



# Shag Rag

January 2009 Vol. XV, No 1

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

## **PRESIDENT'S MESSAGE** by Marcia Conway

**HAPPY NEW YEAR NVSC SHAGGERS!** I hope everyone had a wonderful holiday and will have a prosperous 2009. Thank you for the confidence you have placed in me to be the Northern Virginia Shag Club President for a second year. I look forward to working with all of the members and I hope you will share your talents with the club and volunteer to serve on a committee.

Many, many thanks to the Social Committee under the leadership of **Jo-Ann Hitzemann and Tom Brett** for the great Holiday dance party at the Kingtowne Snyder Community Center. Thanks to the club members who volunteered to come early and help Jo-Ann and Tom set up the tables and chairs and prepare for the party. There were 130 members and guests who enjoyed delicious food prepared by our members, good music by Eddie O'Reilly, great dancing and wonderful fellowship. **Thanks to everyone who brought a toy for "Toys for Tots"**. Your generosity was greatly appreciated.

**A BIG thanks** to the leadership of **the 2008 Board of Directors and committee chairs** for the many volunteer hours they gave unselfishly to the many activities sponsored by the NVSC. Many fun events were planned to enhance and preserve the Carolina Shag and Beach Music.

The 2009 Board and committees are looking forward to planning fun activities and events for the NVSC shaggers. Please mark your calendar for **February 1 and February 14**. We will have the annual Super Bowl party at Rene's on Sunday, February 1. Charlie Womble and Jackie McGee will be with us for group lessons and a dance on Saturday, February 14 at the Fort Myer community center. They will also offer private lessons during their visit with NVSC from Feb. 13<sup>th</sup> – 15<sup>th</sup>. Flyers for both of these events are included in this issue of the Shag Rag. Plan to come and have fun!!

Remember NVSC is a **volunteer organization** with many talents and different opinions but for the club to succeed we all need to share our talents and only give constructive suggestions. Working together is the only way to have fun and successful activities. Put your positive energy to work by volunteering to serve on a committee or help with an event.

---

### *Upcoming Events....*

- ◆ **General Membership Meeting January 21, 2009 at Rene's**
  - ◆ **Super Bowl Party—February 1, 5:00 at Rene's**
  - ◆ **Charlie and Jackie Workshops and Dance at Fort Meyer—February 14th**
-

# NORTHERN VIRGINIA SHAG CLUB

## 2009 Board

President	Marcia Conway	703-361-8158	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	fmong@abhylaw.com
Secretary	Sandra Traylor	703-597-9555	sandra.traylor@dcma.mil
Treasurer	John Romito	703-971-1618	jrdancer0501@yahoo.com
Director-at-large	Pamela Alfano	703-379-7992	PAlfano@ReedSmith.com
Director-at-large	Mary Burleigh	703-724-9171	mcburleigh_2000@yahoo.com
Director-at-large	Kathy Miller	703-683-5990	Khemp501@aol.com
Director-at-large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-large	Nancy Roop	703-753-0141	nsar33@comcast.net

### January Birthdays

Norma Wark	1/6
Cathie Gibson	1/6
Phyllis Schulte	1/7
Reta Ferguson	1/7
Craig Jennings	1/9
Janis Grimes	1/9
Deborah Ford	1/10
Andrea Crews	1/13
Brenda Franklin	1/14
Ruth Browne	1/14
Joe Cook	1/15
Nancy Roop	1/15
Aaron Kahn	1/15
Ann West	1/16
Maryann Lesnick	1/16
Barbara Jennings	1/16
Buzz Payne	1/17
Steve Balducci	1/19
Jo Busch	1/20
Hattie Thurman	1/20
Liz Kestler	1/21
Chris Gaines	1/25
Malan Rutty	1/26
Ivy Scott	1/29
John T.Price	1/29
Jim Rose	1/30
Kari Jones	1/31

