President's Corner

BY BONNIE ARMS

appy St. Patrick's Day, March 17 2019. Remember to wear green on this day or you might get pinched:>)

Don't forget to turn your clocks ahead 1 hour because of the time change on Sunday, March 10, 2019.

45 NVSCers attended the 2019 Pre Super Bowl Party held on February 2 at Revolution Sports Bar (formerly Fast Eddie's). Loren Kropat was the DJ. Winners of the Super Bowl Pool were: 1st quarter: John and Donna Romito, 2nd quarter: Mike Deese and Crystal Ashton, 3rd and 4th quarters: Ray Jones. A good time was had by all.

The Boogie on the Bay Shag Club (BOTBSC) held their Shaggers at Heart event February 1-3 in Williamsburg, VA. Pamela Alfano, Kevin and Joan Byrnes, John and Barbara Dent, Joan McKinney, Joe Miante and Linda Trader, Buzz and Caroline Payne, Jason and Jeanne Potter, Paul and Sue Young, Mal and Linda Zerden, and myself had a grand time representing NVSC at this fun party. Charlie Womble and Jackie McGee were the guest instructors. BOTBSC always puts on a great party.

I had the pleasure and honor to present **Adele Robey** with the 2018 Shagger of the Year award on February 13. She is multi-talented plus she is the editor of the *Shag Rag* and has done a fantastic job



for NVSC in this role—IMHO.

The DC Hand Dance Club's (DCHDC) "Meet Me at the Beach" is coming up on March 7-10

in Ocean City, MD. Please see the flyers at the Front Desk or check out their website www.dchanddanceclub.net for more information.

The Virginia Shaggers Hall of Fame induction ceremony will be held March 22-24 at the Crown Plaza Hampton in Hampton, Virginia. There will be a pre-party on Thursday, March 21 at the Bull Island Brewery across the court from the hotel.

Spring Safari is coming up April 25-May 4. Get your SOS cards early from **Mark Hendrickson** (only \$30). If you wait and purchase them down in North Myrtle Beach they will cost \$35. The NVSC Backroom Party will be April 30, 3-5 pm. The Left Behind Party will be at the Elk's Lodge Wednesday, May 1.

SAVE THE DATE: August 16-17. NVSC will have its Capital Shag Classic at the Dulles Westin Hotel. The theme for this fun event is "Feelin' Groovy." The DJs will be **Buck Crumpton** and **Craig Jennings**. The guest instructors will be **Bill and Brenda Barber**. Please see the flyer in this *Shag Rag* for information or go to our website

www.nvshag.org for more information.



Far left: NVSC attendees at Boogie on the Bay Shaggers at Heart. Left: Bonnie Arms surprises Adele Robey with Shagger of the Year award.

Inside

Spring Safari4
It's the Sixties!5
Need to Know8
Shag Calendar9
Birthdays, etc. ... 10



A Proud Member Of The:

National Factorial Sociation

Contact us:

General Inquiries: shaglist@nvshag.org

Membership: membership@nvshag.org

Webmaster: webmaster@nvshag.org

Hello Shagger: helloshagger@nvshag.org

Through the National FastDance Association, our Club activities are licensed by:







About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm. Cover charge: Members \$10, Guests \$11.

COMEJOIN US!

2019 Board Members

President	Bonnie Arms	703-819-9654	bjrwa@verizon.net
Vice President	Sherri Wildoner	760-212-0981	smwildoner@yahoo.com
Secretary	Linda Barna	703-455-1090	linda.jean.barna@gmail.com
Treasurer	Mark Hendrickson	703-691-3053	mark_hendrickson@verizon.net
Director at Large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director at Large	John Dent	703-440-0451	jfdent3@gmail.com
Director at Large	Barbara Ebersole	(703) 321-8211	ebersole_2@yahoo.com
Director at Large	Jack Jones	703-801-3555	jackejones@verizon.net
Director at Large	Sue Young	703-573-6870	susan.young19@yahoo.com

