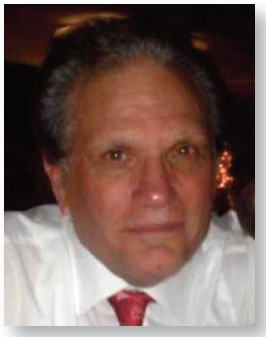
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

DECEMBER 2025

President's Corner

BY JACK JONES



It's hard to believe that 2025 is almost over but we sure have had a great deal of fun dancing so far. We especially enjoyed the many special theme dances such as Chinese New Year, Valentines Day, ST Pats, Kentucky Derby, Country Western, Halloween, the 1950's with a contest of member's grade school pictures and the 1960's with a contest of member's high school graduation pictures. Thanks to all club members who brought decorations to these special dances and helped with the setup.

During the year we had several months of Sunday Socials at Clare and Don's Beach Shack with good attendance and attended two concerts at Burke Lake Park, where we displayed our dancing skills in view of hundreds of concert goers.

The third annual joint party with the Battlefield Boogie Club (BBC) called the "Beat Goes On!" at the Moose Lodge in Lorton was held on June 28 with Jim Rose as the DJ. Thanks to Kathy Kropat for coordinating the logistics with the BBC and all the club members who helped with the setup of the event.

Special thanks to Loren and Kathy Kropat for opening their house again on October 4 for the NVSC Annual Picnic and to Liz Kestler for bringing a picnic basket which was raffled off to help support the club. Everyone brought delicious food and we played outdoor games and danced in their awesome home dance studio.

Also special thanks to Kevin and Trish Goeller for hosting our annual Wine Tasting & Auction at their home in Great Falls on October 19. Kevin auctioned off 15 bottles of wine, raising over $1,800 for Capital Caring. Trish organized two hilarious games for us to play in their back yard.

Many club members participated in the local Healthy Together Fairfax (HTF) event held on Sunday, June 8, at Franconia Park in Alexandria, VA to promote Shag dancing. Thanks to Cathy Metcalf and Vaughn Royal for being the DJs.

It was an honor to serve in my first year as club President. I could not have done without the support of our amazing 2025 Board of Directors. Here are some of the accomplishments of our elected officers: our Vice-President Dick Prosser coordinated our Sunday Socials at Clare and Don's Beach Shack and led a crew of volunteers who collected 17 bags of trash on Route 50 to make us eligible for a sign under the Adopt-A Highway program run by Fairfax County. Our Treasurer Mark Henderickson has not only been in charge of the club's financial records for many years, but he also collects club membership and weekly dance fees at the entrance table. Our Secretary Linda Barna has provided exceptional secretarial support and actively coordinated and ran our special themed dance events.

Our Board members at-large are so vital to the club with these accomplishments: Kathy Kropat has created and distributed the Hello Shagger for many years showing her amazing editorial and graphic skills. Pamela Alfano has headed the Dance Committee for many years and provides dance instruction with the assistance of Tom Brett, Sue Young, Joan McKinney, and Kevin and Trish Goeller. Bee Buergler advertised on local community boards to attract new members, and Barbara Ebersole and Liz Kestler gave helpful

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NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The:

National FastDance Association

Contact us:

General Inquiries:
shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
communications@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

SESAC

BMI

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. Visit us at www.nvshag.org

2025 Board Members

General Information		info@nvshag.org
President	Jack J.	president@nvshag.org
Vice President	Dick P.	vicepresident@nvshag.org
Secretary	Linda B.	secretary@nvshag.org
Treasurer	Mark H.	treasurer@nvshag.org
Director at Large	Pamela A.	
Director at Large	Barbara E.	
Director at Large	Kathy K.	
Director at Large	Liz K.	
Director at Large	Bee B.	

2025 Committees/Chairs

Audit	Linda Z.	
Capital Shag Classic	Vacant	
Shag-A-Thon	Vacant	
Dance	Pamela A.	DanceChair@nvshag.org
Music	Vaughn R.	MusicChair@nvshag.org
Historian	Vacant	
Membership	Barbara D.	Membership@nvshag.org
Hello Shagger	Kathy K.	Communications@nvshag.org
Shag Rag Newsletter	Adele R.	Communications@nvshag.org
Facebook	Jack J.	Communications@nvshag.org
Instagram	Adele R.	Communications@nvshag.org
Photographer	Jack J.	NVSCPhotographer@nvshag.org
Public Relations	Vacant	PublicRelations@nvshag.org
	Adele R.	PublicRelations@nvshag.org
Social/Hospitality	Sue Y.	info@nvshag.org
Webmaster	Loren K.	webmaster1@nvshag.org
Sunshine	Maryann L.	SunshineChair@nvshag.org

*Denotes Standing Committee

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

www.nvshag.org

Contact us: info@nvshag.org

Follow us!

