



# Shag Rag

February 2009 Vol. XV, No 2

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

## **PRESIDENT'S MESSAGE by Marcia Conway**

Come out of the cold and join NVSC for the **warm and exciting fun events** planned for you by the 2009 board and chairmen. If you have not volunteered to help with a committee or event, we need your services and ideas. The Social/Hospitality committee could use a few more volunteers and would appreciate your help at our annual **Charlie and Jackie dance**.



Marcia

There are three exciting events scheduled for this month. The annual **Super Bowl Party** will be held on **Sunday, February 1**, and the **Charlie and Jackie Workshop and Dance** on **Saturday, February 14**. Flyers for both of these events are included in this issue of the Shag Rag. See **Chris Gaines** and **Chris Werner** to volunteer to bring food for the Saturday dance on February 14 at Fort Myers starting at 7:30PM. Contact **David Rodgers** to sign up for a private dance lesson with Charlie and Jackie or a ladies group lesson with Jackie. The third event for the second year is a **Madri Gras contest and party on Wednesday, February 25**. Everyone had such a good time last year that we decided to repeat this fun party again. Prizes will be awarded for unique Madri Gras masks. More information for this event is included in a Shag Rag article in this issue.

Fran Mong and I will be representing the club at the annual ACSC Winter Workshop in Danville, VA on February 20 - 22. This event is mandatory for every shag club to have a representative as many important dates and events are discussed such as plans for Spring SOS in April and the Hall of Fame golf tournament in June. Speaking of SOS, the spring one is from April 17- 26. All you need is an SOS card and a place to stay. John Romito and I have more SOS cards if you need one. The cost is \$30. Come join the fun and meet Shaggers from other clubs!!! By the way, there is lots of dancing and great southern hospitality!!!!

**SEE ALL AT THE SUPER BOWL PARTY, CHARLIE AND JACKIE WORKSHOP AND DANCE AND THE MADRI GRAS PARTY.**

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### *Upcoming Events....*

- ◆ Super Bowl Party—February 1, 5:00 at Rene's
  - ◆ Charlie and Jackie Workshops and Dance at Fort Meyer—February 14th
  - ◆ Mardi Gras Party at Rene's—Wednesday, February 25th
-

# NORTHERN VIRGINIA SHAG CLUB

## 2009 Board

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	fmong@abhyllaw.com
Secretary	Sandra Traylor	703-597-9555	sandra.traylor@dcma.mil
Treasurer	John Romito	703-971-1618	jrdancer0501@yahoo.com
Director-at-large	Pamela Alfano	703-379-7992	PAlfano@ReedSmith.com
Director-at-large	Mary Burleigh	703-724-9171	mcburleigh_2000@yahoo.com
Director-at-large	Kathy Miller	703-683-5990	Khemp501@aol.com
Director-at-large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-large	Nancy Roop	703-753-0141	nsar33@comcast.net

### February Birthdays

Jo-Ann Hitzemann	2/1
Shirley Baucom	2/2
Bruce Frail	2/3
William Blake	2/5
Gail Immediatio	2/6
Shannon Lewis	2/6
Dee Orlando	2/6
Sandra McGee	2/7
Brenda Bishop	2/8
James Raney	2/8
Robert Busey	2/11
Lori Hahn	2/12
Tom Romero	2/13
Jerry Scott	2/15
Susan Young	2/19
Bernadine Fanini	2/25
John Wood	2/25
Marcia Conway	2/26
Paige Plotkin	2/27
Charles Hawley	2/29

