

SEPT 2010  
Volume 16 Issue 9

# Shag Rag



Dedicated to the Preservation of the Carolina Shag and Beach Music  
*Northern Virginia Shag Club/ Marcia Conway, President*

## **PRESIDENT'S MESSAGE** by *Marcia Conway*

Where did the summer go? Besides our regular dancing on Wednesday nights at Rene's, NVSC members enjoyed several successful activities in August. Thanks to **Bobby and Laura Payne** for hosting the annual picnic that was held on **Saturday, August 14** at their beautiful and spacious new home in Midland. Everyone enjoyed the food and particularly just socializing with fellow shag club members. The club appreciates their gracious hospitality. Many thanks to **Jason and Jeanne Potter** for organizing the food and for the cleanup after the picnic.



A review workshop was at Fast Eddie's on Sunday, August 22 to go over the steps taught by **Jason and Holly Cagle**, the pro instructors at the Capital Shag Classic workshops. Thanks to **Joan McKinney, David Rodgers and Bob Lutz** for leading the workshop. Come and join NVSC members who dance at Tommy's Place on Friday nights. Thanks to **Nancy Roop and David Rodgers** for introducing and teaching a shag lesson at the Harris Pavilion on Saturday night, August 14 before the beginning of the entertainment by The Bel Aires.

**Are we ready to have fun this fall!!** On September 17 -September 26, thousands of shaggers will be going to SOS Fall Migration at North Myrtle Beach. The Northern Virginia Shag Club party will be held on **Tuesday, September 21 in the back room of Fat Harold's from 4:30PM -6:30PM**. This party is free to the membership. **The Virginia Club party will held on Friday, September 24 at Duck's from 1PM to 4PM**, also free to the membership. Thanks to **Craig Jennings** for organizing this party. For those members who are not going to SOS, you will receive a ticket for a free rail drink, wine, soda or water at Rene's on Wednesday, September 22. Free admission pass to Rene's for the first one who emails me that they have read the September 2010 *Shag Rag*. (Board members are not eligible for the pass.)

The next big fall event is a workshop/dance party at **Ft. Myer on Saturday, October 16**. The workshop/party starts with dance lessons at **6PM with Master Pro Champions, Gene and Nancy Pope**, and the dancing starts at **7:30PM until 11:30PM with guest DJ Gary Barnes**. The cost is only \$20 which includes the free lessons. **Nancy Guilliams** is in charge of organizing the food for this fun party. Refer to the flier in this shag rag for more information. **Volunteer and support this event!**

**There will be a general membership meeting on Wednesday, September 8 following the dance lessons.**

## **Upcoming Events**

September 8 – General Membership Meeting at Rene's, following the dance lessons

September 12—Pre-SOS party at Fast Eddie's from 4 until 7 p.m.

September 21 – SOS NVSC Party in the Back Room of Fat Harold's from 4:30 to 6:30 p.m.

September 24 – Virginia Clubs Party at Duck's from 1p.m. to 4 p.m.

October 16—Workshop/dance party, Ft. Myer from 6 to 11:30 p.m.

## ***NVSC COMMITTEES/CHAIRS—2010***

Audit	Cris Gaines
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 10	Sue Young and Marcia Conway
Charity Fundraising	Kathy Miller/Nancy Cox
Dance	Joan McKinney, <a href="mailto:joanmck3@aol.com">joanmck3@aol.com</a>
Hello Shaggers	Valerie Swiger
Historian	Liz Kestler
Membership	Valerie Swiger, <a href="mailto:Valerievms@aol.com">Valerievms@aol.com</a>
Music	Fran Mong
Newsletter	Liz Kestler
Nominating & Elections	To be selected in September
Photographer	John Romito, <a href="mailto:jrdancer0501@yahoo.com">jrdancer0501@yahoo.com</a>
Public Relations	Barry Newman, <a href="mailto:barryn1940@aim.com">barryn1940@aim.com</a>
Shag-a-thon	Jo-An Hitzemann/Judy Anderson
Social/Hospitality	Cris Gaines, Dick and Marion Prosser, David and Nancy Guilliams, Sandra Traylor, Sam Wray
Sunshine	Maryann Lesnick, <a href="mailto:mlesnick@mlesnick.com">mlesnick@mlesnick.com</a>
Web Site	John Romito

