

SHAG RAG

NORTHERN VIRGINIA SHAG CLUB

February 2006 Vol. XIII, Issue 2
Dedicated to the Preservation of
the Carolina Shag & Beach Music
Team Editors: Liz Kestler, Gary &
Sharon Salpini & Nancy Roop

Northern Virginia Shag Club's Newsletter—February 2006 Edition *President's Letter by Janis Grimes*



Dear All,

We need to talk.... about what we can do to increase membership, and keep our club experience exciting and enjoyable for all. The Board and committees are busy working for you, and we have a lot to look forward to this year.

WE NEED YOUR HELP!! We need your energy and time, and also your thoughts and good will, to promote and preserve the dance and music that we love, Carolina Shag. My goal, and the goal of all members on the Board of Directors, is to serve the best interests of the club. I hope that is your goal, too. I ask that we maintain respect for all. Let's keep NVSC a positive experience for our members. In the shag world, when you go to a club event, and the music is playing and folks are gathering to dance and enjoy the evening .. it is a unique and exciting experience. The club is our haven, a place to see friends, meet new people, dance and have fun. The shag world is extraordinary, and filled with special people.

PLEASE VOLUNTEER... I am asking each of you, please -- VOLUNTEER to help, say "YES" when you are asked, and be as generous with your time and energy as you can. People have different reasons for joining a club, but all benefit when you give back to the club.

SHARE THE NEWS... Please keep me and the other board members informed about what's going on that's good, and also what could improve. We all have jobs to do, and at times there is a lot of WORK..., but in the end there is a lot of fun, too, and it's worth the effort. The joy of sharing the shag lifestyle with others, and making friendships that will last a lifetime are the lasting rewards.

MEMBERSHIP DRIVE... Now is a good time for new folks to join NVSC. We are now starting a membership drive, and our first special function of the year is our **Super Bowl Party on Sunday, Feb. 5th**, at Rene's Supper Club -- and it will be **FREE for members only!!** Guests are welcome -- there will be a **cover charge of \$6 for guests**, which will include the FREE dinner buffet. **THE GAME will be on the big screen TV and the smaller screens**, AND there will be music and dancing starting at 5 p.m. Details are on our website at www.nvshag.org. So, if you have friends, relatives, neighbors, or co-workers who would enjoy learning to shag..., please invite them to come on out to Rene's Supper Club at Fairfax Circle on our club night, **Wednesdays (FREE LESSONS every Wed. at 7:30)** or dance on **Saturday nights from 6-9 p.m.** If they join NVSC now, the Super Bowl Party will be FREE, including the dinner buffet!

Dancing is joyful..... Share the joy!



Sunday, February 5, 2006

Northern Virginia Shag
Club's

Super Bowl Party!



FREE Dinner Buffet!

Hot Dogs, Hamburgers, etc.,
included !

Juniors under 21 admitted FREE



**\$6.00 Cover
Charge**

**FOR GUESTS [MEMBERS ARE
FREE]**

LARGE SCREEN TV WILL BE
SET UP!

Date: Sunday, Feb. 5, 2006

Time: 5:00 until the game
ends!

Location: Rene's Supper Club
3251 Old Lee Highway
Fairfax, VA 22030

DJ: Eddie O'Reilly



Member Announcements

SPECIAL GET WELL WISHES

Nancy Gehley's 2nd operation is scheduled for January 25th (our newsletter goes to print before news results) in regard to her scalp melanoma condition. Please continue to keep Nancy in your thoughts and prayers. She is very grateful for her friends' prayers and concerns. Drop her a card in the mail! 6901 Barnack Drive, Springfield, VA 22152

We wish a speedy recovery to Eddy Farmer who had a second eye operation. He is doing fine and we hope to have him deejaying for us sometime in the future.

We hope that Denny Koski, recovering from neck injury, and seen recently dancing without his neck brace, is fully recuperated.

