



*Dedicated to the Preservation of the Carolina Shag and Beach Music*

# Shag Rag

A Proud Member of:



Volume XXII, No. 3  
March 2016

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Sue Young

## President's Corner

by Sue Young

**Happy Spring! Spring** brings us warmer weather, daffodils and of course the big event - Spring SOS.

Our Super Bowl Party was a blast last month. Thank you to everyone who came out. Our new speaker system sounded great. A big thanks to Loren Kropat and Bill Frostick for all their help and guidance with the purchase of our new equipment.

What a great time we had at our 19th annual Jackie and Charlie event. They taught us several new dance steps to add to our repertoire. The more steps you know how to do, the more fun you can have. A special thank you to Pamela Alfano and Bonnie Arms for organizing the workshops and dance registration. Big thanks to Jeanne and Jason Potter for doing an outstanding job organizing the food, to John Romito for taking pictures, and to Emily Maroon for making those fabulous table decorations. And to Fran Mong for getting us one of our favorite DJs Jerry Hardy. Thanks to all of you who volunteered to bring food and help with the various other tasks involved with

making sure the entire evening was a success. And a Huge thanks to David and Jerry Rodgers for again being such wonderful hosts to Charlie and Jackie and for organizing all the private lessons. We will have a workshop review in May so stay tuned for more info.

On Wednesday, March 16 we are going to celebrate St. Patrick's Day at the Elks. In addition to our regularly scheduled lessons, we are going to teach the "Tush Push" line dance from 7:00 - 7:20 so come early and take the lesson. See the flyer for more information.

The 2016 Virginia Shaggers Hall of Fame Induction Ceremony will be held March 25 - 27 in Fredericksburg. Tickets are only \$75 and include two free pours, breakfasts, Saturday night dinner, pro lessons, and much more. For more information, the flyer is on our website. If you would like to reserve a seat at a table with your friends from NVSC and Battlefield Boogie Club, contact Audrey Borja at ledgestonemanager@aol.com.

The Big Event - Spring SOS in North Myrtle Beach,

SC is from April 15 - April 24. If you have never been to SOS it is ten days of dancing, socializing and fellowship. Ok, we do sample a few of our favorite beverages! Our SOS Party at Fat Harold's is Tuesday, April 19 from 3-5:00pm. We also have a left-behind party at the Elks, on Wednesday, April 20 so don't forget to renew your membership to get your free drink ticket at either party.

Good luck to all our members competing in the Shag Nationals this month.

**See you on the dance floor!**

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Through the National FastDance Association, our club dance activities are licensed by:



# When and Where to Shag



Every Wednesday, 6:30–10:00 pm at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 pm, no partners needed. Buffet dinner on the third Wednesday only, 6:45 - 8:00pm, \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

*See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3*



**March 13 and 27** at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00–8:00 pm; no cover charge.

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; **Battlefield Boogie Club** (battlefieldboogieclub.com).

*See more upcoming Shag Events on page 8*

## Dance Lessons at the Elks on Wednesdays

### DJ Schedule

- 3/2: Crystal Ashton
- 3/9: Bill Frostick
- 3/16: Dennis Gehley
- 3/23: Loren Kropat
- 3/30: Butch Adeimy

### Beginner Level Shag Steps

- 3/2—Basic and Female Turn
- 3/9—Basic and Start
- 3/16—Basic and Male Turn
- 3/23—Basic, Half Turn, Triple Basic

### Intermediate Level Shag Steps

- 3/2—Crossover Basic from Male & Female Turns
- 3/9—Behind Sailor and Side Pass
- 3/16—Applejack
- 3/23—Stutter Basic & Kick Basic

**Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.**

**Lessons begin at 7:30 pm. Social dancing from before and after lessons to 10:30 pm. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!**

## News and Announcements

**Where do I Get a Copy of the Shag Rag?** Go to [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

**Hello Shagger Emails** Are you getting the Hello Shagger e-mails? If not, visit our website at [www.nvshag.org](http://www.nvshag.org). On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

**Hello Shagger Input** Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to [helloshagger@nvshag.org](mailto:helloshagger@nvshag.org).

