



Shag Rag

January 2007 Vol. XIII, No1

Dedicated to the Preservation of the Carolina Shag and Beach Music

PRESIDENT'S MESSAGE *by David Rodgers*

Happy New Year! I hope this next year will be a safe and healthy one for all of our members and their families.

We had a wonderful Holiday Party at the Fort Myer community center on Dec. 16th. Thanks to all who helped plan and organize this party. We had a large turn-out of members and guests who kept the dance floor filled for hours while dancing to the great shagging music played by Eddie O'Reilly. It was nice to see so many new faces and welcome back some members we don't see very often.

Thanks to all the members of the NVSC 2006 Board of Directors. We appreciate all the hard work you did to provide NVSC members with a year filled with fun events and opportunities to dance and socialize with others who love to dance the Carolina Shag as much as we do.

Your new Board of Directors for 2007 is looking forward to working with all of the members of NVSC to make 2007 an outstanding year for our Club. We are your representatives elected to lead our social and dance organization. We need your ideas and suggestions throughout the year. Look for us on Wednesday nights at Rene's. Attend the quarterly general membership meetings. Our monthly NVSC Board meetings will be open to any members who have a subject they want to present to the Board or just want to attend as observers. Since we will be meeting in the homes of Board members, we ask that you notify us in advance so we can arrange for enough space for others besides the Board members.

Mark your calendars now for two NVSC sponsored events in early 2007. We will have a Super Bowl Party at Rene's on Sunday, Feb. 4th and two weeks later NVSC will celebrate our "10th Anniversary Workshops and Dance with Charlie Womble and Jackie McGee" at the Fort Myer community center on Saturday, Feb. 17th. Charlie & Jackie will teach private lessons, group lessons, and do exhibition dances while they are visiting with NVSC from Feb. 15th-18th. Flyers for both of these events are included in this issue of the Shag Rag. Plan now to attend.

NVSC is a volunteer organization. Most of our committees need volunteers who are willing to give their time, talent, and energy to support our Club's charity work and all its dance/social events. We will be asking for volunteers to help with the Club's activities throughout the year. Join in and experience the fun of working together to make all of our NVSC activities a success.

Let's all work together to welcome newcomers to our Club, introduce them to other people, help them to learn to dance the Carolina Shag, **dance with them**, encourage them to become NVSC members, and make them feel that they are included in our circle of friendship. Do you remember the first time you walked into the place where NVSC was dancing and didn't know anyone there? I do. I don't remember all the names and faces, but lots of NVSC members made me feel welcome that night and that's the way every newcomer should feel after visiting with us.

General Membership Meeting January 17, 2007 at Rene's

The meeting will be after the lessons and before general dancing

NVSC LOGO ITEMS---Don't Party without out them

Have you noticed the NVSC logo items that club members are proudly displaying? These items are available to everyone. We have the following:

NVSC T-Shirts	\$15—\$35
CD Cases	\$15
Coffee Mugs	\$8
Baseball Caps	\$15
Shoe Bags	\$20
Shag Rags (towels)	\$10
Golf Towels	\$15
Shagging in the Carolinas (book)	\$20

Many shirts are by special order. If you are interested in purchasing any of the above items, please contact Marcia Conway. She is at Rene's on Wednesday nights, or you may call her at: **703-361-8159** or email her at **NCLady11comcast.net**.

Would you like to advertise in the Shag Rag?

It's easy and inexpensive and since our shag rag is on the web your ad will be to

Business size card	\$25 for 6 months, \$50 for a year
Quarter page ad	\$50 for 6 months, \$100 for a year
Half page ad is	\$100 for 6 months, \$200 for a full year
Full page ad is	\$200 for 6 months, \$400 for a year.

Just contact Valerie Swiger at **valerievms@aol.com** and email your ad.

You don't have email, than mail your ad too:

Northern Virginia Shag Club

Attention: Valerie

P O Box 5522

McLean, VA 22103

Make sure that you enclose your check referencing that the check is for an ad.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, **one week in advance**, if you are interested in attending in case we need a larger facility. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the NVSC.org website.

CHARLIE AND JACKIE ARE COMING!!!!!!

