



Dedicated to the Preservation of the Carolina Shag and Beach Music

September 2006

Keep on Shaggin'

Vol. XIII, No. 9

Shag Rag

September Edition from your Co-Editors Liz Kestler and Gary Salpini

President's Message *by Janis Grimes*

Dear All,

The summer is drawing to a close, and that means... Time for SOS again!! YIPPEE!! Fall Migration, here we come... Back to The Beach to party, party and dance, dance, dance, until your feet and legs give out. If you have not yet been to SOS, well... Let me tell ya, ya'll have been missing out BIG TIME on just the coolest beach party happening on the planet... Ask veteran shaggers about SOS, because if you're not there, you'll miss out on all the FUN... It will enhance your world. There is still time to make plans to GO to North Myrtle Beach, and condos are available to SHARE... SOS Fall Migration in North Myrtle Beach is a 10-day celebration of friends, music, shag, fun in the sun, and lots more, from Sept. 15 – 23.. NVSC will host a FREE POUR on TUESDAY, Sept. 19th, from 4:30 – 6:30 p.m. in the back room at Harold's... Be There, or Be Square...

On the home front, we have had some changes at Rene's lately, one being a slight increase in the cover charge to \$6.00 on Wednesday nights. The owners are running a business here, and they need to make a profit, and WE need to support that.. I think we can afford an extra dollar. They have agreed to vary the \$5 buffet menu on Wednesdays, and the favorites that were suggested by YOU in the survey a few months ago have been passed on to them again. I thought the recent menu of spaghetti and French fries was certainly creative, I would never have thought of that, And those meatballs were DELICIOUS -- handmade by John Olaya!! I will look forward to those

Special prayers and best wishes for our lady deejay, Nancy Gehley, as she enters NIH to participate in a special program to treat her melanoma. The surprise "wedding ceremony" performed by Larry Boyer at Rene's on Dennis and Nancy's 37th anniversary was hilarious, touching, and memorable for all. Thanks to Linda Coffeen and Charlotte Ashby for coming up with that one! And thanks to Cris Gaines for baking the beautiful cake, providing all the accessories, and getting her children to participate. Dennis looked absolutely fetching in that veil...

It is also time, believe it or not, to start thinking about the next election of your Board and Officers. Would YOU be interested in SERVING as an officer or board member of your club?? Please, give this some serious thought... we need new energy and new ideas on the board, and your club needs YOU – all of this fun cannot continue to happen without YOU!! So, think about volunteering, either as a board member, or as a member of one of our committees.

Dancing is joyful.... share the joy!



Members' Concerns...

ANNOUNCEMENT FROM NANCY GEHLEY: "I'M IN AT NIH! That's exciting news!"

They are going to take out the mass in my neck on August 30th. [THIS WAS CHANGED. See note below--ed] Apparently there are many nodes that are affected and they are trying to take the biggest one to harvest it for the immunotherapy (Plan B). They will give me some time to recover from that and then I'm on to IL-2 (the Interleukon-2 therapy). That will take place sometime in September. Since Dennis is out of town with his job the third week in September, it will probably be the last week. NIH is not in too big of a hurry because they want the masses to grow a little so that they can measure progress better. The biggest mass in my lung looks oddly shaped (it may be melanoma or something else). The very small ones definitely appear to be melanoma. Apparently, if those grow a little bigger, it's better for the protocol that I will be part of.

I'm just happy that they will be treating me. I'm also happy that it looks like I can take my trip to Myrtle Beach the first week in September (sharing a house with friends) and even DJ the Band of Oz (beach band) with our hand dance friends.

