



*Dedicated to the Preservation of the Carolina Shag and Beach Music*

August 2006

Keep on Shaggin'

Vol. XIII, No. 8

# Shag Rag

August Edition from your Co-Editors Liz Kestler and Gary Salpini

**President's Message** *by Janis Grimes*

Compliments are pouring in, now that our **Capital Shag Classic** is a marvelous memory... now we can rest... just kidding.... **THANKS TO ALL MEMBERS** who pitched in and worked to make our Classic a fabulous fun time for all... Envisioned by Larry Boyer and Linda Coffeen, **BASIC TRAINING** was a great idea, and a lot of fun..... Our servers in **Rosie's Bar** were such a hit, I think they will be back... We were thrilled to have an incomparable living legend, **ELLEN TAYLOR**, with us again as our guest instructor. She brings grace, class and style to the dance, and sets a shining example of southern charm for us all. **Craig Jennings** danced a cool shag exhibition with **Ellen**, followed by a hand dance with **Ron Warner**. **THANKS** also to **MARCUS SMITH & DEONNA BALL** for a dazzling demo on Friday night. On Saturday night we were entertained by the **Virginia Shag Dance Team, Beverly and Earl Robinson**, and junior shaggers **Kari Jones and John Tyson**, and our 3-time junior national champion, **Tory Robinette**, dancing with junior competitor **Sammy Clelland** from Cary, NC. It was all fabulous, with excitement, laughter, and happy faces all around the room.

**SPECIAL THANKS** to co-chairs **LARRY BOYER and LINDA COFFEEN**, who worked hard all year to make this event happen. Thanks also to our **Deejays - Dennis & Nancy Gehley, Craig Jennings, Eddie O'Reilly and Jim Rose**, and to special guest deejay **Butch Metcalf**, who played for us all weekend. They create the magic, with the music we love to hear. There are so many we want to thank. Without each of the NVCS members who donated their time, energy and effort, the Classic could not happen. Special thanks to:

CSC flier –  **Michael Browne**

CSC buttons and cards – **John Seely and Janet Cave**

CSC t-shirts and club merchandise sales – **Marcia Conway**

Decorations - **Fran Pfeifle & Fran Mong**, thanks for great decorating ideas

Door Prizes –  **Ruth Rapson and Sharon Salpini**

Entertainment – **Linda Coffeen**

Floor Construction Crew - **Gary Salpini, Gary Mann, Tim Farris, Tom Romero**

Free pour on Friday night - **Tom Brett, Pete Campbell, Mike Deese, Dave & Ruth Rapson, Gary & Sharon Salpini**

Free Pour on Saturday Night - **Linda Coffeen, Russ White, Larry Boyer, Hilda &  Victor Clemann**

Hospitality and food - **Terrie Patullo, Debra Parrish and Russ White**

Pool Party – **Pamela Alfano**

Registration Desk – **Barry Newman and volunteers**

**Charlotte Ashby** - giveaways and countless hours spent following up on details.

**Dennis Gehley** - volunteering his famous acting role

**Ruth and Dave Rapson** - homemade barbeque (made by master chef, Dave Rapson), and basket of cheer

**David Rodgers** – dance workshops and private lessons

**Darleen Small** - purchase of gifts for guests Ellen Taylor and Butch Metcalf

**Valerie Swiger** - promotion, ticket sales; raffle ticket sales

**Jean Teele** - For her limitless energy in helping with the food for the free pours & the '06 Capital Shag Classic Program.

Summer is not over yet, and we have much to look forward to..... Stay Cool, and Keep on Shaggin' !!!!

*Dancing is joyful ... share the joy!*

*Coming up this month:*

August 4-5 – **Richmond Shag Club's Annual Party**

August 26 - **Battlefield Boogie's** workshop and dance (info at [www.battlefieldboogieclub.com/](http://www.battlefieldboogieclub.com/) )

*Coming up next month:*



Sunday, Sept. 10<sup>th</sup> – **Sunday Social at Rene's**

Sept. 15-24– **SOS Fall Migration** in North Myrtle Beach, SC

Tuesday, Sept. 19<sup>th</sup> - **NVSC Free Pour at SOS in NMB** – from 3-5 at Fat Harold's

*If you have information for the Shag Rag, please call Liz at 703-917-0720 or Gary at 703-425-2848 or e-mail Liz at [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com) Thank you for your support!*

## **Notes of Interest or Announcements from some of our CLUB MEMBERS:**

Room available for September's SOS: At the Ashworth with 2 twin beds for \$350. Contact **Bruce Kleiman** at 301-277-8305

### **From the DEL VAL e-mail announcement:**

"Hello dancers! We had such a good time in DC this weekend with the Shag group for the Capital Classic weekend party. And party we did! Lots of fun dancing, workshops with Miss Ellen Taylor, a fun pool party...free pours and food and all topped off with my favorite...the Sunday morning breakfast and Gospel music. I just love dancing to that music. The Dee Jays did an excellent job with the music! There were lots of Del Val dancers there this weekend - 32 in fact from our area - GO DEL VAL - we were the area with the most attending other than the home club. It was great to see all of you enjoying yourselves. How bout Craig, Butch and Ralph dancing the birthday dance with Vaughn!! I never thought I'd see that one!! Thank you Northern VA Shag Club for another super weekend."

