



# Shag Rag

March 2007 Vol. XIII, No 3

Dedicated to the Preservation of the Carolina Shag and Beach Music

## **PRESIDENT'S MESSAGE** *by David Rodgers*

On **March 17<sup>th</sup>** NVSC will hold it's NINTH Shag-A-Thon to raise money for Capital Hospice. This Shag-A-Thon will be at Springfield Mall near an entrance to Macy's. In 1998 NVSC members selected Hospice as the charity which NVSC would support. Over the last eight years NVSC has raised a total of over **\$135,000.00** for Hospice. This year we have set a goal of raising **\$20,000.00**. 100% of the donations raised by NVSC members will go to Capital Hospice. Marcia Conway and Nancy Roop are the co-chairs of this event. They are distributing information packets to all NVSC members who want to dance that day to raise money for Capital Hospice. If you are not going to dance at the Shag-A-Thon, please sign up to sponsor one or more of the NVSC members who will be dancing in the Shag-A-Thon. See the Shag-A-Thon flyer in this issue of the Shag Rag for more information.

Everyone who attended the February 17<sup>th</sup> workshops and dance with Charlie & Jackie had a great time while learning new dance steps and watching that fabulous exhibition dance they did that night. That was a wonderful way to celebrate the **10<sup>th</sup> year** Charlie & Jackie have joined NVSC members and our guests from other dance clubs. Thanks to all who attended these events and made them a big success. The members of the Dance Committee ran the workshops in the afternoon. Our Hospitality and Social Committee (Fran Mong, Nancy Cox, Kathy Miller, Donna & John Romito, Jessie March, Janet Egan, Donna Ryckert, Fran Pfeifle, Mac McIntyre, Jan Piotrowski, Barbara Hallead, Paul & Sue Young, Sandra Traylor, and Sam Wray) along with other NVSC members provided us with an outstanding buffet of delicious food and drinks. Thanks to all who helped in many different ways to make the workshops and dance a huge success. There were 122 people in attendance at the dance on Saturday night.

Every time NVSC meets at Rene's on Wednesday nights or holds other social events we have some new people come to find out what NVSC and Carolina Shag are all about. All of us "members" need to take the time to greet new-comers, let them know we are glad they came to join us, tell them about NVSC and let them know we want them to come back and become members of NVSC. Every NVSC member should become a member of the "**NVSC Welcoming Committee**". Let's make every new person feel like we want them to become a part of our group of friends.

We have nine NVSC Board members and a large number of committee members who are working hard to provide NVSC members with a variety of fun social and dance event all through 2007. We want to hear from you when you have suggestions or comments about things we can do to improve your experience as an NVSC member. Look for your Board members who wear the red nametags at Rene's on Wednesday nights – we're there to dance and have fun, but we are also there as your representatives to plan and direct the Club's activities.



Ninth Annual Northern Virginia Shag Club

# Shag-A-Thon!!

•With All Proceeds to Benefit Capital Hospice•Over \$135,000 Raised in the First Eight Years!

[www.nvshag.org](http://www.nvshag.org)

[www.capitalhospice.org](http://www.capitalhospice.org)

Volunteer  
For your  
Community!



## Keep on Shaggin'!

Saturday, March 17, 2007

Noon until 5:00 pm

### Springfield Mall

Macy's Court, Lower Level

Franconia Road Exit from I-95. Exit is less than one mile south of I-495 Beltway.

Springfield, Virginia 22150-1701

- Prizes •Special Shag Exhibitions
- Refreshments and snacks for participants
- Great music by NVSC DJ's!

*All proceeds from this event benefit the local area*



Participants are asked to raise money through *flat pledges* or *per dance pledges*.



To register and receive a pledge packet, see either Marcia Conway or Nancy Roop at Rene's Supper Club Wednesday nights between 8:30-10:00 p.m.

E-mail: [nclady11@comcast.net](mailto:nclady11@comcast.net) (Marcia) or [nsar33@comcast.net](mailto:nsar33@comcast.net) (Nancy)

## 2007 CAPITAL HOSPICE SHAG-A-THON!!

DJ's for March

<b>March 7</b>	<b>Jim Rose</b>
<b>March 14</b>	<b>Craig Jennings</b>
<b>March 21</b>	<b>Dennis &amp; Nancy Gehley</b>
<b>March 28</b>	<b>Eddie O'Reilly</b>

**BORROWING SHAG VIDEOS.....**

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is EASY at NVSC!!! Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips that you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.** See **"Jane James"** on Wednesday nights to borrow a video!!! A list of all available videos can be found on the "flyer" table Wednesday nights.

