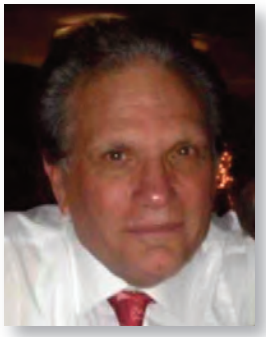
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

MARCH 2026

President's Corner

BY JACK JONES



Hello Fellow Shaggers! For those club members living in Virginia, hope you did okay during the snowstorms and icy cold weather.

Our February Thursday night dances at the Elks Lodge in Fairfax so far had several timely dance themes. On February 5 we had a Pre-Superbowl Party which included tacos cooked by Estelle Jones and chips, dips and desserts brought by other club members. Betting was conducted on a Super Bowl Pool. On February 12, we celebrated Valnentine's Day in which our dancers wore red or pink and participated in a Shaggin' Bingo game to win a prize. On February 19, we had a Mardi Gras party with a king cake and the return of the birthday dance. Joan Mckinney provided her wonderful monthly footwork dance lesson. The Lunar New Year (year of the Horse) was celebrated on February 26. Thanks to all the club members who brought decorations for these events and helped with the setup and tear down.

Some of us attended the Shaggers @ Heart Dance Event held during the second weekend of February in Newport News. This was sponsored by the Boogie on the Bay Shag Club and was an awesome event with great dancing, dance instruction, food and drinks.

Congratulations to Craig and Heather Jennings for being nominated to the 2026 Competitive Shaggers Walk of Fame. Sincere thanks to Vaughn Royal for writing up and submitting their nomination package.

Just a reminder that the 2026 Induction Ceremony for the Virginia Shaggers Hall of Fame (VSHOF) will be held March 19-20 in Newport News VA. This event is not restricted to VSHOF members. Go to www.vshof.com for registration info.

We will be starting our monthly Sunday Socials for 2026 on March 1 at Clare and Don's Beach Shack in Falls Church from 2-5 PM. As for our regular Thursday night dances during March, we will celebrate our traditional St. Patrick's Day themed dance on March 12. We will soon announce the dance date during March when we will hold our quarterly General Membership meeting in which the floor will be opened for questions or discussions.

Spring Safari SOS 2026 occurs April 17-26 in North Myrtle Beach, SC. Please be sure to get your SOS pass from our treasurer Mark Hendrickson for $40 which can be used for both the spring and fall SOS events.

Wishing you a wonderful March, hopefully with warmer weather and a Happy St. Patrick's Day.

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NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The: National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. Visit us at www.nvshag.org

2026 Board Members

General Information		info@nvshag.org
President	Jack J.	president@nvshag.org
Vice President	Dick P.	vicepresident@nvshag.org
Secretary	Linda B.	secretary@nvshag.org
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Director at Large	Barbara E.	
Director at Large	Kathy K.	
Director at Large	Liz K.	
Director at Large	Bee B.	

2026 Committees/Chairs

Audit	Linda Z.	
Capital Shag Classic	Vacant	
Shag-A-Thon	Vacant	
Dance	Pamela A.	DanceChair@nvshag.org
Music	Vaughn R.	MusicChair@nvshag.org
Historian	Vacant	
Membership	Barbara D.	Membership@nvshag.org
Hello Shagger	Kathy K.	Communications@nvshag.org
Shag Rag Newsletter	Adele R.	Communications@nvshag.org
Facebook	Jack J.	Communications@nvshag.org
Instagram	Adele R.	Communications@nvshag.org
Photographer	Jack J.	NVSCPhotographer@nvshag.org
Public Relations	Vacant	PublicRelations@nvshag.org
	Adele R.	PublicRelations@nvshag.org
Social/Hospitality	Sue Y.	Hospitality@nvshag.org
Webmaster	Loren K.	Webmaster1@nvshag.org
Sunshine	Maryann L.	SunshineChair@nvshag.org

*Denotes Standing Committee

Contact us:

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Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
communications@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

SESAC

BMI

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

www.nvshag.org

Contact us: info@nvshag.org

Follow us!

