



Shag Rag

April 2009 Vol. XV, No 4

Dedicated to the Preservation of the Carolina Shag and Beach Music

PRESIDENT'S MESSAGE by Marcia Conway

What a great turnout for NVSC annual Shag-a-Thon on Saturday, March 21! Many thanks go to **Pamela Alfano and Jo-Ann Hitzemann**, co-chairs, for their time spent in organizing a successful charity event. Thanks to all members who asked people to sponsor them to raise money for our club charity, **Capital Hospice**. We were entertained with special dance exhibitions by **members of the Dance Committee** who danced to the music provided by our **DJs, Dennis Gehley and Eddie O'Reilly**. A big appreciation goes to all club members who helped with the set-up and take down and who brought snacks and to the volunteers who worked at the registration and information tables. **THANKS NVSC SHAGGERS FOR YOUR SUPPORT FOR CAPITAL HOSPICE!!!**



Marcia

In your Easter Bonnet, you will be the **grandest shagger in the NVSC Easter Bonnet/Hat Parade** on Wednesday, April 8. Prizes will be given for the best created bonnet or hat. There will also be an egg dancing contest and prizes for the winning couple. **So come join the fun!!!**

From April 17-26 thousand of Shaggers will migrate to North Myrtle Beach, SC for SOS, Spring Safari 2009. This event is sponsored by the Association of Carolina Shag Clubs. It is such a "fun" event and a time for renewing old and new friendships. NVSC will sponsor a "NVSC party" on **Friday, April 24** in the back room of Fat Harold's from 3:30-5:30PM. If you have never attended a spring or fall SOS, you are missing a good time and lots of great dancing!!! There are also many shag workshops offered that are taught by great dance pros.

Mark your calendar for two important NVSC events coming soon. The first one is our **annual picnic** that will be on **Saturday, June 20** at the home of Bobby and Laura Payne. The second event is our annual **Capital Shag Classic being held at the Dulles Hilton on July 24-26**. We need the support and volunteer services for this great annual party. Please see **Donna Romito or Sue Young** if you would like to volunteer. There is information concerning this event on an attached flyer.

There will be a general membership meeting on Wednesday, May 6 at 8:15Pm

Upcoming Events....

- ◆ **April 8, NVSC Easter Bonnet/Hat Parade and Egg Dance** contest
- ◆ NVSC Shags **every Wednesday night** at **Rene's Supper Club**, 3251 Old Lee Highway, Fairfax, VA 22030, 703-385-0077. Free shag dance lessons beginning at 7:30. Dancing 8:15-11:00.
- ◆ **April 17-26, Spring Fling SOS** in North Myrtle Beach, SC
- ◆ **June 20, NVSC annual club Picnic**
- ◆ **July 24-26, 14th Annual Capital Shag Classic**. Details and Registration Form inside!

NORTHERN VIRGINIA SHAG CLUB

2009 Board

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	fmong@abhyllaw.com
Secretary	Sandra Traylor	703-597-9555	sandra.traylor@dcma.mil
Treasurer	John Romito	703-971-1618	jrdancer0501@yahoo.com
Director-at-large	Pamela Alfano	703-379-7992	PAlfano@ReedSmith.com
Director-at-large	Mary Burleigh	703-724-9171	mcburleigh_2000@yahoo.com
Director-at-large	Kathy Miller	703-683-5990	Khemp501@aol.com
Director-at-large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-large	Nancy Roop	540-878-5161	nsar33@comcast.net

April Birthdays

Lori Birmingham	4/1
Sam Martin	4/1
Dick Wagner	4/1
Victor MacArthur	4/4
John Parks	4/4
Mike Elder	4/5
John Voltmer	4/10
Mike Johnson	4/12
Gary Martin	4/12
Muriel Sue Kerr	4/13
A. J. Nowaskey	4/13
Sandra Winfrey	4/15
Janet Cave	4/18
Mike Fortunato	4/18
Courtney Mustin	4/19
Susan Cleghorn	4/24
Joan Byrnes	4/25
Sandy LeBeau	4/28
Paul Darden	4/29