Continue to keep Craig (Hutch) Hutchinson in your thoughts and prayers. He is using walker, scooter and wheelchair to get around. He has turned over his PSDC duties over to Jim and Peggy Kiesel and Dale and Anita Strawser—they have rather large shoes to fill!

Liz Kestler's brother, Danny, is steadily gaining his strength. [Some days are better than others.] Your thoughts and prayers are much appreciated! Thank you! Danny has his appointment (this month) with Duke Hospital regarding plans for a liver transplant.

[Do you have an announcement to make? Please send to Liz Kestler at sarejan5@yahoo.com Thanks!]

A message from Larry Boyer, co-chair for the 2006 Capital Shag Classic:

Preparations for this years' Capital Classic XI are underway. The time and place are, like last year, the last weekend in July (28th-30th), and at the Alexandria Holiday Inn on First Street. Several other places were considered, but in the end, the Alexandria Holiday Inn was found to be best suited for our needs. Room prices will be \$99/night, parking included, which is the same as last year. The weekend events will follow the successful format of previous years. Plus, we hope to attract first-time beginner shaggers by a) providing a basic beginner workshop just before the Friday free-pour, and b) offering unlimited trips to a beginner-Shagger "clinic", consisting of a separate (small) room where our NVshag instructors can help them relearn and refine their new-found skills, as needed. Everyone can help make our eleventh Capital Shag Classic a success by passing out flyers, spreading the word to friends, neighbors, co-workers, etc. and encouraging first-time beginner shaggers to attend.

An announcement from Charlotte Ashby:

Bo Bryan's book, "Shag, the Dance Legend." will be available in the spring. It can be ordered online by going to "shagthebook.com." If ordered online it should be mailed in early March. It will also be available for Spring SOS, and Bo plans to be in NMB to sign books at that time.

A Note from Marcia Conway, co-chair for the 2006 NVSC Shag-a-thon:

HELLO SHAGGERS!!!!!!!

It is time for our annual shag-a-thon. The event will be held on Saturday, March 18 at Springfield Mall from 12 noon to 5PM. We will be dancing at the Penney's Court, Lower Level. This will be our 8th shag-a-thon for Capital Hospice. We have raised over \$119,000 in the first seven years for Hospice and the goal is to reach \$150,000 for this worthy charity. I will be giving out the shag-a-thon packets at the Super Bowl party on Sunday, February 5 and at regular shag nights on Wednesday. This event is the club's main one for raising money for this worthy cause so all Northern Virginia shaggers, let's dance for CAPITAL HOSPICE. We are already considered a bronze sponsor for them so let's go for the gold!!!!!!!!!!

*Thanks, Marcia Conway, Shag-a-thon Chairman
703-361-8159*

A note from the Prez, Janis Grimes: *The purpose of NVSC as stated in the bylaws is to promote Carolina Shag dancing in Northern Virginia and other areas; to provide its members with dance venues and opportunities to associate with others who enjoy Carolina Shag dancing; to publish a regular newsletter for members; to support charities designated by the Board and/or by the membership of the Corporation; to function as a 501 (c) (7) social club, as defined by the U.S. tax code and in accordance with regulations issued by the Internal Revenue Service; to represent, protect and advance the interests of its members with respect to Carolina Shag dancing... The bylaws are posted on the website if you are interested in reading them.*

Dear Northern Virginia Shag Club,

Thank you so much for your generosity and support towards my dancing. Your donation goes to show that there are still people trying to preserve our wonderful dance. Thank you again, and hopefully I'll bring home a victory for the Northern Virginia shaggers!