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## **Intermediate**

March 7            Belly Roll & Pivot into a Belly Roll  
March 14          Male Half Turn & Boogie Walk  
March 21          Joanie & Funky Apple Jack  
March 28          Side-to-side Basic & Handshake Wrap Pivot

## **Novice**

March 7            Behind Sailor Shuffle & Pivot  
March 14          Hesitation Basic, Pivot & Hug Pivot  
March 21          Tuck from Pivot & Tuck from a Half Turn  
\*March 28        Double Kick Basic & Applejack

## **Beginner**

March 7            Half Turn & Male Turn  
March 14          Kick Basic & Side Pass  
March 21          Crossover Basic & Triple Basic  
\*March 28        Basic, Start, and Female Turn

\* **Beginning of new cycle**

## **New Members in February 2007**

**Linda Beardsley, Joe Cook, Carol Gower, Terry Gower,  
Janet Richards, Tracy Shepherd, Michael Sulik**

**Keep your membership information current::**

**Email any changes to Hilda Clemman at [Hclemann5@msn.com](mailto:Hclemann5@msn.com)**

**NVSC information      [www.nvshag.org](http://www.nvshag.org)  
Shag Club Information [www.shagdance.com](http://www.shagdance.com)**

## How Much Does this Shag Rag Cost???

The printing and mailing of our monthly Shag Rag costs the club between \$200 and \$250 per month, depending on the number of pages and how many are mailed.

**What do you do with your Shag Rag when it comes in the mail?** Read it and save it. Read it and throw it away. Never read it- just trash it.

**Why do we ask these questions?** We want to spend the clubs money in the most advantageous way for our members. **How do you want it spent?** Do you want us to spend \$200 to \$250 on the printing and mailing of a newsletter or would you prefer to have the money spent on club events, such as workshops, dances, parties, picnics, ect.

This is your club, your money, you tell us. Just send me an email. **Send it to Valerie Swiger, Shag Rag Editor, valerievms@aol.com.** I will print copies of your emails and pass them on to the board.

Remember our printed Shag Rag, is only one or our many forms of communication. We have a website::: **nvshag.org** where you can find the newsletter, we send out weekly "Hello Shagger" emails, we have our telephone communication system, club's email **shag@nvshag.org**, and the flyer table at Rene's each Wednesday.

**So, what are your thoughts?**

### Why our 2006 Christmas Party ended Early by Tom Brett

The Christmas party on December 16th was terminated about 40 minutes early by Ft Myer civilian employees who **failed to read the contract** to learn our "end" time and discourteously broke up the party early. In the few minutes it took for NVSC board members to get to the office, cause the employees to find their contract copy showing the 12:30 AM "end" time and reach agreement, the fast-working NVSC people had ceiling lights on, tables and chairs being stacked, etc. The disruption had stopped the party early.

I met with Ft Myer officials to lodge a complaint about the behavior of their employees, to request an apology to NVSC and to request a partial refund.

They were quite fair and willing to compromise; the meeting results were that NVSC received:

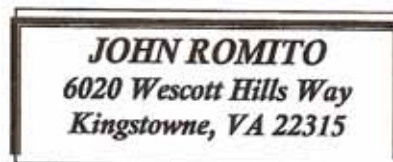
1. a formal written apology from Ft. Myer,
2. a refund of \$170 toward our 8 Dec. '07 Christmas party [which will cover our 2d, 3d & 4th hours and kitchen rental],
3. **or**, a cash refund of \$120, if no future events were to be held at Ft. Myer,
4. the two employees were disciplined.

## NVSC COMMITTEES/CHAIRS

*Audit 2006	Dennis Gehley
Birthday Cakes	Jerry Rodgers
Capital Shag Classic '07	Co-Chairs Linda Coffeen Larry Boyer Charlotte Ashby
*Charity/Fundraising	Marcia Conway
Communications	Larry Boyer
*Dance	Cathy Metcalf
Hello Shaggers	Valerie Swiger
Historian	Nancy Roop
Junior Committee	TBD
*Membership	Hilda Clemann
*Music	Pamela Alfano
Newsletter	Valerie Swiger/Nancy Roop
*Nominating & Elections	(appoint in late September 2006)
Photographers	Tom Brett
*Public Relations	Joan McKinney/Michael Browne
Shag-A-Thon 2007	Marcia Conway/Nancy Roop
*Social/Hospitality	Fran Mong
Web Site	David Rodgers

\* Denotes Standing Committees

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## Members' Corner

**H K Lee**— is still recuperating from his recent surgery. Cards can be sent to 8012 Craddock Road, Greenbelt, MD 20770.