NVSC COMMITTEES/CHAIRS FOR 2009

* Audit	Dave Bushey
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 09	Donna Romito and Sue Young
* Charity Fundraising	Nancy Cox/Kathy Miller
* Dance	Joan McKinney, joanmck3@aol.com
Hello Shaggers	Nancy Roop, nsar33@comcast.net
Historian	Sandra Traylor
* Membership	Mary Burleigh, mcburleigh_2000@yahoo.com
* Music	Fran Mong
Newsletter	Maryann Lesnick, mlesnick@mlesnick.com
* Nominating & Elections	(appoint in late September)
Photographer	John Romito
* Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-Thon 2009	Jo-Ann Hitzemann/Pamela Alfano
* Social/Hospitality	Chris Gaines, Chris Werner, Ruth Rapson, Sandra Traylor, Sam Wray, and Vernon Bruffey
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	Marcia Conway

* Denotes Standing Committee

New Members in March Susan Donahue

NVSC dances the Shag every Wednesday night at

*Rene's Supper Club, 3251 Old Lee Highway
Fairfax, VA 22030, 703-385-0077*

**Come learn the Shag! Free lessons begin at 7:30;
Open dancing from 8:15—11:00**

APRIL LESSONS

Beginner

- Apr. 1 – Half Turn & Male Turn
- Apr. 8 – Kick Basic & Side Pass
- Apr. 15 – Crossover Basic & Triple Basic
- * Apr. 22 – Basic, Start, and Female Turn
- Apr. 29 – Half Turn & Male Turn

Novice

- Apr. 1 – Behind Sailor Shuffle & Pivot
- Apr. 8 – Stutter Basic, Sugarfoot with Lean, Front Walkup
- Apr. 15 – Tuck from Pivot & Tuck from a Half Turn
- * Apr. 22 – Double Kick Basic & Applejack
- Apr. 29 – Behind Sailor Shuffle & Pivot

Intermediate

- Apr. 1 – Leg Up Basic & Lean
- Apr. 8 – Stutter Basic, Sugarfoot with Lean, Front Walkup
- Apr. 15 – Forward Sailor Shuffle, Arm-over Pivot
- Apr. 22 – Sugarfoot, Back & Front Preps
- Apr. 29 – Belly Roll & Pivot into Belly Roll

Line Dance Lesson

- Apr. 1 – Andi Crews Line Dance Lesson, beginning at approx 8:45 pm

** Beginning of new cycle*



Other Places to Dance

Tuesdays – Battlefield Boogie Club, The Loft (above Frederick's),
1005 Princess Anne St., Fredericksburg, VA, 540-654-5855.

Fridays – Tucker's Restaurant, 9205 Marlboro Pike, Upper Marlboro,
MD. DJ: Tommy D, 6:30 – 10:30.

Saturdays – Rene's from 6:00 – 8:00; Sponsored by Janis Grimes.

4th Saturdays – Colvin Run Dance Hall, 8:30-1:00 (Swing and Hustle)

DC Hand Dance Club – Check the Website: www.dchanddanceclub.com/schedule.htm

April DJ's

Apr. 1 – Eddie O'Reilly

Apr. 8 – Craig Jennings

Apr. 15 – Dennis Gehley

Apr. 22 – Eddie O'Reilly

Apr. 29 – Greg
Birmingham

News and Announcements

Receiving Hello Shaggers?

The NVSC sends out a weekly **Hello Shaggers** email with news and information about the Club and Club activities. To receive it, send **Nancy Roop** your email address at: **nsar33@comcast.net**.



