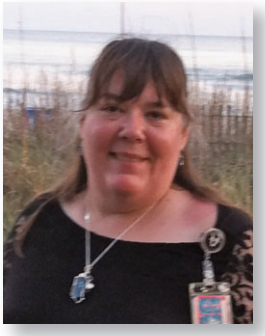
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

JANUARY 2023

President's Corner

BY SHERRI WILDONER



I guess I'll start by saying "Welcome to 2023!" The past year was certainly something, with many challenges still to be managed but considerably more social activities than the prior several years. We saw many changes within the leadership of the NVSC with Bonnie's departure and some shifting of our Directors at Large roster.

The NVSC Holiday Party with our December dance at the Elks Lodge was very well attended with once again over 30 folks who came out to enjoy the evening. DJ Hall of Famer, Craig Jennings, kept the place rocking. Thank you to all of the members who came out to enjoy the evening and for bringing your favorite appetizers, sides and deserts to round out the buffet table for yet again a tasty spread.

The annual DC Hand Dance Club's New Year's Eve party was held at the DoubleTree near BWI and was attended by about 100 folks, including a nice contingent from the NVSC. Wine, beer and the fabulous White Russians by Dave Rapson were served with tasty appetizers followed by a nice buffet dinner, fun selection of deserts, and of course, great music by Kathy K and Ron Carroll, who entertained the dinner crowd and kept folks on the dance floor throughout the night. This is certainly an event to look forward to each year.

Over the Martin Luther King weekend, I will attend the ACSC meeting held during the mid-Winter SOS at the OD Resort. I'm crossing my fingers that the weather will hold out and NOT snow or force me to try to beat another ice storm home. It's a long drive as it is without weird weather!

Don't forget to get your SOS cards from Mark Hendrickson at any of our dances as you'll want to ensure you have yours before the SOS Spring Safari event in April.

I look forward to working with the 2023 Board of Directors. Please be sure to reach out to any of us with your ideas, comments, and concerns: Jack Jones, Vice President; Mark Henderson, Treasurer; Linda Barna, Secretary; and the Directors at Large: Pamela Alfano, Bee Buergler, Barbara Ebersole, Kathy Kropat, and Adele Robey. We would like your input regarding how often we dance, what other special events you may be interested in, and how to get folks to come out and support the club.

We are dancing the second Thursday each month at the Elks for the first quarter. We'll let you know what other special events and additional dance opportunities come up.

Here's hoping this year brings you joy, happiness, prosperity and lots of dancing and social activities with friends and family.

Keep dancing!

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NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The:

National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. Visit us at www.nvshag.org

2022 Board Members

General Information		info@nvshag.org
President	Sherri W.	president@nvshag.org
Vice President	Jack J.	vicepresident@nvshag.org
Secretary	Linda B.	secretary@nvshag.org
Treasurer	Mark H.	treasurer@nvshag.org
Director at Large	Pamela A.	
Director at Large	Barbara E.	
Director at Large	Kathy K.	
Director at Large	Adele R.	
Director at Large	Bee B.	

2022 Committees/Chairs

Audit	Fern S.	
Capital Shag Classic	Vacant	
Shag-A-Thon	Vacant	
Dance	Pamela A.	DanceChair@nvshag.org
Music	Vaughn R.	MusicChair@nvshag.org
Historian	Vacant	
Membership	Barbara D.	Membership@nvshag.org
Hello Shagger	Kathy K.	Communications@nvshag.org
Shag Rag Newsletter	Adele R.	Communications@nvshag.org
Facebook	Jack J.	Communications@nvshag.org
Twitter/Instagram	Adele R.	Communications@nvshag.org
Photographer	Jack J.	NVSCPhotographer@nvshag.org
Public Relations	Vacant	PublicRelations@nvshag.org
	Adele R.	PublicRelations@nvshag.org
Social/Hospitality	Vacant	info@nvshag.org
Webmaster	Loren K.	webmaster1@nvshag.org
Sunshine	Maryann L.	SunshineChair@nvshag.org

*Denotes Standing Committee

Contact us:

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shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
communications@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

SESAC

BMI

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

www.nvshag.org

Contact us: info@nvshag.org

Follow us!

When and Where to Shag

Join us at the Elks Lodge for dancing on January 12 and February 9.

DANCE INFO

Address: 8421 Arlington Blvd., Fairfax

Open dancing: 7:00 - 10:00 p.m.

Admission Cost: $10 Members; $11 Non-Members

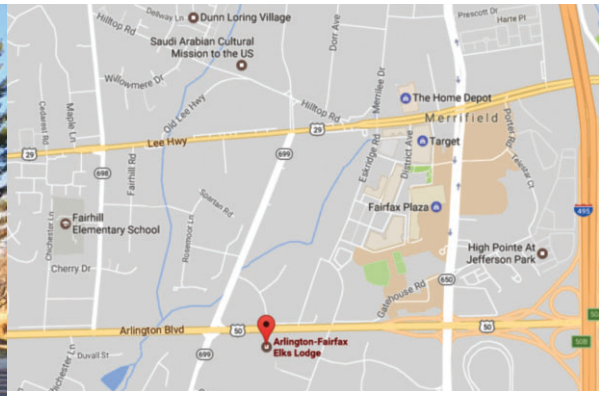
We will be dancing downstairs in the Fairfax Room. Food and drink may be purchased from the Elks at the bar next to the Fairfax Room. There is an elevator at the rear of the building for those who find stairs challenging.