2019 Committees/Chairs

Audit*	Fern Seigler	
Capital Shag Classic	Christine Werner	fleur15@verizon.net>
Shag-A-Thon*	Sherri Wildoner	smwildoner@yahoo.com
Dance*	Pamela Alfano	palfano@reedsmith.com
Facebook	Angie Bushey	angelaabushey@yahoo.com
Hello Shaggers	Kathy Kropat	helloshagger@nvshag.org
Historian	Sherri Wildoner	smwildoner@yahoo.com
Membership*	Bonnie Arms	bjrwa@verizon.net
Music*	Fran Mong	franmong@aol.com
Newsletter Editor	Adele Robey	arobey@fusemail.com
Newsletter Publisher	Adele Robey	arobey@fusemail.com
Photographer	Jack Jones	jackejones@verizon.net
Public Relations*	Jeanne Potter	jeanne.potter@outlook.com
Social/Hospitality*	Jeanne Potter	jeanne.potter@outlook.com
Sunshine	Maryann Lesnick	mlesnick@mlesnick.com
Webmaster		webmaster@nvshag.org

*Denotes Standing Committee

When and Where to Shag

Every Wednesday, 6:30-10:00 pm at the Elks Lodge

8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Nonmembers \$11.00, members \$10.00; free lessons at 7:30 pm, no partners needed. Buffet dinner available, 6:45 - 8:00pm, \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).



March 3 at Mixing Bowl (formerly JW & Friends)

6531 Backlick Road, Springfield, VA. 5:00-8:00 pm, no cover charge. .



DJ Schedule

Please check the website for updates to the DJ schedule

Dance Lesson Schedule at the Elks on Wednesdays

Beginner Level Shag Steps		Intermediate Level Shag Steps		
March 6	Basic & Female Turn	March	6	Side to side Basic & Front Walk Up
March 13	Basic & Start	March	13	Behind Sailor & Side Pass
March 20	Basic & Male Turn	March	20	Applejack
March 27	Basic, Half Turn, Triple Basic	March	27	Stutter Basic & Kick Basic

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year. Lessons begin at 7:30 pm. Social dancing before and after lessons to 10:00 pm. Please remember to ask Red Dot beginner dancers to dance.

It takes lots of practice to become a better dancer!

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 10.

Spring Safari Is Coming!



April 25 - May 4, 2019 Parade: Saturday, May 4, 2019 at 1:00pm

Each year at the end of April the coming of Spring is celebrated by thousands of shaggers from all along the east coast. They hit the road in search of wild life. Their destination is the famous little strip of sand known as the Grand Strand. After the long Winter, shaggers are eager for the first outing of the Summer. They find it at the SOS Spring Safari.

For 10 days the biggest adult party on the East Coast crashes into North Myrtle Beach like an ocean wave. A wide variety of activities is scheduled for the event. Many member clubs of the ACSC will schedule "tea parties" in the local lounges. The lounges themselves schedule special parties during the Safari. Popular bands show up along Main Street playing crowd favorites. Shag dance

NVSCers yakking, dancing and having a cocktail (or two) at SOS.

instructors will offer classes to the masses who are seeking to improve their skill or increase their repertoire of moves.

But the big attraction is the night life. As the sun goes down the animals of the Safari come out to play in the clubs along Main Street & OD. Old friends will seek each other out & new friends will be made. The night will be spent shag dancing to timeless music that moves the soul.

On the last Saturday of SOS everyone meets on Main Street for the perennial favorite parade of the year, the ACSC Club's Parade. ACSC member clubs plan, design, & build parade floats for fun & a chance to win one of the coveted awards. There are award categories for best shag theme & most original float. The Spring Safari Parade always draws a huge crowd. Not only will the shaggers be out in force, but the beach locals stream to the streets for an afternoon of fun & laughter!

If you are ready for a little adventure maybe it is time for you to schedule a trip to the wilds of North Myrtle Beach. Maybe it is time for you to join the party at the SOS Spring Safari.

