



*Dedicated to the Preservation of the Carolina Shag and Beach Music*

A Proud Member of:



# Shag Rag



Sue Young

## President's Corner

by Sue Young

Volume XXII, No. 9  
September 2016

Well, it is that time of year again that so many of us wait for with such great anticipation and expectation. Yes Oh Yes It's SOS!

If you are fortunate enough to be going to SOS you won't want to miss our Fat Harold's back room party on Tuesday, September 20th from 3:00 - 5:00 pm. There will also be a Virginia Shag Clubs Free Pour on Friday, September 23rd, from 1:00 - 4:00 pm at Ducks.

And if you are unfortunate enough to not be going, come to the left behind party on Wednesday, September 21st at the Elks. Free drink tickets at all three events for members only so make sure your membership is current.

If you don't know what SOS is all about, it's the best 10 day party in North Myrtle Beach you will ever experience. To learn more about SOS, visit [www.shagdance.com](http://www.shagdance.com) or ask a club member.

Thanks to Joan McKinney for teaching us the flyback last month. Joan will be back on September 7 at 7:00 pm, to teach us pauses in basic variations and the "and-one" in the basic. These moves will really step up your skill level so you don't want to miss this special early bird class.

What a great turn out we had for our first ice cream social. A big thanks to David and Linda Barna for organizing such a cool event for us. Good job guys.

We have some other fun events in the works so stay tuned and read your Hello Shaggers. Also check out our Facebook page and Website for all the exciting things that will be happening.

Believe it or not, the 2017 Board of Directors Annual Election is coming up in November! If you would like to get more involved in the club and make more friends, then

consider running for office.

We are also in need of volunteers to help the nominating committee find candidates. This position will not require a lot of your time and it's also a great way to get to know other club members so please let me or Tom Brett know if you would like to be on the committee. Volunteering is a great way to meet new people, especially if you are new to the club.

Congrats to Joan McKinney and her partner Tom Edwards for taking 3rd place in the Professional Division at the "Fluff Daddy" Memorial Shag Contest in Fayetteville, NC. Also to Dale Hern and her husband Jim for placing 3rd in the Senior Division. Way to go guys. You make us proud. Good luck to all of you that will be competing in the CSA contest Labor Day weekend at Fat Harold's.

Keep on shaggin'!

### Special points of interest:

- Fall Classes in Fairfax ([page 3](#))
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Through the National FastDance Association, our club dance activities are licensed by:



## When and Where to Shag



Every Wednesday, 6:30–10:00 pm at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 pm, no partners needed. Buffet dinner on the third Wednesday only, 6:45 - 8:00pm, \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).



**September 11th & 25th** at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00–8:00 pm; no cover charge.

**September 16-25, SOS Fall Migration**, North Myrtle Beach, SC

**September 10**, Shaggin' on Main, Columbia, SC

*See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3*

*See more upcoming Shag Events on page 3, 5, & 6*

## Dance Lessons at the Elks on Wednesdays

### DJ Schedule

- 9/7: Craig Jennings
- 9/14: Dennis Gehley
- 9/21: Dennis Gehley
- 9/28: Loren Kropat

### Beginner Level Shag Steps

- 9/7—Basic and Female Turn
- 9/14—Basic and Start
- 9/21—Basic and Male Turn
- 9/28—Basic, Half Turn, Triple Basic

### Intermediate Level Shag Steps

- 9/7—Side-to-side Basic & Front Walk Up
- 9/14—Behind Sailor & Side Pass
- 9/21—Crossover w/Applejack
- 9/28—Stutter Basic & Kick Basic

**Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.**  
**Lessons begin at 7:30 pm. Social dancing from before and after lessons to 10:00 pm.**  
**Please remember to ask Red Dot beginner dancers to dance.**  
**It takes lots of practice to become a better dancer!**

## News and Announcements

**Where do I Get a Copy of the Shag Rag?** Go to [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

**Hello Shagger Emails** Are you getting the Hello Shagger e-mails? If not, visit our website at [www.nvshag.org](http://www.nvshag.org). On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

**Hello Shagger Input** Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to [helloshagger@nvshag.org](mailto:helloshagger@nvshag.org).