### NVSC COMMITTEES/CHAIRS FOR 2009

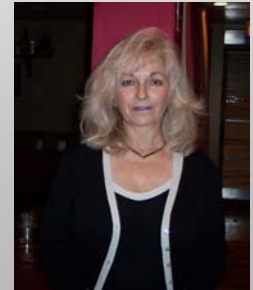
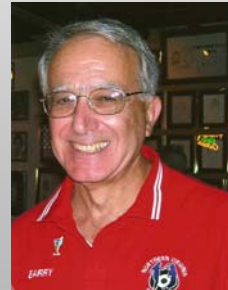
* Audit	Dave Bushey
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 09	Donna Romito and Sue Young
* Charity Fundraising	Nancy Cox/Kathy Miller
* Dance	TDB
Hello Shaggers	Nancy Roop
Historian	Sandra Traylor
* Membership	Mary Burleigh, mcburleigh_2000@yahoo.com
* Music	Fran Mong
Newsletter	Maryann Lesnick, mlesnick@mlesnick.com
* Nominating & Elections	(appoint in late September)
Photographer	John Romito
* Public Relations	Barry Newman
Shag-a-Thon 2009	Jo-Ann Hitzemann/Pamela Alfano
* Social/Hospitality	TBD
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	Marcia Conway
50/50	Teresa Reese/Trison Casamiquella

\* Denotes Standing Committee

### New Members in December

Dahlia Hirsch, Lori Hahn, Ed Kegley,  
Vera Henderson and Joe Cornish

# 2009 Board



**Top Row:** Marcia Conway, Fran Mong, Sandra Traylor, John Romito  
**Second Row:** Pamela Alfano, Mary Burleigh, Kathy Miller, Barry Newman and Nancy Roop

## News and Announcements

### Hello Shaggers

Want to receive your weekly **Hello Shaggers emails**, then make sure **Nancy Roop** has your most current email ad-

### New Membership Chairman

Starting January 1, 2009 Mary Burleigh is our new membership chairperson. Thanks go out to **Dave Bushey** for the great job he did in 2008. If you move or change phone numbers or email address please let her know. Just email Mary at [mcburleigh\\_2000@yahoo.com](mailto:mcburleigh_2000@yahoo.com).

### Thank You

The Northern Virginia Shag Club thanks Valerie Swiger for her support of the Shag Rag Newsletter during 2008!



*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, **one week in advance**, if you are interested in attending in case we need a larger facility. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the [nvshag.org](http://nvshag.org) website.

## JANUARY LESSONS



### **Beginner**

- Jan. 7 — Half Turn & Male Turn
- Jan. 14 — Kick Basic & Side Pass
- Jan. 21 — Crossover Basic & Triple Basic
- \* Jan. 28 — Basic, Start, and Female Turn

### **Novice**

- Jan. 7 — Behind Sailor Shuffle & Pivot
- Jan. 14 — Hesitation Basic, Pivot & Hug Pivot
- Jan. 21 — Tuck from Pivot & Tuck from a Half Turn
- \* Jan. 28 — Double Kick Basic & Applejack

### **Intermediate**

- Jan. 7 — Belly Roll & Pivot into a Belly Roll
- Jan. 14 — Male Half Turn & Boogie Walk
- Jan. 21 — Joanie & Funky Applejack
- Jan. 28 — Side-to-Side Basic, Handshake Wrap Pivot

\* *Beginning of new cycle*

### **January DJ's**

- Jan. 7 - Craig Jennings
- Jan. 14 - Larry Fischer
- Jan. 21 - Dennis Gehley
- Jan. 28 - David "Butch" Adeimy

### **Other Places to Dance Shag**

**Tuesdays** – Battlefield Boogie Club, The Loft (above Frederick's), 1005 Princess Anne St., Old Town Fredericksburg, VA, 540-654-5855.

