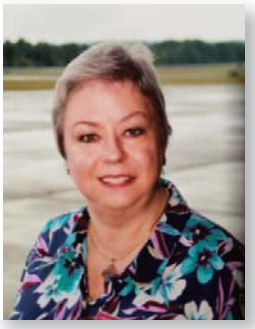
NORTHERN VIRGINIA SHAG CLUB

Shag Rag

SEPTEMBER/
OCTOBER 2020

We're still in it and making the best of it.

BY BONNIE ARMS



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Well, here is another joint *Shag Rag* issue. This time it is for September AND October.

Northern Virginia Shag Club (NVSC) Board of Directors still does not know when we will be back dancing at the Elks Lodge 2188 in Fairfax. Whenever that happens I am sure EVERYONE (members and guests) will be there dancing up a storm. I just hope I remember how to dance more than a basic :>)

Monday, September 8 was Labor Day. It honors the working people in the US and Canada. Hope everyone had a pleasant holiday that day.

Monday, October 12 is Columbus Day. It is a national holiday so a lot of us working people will have the day off.

Saturday, October 31 is Halloween. Wonder how trick or treating will go this year with social distancing and all?

Don't forget to turn your clocks back on Sunday, November 1.

Don't forget to vote in the Presidential Election, Tuesday, November 3.

Deejay Willie T aka Bill Frostick (one of our DJs) has been playing music on Wednesday nights on Facebook under NVSC sponsorship. Facebook is tightening their security about music and has muted the music many times. Therefore, starting on Wednesday, October 7, Deejay Willie T will play music ONLY on *www.mixlr.com/dj-willie-t.* It is a free program. If you want to chat you will need to create an account. The sound quality is good. There is no video to watch so it will be like the old days when we listened to a radio.

Don't forget to listen to **Craig Jennings** (another one of our DJs and a NVSC member) who also plays tunes on WWER 88.1 FM on Thursday from 5-6 a.m. and also on Sunday from 6-7 p.m. Go to WWER.org and listen from there.

Currently ACSC Mid-Winter 2021 is still a go for January 14-17, 2021. If that status changes of course we will send out a notice to everyone.

Hope everyone is staying safe/healthy during this COVID-19 mess. I for one have been wearing a mask when outside of my apartment, washing my hands often, and trying to follow local and state guidelines.

NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The:

National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elks Lodge, 8421 Arlington Blvd, Fairfax, VA
Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm. Cover charge: Members $10, Guests $11.

COME JOIN US!

Contact us:

General Inquiries:
shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
helloshagger@nvshag.org

2020 Board Members

President	Bonnie Arms	703-819-9654	bjrwa@verizon.net
Vice President	Sherri Wildoner	760-212-0981	smwildoner@yahoo.com
Secretary	Linda Barna	703- 455-1090	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-691-3053	mark_hendrickson@verizon.net
Director at Large	Pamela Alfano	703-216-0038	pamela.alfano@aol.com
Director at Large	John Dent	571-213-8107	jfdent3@gmail.com
Director at Large	Barbara Ebersole	703-321-8211	ebersole_2@yahoo.com
Director at Large	Jack Jones	703-801-3555	jackejones@verizon.net
Director at Large	Sue Young	703-573-6870	susan.young19@yahoo.com

2020 Committees/Chairs

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Capital Shag Classic	Sue Young	susan.young19@yahoo.com
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Shag-A-Thon*	Sherri Wildoner	smwildoner@yahoo.com
Dance*	Pamela Alfano	pamela.alfano@aol.com
Hello Shaggers	Kathy Kropat	helloshagger@nvshag.org
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Sunshine	Maryann Lesnick	mlesnick@mlesnick.com
Webmaster	Loren Kropat	webmaster@nvshag.org

