

October 2010
Volume 16 Issue 10

Shag Rag



Dedicated to the Preservation of the Carolina Shag and Beach Music
Northern Virginia Shag Club/ Marcia Conway, President

PRESIDENT'S MESSAGE by *Marcia Conway*

Another fun SOS fall migration was enjoyed by the NVSC members!!! The weather was perfect, the free pour at Fat Harold's and the Virginia party at Duck's were enjoyed by all who attended. Many thanks to **Larry and Mary Camp, Ruth Rapson, Sharon Salpini, Jo-Ann Hitzemann, Judy Hale and Mary Burleigh** who volunteered to help with our Fat Harold's party. We had about 30 guests besides our regular members. Among them were **Charlie Womble and Jackie McGee and Earl and Beverly Robinson**. Thanks to **Craig Jennings** for organizing the Virginia Clubs party and to **Jo-Ann Hitzemann** for helping me with the check-in at the door. If you have not been to an SOS week at N. Myrtle Beach, mark your calendar for Mid Winter on January 13 – 16 or for Spring Safari on April 8-17. In fact, you can now purchase a 2011 SOS card for \$30 from Dave Bushey. The SOS card covers the admission charge to all clubs for Mid Winter Weekend, Spring Safari and Fall Migration. What a bargain!!!



Our next big fall event is a workshop/dance party at **Ft. Myer on Saturday, October 16**. **The workshop/party starts with dance lessons at 6PM with Pro Champions, Gene and Nancy Pope, and the dancing starts at 7:30PM until 11:30PM with guest DJ Gary Barnes**. The cost is only \$20 which includes the free lessons. **Nancy Guilliams** is in charge of organizing the food of this party. Contact Nancy at nancy.guilliams@dhs.gov or call her at 703-524-5560 to let her know what you will be bringing. Sodas and water will be provided by the club and beer and wine will be sold. **NO BYOB!!!** Refer to the flier in this shag rag for more information. **Volunteer and support this event!**

The Sunday fall social will be at Fast Eddie's on October 24 from 4PM to 7PM. Come and join us for dancing and there are football games that can be seen on the many TVs at Fast Eddie's.

There will be a general membership meeting on Wednesday, October 27. This will be your opportunity to meet the candidates running for the 2011 Board.

Upcoming Events

October 16—Workshop/dance party, Ft. Myer from 6 to 11:30 p.m.

October 24—Sunday Fall Social at Fast Eddie's from 4 to 7p.m.

October 27—General Membership Meeting at Rene's

NVSC COMMITTEES/CHAIRS—2010

Audit	Cris Gaines
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 10	Sue Young and Marcia Conway
Charity Fundraising	Kathy Miller/Nancy Cox
Dance	Joan McKinney, joanmck3@aol.com
Hello Shaggers	Valerie Swiger
Historian	Liz Kestler
Membership	Valerie Swiger, Valerievms@aol.com
Music	Fran Mong
Newsletter	Liz Kestler
Nominating & Elections	To be selected in September
Photographer	John Romito, jrdancer0501@yahoo.com
Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-thon	Jo-An Hitzemann/Judy Anderson
Social/Hospitality	Cris Gaines, Dick and Marion Prosser, David and Nancy Guilliams, Sandra Traylor, Sam Wray
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	John Romito

NVSC OFFICERS & DIRECTORS—BOARD MEMBERS—2010

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	franmong@aol.com
Secretary	Liz Kestler	703-917-0720	sarejan5@yahoo.com
Treasurer	Dave Bushey	703-273-2876	dbushey99@gmail.com
Director-at-Large	Tim Farris	703-243-1548	tfarris11@yahoo.com
Director-at-Large	Kathy Miller	703-727-9423	khemp501@aol.com
Director-at-Large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-Large	Dick Prosser	703-698-0709	rlprosser@verizon.net
Director-at-Large	Sue Young	703-237-8616	suey@theaeap.com

CARE AND CONCERNS...

