



Dedicated to the Preservation of the Carolina Shag and Beach Music

Shag Rag

A Proud Member of:



Volume XXII, No. 6
June 2016

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President's Corner

by Sue Young



Sue Young

Summer is here.... Yahoo! So let's kick it off with great dancing and with good friends.

We had a great turnout for our Jackie and Charlie review last month at Revolution. How can you not have a great time when DJ Jerry Hardy is playing our favorite songs. A big thanks to Vaughn Royal and Cathy Metcalf for re-teaching us the dance steps we learned back in February. It's always good to review what you learned. And one of the best ways to remember what you learned is to practice that step with every partner you dance with until that step has sunk into your long term memory. For followers, ask the leaders if they would mind leading you in the step you just learned. Use it or lose it.

Thanks to Sherri Wildoner for teaching us the El Paso last month. That is always a fun dance.

To kick off the season we are having a Wine Tasting

event at Molon Lave winery in Warrenton. It should be a really good time and a great way to meet other club members over a glass of wine or two. It's on Saturday June 11th from 12:00-3:00pm and costs \$15 per person. This includes a wine tasting, snacks and beach shoes. You can bring your own food as well. For more information see the flyer in this issue. Wine a bit, you'll feel better.

Shaggers, get ready for our biggest party of the year coming up in July! Our annual Capital Shag Classic weekend is just around the corner. You won't want to miss out on the opportunity to learn some new shag steps from pro shaggers Gene and Nancy Pope. Besides great instructors we will have two dynamite DJs, two free pours, heavy appetizers on Friday, scrumptious dinner on Saturday and one heck of a good time so make your hotel reservations now. What a great event

this will be so don't miss it. Ticket prices go up on July 1, so purchase your tickets now at the club on Wednesdays or mail your check to NVSC, PO Box 5522, Mclean, Virginia 22103. Get your mask and get ready for "A Night in Disguise". Prize awarded for the best dance mask. Kickoff party on Thursday with DJ Bill Frostick, July 21, 2016, 7:00 - 11:00 pm at Revolution Sports bar in Centreville. See the "Night in Disguise" flyer for more information.

The Dance Committee, under the leadership of the Chairman Pamela Alfano, will be making some exciting changes to the dance curriculum. Many of our members have been requesting that we add to or make changes to our program. With this in mind various ideas were discussed at the Dance Committee meeting. Consequently, in the near future, there will be some new steps added as well as some additional new classes. Stay tuned!

Happy Father's Day to all you dads out there.

Keep dancing! See you on the dance floor



Through the National FastDance Association, our club dance activities are licensed by:



When and Where to Shag



Every Wednesday, 6:30–10:00 pm at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 pm, no partners needed. Buffet dinner on the third Wednesday only, 6:45 - 8:00pm, \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3



June 5th and 19th at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00–8:00 pm; no cover charge.

June 25, **Junebug Boogie**, Chesapeake, VA, (See flyer p. 5)

June 11, **Molon Lave Vineyards**, tasting (No dance, see flyer p. 6)

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; Battlefield Boogie Club (battlefieldboogieclub.com).

See more upcoming Shag Events on pages 3-5

Dance Lessons at the Elks on Wednesdays

DJ Schedule

- 6/1: Craig Jennings
- 6/8: Bill Frostick
- 6/15: Dennis Gehley
- 6/22: Crystal Ashton
- 6/29: Guest DJ—Butch Ademy

Beginner Level Shag Steps

- 6/1—Basic and Female Turn
- 6/8—Basic and Start
- 6/15—Basic and Male Turn
- 6/22—Basic, Half Turn, Triple Basic
- 6/29—Review with Technique

Intermediate Level Shag Steps

- 6/1—Hug Pivot and Pivot
- 6/8—Pivot with Tuck Turn
- 6/15—Pivot & Belly Roll
- 6/22—Sugarfoot with Back Prep & Front Prep
- 6/29—TBD

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.

Lessons begin at 7:30 pm. Social dancing from before and after lessons to 10:00 pm. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!

News and Announcements

Where do I Get a Copy of the Shag Rag? Go to www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to helloslagger@nvshag.org.

Keep Your Membership Information Current Have you moved, changed phone numbers or email address? Let Bonnie Arms know at bjrwa@verizon.net.

Shag Rag The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at jamesscanlon@me.com.