Nancy

2009 NVSC Events *At-a-Glance*

Super Bowl Party	Feb 1	Summer ACSC Workshop	Jul 10-12
Charlie & Jackie Workshop & Dance	Feb 14	Junior SOS	Jul 16-19
		Capital Shag Classic	Jul 24-26
Winter ACSC Workshop	Feb 20-22	NVSC Picnic	Jun/Aug
Mardi Gras Party	Feb 25	Fall Migration (SOS)	Sep 11-20
Shag-A-Thon	Mar 21	NVSC Party at Fall SOS	Sep 15
Easter Bonnet/Hat Contest and Egg Dancing Contest	April 8	Fall Sunday Social	Oct ?
Spring Safari (SOS)	Apr 17-26	Band/ Dance Party	Oct 31?
NVSC Party at Spring SOS	Apr 24	NVSC Holiday Party	Dec 5

2009 Shag-a-Thon

If you missed the Shag-a-Thon, you missed a wonderful event! Thanks to all the dancers who received pledges, to all the members who supported the dancers and to all dancers who shagged the afternoon away in Center Court in support of Capital Hospice. Our thanks, too, to everyone who helped with the event (check-in, set-up, those who brought snacks, clean-up and to the Hospice volunteers). Wow, how about the demos! Thank you to Cathy and Vaughn, Fran and David, Lorraine and Bob, Valerie and Bob, Lorraine and Joe, Audrey and Don who showcased our dance. We all wish to some day dance like you! Without music, there would be no dancing. A very special thanks to our DJs, Eddie O'Reilly and Dennis Gehley, who volunteered their time and kept us on the dance floor! We don't have the total raised yet, but will share that as soon as we can. Thank you. Pamela and Jo-Ann

Please Donate Shoes

Bring or send any dance shoes you would like to donate to the Ellen Taylor Foundation for Junior Shaggers. The shoes can be brought to the SOS company store. Anyone going to Spring SOS will be glad to take any shoes you would like to donate.

More News and Announcements

News from Nationals in Myrtle Beach

- ⇒ Virginia Shagger Brennar Goree, with his partner Autumn Jones, won the Junior II Championship. The NVSC Dance Committee and individual NVSC members contributed heavily last year to help Brennar and Autumn launch a Junior Shag Team -- and the team went on to win the Team Championship at the prestigious US Open.
- ⇒ Jeff Hargett & Nikki Kontoulas took 2nd place in the tough Pro Division, and sizzled as part of the National Shag Dance Team's performance at Nationals in Myrtle Beach. Jeff & Nikki will be our Pro Instructors at The Classic in July.

NVSC Gratitude Corner



A ROUND OF APPLAUSE PLEASE for

- ♥ The unsung heroes of the Shag-a-Thon, our club deejays - **Dennis Gehley** and **Eddie O'Reilly** for giving freely of their time and talent to benefit a great cause.
- ♥ **Maryann Lesnick** for doing an outstanding job with the Shag Rag - love all the colorful pictures!
- ♥ **David Rogers** for making a real effort, every week, to dance with all of the "beginners."
- ♥ **Bob Mathews** for the great joy he exudes when he's dancing, it's infectious
- ♥ **Pamela Alfano** and **Joanne Heitzman** for a SUPER Shag-a-Thon.
- ♥ Kudos and special recognition to NVSC's unsung hero, **Anne Thompson**. Anne attends all of NVSC's events and weekly dances, and is always willing to help — she always donates food for our special events, she's happy to do anything she is asked (set up/take down/serve food/clean up) and ALWAYS offers her assistance with a smile. Anne volunteers her time quietly and NVSC is certainly fortunate to have her as a member.
- ♥ **Lorriane Rohlik** for donating to the shag club the \$109 she won for having the lucky 50/50 ticket at the Charlie/Jackie dance party.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treas-

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, **one week in advance**, if you are interested in attending in case we need a larger facility. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the

More Gratitude

March 3, 2009



Dear Northern Virginia Shag Club,

Charlie and I want to thank you again for the opportunity to teach in N. Virginia for the twelve year. It was like coming home to see old friends. You have a great group of people and they made us feel very welcome. Teaching is a pleasure for us because we really enjoy being with a club that has made us one of the family. Once again we have to be complimentary on the great job the club has done in instructing the dance. It is rewarding to watch how everyone has improved over the years. We want to express our gratitude to all the volunteers for all the work it takes in making this event possible. A special thanks to David and Jerry for their hospitality. They work harder than we do. They are two people that are very dedicated to the club.