Going to SOS? See Mark Hendrickson on Wednesdays for your SOS card. \$30







The sixties: A primer to get you ready for Feelin' Groovy in August

he counterculture of the 1960s was an antiestablishment cultural phenomenon that developed first in the United Kingdom and then the United States and then spread throughout much of the Western world between the mid-1960s and the mid-1970s, with London, New York City, and San Francisco being hotbeds of early countercultural activity. The movement gained

momentum as the Civil Rights movement grew, and later become revolutionary with the expansion of the US intervention in Vietnam. As the 1960s progressed, widespread social tensions also developed concerning other issues that tended to flow along

generational lines like women's rights, traditional authority, psychoactive drugs, and differing interpretations of the American Dream.

As the era unfolded, new cultural forms and a dynamic subculture which celebrated experimentation, modern incarnations of Bohemianism, and the rise of the hippie and other alternative lifestyles, emerged.

The counterculture era essentially commenced in earnest with the assassination of John F. Kennedy in November 1963. It became absorbed into the popular culture with the termination of US combat military involvement in Southeast Asia and the end of the draft in 1973, and ultimately with the resignation of President Richard Nixon in August 1974.

Changing lifestyles

Communes, collectives, and intentional communities regained popularity during this era. Early communities were established as straightforward attempts to return to the land and live free of interference from outside influences. As the era progressed, many people established and populated new communities in response to not only disillusionment with standard community forms, but also dissatisfaction with certain elements of the counterculture itself. Some of these self-sustaining communities have been credited with the birth and propagation of the international Green Movement.

The emergence of an interest in expanded spiritual consciousness, yoga, occult practices and increased human potential helped to shift views on organized religion. While in 1957 69% of US residents said religion was increasing in influence, by the late 1960s less than 20% still held that belief.

The "Generation Gap," or the inevitable divide in worldview between the old and young, was perhaps

never greater than during the counterculture era. A big part of the "gap" of the 1960s and early 1970s resulted from changing fashion and hairstyle trends that were adopted by the young, but misunderstood and ridiculed by the old. Among them were the

very long hair worn by men, the natural or "Afro" hairstyles by black people, the donning of revealing clothing by women, and the mainstreaming of the psychedelic clothing and regalia of the short-lived hippie culture. Ultimately updated forms of T-shirts (tie-dyed, or emblazoned with political or advertising statements), and Levi Strauss-branded blue jeans became the uniform of the generation. The fashion dominance of the counterculture effectively ended with the rise of the Disco and Punk Rock eras in the later 1970s, even as the global popularity of T-shirts, denim jeans, and casual clothing in general have continued to grow.

Hippies

In 1967, Scott McKenzie's rendition of the song San Francisco (Be Sure to Wear Flowers in Your Hair) brought as many as 100,000 young people from all over the world to celebrate San Francisco's "Summer of Love." While the song had originally been written by John Phillips of The Mamas & the Papas to promote the June 1967 Monterey Pop Festival, it became an instant hit worldwide and quickly transcended its original purpose.

San Francisco's flower children, also called "hippies" by local newspapers, adopted new styles of dress, experimented with psychedelic drugs, lived communally and developed a vibrant music scene. When people returned home from The Summer of Love these styles and behaviors spread quickly from

EDITED (HIGHLY) FROM WIKIPEDIA

Why hippies?

The beats (the hip people) started calling students "hippies", or younger versions of themselves. Actually, the counterculture seldom called itself hippies; it was the media and straight society who popularized the term. More often, we called ourselves freaks or heads.

Northern Virginia Shag Club's Capital Shag Classic



Saturday Shag Workshops with Bill and Brenda Barber ABSCDJ Disc Jockeys: Buck Crumpton & Craig Jennings

Park and Party at the Westin Washington Dulles Airport

2520 Wasser Terrace, Herndon, Virginia 20171 • http://www.westindulles.com Room Reservations 866-932-7062 or 703-793-3366

Ask for the Northern Virginia Shag Club special rate of \$89/night plus tax until July 16, 2019 or until event room block is full. Buffet Breakfast for 2 is included in guest room rate.