Once again, thanks for all the support and prayers. I'm still sure that I will be around for years to come (none of this months talk!). I'm ready for the challenge. God never gives us more than we can handle (even if I have the pain tolerance of a flea – direct quote from my knee doctor). I'm singing Gloria Gaynor's song all the time (I Will Survive for those of you less into music – lol). Hugs, Nancy

P.S. Just got another call from NIH. They discussed my case further and decided that they do NOT want to do the surgery for the mass in my neck. They feel that I should go directly to the IL-2 therapy (do not pass GO, do not collect \$100 for all you monopoly fans). I'm just as happy NOT to get cut on. They feel that the neck masses will be a better monitor of the IL-2 therapy. If it works, it will be easy to see the tumors shrinking.

I will start IL-2 on September 11th. I still get my trip – yippee!

THANK YOU FROM NANCY & DENNIS:

Nancy Gehley would like to thank everyone for their thoughts, prayers, cards and concern. She will be entering the NIH hospital on September 10th for therapy for her melanoma. We are sorry we have to miss the Sunday social on that date.

Since Nancy will be unable to keep up with her email for a week or so after September 10th, Dennis will send any updates to friends. She and Dennis would also like to thank everyone who participated in the "marriage ceremony" at Rene's on August 16th (for our 37th anniversary). It was such a surprise and a very thoughtful gesture. We always suspected there was something amiss about the original ceremony on August 16, 1969!

WORD FROM H.K. AND DEBBIE:

Longtime member H.K. Lee sends his greetings and assurances that he is feeling better and in good spirits...Friends may e-mail him at hklee@comcast.net, or send cards to H.K. at his home:

8012 Craddock Road, Greenbelt, MD 20770

More from the Prez.....

Dear All – PLEASE think seriously about volunteering to serve on this year’s Election Committee. We need to get the new slate of nominees together to present to the membership by the next General Membership Meeting, which will take place in October (that’s next month!!!). I am asking for volunteers, and will appoint the Election Committee soon. (This is not the same thing as running for the board.)

If you are interested in serving on this year’s ELECTION COMMITTEE, please reply to janigrimes@cox.net or reply to Hello Shagger...

From Article 4 of the Bylaws: The Nominating and Elections Committee shall meet as necessary, contact potential nominees and provide them with copies of the portions of the Bylaws stating the duties for Officers and Directors; shall determine the willingness of potential nominees to fulfill the duties of the positions for which they are being considered; and shall prepare a list of qualified nominees who are willing to serve. This list must contain the names of all persons known to the Committee who have expressed a desire to run for the Board and who have confirmed their willingness to perform the duties of the positions they are seeking; and this list will constitute the Committee's report to the general membership; and the names on the list, without further motion, shall be nominations for the respective positions.

Letter (via e-mail) to the Editor from Dennis Gehley...

I noticed a slight oversight on page 1 (of the August Shag Rag)— we forgot to mention Gerry Scott as one of the weekend DJs. Thanks to the Classic Committee for getting Gerry some play time. He told me that he and Ivy would probably not have come if it had not been for Linda and Larry making room for him in the rotation. The Scotts drove from Summerville , SC , near Charleston , to attend.

Gerry sent me a CD with approximately 160 photos from the Classic weekend. There are many, many photos that seem like good candidates for Shag Rag filler, posters, etc. throughout the coming year. I intend to give the CD to whomever wants it....

Sometime after the dust settles from SOS, Nancy ’s first hospital stay during the week of September 10-16, and my trip to California September 19-23, I will pass Gerry Scott’s CD to the appropriate person. Let me know who it is and I’ll make it happen. Thanks.

(From the Editor—Thank you for reminding us! Yes, we always enjoy Gerry’s music and we were thrilled to see the Scott’s at the party! Many thanks to Gerry!! I hope to get at least a copy of his photo CD so I may share pics with the Shag Rag Readers—thanks again, Liz Kestler)

