

SHAG RAG

NORTHERN VIRGINIA SHAG CLUB

April 2006 Vol. XIII, Issue 4
Dedicated to the Preservation of
the Carolina Shag & Beach Music
Team Editors: Liz Kestler, Gary &
Sharon Salpini & Nancy Roop

Northern Virginia Shag Club's Newsletter—April 2006 Edition President's Letter by Janis Grimes



Dear All,

It's here!! It's almost time for SOS Spring Safari!!! (*What's that, you say? You don't know about SOS??*) Well, there is still time for you to make plans... Ask any veteran shagger, and you will learn that SOS is a 10-day party at the beach... North Myrtle Beach, that is. SOS is a joyful reunion of shaggers, and it's held twice a year (plus one weekend in January called mid-winter). For 10 fun-filled days and nights you can dance, dance, dance, and party, party as long as your feet and legs hold up. Think sun, fun, beach music, shaggin' and the ocean!! It's the only place in the world where as many as 10,000 shaggers meet and fill the streets and clubs, enjoying the best spring break imaginable. Our NVSC Deejays Craig Jennings and Jim Rose are scheduled to play during SOS, and NVSC will hold a FREE POUR party from 4-6 p.m., on Friday, April 28th, in the back room at Fat Harold's... *Be there, or be square!* For more info on SOS, go to www.shagdance.com

FLASH!! Rene's is getting even better!! Owner John Olaya will offer shaggers an **hors d'oeuvres buffet for only \$5 on Wednesdays (7-9 p.m.) and Saturdays (6-8 p.m.)**. Items on the buffet table will vary. **And, he has offered to cut prices on some drinks for the shaggers!** Details at Rene's, **starting Wednesday, April 5th!** Thanks to John for his continued hospitality and generosity to our club. **Try the buffet, and please, support Rene's.. it is the home of our club.**



Good News!! We had a great turnout at our SHAGATHON last weekend at Springfield Mall... Thanks to Marcia Conway and Fran Mong for organizing the Shagathon again this year, great job!! And thanks to Craig Jennings and Jim Rose for providing the music.... and to our members who turned out to dance all afternoon. We had a ball dancing on that tile floor until our feet and legs felt old. **As a THANK YOU to us, Capital Hospice has offered to sponsor a complimentary hors d'oeuvres buffet table for us at Rene's on Wednesday, April 12th!!!** Special thanks to top fundraisers will be the highlight of the night. So, plan to be at Rene's on April 12th, for a Special Evening!



SHAG, THE DANCE LEGEND. Go to <http://www.shagthebook.com/> and click on all the little icons..... **This is waaay beyond cool!!!** Bo Bryan's book, "Shag, the Dance Legend" is available on the website. It can be ordered online by going to "shagthebook.com." It will also be available for Spring SOS and Bo Bryan plans to be in NMB to sign books at this time. We are now gathering signatures of club members in a special copy for our club, autographed by Bo Bryan, that will be auctioned online to raise \$\$\$ to fund a scholarship. **Thanks to Charlotte Ashby for helping to initiate this revival of "Shag, the Dance Legend."** **DID YOU KNOW...** Charlotte was recently quoted in a southern newspaper (ask her which one) regarding the proposed demolition of the Pavilion in Myrtle Beach... *"This is the dumbest thing I've ever heard of. It would be like tearing down the White House."* Go, Charlotte.

Don't Forget Remember to tell your friends and co-workers about NVSC, and invite them to Rene's on a Wednesday night (or a Saturday night)... they will thank you!!!

Dancing is joyful..... Share the joy!

Upcoming events  **General Membership Meeting – April 12th at Rene's @ 8:30** after the lessons. SOS in North Myrtle Beach, April 21-30, NVSC's **FREE POUR 4-6 pm, Friday, April 28th**, back room at Fat Harold's.

Our Deepest Sympathies, Thoughts and Prayers....go to Rick Fisher's family. Rick, from Duluth, GA, died in a motorcycle accident in late March. He was an active Carolina Shagger. He came to visit us when our shag club danced their Wednesday night dances at Nick's. For those who wish to sign the on-line guest book, go to www.legacy.com and put in "Richard Fisher" and it will bring up his obituary and guest book. We extend our sympathy to his family.