When and Where to Shag

Join us at the Elks Lodge for dancing every Thursday!

Address: 8421 Arlington Blvd., Fairfax

Open dancing: 7:00 - 10:00 p.m.

Admission Cost: $10 Members; $11 Non-Members

We will be dancing downstairs in the Fairfax Room. Food and drink may be purchased from the Elks at the bar next to the Fairfax Room. There is an elevator at the rear of the building for those who find stairs challenging.

DANCE INFO

Deejays:

March 1
Sunday Social
Cathy Metcalf and Vaughn Royal

March 5
Jack Jones

March 12
St. Patrick's Day Dance
Cathy Metcalf and Vaughn Royal

March 19
Loren Kropat

March 26
Craig Jennings

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club	*www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club	*www.boogieonthebay.com*
Colonial Shag Club (Newport News)	*www.colonialshagclub.com*
Danville Shag Club	*www.danvilleshag.com*
Franklin Shag Club	*Find them on Facebook*
Lynchburg Shag Club	*www.lynchburgareashagclub.com*
Richmond Shag Club	*www.shagRVA.org*
Roanoke Valley Shag Club	*Find them on Facebook*
Virginia Beach Shag Club	*www.vbshagclub.com*

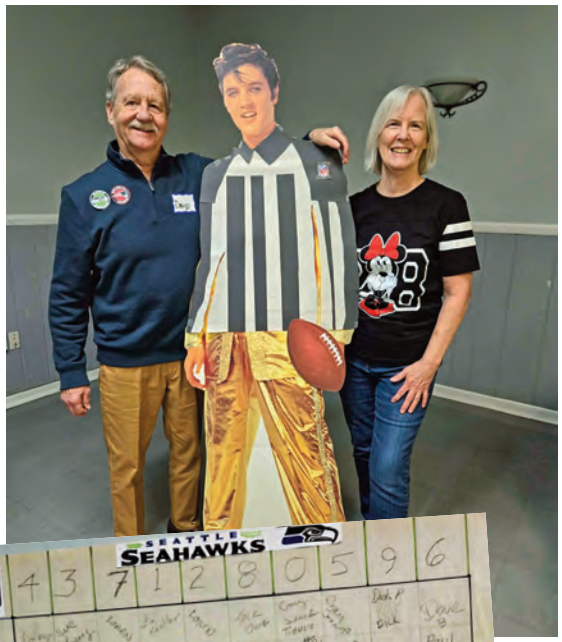
Come dance with us!

Valentine's, Mardi Gras, Super Bowl…
NVSC Thursdays in February were the place to be!

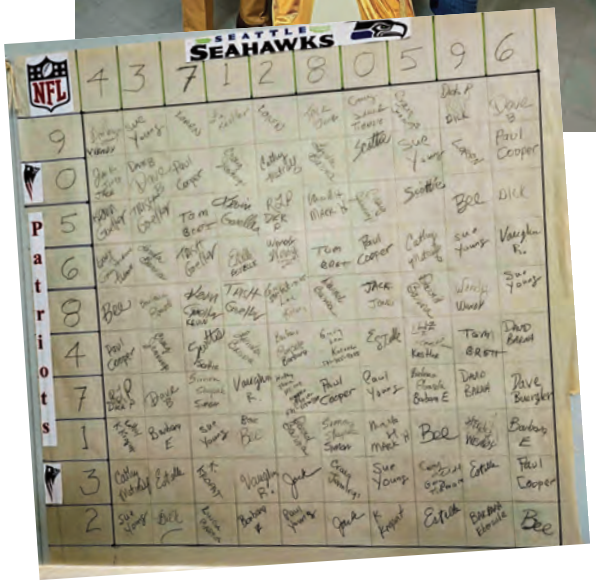
The wearin' of the red, our intrepid deejays and the always popular snacks.

NVSCers spreading the love!

Joan McKinney teaching a new step.



Mardi Gras and Super Bowl, including a pool and football fare.



