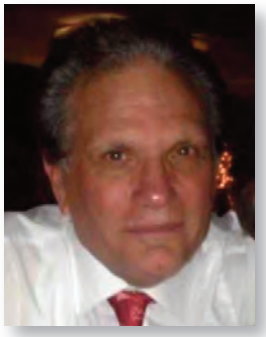
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

APRIL 2026

President's Corner

BY JACK JONES



Happy Spring to our fellow club Shaggers!

We celebrated St Patrick's Day during our weekly dance on March 12 with shamrock decorations and the dancers wearing green clothing. Thanks to Joan Mckinney for another great footwork lesson and to Vaughn and Cathy for playing some Irish tunes that we could Shag dance to. Once again, we appreciate those who brought decorations and snacks and helped with setup/tear down.

We had our quarterly Membership Meeting during our Thursday dance on March 19 when a brief summary of our club status was provided.

Our first 2026 Sunday Social at Clare and Don's Beach Shack in Falls Church was held on March 1. Please join us for the next one scheduled for April 12 from 2-5 pm. Free parking is available close by.

Dick Prosser has selected Monday, April 13 as the next cleanup date for the "Adopt a Highway Program." We'll be collecting trash on Route 50 near the Fairfax Elks Lodge where we dance which should take about 2 hours. The response for volunteers so far has been good but we can always use more.

Congratulations to Craig and Heather Jennings for their upcoming induction to the 2026 Competitive Shaggers Walk of Fame. The ceremony will take place during the Grand Nationals in Atlanta during the Memorial Day weekend. Sincere thanks to Vaughn Royal and Cathy Metcalf for drafting and submitting their nomination package.

A reminder that if you plan on attending the SOS Spring Safari (April 17-26, 2026) in North Myrtle Beach, SC, contact Mark Hendrickson to obtain your SOS pass for $40, which can be used for both the spring and fall SOS events. Email Mark at treasurer@nvshag.org.

The next theme dance will be the "Spring Fling" held during our April 9th weekly dance. Details on it will follow. Wishing you a wonderful April hopefully with warmer weather and a Happy Easter and Passover!

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NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The: National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. Visit us at www.nvshag.org

2026 Board Members

General Information		info@nvshag.org
President	Jack J.	president@nvshag.org
Vice President	Dick P.	vicepresident@nvshag.org
Secretary	Linda B.	secretary@nvshag.org
Treasurer	Mark H.	treasurer@nvshag.org
Director at Large	Pamela A.	
Director at Large	Barbara E.	
Director at Large	Kathy K.	
Director at Large	Liz K.	
Director at Large	Bee B.	

2026 Committees/Chairs

Audit	Linda Z.	
Capital Shag Classic	Vacant	
Shag-A-Thon	Vacant	
Dance	Pamela A.	DanceChair@nvshag.org
Music	Vaughn R.	MusicChair@nvshag.org
Historian	Vacant	
Membership	Barbara D.	Membership@nvshag.org
Hello Shagger	Kathy K.	Communications@nvshag.org
Shag Rag Newsletter	Adele R.	Communications@nvshag.org
Facebook	Jack J.	Communications@nvshag.org
Instagram	Adele R.	Communications@nvshag.org
Photographer	Jack J.	NVSCPhotographer@nvshag.org
Public Relations	Vacant	PublicRelations@nvshag.org
	Adele R.	PublicRelations@nvshag.org
Social/Hospitality	Sue Y.	Hospitality@nvshag.org
Webmaster	Loren K.	Webmaster1@nvshag.org
Sunshine	Maryann L.	SunshineChair@nvshag.org

*Denotes Standing Committee

Contact us:

General Inquiries:
shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
communications@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

SESAC

BMI

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

www.nvshag.org

Contact us: info@nvshag.org

Follow us!

When and Where to Shag

Join us at the Elks Lodge for dancing every Thursday!