Schedule of Events

Friday, August 16, 2019

Registration opens 3 pm, *Ballroom Entrance*Early Bird Workshop TBD, 4-4:45 pm, *Ballroom*Hospitality Suite/Food 5-7 pm, *Skyline Suite 821*Music & Dancing, DJ: TBA, 8pm-Midnight, *Ballroom*

Come dressed in your hippie best! Prizes for best 60's dress.

Saturday, August 17, 2019

Registration opens 10 am, Ballroom Entrance
First Shag Workshop 11am-12 pm, Ballroom
Second Shag Workshop 12:30-1:30 pm, Ballroom
Open dancing: DJ TBA 1:30-3:30 pm, Ballroom
Hospitality Suite/Snacks 4-5 pm, Skyline Suite 821
Ballroom Closed 4 pm
Seated Dinner starts at 6 pm, Ballroom
Registration Opens 7:30 pm
Music & Dancing, DJ: TBA, 8 pm-Midnight, Ballroom

Free Pours Friday and Saturday	Join us for a groovy time! Tickets: \$89 each until July 31, 2019. \$99 thereafter. Non-refundable but may be transferred. Tickets must be purchased in advance.
Early bird workshop on Friday Saturday shag workshops	Name (1)
Friday free pour with food	City, State, Zip:
Saturday seated dinner Buffet breakfast (hotel guests only) Shag bingo Prizes 50/50 Drawing Wine basket raffle	Amount Enclosed: Please indicate number if required Gluten Free Vegetarian Make check payable and return to Northern Virginia Shag Club PO Box 2298, Merrifield, Virginia 22116 Web address: www.nvshag.org Registration contact: Christine Werner fleur15@verizon.net. Questions? Sue Young 703-573-6870 or susan.young19@yahoo.com
Large dance floor Exhibition dances	Don't Worry - Be Hippie









San Francisco and Berkeley to US and Canadian cities and Europe. Some hippies formed communes to live as far outside of the established system as possible. This segment of the counterculture rejected active political engagement with the mainstream and, following the dictate of Timothy Leary to "Turn on, tune in, drop out."

As members of the hippie movement grew older and moderated their lives and their views, and especially after US involvement in the Vietnam War ended in the mid-1970s, the counterculture was largely absorbed by the mainstream, leaving a lasting impact on philosophy, morality, music, art, alternative health and diet, lifestyle and fashion.

Sex, drugs and rock'n'roll.

The 60s were a leap in human consciousness. Mahatma Gandhi, Malcolm X, Martin Luther King, Che Guevara, Mother Teresa, they led a revolution of conscience. The Beatles, The Doors, Jimi Hendrix created revolution and evolution themes.

The youth of today must go there to find themselves. —Carlos Santana

During the early 1960s, Britain's new wave of musicians gained popularity and fame in the United States and artists such as the Beatles paved the way. The Beatles themselves were influenced by many artists, among them American singer-songwriter Bob Dylan, who was a lyrical inspiration as well as their introduction to marijuana. Dylan's early career as a protest singer had been inspired by artists like Pete Seeger and his hero Woody Guthrie. Other folksingers, like Joan Baez and Peter, Paul and Mary, took the songs of the era to new audiences and public recognition.

The music of the 1960s moved towards an electric, psychedelic version of rock, thanks largely to Bob Dylan's decision to play an electric guitar at the 1965 Newport Folk Festival. The newly popularized electric sound of rock was then built upon and molded into psychedelic rock by artists like The 13th Floor Elevators and British bands Pink Floyd and the Beatles. The Beach Boys' 1966 album *Pet Sounds* also paved the way for later hippie acts, with Brian Wilson's writing interpreted as a "plea for love and understanding." *Pet Sounds* served as a major source of inspiration for other contemporary acts, most notably directly inspiring the Beatles' *Sgt. Pepper's Lonely Hearts Club Band*.

The single *Good Vibrations* soared to number one globally, completely changing the perception of what a record could be.

