NORTHERN VIRGINIA SHAG CLUB

Shag Rag

MAY 2020

What time we're living through!

BY BONNIE ARMS

Mother's Day is May 10. During this time of the COVID-19 pandemic, please remember your mothers by ringing them, texting them, visiting (at least 6 ft. away) them. I miss my Mom (Louise Logue Rigg) ever so much and wish I could chat with her again.

Memorial Day is May 25. This is a day to remember the women and men who died while serving in our armed forces. Thanks to them for defending our country and our freedom(s). Do not confuse this with Veteran's Day which celebrates the service of all US. Military veterans.

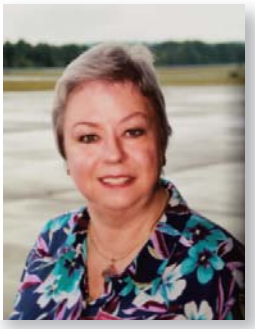
There continues to be no classes or open dancing on Wednesday nights at the Elks Lodge #2188 until further notice.

The **Virginia Shaggers Hall of Fame Induction ceremony** that was rescheduled for June 12-14 at the Fredericksburg Hospitality House has been cancelled.

The ACSC Summer Workshop to be held in Pigeon Forge, TN July 10-12 is still scheduled to happen this year. If anything changes, I will let you know as soon as I know.

After much discussion and several meetings of the Northern Virginia Shag Club (NVSC) Board of Directors, the 2020 Capital Shag Classic scheduled for July 24-25 has been cancelled. We sure hope that does not happen again.

SOS Fall Migration is scheduled for **September 17-27** in North Myrtle Beach, SC.



In Memoriam

We are saddened to report that Jimmy Harley, a former member of our club, passed away recently. He was originally from New York where he was a football coach and then an air traffic controller. He then transferred to the FAA headquarters in Washington, DC and became FAA liaison to the White House. At the FAA's request he postponed his retirement and moved to Richmond to oversee installation of the air traffic control system at the Richmond International Airport. He helped advise and guide former NVSC Junior Shagger Kari Jones (inducted into the Virginia Junior Shaggers Hall of Fame in 2019 and she is NVSC member Ray Jones' Daughter) in her choice of an FAA career. Kari is now an air traffic controller in Texas. Upon retiring, he moved to Myrtle Beach, SC where he was a familiar face in the clubs on Ocean Drive. In 2014 he was inducted into the National Living Legends of Dance.

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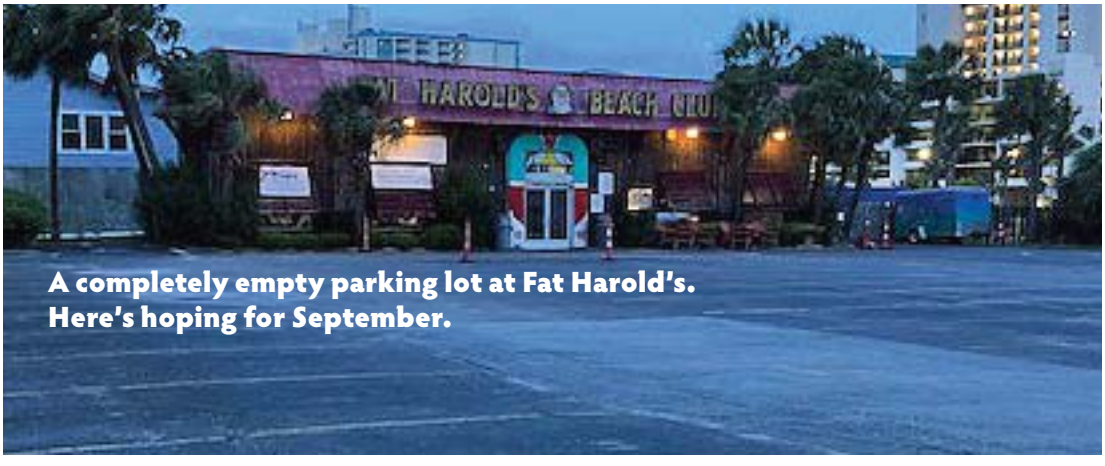

A completely empty parking lot at Fat Harold's. Here's hoping for September.