The southern branch checking in…

BY ADELE ROBEY

Greetings from the place most folks move for the weather. Hahahahaha. Boy, were they in for surprise. The photos from the latest snowstorm are not AI generated. Nor was my burst pipe when we went into the teens. I've always liked winter but now I am going to have a ceremonial burning of my fleece vest if it ever gets warm enough for me to leave it hanging on the hook and not hanging on my body. In all the non-stop snow coverage I loved hearing Myrtle Beach mayor say for all to hear "well, we have no equipment to remove the snow." Honesty is not always the best policy but the weather gods cut us a break and it warmed up enough to get rid of most of it in a day or two, unlike in DC where I was last weekend and there were still snow mountains all over Capitol Hill.

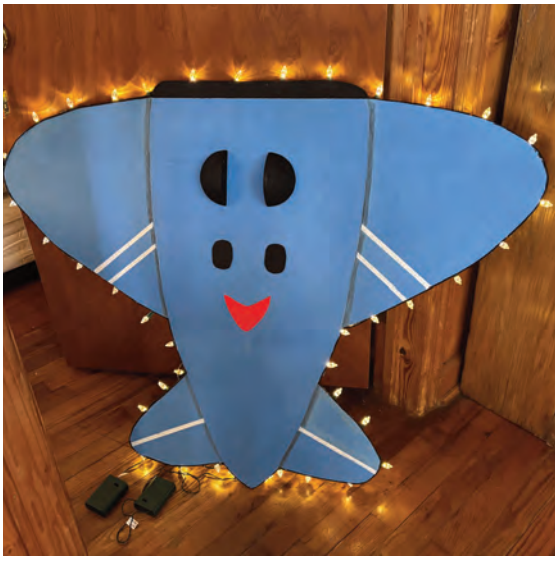
But enough about the weather. Let's get back to the important stuff: dudes, bros and trucks. And dancing, of course. It seems that while the tourists are vacating for the winter the trucks have been in mating season. SO MANY TRUCKS. Some have tires so big (including my handyman) that they cross the yellow dividing line because the whole thing won't fit in one lane. These are PICK UP trucks. It's also construction time so super ginormous trucks, backhoes, earth movers and every other large device you can name, everything, everywhere, all at once, trying to get things built before the tourists un-vacate themselves and reappear. Needless to say the Bro-Dude population grows accordingly.

NVSC in SC is alive and well. Thanks to our resident cruise director Angie Bushey, there were various gatherings during the local restaurant week. They included a slightly raucous dinner with the Potters, Terry and Bill Collins, Ken and Annette Morford, Angie, Crystal Ashton, Mike Deese and yours truly where the main dinner conversation was how many joints had been replaced at that table. Knees, hips, shoulders… I frankly lost track. Apparently much of the NVSC ex-pats crew also meets Monday evenings for trivia and one of these days I might show up.

Angie and I also covered the ACSC meeting, pinch hitting for NVSC (me) and BBC (her). For me it was an hour of not really knowing what the heck anyone was talking about but it was dutifully reported to Jack and Audrey.

The local club here is just so different from NVSC. The super crowded Wednesday night Fat Harold's gatherings are just too overwhelming (check out Paul Provost's FB page) but I do raise

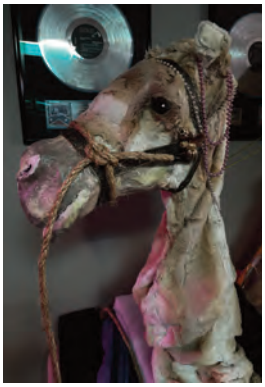
My dog Daisy asking if we can please go home now, and the snowfall on my front porch.



my hand when they are looking for volunteers… hence I will be again helping paint the spring SOS float (theme: Alice in Wonderland tea party) and I joined a group of dancers over the holidays to do an event for Myrtle Beach Manor nursing home. We learned a 5 minute routine complete with blow-up candy canes and as much Christmas stuff as you could hang, pin or drape or your body. I also volunteered for the annual North Myrtle Beach Christmas (holiday?) parade. That theme was Island of the Misfit Toys. Had a blast making my costume (little blue plane, above) but it poured all day and we ended up not marching, even though it was a rain-or-shine event. So the little blue plane lives in my middle room waiting for another chance. I'll probably try to give it to some kid at Halloween. It took so many hours to make it that I cannot just put it out with the trash.