Address: 8421 Arlington Blvd., Fairfax

Open dancing: 7:00 - 10:00 p.m.

Admission Cost: $10 Members; $11 Non-Members

We will be dancing downstairs in the Fairfax Room. Food and drink may be purchased from the Elks at the bar next to the Fairfax Room. There is an elevator at the rear of the building for those who find stairs challenging.

DANCE INFO

Deejays:

April 2
Cathy Metcalf and Vaughn Royal

April 9
Spring Fling themed dance
Craig Jennings

April 12
Sunday Social
Jack Jones

April 16:
Cathy Metcalf and Vaughn Royal

April 23
SOS week
Loren Kropat

April 30
Jack Jones

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club	*www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club	*www.boogieonthebay.com*
Colonial Shag Club (Newport News)	*www.colonialshagclub.com*
Danville Shag Club	*www.danvilleshag.com*
Franklin Shag Club	*Find them on Facebook*
Lynchburg Shag Club	*www.lynchburgareashagclub.com*
Richmond Shag Club	*www.shagRVA.org*
Roanoke Valley Shag Club	*Find them on Facebook*
Virginia Beach Shag Club	*www.vbshagclub.com*

Come dance with us!

NVSC…We know how to celebrate a holiday!

Ringing in the year of the horse:

A new year's banner courtesy ????

But with very American snacks.

Dancing and posing!

And of course, there's St. Pat's Day!

Guacachip

SOS is this month! Get your cards, make your plans.

SOS Dates:

April
April 17 - 26
Spring Safari

July
July 17 - 19
Summer Workshop
in Columbia, SC

July 14 - 19
Junior SOS

September 18 - 27
Fall Migration

SOS venue info

SOS works closely with a number of the most popular lounges on OD. With the support of and relationship with the SOS lounges, stranders are able to get the most from their membership. SOS members have unlimited access with no cover charge to the following lounges during BOTH of the ten day SOS events each year and the Mid-Winter Break. Please visit each of the SOS lounges during your beach trips.

Ducks
The newly remodeled Ducks complex has lots to offer shaggers. Four dance floors, three bars, and a great grill to boot. Closer to SOS you should find their schedules for DJs and events posted online.

Fat Harold's
Fat Harold's is a local favorite at North Myrtle Beach. Harold's has two seperate rooms with a dance floor, a DJ, and a bar in each. Don't forget the famous Shag City Grill that features great food and a bar of its own. Closer to SOS you should find their schedules for DJs & events posted online.

OD Arcade
Welcome to the biggest little bar on OD. The Arcade has loyal a following that calls this joint home. The Arcade has a great dance floor and the best front porch on the beach. Plus, the Arcade is known for having the best lunch specials on OD.

OD Resort
The OD Resort, or the hotel at the horseshoe, has lots to offer. There are three seperate lounges to choose from. They have the world famous Spanish Galleon, the Beach Club, and HOTO'S with different bars & DJs at each club. The Resort even offers a smoke free lounge. To cap it off the Shagger's Hall of Fame is housed at this beach front oasis.