*Denotes Standing Committee

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

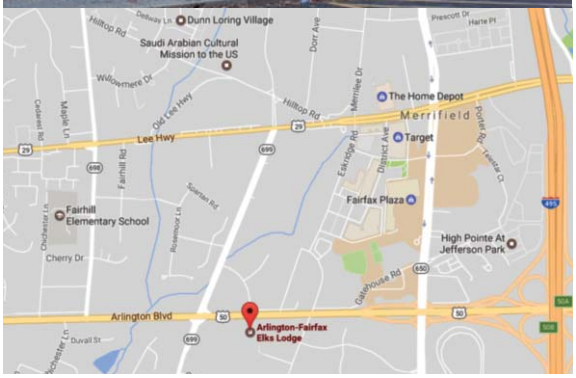
SESAC

BMI

When and Where to Shag

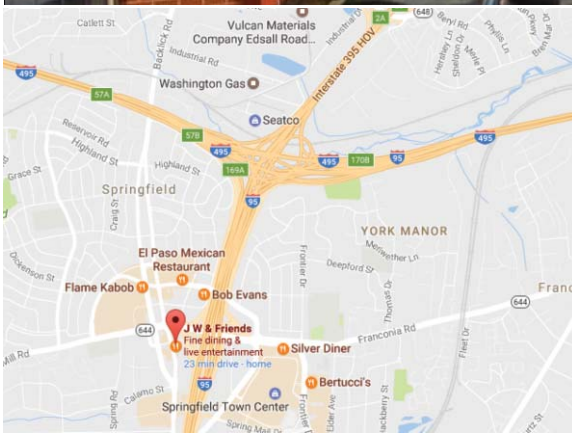
Every Wednesday, 6:30-10:00 pm at the Elks Lodge canceled until further notice

8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members $11.00, members $10.00; free lessons at 7:30 pm, no partners needed. Buffet dinner available, 6:45 - 8:00pm. Check the nvshag.org website for weekly menus.



No dancing until further notice at Mixing Bowl (formerly JW & Friends)

6531 Backlick Road, Springfield, VA. 5:00-8:00 pm, no cover charge. To receive notice of scheduled events, email Crystal Ashton at crystal0657@yahoo.com.



DJ Schedule

Please check the website for updates to the DJ schedule

Dance Lesson Schedule at the Elks on Wednesdays

Beginner Level Shag Steps		Intermediate Level Shag Steps	
Sept/Oct	No Dancing	Sept/Oct	No Dancing
Sept/Oct	No Dancing	Sept/Oct	No Dancing
Sept/Oct	No Dancing	Sept/Oct	No Dancing
Sept/Oct	No Dancing	Sept/Oct	No Dancing

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is $25/year. Lessons begin at 7:30 pm. Social dancing before and after lessons to 10:00 pm. Please remember to ask Red Dot beginner dancers to dance.

It takes lots of practice to become a better dancer!

All club events canceled until further notice

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 12.

Pandemic fatigue, cabin fever, what next! Oh wait, there's an election!

RANDOM PANDEMIC NOTES BY ADELE ROBEY

Good grief. How on earth did we get here and who could have predicted it? Early this year when I went to South Carolina for a quick break that turned into almost five months, I envisioned getting back, staying put for a bit but then getting back to life, or as we used to call it, "normal." Now there's no normal and I personally have no life. And no, I don't count zoom as life. It's gone from being a lifesaver to "oh no! not another ****ing zoom meeting!"

But they will do in a pinch, to say hi and catch up on news. But there's no dancing, at least around here. Rumors have it (or had it) that they were dancing down south but basically within your "pod."(So now we are pod people?). The other night I forgot to lock my car. It's not an unusual occurrence, there's not much in there except dog hair. When I got in to go somewhere in the morning the giveaway was that everything that could be opened was open... glove box, console, you know. A few days later I couldn't figure out why my little trash can in the back wasn't staying put. Ah! The little backpack I had holding it in place was gone. And what was in the backpack? Dance shoes. And it took days to realize it. Now that's a sad situation. And what were those knuckleheads going to do with those shoes? I am sure they ended up in some trash can.

Meanwhile there's no theater at our theater, I'm working at home and trying to figure out sanitizing an entire building. I've learned about touchless hand sanitizer and soap dispensers, touchless faucets, point and shoot thermometers and more masks than I can count. We're lucky to be a beneficiary of gallons of hand sanitizer courtesy of a local distillery and 5,000 masks (not a typo) courtesy of Under Armor. Who knew? Of course you have to assemble them which is no mean feat, but since there's no audience there's no need to rush on that project. We have spray, we have wipes, we pretty much have it all. Now all we need is people. And it's our guess that folks will not be in a big hurry to come sit in an enclosed space, a few feet from actors who are known to spray when they talk. Next task? Master getting some of this stuff online. It makes me miss those 16 hour days spent running froom one end of the building to the other and putting out fires (not literally, thank God).

But the worst is not seeing people. By the time we all meet again it will be a year or more since I've seen any of you. That is a very long time. No Shag-a-thon, no holiday party, no new year's eve gala to look forward to.

But let me suggest this: if you are bored to tears, take a minute and send me a note about how you are spending your time. I'd love to compile them into the NVSC "stories from the pandemic." Are you bingeing TV shows? Are you baking and buying up all the flour and vanilla? Are you painting your house or spending hours in Michael's looking for craft projects? I'm doing all of them except the TV part. In fact if I do turn on the TV it's for years-old reruns to provide background noise (side rerun note: did you know that Angie Bushey is a Magnum PI groupie? The original that is.) I stopped watching any news months ago although I am still a newspaper junkie. It lets me get my good/bad news in manageable chunks.