**Nancy Gehley** has had her check up at NIH and the doctors feel that additional treatment can wait until March. This gives Nancy more time to enjoy friends and family.

**Linda Coffeen's** youngest son Jason and his family were in a serious car accident in December. Linda reports that Jason is now home, he undergoes rehab three times a week and his recovery is going well.

### Where to Shag on Tuesdays

**The Loft**, 1005 Princess Anne Street, in old town Fredricksburg, VA. Dance to the tunes of Jim Rose, lessons at 7:30. For information, please contact [rocknwithruss@aol.com](mailto:rocknwithruss@aol.com) or Jim Rose at [beachdj51@yahoo.com](mailto:beachdj51@yahoo.com) or go to [www.battlefieldboogieclub.com](http://www.battlefieldboogieclub.com). Everyone welcome.

### Where to Shag on Fridays

**Sweetheart's**, located in the **Greenbrier Shopping Center** on Route 50 in Fairfax, VA about 2 miles west of Fair Oaks Mall. The fun starts at 6:00 and ends around 9 or 10 depending on when the band starts to play. For information call **703-263-1380** or check out Sweethearts web site—[www.sweetheartsclub.biz](http://www.sweetheartsclub.biz)

*Janis Grimes*

*Carolina Shag*

*Private and Group Instruction*

*Home—703-536-7362*

*Work—202-208-3878*

*janigrimes@cox.net*

## HELLO SHAGGER EMAILS

You can't get them if we don't have your correct email.

**Send email corrections to Valerie Swiger at [valerievms@aol.com](mailto:valerievms@aol.com)**

## **NVSC LOGO ITEMS---Don't Party without out them**

**Have you noticed the NVSC logo items that club members are proudly displaying? These items are available to everyone. We have the following:**

<b>NVSC T-Shirts</b>	<b>\$18—\$30</b>
<b>CD Cases</b>	<b>\$15</b>
<b>Coffee Mugs</b>	<b>\$5</b>
<b>Baseball Caps</b>	<b>\$15</b>
<b>Shoe Bags</b>	<b>\$20</b>
<b>Shag Rags (towels)</b>	<b>\$10</b>
<b>Golf Towels</b>	<b>\$15</b>
<b>Shagging in the Carolinas (book)</b>	<b>\$20</b>

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact Marcia Conway. She is at Rene's on Wednesday nights, or you may call her at: **703-361-8159** or email her at **NCLady11comcast.net**.

### **Would you like to advertise in the Shag Rag?**

**It's easy and inexpensive and since our shag rag is on the web your ad will be too.**

Business size card	\$25 for 6 months, \$50 for a year
Quarter page ad	\$50 for 6 months, \$100 for a year
Half page ad is	\$100 for 6 months, \$200 for a full year
Full page ad is	\$200 for 6 months, \$400 for a year.

Just contact Valerie Swiger at **valerievms@aol.com** and email your ad.  
You don't have email, than mail your ad to:

**Northern Virginia Shag Club**  
**Attention: Valerie**  
**P O Box 5522**  
**McLean, VA 22103**

Make sure that you enclose your check referencing that the check is for an ad.

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, **one week in advance**, if you are interested in attending in case we need a larger facility. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the NVSC.org website.



## Rene's Supper Club

3251 Old Lee Highway  
Fairfax, VA 22030  
703-385-0077

### Wednesday night home of the Northern Virginia Shag Club

Cover charge \$6.00                      Buffet \$5.00  
Happy Hour drinks 6-8PM

Lessons at 7:30

General Dancing from 8:15 to 11

Juniors (under 21) Welcome with **Adult Supervision**

**Directions:** I-495 Beltway to Route 50 West, towards Fairfax, VA. Go approximately 3 miles to Fairfax Circle. At the Circle, look for McDonalds. McDonalds is on Old Lee Highway. Take Old Lee Highway **1/10** of a mile. Rene's is on the **ground floor** of an **office building** on your **LEFT** with a lighted blue sign and directly across from Artie's Restaurant.



