

SHAG RAG

NORTHERN VIRGINIA SHAG CLUB

March 2006 Vol. XIII, Issue 3
Dedicated to the Preservation of
the Carolina Shag & Beach Music
Team Editors: Liz Kestler, Gary &
Sharon Salpini & Nancy Roop

Northern Virginia Shag Club's Newsletter—March 2006

President's Letter by Janis Grimes

Dear All,

Are we all having fun yet? You bet! How about those shag workshops and the wonderful dance last Saturday night at Fort Myer with Charlie & Jackie!!

We are very fortunate to be able to bring in the top dancers in the shag world to give lessons and dance with us.. and having deejay Norman Mills in from Hickory, NC, play for us was a special treat! Congratulations on a successful event are pouring in, and the latest count for the dance was 112 attendees. Many thanks as always, to David and Jerry Rodgers for all of their kind and generous hospitality in hosting Charlie and Jackie at their home for several days, feeding them, providing them with space to teach lessons, and attending to every detail concerning the workshops and dance. Special thanks too, to our Social Committee, Terrie Patullo, Linda Coffeen, Debra Parrish, Russ White, Charlotte Ashby, Darleen Small, and Gary Salpini, for making the magic happen in the kitchen... The food was delicious, plentiful and beautifully presented. We are grateful to all the members who pitched in to help set up those tables and chairs, and then tear it all down again. Teamwork can make miracles happen in a very short time!

Speaking of teamwork... are you getting ready for our Eighth Annual SHAG-A-THON, on March 18th at Springfield Mall?? We will dance all day from noon until 5 p.m., in front of Penney's at Springfield Mall, to raise money for Capital Hospice... over the past 7 years, through the efforts and generosity of our members, NVSC has raised \$119,000 (yes... 119 THOUSAND dollars!) for Capital Hospice. Pretty impressive, huh? Let's see if we can keep up with ourselves and donate enough to bring us to the next level of sponsorship. See Marcia Conway for details.

Did you know that the Shag-a-thon was the brainchild of former president Heather Jennings.. and Craig Jennings will be playing the music for us all day at the Shag-a-thon. Many thanks to both Craig and Heather for coming up with this idea, and for their continuing support of NVSC.

Dancing is joyful..... Share the joy!

BTW-Going to SOS? Here are some really great directions to North Myrtle Beach: Take 95 South to Lumberton, Exit 14. At exit 14 take Route 74 East/South to Route 410 South. Take Route 410 South to Route 701 South. From 701 take Route 9 East/South, which brings you to Route 17 at North Myrtle. [this is a loose translation of the original submission by Larry Jones] Be polite. Drive fast or move right. —submitted by Gary Salpini

REMEMBER—Join us for the SHAG-A-THON, Saturday, March 18, 2006 at Springfield Mall, at center court near JC Penney's---Donate your time, talents or money! Capital Hospice is our chosen charity—support it!!

Our Deepest Sympathies, Thoughts and Prayers

Go to Barry Newman whose Mother passed away very recently. She was under Hospice care. If you would like to send Barry a note or card, his address is 7809 Killebrew Drive, Annandale, VA 22003

SPECIAL GET WELL WISHES

From Nancy Gehley: "Many of you called or e-mailed to find out my biopsy results and I want to thank you for your interest and support. Unfortunately, despite my [calls] to the doctor's office, it looks like the results are still not back". Nancy had her 2nd operation and was waiting for the biopsy report (still waiting as of this printing of the news) in regard to her condition. Please continue to keep Nancy in your thoughts and prayers. She is very grateful for her friends' prayers and concerns. Drop her a card in the mail! 6901 Barnack Drive, Springfield, VA 22152

Continue to keep Craig (Hutch) Hutchinson in your thoughts and prayers. He is using walker, scooter and wheelchair to get around. He has turned over his PSDC duties over to others.

Cathy Metcalf's sister, Jeanne, in Charlotte, NC is battling respiratory, heart and health complications. Please turn your thoughts and prayers to Jeanne. Pray for her healing, recovery and for her well-being.

Liz Kestler's brother, Danny, had his second assessment from the Transplant team at Duke. His over all health has improved, although he still requires a new liver. Your thoughts and prayers are working and are appreciated! 2 additional months of testing and reporting per State Medicaid requirements will be met and he will return to Duke in April for final approval to get on the liver transplant list

Darleen Small's little grandson was recently hospitalized with pneumonia. He is now out of the hospital and being very spoiled by his grandma. Send your thoughts and prayers for the little one's complete recovery.