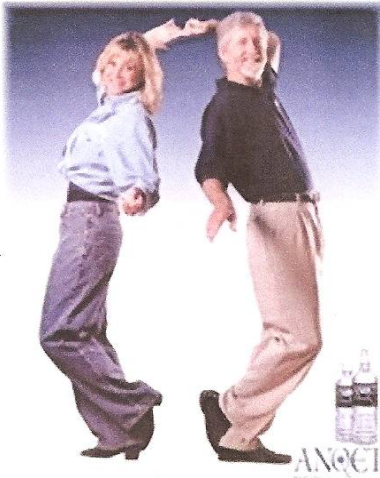
**Fridays** – Tucker's Restaurant, 9205 Marlboro Pike, Upper Marlboro, MD. DJ: Tommy D, 6:30PM – 10:30PM.

**Saturdays** – Rene's from 5:30PM – 8PM; Sponsored by Janis Grimes.

**Sundays** – 94<sup>th</sup> Aero Squadron, 5240 Point Branch Pkwy., College Park, MD, 5:00PM – 9:00PM.

The Northern Virginia Shag Club  
Presents A  
Shag Workshop and Party  
With Pro Shaggers  
Charlie Womble &  
Jackie McGee

Saturday  
Feb. 14,  
2009



*Warm up your winter  
and your Valentine  
with*

**Charlie and Jackie**

**12th Annual Workshop and Party with the  
Northern Virginia Shag Club!!**

## Workshops

### Fort Myer Community Center

*Classes for all levels! Even the advanced need to refresh!*

Class 1	12:30 - 1:30 PM
Class 2	1:45 - 2:45 PM
Class 3	3:00 - 4:00 PM

*Emphasis on good basics covered in all classes*

**Cost: \$10 per workshop for NVSC Members  
\$15 per workshop for non-members**

**Please be prepared to present identification  
upon entering Fort Myer**

*Unescorted minors may not be admitted by security*

**Private lessons with Charlie and Jackie are  
available. Please contact David Rodgers  
at 703-239-8978 or e-mail David at  
rodgersd3@cox.net to make  
arrangements.**

**Juniors Receive Free  
Admission to Both Events!**

## DANCE SATURDAY NIGHT

7:30 PM — 11:30 PM

At

**Fort Myer Community Center  
228 McNair Road, Bldg. 405  
Fort Myer, Virginia 22211-1199  
Phone: 703-696-3470**

**Special Guest DJ  
Billy Waldrep**

Cost: \$10 for NVSC Members  
\$12 for Non-members  
**Club Provides...**

Heavy hors d'oeuvres and sodas

**New Policy .....CASH BAR ONLY!!..... No BYOB!!**

**Directions to Ft. Myer: From Northern Virginia: Take I-395 to exit 8A Washington Blvd, Route 27 North. Take Washington Blvd North to Fort Myer exit on right. "Once on base, turn immediately to the right for security check. After clearing security, return to main road and turn right. Turn left at stop sign. Pass the tennis courts on the right and park in lot immediately past the courts. Walk across the street to Community Center."**

**This is a non-smoking event!**



Watch the Game!  
Enjoy Shagging  
with Friends!

# Super Bowl Party

Sunday, February 1, 2009

5:00 until the game ends!

## Northern Virginia Shag Club



Rene's Supper Club

3251 Old Lee Highway

Fairfax, VA

Game starts at 6:00

DJ: Dennis Gehley

\$8.00 Cover Charge

Free Dinner Buffet!

Happy Hour Drink Prices 5-6 PM



### PRIVATE LESSONS

#### WITH CHARLIE WOMBLE & JACKIE MCGEE

Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private lessons on Feb. 13 and 15, 2009 at David & Jerry Rodgers' house in Fairfax Station.

**SIGN UP NOW** for private lessons with Charlie & Jackie by e-mail at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David at (703) 239-8978 to put your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00/hour lesson with Charlie **and** Jackie, and \$60.00/ hour lesson with Charlie **or** Jackie.