## ***NVSC OFFICERS & DIRECTORS—BOARD MEMBERS—2010***

President	Marcia Conway	703-361-8159	<a href="mailto:nclady11@comcast.net">nclady11@comcast.net</a>
Vice President	Fran Mong	703-368-2792	<a href="mailto:franmong@aol.com">franmong@aol.com</a>
Secretary	Liz Kestler	703-917-0720	<a href="mailto:sarejan5@yahoo.com">sarejan5@yahoo.com</a>
Treasurer	Dave Bushey	703-273-2876	<a href="mailto:dbushey99@gmail.com">dbushey99@gmail.com</a>
Director-at-Large	Tim Farris	703-243-1548	<a href="mailto:tfarris11@yahoo.com">tfarris11@yahoo.com</a>
Director-at-Large	Kathy Miller	703-727-9423	<a href="mailto:khemp501@aol.com">khemp501@aol.com</a>
Director-at-Large	Barry Newman	703-941-0445	<a href="mailto:barryn1940@aim.com">barryn1940@aim.com</a>
Director-at-Large	Dick Prosser	703-698-0709	<a href="mailto:rlprosser@verizon.net">rlprosser@verizon.net</a>
Director-at-Large	Sue Young	703-237-8616	<a href="mailto:suey@theaeap.com">suey@theaeap.com</a>

## **CARE AND CONCERNS...**

♥We extend our condolences to Vaughn Royal whose father passed away August 31<sup>st</sup> in Niles, Michigan. George Royal's obituary is online at ***South Bend Tribune***—check obituaries for September 1st. He was 97 years young. If you would like to send Vaughn a card, his address is 6147 Edsall Rd, Unit M, Alexandria, VA 22304

♥Riley Crawford, of Fredericksburg, Virginia, continues to improve. Please continue your prayers for his full recovery.

♥Ellen Testa is relieved to have her chemo completed. Next up is radiation treatments. She hopes to get those completed by November. She sends her thanks to everyone for their uplifting cards and emails.

♥Keep Sharon Shipp in your thoughts and prayers as she goes through her cancer treatments.

**DEEJAY SCHEDULE FOR SEPTEMBER\***

**\*subject to change**

September 1 – Eddie O.

September 8 – Craig Jennings

September 15 - Dennis Gehley

September 22 - Eddie O.

September 29 – To Be Announced

**SEPTEMBER BIRTHDAYS**

Debra Parrish	5th	John Dever	18th
Ed Mixon	7th	Marian Cox	18th
Amy Bush	7th	James Connor	19th
Beverly Larson	9th	Barbara Jones	19th
Lanny Blaine	12th	Ron Warner	19th
Betty Abshire	13th	Cecile Rocek	20th
Frances Meckel	13th	Audrey Borja	21st
Sharon Geyer	13th	Ralph Tedesco	21st
Pete Campbell	14th	Lorraine Rohlik	26th
Gail Armstrong	15th	Bonnie Arms	28th
Gerry Scott	16th	Wes Kirchner	28th
Bonnie G. Camp	16th	Carolyn Payne	29th
Karen Crawford	17th	Mary Ann Davis	30th

---

***NEW MEMBER IN August—AMY BUSH***  
***Welcome to our Club!***

PLEASE REMEMBER TO ASK NEW MEMBERS AND RED-DOT BEGINNER DANCERS TO DANCE. ALL IT TAKES IS PRACTICE, PRACTICE, PRACTICE TO BE A BETTER DANCER!