Selected Workshop and event flyers

Fat Harold's Beach Club

2026 SOS Spring

DJ Schedule

	Front	Back
Wednesday, April 15		
6:00	Dennis Brumble	6:00 Glenn Pridgen
Thursday, April 16		
2:00	Keith Williamson	
7:00	Jimmy Buffkin	7:00 Ervin Ellington
Friday, April 17		
1:00	Dennis Brumble	1:00 Chuck Weaver
5:00	Buck Crumpton	5:00 Roger Holcomb
9:00	Darrell Gaither	9:00 Bill Harper
Saturday, April 18		
1:00	Jimmy Buffkin	1:00 Richard Conner
5:00	Darrell Gaither	5:00 Norman Mills
9:00	Buck Crumpton	9:00 Keith Williamson
Sunday , April 19		
1:00	Darrell Gaither	1:00 Ervin Ellington
5:00	Adam Holmes	5:00 Bill Harper
9:00	Gene Sistare	9:00 Glenn Pridgen
Monday, April 20		
1:00	Phil Long	1:00 Roger Holcomb
5:00	Dennis Brumble	5:00 Norman Mills
9:00	Ken Jones	9:00 Chigger Woods
Tuesday, April 21		
1:00	Randal Hight	1:00 Phil Long
5:00	Bill Harper	5:00 Roger Holcomb
9:00	Jimmy Buffkin	9:00 Gene Sistare
Wednesday, April 22		
1:00	Dennis Brumble	1:00 Phil Long
5:00	Jimmy Buffkin	5:00 Glenn Pridgen
9:00	Jim Rose	9:00 Adam Holmes
Thursday, April 23		
1:00	Ken Jones	12:00 Norman Mills
5:00	Darrell Gaither	5:00 Frank Price
9:00	Jim Rose	9:00 Craig Jennings
Friday, April 24		
1:00	Dennis Brumble	1:00 Chigger Woods
5:00	Darrell Gaither	5:00 Ken Jones
9:00	Roger Holcomb	9:00 Jim Rose
Saturday, April 25		
1:00	Jimmy Buffkin	1:00 Vinyl Party
5:00	Glenn Pridgen	5:00 Vinyl Party
9:00	Buck Crumpton	9:00 Vinyl Party
Sunday, April 26		
2:00	Glenn Pridgen	
6:00	Dennis Brumble	

Club Opens 11 am everyday during SOS

Shag Workshops

Charlie Womble & Jackie McGee

See separate AD for their Spring Schedule

Shag City Grill

Open Daily 11 am

Events

Wed., April 15
94.9 Jump Start Party
Free Hot Dogs

Friday, April 17
Too Much Sylvia 2-6

Saturday, April 18
Castaways 2-6

Sunday, April 19
The Featured Attraction
Band 2-6

Monday, April 20
Sea Cruz 2-6

Tuesday, April 21
The Embers 2-6

Wednesday, April 22
Jim Quick & Coastline 2-6
Chicken Bog 6:00

Thursday, April 23
Rivermist 2-6
Winston Salem Shag 12-3
Rock Hill Shag Club 5-9

Friday, April 24
Gary Lowder &
Smokin' Hot 2-6

Saturday, April 25
Parade Awards following
the parade

Sunday, April 26
Jim Quick & Coastline 6-10

Bye Bye Party!

AS OF 3/27/2026

***Schedule subject to change without notice**

YES OH YES, IT'S SOS!
Carolina
SHAG LESSONS
WITH ASHLEY & TOBITHA STEWART
Carolina Shag Workshops
with
Ashley & Tobitha Stewart
OD ARCADE & LOUNGE
$10.00 per person
We'll teach it-you'll dance it-all in one day!
Monday, April 20th 10:00AM
Fun Lead Follow Patterns
Tuesday, April 21st - 10:00AM
Basic Variations-"The 3 for 1"
Wednesday, April 22nd-10:00AM
Fun Together Step- "The Arcade"
Thursday, April 23rd-10:00AM
Closed Position Patterns
OD ARCADE & LOUNGE
THE BIGGEST LITTLE BAR IN TOWN
NORTH MYRTLE BEACH

Old School Dance Contest
Wednesday, April 22
2026 Spring Safari
Sponsors:
Jesse & Anna Bradshaw
James Parker
Jamie @ Gristmill Restaurant in Clinton NC
Jack Bond
Jim and Dale Hern
Dr. A.C. and Cathy Williams
Ellen Taylor
Russell and Bonnie Page
Bruce Yates and Barbara Banks
Bruce and Brenda Deans
Bud and Kathy Fly
DeWayne and Sheila Rivenbark
Clay and Cheryl Parker
Sid Strawderman and Jane Renger
Marcus Thigpen
Preston' Corner Grill and Bar, Swansboro NC
John and Tina Phillips
Jim Harlow and Brenda Hardy
James and Leah Bryant
ODI Arcade & Lounge
North Myrtle Beach, SC
2 PM (sign up noon)
Must be 62 years or older
DJ Craig Jennings
(Pro's cannot dance with regular partners or anyone they have won with)
Contact:
Norfleet Jones, 843-602-8970
Jesse Bradshaw, 910-590-6310