Because of the work from your club, Shag will continue to thrive.

Sincerely,

Charlie and Jackie

The Junior Shag Dance Team

Sends thanks ...



www.JrShagDanceTeam.com

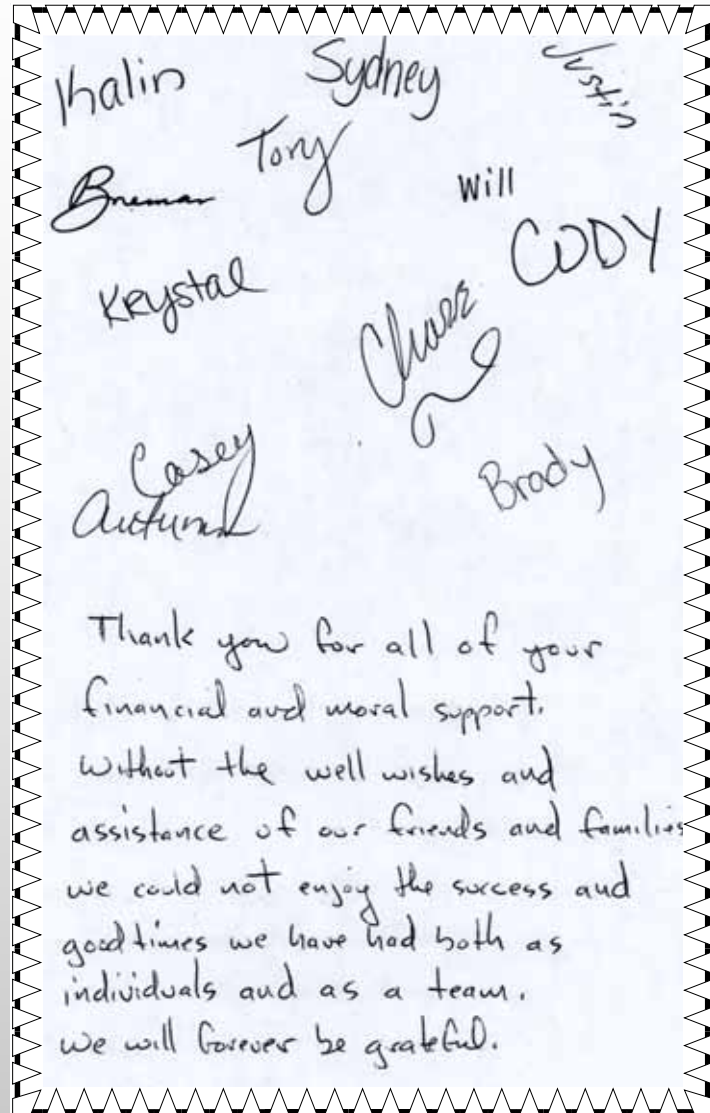
Captains: Brennar Goree & Autumn Jones

Members from left to right:

Bottom Row: Chase Forrester, Krystal Bravo, Kalin Ellis, Autumn Jones, Sydney West, and Tory Robinette

Top Row: Cody Edwards, Casey Cooper, Brady Ellis, Brennar Goree, Will Dallas, and Justin Poston

The members of the Junior Shag Dance Team appreciate the support given without which this team would not be possible.



“The Future of Shag lies in the Feet and Hearts of our Juniors!”

Congratulations to
Earl Robinson of Richmond, VA
who has been selected for
The Shagger’s Hall of Fame.
Earl will be inducted in October.



You Won't Want to Miss *Spring Safari SOS*

In North Myrtle Beach, April 17-26, 2009

SOS Spring Safari is when Shag dancers from across the nation gather at the beach in North Myrtle Beach, SC to dance! This yearly event is held at the majority of local lounges in NMB. Inside, the best shag DJ's from the East Coast play the hottest new and old beach and shag tunes.