SPECIAL GET WELL WISHES

Please continue to keep Nancy in your thoughts and prayers. Nancy, (at the time of this printing) is facing another surgery, March 28th. Nancy has amazing strength and determination, and so very much appreciates your prayers. We hope her surgery went well and hope to see her back in the deejay booth soon!. Drop her a card in the mail! 6901 Barnack Drive, Springfield, VA 22152

Continue to keep Craig (Hutch) Hutchinson in your thoughts and prayers. He is using walker, scooter and wheelchair to get around. He has turned over his PSDC duties over to others.

Cathy Metcalf's sister, Jeanne, in Charlotte, NC has made some improvement —your thoughts and prayers mean so much. Pray for her healing, recovery and for her well-being.

Liz Kestler's brother, Danny, is keeping himself in fit condition—He's out there riding his bicycle and walking longer distances. (hmmm, I should take lessons from him...ed) He should know at the end of May whether or not he made the transplant list. Patience is a virtue. See you at SOS little brother!

If you have information for the Shag Rag, please call Liz at 703-917-0720 or Gary at 703-425-2848 or e-mail Liz at sarejan5@yahoo.com Thank you for your support!

Notes of Interest (and fun facts) from some of our MEMBERS:

POSITIVE QUOTES OF THE DAY (submitted by Janis Grimes): "Laughter is the sun that drives winter from the human face".-- Anonymous

"To know that we know what we know, and that we do not know what we do not know, that is true knowledge". - Henry David Thoreau

SHAGGER PROFILE -- Janis Grimes

Hobbies: Dance, dance, dance...

NVSC role: President, 2005 and 2006

Other Interests: Theater, gardening

Occupation: National Park Service

TV Program: Desperate Housewives, news

Hometown: Falls Church, VA

Luxury Defined: The Avista in North Myrtle Beach

Birthday: January 9

Books at Bedside: Goldie, Conversations with God, crossword puzzles

Shaggin' Since: 1993 **Last Words:** Do your best; have fun; try not to hurt anybody; help if you can; pass the torch.

Favorite Dance Partner: Steve

Dream: A place at the beach

Favorite Dance Tune: Blow Wind, Blow

Inspiration: Music

Drink or Wine: Water, White Zin, White Russian

Motto: Never give up

A Report on the 2006 NVSC Shag-a-thon: Submitted by Liz Kestler Our 8th Annual Shag-a-Thon, held at Springfield Mall March 18th, for Capital Hospice was well supported and attended by our members. We also had several guests who paid and signed waivers so they could get in on the fun too! There was so much dance energy there it was almost impossible to sit down for a rest. Many of our members stayed for the entire event. We also had members that we haven't seen in a while who came to watch and give us support. Dee Bassett Orlando, or first club president was there with her husband, Tony. They were excited to be there as they haven't been available to attend in years past. Capital Hospice Representatives were also there to give us support for which we are grateful. (They brought food and bottled water as well as answered questions from the public.) We don't know what our total amount is at this time, but Marcia and Fran will give us that report as soon as they get the totals. We hope we reach our goal of \$150,000 (this is an accumulated amount for the past 8 years—the first seven years we collected \$119,000). This is the NVSC's major, and only fundraising event and we are happy that we had so many members participating. We also had several people, our audience, who watched the fun, who later came and joined us for shag lessons on the following Wednesday! Wow! It's not too late to submit your contributions, either by giving your check to sponsor one of the dancers (we get prizes you know) or by delivering your check or cash to Marcia or Fran—JUST DO IT!

A Note from the DJ who played at the Fort Myer C&J Dance: "I really enjoyed the trip and it was rewarding to have your club members dancing to my music. I look forward to playing for you again in the future. Everyone there was very friendly and made me and my cousin feel at home. Thanks again."
 Norman Mills -----

Announcements from Charlotte Ashby:

Are you going to SOS? Would you like to participate with other Club members in the Parade to be held April 29th (Saturday)? NVSC dedicated members are working on a float with the theme of "The Graduate". Volunteers are needed as follows: **Bicycle Riders (rent or bring your own bicycle)**. Sign up now with Charlotte Ashby 703-978-2022 or Linda Coffeen 703-877-1653
 Please volunteer to participate in the Parade!! We Need You in order to be Successful—it sounds like we have a Winner this year!!