### **And this letter from John Tyson to Janis Grimes, which she is sharing with us....**

"Hi Janis!

I just wanted to let you know that I had a wonderful weekend.

The classic was a blast! I can't wait for it again next year. I want to give a special thank you to you and the Northern Virginia Shag Club for inviting Kari and I. We really enjoy giving exhibitions! The more floor time the better.. Anyways...thank you so much for your hospitality, support, encouragement and all that you have given to Kari and myself.... Working with such an inspiring group of people has just been wonderful.

I am going to miss everyone while I am at college, but hopefully I will have the time to come and visit on breaks, etc....Hopefully I will see you at Nationals and many other events that the National Shag Dance Team will be performing at! I am sooooo excited that we have been chosen to dance on it. It's is a dream come true. Here are the events the team will be at... Oct.14-Hall of fame - (North Myrtle Beach), Nov.11th-Beach Music Awards, Dec.30th-Beach Ball Classic (Myrtle Beach) June 2nd-Sun Fun Parade (Myrtle Beach) and of course Nationals and Grand Nationals...as well as the many of travels to New York and California!

I am just so excited! Anyways.... now every team member has to sell \$900 in ads to help pay for hotel, clothing, and travel expenses etc...The ads will go in this years' National program. I am going to attach an ad form...I would appreciate it so much if the NV Shag Club would buy an ad.

Please announce that anyone can buy an ad. The ad can be for anything and say anything... it could be for a birthday, good luck, congratulations, advertising a business, company, shag club, party etc... Just fill the form out, write down what you would like the ad to say and if you would like it to have a picture you must send it also.. Kari and I would appreciate this greatly...the more ads we can sell the better.

Thank You so much! I look forward to seeing you soon!" **John Tyson**

[Note from the Ed: **If you want to participate, please ask Janis for a copy of the Ad Form—thanks!**]

Announcements continued:

**CONGRATULATIONS TO JOHN TYSON AND KARI JONES**—who have been invited to dance on the National Shag Dance Team!! Hooray for our Junior Shaggers! **Tory Robinette and Justin Posten** were also invited, but Tory had to decline due to school commitments.

### **JUNIOR SHAGGERS BRING HOME OLYMPIC GOLD!--**

### **LOST AND FOUND**

**David Rodgers** lost his pocketknife on Sunday morning at the Classic, while the dance floor was being taken up. It's a small two-blade pocketknife. Call David at 703-239-8978.

**Gary Salpini** has an FIS tote bag with some club paperwork, a couple of umbrellas, and some other stuff that was left in the ballroom Sunday...

**ROOMMATE NEEDED FOR BECKLEY:** Jean Teele is looking for non-smoker, female to share room at the Beckley, West Virginia weekend party Aug 18 & 19<sup>th</sup>. E-mail Jean at [Jeanteele@aol.com](mailto:Jeanteele@aol.com)

**TRAVELLING TO NORTH MYRTLE BEACH—GREAT NEWS** – submitted by **Louie Mitchell**.. Interstate I40 (Wilmington Bypass) is now open. Coming east on Interstate 40, you can now take the exit for Interstate I40 and miss Wilmington completely. You will pick up US 17 just south of the Memorial Bridge. It cuts at least 15 minutes off the trip.

**Note from the President:** **SINCERE THANKS** to **JOAN McKINNEY** and **VALERIE SWIGER**, for taking their time to help one weekend in July at the Springfield VFW. They sorted through the club's bins of decorations that have been stored there through the years, and hauled them away to be stored ... where?? in our cars?? We are looking for a place to consolidate and store these items that have been accumulated over the past 13 years. **Does anyone have some extra inside storage space where we might keep our decorations?** They are stored in 4 large plastic bins, and a couple of smaller boxes. Please let me know if you are interested in helping out this way. Thank you, Janis

An update...

**CRIS GAINES HAS VOLUNTEERED TO STORE THESE ITEMS FOR THE CLUB---A GREAT BIG HUG AND THANK YOU TO CRIS!!**

### **ATTENTION NVSC SHAGGERS.....WIN \$7,500!!!!!!!!!!!!!!**

Here is your opportunity to win \$250, \$500, \$1,000, \$2,000 and even \$7,500. I will be selling raffle tickets until August 23 for the S.O.S. FUN MONDAY DRAWING which will take place on September 18 at an open forum on Main Street, North Myrtle Beach. The raffle tickets are \$10 each. A portion of the proceeds will be donated to CARING 4 KIDS, which is a local North Myrtle Beach charity. You do not have to be present to win or go to the fall SOS. Please see me at Rene's on Wednesday nights, call me or e-mail me to purchase your raffle ticket. You can also ask any board member about the tickets. If our club sells the most raffle tickets, the club will receive \$100 for 1<sup>st</sup> place and the person that sells the most tickets will receive \$100.