**JASON & HOLLY CLASSIC REVIEW-ORDER DVDs NOW--\$10**

***Practice and review Holly and Jason's Classic Workshop Steps***

All proceeds from the sale of DVDs will be donated to Hall of Fame Foundation as requested by Jason and Holly Cagle

**Contact any Board member or Dance Committee member for your order.**

---

## 2010 SUNDAY SOCIAL DANCE PARTIES SCHEDULED:

SEPTEMBER 12 PRE-SOS PARTY (from 4—7 p.m.); OCTOBER 24 (from 4—7 p.m.);  
NOVEMBER 14 (from 4—7 p.m.); No Dance At Fast Eddie's in DECEMBER

### **GATHER, SOCIALIZE, DANCE AT**

<b>FAST EDDIE'S SPORTS GRILL</b>
----------------------------------

**14114 LEE HIGHWAY, CENTREVILLE, VA 20120 PHONE 703-256-8888**

### **HERE'S A PLACE TO DANCE ON FRIDAY NIGHTS**

**Friday Night Dancing** at **TOMMY'S PLACE** 8910 Mathis Ave, **Manassas**, VA (703) 368-6500

How many remember Friday nights down at Legends in Manassas? Here's a treat for all shag dancers: Beginning Friday night, August 6<sup>th</sup>, Gene Griffin (who used to DJ at Legends) will DJ from 6:30 until closing. Like before, from 6:30 until around 9:30, Gene will play Shag/Beach Music (CD's provided by Gary Salpini and others). Enjoy the food, the management, the prices, the seating arrangements, the dance floor, and **NO COVER!** THIS VENUE is encouraged for all shag friends to join together for a few drinks, dinner, and dancing on Friday nights.

-----  
**MORE INFORMATION ABOUT THE HALL OF FAME FOUNDATION:**

**"FRIENDS OFFERING FRIENDS A HELPING HAND IN A TIME OF NEED"**

The Hall of Fame "Foundation" strives to seek out and assist members of the shag dancing community who need assistance in times of illness or other situations.

Their motto is "Friends Helping Friends". For more information concerning this worthy cause, please go to [www.halloffamefoundation.org](http://www.halloffamefoundation.org).

Also contact The Hall of Fame Foundation if you would be interested in helping its mission by offering a helping hand to members of our community in a time of need.

**HEADS UP! For our October 16<sup>th</sup> Fall Dance/Workshop, we have Pro Instructors Gene and Nancy Pope from Durham, NC! And, our Guest Deejay will be Gary Barnes from Virginia Beach, VA! We are excited about this event which will be held at Ft. Myers, Arlington, VA**

## A Note from the Cagles:

Dear “NOVA”,

*Thank you for your hospitality and warm welcome to Holly and I during the Capital Shag Classic. We enjoyed the event and hope to see many of you during SOS.*

*Best Regards,*

*Jason*

## NVSC Logo Merchandise and Other Info

Members Kathy Miller and Nancy Cox are the contacts for NVSC logo merchandise. They have the following items:

Shirts—in various styles and colors	\$18 and up
CD Cases	\$15
Coffee Mugs	\$5
Baseball Caps	\$15
Twinkling Glasses	\$10
Cook Books	\$15

And More! Check out their Bargain Bin!

### WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the month you want. It's in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at Rene's on Wednesday's.

**ADVERTISE YOUR BUSINESS IN THE SHAG RAG—CONTACT LIZ KESTLER AT [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com) for details.**

## BORROWING SHAG VIDEOS.....

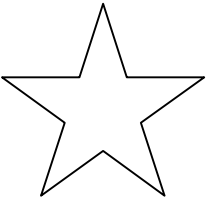
**is easy at NVSC!!!**

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See SUE YOUNG on Wednesday nights to borrow a DVD or video!!!