Ten Years!! It is hard to believe that this wonderfully talented couple have been coming to our club for ten years. If you have not experienced one of their classes you have missed something very special in the Shag world. They teach with a style that is fun and educational. They explain our dance in ways that everyone can understand and they make us laugh while we are falling over our own feet.

They will be here February 17th .

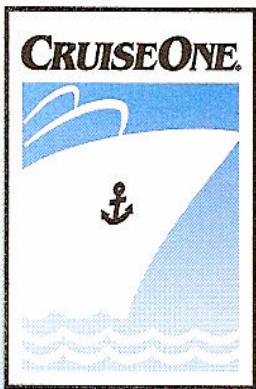
Don't miss their workshops or the dance the same night.

Flyers are on the flyer table, on the our website NVSHAG.ORG and in this Shag Rag.

★ **BORROWING SHAG VIDEOS.....** ★

★ ----- ★

★ is EASY at NVSC!!! Whether you have taken all of the shag classes offered at ★
 ★ NVSC or are just looking for new steps or tips on technique... our club has a con- ★
 ★ stantly growing library of shag instructional videos. These videos contain more steps ★
 ★ and tips that you can shake a stick at and they're **FREE to club members!** All you ★
 ★ have to do is put down a **FULLY refundable \$25 deposit.** See “Jane James” on ★
 ★ Wednesday nights to borrow a video!!! A list of all available videos can be found on ★
 ★ the “flyer” table Wednesday nights. ★



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February Feb 2-4: Foothills Winter Boogie XX in Hickory NC. Hosted by Lake Hickory Shag Club. Location: Holiday Inn Select in Hickory, NC. Cost:\$40 before Dec. 31, 2006 \$45 after that. Contact: Ann Signom 828-324-6122 or email amsigmon@charter.net.

Feb 9-10: CASC Winter Shag Blast in Wrightsville Beach, NC.. Hosted by Capital Area Shag Club. Location: Blockade Runner, Wrightsville Beach, NC. Cost: \$45. Visit our website at www.capitalareashagclub.com for a flyer. Hotel: Blockade Runner Resort 1-800-541-1161. Contact: Deborah Gibson 919-872-5335 or email cascsocial@hotmail.com.

Feb 15-17: 19th Annual Chicken Pickin' by the Sea in North Myrtle Beach, SC. Hosted by Lake Norman Shag Club. Location: OD Arcade and Lounge. Cost: \$35. Foundation. Hotel: Ocean Drive Beach and Golf Resort, Rates \$69-\$85, Mention LNSC for Special Rates. 1-800-438-9590. Avista Resorts \$55-\$125, Mention Lake Norman Shag Club or Group # 958472 for special rates. 1-800-968-8986. Contact: Brenda Kisner 704-438-1119 email: Kisners2@aol.com, or Pam Bundy 704-822-6861 email: bundyj@bellsouth.net.

Feb 23-24: 2007 ACSC Winter Workshop - Doin' the Charleston in Mt. Pleasant, SC. Hosted by Islander Shag Club

The Islanders Shag club is proud to host the 2007 Winter Workshop February 23-24 2007 in Charleston SC. There will be an early bird party Feb 22 at J B Pivots.

Tickets are 50.00 per person until Dec 31 2006. After this date they are 60.00 per person.

One day tickets are 30.00.

Ellen Taylor will be doing our workshop on Saturday. Our hotels are Quality Inn 843-856-8817, Sleep Inn 843-856-5000 and the Holiday Inn 843-884-6000. Please log on to islandersshagclub.com if any questions or call Nancy Strother 843-762-0850 or email her at nancystrother@aol.com.