Kari Jones

[in regard to NVSC funds donated to the competing couple, Kari Jones and John Tyson were awarded \$100 each to go towards their expenses, such as entry fee, competition clothing and travel for the preliminaries of the 2006 National Shag Dance Championships in Myrtle Beach--ed]

Shaggin in Fredericksburg! Submitted by Audrey Borja

The Carolina Shag is contagious and to help satisfy the crave, come out and try the Battlefield Boogie Club's (BBC) Tuesday night at The Loft, 1005 Princess Anne Street, in old town Fredericksburg, Va. Dancing to the tunes of the Jim Rose, ACSC DJ, the BBC meets on Tuesdays starting around 7:00 with dance lessons at 7:30. Line dancing is taught once a month. Socials and dance events are always happening geared to keep you dancing and happy! -- So, come out and join in and meet many of your friends! There are lots of high spirits and fun waiting for you! Come early and beat the traffic! We will be looking for you! ---For more information, please contact rocknwithruss@aol.com.

CONGRATULATIONS TO NVSC MEMBERS who danced in the NATIONAL SHAG DANCE CHAMPIONSHIPS PRELIMS last weekend (27-28)—Vaughn Royal and Cathy Metcalf; Joan McKinney and partner Tom Edwards; Kevin and Joan Byrnes; Joey and Bernie Fanini; Juniors Kari Jones and John Tyson! Cheers for the NORTHERN VIRGINIA SHAG DANCE TEAM for winning SECOND PLACE!!!!

Deejays and Dance Steps for FEBRUARY 2006- Lessons Begin at 7:30 p.m.

Intermediate Level Shag Steps:

February 1	Stutter Basic, Boogie Walk & Joanie
February 8	Hesitation Basic, & Classic
February 15	Forward Sailor Basic & Pivot
February 22	Leg Up Basic & Arch

Beginner Level Shag Steps: February 1- Basic Step, Start & Female Turn; February 8-Basic Step & Male Turn; February 15-Review Basic Step, Half Turn & Side Pass; February 22-Review Basic Step & Triple Basic

Introductory Level [Basic, Start, & Female Turn] shag steps: February 15 & 22

DJ'S FOR JANUARY*: Feb 1—Eddie O'Reilly; Feb 8—Craig Jennings;
Feb 15—Jim Rose; Feb 22— Dennis and Nancy Gehley

*DJ rotating schedule subject to change.

Happy Birthdays! To Our NVSC Members in JANUARY!

If your birthday is incorrect or does not appear here, please contact Hilda Clemann, the membership chair, at _____ to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes! Thank you Cris!

Gayden Thompson	2/1	Bill Amshey	2/10
Jo-Ann Hitzemann	2/1	Caroline Green	2/11
Shirley Baucom	2/2	Robert Busey	2/11
Bruce Frail	2/3	Lori Hahn	2/12
Jessica Pipkin	2/3	Tom Romero	2/13
Kathy Stacy	2/4	James Taylor	2/19
William Blake	2/5	Phyllis Yarborough	2/21
Dee Orlando	2/6	Cynthia Fronda	2/24
Shannon Lewis	2/6	John Wood	2/25
Eric Fink	2/7	Bernadine Fanini	2/25
Sandra McGee	2/7	Marcia Conway	2/26
Brenda Bishop	2/8	Debbie Thompson	2/26
James Raney	2/8	David Loy	2/27
David Ricks	2/8		

WELCOME NEW MEMBERS IN DECEMBER— Barbara DeAngelis and Marion Avolt---

WELCOME NEW MEMBERS IN JANUARY—Erik Fink; Pam Lanouette and Marjie Sadin

Introduce yourself and ask someone to DANCE!!!!



Eighth Annual Northern Virginia Shag Club

Shag-A-Thon!!

•With All Proceeds to Benefit Capital Hospice,•Over
\$119,000 Raised in the First Seven Years!

www.nvshag.org

www.capitalhospice.org

Volunteer
For your
Community!



Keep on Shaggin'!

Saturday, March 18, 2006

Noon until 5:00 pm

Springfield Mall

JC Penney's Court, Lower Level

Franconia Road Exit from I-95. Exit is less than one mile south of I-495 Beltway.