If you have information for the Shag Rag, please call Liz at 703-917-0720 or Gary at 703-425-2848 or e-mail Liz at sarejan5@yahoo.com Thank you for your support!

Notes of Interest (and fun facts) from some of our MEMBERS:

Retirement--A List of 10 Things... Submitted by Dennis Gehley

According to the calendar, it has been one month since I retired. I thought you might be interested in my list of 10 things I like best about my first month as a retiree.

10. No alarm o'clock any more means that I sleep until 10:00 AM, every day, 7 days a week.

9. Morning rush hour – what's that?

8. No more 8:00 AM meetings. Or 9:00 AM. Or 3:00 PM. No meetings, period.

7. I really like watching the Ellen Degeneres show from 11:00 AM until noon, which is when my day officially begins.

6. The first meal of the day is usually called lunch. Or sometimes "brunch."
5. The unofficial Retiree's Dress Code sometimes includes "Underwear Only Day." I don't leave the house and the car doesn't leave the driveway.
4. No boss, no deadlines, no pressure, no briefcase – no problem, mon.
3. When the weatherman predicts "Snow tomorrow", I pay no attention.
2. I can take a nap as many times during the day as I want.
1. So, it didn't get done today? Too bad! There's always tomorrow. Or the next day. Or the next. (See number 4 above.)

I now have an infinite amount of time to catch up on the pile of unread books in my den. I very much relate to the following quote from George Carlin's recent book, "When Will Jesus Bring the Pork Chops?": "Today's another day. Time to play."

Best wishes to all. I'll be in touch.

A joke submitted by Nancy Roop:

The Bathtub

During a visit to the mental asylum, a visitor asked the Director what the criterion was which defined whether or not a patient should be institutionalized.

"Well", said the Director, " we fill up a bathtub, then we offer a teaspoon, a teacup and a bucket to the patient and ask him or her to empty the bathtub."

"Oh, I understand," said the visitor. "A normal person would use the bucket because it's bigger than the spoon or the teacup."

" No," said the Director, "A normal person would pull the plug out. Do you want a room with or without a view?"

Dear NV Shag Club,

I would like to tell you how much I appreciate the gift of money* to help with shag expenses that you have given to Kari and me. Thank you so much for helping and supporting junior shaggers. I am so glad that I am a member of the Northern Virginia Shag Club! You are all so supportive and the best shag club that I know of. While dancing with Kari, I have learned many things and have become more acquainted with the "shag world." Most importantly I have found the hospitality of the NV Shag Club. You guys are sooooo awesome and I love and appreciate every one of you! Thank you so much.- See ya at the NSDC prelims. [and finals, we hope!-ed.] Thank You, John Tyson

[*Re: NVSC funds donated to the competing couple, Kari Jones and John Tyson were awarded \$100 each to go towards their expenses, such as entry fee, competition clothing and travel for the preliminaries of the 2006 National Shag Dance Championships in Myrtle Beach--ed]

A Note from Marcia Conway, co-chair for the 2006 NVSC Shag-a-thon:

HELLO SHAGGERS!!!!!!!!!!

It is time for our annual shag-a-thon. The event will be held on Saturday, March 18 at Springfield Mall from 12 noon to 5PM. We will be dancing at the JC Penney's Court, Lower Level. This will be our 8th shag-a-thon for Capital Hospice. We have raised over \$119,000 in the first seven years for Hospice and the goal is to reach \$150,000 for this worthy charity. I will be giving out the shag-a-thon packets at regular shag nights on Wednesday. This event is the club's main one for raising money for this worthy cause so all Northern Virginia shaggers, let's dance for CAPITAL HOSPICE. We are already considered a bronze sponsor for them so let's go for the gold!!!!!!!!!!

Thanks, Marcia Conway, Shag-a-thon Chairman 703-361-8159

Shaggin in Fredericksburg! Submitted by Audrey Borja

The *Carolina Shag* is contagious and to help satisfy the crave, come out and try the **Battlefield Boogie Club's (BBC) Tuesday night at The Loft**, 1005 Princess Anne Street, in old town Fredericksburg, Va. Dancing to the tunes of the Jim Rose, ACSC DJ, the BBC meets on Tuesdays starting around 7:00 with dance lessons at 7:30. Line dancing is taught once a month. Socials and dance events are always happening geared to keep you dancing and happy! -- So, come out and join in and meet many of your friends! There are lots of high spirits and fun waiting for you! Come early and beat the traffic! We will be looking for you! ---For more information, please contact rocknwithruss@aol.com.