COMPLETE INFORMATION ON THESE EVENTS AND MANY MORE CAN BE FOUND ST SHAGDANCE.COM

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Intermediate Level Shag Steps:

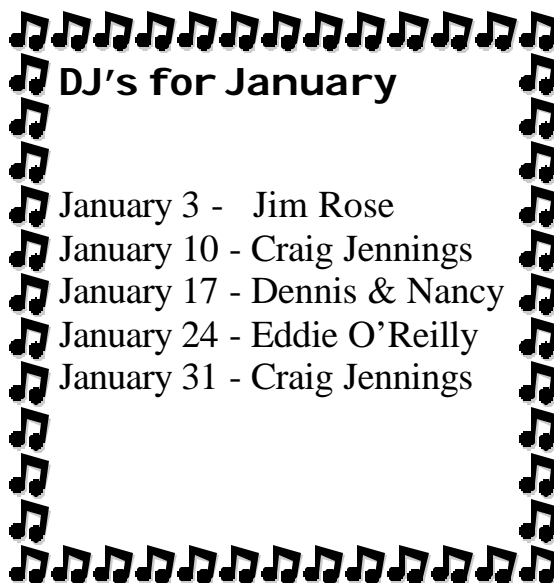
- Jan 3 Sugarfoot; Back Prep; & Front Prep
- Jan 10 Belly Roll; & Pivot into a Belly Roll
- Jan 17 Male Half Turn; & Boogie Walk
- Jan 24 Joanie; & Funky Applejack
- Jan 31 Side-to-Side Basic; & Handshake Wrap Pivot

Novice Level Shag Steps :

- Jan 3 Double Kick Basic; & Applejack
- Jan 10 Behind Sailor Shuffle; & Pivot
- Jan 17 Hesitation Basic; Pivot; & Hug Pivot
- Jan 24 Tuck from a Pivot; & Tuck from Half Turn
- Jan 31 Double Kick Basic; & Applejack

Beginner Level Shag Steps:

- Jan 3 Basic Step; Start; & Female Turn
- Jan 10 Half Turn; & Male Turn
- Jan 17 Kick Basic; & Side Pass
- Jan 24 Crossover Basic; & Triple Basic



**PRIVATE LESSONS
WITH**

CHARLIE WOMBLE & JACKIE McGEE

Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private lessons on Feb. 16 and 18, 2007 at David & Jerry Rodgers' house in Fairfax Station.

SIGN UP NOW for private lessons with Charlie & Jackie by e-mail at rogersd3@cox.net or call David at (703) 239-8978 to put your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00/hour lesson with Charlie **and** Jackie, and \$60.00/ hour lesson with Charlie **or** Jackie.

Rene's Supper Club

3251 Old Lee Highway
Fairfax, VA 22030
703-385-0077

Wednesday night home of the Northern Virginia Shag Club


Cover charge \$6.00 Buffet \$5.00
Happy Hour drinks 6-8PM

Lessons at 7:30

General Dancing from 8:15 to 11

Juniors (under 21) Welcome with Adult Supervision

Directions: I-495 Beltway to Route 50 West, towards Fairfax, VA. Go approximately 3 miles to Fairfax Circle. At the Circle, look for McDonalds. McDonalds is on Old Lee Highway. Take Old Lee Highway **1/10** of a mile. Rene's is on the **ground floor** of an **office building** on your **LEFT** with a lighted blue sign and directly across from Artie's Restaurant.



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_____ Your Name
_____ Your Email Address

Contact me at sferony@cox.net

“LADIES ONLY” FOOTWORK LESSONS WITH JACKIE MCGEE

Jackie McGee has agreed to teach two **SMALL GROUP** lessons for women only on footwork for ladies when she and Charlie are visiting with NVSC in February 2007 **IF ENOUGH LADIES SIGN UP FOR THE LESSONS**. These lessons will be taught at David & Jerry Rodgers' home in Fairfax Station, VA from 12:30-1:30 PM on Sunday 2/18/07 and from 3:00-4:00 PM on Sunday, 2/18/07 .The first ladies only lesson will be taught for beginner/early intermediate level dancers and the second ladies only lesson will be taught for mid-to-upper intermediate/advanced level dancers. Due to the size of the dance floor available for these lessons, only a limited number (7) will be allowed to attend each ladies only lesson. Sign-up will be taken on a “first come, first served” basis. Cost of these “Ladies Only” lessons will be \$15.00/person. Contact David Rodgers by e-mail at rodgersd3@cox.net or call David Rodgers at (703) 239-8978 to put your name on the list.

