

October 2011  
Volume 17 Issue 10

# Shag Rag



Dedicated to the Preservation of the Carolina Shag and Beach Music  
*Northern Virginia Shag Club*

## PRESIDENT'S MESSAGE by *Tim Farris*

President's Message for October

**Important  
Notice: NEW  
Location for  
our Weekly  
Dances**

Dear Members of the Northern Virginia Shag Club, September has certainly been a busy and challenging time for the club with the precipitous closing of Rene's...and occurring in probably the worst month with so many of our members heading to SOS! I must say that several people deserve our sincere thanks for scrabbling around to find some good alternatives on such short notice...the Board of Directors in general who held special meetings and checked out venue alternatives and especially, Kathy Norris, Marcia Conway, Jeanne Potter and Sue Young who went well and above the call of duty to keep us dancing indoors. And another vote of thanks to two of our Committee Chairs, Vaughn Royal and Fran Mong, who have been awesome in working with some very trying conditions and still making sure that our dance lessons and music worked effectively. Also kudos to the (too many to name) members who made suggestions and offered advice on where and how to make things happen.

We will be dancing at Velocity 5 on Wednesday, 10/5/11. Stay tuned for where we might be later in the month. We will be trying to arrange for test dances at two other venues, Icons in Fairfax City and at Fast Eddies in Centerville before making a more permanent decision on where we will be dancing. The Board hopes to get a survey tool set up that will allow our membership to add input into the process to help us collectively make the best decision we can. Watch the Shag Rag and special emails for updated information.

Gary Salpini has graciously agreed to serve at this year's Chair of the Nominations Committee. He and his fellow members will be contacting the members soliciting for interesting in serving the club by running for a Board position. I want to encourage all members, old and new to consider the opportunity to give back to our club through such service. I can't speak for others but I can truthfully say that the rewards of serving on the Board for me have certainly outweighed the pain...even with the unexpected turmoil of our unexpected move from Rene's.

As this message will go out after the Picnic, no reminder here, just hoping that you were able to attend and had a great time...and of course thanks to Marcia Conway and her daughter and son-in-law for hosting us yet again!

The report out from SOS is that a great and large time was had! We had some 60 members attend the NVSC free pour and the Virginia club gathering was fun, fun, fun I hear. In the meantime...Keep Shagging!

Tim

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*Volunteering is a great way to help our Club prosper. Contact a Board Member for details.*

## 2011 Board Members:

Tim Farris-President—703-243-1548 [tfarris11@yahoo.com](mailto:tfarris11@yahoo.com)

Sue Young-Vice President—703-237-8616 [suey@theaeap.com](mailto:suey@theaeap.com)

Kathy Norris-Treasurer—703-941-1889 [knorris99@msn.com](mailto:knorris99@msn.com)

Sandra Traylor-Secretary—703-971-8891 [Beachgirl7277@hotmail.com](mailto:Beachgirl7277@hotmail.com)

### Directors at Large:

Jeanne M. Potter—703-425-8916

[Jeanneallen@smillaw.com](mailto:Jeanneallen@smillaw.com)

Barry Newman—703-941-0445 [barryn1940@aim.com](mailto:barryn1940@aim.com)

Kathy Miller—703-727-9423 [khemp501@aol.com](mailto:khemp501@aol.com)

Marcia Conway—703-361-8159 [nclady@comcast.net](mailto:nclady@comcast.net)

Donna Romito—703-971-1618 [donsabs@yahoo.com](mailto:donsabs@yahoo.com)



Board meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary, at least one week in advance (so that we may be able to accommodate your attendance). Copies of Board Meeting Minutes are available on the [www.nvshag.org](http://www.nvshag.org) website, or you may request copy(s) from the Club Secretary.