**Keep Your Membership Information Current** Have you moved, changed phone numbers or email address? Let Bonnie Arms know at [bjrwa@verizon.net](mailto:bjrwa@verizon.net).

**Shag Rag** The deadline for *Shag Rag* input is the 25<sup>th</sup> of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at [jamescanlon@me.com](mailto:jamesscanlon@me.com).

### Fairfax County Beginner Carolina Shag Class (From Juanita Freeburger)

Please share this information with your friends, family, and coworkers who may want to learn to SHAG! The next Fairfax County Beginner Carolina Shag Class is scheduled to start on Thursday, September 22nd 7:30 p.m., at Belvedere Elementary School on Columbia Pike near Annandale. This is an 8-week class. Now is the time to get ready for SOS fun, weddings and dance parties! All are welcome to take the class again. It is always beneficial to review the basics. Please forward and share this information with your friends, family, and coworkers who may want to learn to SHAG!

**\*\*REGISTRATION IS NOW OPEN.....**

Register: Online at [www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes), or call: 703-222-4664  
 Cost: \$58 for county residents; \$73 out-of-county residents, for 6 lessons.  
 Instructor: Juanita Freeburger assisted by Tom Brett  
 Location: Belvedere Elementary School, 6540 Columbia Pike, Falls Church, VA 22041, 703-916-6800

***Dancing is joyful – Share the joy!!***

### Other ACSC Virginia Shag Clubs

*Visit the club websites for venues and schedules.*

- Battlefield Boogie Club, [www.battlefieldboogieclub.com](http://www.battlefieldboogieclub.com)
- Boogie On The Bay Shag Club, [www.boogieonthebay.com](http://www.boogieonthebay.com)
- Colonial Shag Club (Newport News), [www.colonialshagclub.com](http://www.colonialshagclub.com)
- Danville Shag Club, [www.danvilleshagclub.com](http://www.danvilleshagclub.com)
- Franklin Shag Club, [gramelia@yahoo.com](mailto:gramelia@yahoo.com)
- Lynchburg Shag Club, [www.lynchburgshags.com](http://www.lynchburgshags.com)
- Richmond Shag Club, [www.richmondshagclub.org](http://www.richmondshagclub.org)
- Roanoke Valley Shag Club, [www.rvsc.memberlodge.com](http://www.rvsc.memberlodge.com)
- Virginia Beach Shag Club, [www.vbshagclub.com](http://www.vbshagclub.com)

### When and Where to Dance in the Future

**September 16-25 - SOS Fall Migration, North Myrtle Beach, SC**  
<http://www.shagdance.com/migration.htm>

*SOS cards are available here for purchase from Mark Hendrickson for \$30.00 (\$35.00 down at North Myrtle Beach)*

### NEW MEMBERS

*When you have the opportunity, please welcome our new member ...*

**Kay Chamberlin**

**Paul Chamberlin**

**Robbie Smith**

*... who joined NVSC this past month.*



### September

Joan Kissal	09/01
Susan Swanson-Cooper	09/03
Bill Collins	09/05
Debra Parrish	09/05
Ed Mixon	09/07
Mary Taylor	09/07
Abby Bookhultz	09/09
Pam Hamer	09/12
Sharon Geyer	09/13
Pete Campbell	09/14
Bonnie G. Camp	09/16
John Dever	09/18
Ron Warner	09/19
Audrey Borja	09/21
Ralph Tedesco	09/21
Crystal Harmon	09/22
Warren Maslar	09/22
Don Szyszka	09/24
Deanne Berry	09/25
Lorraine Rohlik	09/26
Ed Land	09/27
Deb Swedberg	09/27
Bonnie Arms	09/28
Carolyn Payne	09/29
Kristin Stone	09/29
Anne Wish	09/29
Mary Ann Davis	09/30