### NVSC COMMITTEES/CHAIRS FOR 2009

* Audit	Dave Bushey
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 09	Donna Romito and Sue Young
* Charity Fundraising	Nancy Cox/Kathy Miller
* Dance	Cathy Metcalf (Acting)
Hello Shaggers	Nancy Roop, nsar33@comcast.net
Historian	Sandra Traylor
* Membership	Mary Burleigh, mcburleigh_2000@yahoo.com
* Music	Fran Mong
Newsletter	Maryann Lesnick, mlesnick@mlesnick.com
* Nominating & Elections	(appoint in late September)
Photographer	John Romito
* Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-Thon 2009	Jo-Ann Hitzemann/Pamela Alfano
* Social/Hospitality	Chris Gaines, Chris Werner, Ruth Rapson, Sandra Traylor, Sam Wray, and Vernon Bruffey
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	Marcia Conway
* Denotes Standing Committee	

**New Members in January**  
Ann Layne Johnson and Dan Wygal

# News and Announcements

## Receiving Hello Shaggers?

The NVSC sends out a weekly **Hello Shaggers** email with news and information about the Club and Club activities. To receive it, send **Nancy Roop** your email address at: **nsar33@comcast.net**.



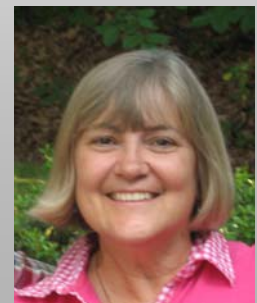
**Nancy**



**Mary**

## Keep Your Membership Information Current

If you move, change phone numbers or email address please notify Mary Burleigh, our membership chairperson. You can email Mary at **mcburleigh\_2000@yahoo.com**.



**Maryann**

## Shag Rag

The deadline for *Shag Rag* input is the 25<sup>th</sup> of every month. Please send to Maryann Lesnick at **mlesnick@mlesnick.com**.

## Social Committee Seeks Volunteers!

The new members of the Social Committee are Chris Gaines, Chris Werner, Ruth Rapson, Sandra Traylor, Sam Wray and Vernon Bruffey. Please contact Chris Gaines at (703) 591-4969 or Chris Werner at (703) 278-1073 to volunteer to bring food to the Charlie and Jackie event on Saturday, February 14.

## Shag-a-Thon Coming!

Please mark your calendars for Saturday, March 21, 2009. We'll be dancing again at Springfield Mall, Centre Court, 12:00 - 4:00. Pamela and Jo-Ann are co-chairing the Shag-a-Thon and welcome suggestions and/or volunteers. It's a ton of fun and all proceeds benefit Hospice. Stay tuned -- more info to follow. Pamela and Jo-Ann



**Pamela & Jo-Ann**

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, **one week in advance**, if you are interested in attending in case we need a larger facility. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the [nvshag.org](http://nvshag.org) website.

## FEBRUARY LESSONS

### **Beginner**

- Feb. 4 — Half Turn & Male Turn
- Feb. 11 — Kick Basic & Side Pass
- Feb. 18 — Crossover Basic & Triple Basic
- \* Feb. 25 — Basic, Start, and Female Turn

### **Novice**

- Feb. 4 — Behind Sailor Shuffle & Pivot
- Feb. 11 — Hesitation Basic, Pivot & Hug Pivot
- Feb. 18 — Tuck from Pivot & Tuck from a Half Turn
- \* Feb. 25 — Double Kick Basic & Applejack

### **Intermediate**

- Feb. 4 — Leg Up Basic & Lean
- Feb. 11 — Stutter Basic, Sugarfoot ending with a Lean, Front Walk-Up
- Feb. 18 — Forward Sailor Shuffle, Arm Over Pivot with Reverse Tuck
- \* Feb. 25 — Sugarfoot, Back Prep, Front Prep

*\* Beginning of new cycle*



### **February DJ's**

- Feb. 4 - Craig Jennings
- Feb. 11 - Eddie O'Reilly
- Feb. 18 - Dennis Gehley
- Feb. 25 - Eddie O'Reilly—Mardi Gras Party

### **Other Places to Dance Shag**

**Tuesdays** – Battlefield Boogie Club, The Loft (above Frederick's), 1005 Princess Anne St., Old Town Fredericksburg, VA, 540-654-5855.