CONGRATULATIONS TO NVSC MEMBERS who danced in the NATIONAL SHAG DANCE CHAMPIONSHIPS PRELIMS Jan. 27-28—Vaughn Royal and Cathy Metcalf; Joan McKinney and partner Tom Edwards; Kevin and Joan Byrnes; Joey and Bernie Fanini; Juniors Kari Jones and John Tyson! Cheers for the NORTHERN VIRGINIA SHAG DANCE TEAM for winning SECOND PLACE!!!! And, support and cheer for those who will go to the Finals!!

Put this on your calendar: March 9–11 – National Shag Dance Championships in Myrtle Beach

Announcements from Charlotte Ashby:

Bo Bryan's book, "Shag, the Dance Legend." will be available in the spring. It can be ordered online by going to "shagthebook.com." If ordered online it should be mailed in early March. It will also be available at Spring SOS.

Are you going to SOS? Would you like to participate with other Club members in the Parade to be held April 29th (Saturday)? NVSC dedicated members are working on a float with the theme of "The Graduate". Volunteers are needed as follows: Mrs. Robinson, played by Anne Bancroft in the movie; the young lover, Benjamin, played by Dustin Hoffman in the movie; Bicycle Riders (rent or bring your own bicycle). Sign up now with Charlotte Ashby 703-978-2022 or Linda Coffeen 703-877-1653

p.s. we may have filled the Mrs. Robinson role(s) Volunteer to participate in the Parade!! We Need You in order to be Successful—it sounds like we have a Winner!!

From Gary Mann—Robbi and I have a 2 bedroom/2 bath/Small kitchen/Dining-Living room with Sleeper Sofa condo at PepperTree by the Sea available for Spring SOS. Ocean Front Unit 106. \$750. for the week of 4/23-4/30. Call Gary at home 703-815-2332 or on his cell phone 703-568-2003.

A message from Larry Boyer, co-chair for the 2006 Capital Shag Classic: *Preparations for this years' Capital Classic XI are underway. The time and place are, like last year, the last weekend in July (28th-30th), and at the Alexandria Holiday Inn on First Street. Several other places were considered, but in the end, the Alexandria Holiday Inn was found to be best suited for our needs. Room prices will be \$99/night, parking included, which is the same as last year. The weekend events will follow the successful format of previous years. Plus, we hope to attract first-time beginner shaggers by a) providing a basic beginner workshop just before the Friday free-pour, and b) offering unlimited trips to a beginner-Shagger "clinic", consisting of a separate (small) room where our NVshag instructors can help them relearn and refine their new-found skills, as needed. Everyone can help make our eleventh Capital Shag Classic a success by passing out flyers, spreading the word to friends, neighbors, co-workers, etc. and encouraging first-time beginner shaggers to attend.*

See details of the Capital Shag Classic in the flier to be posted on the website very soon. www.nvshag.org

HOORAY!! The Super Bowl Party was a Success!! We especially thank Larry Boyer for being the Keeper of the Scoreboard – the results were 4 happy winners:

Howard Christie won \$100 at the end of the 1st Quarter when the score was 3-0 in favor of the Seahawks; Liz Kestler (that's me) won \$100 for the 2nd Quarter score of 7-3 in favor of the Steelers; Janet Cave won \$100 at the end of the 3rd Quarter when the score was 14-10 in favor of the Steelers; and, Eddie O'Reilly was winner of \$100 at the end of the game – 21-10 in favor of the Steelers!!

In addition to the 4 winners, the Club netted \$100, which I am sure the Board will decide what good deed it can do with this money.

Thank you again, Larry!!!!

Charlie Womble & Jackie McGee Instruction DVDs—submitted by David Rodgers

NVSC has purchased a complete set of the new Carolina Shag instruction DVDs that Charlie & Jackie were selling during the workshops on February 18th. Since most of our members are now interested in buying or checking out DVDs, this addition to our library should benefit all of our members who are interested in learning new dance steps which are not taught in our regular Wednesday night lessons. Look for Jane James on Wednesday nights at Rene's to get more information on these new DVDs.