**Keep Your Membership Information Current** Have you moved, changed phone numbers or email address? Let Bonnie Arms know at [bjrwa@verizon.net](mailto:bjrwa@verizon.net).

**Shag Rag** The deadline for *Shag Rag* input is the 25<sup>th</sup> of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at [jamesscanlon@me.com](mailto:jamesscanlon@me.com).

### When and Where to Dance in the Future

- March 25 – 27, 2016, Virginia Shaggers Hall of Fame Induction Ceremony, Fredericksburg, VA
- April 15 – 24, SOS Spring Safari, North Myrtle Beach
- May 13 & 14, Beckley, WV, Hern's Hangar (see page 8)

**SOS cards are available here for purchase from Mark Hendrickson for \$30.00 (\$35.00 down at North Myrtle Beach)**



### March

Tom Lotfabadi	03/03
Barbara Dent	03/07
Linda Cunningham	03/10
Ralph Dantine	03/11
Marilyn Lampe	03/14
Bill Meyer	03/14
Tom Woll	03/17
John Dent	03/22
Linda Zerden	03/22
Craig Singleton	03/23
Judy Metcalf	03/25
Anne Benson	03/26
Loren Kropat	03/27
Jim Metcalf	03/27
Rick Hendrix	03/31

### Other ACSC Virginia Shag Clubs

*Visit the club websites for venues and schedules.*

- Battlefield Boogie Club, [www.battlefieldboogieclub.com](http://www.battlefieldboogieclub.com)
- Boogie On The Bay Shag Club, [www.boogieonthebay.com](http://www.boogieonthebay.com)
- Colonial Shag Club (Newport News), [www.colonialshagclub.com](http://www.colonialshagclub.com)
- Danville Shag Club, [www.danvilleshagclub.com](http://www.danvilleshagclub.com)
- Franklin Shag Club, [gramelia@yahoo.com](mailto:gramelia@yahoo.com)
- Lynchburg Shag Club, [www.lynchburgshags.com](http://www.lynchburgshags.com)
- Richmond Shag Club, [www.richmondshagclub.org](http://www.richmondshagclub.org)
- Roanoke Valley Shag Club, [www.rvsc.memberlodge.com](http://www.rvsc.memberlodge.com)
- Virginia Beach Shag Club, [www.vbshagclub.com](http://www.vbshagclub.com)

## NVSC's Support to Capital Caring



Through the years, our club has supported Capital Caring with its Shag-a-Thon event during which we solicit donations. Through the several years we have been doing this, our donations have totaled the amount shown in this photo of Katie Tran-Lam of Capital Caring and Sue Young, taken on February 3d at the Elks Lodge.

And this, also from Katie Tran-Lam:

Sue,

I hope all is well. I apologize for not responding sooner. Your idea to share a few short paragraphs is a great one. I was working on our newsletter last week and thought this was probably exactly what you are looking for to help keep members informed of what we are doing.

If I could highlight the most urgent need right now is getting the word out about our wish list on Amazon - <http://amzn.com/w/3E5KJ84Q8OD35>. We are opening a new inpatient unit in Northeast, D.C. located at Providence Hospital in a few weeks and we are trying to get all of the furnishings such as bed pillows, blankets, lamps that we will need for patients and families. Any help that your members would be willing to provide to share the list with their friends would be greatly appreciated.

The other fun highlight is that Capital Caring is the charity partner of Not Your Average Joe's restaurant in Reston (this location was added after the newsletter was sent) and in Leesburg for the month of March. I attached the new certificate for your reference. Not Your Average Joe's will donate 15% of the sales of anyone who dines on Thursdays during March and presents the attached certificate to Capital Caring.

Thanks as always for your help and support. Please feel free to use as much or as little of this information as you would like.