LET'S MAKE THE NORTHERN VIRGINIA CLUB NUMBER ONE!!!!!!!!!!!!!!

*Marcia Conway*

703-361-8159

*nclady11@comcast.net*

**This month's blonde joke—Alligator Shoes--submitted by Charlotte Ashby**

A young blonde was on vacation and driving through the Everglades. She wanted to take home a pair of genuine alligator shoes in the worst way, but was very reluctant to pay the high prices the local vendors were asking. After becoming very frustrated with the "no haggle on prices" attitude of one of the shopkeepers, the blonde shouted, "Well then, maybe I'll just go out and catch my own alligator, so I can get a pair of shoes for free!" The shopkeeper said with a sly, knowing smile, "Little lady, just go and give it a try!" The blonde headed out toward the swamps, determined to catch an alligator. Later in the day, as the shopkeeper is driving home, he pulls over to the side of the levee where he spots that same young woman standing waist deep in the murky bayou water, shotgun in hand. Just then, he spots a huge 9-foot gator swimming rapidly toward her. With lightning speed, she takes aim, kills the creature and hauls it onto the slimy bank of the swamp. Lying nearby were 7 more of the dead creatures, all lying on their backs.

The shopkeeper stood on the bank, watching in silent amazement. The blonde struggled and flipped the gator onto its back.

Rolling her eyes heavenward and screaming in great frustration, she shouts out

"SHOOT... THIS ONE'S BAREFOOT TOO!"

from the DJ Booth  
By Jim Rose

## **BEACH MUSIC'S TOP 20 FOR JULY 2006**

1. My Big Sister's Radio – Mike Schermer Band Board
2. As Good As It Gets – Chairmen of The Board
3. What's Going On – Sammy O'Banion & Mardi Gras
4. Es Amor – Jaqi Velasquez
5. Mess Around On You – Ray Edge
6. Big Blue Cadillac – Kevin Mark
7. Macon Memphis & Muscle Shoals – Paul Craver
8. Hold On To The Blues – Lonnie Givens
9. Inventory On Heartaches – Susan Trexler
10. I've Got A Feeling – Craig Woolard Band
11. Trapped By This Thing Called Love – Subway
12. Blue Monday Blues – Big Joe Maher
13. Is The Magic Still There-Gary Brown
14. She Felt Too Good – Reider Larson
15. Other Side Of The Cloud-Danny Brooks
16. Fool If You Think It's Over – Elkie Brooks
17. I'm Feeling Good – Deitra Farr
18. I Got A Feelin' R.J. Mischo
19. You've Got To Right The Wrong – Barbara Carr
20. Lie To Me – Fabulous Jelly Rolls

## **TRIVIA QUESTIONS:**

1. Name the song title & artist that was written by a not yet Vice President of the U.S.
2. What Motown group performed together for 40 years without any change in personnel?
3. Who had more #1 hits; Elvis, Beatles, Bing Crosby?

## **That's Not Beach Music...!!!!**

As I've said before, music is in the ear of the beholder. Beach Music isn't just a genre of music. It's not just Carolina party bands that you're familiar with and it's certainly not the Beach Boys (wrong coast dude).

Beach music is a feeling, a movement, a perpetuating lifestyle. It's Beach Bands, old Rhythm & Blues, newer shaggable tunes. It's all these rolled up into one great feeling that makes you want to dance, party, be with friends, and never grow old!

So, the next time you attend a shag event and you enjoyed yourself, go out and tell others about how much fun you had and drag them, if need be, to the next event.

Too many times we're so involved with too many other things to really remember what a good time with friends is really like. You have to make the time!!!

Next time out, ask that DJ to play a song or two you remember years ago. Play ones that bring back fond memories of days gone by. And don't forget to bring some friends to enjoy that feeling with you.

Until next time...see ya on the dance floor!

## SHAG...MORE THAN A DANCE

I had seen an ad in the *Post Week-ender* about a Shag dance at the VFW. Since I loved to dance I thought it sounded interesting. Well, to say I was intimidated by the dance would put it mildly, but at the same time I was hooked. It was so beautiful to watch that it just drew me in and my desire to learn the dance became a great challenge for me.

What was so very special was that that night I met 5 women and they were all blondes and I'm a blonde so we sat at what we called the 'blonde' table. It turned out that they were Mary Ann, Liz, Norma, Linda and Ellen. What a great welcoming committee!!! Shortly after that is when I had to stop coming due to illness.

An old friend (Fran Mong) was attending NVSC dances regularly and invited me along or I probably would have continued to stay at home. Long story short, little did I know what being a member of the Northern Virginia Shag Club would come to mean to me. Since I've been dealing with a chronic illness, it has been difficult for me to attend regularly. Thankfully, I'm feeling much better and the Shag Club members have been a great encouragement. I can't wait for Wednesday to come so I can dance and see the people who have become so special to me.