---

*Learn from the pros by watching their instructional DVD's. See Sue Young for details and availability of rentals*



***Don't miss our Fall Party—October 16 at Fort Myer Community Center, 228 McNair Road, Bldg. 406, Fort Myer, Virginia 22211***

***NORTHERN VIRGINIA SHAG CLUB'S***  
***WORKSHOP AND DANCE***

***SATURDAY, OCTOBER 16, 2010 from 6 until***  
***11:30p.m.***

***With***

***PRO INSTRUCTORS***

***Gene and Nancy Pope***

More details will be in our October Shag Rag—Stay Tuned!!

***GARY BARNES WILL BE OUR GUEST DEEJAY***

Be prepared to present identification upon entering Fort Myer. Unescorted minors may not be admitted by security.

Directions: from Northern Virginia take 1-395 to Exit 8A for Washington Blvd., take Ft. Myer exit on right. Inside the gate, security checkpoint is on right. Follow main road to stop sign, turn left on McNair. Look for medical clinic on right, and park just beyond medical clinic. The Community Center is directly across the street from parking lot.

# **SEPTEMBER DANCE LESSONS AT RENE'S ON WEDNESDAYS**

**Lessons Begin at 7:30 p.m.**

## **INTERMEDIATE LEVEL SHAG STEPS**

Sept 1 – Side-to-Side Basic, Handshake Wrap Pivot

Sept 8 -- Leg-up Basic, Lean

Sept 15 – Stutter Basic, Sugarfoot w/Lean

Sept 22 – Flyback, Arm Over Pivot w/Reverse Tuck

Sept. 29 – Special Class w/Guest Instructors

## **NOVICE LEVEL SHAG STEPS**

Sept 1 -- Double Kick Basic, Applejack

Sept 8 -- Behind Sailor Shuffle, Front Walk-Up

Sept 15 -- Hesitation Basic, Hug Pivot

Sept 22 -- Pivot, Tuck From Pivot

Sept 29 – Special Class w/Guest Instructors

## **BEGINNER LEVEL SHAG STEPS**

Sept 1 -- Basic, Start, Female Turn

Sept 8 -- Half Turn, Male Turn

Sept 15-- Kick Basic, Side Pass

Sept 22 -- Crossover Basic, Triple Basic

Sept 29 – Special Class on Technique

## SCHEDULED NVSC EVENTS FOR 2010

The Northern Virginia Shag Club has planned many FUN EVENTS for the coming year. In addition to our weekly LESSONS and SHAG DANCES at RENE'S, we have other planned activities, which provide members and guests the opportunity to SHAG. See remaining events below:

PRE SOS PARTY @FAST EDDIE'S	SEPTEMBER 12
FALL MIGRATION (SOS)	SEPTEMBER 17 - 26
NVSC PARTY AT FALL SOS	SEPTEMBER 21
FALL DANCE WORKSHOP	OCTOBER 16
FALL SOCIAL @FAST EDDIE'S	OCTOBER 24
NVSC HOLIDAY PARTY	DECEMBER 4

---

## Northern Virginia Shag Club's

# SOS PARTY

At Fat  
Harold's

Meet your friends

Make new acquaintances

Wear your Club Shirts!

Free Drinks while they last!