**Excerpted from the  
National Fast Dance  
Association  
Newsletter**

## Ask the Dance Diva!

For many years the Dance Diva has graced our newsletter with her informative, sometimes reproachful advice about how to become a more accomplished/considerate/popular/polished/generous/altruistic dancer. In this, her last column for the Albuquerque Dance Club (ADC) newsletter (and with apologies to the editor of the 1897 New York Sun newspaper from which this is parodied), the Diva affirms her existence, reveals her identity and offers some parting food for thought.

Dear Editor,

I am 8 years old. Some of my little friends say there is no Dance Diva. Papa says, "If you see it in the Sun, it's so." Please tell me the truth. Is there a Dance Diva?

Virginia O'Hanlon

---

Dear Virginia,

Your little friends are wrong. They have been affected by the skepticism of a skeptical age. They do not believe except what they see. They think that nothing can be which is not comprehensible by their little minds. All minds Virginia, whether they be men's or children's, are little. In this great universe of ours, man is a mere insect, an ant, in his intellect as compared with the boundless world around him, as measured by the intelligence capable of grasping the whole of truth and knowledge.

Yes Virginia, there is a Dance Diva. She exists as certainly as respect and manners and etiquette exist, and you know that they can be found (albeit too rarely these days) and give life its congeniality and joy. Alas! How unpleasant would be the world if there were no Dance Diva! It would be as unpalatable as if there were no Virginia. There would be no childlike inclusiveness then, no generosity of spirit to make tolerable our time on the dance floor. We would have no connection or cooperation except by legal statute. The external light with which community and collaboration fills the world would be extinguished.

Not believe in the Dance Diva? You might as well not believe in fairies. Nobody sees the Diva but that is no sign that there is no Diva. The most real things in the world are those that neither children nor men can see. Only kindness, courtesy, decorum, tolerance, thoughtfulness and decency can push aside that curtain and view and picture the world that can exist when we treat each other as true partners, in every sense of the word. Is it all real? Ah, Virginia, in all of this world there is nothing as real and abiding.

No Dance Diva? Thank God! She lives forever in each person who accepts the responsibility to become not just the most skilled dancer he or she can be, but the most understanding, helpful, collaborative and considerate. She lives and lives forever. A thousand years from now Virginia, nay 10 times 10,000 years from now, she will continue to make glad the heart of any dance partner.

Yours in dancing happily ever after, The Dance Diva (aka Carrie Seidman)

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All along there has been an actual person behind the writing of this column, a long-time ADC member with a career as a journalist and an avid interest in raising not only the standard of dancing within the club, and even more so, the level of civility and politeness. From the ADC 2nd quarter 2016 newsletter.

NFA Editor's Note: For several years we have included the Dance Diva's articles in our newsletter. Not surprisingly, the most requests that we have received for re-printing are for her articles. It will be difficult to replace the Diva but we really appreciate all that she has contributed to the national fastdance community over the years.



# Fun Sunday 1 PM TO 5 PM September 18, 2016 1st Avenue, Beside OD Arcade



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# **Fun Monday**

**12 PM TO 5:30 PM**  
**September 19, 2016**  
**Main Street, Ocean Drive, NMB**



## **SOS Fun Monday Drawing**

**1st Ticket Drawn \$7,500 - 2nd Ticket Drawn \$2,000 - 3rd Ticket Drawn \$1,000**  
**4th Ticket Drawn \$500 - 5th Ticket Drawn \$250**

## Self Interview

By Jim Scanlon



A little over four years ago, as a widower, I was advised to consider dancing as a means of getting out and about. With no previous knowledge of dancing for pleasure, I was skeptical about taking that route. But the male in me aroused my interest enough to give it a try. After all, guys don't dance with other guys . . . yet.