North Myrtle Beach Reservations for SOS:

There are several helpful websites that will aid you in your search for a place to rent or lease, as well as phone numbers for some area Hotel, Motel and Condos, including some pet friendly places! Go to our website, www.nvshag.org click on the tab "SOS" and another click on "Where to Stay". You will find very handy list of contact information.

NVSC SUPPORTS CAPITAL HOSPICE

In 1997, Northern Virginia Shag Club adopted Hospice of Northern Virginia (now known as "Capital Hospice") as its official club charity. Capital Hospice provides expert care, comfort and support for individuals and families facing terminal illnesses. It is a charitable organization, which turns no one away for inability to pay for care. Hospice helps people with terminal illnesses to live out their lives as fully and comfortably as possible. The Hospice approach combines pain control, symptom management and emotional and spiritual support for patients, their families and loved ones. The programs of the Hospice organization have touched the lives of many NVSC members.

After more modest fundraising efforts during 1997 and 1998, NVSC (per brainstorm of Heather Jennings) hit upon the idea of holding one major annual fundraiser for Capital Hospice: the Shag-a-Thon! The idea of the Shag-a-Thon is that before the event NVSC members get pledges of money donations to Capital Hospice from friends, relatives and co-workers. Some pledges are of flat amounts and some are on a per dance basis. The Shag-a-Thon is held on a Saturday afternoon inside a local shopping mall. NVSC DJ's play beach and shag music, and members dance in a roped-off area. Hospice representatives are there to hand out literature to the public and to answer questions. The Shag-a-Thon also gives NVSC an opportunity to introduce the Club, the dance, and beach and shag music to the community.

NVSC is proud of the fact that between 1999 and 2005, the Shag-a-Thon raised over \$119,000 in contributions for Hospice, and much of that has come in donations of \$10 and \$20. 100% of all donated dollars are turned over to Capital Hospice. Let's make it \$150,000.00 this year!

THE BEST BLONDE JOKE OF THE YEAR - SO FAR--A man was in his front yard mowing grass when his attractive blond female neighbor came out of the house and went straight to the mailbox. She opened it then slammed it shut & stormed back into the house. A little later she came out of her house again went to the mail box and again, opened it, slammed it shut again. Angrily, back into the house she went. As the man was getting ready to edge the lawn, here she came again, marched to the mail box, opened it and then slammed it closed harder than ever. Puzzled by her actions the man asked her, "Is something wrong?" To which she replied, "There certainly is!" (are you ready? this is a beauty ..) My stupid computer keeps saying, "YOU'VE GOT MAIL."

Deejays and Dance Steps for MARCH 2006- Lessons Begin at 7:30 p.m.

Intermediate Level Shag Steps:

- March 1 Crossover Basic, Applejack, Male Half Turn
- March 8 Kick Basic, Half Turn, Belly Roll
- March 15 Pivot, Pivot and Pivot!
- March 22 Handshake Wrap Pivot, Pivot into the Belly Roll
- March 29 Side to Side Basic, Front Prep and Walk-Up

Beginner Level Shag Steps: March 1- Basic Step, Start & Female Turn; March 8-Basic Step & Male Turn; March 15-Review Basic Step, Half Turn & Side Pass; March 22-Review Basic Step & Triple Basic; March 29-Basic Step, Start and Female Turn

Introductory Level [Basic Step, Start, & Female Turn] shag steps: March 15 & 22

DJ'S FOR MARCH*: March 1— Dennis and Nancy Gehley; March 8—Craig Jennings; March 15—Jim Rose; March 22— Eddie O'Reilly; March 29—Guest Deejay

*DJ rotating schedule subject to change.

Happy Birthdays! To Our NVSC Members in MARCH!

Jessie March	3/1	Mike Mitchell	3/1
Rick Hendrix	3/3	Howard Christie	3/4
Lynn Littlefield	3/6	Lisa Silbaugh	3/10
Ron Purvis	3/11	Jan Piotrowski	3/13
Robin Kessler	3/14	William Meyer	3/14
Celina Tolentino	3/15	Thomas Woll	3/17
Ed Fei	3/25	Roger Woodson	3/25
Bernard Herrity	3/27	Larry Black	3/28
Vance White	3/28	Therese Maasch	3/30

If your birthday is incorrect or does not appear here, please contact Hilda Clemann, the membership chair, at helemann@msn.com to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes! Thank you Cris!