Don't miss the parade, dance workshops, live entertainment, and the

NVSC Party at Fat Harold's back room on Friday, April 24th!

SOS is truly one of the biggest and best adult beach parties you will ever attend!

Here are some helpful numbers if you are looking for a place to stay. Act quickly—rooms fill up fast!

SOS Accommodations

OD Resort	1-800-438-9590
Summer Sea Inn	1-843-249-4411
Coastal Condos	1-800-951-4880, 1-843-280-0005
Elliott Realty	1-800-525-0225
SC Tourism	1-800-868-2492
Tilghmans Ocean Resorts	1-800-334-5016
Mar Vista Grande	1-800-334-5016
Avista Resort	1-800-968-8986

Part of the fun of SOS is sharing the ride and rooming with other SOS attendees. It also helps cut the costs! If you are looking to share a ride or accommodations, email Nancy Roop (nsar33@comcast.net) and she will post your request in the weekly Hello Shaggers email!

More Info: www.shagdance.com/safari.htm

My First Trip to SOS

I felt I had just entered another “galaxy” where there was endless music, dancing, people that didn’t feel like strangers, live bands, and classic cars that took me back to a wholesome era.

I was sure everyone in the entire south was gathered there. Having lived in the north all of my life, the slower pace, and southern friendliness was captivating. I couldn’t stop wandering from Fat Harold’s, Boulevard Grill, The Pad, Pirate’s Cove and O.D. Pavilion. I was mesmerized by the dance demos of Ellen Taylor and Sam West. I didn’t think there was enough hours in the day to soak up everything. I thought I should just move there, and right away!

I gravitated to all the shops and memorabilia of a state dance that had started there in 1932. How did I ever miss all this energy and hospitality for so many years? It was addictive.

I had always thought that “life was not life without music”, but this experience was over the top. It really left me imagining I could wake up to this every day.

I could dance, and dance and dance and make up for all the years I had left behind with what filled me up most – music and dancing.

When my feet finally were back in the land that I lived, I had purchased every article of SOS that I could pack in the car. Becky Stowe, the wonderful artist in Myrtle Beach, must have been glad that I too, along with many others, needed her art to adorn the walls of my home.

Since I came to my senses and didn’t actually move to Myrtle Beach, you can always approach my door with a “Shaggin” flag, window sticker of the shag logo, pictures, key chains, magnets, license plates and a clock stating “time to shag”, indicative that an obsessed Shagger resides within.

It just doesn’t get any better, unless I could have brought the south home with me, along with the friendliest people that I could have ever conjured up in my head!

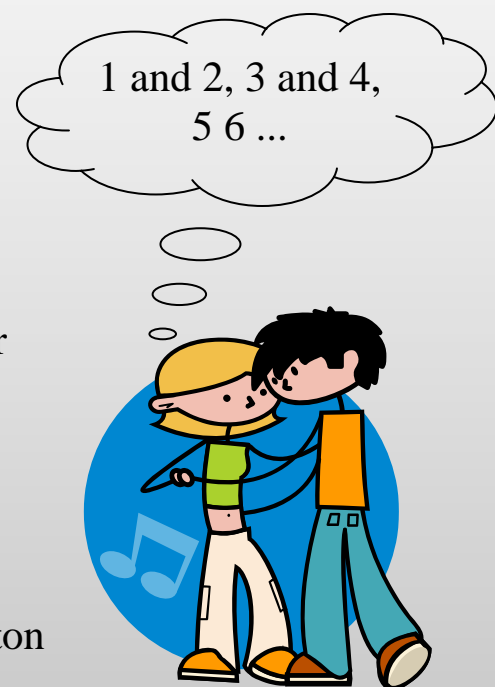
Regina Whitman

The Shag Rag Seeks More Input Like This ... !