50/50 RAFFLE...1 for \$1, 3 for \$2, 10 for \$5, etc...HELP NEEDED

The 50/50 raffle is one of the club main fundraising activities. It brings in revenue of an average of \$150 - \$200 a month. At the Capital Shag Classic in July, the profit for the shag club was \$500. HOW GREAT IS THAT!! Many, many thanks to Pam, Sharon, Lisha, Fran, Jerry and Nancy who helped me with the preparation and sale of the tickets. The Hospice representative, Patti Debuck, even helped with the tearing of the tickets and I so appreciated her helping me and for Hospice donating the table prizes and the flower arrangements. Because of the importance of this fund raiser, I need club members to volunteer to sell these tickets on Wednesday at our regular dance night at Rene's. It is a wonderful opportunity to meet and chat with club members and even those who are visiting for the first time. Yes, yes I know you may have to give up maybe an hour of dancing but volunteering for one night would be great!!!! For those of you who have volunteered in the past to sell tickets and you who are faithful purchasers of the raffle tickets, the shag club thanks you for your financial support. Please give me a call or e-mail me if you would like to be a part of this team and support a major fund raiser for the Northern Virginia Shag Club.

THANKS NVSC SHAGGERS FOR YOUR SUPPORT!!!!!!! Marcia Conway,
Charity/Fundraising Chairman 703-361-8159 nclady11@comcast.net

CONWAYS CORNER ORDER YOUR CLUB SHIRTS FROM MARCIA

NVSC LOGO ITEMS: Have you noticed the NVSC logo items that club members are proudly displaying? These items are available to everyone. Contact Marcia at NCLady11@comcast.net. She has the following:

NVSC Shirts & T-Shirts	\$15 - \$35
Shoe Bags	\$20
Shag Rags (towels) \$10	Golf Towels \$13

The shirts are by special order. Also, ask Marcia about Capital Shag Classic Shirts. If you are interested in purchasing any of the above items, please contact **Marcia Conway**. She is at Rene's on Wednesday nights, or you may call her at:

703/361-8159. Her e-mail is NCLady11@comcast.net

✧ SEPTEMBER BIRTHDAYS

Happy Birthday! To each of you!!

Jerome Cooper	9/3	Cindy Black	9/18
Walter Herrity	9/3	Marian Cox	9/18
Debra Parrish	9/5	Ron Warner	9/19
Ed Mixon	9/7	Barbara Jones	9/19
Darlene Olsen	9/9	Eddy Bunch	9/20
Beverly Farris	9/9	Cecile Rocek	9.20
Thomas Lamb	9/10	Michael Edmonston	9/20
Joan Hicks	9/11	Ralph Tedesco	9/21
Lanny Blaine	9/12	Audrey Borja	9/21
Malcolm McIntyre	9/12	Holly Files	9/24
Betty Abshire	9/13	Dennis Stewart	9/25
Frances Meckel	9/13	Lorraine Rohlik	9/26
Pete Campbell	9/14	Pat Parrott	9/27
Gail Armstrong	9/15	Wes Kirchner	9/28
Gerry Scott	9/16	Carolyn Payne	9/29
Bonnie G. Camp	9/16	Kristin Stone	9/29
Karen Crawford	9/17	MaryAnn Davis	9/30

If your birthday is incorrectly listed or does not appear here, please contact Hilda Clemann, the membership chair, at hclemann@msn.com to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes! Thank you Cris!

WELCOME NEW MEMBERS (OR THOSE RE-JOINING) IN JULY—Marian Cox, Anthony Gallo, Janice Heretick, Thomas McCarthy, Kathryn Miller, Beverly Robinson, Earl Robinson, Thomas Lamb and Patricia Zemple

WELCOME NEW MEMBERS IN AUGUST— Eric Beaver, Jody Gibbs, Barbara Hallead and Carol Taousakis

We are happy to have you all join us!!

Introduce yourself to new members (and beginners) and ask them to DANCE! Look for the Red Dots! The beginners get red dots after their lessons. Please take time to practice with them. Your patience and thoughtfulness is appreciated!

FREE INTRO AND BEGINNER LESSONS AT RENE'S SUPPER CLUB ON WEDNESDAY EVENINGS...FROM 7:30 TO 8:15 P.M.. You must be a member for free Intermediate Lessons--\$20 Annual Membership fee--Join Up! You'll be glad you did!