WELCOME NEW MEMBERS IN JANUARY—Kathie and Paul Conn; Jan Piotrowski; Barbara Sweet; Celina Tolentino

WELCOME NEW MEMBERS IN FEBRUARY—Barbara Fuller; Eric Fink; Wanda Halkett; Pam Lanouette; Melissa and Rondelle Lipps; Marjie Sadin; Wes and Shirley Kirchner; Walter White; Inga Willner; Elaine Tolk; Therese Maasch; Gaye Proctor; Elaine Tolk; Carl Silvertsen; Cathy Cox; Suzi and Dean Grady; and Mark Samblanet—Welcome! Welcome!

Introduce yourself and ask someone to DANCE!!!!



Eighth Annual Northern Virginia Shag Club

Shag-A-Thon!!

•With All Proceeds to Benefit Capital Hospice,•Over
\$119,000 Raised in the First Seven Years!

www.nvshag.org

www.capitalhospice.org

Volunteer
For your
Community!



Keep on Shaggin'!

Saturday, March 18, 2006

Noon until 5:00 pm

Springfield Mall

JC Penney's Court, Lower Level

Franconia Road Exit from I-95. Exit is less than one mile south of I-495 Beltway.

Springfield, Virginia 22150-1701

- **PRIZES • SPECIAL SHAG EXHIBITIONS**
- **REFRESHMENTS AND SNACKS FOR PARTICIPANTS**
- **GREAT MUSIC BY NVSC DJ'S! ALL PROCEEDS**
- **FROM THIS EVENT BENEFIT YOUR LOCAL AREA**



Participants are asked to raise money through flat pledges or per dance pledges.



To register and receive a pledge packet, see either Marcia Conway or Fran Mong at Rene's Supper Club

Wednesday nights between 8:30-10:00 p.m.

E-mail: nclady11@comcast.net
(Marcia) or franmong@aol.com (Fran)

2006 CAPITAL HOSPICE SHAG-A-THON!!

SHAG-A-THON INFORMATION—submitted by Marcia Conway

Anyone who has not picked up their packet for the shag-a-thon on Saturday, March 18 at Springfield Mall, please see us at Rene's on Wednesday nights. Give us a call if you need one mailed to you. Thanks to everyone who has already volunteered to help! We also need for everyone to bring snacks for the dancers. Water, cups, plates, napkins and utensils will be provided. Besides the dancing, we will have several dance exhibitions. Here is a list of shag members who are collecting pledges and dancing for Capital Hospice.

**David Rogers
Charlotte Ashby
Ann West
Terrie Patullo
Janet Cave
Fran Mong
Jean Teele
Bob Lutz
Gary Mann
Tim Farris
Sandra Feron
Hilda Clemann
Larry Boyer
Jane James
Heather Jennings
Denny Koski
Russ White
Sandra Taylor
Fran Pfeifle
Chris Gaines**

**Jerry Rodgers
Mike Deese
Liz Kestler
Dale Rinker
Valerie Swiger
Brenda Bishop
Dennis Gehley
Celina Tolentino
Robbi Mann
Beverly Larson-Farris
Janis Grimes
Victor Clemann
Cathy Metcalf
Andy Miller
Craig Jennings
Marcia Conway
Maryann Lesnick
Sam Wray
Tom Romano
Fran Mong**

**Lynn McAfee
Linda Coffeen
Janet Egan
Darleen Small
Sandy Farwell
Jan Piotrowski
Nancy Gehley
Barry Newman
Kelly Mann
Jessie March
Debra Parrish
Don Borja
Audrey Borja
Pamela Alfano
Vaughn Royal
Lisha Frail
Bruce Frail
Bill Blake
Linda Romano
Lori Hahn**

THANKS TO EVERYONE FOR YOUR EFFORT IN MAKING OUR ANNUAL SHAG-A-THON A SUCCESS.

VOLUNTEER TO WORK AT THE REGISTRATION TABLE OR THE INFORMATION TABLE. SEE BEVERLY LARSON-FARRIS TO SIGN UP FOR A TIME SLOT

A SPECIAL THANKS TO CRAIG JENNINGS WHO WILL DEEJAY AT THIS EVENT!!