When and Where to Shag

Join us at the Elks Lodge for dancing every Thursday!

Address: 8421 Arlington Blvd., Fairfax

Open dancing: 7:00 - 10:00 p.m.

Admission Cost: $10 Members; $11 Non-Members

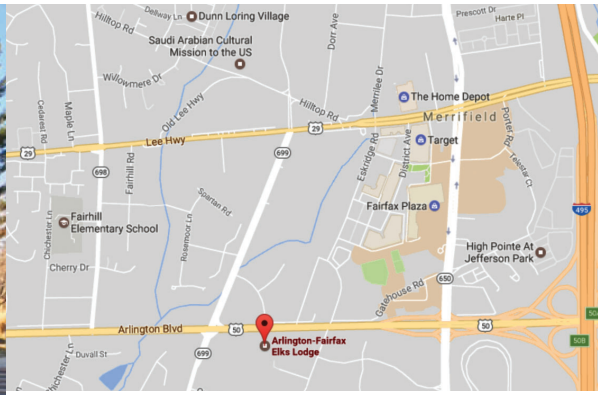
We will be dancing downstairs in the Fairfax Room. Food and drink may be purchased from the Elks at the bar next to the Fairfax Room. There is an elevator at the rear of the building for those who find stairs challenging.

DANCE INFO

Deejays:

December 4
Cathy Metcalf and Vaugh Royal

December 11
Craig Jennings



Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club	*www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club	*www.boogieonthebay.com*
Colonial Shag Club (Newport News)	*www.colonialshagclub.com*
Danville Shag Club	*www.danvilleshag.com*
Franklin Shag Club	*Find them on Facebook*
Lynchburg Shag Club	*www.lynchburgareashagclub.com*
Richmond Shag Club	*www.shagRVA.org*
Roanoke Valley Shag Club	*Find them on Facebook*
Virginia Beach Shag Club	*www.vbshagclub.com*

President's Corner

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advice during board meetings and other issues confronting the club.

Other non-board members that should be recognized for their efforts: Vaughn Royal for chairing the Music Committee and with Cathy Metcalf for providing dance instruction and DJ services; Loren Kropat for maintaining the club website and also serving as a DJ; Linda Zerden for assuming the role of the Club Audit Committee chair and auditing the 2023-24 financials; Adele Robey for her incredible graphic designs and creating the monthly Shag Rag; Barbara Dent for maintaining the membership records; and Craig Jennings for his DJ services and contributions to the club since its creation.

We held our 4th Quarter Membership meeting on November 6. Thanks to Kevin Goeller for serving as the Nominations and Elections chair. The final voting for the 2026 Board Members occurred on November 20 and the winners will be introduced during our Holiday Party on December 11.

Hope you had a great Thanksgiving holiday and we will see you soon.

DCHDC's Annual New Year's Eve Gala

Join us as we dance into 2026!

Registration 5:30-7:00 pm

Hospitality Suite 6:00-7:30 pm
w/White Russian cocktails, wine, beer, hors d'oeuvres

Music by DJ Tony G, Dancing & Cash Bar
7:30 pm-1:00 am

Buffet Dinner 8:00-9:30 pm

Dessert Bar/Coffee & Teas

Water Stations

Party Favors

Midnight Toast

Lots of Fun & Laughter with New and Familiar Friends

December 31, 2025

Doubletree by Hilton Annapolis
210 Holiday Court
Annapolis, MD 21401

Room rate $99 (one king or two doubles)
For room reservation,
reserve on line or call 410-224-3150
Mention you're with the DC Hand Dance Club

MUST RESERVE HOTEL BY DECEMBER 14

Music & Dancing

Buffet Dinner

Cash Bar

Hospitality Suite

Party Favors

Midnight Toast

Ticket Price: $110 members; $120 non-members

Event Registration forms on the DCHDC website

To reserve a table of 8 to 10:

- **Fill out an event registration form for each person or couple to be seated together, and one table registration form for the group**
- **Mail all SIGNED forms w/checks to:**

DCHDC, 1715 Mayapple Way, Gambrills, MD 21054

New Year's Eve Gala
December 31, 2025

DoubleTree by Hilton Annapolis,
210 Holiday Court, Annapolis, MD

Reservation Form for Singles or Couples

Name (Print): _____ **Member: Yes / No** **Phone:**_____

Name (Print): _____ **Member: Yes / No** **Phone:**_____

Email Address: _____ and _____

Cost for event: Members - **$110** per person, Non-members - **$120** per person.