Capital Shag Classic—Request for Door Prize Donations It's not too early to start collecting the door prizes! Bring your gift items to Charlotte on any Wednesday night at Rene's. Examples of donations: crystal bowls; bottles of wine; foot massager; box of chocolate; anything not used that you want to re-gift!

CORNER CONWAYS CORNER- CHECK WITH MARCIA - TO ORDER NEW SHIRTS

NVSC LOGO ITEMS: Have you noticed the NVSC log items that club members are proudly displaying? These items are available to every one. Contact Marcia at NCLady11@comcast.net. She has the following: NVSC Shirts & T-Shirts \$15 - \$35



- Shoe Bags \$20
- CD Cases [Reduced from \$10] \$5
- Large Coffee Mugs \$8
- Shag Rags (towels) \$10
- Golf Towels \$13

The CD Cases, Shoe Bags and Coffee Mugs are in stock, however the shirts are by special order. If you are interested in purchasing any of the above items, please contact **Marcia Conway**. She is at Rene's on Wednesday nights, or you may call her at 703/361-8159. Her e-mail is NCLady11@comcast.net

NVSC CAPITAL SHAG CLASSIC – Submitted by David Rodgers

If you have never attended the Capital Shag Classic - usually held every year in July - you may be interested in learning something about this annual dance weekend event.

Back in 1996 the members of the Northern Virginia Shag Club (NVSC) decided to follow the lead of some older shag clubs in the Association of Carolina Shag Clubs (ACSC) and host a weekend dance party for their members and out of town guests. If you have never been to one of these weekend dance events sponsored by one of the clubs in the association, you are missing out on an exciting, fun-filled weekend of dancing 'til your feet hurt too much to dance. Those NVSC members who made the decision back in 1996 to host the first-ever NVSC Capital Shag Classic were visionaries who wanted to offer our club members a memorable three-day dance weekend event in Northern Virginia. They quickly discovered that hosting one of these events requires planning far in advance, locating a suitable facility, getting lots of club members to agree to serve on the many committees which are Responsible for different activities during the weekend, promoting the event, and encouraging people from all around the Carolina Shag community to attend. NVSC even had to purchase the materials to build our own dance floor to accommodate several hundred dancers because the Club didn't have enough funds in the treasury to rent a dance floor that large.

Every year since that first Capital Shag Classic, NVSC has continued to host the Capital Shag Classic at a hotel in Northern Virginia. It is NVSC's biggest party of the year and it has attracted a loyal following who look forward to attending the Classic every year. As the years have gone by, NVSC has changed the location of the event, moved to a nicer hotel, enlarged the dance floor, and refined the format of the event to provide attendees with a first class weekend dance party. If you want to attend this event, you may want to plan to stay at the hotel where the event is held so that you will be close to the "action" and won't miss any of the activities offered during the weekend. NVSC arranges a "group rate" for a block of rooms for Classic attendees, so be sure to make your reservations early before the rooms are all filled. Remember that traffic around the Washington area can be unusually heavy during weekends in the summer, and there is something on the schedule almost all the time during the Classic.

NVSC invites well-known guest pro-level dance instructors to teach free workshops for the attendees at the Classic, provides out-of-town and local DJs to play music for dancing, provides free-pours and free food for some of the meals, and arranges for two breakfast meals and one dinner meal to be included in the package price for a weekend ticket.

The Classic begins about 4:00 PM on Friday afternoon when the registration desk opens dance workshops will be taught by the guest dance instructors. After lunch a pool party is usually hosted by NVSC while DJs also keep playing music for afternoon dancing in the ballroom. The ballroom closes at 4:00 PM for meal set-up and then reopens in the evening for a buffet meal. After dinner there is social dancing, exhibition dancing for entertainment, and the party goes on until the wee hours of Sunday morning. On Sunday morning DJs play music for dancing during breakfast and until it's time for the party to end about 12:00 noon for people who have purchased weekend tickets. A DJ will start playing music in the ballroom at that same time and the music will keep playing for dancing until the wee hours of the morning on Saturday.

On Saturday morning after breakfast, if less than 300 weekend tickets are sold for the Classic, the Classic Committee may sell a limited number of single night tickets. These single night tickets allow entry to the ballroom only after 8:00 PM for dancing on Friday or Saturday night. They do not cover meals and free pours, workshops, the hospitality suite, the pool party or afternoons in the ballroom.