When and Where to Dance in the Future

- June 25, Junebug Boogie, Chesapeake, VA, June 25 (page 5)
- July 22-23, NVSC's 21st National Capital Shag Classic at the Dulles Weston Hotel (page 4)

SOS cards are available here for purchase
from Mark Hendrickson for \$30.00
(\$35.00 down at North Myrtle Beach)

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

- Battlefield Boogie Club, www.battlefieldboogieclub.com
- Boogie On The Bay Shag Club, www.boogieonthebay.com
- Colonial Shag Club (Newport News), www.colonialshagclub.com
- Danville Shag Club, www.danvilleshagclub.com
- Franklin Shag Club, gramelia@yahoo.com
- Lynchburg Shag Club, www.lynchburgshags.com
- Richmond Shag Club, www.richmondshagclub.org
- Roanoke Valley Shag Club, www.rvsc.memberlodge.com
- Virginia Beach Shag Club, www.vbshagclub.com

NEW MEMBERS

When you have the opportunity, please welcome our new member ...

Joan Kissal

Richard Long

Margaret Mooney

... who joined NVSC this past month.



June

Pat Walker	06/01
Beverly (BJ) Thomas	06/02
Vicki Tedesco	06/04
Ronald Hibbard	06/05
Heather Jennings	06/06
Donna Romito	06/07
Sharon Salpini	06/07
Patricia Tope	06/07
Denny Koski	06/10
Crystal Ashton	06/11
Ann Granger	06/11
Ken Gibbs	06/11
Frank Sulik	06/15
Susan Shawver	06/17
Chuck Roper	06/19
David Strobel	06/19
Nanette Sulik	06/19
Don Borja	06/20
Ella Nunn	06/20
Samuel Wray	06/21
Gary Mann	06/24
Ruth Rapson	06/30



BRING YOUR OWN MASK!

The Northern Virginia Shag Club Presents Its 21st Annual Capital Shag Classic **A NIGHT IN DISGUISE**

**FRIDAY
& SATURDAY,
JULY 22 & 23,
2016**

Location:

THE WESTIN WASHINGTON DULLES AIRPORT
2520 Wasser Terrace • Herndon, Virginia 20171

Reserve your room by calling The Westin Central Reservations at 866-932-7062. Ask for the Northern Virginia Shag Club special rate of \$89.00 per night, plus tax, until July 8, 2016.

SCHEDULE OF EVENTS

Thursday, July 21, 2016

- Kickoff Party, 7:00 – 11:00 pm, Revolution Sports Bar in Centreville

Friday, July 22, 2016

- Registration, 4:00 – 9:00 pm, Ballroom Entrance
- Hospitality Suite/Appetizers, 5:00 – 7:00 pm, Skyline Suite 821
- Music and Dancing: DJ Larry Black, 8:00 – 12:00 am, Ballroom

Saturday, July 23, 2016

- Registration, 10:00 – 6:00 pm, Ballroom Entrance

- First Shag Workshop, 11:00 – 12:00 pm, Ballroom
- Second Shag Workshop, 12:30 – 1:30 pm, Ballroom
- Open Dancing: DJ John Smith, 1:30 - 3:30 pm, Ballroom
- Hospitality Suite/Snacks, 4:00 – 5:00 pm, Skyline Suite 821
- Ballroom Closed, 4:00 pm
- Dinner, 6:00 – 8:00 pm, Ballroom
- Registration, 7:30 – 9:00 pm
- Music and Dancing: DJ John Smith, 8:00 – 12:00 am, Ballroom

All of this plus... Basket of Cheer | 50/50 Drawing | Cash Bar | \$10.00 Buffet Breakfast Voucher | Door Prizes

TICKETS: \$89.00 per person (\$99.00 after July 1, 2016). No refunds after June 30, 2016. TICKETS MUST BE PURCHASED IN ADVANCE.

Name(s) _____

Primary Shag Club _____

Address _____

Phone _____

City, State, Zip Code _____

No. of Tickets _____ Amount Enclosed _____

Make check payable, and return to Northern Virginia Shag Club
Post Office Box 2298, Merrifield, Virginia 22116.

Registration contact: jeanne.potter@outlook.com. Visit our website at: www.nvshag.org

REGISTER EARLY!