A very sad moment for shag and for the NVSC. **Wilkie Whaley of Marion, SC** -- the famous Red Hat DJ -- has died. Wilkie was a past president and current board member of the Association of Beach and Shag Club DJs. He was a fixture in the DJ booth at Fat Harolds for many years. It was a mark of Wilkie's good heart when he left that booth - a decision made, in part, to give more time to the care of his elderly mother and an elderly aunt. In recent years, Wilkie was a free-lance, traveling DJ and an SOS regular at The Galleon.

Wilkie was a Clemson graduate, where he was a student of Cathy Metcalf's father, the late Jim Craig, who was a professor in the Agricultural Engineering Department.

Wilkie loved our club. His last Guest DJ gig for us was the 2008 Classic, when we saluted him with the Red Hat parade and Sandra Feron's serenade of "Hello Wilkie." An interview with Wilkie appears on our webpage in the May 2008 edition of the Shag Rag.

♥Jean Teele-Jennings will be out of shag dancing for about a month as she has a stress toe fracture. We'll miss you Jean, and best wishes for a speedy recovery.

♥Riley Crawford, of Fredericksburg, Virginia, continues to gradually improve. He is now eating soft foods. Please continue your prayers for his full recovery.

♥It was nice to see Ellen Testa at Fall SOS, at the Virginia Club's party, a nice break before starting her radiation treatments. Wellness wishes, Ellen.

DEEJAY SCHEDULE FOR OCTOBER*

*subject to change

October 6 – Craig Jennings.

October 13 – Eddie O.

October 20 - Dennis Gehley

October 27 - Eddie O.

OCTOBER BIRTHDAYS

Jim Carpenter	3rd	Paul D'Amato	18th
Justin Thomas	4th	Jake Willingham	19th
Bonnie Carpenter	6th	Walter White	22nd
Pamela Alfano	8th	Kit Farwell	23rd
Kathleen Strobel	8th	David Bushey	23rd
Phil Rapson	10th	Barry Holt	25th
Eileen Hanley	11th	Flo Deterding	26th
Myron Thompson	12th	Gregory Chambers	28th
Jeanne Botto	16th	Mary Burleigh	29th

NEW MEMBER IN SEPTEMBER—Momcilo Cvijanovic, Betty Robey, Pat Walker, Jane Totman, Jeanne Botto—WELCOME TO OUR CLUB!!

PLEASE REMEMBER TO ASK NEW MEMBERS AND RED-DOT BEGINNER DANCERS TO DANCE. ALL IT TAKES IS PRACTICE, PRACTICE, PRACTICE TO BE A BETTER DANCER!

JASON & HOLLY CLASSIC REVIEW-ORDER DVDs NOW--\$10

Practice and review Holly and Jason's Classic Workshop Steps--All proceeds from the sale of DVDs will be donated to Hall of Fame Foundation as requested by Jason and Holly Cagle. Contact any Board member or Dance Committee member for your order.

GIVE A ROUND OF APPLAUSE AND CONGRATULATE...

♥Vernon Bruffey on his recent marriage!! Best wishes for a long and happy marriage!

Fall SOS Highlights

Congratulations to Cathy Metcalf and Vaughn Royal for winning second place in the Smoothies Contest at O.D. Arcade at SOS. Kudos, guys!

Ask Jo-Ann Hitzemann about a mild Bloody Mary at the Pirates Cove Gospel Hour on Sunday at SOS! You'll get a funny story!

Who asked Charlie and Jackie at the NVSC party on Tuesday, what they did for a living? And how long they had been shagging since moving from Atlanta to Myrtle Beach? (Free admission pass to Rene's for the first member to email Marcia with the answer) Hint: ask Marcia or someone who was at the party.