Springfield, Virginia 22150-1701

- **PRIZES • SPECIAL SHAG EXHIBITIONS**
- **REFRESHMENTS AND SNACKS FOR PARTICIPANTS**
- **GREAT MUSIC BY NVSC DJ'S! ALL PROCEEDS**
- **FROM THIS EVENT BENEFIT YOUR LOCAL AREA**



Participants are asked to raise money through flat pledges or per dance pledges.



To register and receive a pledge packet, see either Marcia Conway or Fran Mong at Rene's Supper Club

Wednesday nights between 8:30-10:00 p.m.

E-mail: nclady11@comcast.net
(Marcia) or franmong@aol.com (Fran)

2006 CAPITAL HOSPICE SHAG-A-THON!!

Spinnin' Round... News from the DJ Booth

VOL. 3, No. 2
February 2006

By Jim Rose

How many Beach/Shag DJ's does it take to install a light bulb? ANSWER: Six. One to actually install the bulb and five to sit around and discuss how the original was better.

BEACH MUSIC'S TOP 40 SONGS FOR 2005

1. Hold On To The Blues – Lonnie Givens
2. Something Smooth – Rick Strickland
3. City Of Angels – Jean Jacques Milteau
4. Each & Every Kiss – Pat Carpenter Band
5. Build Me Up – Al Green
6. Is The Magic Still There – Gary Brown
7. Summer Sunday – Nicolas Bearde
8. Let's Get It On – Marvin Gaye
9. I'll Be Around – Hall & Oates
10. I Want A Love I Can See – Angel Rissoff
11. Hang On In There Baby – Donny & Susan Trexler
12. Love To The Music - Temptations
13. Don't Wait Around – Elgins
14. When Love Slips Away – Jay Proctor
15. Hard Times – Queen Latifah
16. Get Away Car – Hall & Oates
17. Till The Day After – Craig Woolard
18. Whole Damn World's Gone Crazy – Jacqui Williams
19. Look Me Over – Susan Duffy
20. Good Thing – Rhonda McDaniel
21. I Can't Go For That – Donny Osmond
22. True Love - Drifters
23. Sweet Mama Do Right – Coastline
24. Boat Dock – Dave Freeman
25. Your Grace Is So Good – D. Mac/Big John T.
26. Chasin' Dreams – North Tower
27. That Man Of Mine - Marlisa
28. 24-7-365 – Percy Sledge
29. Used To Be My Girl – Hall & Oates
30. The Way You Move - Outcast
31. Special Kind Of Love – Dina Carrol
32. House On Fire – Danny & The Juniors
33. Love Is Like A Fire – Louie Strahm
34. I Need You – Fantastic Shakers
35. Dixie Moon – Mark Roberts
36. Part Time Love – Donny & Susan Trexler
37. You Can Count On Me - Holiday
38. Born To Break My Heart – Roy Hemmings
39. Big Blue Diamonds – Percy Sledge
40. My Heart – Showwinistics



OK, if your favorite didn't make the list, let us know & we'll print them next month. This of course, is only one chart from the Endless Summer Network. There are many other charts out there and your favorite may be on one of those!

As of this writing two more music legends pass. Lou Rawls and Wilson Pickett join many of their fellow artists, leaving this world with a great loss in music. Rest in peace!

Congratulations to the newly formed Battlefield Boogie Club on having the most members at the Outer Banks Shag Club's New Year's Eve Celebration. A lot of work went into that! Please join me in relaying a job well done to Audrey and all of the board of directors. They've done a fantastic job!

Got an idea, a complaint, a congratulatory comment, or anything? What would you like to see discussed in this section? If you have an idea, comment, or suggestion, please let me know and I'll try and put together an article concerning that issue. You can send them to beachdj51@yahoo.com.

Until next time...dance like nobody's watchin'! But most of all, have a good time! See ya on the dance floor!



NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB--WEDNESDAYS

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

www.nvshag.org or www.renessupperclub.com

Shag Classes: 7:30 – 8:15 PM Dancing: 8:15 – 11:00 PM

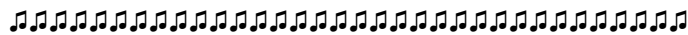
Happy Hour Drink Prices 4:30 – 7:30 PM

Cover Charge - \$5.00

Juniors' welcome - with Adult supervision!

Location: Near Fairfax Circle, across the street from Artie's Restaurant.

Directions: Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.



CHECK OUT THE FLYERS--& CHECK OUT NVSC'S SUGGESTION BOX!

Located on or near the Flyer Table at Rene's--Make suggestions! Really! Please do! Answer some survey questions which are available on the flyer table and drop them in the box, it's easy, helpful and informative for those of us who plan NVSC Club events!!



Saturday Shag Dance Every Saturday at Rene's Supper Club!!*

Dance to Great Beach Music!!!

With Various NVSC and Guest Deejays

6:00 – 9:00 p.m.

\$5 Cover

Tell Your Friends!!!

Rene's Supper Club 3251 Old Lee Highway, Fairfax, Va. 22030. Phone: 703-385-0077

Visit them online at www.renessupperclub.com

ALL are WELCOME -- JUNIORS (under 21 yrs.) FREE of CHARGE, with Adult!!

*except when cancellations are announced.



SOS IS COMING...You can buy your 2006 SOS Card NOW at the reduced rate of \$30...Save \$5 –see club Treasurer, Russ White on Wednesday night, or e-mail him at russwhite@starpower.net

HI Virginia Shag Clubs,

April 8th, Shag N 4 U, Larry and Cindy Black are hosting a Virginia Shag Dance Day in Virginia Beach at Dancesport. We would like to recognize Shag Dancers from Virginia who have contributed in putting Virginia on the Shag Dance Map. Yes, people in Virginia Shag! We've got champions to prove it!

Just to name a few National Shag Dance Champions in case you didn't know...

Jac & Erin White - Non Pro

Grant Garmon - Junior 2 & Overall Juniors

Amanda Tedesco - Junior 1

Justin Poston - Junior 1

Brennar Goree - Junior 1 & Overall Juniors

Plus I'm sure others before me - but let's find them, recognize and thank them for helping to make Virginia Shag what it is today! We are soliciting your help as presidents or past presidents of the Virginia Shag Clubs to compile a list of Virginia Shaggers who deserve to be recognized. No age restrictions or requirements.

Qualifications - nominee needs to have made a contribution in putting Virginia on the Shag Dance Map while living in Virginia.

To have as much notice as possible to be able to invite your nominee, please present to your board members, spread the word, send in your nominations by **FEBRUARY 17TH**, along with a brief description of what your nominee has done to put VIRGINIA on the Shag Dance Map.

The day's activities will include workshops by some of the National Shag Dance Team members, dinner, and dancing and special exhibitions.

Accommodations are close by, including a Marriott facility, Holiday Inn, Hampton Inn and more. Dancesport is located at the interchange of 64 & 264 on the border of Norfolk and VA Beach. Dancesport has 2 ballrooms with over 3000 square feet of dance floor and is smoke free. See the "Save the Date Flyer" in this newsletter.

We are looking forward to great day with some great people honoring some great Virginia Shaggers! Hope to hear from you soon. Thanks in advance for your cooperation.

Cindy and Larry Black

Shag N 4 U

757-478-1600

I would like to say a big THANK YOU to NVSC for bringing the Shag to this area; the dance lessons are so awesome for all of us newcomers. I personally never thought I would be able to do the basic step let alone execute some of the turns...well almost execute them! I'm still a work in progress. ☺

Because I need all of the help I can get, I bought the Club video and practice in front of the TV with that (that's a picture). Then I started private lessons with David and that has been a major help to me. The group lessons are invaluable and provide an opportunity to get to know some of the other club members while I'm learning new steps. On top of that it's FREE to members...how great is that?? I've also borrowed some of the Club videos and after I saw them I bought some of my own. Since seeing Jackie and Charlie on the videos I can't wait to see them in person!!! I would be remiss if I didn't say thank you too, to the folks who make an effort to dance with all of us red-dotters...