Through the National Fast Dance Association,
this multi-day event is licensed by



BOOGIE ON THE BAY SHAG CLUB PRESENTS JUNEBUG BOOGIE



Workshop, Dinner and Dance

Saturday June 25, 2016

Eagles Club

521 Maple St. Chesapeake VA 23324

Directions: www.tinyurl.com/EaglesClub

Event Website: www.tinyurl.com/JunebugBoogie

Workshop Instructors:

Craig and Heather Jennings
Northern VA Shag Club

Two Workshops!

Intermediate: 3:30-4:15
A Step Above Basic: 4:30-5:15

Music by:

ABSCDJ/NAR&BDJ D.J.
Harvey Taylor

Doors open at 3:00 pm

Workshops 3:30-5:30

Dinner 6:00-7:00

Dance 7:00-10:00



Through the National FastDance Assn.,
our dance club activities are licensed by:



Tickets \$20

No refunds, but may be transferred.

Tickets available from:

Sarah Wilson 757.589.8058 or silw928@aol.com

Committee Chair:

Donna House 757.200.7640 or
2ndvp@boogieonthebay.com

BYOB. Setups and Chicken Dinner provided.
Last Name A-J: Please bring an Appetizer to share!
Last Name K-Z: Please bring a Dessert to share!

Sponsored by:
Boogie on the Bay Shag Club
www.boogieonthebay.com



Northern Virginia Shag Club invites you to a

WINE TASTING EVENT

SATURDAY, JUNE 11, 2016

12:00 – 3:00 pm

Molon Lave Vineyards

10075 Lees Mill Road
Warrenton, VA 20186

\$15 per person includes:

- Wine tasting
- Snacks
- Beach music

Reservation and Prepayment Required.



RESERVE YOUR SPOT ASAP! LIMITED NUMBER OF TICKETS SOLD.

Contact a board member to purchase a ticket:

Sue Young (susan.young19@yahoo.com) or Bonnie Arms (membership@nvshag.org)

Make check payable to: NVSC

Mail to: NVSC, PO Box 2298, Merrifield, VA 22116

Or sign up at the Elk's on Wednesdays.

Name(s): _____

Email or Phone: _____

of Tickets: _____

Recipe

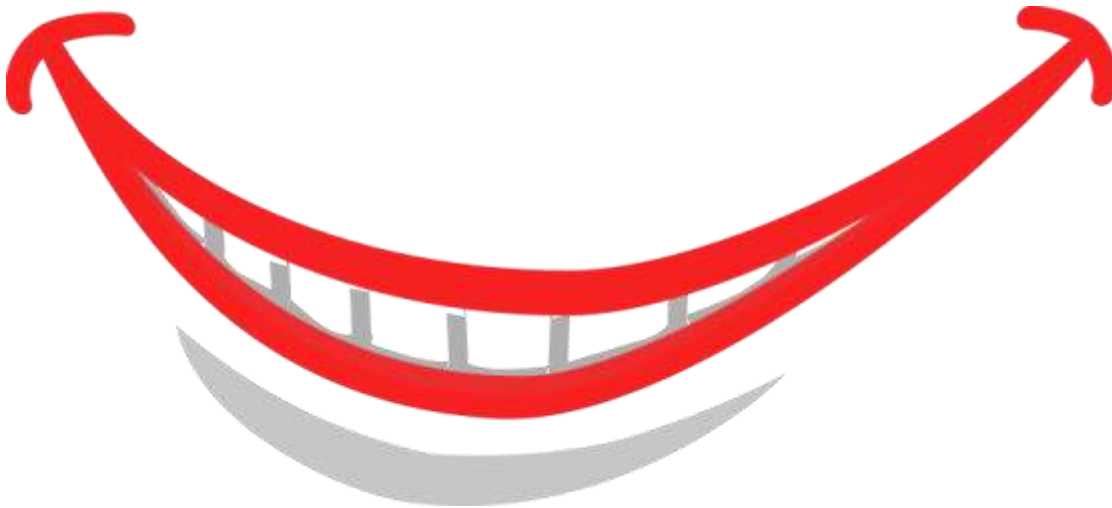
SALMON WITH CARMELIZED ONIONS

4-6 SERVINGS

1 salmon fillet, 3 1/2 lb.
6 green shallots, thinly sliced
2 Tbsps. butter

1 tsp. brown sugar
1 Tbsp. fresh thyme leaves, chopped
2 tsps. salt

Preheat oven to 375°F. In a small sauté pan, slowly cook the sliced shallots in butter and brown sugar until caramelized. Spread this mixture on top of the salmon and sprinkle with the thyme, salt, and pepper. Cook the salmon in the oven for 20-25 minutes.