NORTHERN VIRGINIA SHAG CLUB

A Proud Member Of The:

National FastDance Association

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elks Lodge, 8421 Arlington Blvd, Fairfax, VA
Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm. Cover charge: Members $10, Guests $11.

COME JOIN US!

Contact us:

General Inquiries:
shaglist@nvshag.org

Membership:
membership@nvshag.org

Webmaster:
webmaster@nvshag.org

Hello Shagger:
helloshagger@nvshag.org

2020 Board Members

President	Bonnie Arms	703-819-9654	bjrwa@verizon.net
Vice President	Sherri Wildoner	760-212-0981	smwildoner@yahoo.com
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Director at Large	Sue Young	703-573-6870	susan.young19@yahoo.com

2020 Committees/Chairs

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Membership*	Bonnie Arms	bjrwa@verizon.net
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Social/Hospitality*	Jeanne Potter	jeanne.potter@outlook.com
Sunshine	Maryann Lesnick	mlesnick@mlesnick.com
Webmaster	Loren Kropat	webmaster@nvshag.org

*Denotes Standing Committee

Through the National FastDance Association, our Club activities are licensed by:

We Create Music ASCAP www.ascap.com

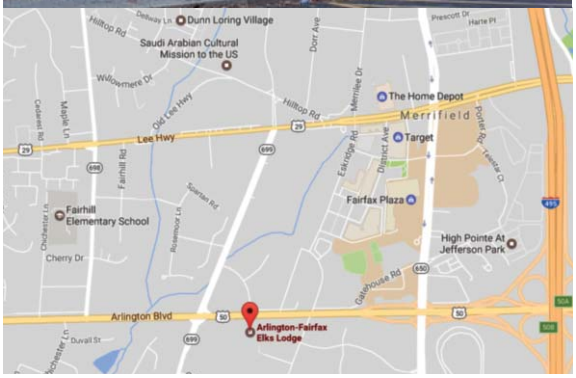
SESAC

BMI

When and Where to Shag

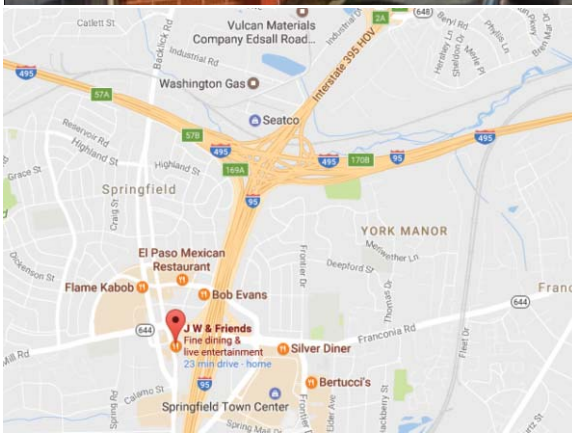
Every Wednesday, 6:30-10:00 pm at the Elks Lodge

8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members $11.00, members $10.00; free lessons at 7:30 pm, no partners needed. Buffet dinner available, 6:45 - 8:00pm. Check the nvshag.org website for weekly menus.



No Dancing in May at Mixing Bowl (formerly JW & Friends)

6531 Backlick Road, Springfield, VA. 5:00-8:00 pm, no cover charge. To receive notice of scheduled events, email Crystal Ashton at crystal0657@yahoo.com.



DJ Schedule

Please check the website for updates to the DJ schedule

Dance Lesson Schedule at the Elks on Wednesdays

Beginner Level Shag Steps			Intermediate Level Shag Steps		
May	5	No Dancing	May	5	No Dancing
May	12	No Dancing	May	12	No Dancing
May	19	No Dancing	May	19	No Dancing
May	26	No Dancing	May	26	No Dancing

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is $25/year. Lessons begin at 7:30 pm. Social dancing before and after lessons to 10:00 pm. Please remember to ask Red Dot beginner dancers to dance.

It takes lots of practice to become a better dancer!

All club events canceled until further notice

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 12.

