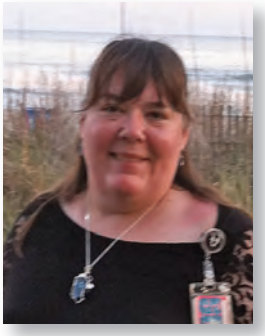
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

SEPTEMBER 2023

President's Corner

BY SHERRI WILDONER



We had had a light crowd for the August **NVSC General Membership Meeting.** Thank you for taking the time to dial in where we went through the lineup of activities for the last part of the year. Be sure to check your Hello Shagger emails and other updates so you don't miss out on the fun!

We are gearing up for the NVSC back-room party at Fat Harold's during the **SOS Fall Migration**. It's going to be a grand time. Our DJ will be Craig Jennings, spinning tunes and keeping the dance floor hopping from 2-5pm on Tuesday, September 19. We sold 20 Fun Monday raffle tickets and hopefully one of our folks will have a winning number. Although there is no official all Virginia party planned this fall, Larry and Cindy Black have invited Virgina clubs to gather and enjoy fabulous music at Ducks on Friday between 1 and 4pm. During the ACSC meeting on Saturday the 23rd, the letter that historian, writer, and author Dr. Phil Sawyer wrote 10 years ago will be read. There will also be a drop-in reception held in his honor on Friday, September 22 from 5 to 7 p.m. at the Pirates Cove back bar area. Dr. Phil and Miss Chick's children, Phil Jr. and Dell, will be in attendance.

We have a few of our dance instructors that will be teaching a beginner lesson at the Elks club for their dance on Friday, September 29. We hope this will entice some Elks members to join us on Thursday nights.

It won't be long before we'll be reaching out to encourage folks to run for election to the Board of Directors for 2024. If you'd like more information about any of the positions, please let me or any board member know. It is helpful to have fresh ideas to see how we can get folks to come out and enjoy our activities. More information to come on the elections.

Mark your calendars for several activities this fall. In October, we will be **dancing at the Elks** on the 2nd & 4th Thursdays. There will be a **members only picnic** on October 14. The **Wine Tasting & Auction** in support of Capital Caring will be the first weekend in November with the following weekend celebrating the **National Living Legends of Dance Followers** inductions in Virginia Beach. We will wrap up the year with a dance November 9 and celebrate the holidays on **December 14**.

Be safe and well and keep dancing!

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NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The: National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. Visit us at www.nvshag.org

2023 Board Members

General Information		info@nvshag.org
President	Sherri W.	president@nvshag.org
Vice President	Jack J.	vicepresident@nvshag.org
Secretary	Linda B.	secretary@nvshag.org
Treasurer	Mark H.	treasurer@nvshag.org
Director at Large	Pamela A.	
Director at Large	Barbara E.	
Director at Large	Kathy K.	
Director at Large	Adele R.	
Director at Large	Bee B.	

2023 Committees/Chairs

Audit	Fern S.	
Capital Shag Classic	Vacant	
Shag-A-Thon	Vacant	
Dance	Pamela A.	DanceChair@nvshag.org
Music	Vaughn R.	MusicChair@nvshag.org
Historian	Vacant	
Membership	Barbara D.	Membership@nvshag.org
Hello Shagger	Kathy K.	Communications@nvshag.org
Shag Rag Newsletter	Adele R.	Communications@nvshag.org
Facebook	Jack J.	Communications@nvshag.org
Twitter/Instagram	Adele R.	Communications@nvshag.org
Photographer	Jack J.	NVSCPhotographer@nvshag.org
Public Relations	Vacant	PublicRelations@nvshag.org
	Adele R.	PublicRelations@nvshag.org
Social/Hospitality	Vacant	info@nvshag.org
Webmaster	Loren K.	webmaster1@nvshag.org
Sunshine	Maryann L.	SunshineChair@nvshag.org

*Denotes Standing Committee

Contact us:

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shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
communications@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

SESAC

BMI

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

www.nvshag.org

Contact us: info@nvshag.org

Follow us!

When and Where to Shag

Join us at the Elks Lodge for dancing on September 14 and 28.