Plan to come to the Capital Shag Classic and join in this fun-filled, exciting weekend of dancing to shag music played by great DJs, make new friends with shaggers from other shag clubs, and dance to shag music until you are worn out. If you want to be a part of all the activities of the weekend, sign up to be on one of the committees, which are necessary to plan and run an event of this size. Volunteers are always welcome to participate before and during the Capital Shag Classic.

FREE INTRO AND BEGINNER LESSONS AT RENE'S SUPPER CLUB ON WEDNESDAY
EVENINGS...FROM 7:30 TO 8:15 P.M.. You must be a member for free Intermediate Lessons--\$20 Join Up!

Deejays and Dance Steps for APRIL 2006- Lessons Begin at 7:30 p.m.

Intermediate Level Shag Steps:

- April 5 Double Kick Basic, Front Prep, & Lean
- April 12 Behind Sailor Basic, Pivot, & Hug Pivot
- April 19 Back Prep, Sugarfoot & Tuck
- April 26 Stutter Basic, Boogie Walk & Funky Applejack

Beginner Level Shag Steps: April 5- Basic Step & Male Turn; April 12-Review Basic Step, Half Turn & Side Pass; April 19-Review Basic Step & Triple Basic; April 26-Basic Step; Start & Female Turn;

Introductory Level [Basic Step, Start, & Female Turn] shag steps: April 12 & 19

DJ'S FOR APRIL*: April 5— Jim Rose; April 12—Craig Jennings; April 19— Dennis and Nancy Gehley; April 26— Eddie O'Reilly *DJ rotating schedule subject to change.

Happy Birthdays! To Our NVSC Members in APRIL!

| | | | |
|------------------|------|------------------|------|
| Sam Martin | 4/1 | Dick Wagner | 4/1 |
| Dallas Campbell | 4/2 | John Parks | 4/4 |
| Eileen Robertson | 4/4 | Kitty Senge | 4/7 |
| Ted Polen | 4/11 | Kathryn Winstead | 4/12 |
| A.J. Nowaskey | 4/13 | Sandra Winfrey | 4/15 |
| Janet Cave | 4/18 | Peter Pomeroy | 4/19 |
| Joyce Jones | 4/20 | Susan Cleghorn | 4/24 |
| Jeff Kuntz | 4/25 | Joan Byrnes | 4/25 |
| Sandy LeBeau | 4/28 | Greg Paynter | 4/29 |

If your birthday is incorrect or does not appear here, please contact Hilda Clemann, the membership chair, at hclemann@msn.com to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes! Thank you Cris!

WELCOME NEW MEMBERS IN FEBRUARY—Judy Anderson; Barbara Fuller; Kathie and Paul Conn; Wanda Halkett; Pam Lanouette; Melissa and Rondelle Lipps; Heidi Mackey; Jan Piotrowski; Donna and John Rominto; Carl Silvertsen; Marjie Sadin; Barbara Sweet; Wes and Shirley Kirchner; Walter White; Inga Willner; Elaine Talk; Therese Maasch; Gaye Proctor; Elaine Talk; Carl Silvertsen; Cathy Cox; Suzi and Dean Grady; and Mark Samblanet

WELCOME NEW MEMBERS IN MARCH—John and Susan Donahue; Brenda Ford; Nancy and Thomas Horrigan; Hattie and Lewis Thurman; Don Tyndall; Mary K. Wingerson—Welcome! Welcome!

*if your name is listed incorrectly, please e-mail Hilda Clemman at hclemann@msn.com

Introduce yourself and ask someone to DANCE!!!!



SHAG-A-THON NEWS—submitted by Marcia Conway and Fran Mong

First of all, Marcia and Fran would like to thank all the Northern Virginia Club Members who volunteered their time by collecting money for Capital Hospice, helping with the set-up and clean up at Springfield Mall, working at the registration and information tables, bringing snacks and for coming and dancing for the public and for Capital Hospice. Thanks to Larry Boyer, Barry Newman, Liz Kestler, Pamela Alfano, Maryann Lesnick, Fran Mong and Marcia Conway who collected pledges for a total of 14 corporate sponsors. Special thanks to the DJs, Jim Rose and Craig Jennings who donated their time to play for us. Special thanks to Craig and Heather Jennings, Vaughn Royal and Cathy Metcalf and to Larry Boyer and Janis Grimes for the special dance exhibitions and to David Rodgers for making the arrangements. Many thanks go to Beverly Farris for getting the volunteers to work at the registration and information tables. The volunteers were Jerry Rodgers, Tim Farris, Sam Wray, Janet Egan, Fran Pfeifle, David Rodgers, Jewel Pradier, Ann Thompson, Jessie March, Tom and Linda Romero. We don't know the total amount until all the pledge money is received; however, we collected \$342.55 from the donation jar. All pledge money and packets need to be turned into Marcia or Fran by Wednesday, April 19 or you can mail your pledge money to NVSC, P. O. Box 5522, McLean, VA 22103, but do not mail cash. Thanks again to all the shaggers for their hard work and volunteering their time.