Deejays and Dance Steps for SEPTEMBER 2006- Lessons Begin at 7:30 p.m.

Intermediate Level Shag Steps:

September 6 – Handshake Wrap Pivot; & Pivot into a Belly Roll

September 13 –Sugarfoot; Front Prep; & Back Prep

September 20 – Belly Roll; & Pivot into a Belly Roll

September 27 – Male Half Turn; & Boogie Walk

Novice Level Shag Steps:

September 6- None

September 13- Double Kick Basic Step; & Applejack

September 20- Behind Sailor Shuffle; & Pivot

September 27- Hesitation Basic; Pivot; & Hug Pivot

Beginner Level Shag Steps:

September 6—Review Basic Step & Triple Basic;

September 13—Basic Step; Start, & Female Turn;

September 20—Half Turn & male Turn;

September 27—Kick Basic & Side Pass

DJ'S FOR SEPTEMBER*: September 6- Jim Rose; September 13 - Craig Jennings; September 20-Dennis and Nancy Gehley; September 27- Eddie O'Reilly

***DJ rotating schedule subject to change.**

Mark your calendar...

September 10 – Sunday Social at Rene's –see flyer at www.nvshag.org

September 15-24 - SOS Fall Migration, NMB

September 19 – Richmond Shag Club invites you to their “Beach Ball” party Tuesday from 11 a.m. to 3 p.m.

September 19 - Tues at Fat Harolds 3-5 p.m. NVSC's Free Pour

Oct. 20 & 21 – Inland Beach Blast with Class, Clarksburg WV

Oct. 27-29 – VA Beach Bash (info at www.vbshagclub.com/)

Oct. 28 – Richmond Shag Club's Halloween Party, Dinner at 5, Dancing 6 to midnight-The Acca Temple

December 8 or 9 – NVSC Holiday Party

Notes of Interest or Announcements from some of our CLUB MEMBERS:

OUR DEEJAYS WILL PLAY AT SOS!!

Craig Jennings: Sat. Sept. 16th 12-6 at Ducks Too
Sun. Sept. 17th 5-10 at Ducks Too
Mon. Sept. 18th 12-5 at Ducks
Tues. Sept 19th 10-to close at Ducks Too
Wed. Sept. 20th 12-5 at Ducks
Sat. Sept 23rd 12-5 at Ducks Too

Jim Rose: Fri. Sept. 15th 5-10 at Ducks Too
Mon. Sept. 18th Noon-3 at Boulevard Grill
Mon. Sept. 18th 5-10 at Ducks Too
Tues. Sept. 19th 3-6 at Boulevard Grill

Room(s) available for September's SOS:

MYRTLE BEACH RESORT – 437A, Surfside Beach, SC – 35 minute drive from SOS – 2 BR, 2 BA, Sleeps 6, Gated Community, Oceanview, All amenities - \$675 for the whole unit; \$350 per room to share—Contact **Brenda Joyce Ford**, 571-277-8077

ASHWORTH - #1209, 9/16 to 9/23, 4-Bedroom, 3 Bath \$350. per room. Contact **Bruce Kleiman** at 301-277-8305

ASHWORTH - 3 Bedroom, 3 Bath condo to share during SOS Sept 16-23, \$380 per room. Contact **Walter White**, 703-684-9020

ASHWORTH - **Joe Lassiter** 757-635-7997 and **Lynn Deans** 757-498-0085, have 2 rooms available—Sat to Sat. for \$400. per room for Sept SOS

ASHWORTH - 9/16 to 9/23—1 bedroom with 2 double beds/private bath/trip ins./maid service in a 3 BR/3BA Condo, 3rd Floor--\$400.—Contact **Judy Anderson** 703-590-1339 or **Heidi Mackey** 202-347-3323

TUESDAY, September 19th
BE THERE!!!! NVSC'S FREE POUR

FAT HAROLD'S
4:30 to 6:30 pm

TRAVELLING TO NORTH MYRTLE BEACH—GREAT NEWS – submitted by **Louie Mitchell**

Interstate I40 (Wilmington Bypass) is now open. Coming east on Interstate 40, you can now take the exit for Interstate I40 and miss Wilmington completely. You will pick up US 17 just south of the Memorial Bridge. It cuts at least 15 minutes off the trip.

