

**Vint Hill Craft Winery:** Wines fair; no view; bare-bones operation; open Fridays, Saturdays, and Sundays from 11 AM - 6 PM. 7150 Lineweaver Rd, Warrenton, VA 20187

**Paradise Springs Winery:** Wines fair; no view; food available; music on weekends. 13219 Yates Ford Road, Clifton, VA 20124

**Granite Heights Winery:** Wines fair; no view; open 12-5pm Sat/Sun and holiday Mondays, 12-5pm April through the 1st weekend in December; new chalet under construction. 8141 Opal Road, Warrenton, VA 20186

**Chester Gap Winery:** Wines fair; fantastic view; no hors d'oeuvres. 4615 Remount Rd, PO Box 108, Front Royal, VA 22630

**Aspen Dale Winery at the Barn:** Wines fair; no view; provided small food tidbits to pair with the wines tasted; open Monday through Thursday 11am - 5pm Friday, Saturday 11am - 8pm Sunday 12pm. 3180 Aspen Dale Lane (GPS: 11083 John Marshall Hwy), Delaplane, VA 20144

**The Winery at Bull Run:** Wines fair; no view; live music every Friday, Saturday and Sunday; open daily 11am-7pm. Thursday 8pm and Friday until 9pm. 15950 Lee Highway, Centreville, VA

# Celebrate the *Holiday Season* with NVSC!

**Saturday, December 13, 2014**  
**7:30 – 11:30 pm**

Kingstowne's Snyder Community Center  
6450 South Van Dorn St., Alexandria, VA 22315

Special Guest DJ: Jerry Hardy

**Members - FREE      Non-members - \$10**

Pot Luck Dinner  
NVSC will provide turkey, ham, & rolls.  
BYOB - set-ups provided.

Please sign up for appetizers,  
side dishes, and desserts at the  
**Elk's on Wednesdays.**



**Please bring a new unwrapped  
toy for our Toys-For-Tots drive.**

#### **Questions?**

Contact Sue Young at [susan.young19@yahoo.com](mailto:susan.young19@yahoo.com)  
Volunteers needed for set up and clean up. Please sign up.

#### **Directions from the Fairfax County Parkway:**

Go east until you reach Beulah Rd., cross Beulah and the road changes names to Manchester Blvd. Continue down Manchester (it becomes Kingstown Blvd) for 7 traffic signals. At the 7th traffic signal, turn left on to South Van Dorn St. At the 2nd traffic signal, turn left onto Lake Village Dr. Take an immediate left and the Community Center will be a few buildings down on your right.

#### **Directions from the Beltway:**

Exit the Beltway at South Van Dorn St. and proceed south on South Van Dorn St. Cross over Franconia Rd., where you will enter Kingstown, after crossing Franconia Rd., continue on South Van Dorn and turn right at the first traffic signal, on to Lake Village Dr. Then take an immediate left and you will see the Community Center a few buildings down on your right. Parking lots are on both sides of the street.

## Humor (sort of)

*Send your opinions,  
favorite recipes and  
humor to the Shag  
Rag editor, Jim  
Scanlon,  
jamescanlon@me.  
com*

To commemorate her 69th birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP. One of the musical numbers she performed was "My Favorite Things" from the legendary movie "Sound Of Music". Here are the lyrics she used:

(Sing It!)

Maalox and nose drops and needles for knitting.  
Walkers and handrails, and new dental fittings.  
Bundles of magazines tied up in string.  
These are a few of my favorite things.

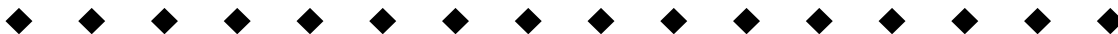
Cadillacs and cataracts, and hearing aids and glasses.□  
Polident and Fixodent, and false teeth in glasses.  
Pacemakers, golf carts and porches with swings.□  
These are a few of my favorite things.

When the pipes leak.  
When the bones creak,□  
When the knees go bad,  
I simply remember my favorite things.  
And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions.  
No spicy hot food or food cooked with onions.  
Bathrobes and heating pads and hot meals they bring.  
These are a few of my favorite things.

Back pain, confused brains and no need for sinnin'.  
Thin bones and fractures and hair that is thinnin'.  
And we won't mention our short shrunken frames.□  
When we remember our favorite things.

When the joints ache.  
When the hips break.  
When the eyes grow dim.  
Then I remember the great life I've had.  
And then I don't feel so bad.



## Recipe (from Mary Taylor)

### Cranberry Martinis

1 cup sugar  
1 cup water  
1 bag fresh cranberries  
1 fifth vodka  
Lime wedges

#### Directions

Combine sugar and water in medium saucepan over medium heat. Heat tilting and swirling occasionally. Bring to a boil and cook until sugar dissolves and mixture thickens slightly (about 5 minutes). Remove from heat and add cranberries. Set aside at room temperature for 2 hours. (At this point I take a potato masher and pop all of the berries, it adds more cranberry flavor and makes the martinis a lovely color). In a large bowl combine mixture and vodka. Cover and refrigerate for 2 days stirring occasionally. Strain the mixture into a pitcher. Freeze or refrigerate till ready to use. Serve with lime wedges. (I like more lime in mine, so I use approximately the juice from 1/2 lime for each martini). Enjoy!