Event includes DJ hosted dancing, a pre-event reception in the hospitality suite, buffet dinner, dessert bar, full cash bar, midnight toast, party favors and lots of fun.

Make check payable to the DC Hand Dance Club and mail along with this completed and signed form, to DCHDC, 1715 Mayapple Way, Gambrills, MD 21054.

If you are to be seated at a hosted table of 8 to 10 people, provide this form and your payment to the table host so that all registration materials for the table group may be submitted together.

Questions: Call Greg Krehbiel at 240-687-1230. Reservations are non-refundable, but are transferable.

If you wish to stay overnight at the Double Tree by Hilton Hotel, a special room rate of $99.00/night plus tax is available. Contact the hotel directly at 410-224-3150 or the DoubleTree toll free line at 800-774-1500; tell them you are with the DC Hand Dance Club event.

RELEASE OF LIABILITY FOR THE 2025 NEW YEAR'S EVE PARTY

In consideration of the acceptance of my/our reservation to attend or participate in the activities sponsored by D.C. Hand Dance Club at the 2025 New Year's Eve event to be held at the DoubleTree by Hilton Hotel/Annapolis, MD, December 31, 2025, I/we the undersigned (hereinafter referred to as "Releasors") for myself/ourselves, my/our heirs, executors, administrators, and assigns, hereby release, waive and discharge D.C. Hand Dance Club, its officers and directors (hereinafter referred to as "Releasees,") from all claims of damages for personal injury, death, or loss or damage to property, whether caused by the negligence of Releasees or otherwise, arising out of Releasors' attendance or participation in any activity sponsored by D.C. Hand Dance Club at the 2025 New Year's Eve event.

Releasors further assume all responsibility for and all risks of bodily injury, death, or loss or damage to property, that may occur to Releasors while Releasors are attending or participating in any activity sponsored by D.C. Hand Dance Club at the 2025 New Year's Eve event.

Releasors further agree to indemnify Releasees and hold them harmless, from any loss or damage they may incur resulting from the negligence of Releasors while attending or participating in any activity sponsored by D.C. Hand Dance Club at its 2025 New Year's Eve event.

The provisions of this Release shall be construed according to the law of the State of Maryland and, if any provision herein is held to be invalid, it shall not affect the validity of the remaining provisions.

Signature_____ Print Name_____

Signature_____ Print Name_____

Date_____

CLUB INFO

By the Numbers

October:

Starting balance	$7,555
Income	$14,204
Expenses	$12,395
Ending balance	$9,364

Active Membership

2018	185
2019	129
2020-21	127
2022	115
2023	90
2024	105
2025	105

Here's a good idea!

We have Gift Certificates available for purchase for $10 each. Do you know someone who might enjoy coming to the Elks for a NVSC dance? Maybe pre-pay and all they have to do is present the certificate and they are in at the member rate. You can also purchase these for your personal use if you'd like to grab a few when you have cash on you and keep them in your dance bag in case you didn't get a chance to run by the ATM that day. It's a brilliant back-up plan!

Please consider a gift to NVSC!

Donate online at nvshag.org

And join us at a dance!

Having the big 9-0?

The Board of Directors now offers folks who have circled the sun 90 times or more (those 90 years of age or older) a free lifetime membership. This means that the yearly membership renewal fee of $25 is waived. These valued members of our group will enjoy all the benefits of a paid in full membership. They will pay the member rate for admission to events and will attend club events with free admission such as the holiday party and club picnic. When we take membership applications, we do not ask for nor do we track the year of birth, so if you qualify, please be sure to make note on your renewal letter or contact us immediately so that we can update our records. If you have any questions, please let us know.

You're invited to:

Shaggers @ Heart

Shagging in a Winter Wonderland

Shag Workshop and Dance Weekend

February 6 - 8, 2026

Holiday Inn Newport News – Hampton
980 Omni Blvd, Newport News VA 23606

bit.ly/SAHHotel

Hosted by Boogie on the Bay Shag Club

♥ Registration $130.00 per person ♥

♥ Online Registration Only ♥

REGISTRATION OPENS AT NOON ON AUGUST 1, 2025

♥ ABSCDJ Disc Jockeys ♥	♥ Friday Instructors ♥	♥ Saturday Instructors ♥
Cindy Black David Miller	Tom and Donna House	**Carolina Shag**: Erin and Jac White **Line Dance**: Margie McRae

Features Past Attendees Love!