I "Googled" Dancing in Northern Virginia, and up popped the Northern Virginia Shag Club. Its website said that it met at Icon's in Fairfax City where I live, and that free lessons were provided. So, I thought, what the hell, give it a shot. I called my neighbor, who had given me

the advice and asked her if she wanted to go with me. She did, and on arrival we were welcomed with enthusiasm and learned the six-count basic from Paul and Sue Young. Then came the most important aspect of shag dancing: the meeting of so many wonderful people, from every walk of life, who are hooked on dancing the Shag.

As I look back on that first experience, it was the people, not the uniqueness of the dance that hooked me. And now, after several years, it is that camaraderie that holds me to the dance. I do not aspire to advancing my dancing skills to be competitive, too old for that. Instead, I am content to learn just enough variety to have fun. And you gals sure have made dancing easy, subtly offering me advice when I screw up or miss the counts of 3 & 4, which I often do.

I tried some of the other dance types, West Coast Swing, Hustle, etc., but in each instance, after the basic lesson was given, the seasoned dancers left me to flounder on my own, without any additional assistance. They were more interested in enjoying the dance that they had become proficient at. There was no club, no organization to hold the dancers together in a common pursuit. NVSC does that. And our club does not tolerate "weirdos." I have observed one or two of those types come to our Wednesday dance, but never saw them again. "Way to go, gang, let 'em know they have no place here!"

Above all, it is still the shag dancers who I appreciate so much, from the pros to those just beginning. They seem to have some bonding magnet that keeps them "shaggin." And like all people they have wonderful idiosyncrasies, as do I. We are all individuals in a family-type environment. I cannot think of one of our NVSC members that I dislike, they are all fantastic. It is our members and their actions that give me so much material for satirizing them and myself in the Ziggy Aloebaum articles.

## Recipe

### WEIRD CHICKEN

1 whole chicken (about 3 1/2 to 4 pounds)	1 tablespoon Chinese 5-spice powder
3 tablespoons kosher salt	1 cup brown sugar
1 tablespoon chili powder	1/2 cup black tea leaves

Butterfly chicken by removing spine. Rub with salt, chili powder and Chinese 5-spice powder. Refrigerate overnight.

Prepare charcoal in a grill with a cover. When the charcoal is ready for grilling, put the brown sugar and tea leaves in aluminum pan and place it directly on the coals, but low enough so that when it bubbles up it does not touch the chicken (placing it off to one side is also effective). If using a gas grill, place the aluminum pan on the flavor bars below the grill.

Place the chicken on the cooking grill, skin-side up, and grill for about 50 minutes or until a thermometer in the chicken reads 170 degrees, keeping the lid closed to smoke the chicken while cooking.

The smoke smells awful, but keep the faith, the chicken will taste good. When eating the chicken, I would recommend removing the skin, because the flavors have permeated the meat and the spices on the skin are a bit too much for most people's palate.



## Humor

A farmer stopped by the local mechanic's shop to have his truck fixed. They couldn't do it while he waited, so he said he didn't live far and would just walk home.

On the way home he stopped at the hardware store and bought a bucket and a gallon of paint. He then stopped by the feed store and picked up a couple of chickens and a goose. However, struggling outside the store he now had a problem - how to carry his entire purchases home.

While he was scratching his head he was approached by a little old lady who told him she was lost. She asked, 'Can you tell me how to get to 1603 Mockingbird Lane?'

The farmer said, 'Well, as a matter of fact, my farm is very close to that house I would walk you there but I can't carry this lot.'

The old lady suggested, 'Why don't you put the can of paint in the bucket. Carry the bucket in one hand, put a chicken under each arm and carry the goose in your other hand?'

'Why thank you very much,' he said and proceeded to walk the old girl home.

On the way he says 'Let's take my short cut and go down this alley. We'll be there in no time.

The little old lady looked him over cautiously then said, 'I am a lonely widow without a husband to defend me. How do I know that when we get in the alley you won't hold me up against the wall, pull up my skirt, and have your way with me?'