Marcia Conway, Chairman – 703-361-8159

Fran Mong, Co-Chairman – 703- 368-2792

**P.S. It's not too late to VOLUNTEER! Sign up with Marcia or Fran NOW!! You'll be glad you did!
[Ed.]**

Spinnin' Round... News from the DJ Booth

VOL. 3, No. 3
March 2006

By Jim Rose

What is the difference between a shag song and a beach song?

ANSWER: It's all in the ear of the listener.

Which is it; a beach song or a shag song? Of course we all have our favorite style of music that we call beach or shag. And no matter what the genre, style, or beat, it's what you, the listener, perceive it to be.

Yes, you've probably heard them all; Bubble Gum Beach, Classic Beach, Motown, R&B, Doo Wop, Blues, Country, and so goes the list! And the folks that are staunch supporters of the "beach music by the beach bands" are just as right as the old R&B and Doo Wop lovers. Most of who are intolerable of anything else being played for shag music.

Could the answer be experience? The "Beach Music" for a teen growing up in the early 60's will be far different from what a teen listened to in the 70's or 80's. The Temptations, BB King, or maybe Drifters of the 60's as opposed to the Embers, Shakers, or Coastline of the 70's / 80's.

This experience also can equate to what your parents listened to; Nat King Cole, Clovers, 5 Royales, or maybe Clarence Carter, Willie Tee, or Embers. See what I mean?

So, where does all this lead us? It's really not an either or question. It's both. It's whether people are willing to embrace the entire beach / shag music history rather than just a small piece that was their individual personal experience.

Most of the DJ's that play Beach / Shag music play it for the sheer enjoyment of the sound, the feeling it gives us, the history, and the fulfillment that we play something that makes people get up and dance and have fun!

So, the next time or every time for that matter, you're at a dance venue, go up to the DJ booth and say,..."Thanks for the memories."

BEACH MUSIC'S TOP 10 SONGS FOR MARCH 2006

1. Born To Break My Heart – Roy Hemmings
2. Big Blue Cadillac – Kevin Mark
3. Ocean Drive Sunday – John Franklin
4. Hold On To The Blues – Lonnie Givens
5. Crazy For Your Love – John Williams
6. I Want A Love I Can See – Angel Rissoff
7. Open Arms – Sea Cruz
8. One Drop Of Love – Craig Woolard
9. Boat Dock – Dave Freeman
10. I've Got A Feeling – Craig Woolard

Until next time...dance like nobody's watchin'! But most of all have a good time!

See ya on the dance floor!



NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB--WEDNESDAYS

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

www.nvshag.org or www.renessupperclub.com

Shag Classes: 7:30 – 8:15 PM Dancing: 8:15 – 11:00 PM

Happy Hour Drink Prices 4:30 – 7:30 PM Cover Charge - \$5.00

Juniors (under 21 yrs.) welcome - with Adult supervision!

Location: Near Fairfax Circle, across the street from Artie's Restaurant.

Directions: Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.



CHECK OUT THE FLYERS--& CHECK OUT NVSC'S SUGGESTION BOX!

Located on or near the Flyer Table at Rene's--Make suggestions! Really! Please do! Answer some survey questions which are available on the flyer table and drop them in the box, it's easy, helpful and informative for those of us who plan NVSC Club events!!



Saturday Shag Dance Every Saturday at Rene's Supper Club!!*

Dance to Great Beach Music!!!

With Various NVSC and Guest Deejays

6:00 – 9:00 p.m.

\$5 Cover

Tell Your Friends!!!

Rene's Supper Club 3251 Old Lee Highway, Fairfax, Va. 22030. Phone: 703-385-0077

Visit them online at www.renessupperclub.com

ALL are WELCOME -- JUNIORS (under 21 yrs.) FREE of CHARGE, with Adult!!

*except when cancellations are announced.



Shag Club Treasurer's Report:

Submitted by Russ White, Treasurer

Regular Acct. \$6,896.27; Junior Acct. \$1,069.57; Special Events \$2,713.07; Charity Acct. \$216.24; Total \$10,895.15

Hi Virginia Shag Clubs,

April 8th, Shag N 4 U, Larry and Cindy Black are hosting a Virginia Shag Dance Day in Virginia Beach at Dancesport. We would like to recognize Shag Dancers from Virginia who have contributed in putting Virginia on the Shag Dance Map. Yes, people in Virginia Shag! We've got champions to prove it! Just to name a few National Shag Dance Champions in case you didn't know...Jac & Erin White - Non Pro; Grant Garmon - Junior 2 & Overall Juniors; Amanda Tedesco - Junior 1; Justin Poston & Tory Robinette (3 time winner)- Junior 1; Brennar Goree - Junior 1 & Overall Juniors

Plus I'm sure others before me - but let's find them, recognize and thank them for helping to make Virginia Shag what it is today! We are soliciting your help as presidents or past presidents of the Virginia Shag Clubs to compile a list of Virginia Shaggers who deserve to be recognized. No age restrictions or requirements. Qualifications - nominee needs to have made a contribution in putting Virginia on the Shag Dance Map while living in Virginia.