- ♥ Dance Workshops for everyone: Fun, with moves you can use!
- ♥ Free Pours and Delicious Dinners Friday and Saturday
- ♥ Shaggin' Bingo, Vendors, Fun Photo Ops
- ♥ Raffle Baskets, Silent Auction, Door Prizes, and 50/50s
- ♥ Free Reserved Tables/Seating and Parking
- ♥ Thursday Night Early Arrival Kickoff Dance with club dance floor
- ♥ Registration and Event purchases accepted via Cash, Check, Credit, Debit, and PayPal

Scan Below for Event Website!

ForKids — Help us support ForKids in Southeastern Virginia! A portion of Shaggers @ Heart proceeds will be donated. https://forkids.org

A proud member of: National FastDance Association

Through the National FastDance Association, this multi-day event is properly and legally licensed by: We Create Music ASCAP, BMI, SESAC

Shaggers @ Heart Chairs:
Debbie Liverman and Sandra Alford
SAHChair@boogieonthebay.com

Registration Chair:
M. Elaine Dembicki, 757-550-0126
ShagHeart@boogieonthebay.com

www.boogieonthebay.com/shagheart

SAH26 Event Flyer v2 5/31/2025

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org*** and look for the box in the upper right corner.

Hello Shagger Emails

Are you getting the ***Hello Shagger*** e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the ***Hello Shagger*** email (including DJ schedules and menus), please send to ***communications@nvshag.org***.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Barbara D. know at ***membership@nvshag.org***.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at ***adelerobey97@gmail.com***

Your ad here!

PHOENIX GRAPHICS INC.

Design and production for print and beyond

Adele Robey

202.841-6457
adelerobey97@gmail.com

Advertising in the Shag Rag

Members may have their business card sized ads added to the *Shag Rag* for free!

Advertise your services, activities or business
Business Card size:

Members	no cost
Non-Members	$60 a year / $10 month

For a quarter page ad, pricing for all is $100 a year or $50 a month.

Dance with us every Thursday!

NVSC HOLIDAY PARTY!
MEMBERS FREE.
NON-MEMBERS $10
DECEMBER 11
7 TO 10PM
POT LUCK WITH SLICED MEATS & CHEESES PROVIDED.
SET UPS PROVIDED.
Please bring a side dish or dessert and a toy for the toy drive!

etc.

December Biirthdays

Abbey Compton
December 2

John Rippingale
John Yuskaitis
December 3

Barry Kumar
December 6

Jeanne Potter
December 7

Victor Clemann
December 8

Cathy Metcalf
December 12

Judy Anderson
December 15

Cookie Bell
Rick Heer
Dave Rapson
December 19

Christmas, New Years, Hannukah, Festivus and Oh My!

This calls for a drink.

Cold Weather Negroni

Ingredients
1ounce gin
1ounce amaro, preferably ½ ounce each of St. Agrestis and Amaro Montenegro
½ ounce amontillado sherry
1 lemon twist, for garnish
1 sprig fresh thyme (optional)

Directions
In a rocks glass, combine the gin, amaro and sherry with ice. Stir 10 to 15 seconds. Garnish with the lemon twist. If using thyme, briefly ignite the sprig, blow out the flame and float the thyme on the drink.

Mulled Cider

Ingredients
1 tablespoon green cardamom pods, lightly crushed
2 teaspoons whole black peppercorns
1 teaspoon whole coriander seeds
6 whole cloves
2 whole star anise pods
8 cups/½ gallon quality apple cider, preferably unfiltered
¼ cup/2 ounces pineapple juice (optional)
1 (3-inch) piece fresh ginger, sliced into ½-inch pieces
Peel of 1 lemon
2 bay leaves
Pinch of flaky sea salt
2 tablespoons/1 ounce fresh lemon juice

Directions

Step 1
In a large Dutch oven or pot set over medium-high heat, add the crushed cardamom pods, peppercorns, coriander seeds, cloves and star anise. Toast, stirring frequently, until the spices are fragrant, 2 to 3 minutes.

Step 2
Add the apple cider, pineapple juice (if using), ginger, lemon peel, bay leaves and salt to the pan. Bring to a simmer, then adjust the heat to low and continue to gently simmer for 30 to 40 minutes. Strain the mulled cider through a fine-mesh sieve, discarding the solids and return to the pan. Stir in the lemon juice; serve warm.

Espresso Martini

Ingredients
Ice, for shaking
2 ounces vodka
1 ounce brewed espresso, at room temperature, or 1½ ounces cold brew concentrate
½ ounce coffee-flavored liqueur, such as Kahlúa, plus more to taste
½ ounce simple syrup
Whole coffee beans (optional), for garnish

Directions
Fill a cocktail shaker ⅔ full with ice. Add the vodka, espresso, coffee liqueur and simple syrup.

Place the lid on the shaker and shake vigorously for 30 seconds.

Strain the cocktail into a martini glass and garnish with a few coffee beans, if desired.