CLUB INFO

By the Numbers

February

Starting Balance:	$9,600
Income:	1,334
Expenses:	1,140
Ending Balance:	$9,794

Active Membership

2018	185
2019	129
2020-21	127
2022	115
2023	90
2024	105
2025	105
2026	98

Please consider a gift to NVSC!

Donate online at nvshag.org

Join us at a dance and bring a friend!

Here's a good idea!

We have Gift Certificates available for purchase for $10 each. Do you know someone who might enjoy coming to the Elks for a NVSC dance? Maybe pre-pay and all they have to do is present the certificate and they are in at the member rate. You can also purchase these for your personal use if you'd like to grab a few when you have cash on you and keep them in your dance bag in case you didn't get a chance to run by the ATM that day. It's a brilliant back-up plan!

Having the big 9-0?

The Board of Directors now offers folks who have circled the sun 90 times or more (those 90 years of age or older) a free lifetime membership. This means that the yearly membership renewal fee of $25 is waived. These valued members of our group will enjoy all the benefits of a paid in full membership. They will pay the member rate for admission to events and will attend club events with free admission such as the holiday party and club picnic. When we take membership applications, we do not ask for nor do we track the year of birth, so if you qualify, please be sure to make note on your renewal letter or contact us immediately so that we can update our records. If you have any questions, please let us know.

How to Install the SOS App.

1. **Open up Safari, type in "shagdance.eventapp.to" and press go. And skip to #3 or #4 depending on your mobile phone type.**
2. **OR** Scan this QR Code either with a QR Reader or your Camera

	Or if you use your Camera: It will come up eventapp.to Click on the eventapp.to (box)

3. If Android Phone Click on the Install Icon at the top and then click install. (it will be installed)
4. If iPhone, if you Scanned by **QR Code** or clicked on the **"eventapp.to"** or typed in "shagdance.eventapp.to" the following screen appears:

5. Then click on this icon and **scroll down** and click on **"Add to Home Screen"**
6. Name it: **SOS APP** and Click **ADD**.

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org*** and look for the box in the upper right corner.

Hello Shagger Emails

Are you getting the ***Hello Shagger*** e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the ***Hello Shagger*** email (including DJ schedules and menus), please send to ***communications@nvshag.org***.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Barbara D. know at ***membership@nvshag.org***.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at ***adelerobey97@gmail.com***

Your ad here!

Phoenix Graphics

Design and production
for print and beyond

Adele Robey

202.841-6457
adelerobey97@gmail.com

Advertising in the Shag Rag

Members may have their business card sized ads added to the *Shag Rag* for free!

Advertise your services, activities or business
Business Card size:

Members	no cost
Non-Members	$60 a year / $10 month

For a quarter page ad, pricing for all is $100 a year or $50 a month.

Dance with us every Thursday!

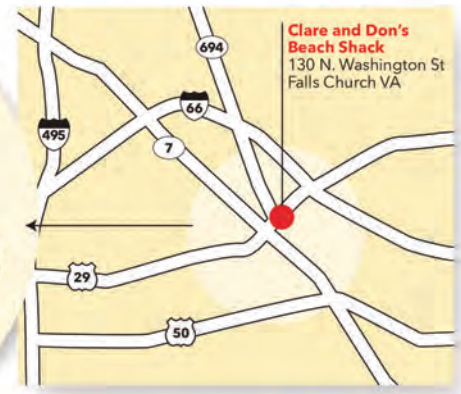
SUN DAY FUN DAY!