Katie



## Top 50 Shag Songs for 2015

The Association of Beach and Shag Club DJs will eventually post the top shag songs for 2015 on its website: [www.ABSCDJ.com](http://www.ABSCDJ.com). As of now though, it is only posted up through 2014.





### Dennis Gehley

### The Time Machine

Hits From Yesterday and Today  
Beach, Shag, Rhythm & Blues, Oldies, Top 40



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## Come Dance with Me

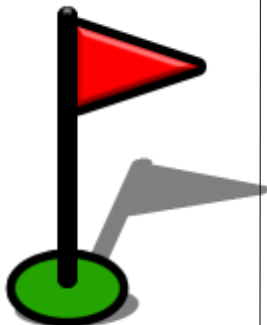
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David Rodgers



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## Hello Golfers!

Most recipients of this e-mail played in the 2015 Richmond Shag Club's John Mansini Memorial Charity Tournament for Camp Fantastic. Details about last year's tournament can be found at: ([click here](#)). The tournament proceeds, combined with other Club fund-raising throughout the year, allowed the Richmond Shag Club to donate \$16,100 to Camp Fantastic for 2015. Thank you for your past participation and support that helped the Club make such a sizeable donation!

Our 2016 golf tournament will be held on June 20, 2016 at the Meadowbrook Country Club, 3700 Cogbill Rd, N. Chesterfield VA 23234. Special Love CEO Dave Smith has provided the Club a strong endorsement letter to introduce the 2016 event to the community ([click here](#)). Please save the date and plan now to participate! We hope to have an expanded field of up to 28 teams and are trying to attract some corporate sponsors to help us support more children with cancer to attend Camp Fantastic. All of the details about the tournament can be found at: <http://richmondshag.homestead.com/RSCGolf.html>.

Here are some short-cut hyperlinks to the event entry forms (in pdf format) to help players, teams, sponsors and donors make an early commitment to our event.....

- [2016 Tournament Brochure and Player/Team Entry Form](#)
- [Corporate & Hole Sponsor Commitment Form](#)
- [Gift Certificate and Raffle Prize Gift Donor Solicitation Form](#)

Please note that all player and team entries must be secured by full payment in advance for all players. Partial team entries (e.g. 2 or 3 players) will be accepted and filled with entries by individual golfers looking to be placed on a team. We will have a special "closest to the line" driving contest for the ladies this year, and the Meadowbrook Country Club staff promise to make this a fun and enjoyable event! Unfortunately, we have lost the Outback Steakhouse as a sponsor of the popular donated steak dinner; however, we are still hopeful that we can secure a food & beverage sponsor that will enable to us to continue to provide a nice dinner before our final award ceremonies and gift raffle without adversely affecting the amount of proceeds donated to Camp Fantastic.

If you have any questions about the tournament, please feel to contact me (contact info below and on all event forms). Please tell your golfing friends about this tournament, forward this e-mail and help us get an early event sell-out! Our goal is to recruit 28 teams, including 3 teams under our corporate sponsorship program. If your company would like to enter one of those special platinum or diamond sponsorship teams OR if you have any leads on companies that might like to make such a team entry, please give me a call! We want to give these special sponsor teams as much pre- and post-tournament recognition as possible! Moreover, if your company would like to donate any gifts to be used in the raffle, please use the [Gift Certificate](#) form for that purpose!

Thanks...I look forward to receiving your team entry form for our 26th annual tournament! Our Club volunteers have already been signed up to work the event and all join me in wanting this to be an enjoyable event for all our golfers!

Best Regards,

Kevin Byrnes  
RSC Tournament Co-Chair



Kevin F. Byrnes, AICP  
2016 RSC Charity Tournament Co-Chair &  
2016 President, Richmond Shag Club  
2511 Cedar Cone Dr.  
Henrico, VA 23233  
Home (804) 270-1454 Cell (804) 512-0563

## Junior Cyclone Event

*Message from the Twisters Shag Club*

Hello Friends,

All shag clubs share a common goal of promoting and perpetuating shag music and shag dancing. One of the best ways to do that is to get our younger generations involved.

