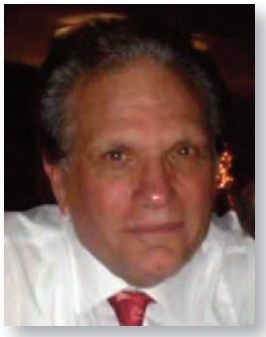
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

NOVEMBER 2025

President's Corner

BY JACK JONES



Fall is here for our Fellow Shaggers as we get used to the sweater weather. October was a very busy month for the club. We had our annual picnic on October 4 at the Kropats' house in Vienna. It was a beautiful day which allowed us to play outdoor games like croquet and bocce ball. Of course, we did a lot of dancing in the house dance studio which included a line dance lesson by Kathy for the popular "Boots on the Ground" line dance. We had pulled pork and chicken barbeque along with many side dishes and desserts bought by the attendees. Special thanks to **Loren and Kathy** for using their house again and to **Liz Kessler for bringing a picnic basket which was raffled off to help support the club.**

The Wine Tasting & Auction in support of Capital Caring hosted by **Kevin and Trish Goeller** at their home in Great Falls was fantastic. Kevin was the Auctioneer and we had 15 bottles of wine and one six pack of beer to auction off and raised over $1,800 for Capital Caring. Trish had us play two games in her back yard that were hilarious and offered prizes.

Dick Prosser led a crew of volunteers who collected 17 bags of trash (plus several car parts!) along Route 50. Another pickup will be scheduled for next spring, after which the club becomes eligible for a sign under the Adopt-A-Highway program.

The club celebrated Halloween during our October 30 weekly dance. It was fun seeing all the costumes worn by the attendees.

Inside this edition you will find the important information for the election of the Board of Directors for 2026 which includes a ballot that can be printed. We held our 4th Quarter Membership meeting on November 6 in which all those candidates running for the board had the opportunity to speak. Attendees of the November 13 and 20 dances can vote in person with the votes being counted and results announced during the November 20 dance. All mail-in ballots must be received no later than November 19 to be counted. Our Holiday Party will occur on December 11 when the 2026 Board Members will be introduced.

Stay warm, safe, and well and I'll see you at the upcoming NVSC events.

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NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The: National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. Visit us at www.nvshag.org

2025 Board Members

General Information		info@nvshag.org
President	Jack J.	president@nvshag.org
Vice President	Dick P.	vicepresident@nvshag.org
Secretary	Linda B.	secretary@nvshag.org
Treasurer	Mark H.	treasurer@nvshag.org
Director at Large	Pamela A.	
Director at Large	Barbara E.	
Director at Large	Kathy K.	
Director at Large	Liz K.	
Director at Large	Bee B.	

2025 Committees/Chairs

Audit	Linda Z.	
Capital Shag Classic	Vacant	
Shag-A-Thon	Vacant	
Dance	Pamela A.	DanceChair@nvshag.org
Music	Vaughn R.	MusicChair@nvshag.org
Historian	Vacant	
Membership	Barbara D.	Membership@nvshag.org
Hello Shagger	Kathy K.	Communications@nvshag.org
Shag Rag Newsletter	Adele R.	Communications@nvshag.org
Facebook	Jack J.	Communications@nvshag.org
Instagram	Adele R.	Communications@nvshag.org
Photographer	Jack J.	NVSCPhotographer@nvshag.org
Public Relations	Vacant	PublicRelations@nvshag.org
	Adele R.	PublicRelations@nvshag.org
Social/Hospitality	Vacant	info@nvshag.org
Webmaster	Loren K.	webmaster1@nvshag.org
Sunshine	Maryann L.	SunshineChair@nvshag.org

*Denotes Standing Committee

Contact us:

General Inquiries:
shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
communications@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

SESAC

BMI

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

www.nvshag.org

Contact us: info@nvshag.org

Follow us!

When and Where to Shag

Join us at the Elks Lodge for dancing every Thursday!

Address: 8421 Arlington Blvd., Fairfax

Open dancing: 7:00 - 10:00 p.m.

Admission Cost: $10 Members; $11 Non-Members

We will be dancing downstairs in the Fairfax Room. Food and drink may be purchased from the Elks at the bar next to the Fairfax Room. There is an elevator at the rear of the building for those who find stairs challenging.

DANCE INFO

Deejays:

November 6
Jack Jones

November 13
Craig Jennings

November 20
Loren Kropat

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club	*www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club	*www.boogieonthebay.com*
Colonial Shag Club (Newport News)	*www.colonialshagclub.com*
Danville Shag Club	*www.danvilleshag.com*
Franklin Shag Club	*Find them on Facebook*
Lynchburg Shag Club	*www.lynchburgareashagclub.com*
Richmond Shag Club	*www.shagRVA.org*
Roanoke Valley Shag Club	*Find them on Facebook*
Virginia Beach Shag Club	*www.vbshagclub.com*

Come dance with us!