### LOCAL EVENTS:

**Friday Night Dancing at TOMMY'S PLACE – Join us!**

8910 Mathis Ave, Manassas, VA (703) 368-6500

**How many of our members remember Friday nights down at *Legends* in Manassas? Here's a treat for all shag dancers: On Friday nights, Gene Griffin (a former DJ at Legends) will DJ from 6:30 until 9:30 p.m. Gene will play Shag/Beach Music (CD's provided by Gary Salpini and others). Enjoy the food, the management, the prices, the seating arrangements, the dance floor, and **NO COVER!** **THIS VENUE** is encouraged for all shag friends to join together for a few drinks, dinner, and dancing on Friday nights. **SEE YOU THERE!****

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### **From Barry Newman:**

### **A GREAT DANCING PLACE ON MONDAYS**

Kathy and I had a great time at this place, the newly formed DELMAVA Hand Dance Club holds a dance every Monday night from 6-9 pm (free lesson 6-7) at the House of Welsh Restaurant (in the back), 1106 Coastal Hwy, Fenwick Island, DE, 302-541-0728. Best to call ahead to verify as the Fall weather approaches....Barry

The Northern Virginia Shag club will meet at **Velocity Five Sports Restaurant and Bar** this **Wednesday October 5th**.

Located at 8111 Lee Hwy, Falls Church, VA (at the intersection of RT 29 and Gallows Road, in the shopping center with Office Depot.) The website is [www.velocityfiverestaurant.com](http://www.velocityfiverestaurant.com).

**No cover charge.**

**Happy Hour prices will be in effect until 9PM - \$2 domestic beer (bottles only) and \$4 rail drinks. Ask about their September special on ½ price bottles of wine!**

**Please help get the word out by calling or emailing folks, especially if you know of people who may not yet be members so won't be getting this Hello Shagger notice or who you know don't routinely check their email.**

**Come early and enjoy a bite to eat from their diverse menu! Ladies, bring a sweater – the A/C will be turned on high for dancing, and the room gets chilly during dinner.**

**The Board wants your feedback! Please feel free to contact any Board member with your comments as we test out new venues.**

The **Battlefield Boogie Club** meets on **Thursday nights** at Shannon's.

They dance from 7:30 to 10 p.m.

Shannon's Bar & Grill

2801 Plank Road (Central Park)

Fredericksburg, VA 22401

*Call Wes at 540-226-6007 for more information*

**The Colonial Beach Shag Club is having a party!!!!**

It is to celebrate their 10<sup>th</sup> anniversary as a Shag club. The party is this coming weekend **October 7 -9** at the Crowne Plaza Williamsburg Fort Magruder, 6945 Pocahontas Trail, Williamsburg, VA. Tickets were still available this past weekend. Contact Sheila Jones at 757-380-8155 or Cindy Black at 757-478-4-1600 or email [shagdance@cox.net](mailto:shagdance@cox.net) if you are interested in attending.

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(During Fall SOS) **ACSC/SOS Guinness World Record Event**

How Many Couples Can Dance the Carolina Shag At One Time?????? We'll find out the answer on September 24<sup>th</sup>. **(I don't have an answer yet, but will report on this next month!)**

The Participation fee was **\$5 per person**, a tax deductible donation to the SOS Charitable Foundation. If you went to SOS and you participated, please email Liz Kestler at [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com) and let her know how it went.

**ANNOUNCEMENT FROM DAVE MOLDOVER:**

Nov 17-20th, 2012 at Hyatt Regency in Reston Town Center  
Dance Jam Productions presents....

**DC Swing Experience (formerly VSO)**

An All New Swing Dance Weekend in the Mid Atlantic

Featuring the best of Shag, West Coast Swing, Lindy Hop & Hand Dancing

Workshops & Performances by:

Sam & Lisa West

Michael & Leeann Norris

Jordan Frisbee & Tatiana Mollmann

Robert & Nicola Royston

Max Pritzbula & Annie Trudeau

Jason Barnes & Stephanie McHenry

Brennar Goree

Jennifer Lyons

Bill Cameron

Deborah Szekeley

And many more to be announced soon!