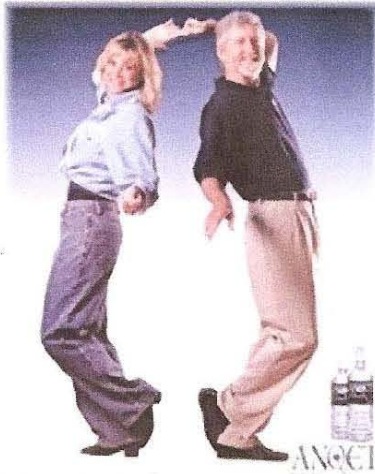
**Fridays** – Tucker's Restaurant, 9205 Marlboro Pike, Upper Marlboro, MD. DJ: Tommy D, 6:30PM – 10:30PM.

**Saturdays** – Rene's from 5:30PM – 8PM; Sponsored by Janis Grimes.

**Sundays** – 94<sup>th</sup> Aero Squadron, 5240 Point Branch Pkwy., College Park, MD, 5:00PM – 9:00PM.

The Northern Virginia Shag Club  
Presents A  
Shag Workshop and Party  
With Pro Shaggers  
Charlie Womble &  
Jackie McGee

Saturday  
Feb. 14,  
2009



*Warm up your winter  
and your Valentine*

*with*

**Charlie and Jackie**

**12th Annual Workshop and Party with the  
Northern Virginia Shag Club!!**

## **Workshops**

### **Fort Myer Community Center**

*Classes for all levels! Even the advanced need to refresh!*

Class 1 (12:30—1:30) - Fun and Easy Steps plus Lead Follow  
Class 2 (1:45—2:45) - Easy Combinations and Staying Active  
Class 3 (3:00—4:00) - Step It Up (More Advanced)

*Emphasis on good basics covered in all classes*

**Cost: \$10 per workshop for NVSC Members**

**\$15 per workshop for non-members**

**Please be prepared to present identification  
upon entering Fort Myer**

*Unescorted minors may not be admitted by security*

**Private lessons with Charlie and Jackie are  
available. Please contact David Rodgers  
at 703-239-8978 or e-mail David at  
rodgersd3@cox.net to make  
arrangements.**

**Juniors Receive Free  
Admission to Both Events!**

### **DANCE SATURDAY NIGHT**

**7:30 PM — 11:30 PM**

*At*

**Fort Myer Community Center  
228 McNair Road, Bldg. 405  
Fort Myer, Virginia 22211-1199  
Phone: 703-696-3470**

**Special Guest DJ  
Billy Waldrep**

Cost: \$10 for NVSC Members  
\$12 for Non-members

**Club Provides...**

Heavy hors d'oeuvres and sodas

**New Policy .....CASH BAR ONLY!!..... No BYOB!!**

**Directions to Ft. Myer: From Northern Virginia: Take I-395 to exit 8A Washington Blvd, Route 27 North. Take Washington Blvd North to Fort Myer exit on right. "Once on base, turn immediately to the right for security check. After clearing security, return to main road and turn right. Turn left at stop sign. Pass the tennis courts on the right and park in lot immediately past the courts. Walk across the street to Community Center."**

**This is a non-smoking event!**

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## PRIVATE LESSONS

### WITH CHARLIE WOMBLE & JACKIE McGEE

Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private lessons on Feb. 13 and 15, 2009 at David & Jerry Rodgers' house in Fairfax Station.

**SIGN UP NOW** for private lessons with Charlie & Jackie by e-mail at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David at (703) 239-8978 to put your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00/hour lesson with Charlie **and** Jackie, and \$60.00/ hour lesson with Charlie **or** Jackie.