Get ready to vote!

The Board of Directors is pleased to announce the candidates for the 2026 Board of Directors positions. We do believe that serving as a board member is one of the best ways to bring your vision and ideas to the club leadership.

As previously stated, candidates "must be members in good standing of the [Club] at the time of their nomination, and must have been members in good standing for the entire year prior to the year they will serve, if elected." Bylaws, Art. IV, § 1(E). For position of President or Vice President, in addition to the preceding, the candidates must also have served on the board for at least one year prior to the year in which they would serve.

In the following pages, you will find the ballot plus information submitted by each of the candidates for consideration in your selection.

Please:

- Print the ballot,
- Circle your selections and do one of the following:

Mail In:

On the outside of the envelope, write your name (if more than one voting member in the household, please include both names). Enclose completed ballot(s), and mail to: Elections, NVSC, PO Box 2298, Merrifield, VA 22116. All mail-in ballots must be received by November 19, 2025

Vote in person at the November 13 or 20 dances.

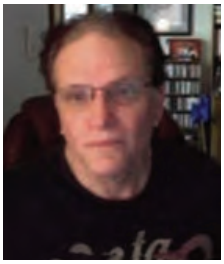
As a reminder, the mail-in ballots will be separated from the envelope. This will allow the ballots to be counted by a different party to ensure anonymity. Members of the Nominating and Elections Committee who are on the ballot for the election will not participate in the counting of the ballots.

The new Board of Directors will be announced at the December 11, 2025 Holiday Party and Dance.

The candidates

Officers

For President
Jack Jones



I am Jack Jones running to continue as the Club President since I took over this role in January of this past year. I enjoy doing this as well as serving as the club photographer, videographer, manager of the club's Facebook Page and occasional DJ when needed. If elected again, I will continue to support the club goals and the preservation of the Carolina Shag dance. This will include continuation of policies to encourage better attendance to our dance events and social activities with emphasis on attracting new members to join our club. Thanks for considering to vote for me as the 2026 NVSC President.

For Vice President
Dick Prosser

I am a former, now current, member of the Northern Virginia Shag Club and an At Large Board Member. If elected, as Vice President, I look forward to working with the President and Board to provide stewardship while searching for ways to grow and strengthen the Club.

Not that background matters, at my age, but I am fortunate to be a veteran and to have enjoyed a fulfilling career sales, real estate and construction within the oil, building and banking industries. I am retired with 4 wonderful daughters and 7 equally wonderful grandchildren.

For Secretary
Linda Barna

I'm Linda Barna. I've been a member of NVSC since 2010. Joining the club is one of the best decisions I've ever made. I love to dance. I enjoy seeing everyone at the dances and making new friends. I've been the Northern Virginia Shag Club Secretary since 2018 (eight years!-time flies) and I'm running again. I'd like to volunteer to help keep the good times going.

For Treasurer
Mark Hendrickson

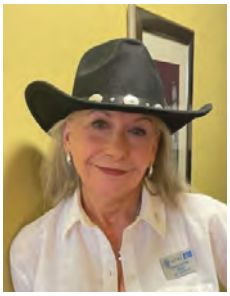
I am Mark Hendrickson your nominee for re-election for the Treasurer's position. I have been a NVSC member since 2006. I have been the NVSC Treasurer for several years. Before I became treasurer, I was an at-large director on the board for two years, with primary responsibilities being the coordinator of the NVSC by-laws revision and audit committee liaison.

As an accomplishment this year, NVSC converted its credit card payment tool from PayPal to Square.

The board of directors will face many challenges next year. My experience as the NVSC treasurer over the past several years, especially in projecting revenues and expenses for future events, will be a stabilizing influence for NVSC going forward into 2026.

I would appreciate your vote.

Directors at large



Pamela Alfano

During my 28 years as a member of the NVSC, I have served on the board most of those years. Board positions have included President, Vice President, Secretary and Director At Large. I am currently serving as director as a Director At Large. I have also chaired or participated in most of our committees, and currently am also serving as Chairman of the Dance Committee.

Bee Buergler

Please vote for me, Bee Buergler, for a Director-at-Large position on NVSC's 2026 Board. I joined NVSC 10+ years ago and have served in a Director position for the past three years. My Board member experience also includes more than 15 combined years for three other non-profit organizations. I enjoy our dance club, and I welcome the opportunity to continue serving on NVSC's Board.

Barbara Ebersole

I am Barbara Ebersole, a native of Northern Virginia, who joined the NVSC in October 2014 (thanks to Linda & David Barna). Since then, I continue to volunteer to help our club whenever possible. I have been part of the Board in the position of a Director-at-Large from December 2018 through 2023 and 2025. It is vital for our club to balance tradition with new ideas to help continue increasing our membership and attendance. This can only be achieved by being open to ideas and suggestions from all members! Therefore, it is my hope to continue serving our club by continuing in the position of a Director-at-Large.