JUNIOR SHAGGERS BRING HOME OLYMPIC GOLD!! (from the Ed. I left this out last month in the on-line edition—sorry to keep you in suspense!)

CONGRATULATIONS TO **BRENNAR GOREE & AUTUMN JONES** for bringing home the **GOLD** while competing in the 40th Annual AAU Junior Olympics – Swing Solo/Shag Division

LOST AND FOUND

David Rodgers lost his pocketknife on Sunday morning at the Classic, while the dance floor was being taken up. It's a small two-blade pocketknife. Call David at 703-239-8978.


Gary Salpini has an FIS tote bag with some club paperwork, a couple of umbrellas, and some other stuff that was left in the ballroom Sunday, July 30th (at the Classic of course!)

For some smooth dancing news, check out www.smoothnez.com events

FOR NVSC SHAG EVENTS, & OTHERS, GO TO www.nvshag.org or www.shagdance.com

Shaggin in Fredericksburg! Submitted by Audrey Borja *The Carolina Shag is contagious and to help satisfy the crave, come out and try the **Battlefield Boogie Club's (BBC) Tuesday night at The Loft, 1005 Princess Anne Street, in old town Fredericksburg, Va.** Dancing to the tunes of the Jim Rose, ACSC DJ, the BBC meets on Tuesdays starting around 7:00 with dance lessons at 7:30. Line dancing is taught once a month. Socials and dance events are always happening geared to keep you dancing and happy! -- So, come out and join in and meet many of your friends! There are lots of high spirits and fun waiting for you! Come early and beat the traffic! We will be looking for you! ---For more information, please contact rocknwithruss@aol.com or Jim Rose at beachdj51@yahoo.com or go to www.battlefieldboogieclub.com*

ATTENTION FRIDAY NIGHT SHAGGERS---JOIN US AT: Sweethearts at the Greenbrier Shopping Center on Route 50 in Fairfax, VA about 2 miles west of Fair Oaks Mall. The fun starts at 6:00 and ends around 9 or 10 depending on when the band starts to play.

Sincere and Special Thank You's go to: Our President Janis Grimes, Joan McKinney  and Val Swiger for taking time out of their busy schedules to do a very, not so lovely, task which happened to be on a very HOT muggy day in July. Our decorations had been stored at the Springfield VFW and they had to be relocated, but there was not a planned place to put our decorations. The plan was to organize and/or get rid of excess— So, Janis, Joan and Val sorted through the club's bins of decorations that have been stored there through the years, and hauled the treasures away to be stored ... where?? in our cars?? Janis sent out an “SOS” and Cris Gaines volunteered to store them at her house. These are items that have been accumulated over the past 13 years. **THANK YOU CRIS, JANIS, JOAN, AND VALERIE!!!**

ATTENTION ALL READERS:

If you have information for the **Shag Rag**, please call Liz at 703-917-0720 or Gary at 703-425-2848 or e-mail Liz at sarejan5@yahoo.com Thank you for your support!

Changes in the NVSC Dance Instruction Program

Beginning on Wednesday, September 13th NVSC dance instructors will begin teaching dance lessons at Rene's using a revised dance instruction program. We will still be teaching many of the steps that we have taught for several years, but instead of teaching introductory, beginner and intermediate level lessons, the lessons have been rearranged into beginner, novice and intermediate level lessons. Each Wednesday night, there will be three lessons taught from 7:30 – 8:15 PM.