APPLICATIONS AND NOMINATIONS for the 2011 NVSC Board are being accepted NOW

Would you like to run for the board or would you like to nominate someone for the board? **If the answer to either is YES, then contact one of the following.**

Dick Prosser rlprosser@verizon.net or 703-698-0709

Nancy Guilliams nancy.guilliams@dhs.gov or 703-524-5560

Gary Mann garymann@cox.net or 703-815-2332

Kathy Norris lnorris99@msn.com or 703-941-1889

Dave Rapson v8383350@verizon.net or 703-978-8656

Jean Teele-Jennings jeanteele@aol.com or 703-573-3249

Sam Wray samwray@yahoo.com or 240-882-0451

DUTIES OF THE DIRECTORS OF NVSC - *By Vaughn Royal*

The Northern Virginia Shag Club is a corporation, and is governed by a Board of Directors. The Board consists of nine Directors: the President, Vice-President, Secretary, Treasurer and five Directors-at-large. The Board of Directors is elected annually and each Director serves a term of one year, from January 1 through December 31.

Directors must have been members of the Club in good standing for at least one year before taking office, and during their terms of office must remain members in good standing. The President and Vice President must have served at least one year on the Board before running for President and Vice-President. The prior year of service could have occurred at any time. Directors may serve multiple terms, which may be successive.

The *general* duties of each Director include the following:

- ***To attend all regular and special meetings of the Board.*** Regular Board meetings are held monthly. A Director who misses four or more regular meetings without a good reason can be removed.
- ***To serve as the Chairperson of a Standing Committee or as the Board's liaison to a Standing Committee.*** The Standing Committees are the Nominations and Elections Committee, Audit Committee, Dance Committee, Music Committee, Social and Hospitality Committee, Charity and Fund Raising Committee, Membership Committee and Public Relations Committee. Liaisons are appointed where the Chairperson of a Standing Committee is not a member of the Board. Liaisons communicate Board policies and decisions to the Standing Committees and report to the Board on the work of the Standing Committees.
- ***To support Club projects and attend a reasonable number of Club functions, to personally help conduct Club projects and functions, and to recruit volunteers to help conduct projects and functions.***
- ***To provide viewpoints during the policy discussions of the Board.***
- ***To preserve and give to their successors all records and documents received in the course of the Club's business.***

Continued on next page

The officers of the Club have *special* duties, which include the following:

- **President.** The President is the principal executive officer of the Club and presides at all meetings of the Board and meetings of the members at which he or she is present. The President must attend all five (5) required annual meetings of Association of Carolina Shag Clubs (ACSC) or ensure that the Club is represented at required ACSC meetings. The President names the Chairpersons of Standing Committees and the Newsletter Editor and Capital Shag Classic Coordinator. The President also exercises general supervision over the affairs of the Club.
- **Vice President.** The Vice President assists the President and performs the duties of the President in the event of the President's unavailability.
- **Secretary.** The Secretary keeps the minutes for the meetings of the Board and members, sees to it that all required notices are duly given, and keeps a current roster of the membership of the Club.
- **Treasurer.** The Treasurer is responsible for all funds of the Club, makes a report on the financial status of the Club at every regular meeting of the Board, makes available to the Board, all books and financial records of the Club for audits and verifications, and files all documents and returns required by federal and state tax codes.

All of the information in this article comes from the NVSC Bylaws, which are available on the Club's web site, <http://www.nvshag.org/About-NVSC/Bylaws--.aspx>. A copy of the Bylaws can also be requested from a Board member.

2010 SUNDAY SOCIAL DANCE PARTIES

OCTOBER 24 (from 4—7 p.m.);

NOVEMBER 14 (from 4—7 p.m.); No Dance At Fast Eddie's in DECEMBER

GATHER, SOCIALIZE, DANCE AT

FAST EDDIE'S SPORTS GRILL

14114 LEE HIGHWAY, CENTREVILLE, VA 20120 PHONE 703-256-8888

HERE'S A PLACE TO DANCE ON FRIDAY NIGHTS

Friday Night Dancing at **TOMMY'S PLACE**, 8910 Mathis Ave, Manassas, VA (703) 368-6500

How many remember Friday nights down at Legends in Manassas? Here's a treat for all shag dancers: Beginning Friday night, August 6th, Gene Griffin (who used to DJ at Legends) will DJ from 6:30 until closing. Like before, from 6:30 until around 9:30, Gene will play Shag/Beach Music (CD's provided by Gary Salpini and others). Enjoy the food, the management, the prices, the seating arrangements, the dance floor, and NO COVER! THIS VENUE is encouraged for all shag friends to join together for a few drinks, dinner, and dancing on Friday nights.