Libby-Liz Kestler

I'm running for Director at Large. I've been a member for several years and recently started coming back to the dance! In the past I held board positions including Secretary. Please cast your vote for me. Thanks. Libby-Liz Kestler

Kathy Kropat

I've been a member of NVSC since 2009, have served on the Board for several years, and am currently the "Hello Shagger" editor. Nothing happens in this club without people pitching in, so I try to do as much as I can to help. I'm open to new ideas to keep the fun going!

Northern Virginia Shag Club 2026 Ballot

For 2026 Board officer position, you may select only one per position. Please indicate your choice by circling the name, including if you are voting for a single candidate.

President:
Jack Jones

Vice President:
Dick Prosser

Secretary:
Linda Barna

Treasurer:
Mark Hendrickson

You may vote for up to five (5) nominees for 2026 Director-at-Large positions. Please indicate your choices by circling the names.

Directors-At-Large:

Pamela Alfano

Bee Buergler

Barbara Ebersole

Libby-Liz Kestler

Kathy Kropat

Instructions

Make your selections above by circling the candidate names.

Address an envelope to:
Elections, NVSC
PO Box 2298
Merrifield, VA 22116

Write your name on the outside of the envelope with your return address in the upper left corner.

Mail in ballots must be received by November 19.

OR Drop off your ballot at the November 13 and 20 dances.

Wine Auction was a blast!

Thursdays on the floor, plus Halloween!

Clean up crew

The Club sponsored Adopt-a-Highway pick-up, held on October 22, successfully removed 17 bags of debris and several peices of car body parts from the Route 50 roadway, between Gallows Road and Cedar Lane. A huge thanks to the hearty group participating in the pick-up project.

Stay tuned, another pick up will be scheduled for March 2026.

In Memoriam

DJ Butch Metcalf of North Carolina has died

Butch was a giant in keeping our music and our dance alive through leaner years and into its revival. In Craig Jennings' words, Butch was "quite simply the best."

Butch DJed at a Capital Shag Classic. He mentored Craig early on and shared his music with Craig. Some of Butch"s music is foundational to the huge collection that Craig plays for the Northern Virginia Shag Club..

When bad health forced Butch out of the DJ booth, Craig became Butch's successor to DJ at every significant national shag contest and at many shag weekend parties in several states.

CLUB INFO

By the Numbers

September:

Starting Balance	$9183
Receipts	$1209
Expenditures	$ 724
Ending Balance	$9668

Active Membership

2018	185
2019	129
2020-21	127
2022	115
2023	90
2024	105
2025	105

Here's a good idea!

We have Gift Certificates available for purchase for $10 each. Do you know someone who might enjoy coming to the Elks for a NVSC dance? Maybe pre-pay and all they have to do is present the certificate and they are in at the member rate. You can also purchase these for your personal use if you'd like to grab a few when you have cash on you and keep them in your dance bag in case you didn't get a chance to run by the ATM that day. It's a brilliant back-up plan!

Please consider a gift to NVSC!

Donate online at nvshag.org

And join us at a dance!

Having the big 9-0?

The Board of Directors now offers folks who have circled the sun 90 times or more (those 90 years of age or older) a free lifetime membership. This means that the yearly membership renewal fee of $25 is waived. These valued members of our group will enjoy all the benefits of a paid in full membership. They will pay the member rate for admission to events and will attend club events with free admission such as the holiday party and club picnic. When we take membership applications, we do not ask for nor do we track the year of birth, so if you qualify, please be sure to make note on your renewal letter or contact us immediately so that we can update our records. If you have any questions, please let us know.

You're invited to:

Shaggers @ Heart

Shagging in a Winter Wonderland

Shag Workshop and Dance Weekend

February 6 - 8, 2026

Holiday Inn Newport News – Hampton
980 Omni Blvd, Newport News VA 23606

bit.ly/SAHHotel

Hosted by Boogie on the Bay Shag Club

♥ **Registration $130.00 per person** ♥

♥ **Online Registration Only** ♥

REGISTRATION OPENS AT NOON ON AUGUST 1, 2025

♥ ABSCDJ Disc Jockeys ♥	♥ Friday Instructors ♥	♥ Saturday Instructors ♥
Cindy Black David Miller	Tom and Donna House	**Carolina Shag**: Erin and Jac White **Line Dance**: Margie McRae

Features Past Attendees Love!