The beginner lesson series will be four weeks long and will include all the steps, which are currently being taught in our beginner series. These lessons will be free to anyone who wants to take them. Students are strongly encouraged to begin this series of lessons on the first week of the series, which begins for the first time on September 13th.

The new novice lesson series will be four weeks long and will include some of the easier dance steps, which used to be in taught in the intermediate level lessons. Students will need to master all of the steps taught in the beginner series before starting the novice lesson series. To take the novice lessons, students must be members of NVSC. The novice lessons were added to ensure that students have mastered more dance steps before they advance to the intermediate level lessons.

The intermediate lesson series will be eight weeks long and students must be NVSC members to take these lessons. Some of the most difficult steps formally taught in the intermediate lesson series have been deleted. Students will need to master all of the steps taught in the novice lessons series before starting the intermediate level lessons.

Some of the changes in the new dance instruction program taught by NVSC dance instructors beginning on September 13th are:

*** Instructors will begin the lessons by leading the students through a series of warm-up steps that were taught in earlier lessons. Instructors will not have time to teach those warm-up steps to students who have not mastered them. The new steps will be taught in the last 40 minutes of the lessons.**

*** After the dance lessons end at 8:15 PM, DJs will play two slow shag songs while instructors keep the students on the dance floor practicing the new steps they have just been taught. Instructors will ask the students to change partners between songs.**

*** DJs will invite non-students to come out on the dance floor and start dancing while the students are trying out the steps they learned that night.**

The third song DJs will play will be announced as a “Red Dot” dance Students from the intermediate and novice lessons and members who did not take the lessons will be asked to find a “Red Dot” new dancer and ask them to dance.

SOS – The First Time

By the Virgin Trippers

SOS was undoubtedly the biggest and best five-day party ever attended by the virgin trippers – Vesta Jones, Donna Liebowitz, Trelle Shaw, Linda Singleton (Trelle's NC friend) and Karen Wagley. We expected a good time, but our first SOS far exceeded our dreams. If you've never been to SOS you've got to begin making plans for your virgin trip NOW – we all agree that we'll be returning as experienced SOSers in September.

Trippin' -- In anticipation of all the fun, Trelle suggested renting a car with a huge trunk so we could party together all the way down to Myrtle Beach. It turned out that we had to pay extra for additional drivers, but Trelle knew that when her toes hit the sand she would not want to get back in the van until it was time to go home (she made no bones about it – when the sun was up she would be sleeping on the beach, and when the sun went down she would be shagging – she didn't even need to stop for meals – just a quick Duck's burger once a day), so Karen signed on as the additional driver so everyone else could shop. Well, if you want to get a van for the price of a car, take Karen along. Karen is an expert about renting cars. She noticed a sign that said if you bring a car back empty it would be filled up at a charge of 99 cents a gallon. Obviously much cheaper than the gas pumps around here. Not only that, she had the same birthday as the rental clerk so they gave us a van for the price of a car! The trip was a success before we even headed South, except for the fact that no one guessed that after the first night we would never see Karen again until it was time to go home (except over coffee in the morning when everyone woke up).

To take advantage of Karen's suggestion and calculate exactly where to fill the car up on the way home, Trelle suggested that they not fill the car up until it registered empty. Everyone agreed with the idea until it became apparent around Lumberton, NC, that Trelle's idea of empty was running out of gas on the highway and using Vesta's AAA plus card to have the van towed back to Alexandria. Trelle was overruled and the van ended up being turned in with 1/8th of a tank of gas.

Lessons Learned - A week before leaving for Myrtle Beach, experienced SOSer Val Swiger gave Vesta some advice to share with the group: "If a man has gray hair and is tapping his toes, ask him to dance – he's bound to be a good shagger." On the trip down, Trelle bragged, "I could never get worn out shaggin'. I can shag all night long. I hope there are plenty of gray-haired men tapping their toes." Trelle got her wish but ate her words before the place closed down on the second night. She was hobbling by midnight and had already iced her ankle and massaged her feet before everyone else returned.