Members' Corner

Please continue to keep the following members in your thoughts and prayers.

H K Lee— is still recuperating from his recent surgery. Cards can be sent to 8012 Craddock Road, Greenbelt, MD 20770.

Nancy Gehley will be returning to NIH in January for additional treatment. She loves those cards and emails.

Lou Toler is recovering from a serious motorcycle accident, cards can be sent to 3009 Rubino Circle, San Jose, CA 95125.

Linda Coffeen's oldest son Jason and his family were in a serious car accident in December, we wish them a speedy recovery.

Larry Boyer's mother passed away Christmas Eve. Cards can be sent to 501 Slater Lane #1104, Alexandria, VA 22314.

New Member in December——Jerry Scott

NVSC COMMITTEES/CHAIRS


*Audit 2006	Dennis Gehley
Birthday Cakes	TBD
Capital Shag Classic '07	Co-Chairs Linda Coffeen/ Larry Boyer/ Charlotte Ashby
*Charity/Fundraising	Marcia Conway
Communications	Larry Boyer
*Dance	Cathy Metcalf
Hello Shaggers	Valerie Swiger
Historian	Nancy Roop
Junior Committee	TBD
*Membership	Hilda Clemann
*Music	Pamela Alfano
Newsletter	Valerie Swiger/Nancy Roop
*Nominating & Elections	(appoint in late September 2006)
Photographers	Tom Brett
*Public Relations	Joan McKinney/Michael Browne
Shag-A-Thon 2007	Marcia Conway/Nancy Roop
*Social/Hospitality	Fran Mong
Web Site	David Rodgers

* Denotes Standing Committees


NVSC information www.nvshag.org
Shag Club Information www.shagdance.com

Keep your membership information current:::~::~:

**Email any changes to Hilda Clemman at
Hclemann5@msn.com**



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joanMck3@aol.com

Spinnin' Round. . . News from the DJ Booth

Vol. 4, No 1
January 2007

By Jim Rose
beachdj51@yahoo.com

BEACH MUSIC'S TOP 10 SONGS FOR DECEMBER 2006

1. My Big Sister's Radio – Mike Schermer Band
2. Crazy – Gnarl's Bartley
3. What's Going On – Sammy O'Bannion
4. So Hung Up On You – Gary Brown
5. Crawl Before You Walk - Chairmen
6. It's Alright – Aaron Neville
7. Alive & Kickin' – Fats Domino
8. I've Got A Feeling - CWB
9. Es Amor – Jaqi Valasquez
0. This Old Man - Fuzzy

Thought for the new year...Expand your musical enjoyment. Don't be satisfied with the same old songs you request and/or listen to every week. Look beyond what you're used to hearing, even though someone may be unconsciously steering you towards the same old songs.

There's a multitude of great and shaggable music out there. Don't be afraid to ask a DJ for some different music to listen or dance to.

For me & music, I'll end the year with a few lines from an old Bob Hope song called "The Curtain Falls." "They say I was made for this; there's nothing I would trade for this; And to think I get paid for this." And so the curtain falls on another year. See you in 2007.

Where to Shag on Tuesdays

The Loft, 1005 Princess Anne Street, in old town Fredricksburg, VA. Dance to the tunes of Jim Rose, lessons at 7:30. For information, please contact rocknwithruss@aol.com or Jim Rose at beachdj51@yahoo.com or go to www.battlefieldboogieclub.com. Everyone welcome.

Where to Shag on Fridays

Sweetheart's, located in the **Greenbrier Shopping Center** on Route 50 in Fairfax, VA about 2 miles west of Fair Oaks. Mall. The fun starts at 6:00 and ends around 9 or 10 depending on when the band starts to play. For information call **703-263-1380** or check out Sweethearts web site—www.sweetheartsclub.biz