- ♥ Dance Workshops for everyone: Fun, with moves you can use!
- ♥ Free Pours and Delicious Dinners Friday and Saturday
- ♥ Shaggin' Bingo, Vendors, Fun Photo Ops
- ♥ Raffle Baskets, Silent Auction, Door Prizes, and 50/50s
- ♥ Free Reserved Tables/Seating and Parking
- ♥ Thursday Night Early Arrival Kickoff Dance with club dance floor
- ♥ Registration and Event purchases accepted via Cash, Check, Credit, Debit, and PayPal

Scan Below for Event Website!

ForKids — Help us support ForKids in Southeastern Virginia! A portion of Shaggers @ Heart proceeds will be donated. https://forkids.org

A proud member of: National FastDance Association

Through the National FastDance Association, this multi-day event is properly and legally licensed by: We Create Music ASCAP, BMI, SESAC

Shaggers @ Heart Chairs:
Debbie Liverman and Sandra Alford
SAHChair@boogieonthebay.com

Registration Chair:
M. Elaine Dembicki, 757-550-0126
ShagHeart@boogieonthebay.com

www.boogieonthebay.com/shagheart

SAH26 Event Flyer v2 5/31/2025

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org*** and look for the box in the upper right corner.

Hello Shagger Emails

Are you getting the ***Hello Shagger*** e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the ***Hello Shagger*** email (including DJ schedules and menus), please send to ***communications@nvshag.org***.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Barbara D. know at ***membership@nvshag.org***.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at ***adelerobey97@gmail.com***

PHOENIX GRAPHICS INC.

Design and production for print and beyond

Adele Robey

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ADMITTED IN VA, MD AND DC

Advertising in the Shag Rag

Members may have their business card sized ads added to the *Shag Rag* for free!

Advertise your services, activities or business
Business Card size:

Members	no cost
Non-Members	$60 a year / $10 month

For a quarter page ad, pricing for all is $100 a year or $50 a month.

Dance with us every Thursday!

NVSC
HOLIDAY
PARTY!
MEMBERS
FREE.
NON-MEMBERS
$10
DECEMBER 11
7 TO 10PM
POT LUCK WITH
SLICED MEATS &
CHEESES PROVIDED.
SET UPS
PROVIDED.
Please bring a side dish
or dessert and a toy for
the toy drive!

etc.

November Biirthdays

Lorraine Busey
Estelle Jones
November 3

Mark Hendrickson
Kathy Kropat
November 5

Angie Bushey
November 7

Valerie Swiger
November 8

Kathy Heer
November 12

Thomas Brett
November 16

Elmira Togliatti
November 21

Lois Taylor
November 28

Mal Zerden
November 29

It might be getting dark and cold but these will light you up!

A roaring fire, a fleece vest and a fine cocktail to the rescue.

Thanksgiving Margarita

1 tablespoon ground ginger
1 tablespoon sea salt
1 lime wedge
1 1/2 ounces reposado tequila
1/4 ounce allspice dram
1/4 ounce amaretto
1 ounce pumpkin puree
3/4 ounce lime juice, freshly squeezed
1/2 ounce agave nectar
Garnish: roasted pumpkin slice

Steps

On a small plate, combine the ground ginger and sea salt. Rub the lime wedge along half of the rim of a rocks glass and dip the glass in the mixture. (For a finer texture, pound the ginger and sea salt with a mortar and pestle.)

Add the tequila, allspice dram, amaretto, pumpkin puree, lime juice and agave nectar into a shaker with ice and shake until well-chilled. Strain into the prepared glass over fresh ice. Garnish with a roasted pumpkin slice.

Forbidden Sour

Ingredients

1 ounce bourbon
1 ounce Pama pomegranate liqueur
1 ounce lemon juice, freshly squeezed
1/2 ounce simple syrup
Garnish: orange wheel
Garnish: cherry

Steps

Add the bourbon, pomegranate liqueur, lemon juice and simple syrup into a shaker with ice and shake until well-chilled. Strain into a rocks glass over fresh ice. Garnish with an orange wheel and a cherry.

Pumpkin Sppice Latte for a Crowd

Ingredients

8 ounces dark rum, bourbon or Frangelico (optional)
5 cups coffee, freshly brewed
4 cups milk
3/4 cup sugar
1/2 cup heavy cream
1/4 cup pumpkin puree
1 teaspoon vanilla extract
1 teaspoon pumpkin pie spice
1 cinnamon stick
Garnish: 1/2 cup heavy cream, whipped
Garnish: cinnamon or nutmeg, freshly grated

Steps

Serves 10-12.

Add your preferred spirit, brewed coffee, milk, sugar, heavy cream, pumpkin puree, vanilla extract, pumpkin pie spice and cinnamon stick into a slow cooker, and heat on high for at least 90 minutes.

Whip 1/2 cup heavy cream until soft peaks form.

Divide the heated mixture among 10 to 12 mugs, and top each with whipped cream. Garnish with freshly grated cinnamon or nutmeg.