The *Shag Rag* is looking for more input from the NVSC membership! All NVSC members are encouraged to provide articles and shag stories to the *Shag Rag*! Our readers would love to hear your shaggin’ tales! We welcome stories from the Juniors, too! Your stories encourage others to dance! They let folks know how much fun Shag is! Please send your ***Shag Rag*** input to Maryann Lesnick at **mlesnick@mlesnick.com**. The deadline is the 25th of every month. The *Shag Rag* website is: **nvshag.org/newsletter.htm**.

What's Happening In The Shag/Dance World

- ✓ Apr 9-11, Smoky Mountain Boogie, Pigeon Forge, TN (smokymountainshaggers.com)
- ✓ Apr 17-26, SOS Spring Safari, NMB (www.shagdance.com)
- ✓ May 9, Menokin Music Festival w/ the Embers, Warsaw, VA (www.menokinbluegrass.com/)
- ✓ May 21-25, Grand Nationals, Atlanta, GA (www.usagrandnationals.com)
- ✓ Jun, Hall of Fame Golf Tournament
- ✓ Jun 3, Shaggin on the Boulevard, Charleston Moose Lodge, Charleston, WV
- ✓ Jun 13, Competitive Shaggers Association (CSA) Competition, Richmond, VA (rscsa.homestead.com)
- ✓ Jul 18-20, Junior SOS, North Myrtle Beach (www.juniorshaggers.com)
- ✓ Jul 24-25, Boogie and Bogie, National Golf Club, Southern Pines, NC (www.sandhillsshagclub.com)
- ✓ Jul 24-26, NVSC Shag Classic, Dulles Hilton (www.nvshag.org)
- ✓ Jul 31-Aug 1, Swing Fling, Dulles Hilton
- ✓ Aug 21-23, Capital Dancesport Championship, Mark Center Hilton, Alexandria (www.capitaldancesport.net)
- ✓ Aug 21-23, Hern's Hanger Party, Beckley, WV (www.beckleyshagclub.com)
- ✓ Aug, Boogie on the James, Richmond Shag Club, Sheraton, Richmond, VA
- ✓ Aug 22-24, International Lindy Hop Championships, Sheraton Crystal City, Arlington
- ✓ September 11-20, Fall Migration SOS, North Myrtle Beach (www.shagdance.com)
- ✓ Sept 19, CSA Golf Tournament, Calabash, NC
- ✓ Oct, Shaggers Hall of Fame Induction, NMB, SC
- ✓ Nov 6-8, Fall Cyclone, Twisters Shag Club (GoShagging.com)
- ✓ Nov 14, Living Legends, Virginia Beach
- ✓ Dec 5, NVSC Annual Holiday Party, Kingstown Snyder Community Center



More Web Sites to Visit for Dance and Beach Music:

- ◆ dcdancenet.com
- ◆ www.shagdance.com
- ◆ www.949thesurf.com
- ◆ GoShagging.com
- ◆ www.competitiveshaggers.org
- ◆ www.beachshag.com
- ◆ www.shagtour.com
- ◆ www.juniorshaggers.com
- ◆ www.southernsoul.com

Feedback Form Coming!!

The Board welcomes suggestions and feedback in its wish to better serve the membership. One way is to introduce this feedback form pertaining to the club's weekly dance party. Please look it over and watch for the Feedback Form at Rene's.

NVSC FEEDBACK – WEEKLY DANCE PARTIES

Please take a moment to let us know what you think and give us your opinion – compliments or complaints. Your input is important to the Board. The Board wants to do everything possible to make your time at our dance parties fun. Circle your response and provide more description in the Comments block at the bottom for each item circled. Thanks!