Shaggers are a unique and caring group of people. Since 1999 they have sponsored a yearly fund-raiser for Hospice that has raised approximately \$135,000 dollars to date. There is great enthusiasm and commitment as demonstrated by the camaraderie of the club members who not only befriend one another, but are also a great support network.

So, when you become a Shagger you'll find that the dance is why you come, but the people are why you stay.

**Submitted by Nancy Roop**

**FREE INTRO AND BEGINNER LESSONS AT RENE'S SUPPER CLUB ON WEDNESDAY EVENINGS...FROM 7:30 TO 8:15 P.M.. You must be a member for free Intermediate Lessons--\$20 Annual Membership fee--Join Up! You'll be glad you did!**

**Deejays and Dance Steps for AUGUST 2006- Lessons Begin at 7:30 p.m.**

**Intermediate Level Shag Steps:**

**August 2 – Forward Sailor Basic; Pivot; & Arch;**

**August 9 –Leg-Up Basic; & Side Walk-Up**

**August 16 – Crossover Basic; Applejack; & Male Half Turn**

**August 23 - Kick Basic; Half Turn; & Belly Roll**

**August 30 – Pivot**

**Beginner Level Shag Steps: August 2- Review Basic Step; Half Turn; & Side Pass**

**August 9- Review Basic Step & Triple Basic**

**August 16- Basic Step; Start & Female Turn**

**August 23- Basic Step & Male Turn**

**August 30- Review Basic Step; Half Turn: & Side Pass**

**Introductory Level--Basic Step, Start, & Female Turn--shag steps: August 2, 9 & 30**

**DJ'S FOR July\*:** August 2- Jim Rose; August 9- Craig Jennings; August 16-Dennis and Nancy Gehley; August 23- Eddie O'Reilly; August 30- Guest Deejay, Buddy Maston

**\*DJ rotating schedule subject to change.**

**For your calendar...**

**August 4-5 – Richmond Shag Club's Annual Party**

- **August 11-12—Jekyll Island, GA Beach Music Festival go to [www.JekyllFest.com](http://www.JekyllFest.com)**

- **August 26<sup>th</sup>-- Fredericksburg's Battlefield Boogie Club 2<sup>nd</sup> Annual Cannonball**

**Summer Blast, go to**

- **September 10 – Sunday Social at Rene's –see flyer at [www.nvshag.org](http://www.nvshag.org)**

- **September 15-24 - SOS Fall Migration, NMB**

- **September 19, Tuesday at Fat Harolds 3-5 p.m. NVSC's Free Pour—see flyer on website**

- **Oct. 27-29 – VA Beach Bash (info at [www.vbshagclub.com/](http://www.vbshagclub.com/))**

- **December 9 – NVSC Holiday Party**

**A Short Funny...Submitted by Nancy Roop**

Last night, my wife and I were sitting in the living room and I said to her, "I never want to live in a vegetative state, dependant on some machine and fluids from a bottle. If that ever happens, just pull the plug."

She got up, unplugged the TV and then threw out my beer.

***THE CAPITAL SHAG CLASSIC "THANK YOU'S"***

**WE thoroughly enjoyed watching Deonna Ball and Markus Smith perform at our 11<sup>th</sup> Annual Capital Shag Classic. We were excited to introduce them as the "NATIONAL HAND DANCE CHAMPIONS", but just weeks before the Classic, we received news that Deonna and Marcus won FIRST PLACE in the USA WORLD SHOWCASE competition in Las Vegas! Wow... and they performed at the Classic. Winning 1<sup>st</sup> place at the Showcase was the first step. The next step is getting votes—please submit your votes--see the flyer within this newsletter!**

**The following is a "Personal Thank You" List from Linda Coffeen and Larry Boyer to those who helped them with the Classic Event – "Larry and I would like to thank all of our club members for their hard work and dedication in making 2006 Capital Shag Classic a success. Our members have gone above and beyond expectations. Not only members from our club, but also other club members have participated in the success of the 2006 Classic. Thank all of you! It has been and always will be a pleasure to work with the club members of NVSC. Thank you, Linda Coffeen and Larry Boyer" (from the Ed.—A big Kudos to Linda and Larry!!)**