After all of the effort you have put into this club, I'm sure all of you long term members must feel such gratification to watch the progress of the new members as we endeavor to dance as well as you do. Again, THANK YOU for sharing this beautiful and fun dance with the rest of us.

And, speaking of lessons....see below. And, See you at the workshops and dance!

WORKSHOPS/DANCE/PRIVATE LESSONS WITH CHARLIE WOMBLE & JACKIE MCGEE

Please mark your calendars now to reserve **Saturday, February 18, 2006** for three workshops and a dance with Charlie Womble and Jackie McGee at the Fort Myer Community Center. Norman Mills will be our Guest DeeJay at the Dance! The workshops will emphasize good basics in each class. They are as follows:

- Workshop 1: Fun, Easy Patterns plus Basics**
- Workshop 2: Know Your Role, Leading and Following**
- Workshop 3: Smooth and Easy. The Shag "Look"**

Also, Charlie & Jackie (9 times and 10 times National Shag Champions) will be teaching private dance lessons on Feb. 17th and 19th at the home of David & Jerry Rodgers in Fairfax Station, VA.

SIGN UP NOW for private lessons with Charlie & Jackie by e-mail at rodgersd3@cox.net or call David at (703) 239-8978 to put your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00/hour with Charlie and Jackie, and \$60.00/hour with Charlie or Jackie. [Private lessons are 70% booked-call David!] P.S.

Dance Committee Members are selling RAFFLE TICKETS for a FREE PRIVATE LESSON with Charlie and Jackie. The drawing will be held during the Dance at Fort Myer, Sat. Feb. 18th. Get yours NOW!

THE BOARD MEMBERS, COMMITTEE CHAIRS AND CO-CHAIRS ENCOURAGE NEW (AND OLD) MEMBERS TO PARTICIPATE IN OUR CLUB. WE CAN USE YOUR TALENTS! PLEASE REVIEW THE LISTS OF COMMITTEES AND CONTACT A CHAIR PERSON OR BOARD MEMBER TO VOLUNTEER!!

COMMITTEES:

Audit 2005	Cris Gaines
Birthday Cakes	Cris Gaines
Capital Shag Classic '06 Co-chairs	Linda Coffeen and Larry Boyer
Charity/Fundraising	Marcia Conway
Communications	Janis Grimes
Dance	David Rodgers
Historian	Charlotte Ashby
Junior Committee	Terrie Patullo
Membership	Hilda Clemann
Music	Linda Coffeen
Newsletter Co-chairs	Liz Kestler & Gary Salpini
Photographers	Charlotte Ashby, Sandra Ferony, H.K. Lee, Jessie March, Eddie O'Reilly, Tom Romero, & Dave Rapson
Public Relations	Michael Browne
Shag-a-thon 2006	Marcia Conway
Social/Hospitality	Cris Gaines, Linda Coffeen, Russ White, Terrie Patullo & Debra Parrish
Web Site	Charlotte Ashby

CONWAY'S CORNER -- CHECK WITH MARCIA TO ORDER NEW SHIRTS

NVSC LOGO ITEMS: Have you noticed the NVSC log items that club members are proudly displaying? These items are available to every one. We have the following:



NVSC Shirts & T-Shirts	\$15 - \$35
Shoe Bags	\$20
CD Cases	[Reduced from \$10] \$5
Large Coffee Mugs	\$8
Shag Rags (towels) \$10	Golf Towels \$13

The CD Cases, Shoe Bags and Coffee Mugs are in stock, however the shirts are by special order. If you are interested in purchasing any of the above items, please contact **Marcia Conway**. She is at Rene's on Wednesday nights, or you may call her at 703/361-8159. Her e-mail is NCLady11@comcast.net

A Blonde Joke...