The day's activities will include workshops by some of the National Shag Dance Team members, dinner, and dancing and special exhibitions. Accommodations are close by, including a Marriott facility, Holiday Inn, Hampton Inn and more. Dancesport is located at the interchange of 64 & 264 on the border of Norfolk and VA Beach. Dancesport has 2 ballrooms with over 3000 square feet of dance floor and is smoke free. See the "Save the Date Flyer" in this newsletter.

We are looking forward to great day with some great people honoring some great Virginia Shaggers! Hope to hear from you soon. Thanks in advance for your cooperation. Cindy and Larry Black Shag N 4 U 757-478-1600

THE BOARD MEMBERS, COMMITTEE CHAIRS AND CO-CHAIRS ENCOURAGE NEW (AND OLD) MEMBERS TO PARTICIPATE IN OUR CLUB. WE CAN USE YOUR TALENTS! PLEASE REVIEW THE LISTS OF COMMITTEES AND CONTACT A CHAIR PERSON OR BOARD MEMBER TO VOLUNTEER!!

COMMITTEES:

Audit 2005	Cris Gaines
Birthday Cakes	Cris Gaines
Capital Shag Classic '06 Co-chairs	Linda Coffeen and Larry Boyer
Charity/Fundraising	Marcia Conway
Communications	Janis Grimes
Dance	David Rodgers
Historian	Charlotte Ashby
Junior Committee	Terrie Patullo
Membership	Hilda Clemann
Music	Linda Coffeen
Newsletter Co-chairs	Liz Kestler & Gary Salpini
Photographers	Charlotte Ashby, Sandra Ferony, H.K. Lee, Jessie March, Eddie O'Reilly, Tom Romero, Tom Brett & Dave Rapson
Public Relations	Michael Browne
Shag-a-thon 2006	Marcia Conway
Social/Hospitality	Cris Gaines, Linda Coffeen, Russ White, Terrie Patullo & Debra Parrish
Web Site	Janis Grimes

A Blonde Joke...

A blonde was given a bag of M&M's and was instructed to put them in alphabetical order. She came back hours later and reported that they were all W's.

CONWAY'S CORNER -- CHECK WITH MARCIA TO ORDER NEW SHIRTS

NVSC LOGO ITEMS: Have you noticed the NVSC log items that club members are proudly displaying? These items are available to every one. We have the following:



NVSC Shirts & T-Shirts	\$15 - \$35
Shoe Bags	\$20
CD Cases [Reduced from \$10]	\$5
Large Coffee Mugs	\$8
Shag Rags (towels) \$10	Golf Towels \$13

The CD Cases, Shoe Bags and Coffee Mugs are in stock, however the shirts are by special order. If you are interested in purchasing any of the above items, please contact **Marcia Conway**. She is at Rene's on Wednesday nights, or you may call her at 703/361-8159. Her e-mail is NCLady11@comcast.net

THE AFTER LIFE –submitted by Ann R.

A couple made a deal that whoever died first would come back and inform the other of the after life. Their biggest fear was that there was no afterlife. After a long life, the husband was the first to go, and true to his word, he made contact:

"Ruthie..Ruthie...!"

"Is that you Carl?"

"Yes I've come back like we agreed."

"What's it like?"

Well, I get up in the morning, I have sex. I have breakfast, off to the golf course, I have sex. I bathe in the sun, then I have sex twice. I have lunch, another romp around the golf course, then pretty much sex all afternoon. After supper, golf course again."

"Oh Carl! You surely must be in heaven."

"Not exactly, I'm a rabbit on a golf course in Arizona."