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*The Song Plays On*  
SANDRA FERONY WITH TOM SAPUTO

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\_\_\_\_\_ Your Name  
\_\_\_\_\_ Your Email Address

Contact me at [sferony@cox.net](mailto:sferony@cox.net)

**NORTHERN VIRGINIA SHAG CLUB  
2007 BOARD**


President David Rodgers	703-239-8978	rodgersd3@cox.net
Vice-President Marcia Conway	703-361-8159	nclady11@comcast.net
Secretary Nancy Roop	703-753-0141	nsar33@comcast.net
Treasurer Russ White	301-654-0548	Russwhite@starpower.net
Director-at-large Pamela Alfano	703-379-7992	PAlfano@ReedSmith.com
Director-at-large Tom Brett	703-642-1595	tombrettphoto@cox.net
Director-at-large Hilda Clemann	703-631-1929	Hclemann5@msn.com
Director-at-large Linda Coffeen	703-877-1653	Coffeen@titleva.com
Director-at-large Fran Mong	703-368-2792	fmong@abhylaw.com

**Happy Birthday March Babies**

Jessie March	1
Rick Hendrix	3
Ron Purvis	11
Jan Piotrowski	13
William Meyer	14
Celina Tolentino	15
Suzi Grady	17
Thomas Woll	17
Lynda Dodd	18
Deborah Bowden	23
Dianna Perkins	25
Rodger Woodson	25
Bernard Herrity	27
Larry Black	28
Vance White	28
Linda Beardsley	29
Therese Maasch	30



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**Northern Virginia Shag Club's  
12<sup>th</sup> Annual  
Capital Shag Classic  
Dance Party and Roaring Twenties Celebration  
July 27 – 29, 2007**

**At A Fabulous New Location  
Dulles Hilton Hotel**

[www.washingtondulles.hilton.com](http://www.washingtondulles.hilton.com)

**RESERVATIONS: 703-478-2900**

*Mention Capital Shag Classic or NVS for special rate of \$89.00 per night, plus tax, through June 27, 2007. Parking included.*

**Nearby Historic Battlefields Sites,  
New Air & Space Museum and Washington, D.C.**

**FREE Workshops by  
By National Champions  
Sam and Lisa West!**

**Music Provided by  
"Right Reverend of Beach Music"**

**Kyle Beam**

**From Charlotte, NC**

*Along With Our Own Club DJs*

**TICKETS \$75 through July 1st, then \$85 and includes:**

**Delicious All-You-Can-Eat Menu  
(Two breakfasts and Saturday dinner buffet)  
Special Guest Entertainment!!**

**Two FREE pours, with BBQ, trimmings and snacks  
Large Dance Floor and Pool Party  
Free Parking at Hotel**

**"BEST PARTY EVER"**

*Smoke-Free Junior-Friendly Environment*

*This Capital Shag Classic XII will instill the spirit  
of the "Roaring 20s" with spirits gathered from Virginia  
stills by local Gangsters and Flappers*

**Northern Virginia Shag Club  
P.O. Box 5522, McLean, Virginia 22103**

**E-Mail [shag@nvshag.org](mailto:shag@nvshag.org)**

*Visit our Website for the latest information and  
other details as they develop.*

[www.nvshag.org](http://www.nvshag.org)

**CALENDAR OF NVSC EVENTS - 2007**

**SHAG-A-THON**

**MAR 17**

**NVSC PARTY AT SPRING SOS**

**APR 27**

**MARGARITA VILLE PARTY**

**To Be Decided**

**NVSC PICNIC**

**To Be Decided**

**CAPITAL SHAG CLASSIC**

**JUL 27-29**

**NVSC PARTY AT FALL SOS**

**SEP 18**

**SUNDAY SOCIAL**

**To Be Decided**

**NVSC HOLIDAY PARTY**

**DEC 8**

# SHAG-A-THON INFORMATION

Anyone who **has not** picked up their packet for the shag-a-thon on **Saturday, March 17** at Springfield Mall, please see us at Rene's on Wednesday nights. Give us a call if you need one mailed to you. Thanks to everyone who has already volunteered to help! We also need for everyone to bring snacks for the dancers. Water, cups, plates, napkins and utensils will be provided. Besides the dancing, we will have several dance exhibitions. Here is a list of shag members who are already collecting pledges and will be dancing for Capital Hospice.