## FALL SOS, WHAT A BLAST

By Marcia Conway

What another great time the Northern Virginia Shag Club shaggers had that attended the Fall SOS at North Myrtle Beach. There were well known shag bands to listen and enjoy at concerts on Fun Sunday and Fun Monday. The **Band of OZ**, my favorite shag band, performed twice at the **Spanish Galleon**. As usual, they were peppy and just awesome!! NVSC annual party at Fat Harold's was held on Tuesday with 60+ members and guests. Special guests were Charlie and Jackie, Brendan Goree and Ken Atkins, ACSC Chairman. Special thanks to Mary Burleigh, JoAnn Hitzemann, Valerie Switzer, Larry and Mary Camp for their help at the party. Check out the photos taken at the party on Tuesday, September 20 by the SOS photographer on [www. Shagdance.com](http://www.Shagdance.com). Click on Steel City Boogie Club and scan down to view the Northern Virginia Club's photos.

On Wednesday, the NVSC shaggers attended the annual bash by the Riff Raff Group, Rapsons, Salpinis and Fergusons. The food, as usual, was delicious and those cherries...WOW!!!! NVSC was also a part of the Virginia Clubs party that was held at the OD Café. Many thanks to Craig Jennings for organizing this party. It is always fun to dance and socialize with the shaggers from the other Virginia Clubs. Mark your calendar and come join us for the fun times in 2012 at Spring SOS from April 20-20 and/or Fall SOS from September 14-23 at North Myrtle Beach. It is a wonderful experience meeting new friends and renewing friendships.

A sampling of happy times.....



## APPLICATIONS AND NOMINATIONS for the 2012 NVSC Board are being accepted NOW

Would you like to run for the board or would you like to nominate someone for the board? **If the answer to either is YES, then contact Gary Salpini. Gary and his committee members will be contacting members beginning this month.**

### DUTIES OF THE DIRECTORS OF NVSC - *By Vaughn Royal*

The Northern Virginia Shag Club is a corporation, and is governed by a Board of Directors. The Board consists of nine Directors: the President, Vice-President, Secretary, Treasurer and five Directors-at-large. The Board of Directors is elected annually and each Director serves a term of one year, from January 1 through December 31.

Directors must have been members of the Club in good standing for at least one year before taking office, and during their terms of office must remain members in good standing. The President and Vice President must have served at least one year on the Board before running for President and Vice-President. The prior year of service could have occurred at any time. Directors may serve multiple terms, which may be successive.

The *general* duties of each Director include the following:

- ***To attend all regular and special meetings of the Board.*** Regular Board meetings are held monthly. A Director who misses four or more regular meetings without a good reason can be removed.
- ***To serve as the Chairperson of a Standing Committee or as the Board's liaison to a Standing Committee.*** The Standing Committees are the Nominations and Elections Committee, Audit Committee, Dance Committee, Music Committee, Social and Hospitality Committee, Charity and Fund Raising Committee, Membership Committee and Public Relations Committee. Liaisons are appointed where the Chairperson of a Standing Committee is not a member of the Board. Liaisons communicate Board policies and decisions to the Standing Committees and report to the Board on the work of the Standing Committees.
- ***To support Club projects and attend a reasonable number of Club functions, to personally help conduct Club projects and functions, and to recruit volunteers to help conduct projects and functions.***
- ***To provide viewpoints during the policy discussions of the Board.***
- ***To preserve and give to their successors all records and documents received in the course of the Club's business.***

The officers of the Club have *special* duties, which include the following:

- ***President.*** The President is the principal executive officer of the Club and presides at all meetings of the Board and meetings of the members at which he or she is present. The President must attend all five (5) required annual meetings of Association of Carolina Shag Clubs (ACSC) or ensure that the Club is represented at required ACSC meetings. The President names the Chairpersons of Standing Committees and the Newsletter Editor and Capital Shag Classic Coordinator. The President also exercises general supervision over the affairs of the Club.
- ***Vice President.*** The Vice President assists the President and performs the duties of the President in the event of the President's unavailability.
- ***Secretary.*** The Secretary keeps the minutes for the meetings of the Board and members, sees to it that all required notices are duly given, and keeps a current roster of the membership of the Club.
- ***Treasurer.*** The Treasurer is responsible for all funds of the Club, makes a report on the financial status of the Club at every regular meeting of the Board, makes available to the Board, all books and financial records of the Club for audits and verifications, and files all documents and returns required by federal and state tax codes.

