



Dedicated to the Preservation of the Carolina Shag and Beach Music

Shag Rag

A Proud Member of:



Volume XXII, No. 1
January 2016

Special points of interest:

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President's Corner

by Sue Young



Sue Young

Another year over, and a new one just begun. So sang John Lennon. I love a new year and 2016 offers new opportunities to make some progress for our membership and in our personal lives. The best news is that Paul and I will become grandparents this year!

I am delighted to be serving as your President for 2016 and looking forward to another great year. One of my goals this year is to increase membership and retain the members we do have. You can help me achieve this goal by introducing yourself to newcomers, ask them to dance, and make them feel welcomed. Try not to dance only with the people you know but dance with someone new and, better yet, with someone of a lower level than you. Remember when you were a beginner dancer? That new beginner dancer might be your favorite person to dance with soon.

We have a super Board of Directors for 2016 and I can't help but expect

great things for our club in the coming year. We thank Christine Werner, who is leaving the board, and welcome new board member Donna Romito.

Our holiday party was a lot of fun. We had a great attendance and it was nice to see some new faces and renew old acquaintances. A big thanks to Emily Maroon and Lois Taylor for all the decorations. I was lucky enough to win a centerpiece. Also thanks to Jason and Jeanne Potter for handling all the drinks and setups and for hauling all our supplies. Thank you to John Romito and Ed Hamer for taking pictures. My thanks to everyone that helped with setup and cleanup as well as to all the people that brought food and a toy for our "Toys for Tots". And in case you were not there, Dave Bushey won the Shagger of the Year award and Angie proudly accepted it for him. Well deserved indeed!

Mark your calendars now for our Pre-Super Bowl party on Saturday, February 6, at Addy's from 4:00 - 8pm. This

was a big hit last year so come join us. Addy's has a great hardwood floor for dancing and they are offering us 10% off all food items.

On February 13, we will have our 19th annual Charlie and Jackie workshops and dance at the American Legion in Vienna. This year we are going to have two workshops starting at 4:15 and 5:30 pm and the dance will begin at 7:00. This is a pot luck event and most likely dinner for most of us so please sign up to bring a heavy hors d'oeuvre or dessert at the Elks on Wednesdays or contact me at susan.young19@yahoo.com and let me know what you would like to bring. We would appreciate more appetizers than desserts. Let's hope it doesn't snow like last year.

Flyers for both of these events are included in this issue of the Shag Rag and on our website.

SOS cards are now available so see Mark Hendrickson for your discounted card. Cost is \$30.

Happy New Year.

General Membership Meeting January 20, 2016.

The list of 2016 NVSC Board Members, Committees and Chairs is provided at the end of this newsletter.



Through the National FastDance Association, our club dance activities are licensed by:



When and Where to Shag



Every Wednesday, 6:30–10:00 pm at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 pm, no partners needed. Buffet dinner on the third Wednesday only, 6:45 - 8:00pm, \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3



January 10th and 24th at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00–8:00 pm; no cover charge.

Thursdays at **Shannon’s Bar & Grille**, Fredericksburg; Battlefield Boogie Club (battlefieldboogieclub.com).

See more upcoming Shag Events on pages 5, 7, and 8

Dance Lessons at the Elks on Wednesdays

DJ Schedule

- 1/6: Craig Jennings
- 1/13: Bill Frostick
- 1/20: Dennis Gehley
- 1/27: Crystal Ashton

Beginner Level Shag Steps

- 1/6—Basic and Female Turn
- 1/13—Basic and Start
- 1/20—Basic and Male Turn
- 1/27—Basic, Half Turn, Triple Basic

Intermediate Level Shag Steps

- 1/6—Crossover Basic (from Male & Female Turns)
- 1/13—Behind Sailor and Side Pass
- 1/20—Hug Pivot and Pivot
- 1/27—Stutter Basic & Kick Basic

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.

Lessons begin at 7:30 pm. Social dancing from before and after lessons to 10:30 pm. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!

News and Announcements

Where do I Get a Copy of the Shag Rag? Go to www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to helloslager@nvshag.org.