For escapist reading I recommend the *Spenser for Hire* novels. There are 47 of them! Who knew? I watched some made for Netflix Spenser movie and which prompted me to investigate the actual books. How one author has made up so many fantastic plots is beyond me. (I guess that's why he's an author and I'm a, well, whatever I am.) I think I've plowed through about 20 of them and still reading. Also the Longmire books. There's apparently a streaming series from these as well, but the books are great.

So that's what's happening in my little corner of the world. I hope you let us all know how it is in your bailiwick, that you are well, and the creative ways you are finding to get through. And I'll echo Bonnie's message: Don't forget to vote, however they are having you do it in your jurisdiction. I have my ballot, the big drop box is a block away so I am all set.

Still in a pandemic baking frenzy? Try these!

Maple-Oat Cookies

2 Cups Rolled Oats
¾ Cup plus 2 Tbsp. Whole Wheat Flour
½ Tsp. Ground Cinnamon
1.4 Tsp. Ground Nutmeg
1/8 Tsp. Sea Salt
½ Cup Canola Oil1/2 Cup Pure Maple Syrup
2 Tsp. Pure Vanilla Extract.

Preheat oven to 350 Degrees.

Place oats in a medium saucepan and toast over medium-high heat stirring frequently until oats are slightly golden and fragrant, about three minutes. Remove from heat and stir in flour, cinnamon, nutmeg and salt. In a separate bowl whisk together oil, maple syrup and vanilla until combined. Add maple mixture to oat mixture and stir to combine completely. Dough will be warm. Drop by rounded teaspoons onto parchment lined baking sheet. Gently flatten dough with wet fingers and bake until golden brown. Approx. 15 minutes. Cool on wire rack and store in airtight container.

—Pamela Alfano

Cranberry Pecan Cookies

1 tube (16-1/2 ounces) refrigerated sugar cookie dough, softened
1 cup chopped pecans
2/3 cup white baking chips
2/3 cup dried cranberries
1 teaspoon vanilla extract

Preheat oven to 350°. In a large bowl, combine cookie dough, pecans, chips, cranberries and vanilla. Drop by tablespoonfuls 2 in. apart onto ungreased baking sheets. Bake until lightly browned, 10-12 minutes. Cool 2 minutes before removing from pans to wire racks. Store in an airtight container.

—Bonnie Arms

Kahlua Fudge

1 tsp. plus 2 tbsp. butter, divided
24 oz. Baker's white baking chocolate, coarsely chopped
1 cup sweetened condensed milk
1/2 cup chopped pecans, toasted
1/3 cup Kahlua (coffee liqueur)

Line a 9-in. square pan with foil; grease foil with 1 tsp. butter. In a large heavy saucepan, cook and stir white chocolate over low heat until melted. Add milk and remaining butter; stir until blended. Remove from heat; stir in pecans and Kahlua. Spread into prepared pan. Refrigerate, covered, 2 hours or until firm. Remove foil; cut fudge into 1-in. squares. Store between layers of waxed paper in an airtight container in the refrigerator.

—Bonnie Arms

2021 ACSC Winter Workshop

Saturday. January 16, 2021

9:30 AM - 12:30 PM

Let's CATCH-UP

When Booking ask for

Special Shagger Rate

3 Day Minimum

Meeting will be in OD Resort

$99, $109 & $119

Reservations: 800-438-9590

www.oceandriveresort.com

98 N. Ocean Blvd. NMB, S.C.

email: reservations@odresort.com

OCEAN DRIVE BEACH & GOLF RESORT

NORTH MYRTLE BEACH, S.C.

2021 SOS Mid-Winter

January 14 - January 17, 2021

SUMMER SHAG SHINDIG

ADULTS ONLY

ADULTS ONLY

Join us as we "SPRING" into summer!

Hosted by THE JUNIOR SHAG DANCE TEAM

DATE: MARCH 27, 2021

TIME: 2:00 UNTIL

PLACE: AMERICAN LEGION

524 Heckle Blvd, Rock Hill, SC

$50 DONATION

BBQ DINNER INCLUDED

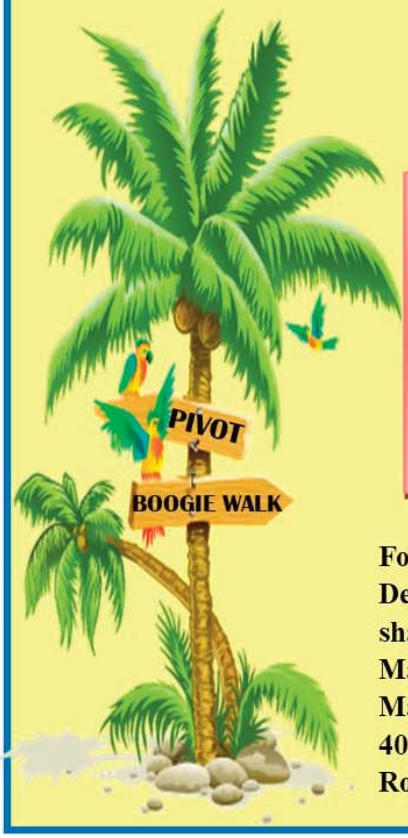
SPECIAL PERFORMANCES

CASH BAR!