<b>Nancy Roop</b>	<b>Tory Robinette</b>	<b>Bill Hocker</b>	<b>Charlotte Ashby</b>
<b>David &amp; Gerry Rogers</b>	<b>Vaughn Royal</b>	<b>Sammy Clelland</b>	<b>Barry Newman</b>
<b>Denny Koski</b>	<b>Beverly &amp; Tim Farris</b>		<b>Tom Brett</b>
<b>Jane James</b>	<b>Kari Jones &amp; John Tyson</b>	<b>Kitty Senge</b>	<b>John Sealy &amp; Janet Cave</b>
<b>Joan McKinney</b>	<b>Jean Teele</b>	<b>Pamela Alfano</b>	<b>Robbie &amp; Gary Mann</b>
<b>Jo-Ann Hitzeman</b>	<b>Andy Miller</b>	<b>Kelly Mann</b>	<b>Mike Deese</b>
<b>Nancy &amp; Dennis Gehley</b>	<b>Christine Hutchens</b>		<b>Fran Mong</b>
<b>Bob Lutz &amp; Valerie Swiger</b>	<b>Linda &amp; Tom Romero</b>		<b>Dan &amp; Retta Ferguson</b>
<b>Hilda &amp; Victor Clemann</b>	<b>Jessie March</b>		<b>Jim Rose</b>
<b>Ann West</b>	<b>Gary &amp; Sharon Salpini</b>		<b>Pete Campbell</b>
<b>Terrie Patullo</b>	<b>Dave &amp; Ruth Rapson</b>		<b>Marcia Conway</b>
<b>Liz Kestler</b>	<b>Janis Grimes &amp; Steve Booth</b>		<b>Michael Browne</b>
<b>Joe Donahue</b>	<b>Eddie O'Reilly</b>		<b>Heather &amp; Craig Jennings</b>
<b>Lesha Frail</b>	<b>Darleen Small</b>	<b>Karen Callahan (Beckley Shag Club)</b>	

**Bill Drumheller (Richmond Shag Club) Fran Pfiefler & Mack McIntyre (Palmetto Shag Club) Sam Martin & friend (Colonial Shag Club) Audrey and Don Borja—Don designed and crafted the beautiful wall centerpiece for the annual classic parties**

**The Virginia Shag Dance Team-Tom Edwards/Vesta Jones Denning; Bob Lutz/Joan McKinney; Larry Boyer/Janis Grimes; Vaughn Royal/Cathy Metcalf; John Tyson/Kari Jones; Kevin & Joan Byrnes**

***A special thank you to Ellen Taylor and Butch Metcalf for taking time out of their busy schedules to help make our Capital Shag Classic a memorable one.***

**ATTITUDE and RESPECT** -- submitted anonymously

As adults we are considered to be mature and well behaved. That includes treating others with respect. The NVSC is made up of different individuals with different ideas, and many have something to contribute to the club in one way or another. This is not to say one idea or contribution is better than another, or that one person works harder than another.

Please remember! Our main goal as members of this club is to make it a **SUCCESS**. **ALL** of us are, or should be, on the Same Team – it is obvious when someone is looking for ways to stir up controversy and be divisive, and it is not good for the club. How does the song go... **A LITTLE LESS TALK** And A Lot More **ACTION**. Our volunteers all work hard to help this club to **SUCCEED**. So they deserve our support and thanks!

As members we have the right to express our opinions and ideas. The last time I heard, it was called the right of free speech. If we agreed with each other all the time, just think what a boring club and world this would be. **HOWEVER**, please be mindful and respectful of other people's feelings when you consider their opinions and ideas.

Also, remember -- most of us, if not all of us, are working toward the same goal, and that is the purpose of this club -- to preserve and promote the music and the dance that brought us all together -- beach music and the dance called the **SHAG**.

A Big "Thank you" goes to our Jewelry & Shoe Vendors at the 2006  
**CAPITAL SHAG CLASSIC...**

*MICHELLE ZELLO of MZ DESIGN JEWELRY;  
Valerie Swiger of VAL CATS CREATIONS*

*Joe to Joe  
Dance Shoes* for being our shoe  
And, vendor!

*Also, Thank You to:*

*Vicki Tedesco for displaying and selling her beautiful hand-knitted Shawls and wraps—the yarns, colors and her handiwork are exquisite!*



## *Members' Concerns...* **If you are so inclined, please turn your thoughts and prayers to: Nancy Gehley; H.K. Lee; Danny Kestler; and others who may need our support. Thanks—Ed.**

If you were at the Classic, and at the pool party, many of you are asking how H.K. is doing--we thought he was overcome by the heat at the pool party – there was barely any shade out there--we all rushed inside after H. K. was taken to the hospital! It was a scorching day! Well, it turns out that H.K. is still in the hospital (8/3) and is undergoing some treatments related to his heart and he should be out of the hospital within a week. I hear he is doing better and hopefully he and/or Debbie will give us an updated accurate report when they get back home. [Debbie and family has been trekking back and forth from Riverdale area to Alexandria Hospital] You are in our prayers, H.K.