### “LADIES ONLY” FOOTWORK LESSONS

#### WITH JACKIE MCGEE

Jackie McGee has agreed to teach two **SMALL GROUP** lessons for women only on footwork for ladies when she and Charlie are visiting with NVSC in February 2009 **IF ENOUGH LADIES SIGN UP FOR THE LESSONS**. These lessons will be taught at David & Jerry Rodgers' home in Fairfax Station, VA from 2:00-3:00 PM and from 3:00-4:00 PM on Sunday 2/15/09.

The first ladies only lesson (2:00-3:00 PM) will be taught for mid-to-upper intermediate level dancers. The second ladies only lesson (3:00-4:00 PM) will be taught for beginner/early intermediate level dancers. Due to the size of the dance floor available for these lessons, only a limited number (7) will be allowed to attend each ladies only lesson. Sign-up will be taken on a “first come, first served” basis. Cost of these “Ladies Only” lessons will be \$15.00/person. Contact David Rodgers by e-mail at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David Rodgers at (703) 239-8978 to put your name on the list.

## **Rene's Supper Club**

3251 Old Lee Highway  
Fairfax, VA 22030  
703-385-0077

*Wednesday night home of the  
Northern Virginia Shag Club*

Cover charge \$8.00  
Happy Hour drinks 6-8PM

Lessons at 7:30  
General Dancing from 8:15 to 11

Juniors (under 21) Welcome with  
**Adult Supervision**

**Directions:** I-495 Beltway to Route 50 West,  
towards Fairfax, VA. Go approximately 3 miles to  
Fairfax Circle. At the Circle, look for McDonalds.  
McDonalds is on Old Lee Highway. Take Old Lee  
Highway **1/10** of a mile. Rene's is on the **ground  
floor** of an **office building** on your **LEFT** with a  
lighted blue sign and directly across from Artie's  
Restaurant.

*Please do not bring in food or drink!!!  
This is a supper club!*

*Support Rene's with your meal and drink  
purchases!*

NVSC information:  
[www.nvshag.org](http://www.nvshag.org)

Shag Club Information:  
[www.shagdance.com](http://www.shagdance.com)

## **J.R.'S FRAMING & PHOTOGRAPHY JOHN ROMITO**



6020 Wescott Hills Way  
Kingstowne, VA 22315



Phone: 703-971-1618  
Email: [jrdancer0501@yahoo.com](mailto:jrdancer0501@yahoo.com)

## **Come Dance with Me**

Private and Group Lessons in  
Carolina Shag  
With  
David Rodgers



Call or email David  
703-239-8978  
[rodgersd3@cox.net](mailto:rodgersd3@cox.net)



Dennis & Nancy Gehley  
**The Time Machine**



Hits From Yesterday and Today  
Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764

E-mail: [ngehley@cox.net](mailto:ngehley@cox.net)

**Janis Grimes**

*Carolina Shag*

*Private and Group Instruction*

*Home—703-536-7362*

*Work—202-208-3878*

*[janigrimes@cox.net](mailto:janigrimes@cox.net)*

## HELLO SHAGGER EMAILS

You can't get them if we don't have your correct email.

Send email corrections to Nancy Roop at [nsar33@comcast.net](mailto:nsar33@comcast.net)

### **BORROWING SHAG VIDEOS.....**

is EASY at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See **Jane James** on Wednesday nights to borrow a video!!!

### **NVSC LOGO MERCHANDISE**

Logo Merchandise can be purchased on Wednesday nights at Rene's.

Shirts – Many styles	\$18 - \$34
CD Cases	\$15
Coffee Mugs	\$ 5
Baseball Caps	\$15
Shoe Bags	\$20
Golf Towels	\$15
Twinkling Glasses	\$10
Cook Books	\$15
Shagging in the Carolinas Book	\$20

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact ***Kathy Miller or Nancy Cox.***

Northern Virginia Shag Club  
Maryann Lesnick, Shag Rag Editor  
8804 Weir Street  
Manassas, VA 20110-4943