Keep Your Membership Information Current Have you moved, changed phone numbers or email Bonnie Arms at bjrwa@verizon.net.

Shag Rag The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at jamesscanlon@me.com.

When and Where to Dance in the Future

- February 6, Pre-Super Bowl Party at Addy's (10820 Balls Ford Road, Manassas, VA 20109; see flyer p. 8)
- 19th Annual Shag Workshop, February 13 at the American Legion in Vienna (see flyer, p. 7)
- Virginia Shaggers Hall of Fame Induction Ceremony, Fredericksburg, VA, March 25 - 27, 2016

NEW MEMBERS

When you have the opportunity, please welcome our new member ...

Diane Randazzo

... who joined NVSC this past month.



January

Barbara Shepler	01/02
Bob Brambilla	01/03
Phyllis Schulte	01/07
Bee Buegler	01/08
David Barna	01/09
Craig Jennings	01/09
David Siegler	01/09
Joe Cook	01/15
Nancy Roop	01/15
Linda Byrd	01/16
Maryann Lesnick	01/16
Jim Scanlon	01/16
Ann West	01/16
Buzz Payne	01/17
Bill Gibson	01/18
Liz Kestler	01/21
Russ Fisher	01/29
John T. Price	01/29

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

- Battlefield Boogie Club, www.battlefieldboogieclub.com
- Boogie On The Bay Shag Club, www.boogieonthebay.com
- Colonial Shag Club (Newport News), www.colonialshagclub.com
- Danville Shag Club, www.danvilleshagclub.com
- Franklin Shag Club, gramelia@yahoo.com
- Lynchburg Shag Club, www.lynchburgshags.com
- Richmond Shag Club, www.richmondshagclub.org
- Roanoke Valley Shag Club, www.rvsc.memberlodge.com
- Virginia Beach Shag Club, www.vbshagclub.com

A Farewell to Janis and Steve

By Patricia Parrott

It was nice to see the recognition given Janis Grimes at her final hosting of shag at JW's on Sunday, November 8, before she and husband, Steve Booth, departed for their new home, new life, and new opportunity in Richmond.

I've known Janis since before Steve knew her. Since before most of you readers knew her. Since the early 90's when the club was a small band of wannabe's learning to shag at the Juke Box and at Blackie's in Springfield. I'm the perfect one to speak of her ongoing promotion of shag and beach music for you, for me, for the Shag Club, and its entire membership.

I truly believe that if not for Janis embracing the dance and beach music as she did back then, we would not be dancing shag in its true form as we are today. The club would not be fully what it is today. The junior program would not have been as vibrant as it was.

Both directly and indirectly, it was Janis, in the early 90's, who helped to bring notice of shag and beach music to the local swing and hand dance community. First, a few shag dancers came from VA Beach to Craig Hutchinson's annual VA State Open.

In the years that followed, more came from VA Beach, Susie Beaver and crew came from NC, and Craig invited VA Beach DeeJay, Rock Scarlo, to play music for the event. I remember how excited everyone was. Craig hosted a special evening event just for shag dancers.

It was Janis and her partner, Chris Meyer, and Rick and Libby Hendrix who first danced in the VA State Open, not with a motive to win, but to officially introduce a shag division to the local dance community. Rick and Libby placed 1st, Janis and Chris placed 2nd.

At Janis's encouragement, others came and shag grew in Northern VA. Brent Key and Shea Carver entered the VA State Open shag division and won overall, winning a free trip to the US Open in California, where they won again!

In later years at the VA State Open we saw Michael Norris and Nikki Kontoulis, and Sam West. Craig, or Hutch as he was often called, also added a Junior division, where our own local Kari Jones and her partner, Brennar Goree, won a free trip to the US Open.

It was Janis who agreed to be the club's first Shag Rag editor. Money was scarce in those days, yet the club managed postal delivery. Those newsletters were read, reread, and saved in a file. Dancers from all over joined the club so they could get the newsletter. One or two select articles were republished in the Myrtle Beach SOS Carefree Times.

The newsletter was personal, humorous, entertaining, informative, and of course, it promoted shag and beach music to the max.

