



Dedicated to the Preservation of the Carolina Shag and Beach Music

A Proud Member of:



Shag Rag



Sue Young

President's Corner

by Sue Young

Volume XXII, No. 4
April 2016

Spring is officially here. Yay for longer, warmer days and upcoming SOS.

On April 15-24, many of us will be heading to North Myrtle Beach for Spring Safari SOS. If you have never been to SOS, I would encourage you come down to North Myrtle Beach and enjoy some great dancing and venues. Many of the top shag instructors in the industry offer workshops for beginners and advanced shaggers so get your SOS cards and join in the fun. Our club will have a party in the back room of Fat Harold's on Tuesday, April 19 from 3:00-5:00 pm. See you at the beach. And if you're staying in Northern Virginia, be sure to go to the Elks on April 20th for the Left Behind Party. Members get a free drink (rail or beer) at either event so make sure your membership is current.

What a great turn out we had for our St. Patrick's Day dance. Thanks to Sherri Wildoner for teaching us how to "push our tush". Sherri is going to teach us another line dance on Wednesday April 13 at 7:00 pm. It's called Uptown Funky Line Dance and looks

like a lot fun. So come early and learn a fun and relatively easy line dance. Here is the video if you want to check it out before the class: [LINK](https://m.youtube.com/watch?v=Et72TNDWzPM) (https://m.youtube.com/watch?v=Et72TNDWzPM).

I also want to thank Jeanne and Jason Potter for doing such a great job decorating the Elks for St. Patrick's Day and Easter. The boxes of candy were a very nice treat.

Next month we will have a special Jackie and Charlie review and dance on Sunday May 22 from 4:00 – 8:00 pm at Revolution's in Centreville. See the flyer for more information.

Mark your calendar for our annual Capital Shag Classic being held at the Dulles Weston Hotel on July 22-23. Our pro instructors for the classic will be Gene and Nancy Pope who won the Senior Pro Division at the National Shag Dance Championships last month. What a great event this will be so don't miss it. See the flyer for more info.

Also competing in the National Shag Dance Championships were our own club members Cathy

Metcalfe and Vaughn Royal (Senior Pro Division) and Joan McKinney and her partner Claude Robertson of Mt Pleasant SC who placed 4th in the Masters Division. Kudos to Audrey and Don Borja who competed in the Non Pro Division. We have some very talented instructors at NVSC.

A big hug and thanks to Fern Siegler, Ann West and my hubby Paul for once again your willingness to work on the audit. You guys are a great team. Also thanks to our treasurer Mark Hendrickson for doing such an excellent job.

Hope to see you on the dance floor soon!

There will be a general membership meeting on Wednesday, May 18th at 8:15 pm.

Special points of interest:

- Hern's Hangar— Annual Mountain Boogie Walk (page 4)
- Humor (page 5)
- Recipe (page 5)
- Adventures of Ziggy Aloebaum (page 6)
- C&J Review Workshop (Page 7)

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Through the National FastDance Association, our club dance activities are licensed by:



When and Where to Shag



Every Wednesday, 6:30–10:00 pm at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 pm, no partners needed. Buffet dinner on the third Wednesday only, 6:45 - 8:00pm, \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).



April 3rd and 10th at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00–8:00 pm; no cover charge.

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; **Battlefield Boogie Club** (battlefieldboogieclub.com).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3

See more upcoming Shag Events on page 8

Dance Lessons at the Elks on Wednesdays

DJ Schedule

- 4/6: Craig Jennings
- 4/13: TBD
- 4/20: Dennis Gehley
- 4/27: YBD

Beginner Level Shag Steps

- 4/6—Basic and Female Turn
- 4/13—Basic and Start
- 4/20—Basic and Male Turn
- 4/27—Basic, Half Turn, Triple Basic

Intermediate Level Shag Steps

- 4/6—Hug Pivot and Pivot
- 4/13—Pivot with Tuck Turn
- 4/20—Pivot & Belly Roll
- 4/27—Sugarfoot with Back Prep & Front Prep

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.

Lessons begin at 7:30 pm. Social dancing from before and after lessons to 10:00 pm. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!

News and Announcements

Where do I Get a Copy of the Shag Rag? Go to www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to helloslager@nvshag.org.

Keep Your Membership Information Current Have you moved, changed phone numbers or email address? Let Bonnie Arms know at bjrwa@verizon.net.

Shag Rag The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at jamesscanlon@me.com.

NEW MEMBERS

When you have the opportunity, please welcome our new member ...

Mary Tanner

... who joined NVSC this past month.