We were fairly certain that we were well equipped with all our NVSC shag lessons and Val's expert advice, but Donna wondered if we would know all of the same mirror steps as the gray-haired toe-tappers. Of course with a group of women there is always an answer to everything. We all agreed when a man asked us if we knew a strange step we would say, "No, but do you know the Magnolia?" In case he was a wise man and asked us

to show the steps to him, we agreed that we would tell him, “It is very complicated and involves about eight six counts.” Donna was the only one with the guts and the memory to test the plan. While dancing with her seventeenth gray-haired toe-tapper she was finally asked if she knew the Dippety Roll. When she gave him the Magnolia response his eyes sure enough lit up and he said, “Show it to me.” Needless to say, Donna’s response left him gaping, but he didn’t ask her about any more mirror steps.

All the way to Myrtle Beach Vesta worried about getting there in time to buy dancing shoes so she would look like a shagger to go dancing Wednesday night (even brought her cell phone so she could call for directions to the Shoe Center from the car). When we reached Myrtle Beach, she called but was told the store closed in 10 minutes and we would not be able to buy shoes until Thursday morning. Turned out for the best, Trelle’s friend Linda is a real Southern shagger from Emerald Isle, NC. Linda explained to Vesta that it would take more than shoes to make her look like the real Southern shagger – it was gonna take GOLD – gold earrings, gold belt, gold visor and gold dancing shoes, a true GOLDEN GIRL – and sure enough Vesta shagged with many more than her share of shaggers (was it really the gold?).

After the first night, Donna was told so often that she talked funny, she requested Southern as a second language lessons from Linda. Just ask how she asks a guy to shag now – “Do y’all shayag?” She got so good at her Southern drawl, she surprised them when she admitted she was from Washington, D.C. She loved the reactions she got: “I didn’t know people know how to shag that far north”; “Say WHAT????”; “Oh Lawd, you’re really out of your element”; “You mean Washington, NC?”; “But where did you learn to shag?”; “Are you SERIOUS?”; “Do you work for the IRS?”; “You’re a Yankee????”

Top Ten Lessons Learned at SOS

- 10 When renting a car, get everyone licensed to drive (Karen wasn’t there)
- 9 Girls need to rent a van and party while they travel – it’s better than a year of therapy
- 8 Groups are great in the van – but not on the dance floor
- 7 Crowded SOS dance floors prove Rick Hendrix right – real shaggers take TINY steps
- 6 Two beach chairs and two beach towels will work for five girls – rotate every hour chair to towel (Karen wasn’t there)
- 5 Take at least one real Southerner along in your group to interpret
- 4 Even if you agree on a favorite beach tape, you don’t have to listen to it all the way home
- 3 A four-roll pack of toilet paper is not enough for five girls for five days (In spite of the fact that Karen didn’t use her share)
- 2 Men LOVE to dance with a single woman. (Definition of a single woman: a woman standing alone, ALL BY HERSELF, standing beside Karen (Karen wasn’t there))
- 1 **Not all gray-haired toe-tappers can shag**

A Challenge to All Shaggers

Anonymous, from the Beach Shaggers of Birmingham newsletter

Of this earth there are many dances; and the dancers of these dances revel in them, and take them into themselves. But those of us who are shaggers know there is only one dance that can have the whole of us, our being; that can soothe us with simplicity, yet fire our hearts with meaning. In the groove, we tread lightly; more softly than our hearts are beating – when we are really into it for a dance, or for only an instant when our partner is with us and we are floating together in the slot and in the same feeling. It is then that we are one with Shag till we are dreaming it, this healing dream; that we would sleep forever, and dream this dance, if we could.

The Shag was born of the sea; not of waves crashing on a shore, but of deep, smooth currents; and came ashore through crystal sands, was purified, anchored and settled in the sand – waiting. And then the music came; and young men, who wanted more, who needed more, were at the beach and heard the music and stomped in the sand where the dance was and stirred it; and the silicon in the sand eased their steps till they were sliding to the music and their movements became smooth, like the deep current; and watching eyes of young girls quickened; and they gave the young men their hands and followed them and The Shag became alive; and we all are in it now, as it is within us.