It was Janis's pure love of the dance and its music that took her up and down the road for years between home and the Carolina's to learn shag in its true form from Susie Beaver in High Point, NC. This, I am sure, contributed to it maintaining its true form locally, today and for all these years.

It was Janis who chaired the Dance Committee formed for the purpose of providing free dance lessons to the membership. She chaired it for six years during which time she, along with member, Chris Pax, taught the instructors and produced an instruction manual. This, too, contributed to shag adhering to its true form. It led to many prominent out of town instructors coming here to teach workshops, i.e., Sonny and Judy Carver, Jackie & Charlie, Brent Key and Shea Carver, Sam and Sara West, Judy Duke, Jimmy & Cameron Caruso, Rick and Maureen Little, and Susie Beaver, to name a few.

It was Janis who taught shag lessons, both in her home for many years; and as offered by Fairfax County for 18 years, bringing in a steady stream of new club members.

As the Northern VA Shag club grew to attract the attention of other clubs and of the Association of Carolina Shag Clubs, Marc Fisher and Judy Collins produced a CD of beach music they called, "Blues On the Loose." It featured Janis dancing with Dan Shames on the front and back cover. It did not get the Cammy it was nominated for, but the music is still popular, and it remains an all-time favorite of mine.

Continued on next page...

A Farewell to Janis and Steve cont'd

Yes, it was Janis who wanted to give shag dancers an opportunity to dance on weekends. She started doing this at the Vienna Grill, moved around to other places, including Rene's, and culminated in the Sunday afternoon dancing we enjoy at JW's - and which Crystal promises to continue, for a while.

It was Janis who brought greater acclaim to this young and growing, northernmost shag club with its beginnings as a small band of 15 when, in 2000, she was the first local member to be inducted into the VA Shaggers Hall of Fame. The following year, her dedication was again recognized and she was inducted into the National Living Legends of Dance.

I've always had a good time when Janis was present. I've enjoyed being a recipient of her efforts to preserve shag at its best. I marvel at her ability to switch male and female leads when dancing or teaching.

I'm grateful for her editing and writing skill and support in preserving in book form the history of the club in the 90's. I'm aware of the effort she has quietly maintained to keep Carolina Shag and Beach Music ongoing and available for herself, for me, you, others, and for the club!



Private Lessons with Charlie Womble and Jackie McGee

Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private Carolina Shag lessons on Feb. 12 & 14, 2016 at David & Jerry Rodgers' house in Fairfax Station.

SIGN UP NOW for private dance lessons with Charlie & Jackie by e-mail at rodgersd3@cox.net or call David at (703) 239-8978 to put your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00/hour lesson with Charlie **and** Jackie, and \$60.00/ hour lesson with Charlie **or** Jackie.

"LADIES ONLY"

Footwork Lessons with Jackie McGee

Jackie McGee has agreed to teach two **SMALL GROUP** lessons for women only on footwork for ladies when she and Charlie are visiting with NVSC in February 2016 IF **ENOUGH LADIES SIGN UP FOR THE LESSONS**. These lessons will be taught at David & Jerry Rodgers' home in Fairfax Station, VA from 2:00 -3:00 PM and from 3:00-4:00 PM on Sunday February 14, 2016.

The first ladies only lesson (2:00-3:00 PM) will be taught for intermediate/advanced level dancers. The second ladies only lesson (3:00-4:00 PM) will be taught for beginner/ novice level dancers. Due to the size of the dance floor available for these lessons, only a limited number (7) will be allowed to attend each ladies only lesson. Sign-up will be taken on a "first come, first served" basis. Cost of these "Ladies Only" lessons will be \$15.00/person. Contact David Rodgers by e-mail at rodgersd3@cox.net or call David Rodgers at (703) 239-8978 to put your name on the list.

Advertise Your Business in the Shag Rag!
CONTACT Sue Young at suey@theaeap.com for details.

Come Dance with Me

Private and Group
Lessons in Carolina Shag

With
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Call or e-mail David
703-239-8978
rodgersd3@cox.net

Dennis Gehley

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Humor

Son: Dad, I want to get married.