From **Nancy Gehley**...an update (late July)--My CT scan on July 20<sup>th</sup> showed that I have a few masses in my right lung that seem to have grown since my last CT scan 2 months ago. What can I say? My view is that it is either benign tumors or melanoma (more cancer). I am scheduled for a PET scan Monday, July 31, to see if it is definitely cancer. Then I will need a biopsy to determine the cells in order to figure out any treatment possibilities. If it is not melanoma but is a form of lung cancer, I will probably have chemo. If it is melanoma then I'm off to discover the offerings at NIH. Clinical trials will probably be my only option. But, we'll think positively and hope that these masses are all benign! I'm still doing well and find it hard to believe that my days may be more numbered than I thought before I received this information! Keep those prayers going! I have trips planned (Mediterranean 12 day cruise, May 2007, to be specific) that I intend to take!! Funny that Dennis just started a year's contract with NIH. Maybe we'll be traveling to NIH together - Dennis as a contractor, me as a guinea pig in clinical trials! Hugs to all and keep on dancing! Nancy

*[8/2 Update] Thank you for all your prayers and concern. This is a difficult update to write. Dennis is out of town but I have my kids here and we've had a good evening of conversation. The PET scan showed not only cancer in the lung but also a cancer in the neck – yes, the very neck I've had chopped to pieces – lol! Apparently, the mass in my neck is now 3.7 cm and is next to the neck dissection site. The plan is to biopsy that area rather than the lung since it is easier to access. I'm planning on making several phone calls tomorrow, one of which will be to NIH (National Institute of Health) to start looking into clinical trials. I guess this makes me a Stage IV Melanoma but with God's help I can still fight this. Of course, we don't want to talk about the info on cancer web sites because that would mean I'd better up the date of our Mediterranean cruise – lol! What can I say? On a positive note, the dance party weekend I attended was a big success and I had a great time! Hugs, Nancy*

**8/3 Update--** Just wanted to say that I got a LOT accomplished today with the help and support of my kids – especially my son, David, who took the time to shuttle me around. I called NIH and they need 3 tests performed before they can give me an appointment. However, the lady in the melanoma center at NIH said there are some great trials going on that offer some hope. I moved out and made several calls and visits with Kaiser. I did my lab work already, my MRI should be scheduled Monday or Tuesday and the last test is scheduled for Monday. By Monday I should also have all my records and films in hand to bring to NIH. I saw my neck surgeon this afternoon - he would have loved to biopsy my neck and cut whatever is there out as soon as possible – BUT, NIH does not want any cutting done unless they do it themselves. They want to do the biopsy and take the mass to use for immunotherapy. It will be a tough road to follow and I'll not know all the details for several days but I'm re-invigorated and ready to charge ahead. I'm not giving up yet – the fight is just beginning. I love you all for your emails and support. Please know that you do not have to respond to this. I'm going to turn off the computer and go relax and think about all the love and support that I have received and continue to receive. You will all be blessed for your concern and thoughtfulness. Thank you, thank you!! Hugs, Nancy

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And, From **Danny Kestler**...I have very been lucky to stay relatively well, not only by directives from the doctors at Duke Hospital, but by watching what I eat and doing my daily exercises. For that I am grateful. I appreciate your thoughts and prayers--they've been known to help create miracles! One of these days, I'll be there shaggin' with the rest of you. Regards—Dan-----  
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From the Ed.—I am glad to see **Cathy Metcalf** dancing again. She had foot surgery recently that kept her off her feet for at least six weeks!! Wow! Was I ever impressed to see her dancing at the Classic—and, performing with her partner Vaughn, with the Virginia Shag Dance Team!! That is wonderful and terrific! Keep your dancing feet healthy!! Liz-----  
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## **ELLEN TAYLOR LOVES NORTHERN VIRGINIA**

[Following is a letter received from Ellen upon her return home from our Capital Shag Classic!]

*Dear Members of the Northern Virginia Shag Club,*

*I had such a great time at your event this past weekend. I don't know where to begin to express proper thanks to you for your hospitality and for giving me such warm welcome. The gift basket of wine was more than gracious and much appreciated. I don't know where you got your information about the kind of wine I prefer, but you could not have pleased me more with your wine selection. The beautiful wine glass which was included will be used each evening as I relax with a glass of wine and trust me, it will be a daily reminder of my time with all of you in Northern Virginia. David had provided me with a cooler of soft drinks and water which I enjoyed when I came in at night. THE BANNER... WOW . . . . Was I caught off guard when I walked into the hospitality room and saw the banner that said "Northern Virginia loves Ellen Taylor"! I don't know whose idea that was and who had the banner made, but gosh, how special is that???? I truly have no words to express the emotion I felt at that moment. When I arrived home with it, I read all of the notes that many of you took the time to write which makes it even more memorable. One special note from precious Kelly, my special angel. That makes it priceless. I want to assure you that it is a treasure which will be cared for and appreciated for as long as God allows me the mind to remember.*

*There really is so much I could say, a special thanks to Gary, Robbie, and Kelly for meeting me at the airport when I arrived and Vaughn and Cathy who drove me to the airport on Sunday. Janis and David kept me up to date continually on flight updates and party information before arriving. Linda, you are a dear. . . you were constantly making sure I had everything I needed and truly took care of me. Thanks to all of you for allowing me to be a part of your event. For all of you who attended workshops and especially those of you who were at all three, thank you for your attention and for your comments. I look forward to seeing all of you again soon. Please be sure to take the time to speak and remind me that it was at the Northern Virginia Shag Club party that I met you if this was our first time together. I will be holding workshops at the O.D. Arcade so drop by to see me. The schedule will be posted in the Carefree Times.*

*God bless each of you. Until we meet again keep dancing, it will keep you healthy and happy. Remember to "minimize the movement – maximize the results."*

*Sincerely, Ellen Taylor*

## ✧ AUGUST BIRTHDAYS

Happy Birthday! To each of you!!