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## “LADIES ONLY” FOOTWORK LESSONS

### WITH JACKIE McGEE

Jackie McGee has agreed to teach two **SMALL GROUP** lessons for women only on footwork for ladies when she and Charlie are visiting with NVSC in February 2009 **IF ENOUGH LADIES SIGN UP FOR THE LESSONS**. These lessons will be taught at David & Jerry Rodgers' home in Fairfax Station, VA from 2:00-3:00 PM and from 3:00-4:00 PM on Sunday 2/15/09.

The first ladies only lesson (2:00-3:00 PM) will be taught for mid-to-upper intermediate level dancers. The second ladies only lesson (3:00-4:00 PM) will be taught for beginner/early intermediate level dancers. Due to the size of the dance floor available for these lessons, only a limited number (7) will be allowed to attend each ladies only lesson. Sign-up will be taken on a “first come, first served” basis. Cost of these “Ladies Only” lessons will be \$15.00/person.

Contact David Rodgers by e-mail at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David Rodgers at (703) 239-8978 to put your name on the list.

### **Additional Suggestions for Getting to Ft. Myer:**

Directions to Ft. Myer are provided on the Flier on the previous page. To get on Ft. Myer you will need a picture ID. Your vehicle may be inspected, so allow yourself some extra time. Once through the gate, continue down the road 50 yards, turn left at the stop sign, the community center is a short ways down on the left.

**Beware that construction has changed the look of the area**, and the familiar tennis courts landmark is no longer there! A dental clinic is being built where the tennis courts use to be. The dental clinic is the only 1 story building beside the road on the right [East] side. The parking lot entrance is 1/3 mile [just over than .3 mi.] from the Stop Sign at which you turn left after the security check to drive toward the Community Center. The "Community Activities Center" sign is on the left side of the road beside the building and the lettering attached to the building reads: "Community Center". It is the next building past the bowling center [named the "Strike Zone"] and opposite the new dental clinic.



**Northern Virginia Shag Club**

# *Super Bowl Party*

**Sunday, February 1, 2009**

**5:00 pm until the game ends!**

*Watch the Game!  
Enjoy Shagging  
with Friends!*

**DJ: Dennis Gehley**  
**\$8.00 Cover Charge**



**Game starts at 6:00 pm**

*Rene's Supper Club, 3251 Old Lee Highway, Fairfax, VA*

*Free Dinner Buffet!*

*Happy Hour Drink Prices 5-6 PM*

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## MARDI GRAS PARTY

IT'S TIME AGAIN FOR WHAT CAJUNS OFTEN REFER TO AS "CARNIVAL", OR IN THE MORE POPULAR LANGUAGE OF NEW ORLEANS "MARDI GRAS" (translation - Fat Tuesday).

IN 2008 THE NORTHERN VIRGINIA SHAG CLUB HOSTED ITS 1<sup>ST</sup> EVER MARDI GRAS PARTY AT RENE'S IN FAIRFAX, VIRGINIA. IN KEEPING WITH THE SPIRIT OF THIS PARTICULAR SOUTHERN TRADITION, WE HAVE DECIDED TO "LET THE GOOD TIMES ROLL" AND DO IT ALL OVER AGAIN.

WE HOPE YOU'LL JOIN US AT RENE'S AT 08:00 P.M. ON WEDNESDAY, FEBRUARY 25, 2008. THOSE OF YOU FAMILIAR WITH THE TRADITIONS WHICH SURROUND MARDI GRAS WILL NO DOUBT REALIZE THAT THIS IS ACTUALLY THE DAY *AFTER* MARDI GRAS. THE CARNIVAL SEASON RUNS FROM JANUARY 6 (12<sup>TH</sup> NIGHT) UNTIL MARDI GRAS DAY, BUT IN THE TRUE SPIRIT OF CARNIVAL (AND MOSTLY BECAUSE OUR REGULAR WEEKLY DANCE NIGHT IS WEDNESDAY) WE ARE HOLDING OUR EVENT A DAY LATE.