Father: First, tell me you're sorry.

Son: For what?

Father: Say sorry.

Son: But for what? What did I do?

Father: Just say sorry.

Son: But . . . what have I done wrong?

Father: Say sorry.

Son: Please, just tell me why?!

Father: Say sorry . . .

Son: OK, Dad . . . I'm sorry.

Father: There! You've finished training. When you learn to say sorry for no reason at all, then you're ready to get married!



Recipe

Herbed Salmon Ball

1 can (14 2/3 oz.) Salmon
 1 Package (8 oz.) Cream Cheese
 1 clove garlic, pressed
 1/2 cup small curd cottage cheese
 1/4 cup minced onion

1 teaspoon fine herbs, crumbled
 1/2 teaspoon thyme, crumbled
 1 cup chopped parsley
 1/2 cup chopped walnuts
 Crackers

Drain salmon. Remove skin, if desired. Mash bones. Combine cream cheese, garlic, cottage cheese, onion, fine herbs and thyme until well blended. Stir in salmon to blend. Chill 3 hours. Mixture will be soft. Roll in parsley and walnuts. Serve with crackers.

Note: This can also be used for sandwiches.



The Adventures of Ziggy Aloebaum

It was a Friday night at SOS. I entered Ducks showing my yearly card and obvious hunger for a sensual shagger. To my surprise, there she was, just off the dance floor, jiggling like a wind chime in a hurricane. She emitted an aura of redneck intrigue, sort of trailerish with a whiff of concentrated Jack Daniels. I motioned to her with a wink, raised eyebrow and an aura of male look-at-me in my black floppy slacks, white shirt with rolled up sleeves, gold neck-chain, pierced left-ear cubic zirconia stud, and an Elvis Presley wig from Walmart. She immediately responded with a slithering style of stride that made the blue pills in my pocket sound like a rattlesnake. As she took my extended left hand in hers I pulled her to me and realized that she had previously seduced Jack Daniels more than once. Her knees collapsed, turning her body into a virtual sack of potatoes. Being an expert shagger, I gave her the "I must get you back to your barstool lead" in classic six-count style that would have made my intermediate lesson instructor (you know him) proud. She thanked me with a deep breath that caused my nostrils to panic, cutting off the air to my lungs until I could finally inhale the ocean air on my way to Fat Harold's and another challenging experience.

The Northern Virginia Shag Club Presents
Our 19th Annual Shag
Workshop and Party

with Pro Shaggers



Charlie Womble & Jackie McGee

Join us for a fun day of workshops followed by
 an evening dance with Charlie and Jackie!

Music by Larry Black and Jerry Hardy

Saturday
February 13,
2016

SCHEDULE OF EVENTS

- 4:15 – 5:15pm – Workshop 1: Get Your Dance On
 With Easy Combinations
- 5:30 – 6:30pm – Workshop 2: Step It Up with Male/
 Female Combos
- 7:00 – 11:00pm – Saturday Night Dance

WORKSHOPS:

\$10 each for NVSC members
 \$15 each for non-members

SATURDAY NIGHT DANCE:

\$20 NVSC Members/\$25 non-members
Under 21 free to both events

Potluck Heavy Hors 'd Oeuvres.
 Beer and wine available for purchase. NO BYOB.

★ Please sign up to bring an appetizer or dessert
 at the Elk's on Wednesdays.

LOCATION:

American Legion Post 180
 The Patriot Hall
 330 North Center St, Vienna, VA 22180