### When and Where to Dance in the Future (Take a few minutes to enter these on your calendar)

**2014:** December 13 NVSC's Christmas Party Kingstowne Snyder Community Center

**2015:**

Association of Carolina Shag Clubs (ACSC) Summer Workshop July 10-12, 2015 at the Hyatt Dulles Hotel. This is a huge 3-day shag event. The presidents of all the Association's shag clubs will be attending as well as other members from their clubs. It is one humongous party that will include dancing, many dance workshops, vendors galore, huge 50/50's, dancing, Friday and Saturday Free Pours (& maybe Thursday!!), dancing exhibitions. And did we say dancing??


## More Places to Shag




### Other ACSC Virginia Shag Clubs

*Visit the club websites for venues and schedules.*

- Battlefield Boogie Club, [www.battlefieldboogieclub.com](http://www.battlefieldboogieclub.com)
- Boogie On The Bay Shag Club, [www.boogieonthebay.com](http://www.boogieonthebay.com)
- Colonial Shag Club (Newport News), [www.colonialshagclub.com](http://www.colonialshagclub.com)
- Danville Shag Club, [www.danvilleshagclub.com](http://www.danvilleshagclub.com)
- Franklin Shag Club, [gramelia@yahoo.com](mailto:gramelia@yahoo.com)
- Lynchburg Shag Club, [www.lynchburgshags.com](http://www.lynchburgshags.com)
- Richmond Shag Club, [www.richmondshagclub.org](http://www.richmondshagclub.org)
- Roanoke Valley Shag Club, [www.rvsc.memberlodge.com](http://www.rvsc.memberlodge.com)
- Virginia Beach Shag Club, [www.vbshagclub.com](http://www.vbshagclub.com)



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### Come Dance with Me

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Lessons in Carolina Shag  
With  
David Rodgers



Call or e-mail David  
705-239-8978  
[rogersd3@cox.net](mailto:rogersd3@cox.net)

**Advertise Your Business in the Shag Rag!**  
**CONTACT Dave Bushey at [dbushey99@gmail.com](mailto:dbushey99@gmail.com) for details.**

**Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the [www.nvshag.org](http://www.nvshag.org) website, or you may request copy(s) from the Club Secretary.**

## 2014 Board

President	Dave Bushey	703-338-1563	dbushey99@gmail.com
Vice President	Ed Hamer	703-508-5974	ed_hamer@yahoo.com
Secretary	Bonnie Arms	703-370-2336	bjrwa@verizon.net
Treasurer	Mark Hendrickson	703-282-1033	markandgolf@verizon.net
Director-at-large	Pamela Alfano	202-414-9312	palfano1@verizon.net
Director-at-large	Sue Young	571-340-0043	suey@theaeap.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Fran Mong	703-283-6973	franmong@aol.com
Director-at-large	Jason Potter	703-220-6697	jasonpotter2@msn.com

## NVSC COMMITTEES/CHAIRS FOR 2014

*	Audit	Fern Siegler
	Capital Classic	Pam Hamer, Jeanne Potter and Juanita Freeburger
*	Shag-A-Thon	Jason Potter
*	Dance	Pamela Alfano
	Hello Shaggers	Kathy Norris ( <a href="mailto:helloshagger@nvshag.org">helloshagger@nvshag.org</a> )
	Co-Historians	Sherri Wildoner, Ken Morford and Dennis Gehley
*	Membership	Bonnie Arms
*	Music	Fran Mong
	Newsletter Editor	Jim Scanlon ( <a href="mailto:jamesscanlon@me.com">jamescanlon@me.com</a> )
	Newsletter Publisher	Maryann Lesnick ( <a href="mailto:mlesnick@mlesnick.com">mlesnick@mlesnick.com</a> )
	Photographer	John Romito
*	Public Relations	Dale & Huda Woodiel
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick ( <a href="mailto:mlesnick@mlesnick.com">mlesnick@mlesnick.com</a> )
	Web Site	Loren Kropat ( <a href="mailto:webmaster@nvshag.org">webmaster@nvshag.org</a> )
* Denotes Standing Committee		

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*

### BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE\$25 deposit.** **See SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**



General Inquiries: [shaglist@nvshag.org](mailto:shaglist@nvshag.org)  
 Membership: [membership@nvshag.org](mailto:membership@nvshag.org)  
 Webmaster: [webmaster@nvshag.org](mailto:webmaster@nvshag.org)  
 Hello Shagger: [helloslagger@nvshag.org](mailto:helloslagger@nvshag.org)

**Dedicated to the Preservation  
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!  
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT  
 "NORTHERN VIRGINIA SHAG  
 CLUB"

### ***About Our Organization...***

**Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:**

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

**Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:30 p.m.**

**COME JOIN US!**



### **Shag Rag**

NORTHERN VIRGINIA SHAG CLUB  
 P.O. Box 2298  
 Merrifield, VA 22116