GOING TO THE OCTOBER 16TH WORKSHOP/DANCE? CONTACT NANCY GUILLIAMS to volunteer your time and/or to donate food for the event. Her email is nancy.guilliams@dhs.gov or call her at 703-524-5560. YOUR EFFORTS ARE APPRECIATED!

NVSC Logo Merchandise and Other Info

Members Kathy Miller and Nancy Cox are the contacts for NVSC logo merchandise. They have the following items:

Shirts—in various styles and colors	\$18 and up
CD Cases	\$15
Coffee Mugs	\$5
Baseball Caps	\$15
Twinkling Glasses	\$10
Cook Books	\$15

And More! Check out their Bargain Bin!

WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, www.nvshag.org, click on Newsletters tab, click on the month you want. It's in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at Rene's on Wednesday's.

ADVERTISE YOUR BUSINESS IN THE SHAG RAG—CONTACT LIZ KESTLER AT sarejan5@yahoo.com for details.

BORROWING SHAG VIDEOS.....

is easy at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See SUE YOUNG on Wednesday nights to borrow a DVD or video!!!

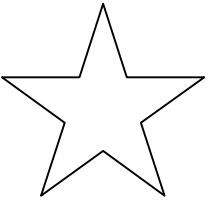
Learn from the pros by watching their instructional DVD's. See Sue Young for details and availability of rentals

BOARD NOTES:

The Board has voted to have a one day Classic event for 2011.

The Board voted to invite Charlie and Jackie to teach at the annual workshop/dance to be held February 19, 2011, at Ft. Myer.

It was decided NOT to hold Wednesday night shag @Rene's on the following Wednesdays: November 24th and December 22nd. (Free admission to the October 16th workshop/dance for the first member who emails Marcia Conway that they have read this info in the newsletter.)



Don't miss our Fall Party—October 16 at Fort Myer Community Center*, 228 McNair Road, Bldg. 406, Fort Myer, Virginia 22211

****The Community Center is a smoke-free facility.***

NORTHERN VIRGINIA SHAG CLUB'S

FALL WORKSHOP from 6 to 7:30 p.m., and

OPEN DANCING from 7:30 to 11:30 p.m.

SATURDAY, OCTOBER 16, 2010 with

PRO INSTRUCTORS from DURHAM, NC

Gene and Nancy Pope

Six Times Shag Champions

GARY BARNES from Virginia Beach is our GUEST DEEJAY

Refreshments – heavy hors d'oeuvres, sodas, & water provided

Beer and Wine Available from Cash Bar; (NO BYOB allowed)

Be prepared to present identification (photo identification required) upon entering Fort Myer. Unescorted minors may not be admitted by security.

ADMISSION: \$20, purchase at the door; Juniors (under 21) admitted free, with adult escort

Directions: from Northern Virginia take 1-395 to Exit 8A for Washington Blvd., take Ft. Myer exit on right. Inside the gate, security checkpoint is on right. Follow main road to stop sign, turn left on McNair. Look for medical clinic on right, and park just beyond medical clinic. The Community Center is directly across the street from parking lot.

OCTOBER DANCE LESSONS AT RENE'S-WEDNESDAYS

Reminder--beginner lessons are free to non-members but membership is required for the Novice and Intermediate classes.

Lessons Begin at 7:30 p.m.