My time working with Alabama Theatre is drawing to a close (I've had enough) but I did get to do the annual Christmas show where they make all their operational money for the year. I would just call that an extended period of crazy. A couple of photos from backstage show the very large set pieces that get rolled around, and did I mention that they fly in Santa in his sled from a track on the ceiling?

I look forward to seeing any of you folks who will be making it down here in April for SOS. It might even get me on the dance floor for a minute.



The little blue airplane, Christmas show sets, and yes, a camel's head from the huge camel puppets that brought in the wise men.

CLUB INFO

By the Numbers

January

Starting Balance	$9,745
Income	639
Expenses	785
Ending Balance	$9,600

Active Membership

2018	185
2019	129
2020-21	127
2022	115
2023	90
2024	105
2025	105
2026	96

Please consider a gift to NVSC!

Donate online at nvshag.org

Join us at a dance and bring a friend!

Here's a good idea!

Northern Virginia Shag Club
GIFT CERTIFICATE
This entitles _____
to one admission to the Northern Virginia Shag Club Thursday night dance.
Please check the website www.nvshag.org for dates and times.
Arlington/Fairfax Elks Lodge
8421 Arlington Blvd., Fairfax, VA 22301
www.nvshag.org

We have Gift Certificates available for purchase for $10 each. Do you know someone who might enjoy coming to the Elks for a NVSC dance? Maybe pre-pay and all they have to do is present the certificate and they are in at the member rate. You can also purchase these for your personal use if you'd like to grab a few when you have cash on you and keep them in your dance bag in case you didn't get a chance to run by the ATM that day. It's a brilliant back-up plan!

Having the big 9-0?

The Board of Directors now offers folks who have circled the sun 90 times or more (those 90 years of age or older) a free lifetime membership. This means that the yearly membership renewal fee of $25 is waived. These valued members of our group will enjoy all the benefits of a paid in full membership. They will pay the member rate for admission to events and will attend club events with free admission such as the holiday party and club picnic. When we take membership applications, we do not ask for nor do we track the year of birth, so if you qualify, please be sure to make note on your renewal letter or contact us immediately so that we can update our records. If you have any questions, please let us know.

DJ THROWDOWN 35
35 YEARS STRONG
THE TRADITION LIVES ON
MARCH 5 - MARCH 7, 2026
FAT HAROLD'S
212 MAIN STREET NORTH MYRTLE BEACH SC
MUSIC BEGINS 6 PM ON THURSDAY MARCH 5TH
CLUB OPENS FRIDAY AND SATURDAY AT 11 AM
2 ROOMS 60+ DJS
50/50 EACH NIGHT * BACK ROOM VINYL PARTY
SATURDAY MARCH 7th
11:00 AM CAROLINA SHAG LESSONS * $10 PER PERSON
2:00 PM DJ SHAG CONTEST
OD RESORT 800-438-9590 BOOK 3 NIGHTS & SAVE
THE ASSOCIATION OF DJ BEACH & SHAG CLUB DJ'S
Fat Harolds Beach Club

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org*** and look for the box in the upper right corner.

Hello Shagger Emails

Are you getting the ***Hello Shagger*** e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the ***Hello Shagger*** email (including DJ schedules and menus), please send to ***communications@nvshag.org***.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Barbara D. know at ***membership@nvshag.org***.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at ***adelerobey97@gmail.com***

Your ad here!

Phoenix Graphics

Design and production
for print and beyond

Adele Robey

202.841-6457
adelerobey97@gmail.com

Advertising in the Shag Rag

Members may have their business card sized ads added to the *Shag Rag* for free!