Address: 8421 Arlington Blvd., Fairfax

Open dancing: 7:00 - 10:00 p.m.

Admission Cost: $10 Members; $11 Non-Members

We will be dancing downstairs in the Fairfax Room. Food and drink may be purchased from the Elks at the bar next to the Fairfax Room. There is an elevator at the rear of the building for those who find stairs challenging.

The vaccination requirement to attend our club dances has been lifted. However, we do caution that COVID 19 is still a virulent threat and keeps evolving. Please continue to follow the highly recommended safety protocols: mask up, distance, use hand sanitizer and wash hands frequently. As recommended by the Centers for Disease Control and Prevention (CDC), mask are highly recommended but not required at the dance.

DANCE INFO

Deejays:

September 14
Loren Kropat

September 28
Craig Jennings

Advertising in the Shag Rag

Members may have their business card sized ads added to the *Shag Rag* for free!

Advertise your services, activities or business

Business Card size:

Members	no cost
Non-Members	$60 a year / $10 month

For a quarter page ad, pricing for all is $100 a year or $50 a month.

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club	*www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club	*www.boogieonthebay.com*
Colonial Shag Club (Newport News)	*www.colonialshagclub.com*
Danville Shag Club	*www.danvilleshag.com*
Franklin Shag Club	*Find them on Facebook*
Lynchburg Shag Club	*www.lynchburgareashagclub.com*
Richmond Shag Club	*www.shagRVA.org*
Roanoke Valley Shag Club	*Find them on Facebook*
Virginia Beach Shag Club	*www.vbshagclub.com*

BBC Beachball Party At The Lake

BY AUDREY BORJA

Oh, what a time was had at the Battlefield Boogie Club's (BBC) Annual Party at the Lake of the Woods Clubhouse! The Beachball theme brought everyone in casual and comfortable attire allowing for even more comfort and relaxation.

After we began our evening with a happy hour, Wes Kirchner of BBC gave the blessing and our sit-down dinner was served. The evening was underway and around 8:19, looking west out over the lake we had a sunset toast. What a beautiful setting and a moment to count our blessings! With open dancing to the tunes of Dicky Estes, a local Fredericksburg BBC DJ, the hardwood dance floor was covered with dancers.

The entertainment for the evening began with BBC members, Adrienne and Harry Payne who showcased a "Pattern" dance around the ballroom floor with background beach music. The dance was both graceful and in unison as they danced with precision footwork. Everyone enjoyed the different and unfamiliar type of dance. After the "Pattern" dance, NVSC and BBC dancers wowed the party goers with a shag introduction dance. While many guests were not shag dancers, they were intrigued with the fancy footwork and that there is actual "couple" dances. Later we received many comments from the guests that they would like to learn to shag.

So, we danced to great music, frequented the auction tables, raffled off the rolling cooler, put our hopes in for the 50/50 and throughout the evening mingled with old and new friends. The unexpected treasures in the auction and the fun in who would get the cooler packed with goodies was all part of the full evening. A flip flop activity was full of unknowns, but encouraged folks to meet and greet in order to find the match to their one-foot flip flop. This was challenging, yet it got everyone out and about in the party to find the match to the flip flop pair. But next time, we will change the rules a bit so that there is no confusion. As hindsight, the activity was a bit unclear, but

everyone participated and mingled and we met our objective.

The evening ended with "shag violations" as we did the macarena, the hokey pokey and bunny hop. We were topping our energy at that point. We all left the party having enjoyed another BBC Annual party. Thank you to all of our guests for sharing their evening with us!

So, if you were not there, you might be a little square.

If you were not there, you might be a little square!

Happy people dancing (because shagging makes you happy)!