The Beatles went on to become the most prominent commercial exponents of the "psychedelic revolution" (e.g., Revolver, Sgt. Pepper's Lonely Hearts Club Band and Magical Mystery Tour) in the late 1960s. In the United States, bands that exemplified the counterculture were becoming huge commercial and mainstream successes. These included The Mamas & the Papas, Big Brother and the Holding Company, Jimi Hendrix, Jefferson

Airplane, The Doors, and Sly and the Family Stone . Bands and other musicians, such as the Grateful Dead, Neil Young, David Peel, Phil Ochs, The Fugs, Quicksilver Messenger Service, John Sebastian, Melanie, The Velvet Underground, Frank Zappa, Captain Beefheart, Santana, CSNY, Shocking Blue,



Country Joe and the Fish, and The Holy Modal Rounders were considered key to the counterculture movement.

While the hippie scene was born in California, an edgier scene emerged in New York City that put more emphasis on avant-garde and art music. Bands such as The Velvet Underground came out of this underground music scene. The Velvet Underground's lyrics were considered risqué for the era, since they discussed sex, transgender identities, and the use of hard drugs.

The 1960s was also an era of rock festivals, which played an important role in spreading the counterculture across the US. The Monterey Pop Festival, which launched Hendrix's career in the US, was one of the first of these festivals. Britain's 1968–1970 Isle of Wight Festivals drew big names such as The Who, The Doors, Joni Mitchell, Hendrix, Dylan, and others. The 1969 Woodstock Festival in New York state became a symbol of the movement. Some believe the era came to an abrupt end with the infamous Altamont Free Concert held by The Rolling Stones, in which heavy-handed security from the Hells Angels resulted in the stabbing of an audience member, apparently in self-defense, as the show descended into chaos.

More to come next month



Welcome New Members

Nathan Kidder

Need to Know?

Where do I Get a Copy of the Shag Rag?

Go to *www.nvshag.org*, click on Shag Rag tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails

Are you getting the *Hello Shagger* e-mails? If not, visit our website at *www.nvshag.org*. On the right side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input

Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to *helloshagger@nvshag.org*.

Keep Your Membership Information Current

Have you moved, changed phone numbers or email address? Let Bonnie Arms know at bjrwa@verizon.net.

Shag Rag

The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes) to Adele Robey at *arobey@fusemail.com*

J.R.'s Framing & Photography

JOHN ROMITO

6020 Westcott Hills Way • Kingstowne, VA 222315



High Quality Framing at Great Prices!
Photographs, Prints and Posters
Artwork including Oils, Water Colors & Pastels
Shadow Boxes, Mirrors & Cross Stitch



Service and Quality Guaranteed!

Call John at 703-971-1618 for an appointment or email him at jrdancer0501@yahoo.com



Dennis Gehley The Time Machine



Hits from terday and Today Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764

E-mail: dmgehley@me.com



PHOENIX GRAPHICS INC.

Design and production for print

Adele Robey | 202.544.0703 | arobey@fusemail.com

VAUGHN W. ROYAL ATTORNEY AT LAW

Real Estate, Will, Trusts, Estate Planning, Administration of Decedents' Estates, Corporate Law, Contract and Business Civil Litigation

Chevy Chase Pavilion, Suite 440 5335 Wisconsin Avenue, NW Washington, DC 20015-2079 at Friendship Heights Metro

(202) 895-1530 Telephone (202) 686-6405 Facsimile E-Mail: Vroyal@Royal-Law.Com

ADMITTED IN VA, MD AND DC

There's a whole lotta shaggin' goin' on!