When and Where to Dance in the Future

- April 15–24, SOS Spring Safari, North Myrtle Beach, SC
- April 19 from 3:00-5:00 pm., Fat Harold's Back Room—Club Party at SOS
- May 13-14, Beckley, WV, Hern's Hangar (see page 4)
- May 22, Re-learn and Review Jackie and Charlie Workshop Steps, Revolution Sports Bar, Centerville (page 7)
- July 22-23, Capital Shag Classic at the Dulles Weston Hotel

SOS cards are available here for purchase from Mark Hendrickson for \$30.00 (\$35.00 down at North Myrtle Beach)



April

Lori Birmingham	04/01
David Guilliams	04/02
Susan Campbell	04/05
Phyllis Woodring	04/07
Barbara Ebersole	04/08
Jason Potter	04/09
Gary Martin	04/12
Bob Henry	04/14
Linda Barna	04/20
Trish Goeller	04/20
Brad Benson	04/21
Traci Allan	04/24
Joan Byrnes	04/25

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

- Battlefield Boogie Club, www.battlefieldboogieclub.com
- Boogie On The Bay Shag Club, www.boogieonthebay.com
- Colonial Shag Club (Newport News), www.colonialshagclub.com
- Danville Shag Club, www.danvilleshagclub.com
- Franklin Shag Club, gramelia@yahoo.com
- Lynchburg Shag Club, www.lynchburgshags.com
- Richmond Shag Club, www.richmondshagclub.org
- Roanoke Valley Shag Club, www.rvsc.memberlodge.com
- Virginia Beach Shag Club, www.vbshagclub.com



Beckley Area Shag Club's 22nd Annual Mountain Boogie Walk

May 13-14, 2016

Hern's Hangar Airport Road Exit 125B off I-64E, Beaver, WV

The Best Shag Music featuring: John Smith & Ed Timberlake

Instructors: Sam & Lisa West

Tickets are \$65.00 each - 1 day tickets will not be sold

Get yours early - This party always sells out!

Free soft drinks, water, set-ups and snacks

--- BYOB and BEER ---



Friday	*7:00 pm	*Sandwiches- Late night coffee & doughnuts - 50/50 drawing
Saturday	11:00 am	*Shag workshop - Pizza served following the workshop
	6:30 pm	*Catered Buffet Dinner
	11:00 pm	*50/50 drawing - Late Night Dancing

Reservations: *Microtel Inn & Suites/Eisenhower Drive*, Beckley, 3 miles from the Hangar and is 100% non-smoking. 304-255-2200. Shag Club Rate - Single \$59.99, Double \$64.99, Suite \$69.99.

Reservations: *Sleep Inn/Beaver* \$70/night - Shag Club Rate - 304-255-4222

The Sleep Inn is located 1 mile from the Hangar (Room requests kings, non-smoking, etc. are limited due to the size of the Sleep Inn).

Shuttle Service to and from hotels Friday & Saturday nights

Send check to: Beckley Area Shag Club, P.O. Box 395, Beckley, WV 25802

Tickets will not be mailed so please fill out the form below completely and return with your check. We will verify receipt of your check and add your name to the master list for the Hangar Party.

Contact: Karen Callahan @ 304-228-3757 email: shagbasc@suddenlink.net www.beckleyshagclub.com

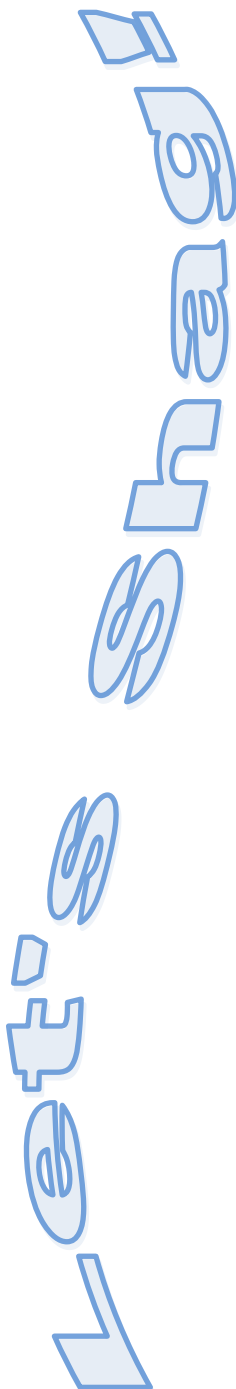
MBW 2016 **Tickets are non refundable but may be transferred**

Name(s) _____

Shag Club _____

Address _____

e-mail address: _____



Recipe

Fish House Punch

For 25 people

- | | |
|------------------------|-------------------------------|
| 1 ½ cups sugar | 1 fifth cognac |
| 3 cups lemon juice | 2 ½ jiggers peach brandy |
| 3 pints dry white wine | 2 8-ounce cans apricot nectar |
| 1 fifth Jamaican rum | Peach slices (see below) |
| 1 fifth Gold Label rum | |

Mix and refrigerate until chilled, stirring occasionally. For serving, place a block of frozen peaches in the punch bowl.



Humor

A homeowner in Alberta wakes up one morning to find a bear on her roof.

She looks in the yellow pages and finds an ad for "Alberta Bear Remover."

So she calls the number and a man says he'll be over in 30 minutes.