PHOTOS FROM NVSC AND BBC DANCES COURTESY JACK JONES

Save the Dates:

SOS Back Room Party	**September 19, 2023**
NVSC Members-only Picnic in Vienna	**October 14, 2023**
Wine Auction for Capital Caring	**November 5, 2023**
National Living Legends	**November 10-11, 2023**

BAND SCHEDULE for 2023 Fall

Wed 9/13	7pm	Deckerz	Sea Cruz (Butch/Dino)
	9pm	Spanish Galleon	Band of Oz
Thurs 9/14	9 pm	Ducks	Chocolate Chip & Co.
	9pm	Spanish Galleon	The Tonez
Fri 9/15	2-6	Fat Harolds	Too Much Sylvia
	8-C	Deckerz	Carolina Coast Band
	9pm	Spanish Galleon	North Tower Band
	9 pm	Ducks	Cat5
Sat 9/16	2-6	Fat Harolds	The Castaway
	8-C	Deckerz	Carolina Coast Band
	9pm	Spanish Galleon	The Entertainers
	9 pm	Ducks	Beach Fever Band
Sun 9/17	12-3	OD Arcade	Cat5 Band
	3:30	OD Arcade	Gary Lowder/Smokin'H
	2-6	Fat Harolds	Featured Attraction Band
	4-7	Deckerz	R.Strickland/L. Hudson
	9 pm	Spanish Galleon	Band of Oz
	9 pm	Ducks	The Holiday Band
Mon 9/18	9pm	Spanish Galleon	Embers/Craig Woolard
Fun Monday Sept. 18, 12-5:30, Main Street OD			
Swingin' Medallions, Rhondels, Magnificent Band			
Tues 9/19	2-6	Fat Harolds	The Embers
	9pm	Spanish Galleon	The Entertainers
Wed 9/20	2-6	Fat Harolds	Jim Quick & Coastline
	9 pm	Spanish Galleon	The Main Event Band
Thurs 9/21	2-6	Fat Harolds	The Cat 5 Band
	9pm	Spanish Galleon	Jim Quick & Coastline
	9 pm	Ducks	Silk Groove
Fri 9/22	2-6	Fat Harolds	Gary Lowder/Smokin'H
	8-11	Deckerz	Sea Cruz (Butch/Dino)
	9 pm	Spanish Galleon	The Tonez
	9 pm	Ducks	The Pink Slips Band
Sat 9/23	8-C	Deckerz	The Heaterz
	9 pm	Spanish Galleon	Too Much Sylvia
	9 pm	Ducks	Gary Lowder/Smokin'H
Sun 9/24	6-11	Deckerz	Jeff James
	6-10	Fat Harolds	Jim Quick & Coastline

Shagging with Sam & Lisa West

Fall SOS Schedule
All Activities Upstairs in the OD Resort Ballroom

THURSDAY EARLY BIRD WORKSHOP
We will kick off SOS with a special Intermediate workshop
Thursday, 9/14 from 5:00-6:30.
90 minutes of instruction, still only $10.
We promise it will be something you will be able to use dancing all during the week.

EVERYDAY WORKSHOPS $10 per person
Friday, Sept. 15 - Saturday, Sept 23

11:30 Beginner Level
Basics and More

12:30 Advanced-Beginner
Lead Follow Patterns with Male & Female Elements

1:30 Intermediate Steps
Together Steps, Footwork, Variations, Technique

SINGLES SOCIAL DANCE
You don't have to be single, but you do have to be willing to dance.
We will wear name tags and make new friends. DJ Sam West
Wednesday, Sept. 20 from 5:00-7:00 $5 per person

CHOREOGRAPHY CLASS
Intermediate and Advanced dancers... Are you ready for a challenge? Come and learn a "short" choreographed routine to improve your skills and have some fun. Must know a pivot and boogie walk.

Two opportunities to learn: $15 per person either option
Option 1- Sunday and Monday evening 5:00-6:00
Option 2- Tuesday evening 5:00-7:00

COASTAL CAROLINA TAILGATE
Let's go Shagging with the Chants... the Chanticleers that is!
Our son, Mack, is on the Coastal Carolina football team and we will be headed to Conway to cheer the team on.
Bring a dish to share and your beverage of choice.
Meet us behind Horry Georgetown Tech. College. Just look for the motor home playing beach music... we won't be hard to find.

Saturday, 9/16
Coastal vs. Duquesne
Tailgate starts at 4:00
Game time 7:00

GO 95!

Thursday, 9/21
Coastal vs. Georgia St.
Tailgate starts at 4:00
Game time 7:30

Private Lessons Available
Call Sam to schedule

We are very proud to finally offer our dance lessons online! Anywhere you go you can login and get a lesson or review a step! Use your phone, tablet, computer or even cast to your smart tv.