March 7-10, 2019

DC Hand Dance Club (DCHDC) 25th Anniversary

Meet me at the Beach

Clarion Resort Fontainebleau 10110 Costal Highway Ocean City, MD 21842 (410) 524-3535

Website: www.dchanddanceclub.net

March 15-17, 2019

30th Annual CSRA Shag Classic

Julian Smith Casino, Augusta, GA

Pre-Party: March 14, Shag Shack 119 Davis Rd., Augusta, GA

8pm-Midnight, DJ: George Perkins

Instructors: Brenda Taylor and Sam & Lisa West **DJs:** Murl Augusine, Jim Bowers, Bill Farmer, and Billy Waldrep

Hotel: Courtyard by Marriott, (706) 737-3737 **Rates:** \$103 (ask for CSRA Shag Classic Rate) **Tickets:** \$75 til March 1; then \$85 (only 400 sold)

March 29-30, 2019

Capital City Shag Club Capital City Shag Extravaganza X Shaggin' Under Silver Stars

Embassy Suites

200 Stoneridge Dr., Columbia, SC, 803-744-8124

Tickets: \$80 each (non-refundable but transferable) \$90 after March 8, 2019 DJs: Ray Scott & Gene Sistare Saturday night: Band of Oz Special Group Code: CCS Contact: Marie Kiesel

118 Thorn Tree Ln., Columbia, SC 29212 803-606-3030 / mkiesel@sc.rr.com

June 20-22, 2019

First Coast Shag Club Shag Fest

Morocco Shrine Center

3800 St. Johns Bluff Rd. South Jacksonville, FL 32224

Hotel: Hyatt Place Jacksonville/St. Johns Town Ctr

Instructors: Sam & Lisa West

DJs: Buck Crumpton plus First Coast DJs

Tickets: \$80 per person (non-refundable but

transferable)

\$90-after May 1, \$50-Daily Rate

For more information: Gary Jones, Shag Fest Chairman (1gpjones@gmail.com) 894-558-5801

June 21-22, 2019

Charleston Area Shag Society of West Virginia (CASS) Shaggin' on the Boulevard

Charleston Moose Lodge on the river in Charleston, WV

Thursday, June 20 evening dance included in weekend ticket price

Friday night: Food available at 7 pm, Dancing

7:30 pm-12 am

Saturday Afternoon: Food, Drinks & Dancing on

the patic

Night: Catered dinner 6:30 pm, Dancing til 12 am

Hotel: TBA

Free Shuttles both Friday & Saturday nights

Instructors: Steve & Kathy Day **DJs:** ABSCDJ's announced soon

Tickets: \$70 per person (non-refundable but

transferable)

\$40 One Day ticket, No tickets sold at the door **For more information**: Bruce Meeker

(bruce.meeker969@gmail.com)

July 18-21, 2019

R&B Shag Club Sparkle City Celebration (park & party)

Marriott Hotel at Renaissance Park 299 N. Church St., Spartanburg, SC 29306 (convenient to I-85 & I-26 Highways)

Phone: 864-596-1211

Hotel: ask for \$122 Shag Club rates **Instructors:** Steve & Kathy Day

DJs: Jeff Foster, David O'Quinn, Bobby Vaughn,

and Billy Waldrep

Tickets: \$80-thru June 30, \$90 beginning July 1 **For more information:** www.rbshagclub.org

August 16-17, 2019

NVSC Capital Classic 2019

Dulles Westin HotelSee page 6 for details

MARK YOUR CALENDARS!



etc.

March Birthdays



Barbara Dent Linda Zerden March 7 March 22 Wayne Darmstead **Craig Singleton** March 12 March 23 **Brian Crooke Judy Metcalf** March 14 March 25 **Bill Meyer Loren Kropat** March 14 March 27 John Dent Jim Metcalf

March 22

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club,

www.battlefieldboogieclub.com

Boogie On The Bay Shag Club,

www.boogieonthebay.com

Colonial Shag Club (Newport News),

www.colonialshagclub.com

Danville Shag Club, www.danvilleshagclub.com

Franklin Shag Club, gramelia@yahoo.com
Lynchburg Shag Club,
 www.lynchburgareashagclub.com
Richmond Shag Club, www.richmondshagclub.org
Roanoke Valley Shag Club,
 www.rvsc.memberlodge.com
Virginia Beach Shag Club, www.vbshagclub.com

March 27

Shag Rag

Northern Virginia Shag Club P.O. Box 2298 Merrifield, VA 22116

We're on the Web! www.nvshag.org

And on Facebook at Northern Virginia Shag Club