Advertise your services, activities or business
Business Card size:

Members	no cost
Non-Members	$60 a year / $10 month

For a quarter page ad, pricing for all is $100 a year or $50 a month.

Dance with us every Thursday!

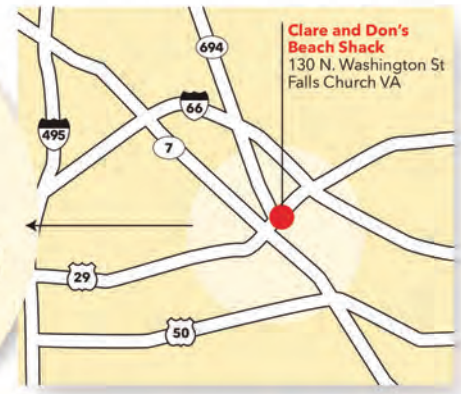
SUN DAY FUN DAY!

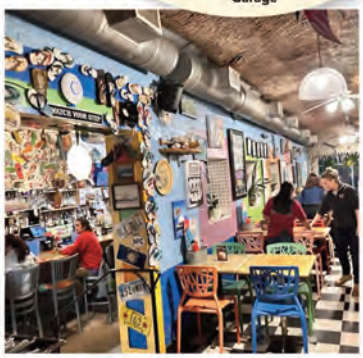
NVSC SUNDAY SOCIAL!

COME AND DANCE!
2 to 5 PM
CLARE & DON'S BEACH SHACK

MARCH 1, 2026

Spend a Sunday afternoon dancing and mingling with Northern Virginia Shag Club!
Clare and Don's Beach Shack is located at 130 No. Washington, Street, Falls Church, VA, convenient to Routes 66 and 7. Enjoy lots of good food and drink with musc by our fabulous NVSC DJs.





FREE!

Check the website www.nvshag.org for latest info on dates.

etc.

March Biirthdays

Wendy Lambrechts
March 6

Barbara Dent
March 7

John Dent
Linda Zerden
March 22

Phyllis Crutchfield

Craig Singleton
March 23

Loren Kropat
March 27

On March 17 everybody's Irish.

The heck with green beer. Have a classy cocktail!

Irish Coffee

Ingredients
1½ ounces Irish whiskey
2 teaspoons brown sugar
Hot brewed coffee, to top
Garnish: whipped cream

Steps
1. Fill an Irish Coffee mug with hot water, let sit for 2 minutes, then discard the water.
2. Add the whiskey and sugar to the heated glass, fill with the coffee, and stir.
3. Top with an inch of unsweetened lightly whipped cream.

Irish Maid

Ingredients
2 slices cucumber, cut into quarter-inch slices
2 ounces Irish whiskey
1/2 ounce St-Germain elderflower liqueur
3/4 ounce lemon juice, freshly squeezed
3/4 ounce simple syrup
Garnish: cucumber slice

Steps
1. Muddle the cucumber slices in a shaker.
2. Add the Irish whiskey, St-Germain, lemon juice and simple syrup into a shaker with ice and shake until well-chilled.
3. Fine-strain into a chilled rocks glass over fresh ice.
4. Garnish with a cucumber slice.

Pina Verde

Ingredients
1½ ounces green Chartreuse
1½ ounces pineapple juice
1/2 ounce lime juice, freshly squeezed
3/4 ounce cream of coconut (such as Coco Lopez)
Garnish: mint sprig

Steps
1. Add all ingredients into a shaker with ice and shake until well-chilled.
2. Strain into a rocks glass over pebble ice.
3. Add more pebble ice, if needed, to create a slight mound.
4. Garnish with a mint sprig.

Irish Buck

Ingredients
1 ½ ounces Irish whiskey
1/4 ounce lime juice, freshly squeezed
2 ounces ginger ale, chilled, to top
Garnish: lime wheel

Steps
1. Add the whiskey and lime juice into a Collins glass filled with ice.
2. Top with the ginger ale and stir gently and briefly to combine.
3. Garnish with a lime wheel.