$15 a month gets you a new lesson every week.
You can also purchase:
2023 Fall SOS - 2023 Spring SOS
2022 Fall SOS - Beginner

shagdanceonline.thinkific.com

UPCOMING EVENTS

NEW YEAR'S EVE PARTY
Lake Lure Inn, Lake Lure, NC
Dec. 30-Jan 1
Mark your calendar. More info coming soon!

MEMPHIS PRE-CRUISE TOUR and SHAGGING ON THE SEAS 2024
Before we head off on the high seas, join us for a tour of Memphis, including Graceland, Beale Street and more. Then we're off to Natchez, MS. We finish up in New Orleans just in time to board our ship for Shagging on the Seas!
Call Lisa for reservations and information.

BOOGIE DOWN AT THE CAMPGROUND
Creekwood Farm RV Park, Maggie Valley, NC
July 26-28, 2024
For more information go to our facebook page: Boogie Down at the Campground

CONTACT US

samandlisa.com
shagdanceonline.thinkific.com

910-995-5144 Lisa
910-995-3278 Sam

Sam and Lisa's Shag Page
Boogie Down at the Campground
Shagging with the Chants

SOS Fun Monday

12 pm TO 5:30 PM, Main Street OD
September 18, 2023

SOS Fun Monday DRAWING:

1st Ticket Drawn $3,500 ~ 2nd Ticket $1,000
3rd Ticket $500 ~ 4th Ticket $250 ~ 5th Ticket $250

FROM OUR MEMBERS

Thanks to Linda Barna

From Bonnie Arms' latest cruise!

By the Numbers

July:

Starting Balance
$9,170

Receipts
$ 976

Expenditures
$ 800

Ending Balance
$9,095.80

Membership

2018	185
2019	129
2020-21	127
2022	115
2023	108

Attendance:

August 10	27
August 24	24

Please consider a gift to NVSC!

STEVE BALOK AND MYERS FLOYD
DUCKS
Fall S.O.S 2023
WORKSHOP SCHEDULE
Saturday Sept 16th
11:00 - Easy Lead and Follow
Sunday Sept 17th
11:00 - Tucks, Turns and Spins
Wednesday Sept 20th
11:00 - Fun Lead and Follow
Thursday Sept 21st
11:00 - Easy to learn Together Step
12:00 - Male and Female Footwork
Friday Sept 22nd
11:00 - Exciting Trail Patterns
12:00 - Building Fancy Footwork
Saturday Sept 23rd
11:00 - Male Only - Steve Balok and Scott Campbell
11:00 - Female Only - Myers Floyd (Ducks Cafe)
12:00 - Basic Variations

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org*** and look for the box in the upper right corner.

Hello Shagger Emails

Are you getting the ***Hello Shagger*** e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the ***Hello Shagger*** email (including DJ schedules and menus), please send to ***communications@nvshag.org***.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Barbara D. know at ***membership@nvshag.org***.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at ***arobey@fusemail.com***

PHOENIX GRAPHICS INC.

Design and production for print

Adele Robey

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E-Mail: Vroyal@Royal-Law.Com
ADMITTED IN VA, MD AND DC

Want to tell NVSCers about your business? Advertise here!

Next dances: September 14 and 28, 2023!

See you at Fall Migration!
September 14 - 24, 2023

FUN MONDAY Sept. 18 • BACK ROOM PARTY Sept. 19

Jukin Oldies Presents:
Free
ENTRY
COOK'S
Dance FLOOR
WAX
Wednesdays 9-11pm
Craig
Jennings
CJ's Boogie
Woogie
Dance Party
NOW PLAYING
On
JUKIN' OLDIES
Greatest Music On Earth
Made with PosterMyWall.com
WWW.JUKINOLDIES.COM

Booooooogie on the Bay Shag Club

Annual Halloween Dance

Saturday, October 28, 2023

6:00 to 10:00 PM

Rattle your bones with ABSCDJ DJ Harvey Taylor!

BYOB and Beer!
Setups provided.