Norman and his blonde wife live in Prince George. One winter morning while listening to the radio, they hear the announcer say, "We are going to have 3 to 4 inches of snow today. You must park your car on the even-numbered side of the street so the snowplow can get through." Norman's wife goes out and moves her car.

A week later while they are eating breakfast, the radio announcer says, "We are expecting 4 to 5 inches of snow today. You must park your car on the odd-numbered side of the street so the snowplow can get through." Norman's wife goes out and moves her car again.

The next week they are having breakfast again. The radio announcer begins, "We are expecting 10 to 12 inches of snow today. You must park--," but then the power goes out. Norman's wife says, "Honey, I don't know what to do!"


Norman says, "Why don't you just leave it in the garage this time?"

DATES For Your Calendar:

- February 5 – Super Bowl Party at Rene’s
- February 18 – Charlie & Jackie at Fort Myer
- February 24-26 - ACSC/SOS Winter Workshop, Columbia, SC
- February 25, Virginia Shaggers Hall of Fame in Va Beach
- March 9–11 – National Shag Dance Championships in Myrtle Beach
- March 18 - Shagathon at Springfield Mall
- April 8—Virginia Shag Dancers Day in Virginia Beach
- April 21-30 - SOS Spring Safari, NMB
- May 18th to 22nd - Va Beach Music Festival Weekend
- July 7-9 - ACSC/SOS Summer Workshop
- July 14-16 - Junior SOS in North Myrtle Beach
- July 28-30 – Capital Shag Classic at Holiday Inn, First St., Alexandria
- September 15-24 - SOS Fall Migration, NMB

FRIDAY NIGHT BEACH PARTY— Meet your friends at The Coast Guard

Dancing Friday Nights at the Coast Guard Station on Telegraph Road in Alexandria. The event is held at the ANCHORAGE CLUB on base from about 6:30 until 10 or later. No cover charge. Music is provided by club members. This is a military club, not a restaurant. It has a full bar with cheap prices, but no food and no wait staff, SO eat before ya get there or bring some munchies!!

The Coast Guard Station is located at 7323 Telegraph Road in Alexandria (about 4 or 5 miles south of the beltway), which is between Lee District Park and Hayfield High School. Telegraph Road is Exit 2 off of the Beltway. Try Map Quest for specific directions from your location. Entrance to the Station is not restricted during normal security situations. However, you must have a valid photo ID to enter. Remember this is a military base; you and your car may be subject to search. The base will likely be off limits if the security level goes to Code Red. Once on the base, proceed straight for about ¼ mile and you will see a one story building on the left with a brick front and white siding. That’ll be it. **REMEMBER – THEY ENFORCE THE SPEED LIMITS ON THE BASE!!**—Contact Gary Salpini before you go! 703-425-2848 

NEW!!! 7:00 PM TUESDAY NIGHTS... The Loft... Fredericksburg!
1005 Princess Anne Street, for more info, OR directions: contact DJ, Jim Rose at beachdj51@yahoo.co or, check out Battlefield Boogie Club’s new web site: www.battlefieldboogieclub.com

For some smooth dancing news, check out www.smoothnez.com events



FOR SHAG EVENTS, GO TO www.nvshag.org or www.shagdance.com



President	Janis Grimes	703-536-7362	Janis Grimes
Vice President	Marcia Conway	703-361-8159	Marcia Conway
Secretary	Charlotte Ashby	703-978-2022	Charlotte Ashby
Treasurer	Russ White	301-654-0548	Russ White
Board	Hilda Clemann	703-631-1929	Hilda Clemann
Board	Linda Coffeen	703-794-9276	twb@titleva.com
Board	Cris Gaines	703-591-4969	Cris Gaines
Board	Debra Parrish	703-369-6688	Debra Parrish
Board	Terrie Patullo	703-392-6347	Terrie Patullo

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Northern Virginia Shag Club
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McLean, VA 22103

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