THE PURPLE, GREEN AND GOLD OF MARDI GRAS WILL BE EVERYWHERE AND PRIZES WILL BE GIVEN FOR THE MOST OUTRAGEOUS OUTFITS IN THOSE COLORS. LET YOUR IMAGINATION RUN WILD, GET YOUR CREATIVE JUICES FLOWING AND SHOW US WHAT YOU'VE GOT!! OH, AND DON'T FORGET TO WEAR YOUR MASK. WE INVITE YOU TO CREATE YOUR OWN MASK OR WEAR ONE WHICH HAS BEEN CREATED FOR YOU.



THERE WILL, OF COURSE, BE DANCING; THERE WILL BE BEADS, THERE WILL BE SNACKS AND MUSIC WILL BE PROVIDED BY NVSC D.J. EDDIE O'REILLY. PLEASE JOIN US FOR A FUN EVENING AND "LAISSEZ LES BON TEMPS ROULETTE" (translation: Let the Good Times Roll).



## **Rene's Supper Club**

3251 Old Lee Highway  
Fairfax, VA 22030  
703-385-0077

*Wednesday night home of the  
Northern Virginia Shag Club*

Cover charge \$8.00  
Happy Hour drinks 6-8PM

Lessons at 7:30  
General Dancing from 8:15 to 11

Juniors (under 21) Welcome with  
**Adult Supervision**

**Directions:** I-495 Beltway to Route 50 West,  
towards Fairfax, VA. Go approximately 3 miles to  
Fairfax Circle. At the Circle, look for McDonalds.  
McDonalds is on Old Lee Highway. Take Old Lee  
Highway **1/10** of a mile. Rene's is on the **ground  
floor** of an **office building** on your **LEFT** with a  
lighted blue sign and directly across from Artie's  
Restaurant.

*Please do not bring in food or drink!!!  
This is a supper club!*

*Support Rene's with your meal and drink  
purchases!*

NVSC information:  
[www.nvshag.org](http://www.nvshag.org)

Shag Club Information:  
[www.shagdance.com](http://www.shagdance.com)

## **J.R.'S FRAMING & PHOTOGRAPHY JOHN ROMITO**



6020 Wescott Hills Way  
Kingstowne, VA 22315



Phone: 703-971-1618  
Email: [jrdancer0501@yahoo.com](mailto:jrdancer0501@yahoo.com)

## **Come Dance with Me**

Private and Group Lessons in  
Carolina Shag  
With  
David Rodgers



Call or email David  
703-239-8978  
[rodgersd3@cox.net](mailto:rodgersd3@cox.net)



Dennis & Nancy Gehley  
**The Time Machine**



Hits From Yesterday and Today  
Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764

E-mail: [ngehley@cox.net](mailto:ngehley@cox.net)

**Janis Grimes**

*Carolina Shag*

*Private and Group Instruction*

*Home—703-536-7362*

*Work—202-208-3878*

*[janigrimes@cox.net](mailto:janigrimes@cox.net)*

## HELLO SHAGGER EMAILS

You can't get them if we don't have your correct email.

Send email corrections to Nancy Roop at [nsar33@comcast.net](mailto:nsar33@comcast.net)

### **BORROWING SHAG VIDEOS.....**

is EASY at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See **Jane James** on Wednesday nights to borrow a video!!!

### **NVSC LOGO MERCHANDISE**

Logo Merchandise can be purchased on Wednesday nights at Rene's.

Shirts – Many styles	\$18 - \$34
CD Cases	\$15
Coffee Mugs	\$ 5
Baseball Caps	\$15
Shoe Bags	\$20
Golf Towels	\$15
Twinkling Glasses	\$10
Cook Books	\$15
Shagging in the Carolinas Book	\$20

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact ***Kathy Miller or Nancy Cox.***

Northern Virginia Shag Club  
Maryann Lesnick, Shag Rag Editor  
8804 Weir Street  
Manassas, VA 20110-4943