**When: Tuesday, September 21, 2010**  
**4:30 until 6:30 pm**

**Where: Fat Harold's Back Room, N. Myrtle Beach**



# Virginia Shag Clubs Free Pour!!!

Fall SOS 2010, Friday, September 24<sup>th</sup> 1-4pm in DUCKS

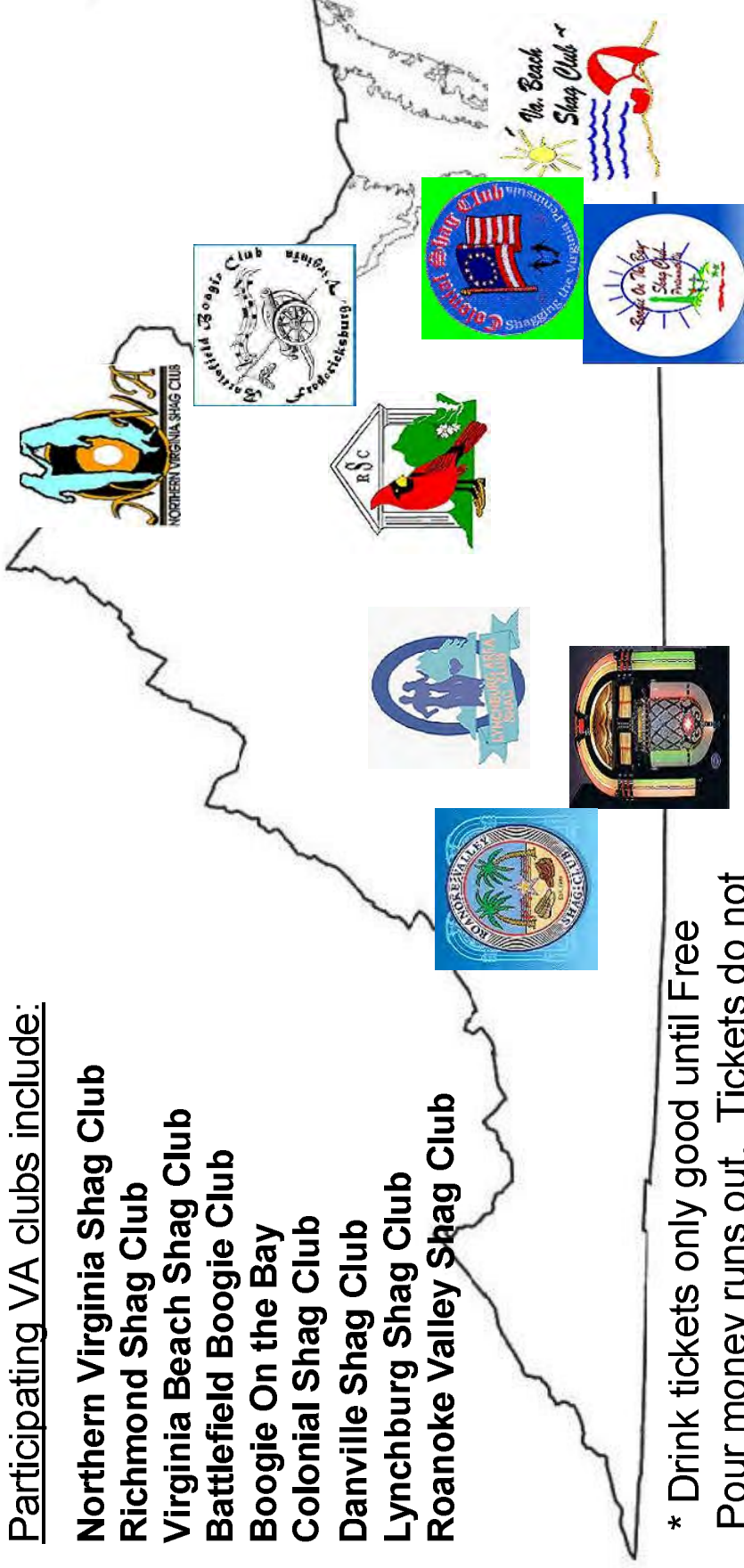
Come PARTY with all your friends from the commonwealth!!!

Music provided by various Virginia DJs

Food provided by Ducks at 2pm

Participating VA clubs include:

- Northern Virginia Shag Club
- Richmond Shag Club
- Virginia Beach Shag Club
- Battlefield Boogie Club
- Boogie On the Bay
- Colonial Shag Club
- Danville Shag Club
- Lynchburg Shag Club
- Roanoke Valley Shag Club



\* Drink tickets only good until Free Pour money runs out. Tickets do not guarantee drinks