This year Twisters Shag Club is hosting the first ever, big three-day "Junior Cyclone" event for those under age 21. It will be in the old Mooresville skating rink facility with a huge hardwood floor. This event will give kids the opportunity to learn our dance and our music (or improve their skills), build their confidence, meet new friends, and have a lot of fun.

Adult pro dancers and instructors as well as junior competitors will be there to offer instruction. Some of the best DJ's will be there to play the music. The award winning Junior Shag Dance Team will be there, too. There will be exhibitions, a fun "mixed doubles" contest, a photo booth to share weekend memories, and so much more. Food will even be available on location all weekend.

The Ellen Taylor Foundation For Junior Shaggers will have some free shag shoes available for juniors who need them. (The Foundation is also offering financial assistance for juniors or families of juniors who may need it to be able to attend. See [ellentaylorfoundation.org](http://ellentaylorfoundation.org) for more info.)

There is much more info to share about this great event. So please see the attached flyer, and visit the web page [www.JuniorCyclone.com](http://www.JuniorCyclone.com) for more details.

Finally, please share this note, this information and this flyer with your members. This is a great chance for them to bring their kids or grandkids to a fun weekend event at a very, very reasonable price. Whether it's their first exposure to our dance and music, or they are already shagging, this will be a fun weekend for everyone involved.

Thank you for helping spread our music and dance!!!

Mike Rink

Event Coordinator

## The Adventures of Ziggy Aloebaum

It was a Friday night dance at Addy's in Manassas where I first met her. The shaggers had used all of the hours they were allotted by the establishment and were leaving. The country and western band was setting up their amplifiers and tuning their instruments, so I had to use sign language to order my beer. I saw her come in and take a seat at the corner of the bar where the hopefuls gathered. She was wearing a tight red dress with plenty of cleavage and had all the other features of a 2:00 AMer. She glanced at me, gave me a quick once-over and ordered a cherry Cosmo. I knew right away that she was my type because no gal ever seemed interested in me until at least 1:30 AM. But I didn't want to seem too eager, so I waited for the music to start before I made my move. I moved to the empty stool next to her and asked her if she knew anyone who could teach me the Texas Two-Step, which is a ploy I have used successfully before. To my surprise, she said: "Back off sonny, you think I was born yesterday? You're just tryin' to butter me up so I'll go home with you." That hit me like a ton of bricks, I could not figure out why she reacted that way. Then I looked at my watch, it was 9:30. So I hung my head in embarrassment and left. Dejected, I headed for home to watch some late TV. But there was something wrong about that encounter, maybe it was the way I was dressed, with my shirt open to the waist and the forehead of my Pinocchio tattoo showing. So I buttoned my shirt, headed back to Abby's, sat on a stool across the bar from her, ordered a beer, paid for it with a \$100 bill, then slowly verified that I had received the right change. She came over, sat on the stool next to me and said: "You still want to learn the Two-Step? It was 2:00 AM.



# Beckley Area Shag Club's 22nd Annual Mountain Boogie Walk

May 13-14, 2016

**Hern's Hangar** Airport Road Exit 125B off I-64E, Beaver, WV

The Best Shag Music featuring: John Smith & Ed Timberlake

Instructors: Sam & Lisa West

Tickets are \$65.00 each - 1 day tickets will not be sold

Get yours early - This party always sells out!

Free soft drinks, water, set-ups and snacks

**--- BYOB and BEER ---**



- Friday 7:00 pm \*Sandwiches- Late night coffee & doughnuts - 50/50 drawing
- Saturday 11:00 am \*Shag workshop - Pizza served following the workshop
- 6:30 pm \*Catered Buffet Dinner
- 11:00 pm \*50/50 drawing - Late Night Dancing

**Reservations:** *Microtel Inn & Suites/Eisenhower Drive*, Beckley, 3 miles from the Hangar and is 100% non-smoking. 304-255-2200. Shag Club Rate - Single \$59.99, Double \$64.99, Suite \$69.99.