NVSC MEMBER: ____ YES; ____ NO

RENE'S SUPPER CLUB	LIKE	DISLIKE
LOCATION	LIKE	DISLIKE
COVER CHARGE	LIKE	DISLIKE
DAY OF WEEK	LIKE	DISLIKE
FREE DANCE INSTRUCTION	LIKE	DISLIKE
FOOD	LIKE	DISLIKE
50/50 RAFFLE	LIKE	DISLIKE
DJs	LIKE	DISLIKE
DANCE FLOOR	LIKE	DISLIKE

COMMENTS: *(List the item at the beginning of your comment. Use back of form if you need more room. __ YES)*

Name: _____ (required); TEL: _____ (Revised Feb 09)



Mary

Keep Your Membership Information Current

If you move, change phone numbers or email address please notify Mary Burleigh, our membership chairperson. You can email Mary at **mcburleigh_2000@yahoo.com**.



Northern Virginia Shag Club's 14th Annual Capital Shag Classic

Friday, July 24—Sunday, July 26, 2009

"Get Ready for a Rockin' and Rollin' Good Time"

Featuring

Three **FREE** Shag Workshops
by Shag Pros

**Jeff Hargett
& Nikki Kontoulas**

Music by popular Carolina DJ

Jimmy Buffkin

Along with our own great DJs
Eddie O'Reilly, Dennis Gehley
& Butch Adeimy (from Hamlet, NC)

Tickets

Tickets **\$75** per person
through July 1st, then \$85

Admission Includes:

- ▶ 3 Shag Workshops
- ▶ 2 Buffet Dinners
- ▶ 2 Buffet Breakfasts
- ▶ 2 **FREE** Pours and Pool Party

Located at the **Dulles Hilton Hotel**
www.washingtondulles.hilton.com

Call the hotel at **703-478-2900**
by June 30, 2009 and mention Capital
Shag Classic or NVSC to receive our
special rate of **\$93** per night plus tax.

Weekend Schedule

FRIDAY, JULY 24

- 50's Sock Hop 4:30 p.m. - 1:00 a.m.
Gals wear your poodle skirts and saddle shoes, guys slick your hair back and roll up your jeans and let's go to the hop. Best dressed will win a prize.
- **FREE** Pour/BBQ & Fixes

SATURDAY, JULY 25

- Breakfast Buffet
- Three **FREE** Shag Workshops
- Pool Party
- **FREE** Pour
- Buffet Dinner
- Music and Dancing

SUNDAY, JULY 26

- Gospel Breakfast Buffet
- Music and Dancing until noon

Smoke-Free, Junior-Friendly Environment

Let's twist again like we did last summer!

For more information visit our website at www.nvshag.org or e-mail valerievms@aol.com

Advertise your Business in the Shag Rag!

Business Card size ads: \$25 for 6 months, \$50 for a year.

Additional Ad sizes available: 1/4 page, 1/2 page, and full page.

Contact the Shag Rag Editor, Maryann Lesnick, for more information.

mlesnick@mlesnick.com 703-369-5869

Tickets will be held at the check-in desk. Please include a self-addressed, stamped envelope to receive confirmation.



Make check payable and return to:
NORTHERN VIRGINIA SHAG CLUB
P.O. BOX 5522
MCLEAN, VIRGINIA 22103



Weekend Tickets \$75 through July 1st, 2009, then \$85
NO REFUNDS AFTER JUNE 30th

Registration

Name(s): _____ (Last, First)

Address: _____ Primary Shag Club: _____

City, State: _____ Number of Tickets: _____

Phone: _____ Amount Enclosed: _____

Directions

From the North, East or South:

Make your way to the Route 66 West exit off the Capital Beltway (Route 495). Follow 66 West to Route 28 North (Sully Rd). Exit off Route 28 (Sully Rd) onto McLearen Rd (you can only exit onto McLearen in one direction). Take first left onto Towerview Rd. Take first left onto Park Center Rd. Go about 200 yards to the entrance to Hilton parking area. Follow road clockwise around circular building to the main entrance and check-in.

From the West:

Take 66 East to Route 28 North (Sully Rd). Exit off Route 28 (Sully Rd) onto McLearen Rd (you can only exit onto McLearen in one direction). Take first left onto Towerview Rd. Take first left onto Park Center Rd. Go about 200 yards to the entrance to Hilton parking area. Follow road clockwise around circular building to the main entrance and check-in.