On April 12, the NVSC shaggers are being treated to a free buffet from 7 – 9PM at Rene's by Capital Hospice. They want to thank all of the shaggers for the donations we have collected for Hospice for the last 8 years. There will also be awards given out to some of the shaggers who made a special effort for the 2006 shag-a-thon and Capital Hospice. Anyone who was not able to come to the shag-a-thon can still make a donation to Capital Hospice, as this organization is the charity that the Northern Virginia Shag Club sponsors. Give your donation to Marcia or Fran.

Here is a list of the corporate sponsors for the 2006 SHAG-A-THON: If you are in need of any of these services, please patronize their businesses:

BASE TECHNOLOGIES, INC.
MCLEAN, VA 20110

DR. ALAN L. SIKES
OPTOMETRIST
BURKE, VA 22015
703-978-5010

RENE'S DINING & LIVE ENTERTAINMENT
FAIRFAX, VA 22030
703-369-1987

MATISSE EUROPEAN SALON & DAY SPA
ALEXANDRIA, VA 22310
703-313-9350

COMMERCIAL TITLE GROUP, INC.
8605 WESTWOOD CENTER DR – SUITE 200
VIENNA, VA 22182

RICK SUDDETH
VIDEO PRODUCTIONS
ARLINGTON, VA 22205
202-494-3965

STEVE PIERCE – LONG & FOSTER
MANASSAS, VA 20109
703-586-5128

CUNDIFF ASSOCIATES, CPA, PC
9285 CORPORATE CIRCLE
MANASSAS, VA 20110

THE BAINUM HEALTH CARE FAMILY
FAIRFAX, VA

THE HARVEY INSURANCE AGENCY
NATION WIDE INSURANCE
CHANTILLY, VA 20151
703-378-2886

DUDLEY MARTIN CHEVROLET
MANASSAS, VA 22110
703-368-2111

RICE & NOODLES
6111 FRANCONIA ROAD
ALEXANDRIA, VA 22310

PAYNE AND ASSOCIATES
FINANCIAL SERVICES & INSURANCE
MANASSAS, VA 22110 703-386-7272

GEORGE M. DEPOLO, PC
ATTORNEY AT LAW
MANASSAS, VA 20110
703-369-1987

REED SMITH LAW FIRM
WASHINGTON, DC 20005
202-414-9200



NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB--WEDNESDAYS

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

www.nvshag.org or www.renessupperclub.com

Shag Classes: 7:30 – 8:15 PM Dancing: 8:15 – 11:00 PM

Happy Hour Drink Prices 4:30 – 7:30 PM

Cover Charge - \$5.00

Juniors (under 21 yrs.) welcome – with Adult supervision!

Location: Near Fairfax Circle, across the street from Artie's Restaurant.

Directions: Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.



CHECK OUT THE FLYERS--& CHECK OUT NVSC'S SUGGESTION BOX! AT RENE'S ON WEDNESDAYS

Saturday Shag Dance Every Saturday at Rene's Supper Club!!*

Dance to Great Beach Music!!!

With Various NVSC and Guest Deejays

6:00 – 9:00 p.m.

\$5 Cover

Tell Your Friends!!!

Rene's Supper Club 3251 Old Lee Highway, Fairfax, Va. 22030. Phone: 703-385-0077

Visit them online at www.renessupperclub.com

ALL are WELCOME -- JUNIORS (under 21 yrs.) FREE of CHARGE, with Adult!!

*except when cancellations are announced.-----

Shag Club Treasurer's Report:

Submitted by Russ White, Treasurer

Regular Acct. 6169.46

Junior Acct. 1069.57

Special Events

2713.07

Charity Acct.