The farmer said, 'Holy smokes lady! I'm carrying a bucket, a gallon of paint, two chickens, and a goose. How in the world could I possibly hold you up against the wall and do that?'

The old lady replied, 'Set the goose down, cover him with the bucket, put the paint on top of the bucket, and I'll hold the chickens.'

## The Adventures of Ziggy Aloebaum

Wednesday night, time for a bit of shag dancing at the Elks Lodge.

I arrived at the Lodge by 7:00 PM, time to obtain a bottle of water from Paul and to partake of the Elks dinner fare. I looked around for a place to sit and found a female stranger who had heard about our shag club and was interested to give it a try. We had a delightful conversation about Hawking radiation and the fact that a vacuum is not actually empty space, but that it consists of pairs of matter and antimatter particles continually annihilating each other, and that phenomenon allows black holes to evaporate while preserving causal determinism.

When the lessons started, I helped out with the red-dot beginners, which allowed me to get to know more about her. She said that she had been in a convent for several years before she realized that the calling was not for her. Now she was easing herself into the mainstream of society.

When the regular dancing began, we continued to have a delightful conversation about the advancement of technology and how it is enhancing social activism and bringing hope to those who otherwise would remain cloistered.

We did dance a bit and I think I helped by telling her to relax and listen to the beat of the music. As the evening progressed, she was asked to dance by other members of our club. For this we should acknowledge the support and reinforcement that our male members provide to female newcomers. It gives them a comfortable secure feeling that they are not in the company of the normally aggressive males who are only out to find a mate.

As the evening came to a close, she thanked me for being frank and being more interested in her mind than her body. I told her that it was not unusual, all of our members are so honorably inclined. I departed for home, happily knowing that I and so many of our other shag club members were remaining celibate.

PS: BS

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**CONTACT Sue Young at [suey@theeap.com](mailto:suey@theeap.com) for details.**

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**Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation.**

**Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the [www.nvshag.org](http://www.nvshag.org) website, or you may request copy (s) from the Club Secretary.**

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*

## 2016 Board

President	Sue Young	703-573-6870	president@nvshag.org
Vice President	Bonnie Arms	703-819-9654	vicepresident@nvshag.org
Secretary	Donna Romito	703-971-1618	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-282-1033	treasurer@nvshag.org
Director-at-large	Jason Potter	703-220-6697	jasonpotter2@msn.com
Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat	561-213-3966	webmaster@nvshag.org

## NVSC COMMITTEES/CHAIRS FOR 2016

*	Audit	Fern Siegler
	Capital Shag Classic	Jeanne and Jason Potter
*	Shag-A-Thon	Sherry Wildoner
*	Dance	Pamela Alfano
	Facebook	Angie Bushey (angelaabushey@yahoo.com)
	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)
	Historian	Sherri Wildoner (smwildoner@yahoo.com)
*	Membership	Bonnie Arms (vicepresident@nvshag.org)
*	Music	Fran Mong (franmong@aol.com)
	Newsletter Editor	Jim Scanlon (jamesscanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook, Jack Jones
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Webmaster	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

### **BORROWING SHAG VIDEOS..... is easy!!!**

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE \$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**



General Inquiries: [shaglist@nvshag.org](mailto:shaglist@nvshag.org)  
 Membership: [membership@nvshag.org](mailto:membership@nvshag.org)  
 Webmaster: [webmaster@nvshag.org](mailto:webmaster@nvshag.org)  
 Hello Shagger: [helloslagger@nvshag.org](mailto:helloslagger@nvshag.org)

**Dedicated to the Preservation  
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!  
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT  
 "NORTHERN VIRGINIA SHAG  
 CLUB"



## ***About Our Organization...***

**Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:**

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

**Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm.**

**COME JOIN US!**



## **Shag Rag**

NORTHERN VIRGINIA SHAG CLUB  
 P.O. Box 2298  
 Merrifield, VA 22116

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