Crawford Jencks	8/2	Stephen Hooper	8/18
Steve Rose	8/3	Lin Romero	8/21
Caron Lyons	8/3	Barbara Weigand	8/22
Christine Dodd	8/3	Sally Hipsley	8/23
Riley Crawford	8/5	David Rogers	8/23
Larry Camp	8/5	Terry Bendel	8/24
Lynne Briggs	8/6	Fran Mong	8/24
Donna Montoya	8/7	Larry Delaney	8/24
David Baucom	8/8	Ann Thompson	8/27
Jewell Pradier	8/9	Joe Cornish	8/27
Joe Donahue	8/12	Fern Siegler	8/28
Helen Coker	8/12	Carl Silvertsen	8/28
Louie Mitchell	8/15	Ron Maierhofer	8/28
Kaiser McAdoo	8/17	Carol Montague	8/28
Gary Tidmore	8/18	Jay Rockwood	8/29

If your birthday is incorrectly listed or does not appear here, please contact Hilda Clemann, the membership chair, at [hclemann@msn.com](mailto:hclemann@msn.com) to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes! Thank you Cris!

***WELCOME NEW MEMBERS (OR THOSE RE-JOINING) IN MAY/JUNE—  
Bruce Kleiman; Kaiser McAdoo; Matt Perticone; Chris Robinette; Tory Robinette;  
Amanda Tedesco and Robert Vanne.***

***WELCOME NEW MEMBERS IN JUNE/JULY—— We are happy to have you  
join us!!***

***Introduce yourself to new members (and beginners) and ask them to  
DANCE! Look for the Red Dots! The beginners get red dots after their  
lessons. Please take time to practice with them. Your patience and  
thoughtfulness is appreciated!***

## CONWAYS CORNER ORDER YOUR CLUB SHIRTS FROM MARCIA

**NVSC LOGO ITEMS:** Have you noticed the NVSC logo items that club members are proudly displaying? These items are available to everyone. Contact Marcia at [NCLady11@comcast.net](mailto:NCLady11@comcast.net). She has the following:

<b>NVSC Shirts &amp; T-Shirts</b>	<b>\$15 - \$35</b>
<b>Shoe Bags</b>	<b>\$20</b>
<b>Shag Rags (towels) \$10</b>	<b>Golf Towels \$13</b>

The shirts are by special order. Also, ask Marcia about Capital Shag Classic Shirts. If you are interested in purchasing any of the above items, please contact **Marcia Conway**. She is at Rene's on Wednesday nights, or you may call her at: **703/361-8159**. Her e-mail is [NCLady11@comcast.net](mailto:NCLady11@comcast.net)

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Hello Shagging Friends! We are pleased to announce plans for the 16th Annual Fall Cyclone. We hope YOU will be there to celebrate with us. It's going to be a reunion of great music, dancing, friends and fun. Once again the party will be at the old skating rink in Mooresville, NC with the huge hardwood floor.

DJ's will be: Farrell Watts, Mike Rink, Billy Waldrep, Wilkie Whaley, Judy Collins, Clyde Waller, Fast Eddie Thompson and Eddie Teeter. The Fantastic Shakers will perform on Sunday morning, too. We are including three free shag workshops. One will be taught by Ellen Taylor. A second one will be taught by Don Bunn. The third will be taught by Sam and Lisa West.

Once again there will be free meals, free munchies, free late night coffee and pastries, three days of non-stop free pour and much, much more



A flyer for the party and much more info can be found at <http://www.GoShagging.com>.

## **NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB-- WEDNESDAYS**

**3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077**

**[www.nvshag.org](http://www.nvshag.org) or [www.renessupperclub.com](http://www.renessupperclub.com)**

**Shag Classes: 7:30 – 8:15 PM Dancing: 8:15 – 11:00 PM Buffet - \$5.00**

**NEW—Happy Hour Drink Prices 6:00 – 8:00 PM Cover Charge - \$5.00**

**Juniors (under 21 yrs.) welcome – with Adult supervision!**

**Location:** Near Fairfax Circle, across the street from Artie's Restaurant.

**Directions:** Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.

**CHECK OUT THE FLYERS--& CHECK OUT NVSC'S SUGGESTION BOX! AT RENE'S ON WEDNESDAYS**

BOARD MEMBERS, COMMITTEE CHAIRS AND CO-CHAIRS ENCOURAGE NEW (AND OLD) MEMBERS TO PARTICIPATE IN OUR CLUB. WE CAN USE YOUR TALENTS! PLEASE REVIEW THE LISTS OF COMMITTEES AND CONTACT A CHAIR PERSON OR BOARD MEMBER TO VOLUNTEER!!