We know that The Shag is so much more than a dance. If you are true to it, and the way it makes you feel, then it must be a pathway of your life in the Family of Shaggers. For you will age, as I am aging; and you will disappear and become just a memory in some other shagger's mind. Yet your dance must survive you and live on for all generations. The future of Shag is up to you.

So cherish The Shag. Keep it pure. Resist the infiltration of other dances. Let other dances take from us; do not take from them. Always practice your craft. When you dance, let your countenance show your pleasure, your joy, for others are watching. Dance with them if they show interest. Take time to instruct. The smallest act on your part could plant a seed, to grow in them and blossom into a love for Shag. Do not be so absorbed with your own pleasure in The Dance that you forget, your higher cause should always be The Shag's survival – because there are just too few of us for it to have a long life without your most determined efforts. Take it with you when you travel – to the corners of the earth. Indoctrinate your children, your siblings, your friends. Speak of it to everyone you meet. Seek out converts. Praise; testify; cajole; beg, if you must.

All who inhabit this world are dancers through life, in a way. But the record playing for us is a 45, and it is damn short. Like our water and air, The Shag should be given a chance for pure survival. So do what you can. Just don't let the deejay pack up. Don't let the band stop playing. Just give us one more dance; one more Shag; one more SHAG, FOREVER.....

REMEMBER

Don't be irreplaceable. If you can't be replaced, you can't be promoted.

If you always tell the truth, you don't have to remember anything.

Duct tape is like "the Force." It has a light side and a dark side and it holds the universe together.

NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB*-- WEDNESDAYS

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

www.nvshag.org or www.renessupperclub.com

Shag Classes: 7:30 – 8:15 PM Dancing: 8:15 – 11:00 PM Buffet - \$5.00

NEW—Happy Hour Drink Prices 6:00 – 8:00 PM Cover Charge – **(new)** \$6.00

Juniors (under 21 yrs.) welcome – with Adult supervision!

(new) \$5.00 Dinner Buffet—watch “Hello Shagger” announcements for menus

Location: Near Fairfax Circle, across the street from Artie’s Restaurant.

Directions: Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald’s. McDonald’s is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene’s is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie’s Restaurant.

*Note: Please do not bring in food or drink, i.e. bottled water, etc. to RENE’S SUPPER CLUB –Thank you!

CHECK OUT THE FLYERS--& CHECK OUT NVSC’S SUGGESTION BOX! AT RENE’S ON WEDNESDAYS

BOARD MEMBERS, COMMITTEE CHAIRS AND CO-CHAIRS ENCOURAGE NEW (AND OLD) MEMBERS TO PARTICIPATE IN OUR CLUB. WE CAN USE YOUR TALENTS! PLEASE REVIEW THE LISTS OF COMMITTEES AND CONTACT A CHAIR PERSON OR BOARD MEMBER TO VOLUNTEER!!

See the flyer table for Committee chairs, or go to www.nvshag.org

Northern Virginia Shag Club

P O Box 5522

McLean, VA 22103



Your Officers and Directors of the NVSC Board for 2006

President	Janis Grimes	703-536-7362	janigrimes@cox.net
Vice President	Marcia Conway	703-361-8159	nclady11@comcast.net
Secretary	Charlotte Ashby	703-978-2022	Cashby0505@msn.com
Treasurer	Russ White	301-654-0548	Russwhite@starpower.net
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Board	Cris Gaines	703-591-4969	crismkcg@yahoo.com
Board	Debra Parrish	703-369-6688	debraparrish@comcast.net
Board	Terrie Patullo	703-392-6347	Tap5671@netscape.com

Please feel free to contact any of the Board members—they will be happy to answer your questions!