All of the information in this article comes from the NVSC Bylaws, which are available on the Club's web site, <http://www.nvshag.org/About-NVSC/Bylaws--.aspx>. A copy of the Bylaws can also be requested from a Board member.

## October Birthdays

Pamela Alfano	8th
Kathleen Strobel	8th
Phil Rapson	10th
Eileen Hanley	11th
Jeanne Botto	16th
Paul D'Amato	18th
Jake Willingham	19th
Kit Farwell	23rd
David Bushey	23rd
Barry Holt	25th
Flo Deterding	26th
Linda Trader	27th
Gregory Chambers	28th
Anthony Sloan	29th
Mary Burleigh	29th

## DEEJAY SCHEDULE FOR SEPTEMBER

Craig Jennings	5th
Gene Griffin	12th
Gene Griffin	19th
(sub. for Dennis)	
Eddie O.	26th

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*Share the joy—ask  
someone to Dance!*

### New Members Joining in August and September

John Dever, Jimmy Whittaker, Kristin Stone

☺ Happy Birthday!

Welcome to our Club!

## WANT TO LEARN NEW STEPS? BORROW SHAG VIDEOS

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our Club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're FREE to club members! All you have to do is put down a FULLY refundable \$25 deposit. See SUE YOUNG on one of our weekly dance nights to borrow a DVD or video!!! Our Club's Dance Lessons may be purchased. Get a DVD for only \$10!

We have just added FIVE more instructional DVDs to our rental collection to help you improve your style and technique whether you're a beginner, novice or advanced dancer. You must be a member to rent our DVDs and we offer a fully refundable \$25 deposit. The new DVDs are listed below:

1. **Charlie and Jackie Male Lead Volume 1:** Patterns for men to do by themselves. A great follow up to Basics Plus - for all levels of dancers.

Sam and Lisa West:

2. **Introduction to Carolina Shag 101** - All the basic steps. Perfect for any beginner or someone brushing up on their basic steps.



3. **Social Patterns for Beginner Dancers** - is designed to take beginner dancers from their basics through their next progression of patterns. This DVD includes some to the great traditional steps like the Sugarfoot, Duck Walk, and Boogie Walk.

4. **Female Steps & Patterns 2004** - takes you through each pattern by breaking it down step by step. They concentrate on proper footwork, connection with your partner and how to use your upper body to smoothly flow through your steps.

5. **Female Steps & Patterns** - This DVD includes some basic variations and female turns.

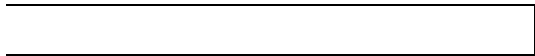




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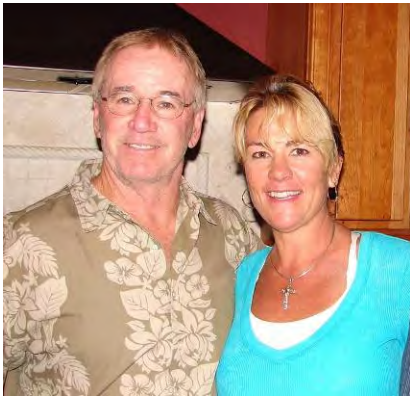
WE HAD A WONDERFUL TIME AT THE PICNIC! BIG THANKS GO TO BOBBY & LAURA FOR THEIR HOSPITALITY!! As it was raining back in Fairfax County, there was beautiful sunshine and lush green countryside for all of us to enjoy. Absolutely LOVELY! Thanks again! Here are a few party pics:



Yes, the animals enjoyed it too. ALL of the animals!!