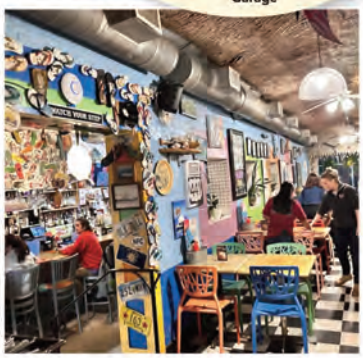
NVSC SUNDAY SOCIAL!

COME AND DANCE!
2 to 5 PM
CLARE & DON'S BEACH SHACK

APRIL 12, 2026

Spend a Sunday afternoon dancing and mingling with Northern Virginia Shag Club!
Clare and Don's Beach Shack is located at 130 No. Washington, Street, Falls Church, VA, convenient to Routes 66 and 7. Enjoy lots of good food and drink with musc by our fabulous NVSC DJs.





FREE!

Check the website www.nvshag.org for latest info on dates.

etc.

April Biirthdays

Barbara Ebersole
April 8

Jason Potter
April 9

Linda Barna
April 20

Trish Goeller
April 29

Yes, you may have a cocktail on Easter.

You may need one after the Easter egg hunt.

Easter Mimosa

This Peeps Mimosa has the perfect balance of sweet and tart for the perfectly delicious mimosa.

Ingredients
Champagne: Use a Brut champagne, sparkling wine or Prosecco.
Pink Lemonade: Use pre-made pink lemonade from the grocery store.
Pink And Yellow Peeps: Garnish with yellow and pink Peeps to make it fun and festive!

Here's the step-by-step directions for this easy recipe:

1. Fill your champagne flute about 1/2 full of pink lemonade.
2. Top with champagne (1/2 of the flute).
3. Add peeps for garnish. Use a festive straw to skewer 1 yellow peep and 1 pink peep.
4. Place the straw in each champagne flute. Now your guests can have a sweet nibble with their mimosa!

The Perfect Cottontail Martini

The Cottontail Martini is more than just a drink; it celebrates spring's awakening, encapsulated in a glass.

Ingredients:
1 oz Raspberry-Hibiscus Barmalade®*
1.5 oz Vodka
.25 oz St. Germain
1 oz Ocean Spray Pink Cranberry Juice
.05 oz Lime Juice

Method:
Chill Your Glass: Begin by chilling your martini glass, a nod to modern cocktail culture's experiential aspect.

Mix with Precision: Combine the vodka, St. Germain, Ocean Spray pink cranberry juice with a generous pour of Raspberry Hibiscuous Barmalade® mixer and a squeeze of lime juice in a shaker filled with ice. Shake well.
Garnish Creatively: Express the oil of an orange peel over the drink and garnish with an edible flower or a sprig of fresh herbs, aligning with the zero-waste and natural ingredients trends.
Serve with Flair: Pour the mixture into the chilled glass, garnish with a marshmallow.
**Substitute orange marmalade mixed with hot water/simple syrup*

Baileys Easter Egg Shake

A boozy, decadent milkshake served inside a hollow chocolate egg!

Ingredients (for 2 servings):
2 large hollow chocolate eggs (~100g each)
6 scoops (approx. 12 oz) vanilla ice cream
4 oz (120 ml) Baileys Original Irish Cream
Optional: 2 oz milk (for thinner consistency)
Toppings: Whipped cream, chocolate sauce, mini chocolate eggs, chocolate flakes, or nuts

Instructions:

1. **Prepare the Egg Cup:** Carefully cut or break off the top 1/3 of the hollow chocolate eggs to create a cup.
2. **Blend the Shake:** In a blender, combine the vanilla ice cream and Baileys Original Irish Cream. Blend until smooth and thick.
3. **Assemble and Garnish:** Pour the mixture into the hollow chocolate eggs. Top generously with whipped cream, chocolate sauce, mini eggs, and other desired toppings.