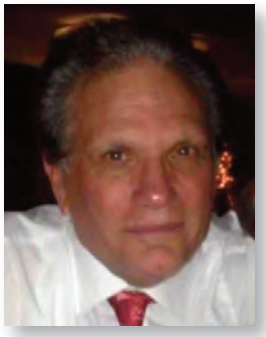
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

AUGUST 2025

President's Corner

BY JACK JONES



Hi Fellow Shaggers! Hope everyone had a wonderful July 4th holiday.

During our weekly dance event on June 26, we provided a status update on our club activities with a quarterly general membership meeting.

We had a wonderful dance event **with members of the Battlefield Boogie Club** at the Moose Lodge in Lorton, VA on June 28th with the theme, "Beat Goes On!" There were over 60 attendees and Jim Rose as the DJ played awesome beach music that also included several line dance songs. There was a 50/50 drawing to help pay for some of the event costs.

We held a **Sunday Social at Clare and Don's Beach Shack** on July 13 with good attendance. There is one remaining social for the rest of this year which will be held on August 10 from 2-5 PM. This is always a fun event where there is no cover charge.

The annual **Cannonball Blast Dinner Dance** sponsored by the Battlefield Boogie Club is scheduled for Saturday, August 16 at the Lake of the Woods Clubhouse in Locust Grove, VA. The theme of the dance is "Beach Lake Boogie" so get your beach wear out ready to celebrate.

The 2025 **SOS Fall Migration** will be held in North Myrtle Beach from **September 11-21**. Our traditional NVSC party during the event will be held on Sept 16 from 2-5 PM in the backroom of Fat Harold's. Once again, Craig Jennings will be the DJ. See Mark Henderson to purchase SOS cards for $40.

For those Shaggers who are planning vacations during the month of August, we wish you a safe and wonderful experience.

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NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The: National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. Visit us at www.nvshag.org

2023 Board Members

General Information		info@nvshag.org
President	Jack J.	president@nvshag.org
Vice President	Dick P.	vicepresident@nvshag.org
Secretary	Linda B.	secretary@nvshag.org
Treasurer	Mark H.	treasurer@nvshag.org
Director at Large	Pamela A.	
Director at Large	Barbara E.	
Director at Large	Kathy K.	
Director at Large	Liz K.	
Director at Large	Bee B.	

2023 Committees/Chairs

Audit	Linda Z.	
Capital Shag Classic	Vacant	
Shag-A-Thon	Vacant	
Dance	Pamela A.	DanceChair@nvshag.org
Music	Vaughn R.	MusicChair@nvshag.org
Historian	Vacant	
Membership	Barbara D.	Membership@nvshag.org
Hello Shagger	Kathy K.	Communications@nvshag.org
Shag Rag Newsletter	Adele R.	Communications@nvshag.org
Facebook	Jack J.	Communications@nvshag.org
Instagram	Adele R.	Communications@nvshag.org
Photographer	Jack J.	NVSCPhotographer@nvshag.org
Public Relations	Vacant	PublicRelations@nvshag.org
	Adele R.	PublicRelations@nvshag.org
Social/Hospitality	Vacant	info@nvshag.org
Webmaster	Loren K.	webmaster1@nvshag.org
Sunshine	Maryann L.	SunshineChair@nvshag.org

*Denotes Standing Committee

Contact us:

General Inquiries:
shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
communications@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

SESAC

BMI

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

www.nvshag.org

Contact us: info@nvshag.org

Follow us!

When and Where to Shag

Join us at the Elks Lodge for dancing every Thursday!

Address: 8421 Arlington Blvd., Fairfax

Open dancing: 7:00 - 10:00 p.m.

Admission Cost: $10 Members; $11 Non-Members

We will be dancing downstairs in the Fairfax Room. Food and drink may be purchased from the Elks at the bar next to the Fairfax Room. There is an elevator at the rear of the building for those who find stairs challenging.

DANCE INFO

Deejays:

August 7
Loen Kropat

August 10 (Sunday Social)
Cathy Metcalf and Vaughn Royal

August 14
Jack Jones

August 21
Craig Jennings

August 28
Cathy Metcalf and Vaughn Royal

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club	*www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club	*www.boogieonthebay.com*
Colonial Shag Club (Newport News)	*www.colonialshagclub.com*
Danville Shag Club	*www.danvilleshag.com*
Franklin Shag Club	*Find them on Facebook*
Lynchburg Shag Club	*www.lynchburgareashagclub.com*
Richmond Shag Club	*www.shagRVA.org*
Roanoke Valley Shag Club	*Find them on Facebook*
Virginia Beach Shag Club	*www.vbshagclub.com*

Come dance with us!