Deejay:

January 12
Craig Jennings

February 9
Loren Kropat

The vaccination requirement to attend our club dances has been lifted. However, we do caution that COVID 19 is still a virulent threat and keeps evolving. Please continue to follow the highly recommended safety protocols: mask up, distance, use hand sanitizer and wash hands frequently. As recommended by the Centers for Disease Control and Prevention (CDC), mask are highly recommended but not required at the dance.



Advertising in the Shag Rag

Members may have their business card sized ads added to the *Shag Rag* for free!

Advertise your services, activities or business

Business Card size:

Members	no cost
Non-Members	$60 a year / $10 month

For a quarter page ad, pricing for all is $100 a year or $50 a month.

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club,	*www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club	*www.boogieonthebay.com*
Colonial Shag Club (Newport News)	*www.colonialshagclub.com*
Danville Shag Club	*www.danvilleshag.com*
Franklin Shag Club	*Find them on Facebook*
Lynchburg Shag Club	*www.lynchburgareashagclub.com*
Richmond Shag Club	*www.shagRVA.org*
Roanoke Valley Shag Club	*Find them on Facebook*
Virginia Beach Shag Club	*www.vbshagclub.com*

No naughty here, just nice! The holiday party rocked.

PHOTOS COURTESY
JACK JONES

In appreciation for all her hard work, VP Jack Jones presented President Sherri Wildoner with gifts from the Board at the DC Hand Dance New Year's Eve party. In addition to a framed photo of the Wine Tasting event (at right), Sherri received a bottle of her favorite whiskey and a gift card to Michael's Arts and Crafts. Thank you Sherri, for being our President!

What would we have done without the 50s and the sax?

Looking back now, growing up in the 40s and 50s was a very, very unique and wonderful experience. The youngsters nowadays, those in their 30s and 40s, have no idea what they missed. No cell phones, no computers, very few TVs. There were few, if any, high school dropouts. It was definitely a different time. Good grief, how did we survive?

Friday and Saturdays nights at the drive-in movies, Sunday afternoons after Church cruising Main St. in my '53 Mercury with a carload of my buddies. Cruising through Bailey's, Al's, Ebb's and the Crystal drive in's where the waitresses came out on roller skates to take and then bring out our orders. Usually two Crystal burgers, a small order of fries, and a small Coke for about 37 cents. Up north, it was the White Castle.

In the early to mid-fifties, we experienced the transition from the 30s and 40s big band era of our parents to the brand-new rock and roll era. Virtually gone were Jimmy Dorsey, Glenn Miller, Bing Crosby, Rosemary Clooney (George's aunt), Patti Page, The Mills Brothers, and many other great musical artists.

In came Bill Haley and the Comets, Fats Domino, Little Richard, Chuck Berry, Jerry Lee Lewis, Carl Perkins, Richie Valens, Elvis and of course, Buddy Holly. While cruising, we still heard a smattering of the 40s style of music on the car radio but soon pure rock and roll took over.

On Friday night, if we weren't at the drive-in movies or cruising, we were at the sock hop in the high school gym bopping, handdancing or fastdancing to rock and roll played by the deejays on their latest 45s.

Nearly every song had the music instrument-of-choice, the saxophone. Nearly every great rock and roll song had to have the sax. The music just would not have been the same without it. On our website [NFDA's] jukebox, Bob Seger and the Silver Bullet Band express the sentiment and nostalgia of the kids who were fortunate to have grown up in the 50s.

TRAVELING DOWN MEMORY LANE COURTESY NATIONAL FAST DANCE ASSOCIATION

SOS Mid-Winter Break / Winter Workshop

January 12 - 15, 2023

The Association meeting will be on Saturday, January 14. at 10:00 A.M. at the Spanish Galleon

You need a current SOS membership card to open the doors of the SOS lounges. You can get one from your local shag club representative or If all else fails you can pick one up at the beach when you meet us all there.

Cards are available from Mark Hendrickson at monthly dances.

Plan Ahead! SOS SPRING SAFARI | April 13 - 23, 2023

WANTED

VOLUNTEERS!

Do you have a hidden talent?

We could use your help in ensuring that our immediate needs are met. If you have some time you could funnel our way, please reach out. Party planning, public relations, fundraising — these and other areas for which your experience could greatly support are always welcome.

Please contact Sherri W at president@nvshag.org with your questions, requests for more information or other requests.

Thank you!

NORTHERN VIRGINIA SHAG CLUB

We have it on video!