From Dulles Airport and Dulles Toll Road (Route 267):

Exit onto Route 28 South (Sully Rd). It is your first exit coming out of the airport. Exit off Route 28 (Sully Rd) onto McLearen Rd (you can only exit onto McLearen in one direction). Take first left onto Towerview Rd. Take first left onto Park Center Rd. Go about 200 yards to the entrance to Hilton parking area. Follow road clockwise around circular building to the main entrance and check-in.

Rene's Supper Club

3251 Old Lee Highway
Fairfax, VA 22030
703-385-0077

***Wednesday night home of the
Northern Virginia Shag Club***

Cover charge \$8.00
Happy Hour drinks 6-8pm

Lessons at 7:30
General Dancing from 8:15 to 11

Juniors (under 21) Welcome with
Adult Supervision

Directions: I-495 Beltway to Route 50 West, towards Fairfax, VA. Go approximately 3 miles to Fairfax Circle. At the Circle, look for McDonalds. McDonalds is on Old Lee Highway. Take Old Lee Highway **1/10** of a mile. Rene's is on the **ground floor** of an **office building** on your **LEFT** with a lighted blue sign and directly across from Artie's Restaurant.

***Please do not bring in food or drink!!!
This is a supper club!
Support Rene's with your meal and drink
purchases!***

NVSC information:
www.nvshag.org

Shag Club Information:
www.shagdance.com

Janis Grimes

***Carolina Shag
Private and Group lessons
Home---703-536-7362
Work---202-208-3878
janigrimes@cox.net***

J.R.'S FRAMING & PHOTOGRAPHY JOHN ROMITO



6020 Wescott Hills Way
Kingstowne, VA 22315



Phone: 703-971-1618
Email: jrdancer0501@yahoo.com

Come Dance with Me

Private and Group Lessons in
Carolina Shag
With
David Rodgers



Call or email David
703-239-8978
rodgersd3@cox.net



Dennis Gehley The Time Machine



Hits From Yesterday and Today
Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764

E-mail: dmgehley@cox.net



Wednesday night home of the Northern Virginia Shag Club

Rene's Supper Club

3251 Old Lee Highway
Fairfax, VA 22030
703-385-0077

**Join us for free Shag Dance lessons,
followed by open dancing every Wednesday night**

Cover charge \$8.00
Happy Hour drinks 6-8pm

Lessons at 7:30
General Dancing from 8:15 to 11

Juniors (under 21) Welcome with *Adult Supervision*

Directions: I-495 Beltway to Route 50 West, towards Fairfax, VA. Go approximately 3 miles to Fairfax Circle. At the Circle, look for McDonalds. McDonalds is on Old Lee Highway. Take Old Lee Highway **1/10** of a mile. Rene's is on the **ground floor** of an **office building** on your **LEFT** with a lighted blue sign and directly across from Artie's Restaurant.

***Please do not bring in food or drink!!!
This is a supper club!
Support Rene's with your
meal and drink purchases!***

www.nvshag.org
PO Box 5522, McLean, VA 22103
Northern Virginia Shag Club



HELLO SHAGGER EMAILS

You can't get them if we don't have your correct email.

Send email corrections to Nancy Roop at nsar33@comcast.net

BORROWING SHAG VIDEOS.....

is EASY at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See **Jane James** on Wednesday nights to borrow a video!!!

NVSC LOGO MERCHANDISE.....

Logo Merchandise can be purchased on Wednesday nights at Rene's.

Shirts – Many styles	\$18 - \$34
CD Cases	\$15
Coffee Mugs	\$ 5
Baseball Caps	\$15
Shoe Bags	\$20
Golf Towels	\$15
Twinkling Glasses	\$10
Cook Books	\$15
Shagging in the Carolinas Book	\$20

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact **Kathy Miller or Nancy Cox.**