On the floor: Partying with Battlefield Boogie!

Shagging, eating, drinking (and eating) and oh my!

You're invited to:

Shaggers @ Heart

Shagging in a Winter Wonderland

Shag Workshop and Dance Weekend

February 6 - 8, 2026

Holiday Inn Newport News – Hampton
980 Omni Blvd, Newport News VA 23606

bit.ly/SAHHotel

Hosted by Boogie on the Bay Shag Club

♥ **Registration $130.00 per person** ♥

♥ **Online Registration Only** ♥

REGISTRATION OPENS AT NOON ON AUGUST 1, 2025

♥ ABSCDJ Disc Jockeys ♥	♥ Friday Instructors ♥	♥ Saturday Instructors ♥
Cindy Black David Miller	Tom and Donna House	**Carolina Shag:** Erin and Jac White **Line Dance:** Margie McRae

Features Past Attendees Love!

- ♥ Dance Workshops for everyone: Fun, with moves you can use!
- ♥ Free Pours and Delicious Dinners Friday and Saturday
- ♥ Shaggin' Bingo, Vendors, Fun Photo Ops
- ♥ Raffle Baskets, Silent Auction, Door Prizes, and 50/50s
- ♥ Free Reserved Tables/Seating and Parking
- ♥ Thursday Night Early Arrival Kickoff Dance with club dance floor
- ♥ Registration and Event purchases accepted via Cash, Check, Credit, Debit, and PayPal

Scan Below for Event Website!

ForKids — Help us support ForKids in Southeastern Virginia! A portion of Shaggers @ Heart proceeds will be donated. https://forkids.org

A proud member of: National FastDance Association

Through the National FastDance Association, this multi-day event is properly and legally licensed by: ASCAP, BMI, SESAC

Shaggers @ Heart Chairs:
Debbie Liverman and Sandra Alford
SAHChair@boogieonthebay.com

Registration Chair:
M. Elaine Dembicki, 757-550-0126
ShagHeart@boogieonthebay.com

www.boogieonthebay.com/shagheart

SAH26 Event Flyer v2 5/31/2025

Eating.
Drinking.
Shagging.
Oh yeah!

It's a Shag-nic!

- **Saturday, October 4**
- **Rain date: Sunday, October 5**
- **12 - 5 pm**
- **Home of Loren & Kathy Kropat**
  2322 Sawdust Road, Vienna, VA

details

Free admission · 600 sq ft hardwood dance floor · yard games
The club provides BBQ Pork and Chicken · soft drinks
You provide adult beverages and a side dish

Members may bring a guest.

Be there!

CLUB INFO

By the Numbers

June revenue:
$3,077

May expense:
$2,429

Balance:
$9,105

Active Membership

2018	185
2019	129
2020-21	127
2022	115
2023	90
2024	105
2025	104

Here's a good idea!

We have Gift Certificates available for purchase for $10 each. Do you know someone who might enjoy coming to the Elks for a NVSC dance? Maybe pre-pay and all they have to do is present the certificate and they are in at the member rate. You can also purchase these for your personal use if you'd like to grab a few when you have cash on you and keep them in your dance bag in case you didn't get a chance to run by the ATM that day. It's a brilliant back-up plan!

Please consider a gift to NVSC!

Donate online at nvshag.org

And join us at a dance!

Having the big 9-0?

The Board of Directors now offers folks who have circled the sun 90 times or more (those 90 years of age or older) a free lifetime membership. This means that the yearly membership renewal fee of $25 is waived. These valued members of our group will enjoy all the benefits of a paid in full membership. They will pay the member rate for admission to events and will attend club events with free admission such as the holiday party and club picnic. When we take membership applications, we do not ask for nor do we track the year of birth, so if you qualify, please be sure to make note on your renewal letter or contact us immediately so that we can update our records. If you have any questions, please let us know.

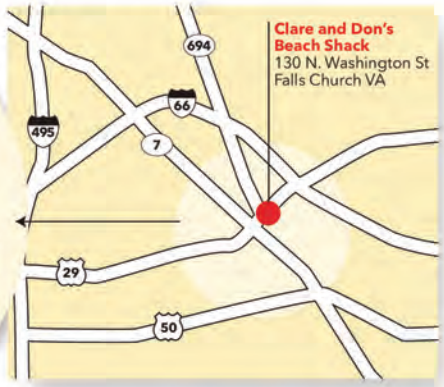
SUN DAY FUN DAY!