**Reservations:** *Sleep Inn/Beaver* \$70/night - Shag Club Rate - 304-255-4222

The Sleep Inn is located 1 mile from the Hangar (Room requests kings, non-smoking, etc. are limited due to the size of the Sleep Inn).

\*Shuttle Service to and from hotels Friday & Saturday nights\*

Send check to: Beckley Area Shag Club, P.O. Box 395, Beckley, WV 25802

Tickets will not be mailed so please fill out the form below completely and return with your check. We will verify receipt of your check and add your name to the master list for the Hangar Party.

Contact: Karen Callahan @ 304-228-3757 email: [shagbasc@suddenlink.net](mailto:shagbasc@suddenlink.net) [www.beckleyshagclub.com](http://www.beckleyshagclub.com)

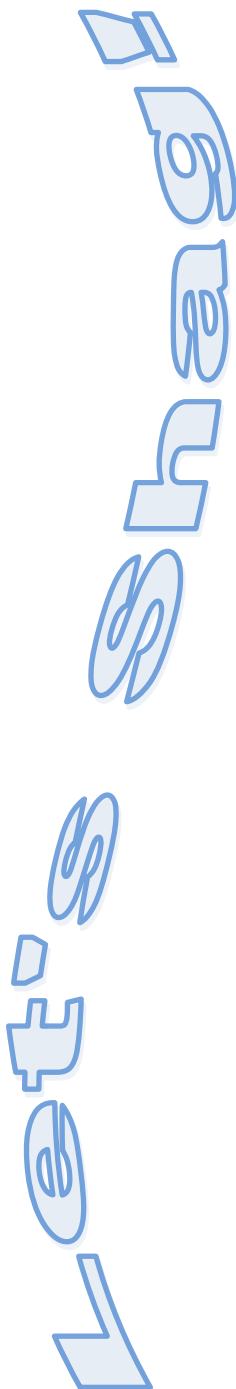
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MBW 2016 **Tickets are non refundable but may be transferred**

Name(s) \_\_\_\_\_

Shag Club \_\_\_\_\_

Address \_\_\_\_\_

e-mail address: \_\_\_\_\_





## Irish Humor

Irish logic:

Murphy dropped dead the moment he arrived home from a vacation in the tropics.

He was laid out in a coffin for friends and neighbors to pay their last respects.

"He's got a great tan," Mrs. Doolan from next door mused. "The holiday did him the world of good."

"And he looks so calm and serene," said Mrs. McGuiness.

"That's because he died in his sleep," explained Mrs. Murphy, "and he doesn't know he's dead yet," Doc O'leary says not to get me hopes up though, cause when he wakes up, the shock will likely kill him.

\*\*\*\*\*

Into a Belfast pub comes Paddy Murphy, looking like he'd just been run over by a train. His arm is in a sling, his nose is broken, his face is cut and bruised and he's walking with a limp.

"What happened to you?" asks Sean, the bartender.

"Jamie O'Conner and me had a fight," says Paddy.

That little shit, O'Conner," says Sean, "He couldn't do that to you. He must have had something in his hand."

"That he did," says Paddy, "a shovel is what he had, and a terrible lickin' he gave me with it."

"Well," says Sean, "you should have defended yourself. "Didn't you have something in your hand?"

"That I did," said Paddy. "Mrs. O'Conner's breast, and a thing of beauty it was, but useless in a fight."

\*\*\*\*\*

Mary Clancy goes up to Father O'Grady after his Sunday morning service, and she's in tears.

He says, "So what's bothering you, Mary, my dear?"

She says, "Oh, Father, I've got terrible news. My husband passed away last night."

The priest says, "Oh, Mary, that's terrible. Tell me, Mary, did he have any last requests?"

She says, "That he did, Father."

The priest says, "What did he ask, Mary?"

She says, "He said, 'Please Mary, put down that damn gun!'"

\*\*\*\*\*

A drunk staggers into a Catholic Church and enters a confessional booth, sits down, but says nothing.