See the flyer table for Committee chairs, or go to [www.nvshag.org](http://www.nvshag.org)

**ATTENTION FRIDAY NIGHT SHAGGERS---IMPORTANT ANNOUNCEMENT!**  
**FRIDAY NIGHT BEACH PARTY— Meet your friends at The Coast Guard—IS TEMPORARILY SUSPENDED. Stay tuned for further details—Gary Salpini**

***Shaggin in Fredericksburg! Submitted by Audrey Borja*** *The Carolina Shag is contagious and to help satisfy the crave, come out and try the **Battlefield Boogie Club's (BBC) Tuesday night at The Loft, 1005 Princess Anne Street, in old town Fredericksburg, Va.** Dancing to the tunes of the Jim Rose, ACSC DJ, the BBC meets on Tuesdays starting around 7:00 with dance lessons at 7:30. Line dancing is taught once a month. Socials and dance events are always happening geared to keep you dancing and happy! -- So, come out and join in and meet many of your friends! There are lots of high spirits and fun waiting for you! Come early and beat the traffic! We will be looking for you! ---For more information, please contact [rocknwithruss@aol.com](mailto:rocknwithruss@aol.com) or Jim Rose at [beachdj51@yahoo.com](mailto:beachdj51@yahoo.com) or go to [www.battlefieldboogieclub.com](http://www.battlefieldboogieclub.com)*

For some smooth dancing news, check out [www.smoothnez.com](http://www.smoothnez.com) events

☺ **FOR NVSC SHAG EVENTS, & OTHERS, GO TO [www.nvshag.org](http://www.nvshag.org) or [www.shagdance.com](http://www.shagdance.com)**

*Your officers and directors of the NVSC Board for 2006:*

President	Janis Grimes	703-536-7362	<a href="mailto:janigrimes@cox.net">janigrimes@cox.net</a>
Vice President	Marcia Conway	703-361-8159	<a href="mailto:nclady11@comcast.net">nclady11@comcast.net</a>
Secretary	Charlotte Ashby	703-978-2022	<a href="mailto:Cashby0505@msn.com">Cashby0505@msn.com</a>
Treasurer	Russ White	301-654-0548	<a href="mailto:Russwhite@starpower.net">Russwhite@starpower.net</a>
Board	Hilda Clemann	703-631-1929	<a href="mailto:Hclemann5@msn.com">Hclemann5@msn.com</a>
Board	Linda Coffeen	703-794-9276	<a href="mailto:twb@titleva.com">twb@titleva.com</a>
Board	Cris Gaines	703-591-4969	<a href="mailto:crismkcg@yahoo.com">crismkcg@yahoo.com</a>
Board	Debra Parrish	703-369-6688	<a href="mailto:debraparrish@comcast.net">debraparrish@comcast.net</a>
Board	Terrie Patullo	703-392-6347	<a href="mailto:Tap5671@netscape.com">Tap5671@netscape.com</a>

Please feel free to contact any of the Board members—they will be happy to answer your questions!

**NORTHERN VIRGINIA SHAG CLUB'S  
SHAG RAG, AUGUST 2006**

*Northern Virginia Shag Club  
P O Box 5522  
McLean, VA 22103*



Our very own, Markus and Deonna, traveled to Las Vegas, Nevada on July 1st and competed in the USA World Showcase Competition held at the MGM Grand Hotel. They won 1st place in the category of Dancing. This was just one step of two for them to be the overall winners. The first part in Las Vegas was won by the judge's vote. The second part is won by Internet voting so we need your help! See below for the information of the televised broadcast.

**Monday, August 28th PAX (i) Satellite** (directv 255) ( dishtv 181)

12:30 in the afternoon on the east coast

11:30 AM Central time

10:30 AM Mountain time

9:30 AM West coast time

**(i) Pax TV Stations and (i) Pax Cable**

12:30 in the afternoon on the East Coast

11:30 AM Central time/Mountain time

12:30 in the afternoon on the West Coast

Starting Monday, August 28th, **EVERYONE MUST VOTE ONLINE** for their favorite winner which is MARKUS & DEONNA. You can vote hundreds and thousands of times!!!!!!

Check out [www.usatvbroadcast.com](http://www.usatvbroadcast.com). This is the site where everyone must vote. Their picture is already posted with their performance forthcoming.

**WE NEED YOUR HELP!** Please let all of your family, friends and co-workers know about the Internet voting on August 28, 2006. We will be sending reminder notices periodically in August. Thanks so much in advance for your continued support!

Love,

Demetria (Deonna's Mom)

Renita (Markus' Mom)

Contact Email: [markusanddeonna@yahoo.com](mailto:markusanddeonna@yahoo.com)