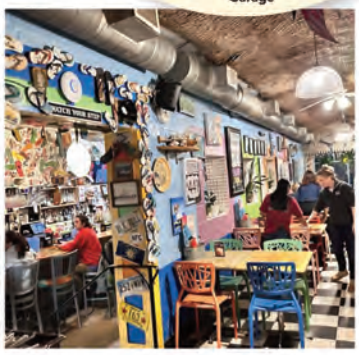
NVSC SUNDAY SOCIAL!

COME AND DANCE!
2 to 5 PM
CLARE & DON'S BEACH SHACK

AUGUST 10!

Spend a Sunday afternoon dancing and mingling with Northern Virginia Shag Club!
Clare and Don's Beach Shack is located at 130 No. Washington, Street, Falls Church, VA, convenient to Routes 66 and 7. Enjoy lots of good food and drink with musc by our fabulous NVSC DJs.





FREE!

Check the website www.nvshag.org for latest info on dates.

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org*** and look for the box in the upper right corner.

Hello Shagger Emails

Are you getting the ***Hello Shagger*** e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the ***Hello Shagger*** email (including DJ schedules and menus), please send to ***communications@nvshag.org***.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Barbara D. know at ***membership@nvshag.org***.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at ***adelerobey97@gmail.com***

PHOENIX GRAPHICS INC.

Design and production for print and beyond

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ADMITTED IN VA, MD AND DC

Advertising in the Shag Rag

Members may have their business card sized ads added to the *Shag Rag* for free!

Advertise your services, activities or business
Business Card size:

Members	no cost
Non-Members	$60 a year / $10 month

For a quarter page ad, pricing for all is $100 a year or $50 a month.

Dance with us every Thursday!

Battlefield Boogie Club

Invites You To Its 20th Anniversary Party

Registration Fee: $50

Date: August 16, 2025 Time: 5:30pm – 9:30pm

Partial Proceeds go to St. Jude's Children's Hospital

LAKE OF THE WOODS CLUBHOUSE

LAKEVIEW PKWY, LOCUST GROVE, VA 22508

Dress: Beach Casual & Bring your Dancing Shoes

REGISTER NOW: LIMITED SEATING CAPACITY

CONTACT: AUDREY BORJA 703-401-5050

etc.

August Biirthdays

James Harmon
August 7

Kathryn Miller
August 8

Jack Jones
August 11

Paul Provost
August 16

Gary Tidmore
August 18

Linda Romero
August 21

Dave Buergler
August 23

Billie Baladouni
August 25

Fern Siegler
August 28

The dog days are here and they have nothing to do with dogs.

If you're not sweating, you're not doing it right.

The Sunsplash

his one kind of has a jeweled balm for the spirit thing going on. Drink a few and everything does seem right with the world.

Ingredients
1½ ounces orange vodka
½ ounce Cointreau
1½ ounces fresh OJ
1½ ounces cranberry
1 ounce lemon sour mix (2 parts fresh lemon juice, 1 part simple syrup)

Instructions

Shake with ice and strain into an ice filled goblet. Garnish with a slice of orange and a spiral of lemon.

The Flaming Redhead

This is both really simple and really delicious.

Ingredients
2 ounces Bulleit Rye whiskey
1 ounce ginger simple syrup*
Seltzer

Shake whiskey and syrup over ice and strain into a pint glass filled with ice. Top with seltzer and stir slightly.

*Ginger simple syrup:
1 cup sugar
1 cup water
¼ cup grated ginger

Bring to a boil, cook for two minutes, then take off heat, cover and steep for 15 minutes. Strain and chill (leave in a few ginger bits for texture).

Cuckoo-cumber Margarita

Used to be the only time you'd find cucumber in a cocktail was as garnish on a Pimms Cup. Nowadays, cucumbers are ubiquitous in drink recipes with good reason: Cucumbers are tasty, cooling and they put a new spin on an old summer favorite.

Ingredients
1½ ounces Tequila Ocho reposado
1½ ounces sour mix
¾ ounce triple sec
A quarter cucumber, peeled and sliced
One splash Rose's lime juice
One splash fresh lemon juice

Instructions
Toss ingredients into a blender with ice and pour the results into a salt-rimmed margarita glass. Garnish with a cucumber wheel.

Summer Breeze

2 ounces Cruzan light rum
1 ounce DeKuyper Strawberry Patch liqueur
4 ounces mango juice
2 ounces lemonade

Throw everything into a cocktail shaker with ice. Shake well and strain into a highball glass filled with ice. Garnish with a fresh strawberry.