NORTHERN VIRGINIA SHAG CLUB 2007 BOARD

President David Rodgers	703-239-8978	rodgersd3@cox.net
Vice-President Marcia Conway	703-361-8159	nclady11@comcast.net
Secretary Nancy Roop	703-753-0141	nsar33@comcast.net
Treasurer Russ White	301-654-0548	Russwhite@starpower.net
Director-at-Large Pamela Alfano	703-379-7992	Palfano@ReedSmith.com
Director-at-Large Tom Brett	703-642-1595	tombrettphoto@cox.net
Director-at-Large Hilda Clemann	703-631-1929	Hclemann5@msn.com
Director-at-Large Linda Coffeen	703-877-1653	Coffeen@titleva.com
Director-at-Large Fran Mong	703-368-2792	fmong@abhylaw.com

Happy Birthday January Babies

Sam Lewis	2	Buzz Payne	17
Matt Perticone	4	Hattie Thurman	20
Cathie Gibson	6	Thomas Horrigan	21
Stephen Colevas	6	Liz Kestler	21
Norma Wark	6	Cris Gaines	25
Suzanne Blais	7	Susan Donahue	28
Phyllis Schulte	7	Elaine Tolk	28
Janis Grimes	9	Ivy Scott	29
Craig Jennings	9	Jim Rose	30
Andrea Crews	13	Kari Jones	31
Ruth Browne	14		
Brenda Franklin	14		
Nancy Roop	15		
Barbara Fuller	16		
Maryann Lesnick	16		
Ann West	16		



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SHAG – A Thing of Beauty and a Joy Forever

By John Harper, The Beach Shaggers of Birmingham

In all my dancing days I have never seen anything like this dance. It gave me goose bumps the first time I saw it, and it still does today.

It is so smooth, so seductive, and so sexy that it is no small wonder it hooks so many people instantly. If there is a more captivating, more beautiful sight in all the world than a man and woman shuffling up and back on the hardwood to the hypnotic beat of rhythm and blues; spinning like a top in slow motion in the pivot; or touching head to toe in a sultry, twisting bellyroll, I do not know what that sight is. Surely shag is the queen of dances.

The beauty of this magical dance spans a broad spectrum of styles. That beauty is as splendid on one end of the spectrum as it is on the other. On one end we have the Hall of Fame'ers and Living Legends, to whom those who love shag owe so much. The grace and style of these dancers is sometimes not to be believed, but always to be imitated as best one can. On the other end we have the beginners where beauty lies in their sudden addiction and seemingly insatiable desire to learn it all – at once!

We have the competition Shaggers whose talents are so awe inspiring and who do so much to publicize the dance. The complexity of their steps is often mind-boggling; their shagging, nothing short of a rhythm and blues ballet.

Somewhere in the midst of all these Shaggers are my favorites – the multitude of no-names, veterans of the dance from the burghs and hamlets of the Carolinas that most of us never heard of. These are the foot soldiers of shag, who use only a few mirrors or fancy leads, but whose styles can be so unique and intriguing. A pause here, a shift there, a soft touch, and a certain look all make their shagging eternally interesting to the old-timers and instantly captivating to the newcomers. Comfortable in their own abilities, these no-names already know what takes us new Shaggers years to learn; the basic beauty of this dance is not so much in fancy, complex steps and turns, but in smoothness and style, the ability to lead and follow well, and using the right move at the right time in the right music.

Reduced to its very essence, the real fun in all this is in the beauty of the people who do it. Shagging would have sufficient rewards all by itself. However, there is so much more to shag than just dancing. Shagging is a fellowship – a fellowship of the best friends one could ever have. I know of no other endeavor where so many people can come together and simply enjoy to their heart's content what they have in common.

When you think about it, that is so unlike what happens in the rest of our harsh, sometimes dog-eat-dog world where it seems we focus on our differences and even exploit them. In the fellowship of shagging, it really does not matter where you live, what you do for a living, who you know, or how much power you have. The only things that matter are that you love this dance, the people who dance it, and the music they dance it to! Keats said, "A thing of beauty is a joy forever." Keats must have been a shagger, because this dance is beautiful and it is indeed a joy forever." I do not know how long "forever" will be for me, but I do know that as long as I am able to shag, or merely able to watch others do it, I will be forever young in my heart – meaning simply that a part of me, indeed my spirit and my very soul, will never grow old.

This article was reprinted with the author's kind permission – from the Spring 1993 Carefree Times.