The Priest coughs a few times to get his attention but the drunk continues to sit there. Finally, the Priest pounds three times on the wall.

The drunk mumbles, "Ain't no use knockin, there ain't no paper on this side either!"

\*\*\*\*\*





Happy St.Patrick's Day !

## More Irish Humor

### THE IRISH CHRISTENING

Paddy's pregnant sister was in a terrible car accident and went into a deep coma. After being in a coma for nearly six months, she woke up and saw that she was no longer pregnant. Frantically she asked the doctor about her baby. The doctor replied, "You had twins, a boy and a girl. The babies are fine. However they were poorly at birth and had to be christened immediately, so your brother Paddy came in and named them."

The woman thought to herself, 'Oh suffering Jesus no; not me brother. He's a clueless idiot! '

Expecting the worst, she asked the doctor, "Well, what's my daughter's name?"

"Denise." said the doctor.

The new mother was somewhat relieved and thought to self, 'Wow, that's a really beautiful name. I guess I was wrong about my brother. I really like Denise.'

Then she asked, "What's the boy's name?"

The doctor replied: "Denephew."

\*\*\*\*\*

### MURPHY THE IRISH PAINTER....

A painter by the name of Murphy, while not a brilliant scholar, was a gifted portrait artist.

Over a short number of years, his fame grew and soon people from all over Ireland were coming to the town of Miltown Malbay, in County Clare, to get him to paint their likenesses.

One day, a beautiful young English woman arrived at his house in a stretch limo and asked if he would paint her in the nude. This being the first time anyone had made such a request he was a bit perturbed, particularly when the woman told him that money was no object; in fact, and she was willing to pay up to £10,000.

Not wanting to get into any marital strife, he asked her to wait while he went into the house to confer with Mary, his wife. They talked much about the rightness and wrongness of it. It was hard to make the decision but finally his wife agreed, on one condition.

In a few minutes he returned. "It would be me pleasure to paint yer portrait, missus," he said. "The wife says it's okay. "I'll paint you in the nude all right; but I have to at least leave me socks on, so I have a place to wipe me brushes."

\*\*\*\*\*

The mother-in-law arrives home from shopping to find her son-in-law, Paddy, in a steaming rage and hurriedly packing his suitcase.

"What happened Paddy?" she asks anxiously.

"What happened? I'll tell you what happened! I sent an email to my wife telling her I was coming home today from my fishing trip. I get home . . . and guess what I found? Your daughter, my wife, Jean, naked with Joe Murphy in our marital bed! This is unforgivable! The end of our marriage. I'm done. I'm leaving forever!"

"Ah now, calm down, calm down Paddy!" says his mother-in-law. "There is something very odd going on here. Jean would never do such a thing! There must be a simple explanation. I'll go speak to her immediately and find out what happened."

Moments later, the mother-in-law comes back with a big smile.

"Paddy, I told you there must be a simple explanation....."

She never got your email!"



## 2016 Board

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Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat	561-213-3966	webmaster@nvshag.org

## NVSC COMMITTEES/CHAIRS FOR 2016

*	Audit	Fern Siegler
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*	Shag-A-Thon	TBA
*	Dance	Pamela Alfano
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	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)
	Historian	Sherri Wildoner (smwildoner@yahoo.com)
*	Membership	Bonnie Arms (vicepresident@nvshag.org)
*	Music	Fran Mong (franmong@aol.com)
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	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
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	Webmaster	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

### BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE \$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**

**Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.**

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*



General Inquiries: [shaglist@nvshag.org](mailto:shaglist@nvshag.org)  
 Membership: [membership@nvshag.org](mailto:membership@nvshag.org)  
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 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!  
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT  
 "NORTHERN VIRGINIA SHAG  
 CLUB"



### About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm.

**COME JOIN US!**



### Shag Rag

NORTHERN VIRGINIA SHAG CLUB  
 P.O. Box 2298  
 Merrifield, VA 22116

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