And it keeps getting stranger…

COMPILED BY
ADELE ROBEY

We reached out to some NVSCers to get some stories, insights, comments and complaints about stay-at-home orders and isolation, social distancing and general pandemic weariness

From Sue Young

Social distancing, strangely enough, has made me even more social. I have gotten to meet some of my neighbors that I never introduced myself to. A few of us shaggers have had some virtual happy hours and I also get to talk to my daughters a lot more these days since they are "working from home." Staying home has also given me the chance to spend time doing things I've been meaning to do for months if not years. I sure do miss everyone and look forward to the day we can shag together again.

Musings of Self Isolation/Quarantine 2020 from Angie Bushey

What I've been doing …
Rearranging furniture, again (might have it this time with the creation of a library area). Still in the process of rearranging artwork.

Fired lawn guy I'd had 2+ years(didn't seem to grasp the concept of CUTTING shrubs and bushes), searched for new one. While that sounds simple, even trivial, it is not. It's been weeks and weeks (and weeks!) of asking for recommendations, calling to set up appointments for them to come to the house to look at the work to be done, waiting for them to show up, and waiting, and waiting, more phone calls to find out why they didn't show up, no answer and on to the next batch of interviewees of lawn guys/company. Have been VERY fortunate, "found a guy!", who , with a good word from *Shag Rag* editor Adele Robey, was willing to add me to his schedule. Thank you, Adele!

The "usual" errands… Grocery (3 different stores), eye doctor for monitoring, and CVS. So that's about one day every day two weeks.

Still sharing an occasional meal with Adele, once a week, or every two weeks. We had been going out frequently, trying different restaurants, now it's picking up food from places that offer takeout or curbside pickup. But we still can manage social distance with a 5' dining table.

Cooking. Resurrecting old recipes. Eat it for one meal then portion it single servings and put it all in the freezer. That has got to stop, storm season will be starting in a few days and heaven help us if/when power goes out with an overstocked freezer!

Things I've learned …
That I must have"goals:" I WILL get that load of laundry done today so I have something "good" to wear to collect the garbage can in the daylight tomorrow. Might see a neighbor!

That I can get almost 7 hours of sleep, it just takes nearly 11 hours to accomplish it.

That I was a BIG "the artist formerly known as Prince" fan — I knew almost all the words to all of the songs on the TV special (Grammys dedicated to Prince), and sang along. Loudly. Self isolation can be a good thing.

That I can make a REALLY good Bloody Mary from scratch. And which bottled Bloody Mary mix only requires a single tweak to be almost as good.

That I keep all the "sharp" kitchen items (certain knives, skewers, etc.) in a single drawer for a reason. MUST have ALL of my wits about me when I choose to open that drawer.

That I have still have Faith. And a renewed reverence for the power of prayer. I had an eye procedure the 2nd week of January this year, it did NOT go well. I now have sight, it has stabilized, further surgery will be necessary but may be able to put it off for a year or so (all this in the "good" eye that I had). So I have been in this quarantine/semi-isolation(semi because still get out to doctors, etc.) since then. And it's ALL GOOD.

From Pamela Alfano

Quarantine is a great time to explore. For instance, the freezer can and for me has been a wonderful source of discovery. Who knew it contained such a wonderful supply of treats such as cakes and cookies? Every day there is something new to discover. There is mini cheesecake, four-layer chocolate cake, poppyseed coffee cake, bananas foster layer cake, salted oatmeal cookies, and on and on. The possibilities appear to be endless.

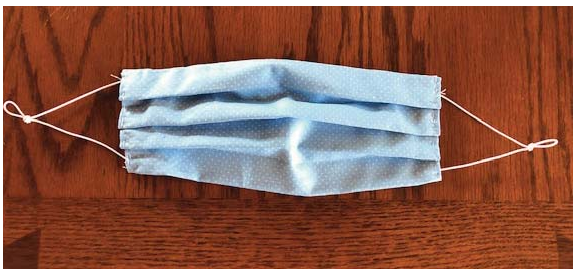
And now, live from 53rd Avenue North

Who knew a tiny stress-relief sabbatical could go so terribly wrong? Many folks would not think riding out isolation orders a block from the beach is a hardship. But being "at the beach" when you are truly *at the beach* is one thing. Being here during a mandatory stay-at-home is waaaaay different. Besides, the governor even closed the beach for a couple of weeks. Now that was just harsh.