Humor

From Dennis Gehley

A young New York woman was so depressed that she decided to end her life by throwing herself into the ocean, but just before she could throw herself from the docks, a handsome young man, let's call him Bobby, stopped her.

"You have so much to live for," said Bobby. "I'm a sailor, and we are off to Italy tomorrow. I can stow you away on my ship. I'll take care of you, bring you food every day, and keep you happy."

"With nothing to lose, combined with the fact that she had always wanted to go to Italy, the woman accepted. That night the sailor brought her aboard and hid her in a small but comfortable compartment in the hold. From then on, every

night he would bring her three sandwiches, a bottle of red wine, and make love to her until dawn. Two weeks later she was discovered by the captain during a routine inspection. "What are you doing here?" asked the captain.

"I have an arrangement with one of the sailors," she replied. "He brings me food and I'm getting a free trip to Italy."

"I see," the captain says. Her conscience got the best of her and she added, "Plus, he's screwing me."

"He certainly is," replied the captain. "This is the Staten Island Ferry."

The Adventures of Ziggy Aloebaum

I got to the Wednesday dance early, just as our DJ was setting up. I did not recognize him as one of our regulars. A cloth banner with "WAM" on it was hanging from his laptop computer. He had a strange aura about him, one that reminded me of a symphony conductor. Sure enough, he started playing classical music before the lessons began. Everyone coming in was perplexed by the type of music they were hearing and wondered what the heck was going on.

As it neared time for the lessons, he somehow managed to overlay a shag beat to the music, which made people wonder if he was on to something new. Then it was lesson time and he stopped the music. When he had to play a tune snippet for the lessons it was from Eine kleine Nachtmusik (Serenade No. 13 for strings in G major), again with a shag beat. It was difficult for our instructors to keep the attention of students, they were exchanging comments about the DJ and the music.


The lessons ended and social dancing began. The first tune he played was an upbeat version of Symphony No. 25 in G Minor, K. 183: Allegro Con Brio. It was then that I became aware of who our DJ really was, Wolfgang Amadeus Mozart. Then, as I danced with the good looking Red Dot newcomer, I must have slipped on something, fell, and hit my head on the floor. When I came to, there I was in the back room of Ducks, dead drunk, wondering how in the heck I got there. I asked the country bumpkin next to me what was going on and she said the power had gone out, the place was dark for several minutes, and someone was playing classical music on their iPhone.

It was a nightmare, and now I was sobering up to the wonderful tune of "Momma's Drinking Liquor Again." Aah, shag heaven!


**Advertise Your
Business in the
Shag Rag!
CONTACT
Sue Young at
suey@theaeap.com
for details.**

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ADMITTED IN VA, MD AND DC

2016 Board

President	Sue Young	703-573-6870	president@nvshag.org
Vice President	Bonnie Arms	703-819-9654	vicepresident@nvshag.org
Secretary	Donna Romito	703-971-1618	secretary@nvshag.org
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Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat	561-213-3966	webmaster@nvshag.org

NVSC COMMITTEES/CHAIRS FOR 2016

*	Audit	Fern Siegler
	Capital Shag Classic	Jeanne and Jason Potter
*	Shag-A-Thon	Sherry Wildoner
*	Dance	Pamela Alfano
	Facebook	Angie Bushey (angelaabushey@yahoo.com)
	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)
	Historian	Sherri Wildoner (smwildoner@yahoo.com)
*	Membership	Bonnie Arms (vicepresident@nvshag.org)
*	Music	Fran Mong (franmong@aol.com)
	Newsletter Editor	Jim Scanlon (jamesscanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook, Jack Jones
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Webmaster	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE \$25 deposit**. See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**

Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the www.nvshag.org website, or you may request copy (s) from the Club Secretary.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."



General Inquiries: shaglist@nvshag.org
 Membership: membership@nvshag.org
 Webmaster: webmaster@nvshag.org
 Hello Shagger: helloslagger@nvshag.org

**Dedicated to the Preservation
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT
 "NORTHERN VIRGINIA SHAG
 CLUB"



About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm.

COME JOIN US!



Shag Rag

NORTHERN VIRGINIA SHAG CLUB
 P.O. Box 2298
 Merrifield, VA 22116

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 NorthernVirginiaShagClub/](https://www.facebook.com/NorthernVirginiaShagClub/)