Continued from last month...

## **EARTHQUAKE STORIES—WHERE WERE YOU?**

**I'm collecting member stories about what they experienced in the unusual Virginia earthquake (the first one in over 100 years) in August. Please share your experiences and submit your stories to me, Liz, at [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com) as it will be fun to share. I have another story below:**

### **From Janet Egan:**

"I was enjoying a perfect 10 of a day with a friend at Burke Lake Park. When the earthquake struck, we & our lawn chairs swayed back & forth for maybe 20 seconds. It was one of those "what in the world" moments. I had no damage at home, just had to straighten a few pictures on the walls. Now for the hurricane!"

### **From Liz:**

I was at the office having lunch with my co-workers. I heard a heck of a noise coming from the back wall behind me. I thought some sort of machinery was coming through the wall. I looked at my boss and asked "What IS that"? It took her two seconds to say "Earthquake"! It took a split second after that for everyone to jump out of their chairs and scramble out of there. I heard things falling but I didn't look back. No one bothered to pick up their purse or phone. Just left! Of course, we didn't have a really good plan of where to meet once we got outside. But it helped us think of one later on! ☺



## NVSC Logo Merchandise and SOS Cards

Members Kathy Miller and Nancy Cox are the contacts for **NVSC logo merchandise**. They have the following:

Shirts-in several colors and styles, \$18 and up

CD Cases \$15

Coffee Mugs \$5

Baseball Caps \$15

Twinkling Glasses \$10

Cook Books \$15

### 2011 SOS CARDS

Kathy Norris, our club Treasurer, is selling 2011 SOS cards for \$30. That's a savings of

\$5. Cards sell for \$35 at North Myrtle Beach. You may use them for Mid-Winters, Spring Safari and Fall Migration. Kathy will be at our new venue on our decided dance nights, but if you can't make it to the new place, mail your \$30 check payable to NVSC and mail to P.O. Box 5522, McLean, VA 22103. Include a self-addressed stamped envelope.

**REMINDER-KEEP YOUR MEMBERSHIP INFO CURRENT**

Have you moved, changed phone numbers or email?

Contact Valerie Swiger at [valerievms@aol.com](mailto:valerievms@aol.com).

This is especially important if you want to receive "Hello Shaggers" emails— a terrific way to keep in touch with NVSC news, current events, and activities.

### WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the month you want. It's in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at our new dance venue.

**ADVERTISE YOUR BUSINESS IN THE SHAG RAG—CONTACT LIZ KESTLER AT [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com) for details.**



***OCTOBER DANCE LESSONS at (Weekday & Place to be ANNOUNCED IN HELLO SHAGGER email) 1<sup>st</sup> week lessons at Velocity 5-October 5th***

Lessons Begin at 7:30 p.m.

**ALL LESSONS are FREE--BEGINNER lessons are OPEN to Non-club members. Please Note: NVSC MEMBERSHIP is required for the NOVICE and INTERMEDIATE classes.**

**INTERMEDIATE LEVEL SHAG STEPS**

OCT 5—Belly Roll, Pivot into a Belly Roll

OCT 12—Sugarfoot including Front & Back Preps

OCT 19—Male Half Turn, Boogie Walk

OCT 26—Joanie, Funky Applejack

**NOVICE LEVEL SHAG STEPS**

OCT 5—Double Kick Basic, Applejack

OCT 12—Behind Sailor Shuffle, Front Walk-Up

OCT 19—Hesitation Basic, Hug Pivot

OCT 26—Pivot, Tuck from a Pivot

**BEGINNER LEVEL SHAG STEPS**

OCT 5—Basic, Start, Female Turn

OCT 12—Half Turn, Male Turn

OCT 19—Kick Basic, Side Pass

OCT 26—Crossover Basic, Triple Basic

***OPEN DANCING FROM 8:15 UNTIL 10:30 P.M.***

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NVSC dances the Carolina

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and PLACE to be  
ANNOUNCED)

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