But the bright side: the air has become crystalline. Really. Without many cars on the road and no boats to speak of, voila: really clean air. Forgot what that was like. And because of the aforementioned lack of cars you can get down US 17 in no time. The only real reason I had for doing so was to get to Target, as pretty much everything else was closed (and I was not tackling Walmart, no indeedy). The other reason would be that I had to get out of this (blankety-blank) house.

And driving now costs a LOT less. I actually spotted a gas station selling it for $1.38. But not going anywhere has meant that I just filled up for the first time in a month or more.

The highlight of the day is the UPS or Fedex delivery. I scared the you-know-what out of the UPS guy the other day I was so excited to get the flip flops I ordered. I still await an order of masks although I did get crafty and hand sew one:



This is important because the ladies in Publix will absolutely kneecap you if you show up unmasked. It seems we've gone from "it's all a hoax and over blown," to "get a mask or I'm calling the cops! Don't you know there's a pandemic?!"

And (finally,) toilet paper is making its way back on the shelves. My new bestie is Big Lots, a store I really don't have much access to at home but have discovered I can no longer live without. They were first with the paper products...and the good stuff, too! Still no one has wipes or spray disinfectant, but since the guv'nor has decided to "reopen" South Carolina pretty soon I'm sure it'll be next.

I am not sure I agree with his decision as I don't think folks will honor halfway measures: open stores but 6 feet in between customers and regulated number in the store. Short term rentals are due to start back up, but don't even try if you are from a hotspot (New York, New Jersey, etc.) No mandate for masks but most staff are wearing them. I hear outside dining is on the horizon as well. For those of you familiar with Buoy's in Ocean Drive, they were cited a couple of days ago for allowing folks to do takeout and then eat at their outside tables. So all of this gets very confusing and people start making up their own rules. Plus I don't think SC has put together two straight weeks of declining numbers. And I am at a loss to remember if we're in a stay-at-home order or not. So the dog and I walk and wait.

Here are a couple of images from from a recent evening drive. Eeerily empty and quiet.

—Adele Robey

A dead Duck's.

Even in a hurricane Boulineau's parking lot isn't this empty.

There's still a whole lot of shagging to come!

DANCE CALENDAR

This just in:

The executive board of the Beach Shaggers Hall of fame has announced that the Shag Attack event for June has been canceled. The Fall Shag Attack is now planned for October 9-10 and the 2020 class will be announced then. Those individuals will be inducted in March 2021 when the 2021 class will also be announced.

May 29-31, 2020

Palmetto Shag Club "Southern Comfort 23 Park and Party" — CANCELLED

June 12-14, 2020

Virginia Shaggers Hall of Fame — CANCELLED

June 25-28, 2020

First Coast Shag Club "Shag Fest"

Hotel: Lexington Hotel & Conference Center 1515 Prudential Dr., Jacksonville, FL 32207
Tickets: $90 ($110 after May 1, 2020) No refunds but are transferable
Dance Instructors: Sam and Lisa West
DJs: Buck Crumpton and John Smith
Website: www.firstcoastshagclub.org

July 10-12, 2020

ACSC Summer Workshop Shaggin' and Shinin'

Hotel: Ramsey Hotel and Convention Center 3230 Parkway, Pigeon Forge, TN
Phone: 865-428-2700
Special Room Rate: $145.99 per night
Tickets: $80 per person until July 1; thereafter $90 (Non-refundable but transferable and you are responsible)
Dance Instructors: Jackie McGee and Charlie Womble
DJs: Larry Calhoun, Chuck Kryder, John D. Smith, Ed Temberlake
Website: www.smokymountainshaggers.com

July 24-25, 2020

NVSC Capital Shag Classic "The Roaring 2020s"— CANCELLED

August 6-9, 2020

Golden Isles Shag Club 30th Annual Sand Gnat Shag-a-Ganza Throw Back Thirty

Hotel: Villas by the Sea, North Beachview Dr., Jekyll Island, GA
Tickets: $85 ($95 after June 1, 2020)
Dance Instructors: Autumn Jones & Alan Stokes
DJs: Jim Agee, Wayne Bennett, Jimmy Lucree, Michael Roberts
Website: www.goldenislesshagclub.com