DATES For Your Calendar:

- **March 9–11 – National Shag Dance Championships in Myrtle Beach**
- **March 18 - Shag-a-thon at Springfield Mall**
- **April 8—Virginia Shag Dancers Day in Virginia Beach**
- **April 21-30 - SOS Spring Safari, NMB; free pour for NVSC members 4-6 Friday April 28th at Fat Harold's**
- **May 14 – Easterns Dance Competition Event in Northern Virginia**
- **May 18-22 - VA Beach Music Festival Weekend**
- **May 25-29 – USA Grand Nationals in Atlanta, GA**
- **June?? – or another date for NVSC's Annual Picnic—host and details later**
- **July 7-9 - ACSC/SOS Summer Workshop**
- **July 14-16 - Junior SOS in North Myrtle Beach**
- **July 28-30 – Capital Shag Classic at Holiday Inn, First St., Alexandria with Ellen Taylor, music by Butch Metcalf !!**
- **September 15-24 - SOS Fall Migration, NMB**

FRIDAY NIGHT BEACH PARTY— Meet your friends at The Coast Guard

Dancing Friday Nights at the Coast Guard Station on Telegraph Road in Alexandria. The event is held at the ANCHORAGE CLUB on base from about 6:30 until 10 or later. No cover charge. Music is provided by club members. This is a military club, not a restaurant. It has a full bar with cheap prices, but no food and no wait staff, SO eat before ya get there or bring some munchies!!

The Coast Guard Station is located at 7323 Telegraph Road in Alexandria (about 4 or 5 miles south of the beltway), which is between Lee District Park and Hayfield High School. Telegraph Road is Exit 2 off of the Beltway. Try Map Quest for specific directions from your location. Entrance to the Station is not restricted during normal security situations. However, you must have a valid photo ID to enter. Remember this is a military base; you and your car may be subject to search. The base will likely be off limits if the security level goes to Code Red. Once on the base, proceed straight for about ¼ mile and you will see a one story building on the left with a brick front and white siding. That'll be it. REMEMBER – THEY ENFORCE THE SPEED LIMITS ON THE BASE!!—Contact Gary Salpini before you go! 703-425-2848

NEW!!! 7:00 PM TUESDAY NIGHTS...The Loft... Fredericksburg!
1005 Princess Anne Street, for more info, OR directions: contact DJ, Jim Rose at beachdj51@yahoo.co or, check out Battlefield Boogie Club's new web site: www.battlefieldboogieclub.com

For some smooth dancing news, check out www.smoothnez.com events

☺ **FOR SHAG EVENTS, GO TO www.nvshag.org or www.shagdance.com**

Dates for Out of Town Events—Get these and MORE at www.shagdance.com :

March 2-4: DJ Throwdown

March 4: First Coast Shag Club's 13th Anniversary Party in Jacksonville, FL



March 4: Shaggin' in the Sandhills XVII in Sanford, NC

March 4: Monthly Party in Lake Wylie, SC

March 4: "Mardi Gras" Party in Chester, SC

March 11: St. Patrick's Day Party in Gastonia, NC

March 23-26: Boogie in the Burgh in Pittsburgh/Coraopolis Penn

March 25: St. Patrick's Day Dance in Lancaster, SC

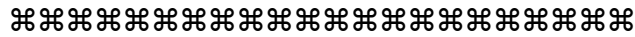
April 1: Annual I.R.S. Dance in Danville, VA

April 1: Shaggin' at the Drive-In - Beaufort, SC



President	Janis Grimes	703-536-7362	Janis Grimes
Vice President	Marcia Conway	703-361-8159	Marcia Conway
Secretary	Charlotte Ashby	703-978-2022	Charlotte Ashby
Treasurer	Russ White	301-654-0548	Russ White
Board	Hilda Clemann	703-631-1929	Hilda Clemann
Board	Linda Coffeen	703-794-9276	twb@titleva.com
Board	Cris Gaines	703-591-4969	Cris Gaines
Board	Debra Parrish	703-369-6688	Debra Parrish
Board	Terrie Patullo	703-392-6347	Terrie Patullo

Your officers and directors of the NVSC Board for 2006



SOS – Here is Craig Jennings’ deejay schedule at NMB—Listen to great music and meet your NVSC friends – Be at Ducks and Ducks Too at these dates and times:

Saturday April 22nd 1-5pm Ducks Too

Sunday April 23rd 12-5pm Ducks

Tuesday April 25th 5-10pm Ducks Too

Wednesday April 26th 12-5pm Ducks

Saturday April 29th 12-5pm Ducks

*Northern Virginia Shag Club
P O Box 5522
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