Video Links of NVSC Events 2019-2022

VIDEOS BY JACK JONES

NVSC Dance on Nov 10, 2022

https://youtu.be/TUj4DltU2q4

NVSC Dance on Oct 27, 2022

https://youtu.be/-TDmUL6Sz6A

NVSC and DCHD Joint Party at Fat Harolds 2022 SOS

https://youtu.be/1raB7pONadU

NVSC Dance on Sept 8, 2022

https://youtu.be/ZYF7TIbAxE4

DCHD Stroll Dance on Sept 10, 2022

https://youtu.be/BJCqaaAf1Bo

NVSC July 14, 2022 Dance

https://youtu.be/T3yD0epsSdQ

NVSC June 23, 2022 Dance

https://youtu.be/7YpDt82lNNE

NVSC April 14, 2022 Dance

https://youtu.be/FrrqfsAELs4

DJ Craig Jennings Induction in the DJ Beach Music Hall of Fame March 4, 2022

https://youtu.be/Ryham65CYJQ

DCHC St. Pat's Dance 2022 on March 19, 2022

https://youtu.be/j780UsC-INc

NVSC St. Patrick's day dance on March 10, 2022

https://youtu.be/bsacOtI96S8

NVSC Valentines Dance on February 10, 2022

https://youtu.be/fonfC8OgACg

DCHD New Year's Celebration 2021

https://youtu.be/EwTsLlpdwfk

NVSC XMAS 2020 message with 2019 Event Memories

https://youtu.be/43HjDA95tbE

Sam and Lisa West First Demo Dance at the 2021 Richmond Event

https://youtu.be/ceainc1mqbU

Sam and Lisa West Second Demo Dance at the 2021 Richmond Event

https://youtu.be/5ONAQSnc0Mc

NVSC Christmas 2019

https://youtu.be/43HjDA95tbE

NVSC Halloween Party 2019 on November 6, 2019

https://youtu.be/8YrtKtvQzec

Shagging at the NVSC 2019 SOS Fall Migration Party

https://youtu.be/rXbUJELzkvM

NVSC 2019 Classic Dance Event Slideshow

https://youtu.be/XUveC3JvbAg

Free Pours at the NVSC 2019 Classic

https://youtu.be/Qs-mLx_wG20

New Years Eve 2022 Hand Dance Party

https://youtu.be/hRd6TcFnXig

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org*** and look for the box in the upper right corner.

Hello Shagger Emails

Are you getting the ***Hello Shagger*** e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the ***Hello Shagger*** email (including DJ schedules and menus), please send to ***communications@nvshag.org***.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Barbara D. know at ***membership@nvshag.org***.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at ***arobey@fusemail.com***

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Adele Robey

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ADMITTED IN VA, MD AND DC

Want to tell NVSCers about your business? Advertise here!

Next dances: January 12 and February 9, 2023!

Jukin Oldies Presents:
Free
ENTRY
COOK'S
Dance FLOOR
WAX
Wednesdays 9-11pm
Craig
Jennings
CJ's Boogie
Woogie
Dance Party
NOW PLAYING
On
JUKIN' OLDIES
Greatest Music On Earth
Made with PosterMyWall.com
WWW.JUKINOLDIES.COM

etc.

January Birthdays

Bob Bambrilla
January 3

Bee Buergler
January 8

David Barna
January 9

Janis Grimes
January 9

Craig Jennings
January 9

Maryann Lesnick
January 16

Jim Scanlon
January 16

Buzz Payne
January 17

New Years Mocktails in honor of Dry January!

Sip one of these while you wait for February.

Mango Mule

Ingredients
4-5 slices of cucumber
1 oz honey syrup
1½ oz mango puree
1½ oz fresh lime juice
1½ oz ginger beer
Ice

Instructions
Muddle cucumber and honey syrup in the bottom of a cocktail shaker. Add the mango puree and lime juice and shake with ice vigorously. Strain into a copper mug. Top with ginger beer and stir.

Cilantro Lime Fizz

Refresh with the trendy flavor combination of cilantro and ginger in a cool cocktail.

Ingredients
¼ cup fresh lime juice
2 ounces gin
1 tablespoon fresh cilantro leaves (without stems)
¼ teaspoon almond extract
Ice cubes
1 cup ginger beer
Fresh cilantro sprigs

Instructions
Mix lime juice, gin, cilantro and almond extract in cocktail shaker with muddler or wooden spoon until cilantro is crushed. Add 2 cups ice cubes; shake until well mixed and chilled. To serve, strain over ice cubes in beverage glasses. Fill glasses with ginger beer. Garnish with cilantro sprigs.

Mexican Chocolate Mocktini

Mexican chocolate has hints of cinnamon; here, cocoa powder is paired with cinnamon and almond milk. Makes four drinks.

Tip: Almond milk can be found in the beverage aisle of your market along with soy and rice milks. Use high-quality unsweetened dark cocoa powder for the best flavor.

Ingredients
½ cup sugar
2 level tbs. natural cocoa powder
¼ tsp. ground cinnamon
1 cup water
2 cups almond milk
lemon wedge

Directions
In a small bowl, stir the sugar and cocoa powder together until well combined. Remove two tablespoons of the mixture and pour it onto a small plate; reserve. Put the remaining sugar mixture, cinnamon and water in a small saucepan; bring to a simmer over medium-high heat and cook, whisking occasionally, until sugar is completely dissolved. Remove from heat and cool to room temperature.