August 14-15, 2020

2nd Annual Shaggers Holiday

Elks Lodge, 1113 Sam Rittenburg Blvd., Charleston, SC
Hotel: Hyatt Place Charleston Airport
Tickets: $65 until June 15. Then $70 until Aug 1. (limited to 250) Non-Refundable/Non-transferable
DJs: Eddie Anderson, Buck Crumpton, Terry Hopper, Sharon Johnson, Walter Upchurch
Website: www.Islandersshagclub.com

August 15, 2020

39th Annual Columbia Shag Club Invitational One Day Party

The Barn, 680 Cherokee Lane #3501, W. Columbia, SC
Hotel: near airport TBA
Tickets: $40 (Non-refundable but transferable) Tickets Limited (175)
DJs: Butch Davidson and Furman Dominick

August 29, 2020

Summer Shag Shindig 2020

Salisbury Elks Lodge, 508 S. Main St., Salisbury, NC
Hotel: Courtyard Marriott, 120 Marriott Circle, Salisbury, NC; $119 Rate expires July 29, 2020
Instructors: Kayla Henley, Michael and Leann Norris, Ashley and Tobitha Stewart, Junior Shag Dance Team (JSDT) Members
Donation: $50 (BBQ Dinner included)

September 17-27, 2020

SOS Fall Migration

North Myrtle Beach, SC

Everyone's Invited

39th Annual Columbia Shag Club Invitational

One Day Party on Saturday, August 15, 2020 – 12:00 pm – 9:00 pm

@ THE BARN, 680 Cherokee Lane #3501, W. Columbia, SC

Great facility – 6000 sq ft – all hardwood floors- AC is amazing....

TOO MUCH SYLVIA

Cammy Award Winning Band

Concord, NC

Doors Open at 12:00 pm/Butch Davidson

12:00 pm – 1:00 pm – Appetizers & Drinks

1:00 pm – 4:00 pm – TOO MUCH SYLVIA

4:00 pm – 5:00 pm – Food/Butch Davidson

5:00 pm – 8:00 pm – Furman Dominick

DJ, Butch Davidson

DJ, Furman Dominick

Tickets are $40.00 pp & includes beer, wine and mixers (BYOB), shooters, appetizers, hamburgers, etc.

TICKETS LIMITED (175)

Recommended Hotel – *Near Airport*

TBA

UNABLE TO BLOCK ROOMS DUE TO 1-DAY EVENT: Call 803-356-8300

Cut & Return this portion by mail – Receive Confirmation & Schedule of Events by E-Mail – GET YOUR TICKETS EARLY

NAME(S):_____ # of Tickets _____

Amount Enclosed $_____E-Mail Address:_____

Shag Club Affiliation(s)_____

MAKE CHECKS PAYABLE & MAIL TO:

COLUMBIA SHAG CLUB

PO BOX 11225, COLUMBIA, SC 29211

Contacts: Donna Nash, President

(803) 608-4044 or dmnash1956@outlook.com

Tickets are non-refundable but can be transferred

"NEW LOCATION: THE BARN IN WEST COLUMBIA, SC"

SUMMER
SHAG SHINDIG
2020
HOSTED BY THE JUNIOR SHAG DANCE TEAM
AUGUST 29, 2020 | 2:00 PM-UNTIL
SALISBURY ELKS LODGE
508 S MAIN STREET-SALISBURY, NC
DJS: JERRY HILL, DANA GRUBB, ED TIMBERLAKE, RANDAL HIGHT,
MIKE RINK, GENE HENSLEY, CURTIS TREECE, & ROGER HOLCOMB
$50 DONATION - BBQ DINNER INCLUDED
2 DANCE FLOORS, CHEAP DRINKS, FUN TIMES, 50/50
FEATURING INSTRUCTORS MICHAEL & LEANN NORRIS,
ASHLEY & TOBITHA STEWART, KAYLA HENLEY, & JSDT TEAM MEMBERS
WORKSHOPS, PERFORMANCES, SILENT AUCTION, VENDORS
FOR TICKETS MAKE CHECKS PAYABLE TO JSDT AT 4029 IVYWOOD DR. ROCK HILL, SC 29732
COURTYARD MARRIOTT
120 MARRIOTT CIRCLE SALISBURY, NC 28144
1-704-680-9201
GROUP ROOM BLOCK - SHINDIG $119 ROOM RATE EXPIRES 7/29/2020
FOR MORE INFORMATION CONTACT DEBBIE BROWN AT 803-242-6104
AMANDA RUSMISELL 704-968-5624 OR TOBITHA STEWART 704-202-9655
NAME(S): _____
EMAIL: _____ PHONE: _____
ADDRESS: _____
AMOUNT ENCLOSED: _____