David Rodgers	Jerry Rodgers	Jan Piotrowski	Charlotte Ashby
Mike Deese	Sharon Geyer	Ann West	Liz Kestler
Janet Egan	Phil Rapson	Dale Rinker	Kit Farwell
Janet Cave	Valerie Swiger	Sandy Farwell	John Seely
Brenda Bishop	Ron Bishop	Jean Teele	Dennis Gehley
Nancy Gehley	Bob Lutz	Barry Newman	Tom Brett
Gary Mann	Robin Mann	Kelly Mann	Jessie March
Chris Dodd	Joanne Helgemann	Sandra Feron	John Wood
Hilda Clemann	Victor Clemann	Don Borja	Vaughn Royal
Cathy Metcalf	Audrey Borja	Jane James	Andy Miller
Pamela Alfano	Heather Jennings	Craig Jennings	Denny Koski
Marcia Conway	Lorraine Rohlik	Russ White	Fran Mong
Larry Boyer	Sandra Traylor	Sam Wray	Jeff Kincheloe
Fran Pfeifle	Tom Romero	Linda Romero	Jim Raney
Frances Meckel			

**IF YOU HAVE A CORPORATE SPONSOR, PLEASE LET MARCIA KNOW BY THURSDAY, MARCH 15 SO THE SPONSOR'S NAME CAN BE ANNOUNCED AND ANY ADVERTISEMENTS DISPLAYED ON THE CORPORATE TABLE.**

**THANKS TO EVERYONE FOR YOUR EFFORT IN MAKING OUR ANNUAL SHAG-A-THON A SUCCESS.**

**VOLUNTEER TO WORK AT THE REGISTRATION TABLE OR THE INFORMATION TABLE.**  
**SEE NANCY ROOP TO SIGN UP FOR A TIME SLOT**

**SPECIAL PRIZES WILL BE GIVEN TO THE SHAGGERS WHO:**

- GET AT LEAST THREE CORPORATE SPONSORS
- COLLECT OVER \$200 IN PLEDGES
- OBTAIN CONTRIBUTIONS FROM MORE THAN 10 PEOPLE
- COLLECT THE MOST MONEY FOR CAPITAL HOSPICE
- CONTACT THE MOST PEOPLE

**GO NVSC SHAGGERS AND WE APPRECIATE YOUR EFFORT IN THIS WORTHWHILE CAUSE.....CAPITAL HOSPICE!!!!!!!!!!!!!!**

Marcia Conway, Chairman – 703-361-8159 – [nclady11@comcast.net](mailto:nclady11@comcast.net)

Nancy Roop, Co-chairman – 703-753-0141 – [nsar33@comcast.net](mailto:nsar33@comcast.net)

# SOS



**April 20-29, 2007**  
**September 14-23, 2007**

**SOS Spring Safari**  
**SOS Fall Migration**

Have you been to SOS?

If the answer is **NO**, you should give it a try.

Go to <http://shagdance.com> for all the details about this wonderful dance event, held in North Myrtle Beach, SC. As you can see from the dates above, the event is held twice each year. The simplest explanation of SOS, **BEACH WEEK FOR ADULTS**, with a lot of wonderful dancing thrown in.

## 2007 USA Grand Nationals

Memorial Weekend

Over \$40,000 in Cash & Prizes  
(A NASDE event)

May 24 – 28, 2007  
Atlanta, Georgia

Carolina Classic (Shag), Shag Masters,  
Jr. Shag, Jr. Swing, Classic (Swing), Showcase,  
Strictly Swing, Cabaret, and Team  
(These divisions require pre-registration)

Jack and Jill on Saturday – Sign up at event.



Charli Jubie  
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### Biggest Shag/Swing Party in the Country

Two Ballrooms – Two Giant Screen TV's  
Free Early Bird Party on Thursday Night  
Free Ice Cream Social on Saturday & Sunday  
Free Anget Water all Weekend  
"Favorite Entertainer" Award

### Shag and Swing Workshops by National Champions

Benji Schwimmer (Winner of "So You Think You Can Dance")  
Michael & LeAnn Norris, Ronnie DeBenedetta & Brandi Tobias,  
Jordan Frisbee & Tatiana Mollmann,  
Sam & Lisa West, Sylvia Sykes, Mary Ann Nunez,  
Parker Dearborn & Jessica Cox,  
Robert & Nicola Royston, Mario Robau, Wayne & Sharlot Bott,  
Basic Shag Workshop      Basic Swing Workshop

### Event Sponsors

Allegheny Products, Eddie and Kathryn Monsour, Bruce and Camille Morgan

#### Renaissance Waverly Hotel

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[www.usagrandnationals.com](http://www.usagrandnationals.com)

#### Tickets

Weekend Pass \$95.00

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or call (843) 249-1301

Online - [www.usagrandnationals.com](http://www.usagrandnationals.com)