INTERMEDIATE LEVEL SHAG STEPS

Oct. 6 – Belly Roll, Pivot into Belly Roll

Oct. 13 – Sugarfoot with Back & Front Preps

Oct. 20 – Male Half Turn, Boogie Walk

Oct. 27 – Joanie, Funky Applejack

NOVICE LEVEL SHAG STEPS

Oct. 6 -- Double Kick Basic, Applejack

Oct. 13 -- Behind Sailor Shuffle, Front Walk-Up

Oct. 20 -- Hesitation Basic, Hug Pivot

Oct. 27 -- Pivot, Tuck From Pivot

BEGINNER LEVEL SHAG STEPS

Oct. 6 -- Basic, Start, Female Turn

Oct. 13 -- Half Turn, Male Turn

Oct. 20 -- Kick Basic, Side Pass

Oct. 27 -- Crossover Basic, Triple Basic

SCHEDULED NVSC EVENTS FOR 2010

The Northern Virginia Shag Club planned and held many FUN EVENTS for 2010. In addition to our weekly LESSONS and SHAG DANCES at RENE'S, we offered other planned activities, which provided members and guests the opportunity to SHAG. See remaining 2010 events below:

FALL DANCE WORKSHOP
FALL SOCIAL @FAST EDDIE'S
NVSC HOLIDAY PARTY

OCTOBER 16
OCTOBER 24
DECEMBER 4

Thank you to Gaye for teaching our 5th Wednesday Class in September!!

Gaye Proctor
Dance Instructor

Gaye Proctor is musically inclined, athletic and a spiritual individual whose main interest is to create opportunity for others to enrich their lives through the recreation of dancing. She is a successful Hand Dance Performer, Competitor, Coach and Judge in the DC Metropolitan area. Her enthusiasm and success at building a strong desire to excel and infectious love for dance has inspired others to establish similar dance standards and goals throughout the area and other parts of the country as well.



She has also competed in several styles of swing such as West Coast Swing and Carolina Shag. Her love of dance inspires her to continue learning other styles such as International Latin, Ballroom, Rhythm, Jazz, Modern, Ballet, Hip Hop and House Dancing.



As a Competitor since 1997, Gaye has received swing titles such as the Virginia State Open (“VSO”) Showcase Champion, the VSO Overall Champion, as well as first place at several swing competitions such as the North Atlantic Dance Championships (NJ), NHDA (DC), SLYDE (VA) and Swing Fling (VA).

Adding to her accolades Gaye has been Dancing & studying International Latin and Rhythm styles since 2000 having won first place countless times.

She has coached the Dominion High School Latin dance team in Sterling, Virginia, in the areas of Salsa, Rumba, and Cha-Cha. She has taught workshops in the Metro DC area and in Dallas, Texas in the areas of techniques of turns and presenting various

amalgamations.

Her desire is to continue learning partner dancing and spread the passion.

Contact: GProctor, LLC
P.O. Box 5735
Bethesda, Maryland 20824
gayebroni@yahoo.com
(202) 271-1273



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Effective 6/1/2009:

Business Card Size Ads are:
\$60 for NVSC Members
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(Annual Rate)

Additional Ad Sizes available: ¼
page, ½ page, and full page

Contact the Shag Rag Editor for
more information.
Liz Kestler, sarejan5@yahoo.com

Board meetings are held each month and
are open to any and all members in good
standing who wish to attend. Unless a
certain matter is placed on the meeting
agenda, attendance is for observation, not
participation. Since board meetings may
not take place at the same time and place
every month, please alert the Secretary,
at least one week in advance (so that we
may be able to accommodate your
attendance). Copies of Board Meeting
Minutes are available on the
www.nvshag.org website, or you may
request copy(s) from the Club Secretary.

*"The Internal Revenue Service notified
NVSC on April 19, 1999, that we have been
accepted as a non-profit social club exempted
from paying Federal income taxes. Anyone
interested in reviewing NVSC's application
and supporting documents provided to IRS,
the IRS exemption letter, or the club's annual
Form 990 to the IRS, please contact the club
Treasurer."*

Come Dance with Me

Private and Group Lessons in
Carolina Shag
With
David Rodgers



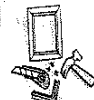
Call or email David
703-239-8978
rodgersd3@cox.net

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