216.24

TOTAL 10,168.34 **THE**



BOARD MEMBERS, COMMITTEE CHAIRS AND CO-CHAIRS ENCOURAGE NEW (AND OLD) MEMBERS TO PARTICIPATE IN OUR CLUB. WE CAN USE YOUR TALENTS! PLEASE REVIEW THE LISTS OF COMMITTEES AND CONTACT A CHAIR PERSON OR BOARD MEMBER TO VOLUNTEER!!

See the flyer table for Committee chairs, or go to www.nvshag.org

She was in the kitchen cooking the boiled eggs for breakfast. He walks in.

She says, "You've got to make love to me -- this very moment."

He thinks, 'This is my lucky day,' and gives it his all on the kitchen table.

He says afterwards, "What was that all about?"

She says, "The egg timer's broken." !!!!



Shagger Profile **Cris Gaines** -- NVSC role: Board of Directors member, Birthday cake lady

Occupation: Ind Mary Kay beauty Consultant and Weekenders Fashion Coordinator, Homemaker, wife former US EPA Engineer. Hometown: Acton, Massachusetts

Birthday: January 25

Marital Status: Married

Shaggin' Since: May 1998

Favorite Dance Partner: Jeff (my husband) **Favorite Dance Tune:** Drink or Wine: Crystal Light! **Hobbies:** Remodeling my home **Other Interests:** people **TV Program:** Grey;s Anatomy and Desperate Housewives **Books at Bedside:** Bible and Raising Sons **Luxury Defined:** (Having my name spelled right! –(kidding) In a hot tub at our timesharing resort on Ocean Boulevard ,N Myrtle Beach during SOS looking out at the beach. **Self-Portrait:** active gregarious and friendly go getter! **Motto:** God first; Family second; and career third. **Dream:** becoming a Mary Kay Millionaire **Inspiration:** God **Last Words:** My kids are my pride and joy!

FRIDAY NIGHT BEACH PARTY— Meet your friends at The Coast Guard— TEMPORARILY SUSPENDED. Stay tuned for further details—Gary Salpini

Shaggin in Fredericksburg! Submitted by Audrey Borja *The Carolina Shag is contagious and to help satisfy the crave, come out and try the **Battlefield Boogie Club's (BBC) Tuesday night at The Loft, 1005 Princess Anne Street, in old town Fredericksburg, Va. Dancing to the tunes of the Jim Rose, ACSC DJ, the BBC meets on Tuesdays starting around 7:00 with dance lessons at 7:30. Line dancing is taught once a month. Socials and dance events are always happening geared to keep you dancing and happy! -- So, come out and join in and meet many of your friends! There are lots of high spirits and fun waiting for you! Come early and beat the traffic! We will be looking for you! ---For more information, please contact rocknwithruss@aol.com or Jim Rose at beachdj51@yahoo.com or go to www.battlefieldboogieclub.com***

For some smooth dancing news, check out www.smoothnez.com events

☺ **FOR NVSC SHAG EVENTS,& OTHERS, GO TO www.nvshag.org or www.shagdance.com**



Your officers and directors of the NVSC Board for 2006:

| | | | |
|----------------|-----------------|--------------|--|
| President | Janis Grimes | 703-536-7362 | Janis Grimes |
| Vice President | Marcia Conway | 703-361-8159 | Marcia Conway |
| Secretary | Charlotte Ashby | 703-978-2022 | Charlotte Ashby |
| Treasurer | Russ White | 301-654-0548 | Russ White |
| Board | Hilda Clemann | 703-631-1929 | Hilda Clemann |
| Board | Linda Coffeen | 703-794-9276 | twb@titleva.com |
| Board | Cris Gaines | 703-591-4969 | Cris Gaines |
| Board | Debra Parrish | 703-369-6688 | Debra Parrish |
| Board | Terrie Patullo | 703-392-6347 | Terrie Patullo |

BTW-Going to SOS? Here are some really great directions to North Myrtle Beach: Take 95 South to Lumberton, Exit 14. At exit 14 take Route 74 East/South to Route 410 South. Take Route 410 South to Route 701 South. From 701 take Route 9 East/South, which brings you to Route 17 at North Myrtle. [this is a loose translation of the original submission by Larry Jones] Be polite. Drive fast or move right. –submitted by Gary Salpini