Please bring a Dish to Share!
Last Name A-I: Main Dish
Last Name J-R: Veggie/Side Dish
Last Name S-Z: Dessert

Eagles Club
521 Maple Street
Chesapeake VA 23324
Directions: bit.ly/EaglesClub

Event Website:
www.boogieonthebay.com/halloween

Door and Costume Prizes!

Tickets
Members $10.00
Non-Members $15.00

Sorry, no refunds but transferable

Through the National FastDance Association, our club dance activities are properly & legally licensed by:
We Create Music ASCAP BMI SESAC

Purchase Tickets from:

Dottie Landreth 757-560-5546 or HalloweenDance@boogieonthebay.com

Purchase By Mail by October 20, 2023 using the Mail-In Ticket Request below.

Purchase By PayPal/Credit/Debit Card at the BOTB Online Store: bit.ly/BOTBStore-Halloween

Last Chance to buy Tickets: Friday October 20th!

Virginia Shag Clubs SOS Gathering!!!

Fall SOS 2023, Friday, September 22nd 1-4pm at Ducks

Come PARTY with all your friends from the commonwealth!!!

Virginia clubs include:

- VA Shaggers Hall of Fame
- Richmond Shag Club
- Virginia Beach Shag Club
- Roanoke Shag Club
- Northern Virginia Shag Club
- Colonial Shag Club
- Boogie On The Bay
- Lynchburg Shag Club
- Franklin Shag Club
- Danville Shag Club
- Battlefield Boogie Club

Virginia Shaggers Hall of Fame

Music provided by Virginia DJs

Larry & Cindy Black

Please Note: We will not be providing food or dinks this

etc.

August Birthdays

September 5
Debra Parrish

September 13
Sharon Geyer

September 21
Audrey Borja
Bob Fitzgerald

September 26
Lorraine Rollick

September 28
Bonnie Arms

September 29
Carolyn Payne
Kristin Stone

Apples, pumpkins, booze and oh my!

Aaaaah. Fall.

Pumpkin Spice White Russian Cocktail

This Pumpkin Spice White Russian Cocktail is exactly what you need to be sipping on this season. This festive fall cocktail brings the perfect pumpkin flavor to a classic White Russian with the addition of pumpkin spice creamer. It's so creamy, dreamy, and delicious! You have to try this pumpkin cocktail for yourself.

Ingredients

For the Drink
3 ounces 2 shot glasses good quality vodka
3 ounces 2 shot glasses pumpkin spice creamer
1.5 ounces 1 shot glass Kahlua
Whipped Cream and pumpkin pie spice for garnish

For the Rim
1 teaspoon pumpkin pie spice
1 teaspoon sugar or sparkling sugar
3 tablespoons crushed graham crackers

Instructions
Mix the ingredients for the rim together on a shallow plate. Dip the edge of two glasses in water and then dip into the graham mixture. Press to coat. Set the two glasses aside.

Pour vodka, creamer, and kahlua into a large cocktail shaker filled with ice. Shake lightly until combined and cold.

Pour into glasses and top with whipped cream and pumpkin pie spice.

Enjoy!

Autumn Apple Bourbon Fizz

Ingredients
Orange wedges for the glass
1/2 cinnamon + 1 tablespoon sugar for the rim
3 tablespoons apple butter
2 ounces bourbon
Pinch of cinnamon
4 to 6 ounces chilled ginger ale or ginger beer
Fresh figs for garnish

Instructions
Rim your glass with a wedge of citrus. Stir together the cinnamon and sugar on a plate. Dip the rim in the cinnamon sugar.

Fill a shaker glass with ice. Add the apple butter, bourbon and a pinch of cinnamon. Shake well for 30 seconds. Pour the mixture into the glass. Fill the glass with ginger ale or ginger beer and serve!

Apple Cider Mimosa

The Ingredients
Apple Cider. Apple cider goes well with alcohol and especially champagne and brandy.
Champagne. The kind of champagne you use is up to you. Try prosecco, cava, or sparkling wine.
Brandy. In addition to apple cider and champagne, a bit of brandy to the recipet balances the apple cider's light, juicy flavor.

The Directions
Rim the glasses with sugar and cinnamon.
Pour brandy, apple cider, then champagne into each glass. Garnish as desired and ENJOY!