GREAT PRICES!

NO COOLERS ALLOWED

FREE SHOOTERS
50/50 DRAWING
RAFFLE BASKET
SILENT AUCTION



WORKSHOPS WITH PROS

Michael & LeAnn Norris

Kayla Henley

Ashley & Tobitha Stewart

JSDT Team Members

For Tickets, Contact:
Debbie Brown—803-242-6104
shagdeb@gmail.com
Make checks payable: JSDT
Mail to: Debbie Brown
4029 Ivywood Drive
Rock Hill, SC 29732

GROUP RATE HOTEL:
WINGATE by Wyndam
760 Galleria Blvd., Rock Hill, SC 29732
803-324-9000-Must Reserve by 2/25/21
RATE: $89.00 Includes Tax & Breakfast
MENTION **"SHINDIG"**

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org***, click on *Shag Rag* tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails

Are you getting the *Hello Shagger* e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to *helloshagger@nvshag.org*.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Bonnie Arms know at *bjrwa@verizon.net*.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at *arobey@fusemail.com*

Dennis Gehley
The Time Machine

Hits from Yesterday and Today
Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764 E-mail: dmgehley@me.com

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Want to tell NVSCers about your business? Advertise here!

Hall Of Fame Foundation
Al Cain/Eddie Monsour
2020 Golf Tournament

The Hall Of Fame Foundation Board of Directors has decided that due to the uncertainty surrounding the Covid-19 that the Al Cain/Eddie Monsour 2020 Golf Tournament 2020 will be cancelled.

Please check back for information on the 2021 Al Cain/Eddie Monsour Golf Tournament.

The HOFF Golf Tournament is one of the major fund raisers for the Hall Of Fame Foundation. Your Donations continue to be appreciated.

If you would like to donate to the Hall Of Fame Foundation please send your donations to:
Hall Of Fame Foundation
PO Box 4070
North Myrtle Beach, SC 29597

For more info on HOFF, please visit the website:
http://www.halloffamefoundation.org/index.html

2020 SHAGATTACK

Dear Hall of Famer's and Participants,

2020 has been quite the year and one that no one wishes to repeat. The Executive Board has been following the situation with the Coronavirus since our last communication in April. With the number of reported cases, hospitalizations and deaths in the two Carolinas, we have made the decision to cancel SHAGATTACK for this year.

This decision was made with the safety and welfare of our members at the forefront. We look forward to 2021; dates will be confirmed and added to our website as soon as possible.

For those that joined SHAGATTACK for 2020, your membership fees will be carried forward to 2021.

Stay safe and healthy 'til we meet on the dance floor,

Sam, Bob, and Maureen

ACSC Presidents, Officers, Past Officers and Memberships,

It has been brought to my attention that a scam concerning gift cards for Veterans and Hospice is circulating. These groups are visiting our shag club websites, gathering information then calling. During their solicitation, they have made reference to your shag club. Please be aware of this scam and do not fall prey.

Thank you,
Robin Morley, ACSC Chairman

etc.

September Birthdays

Debra Parrish
September 5

Pete Campbell
September 14

Camille Hall
September 16

John Dever
September 18

Ron Warner
September 19

Audrey Borja
September 21

Bob Fitzgerald
September 21

Ralph Tedesco
September 21

Lorraine Rohlik
September 26

Carolyn Payne
September 29

October Birthdays

Pamela Alfano
October 8

Judith Trewin
October 10

Myron Thompson
October 12

Emily Maroon
October 14

Jeanne Botto
October 16

Paul D'Amato
October 18

Jim Fox
October 19

Joe Capobianco
October 23

Barry Holt
October 25

Linda Trader
October 27

Mary Burleigh
October 29

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club,
www.battlefieldboogieclub.com
Boogie On The Bay Shag Club,
www.boogieonthebay.com
Colonial Shag Club (Newport News),
www.colonialshagclub.com
Danville Shag Club, *www.danvilleshagclub.com*
Franklin Shag Club, *gramelia@yahoo.com*
Lynchburg Shag Club, *www.lynchburgareashagclub.com*
Richmond Shag Club, *www.shagRVA.org*
Roanoke Valley Shag Club, *www.rvsc.memberlodge.com*
Virginia Beach Shag Club, *www.vbshagclub.com*

ShagRag
Northern Virginia Shag Club
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Merrifield, VA 22116

We're on the Web!
www.nvshag.org

And on Facebook at
Northern Virginia Shag Club