10 Years of Shag Friends and NVSC Fun

By Dennis Gehley

It was just a little over 10 years ago when our good friends David and Sharon Shipp invited us to go dancing with them on a Wednesday night in Springfield, Virginia. Nancy and I had known David and Sharon for over 20 years at that time. We had met them at a cocktail party in the 'hood in the '70s, rocked and rolled with them at a dance club named Rene's near Fairfax Circle, and country danced with them throughout Fairfax County while our kids grew up in North Springfield. David and Sharon told us in early 1996 that there was something new happening on Wednesday nights at Blackie's restaurant, one of our local country dance saloons. This something new was called "beach music" that people danced a dance to called "Carolina Shag." This was a dance that did not require a uniform of boots and hats and belt buckles and turquoise and silver jewelry. This was a dance that sounded like fun.

We accepted David and Sharon's invitation, and that night in February 1996 was not only fun, it was the beginning of something that continues to introduce us to new friends and to share good times with dance friends up and down the East Coast. We discovered the Northern Virginia Shag Club (NVSC). Here we are in April 2006, 10 years older, supposedly wiser, and still thoroughly immersed in the lifestyle of Carolina Shag, "beach" and "shag" music, and just about everything associated with one of the most exciting dance forms on earth.

We soon learned that NVSC was just one of about 100 clubs in predominantly the southeastern U.S. that are devoted to preserving and promoting a type of dance that originated in the 1940's and 1950's in North and South Carolina that become known as Carolina Shag or simply "shag." These clubs had formed themselves into something called the Association of Carolina Shag Clubs (ACSC). These clubs perpetuate a type of music that Carolina kids danced to when they went to Carolina lakes and beaches in the 1940's and 1950's – music that was often played by rhythm and blues artists who could not be heard on radio stations back home. Carolina kids called their dance "fast dancing" and eventually called it "shagging." Disc jockeys who played this beach and shag music throughout the Carolinas eventually formed the Association of Beach and Shag Club DJs (ABSCDJs).

A little funny for you.....Subject: still not hungry?! Submitted by ed.

A woman asks her husband, "Would you like some bacon and eggs? A slice of toast and maybe some grapefruit and coffee?"

He declines. "Thanks for asking, but I'm not hungry right now. It's this Viagra," he says. "It's really taken the edge off my appetite."

At lunchtime she asked if he would like something. "A bowl of soup, homemade muffins, or a cheese sandwich?"

He declines. "The Viagra," he says, "really trashes my desire for food."

Come dinnertime, she asks if he wants anything to eat. "Would you like a juicy porterhouse steak and scrumptious apple pie? Or maybe a rotisserie chicken or tasty stir fry?"

He declines again. "No, still not hungry."

"Well," she says, "would you mind letting me up? I'm starving."

VIRGINIA BEACH, VIRGINIA

Beach Music Weekend

Wednesday-Sunday, May 17-21, 2006

On the beach at 29th Street (& Atlantic Avenue)



Presented by The Oceanfront Inn

Celebrate the popularity of Beach Music at this non-stop weekend of fun in the sun and dancing under the stars! Virginia Beach becomes the Beach Music “capital” of the East Coast, hosting your favorite bands for a jam-packed, rockin’ and rollin’ party. This year’s Beach Music artists will have the crowd dancing on the beach under the stars!

The Beach Music Cruise Saturday night on the Virginia’s Jewel is the perfect way to top off an evening of great entertainment at the 29th Street stage on the beach. **All concerts at the 29th Street stage are free.** The kick-off party and cruise are ticketed events.

Entertainment Schedule:

| | |
|-------------------|---|
| Wednesday, May 17 | Kick-off party at Steppin' Out |
| Thursday, May 18 | 7:00pm-9:30pm, Band of Oz |
| Friday, May 19 | 7:30pm-10:00pm, Craig Woolard Band |
| Saturday, May 20 | Noon-2:00pm, Holiday Band 2:30pm-4:45pm, Coolin' Out 5:30pm-7:45pm, The Tams 8:30pm-10:45pm, The Rhondells |
| Sunday, May 21 | 1:00pm-3:15pm, Mardi Gras Band 4:00pm-6:15pm, The Embers |

Lodging:

| | |
|--------------------|----------------|
| The Oceanfront Inn | 1-888-VA-OCEAN |
| The Hilton | 1-800-HILTONS |
| The Colonial Inn | 1-800-344-3342 |

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