Islanders Shag Club
presents

Come Shag Charleston

2nd Annual

Shaggers Holiday

Aug 14 and 15, 2020

ELKS Lodge Ballroom
1113 Sam Rittenburg Blvd
Charleston, SC 29407

Dance from 7:00 to 11:00 Friday and 2:00 till 1100 Saturday
Workshop Saturday 2:30 to 3:30 with Charlie Womble and Jackie McGee
Dinner Provided Saturday Night 6:00 to 8:00

Tickets are $65 per person until June 15 and then $70 until Aug 1.

Only 250 will be sold

DJs Include

Walter Upchurch
Eddie Anderson
Buck Crumpton
Terry Hopper
Sharon Johnson

Hotel Information

Hyatt Place Charleston Airport

119.00 per night

Online Hyatt.com Hyatt Place Charleston Airport Group Code G-SH20
or Call 888-591-1234 Hyatt Place Charleston Airport reference Shaggers Holiday
Shuttle Bus will be running to and from Hotel and Event

For more info Contact Jo Patrick Simokat shaggersholiday@gmail.com or 8439060831
Please Complete form and mail checks payable to Islanders Shag Club, PO BOX 1452, Folly Beach SC 29439

NAME:_____

EMAIL for confirmation_____

Number of Tickets:_____- No tickets will be mailed- You will receive email confirmation

Amount enclosed:_____-

*****TICKETS ARE NON TRANSFERABLE- NON REFUNDABLE********
If you are unable to attend, please let us know and we will attempt to sell your tickets for you to our wait list

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to ***www.nvshag.org***, click on *Shag Rag* tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails

Are you getting the *Hello Shagger* e-mails? If not, visit our website at ***www.nvshag.org***. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to *helloshagger@nvshag.org*.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Bonnie Arms know at *bjrwa@verizon.net*.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at *arobey@fusemail.com*

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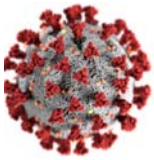
ADMITTED IN VA, MD AND DC

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.

Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.

Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.

Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

CDC

CS 314937A 04/15/2020

cdc.gov/coronavirus

etc.

May Birthdays

Jeffrey Ray
May 1

John Romito
May 1

Hilda Clemann
May 7

Jeff Kincheloe
May 9

Joanne Sinclair
May 10

Christine Werner
May 15

Bob Lutz
May 19

Joan McKinney
May 20

Mary Gunther
May 21

Kevin Goeller
May 25

Betty Elliott
May 26

Joe Miante
May 28

Bob Matthews
May 29

Joey Fanini
May 30

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club, *www.battlefieldboogieclub.com*
Boogie On The Bay Shag Club, *www.boogieonthebay.com*
Colonial Shag Club (Newport News), *www.colonialshagclub.com*
Danville Shag Club, *www.danvilleshagclub.com*
Franklin Shag Club, *gramelia@yahoo.com*
Lynchburg Shag Club, *www.lynchburgareashagclub.com*
Richmond Shag Club, *www.shagRVA.org*
Roanoke Valley Shag Club, *www.rvsc.memberlodge.com*
Virginia Beach Shag Club, *www.vbshagclub.com*

ShagRag
Northern Virginia Shag Club
P.O. Box 2298
Merrifield, VA 22116

We're on the Web!
www.nvshag.org

And on Facebook at
Northern Virginia Shag Club