The bear remover arrives and gets out of his van. He's got a ladder, a baseball bat, 12-gauge shotgun and a mean looking pit bull dog.

"What are you going to do?" the homeowner asks.

"I'm going to put this ladder up against the roof. Then I'm going to go up and I'll knock the bear off the roof with this baseball bat. When the bear falls off the roof, the pit bull is trained to grab his testicles and not let go. The bear will become subdued enough for me to put him in the cage in the back of the van."

Then he hands the shotgun to the homeowner.

"What's the shotgun for?" asks the homeowner.

"If the bear knocks me off the roof, shoot the dog."



Advertise Your Business in the Shag Rag!
CONTACT
 Sue Young at suey@theaeap.com
 for details.

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 Lessons in Carolina Shag



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David Rodgers

Call or e-mail David
 703-259-8978
rodgersd3@cox.net

The Adventures of Ziggy Aloebaum

The Wednesday dance had an unusually large number of shaggers and some new wannabees. This gave me an opportunity to look the field over before asking someone to dance.

There was a gal who had been a club member since our DJ was a child, another who had a dance technique that looked like pistons in a car engine, and one who was obsessed with precision to the extent that she would criticize Charlie Womble. So I kept up my surveying before committing. There were so many that the guy with the Rolodex needed more cards. Then she walked in and paid her non-member admission fee, and wrote her name on a red label: Bruce. Bruce! Sheesh, what is this? Is it a he or she? What's going on in this world?

The person (I'm being politically correct) was diminutive, raven-haired and pectoral-deficient, which only added to the perplexity of the moment. Being the ever-inquisitive guy I am, I volunteered to help with the beginner lessons.

As the instructor called for rotations, it was my turn to dance with the person. Its hand was small and soft, but there was something strange about its whole persona.

Talk about being confused, of all the many who came to the Elks Lodge on Wednesday nights for their first shag lesson, I had not been able to figure this one out.

So, after the lessons had concluded, in my usual suave, "being helpful" (but leaving opportunities to establish a relationship open) manner, I asked the person to dance.

While assuring the person (I'm getting tired of this reference) that shag dancing is really easy if you concentrate on the beat, I said, "Bruce is a normal name, but your looks confuse me. The name Bruce, SHE said, came from her father Luigi Bruschelli, the famous Italian jockey, that when she obtained a visa, the clerk did not consult the form she filled out, but assumed she was male because she was boob-deficient. Thus, she said, everyone calls her Bruce. Wow! What a relief!

So, as the shag tune ended I said her deficiency in the chestal area is what really confused me, to which she responded with the Italian five-fingered "up-yours" gesture. That shocked me!

I said: "What does that mean?"

She replied by holding up her middle finger and asked me if I knew what that meant. I said, "Yes." She said, "Well that's just a whole bunch of them."



Re-learn & Review Jackie and Charlie Workshop Steps

Join us for an evening of dancing, and music by
DJ Jerry Hardy

Sunday, May 22, 2016

4:00 pm – 8:00 pm

Workshop taught by our own club members,
Vaughn Royal and Cathy Metcalf

Free admission

Revolution Sports Bar in Centreville

Newgate Shopping Center 14114 Lee Highway, Centreville, VA 20120

703 266-1888

Just off I-66 at the intersection of Highways 28 and 29



Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation.

Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

2016 Board

President	Sue Young	703-573-6870	president@nvshag.org
Vice President	Bonnie Arms	703-819-9654	vicepresident@nvshag.org
Secretary	Donna Romito	703-971-1618	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-282-1033	treasurer@nvshag.org
Director-at-large	Jason Potter	703-220-6697	jasonpotgter2@msn.com
Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat	561-213-3966	webmaster@nvshag.org

NVSC COMMITTEES/CHAIRS FOR 2016

*	Audit	Fern Siegler
	Capital Shag Classic	Jeanne and Jason Potter
*	Shag-A-Thon	TBA
*	Dance	Pamela Alfano
	Facebook	Angie Bushey (angelaabushey@yahoo.com)
	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)
	Historian	Sherri Wildoner (smwildoner@yahoo.com)
*	Membership	Bonnie Arms (vicepresident@nvshag.org)
*	Music	Fran Mong (franmong@aol.com)
	Newsletter Editor	Jim Scanlon (jamesscanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook, Jack Jones
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Webmaster	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE \$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**



General Inquiries: shaglist@nvshag.org
 Membership: membership@nvshag.org
 Webmaster: webmaster@nvshag.org
 Hello Shagger: helloslagger@nvshag.org

**Dedicated to the Preservation
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT
 "NORTHERN VIRGINIA SHAG
 CLUB"



About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm.

COME JOIN US!



Shag Rag

NORTHERN VIRGINIA SHAG CLUB
 P.O. Box 2298
 Merrifield, VA 22116

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 NorthernVirginiaShagClub/](https://www.facebook.com/NorthernVirginiaShagClub/)