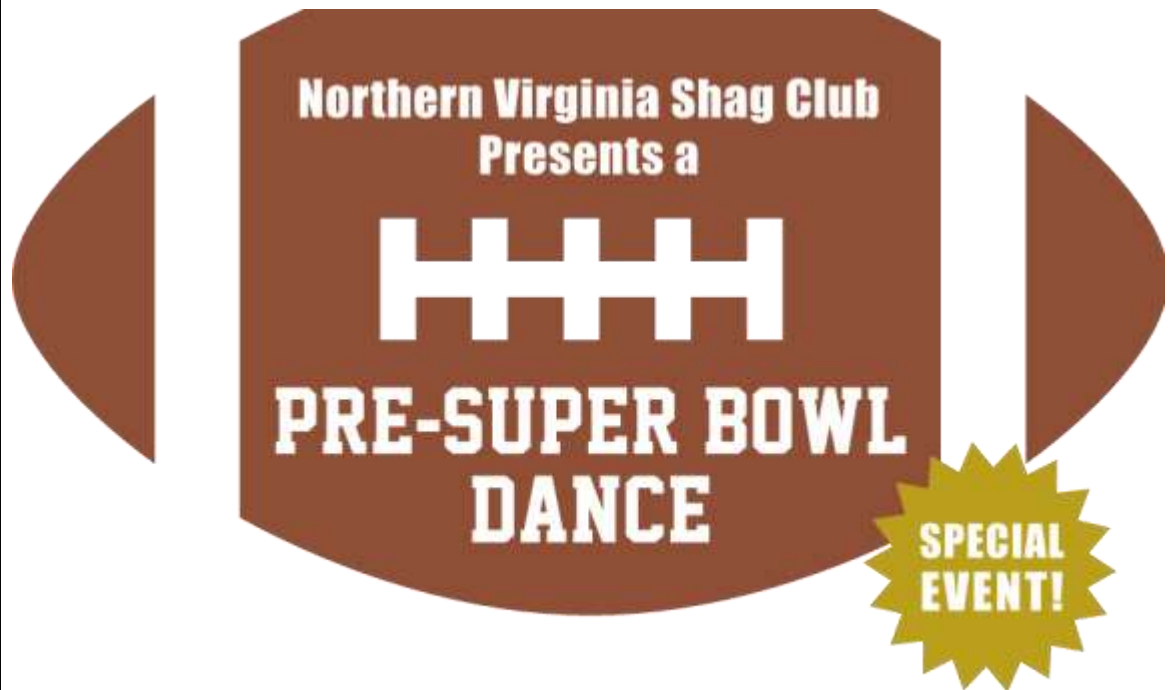
DIRECTIONS from the East:

Take I-66 W to Exit 62 to merge onto VA-243
 N/Nutley Street toward Vienna. Turn right
 onto Maple Ave W/VA-123 N. Go approx.
 1 mile and turn left onto Center Street N.
 Go through two 4-way stops approx. 0.5
 miles and American Legion will be on the
 left. Take the second entrance that says
 American Legion Parking. The Patriot Hall
 is on the upper level of the building.

From the West: Take I-66 E and follow
 above.

Private lessons with Charlie and Jackie are available. Please contact David Rodgers
 at 703-239-8978 or email rodgersd3@cox.net to make arrangements.

Questions? Contact Sue Young at susan.young19@yahoo.com.



SATURDAY, FEBRUARY 6, 2016
4:00 PM - 8:00 PM
ADMISSION: FREE

LOCATION:

Addy's Restaurant Lounge/Bar
BEST WESTERN Battlefield Inn
10820 Balls Ford Road
Manassas, VA 20109
703.361.8000

Large wooden dance floor.
Full menu and cash bar available.
10% discount off on all food.

From I-95 North:

Take Exit 152 to Route 234 North - stay on 234 bypass (approx. 20 miles), turn right on Balls Ford Road in 1.7 miles the BEST WESTERN Battlefield Inn is on your left.

From Route 234/I-66 West:

Take Exit 47A to the BEST WESTERN Battlefield Inn on the right.

From I-66 East:

Take Exit 47A to the BEST WESTERN Battlefield Inn on the right.

COME ONE, COME ALL TO OUR PRE-SUPER BOWL PARTY!
Join us for a fun evening.

Questions? Contact Sue Young at susan.young19@yahoo.com

2016 Board

President	Sue Young	703-573-6870	president@nvshag.org
Vice President	Bonnie Arms	703-819-9654	vicepresident@nvshag.org
Secretary	Donna Romito	703-971-1618	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-282-1033	treasurer@nvshag.org
Director-at-large	Jason Potter	703-220-6697	jasonpotter2@msn.com
Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat	561-213-3966	webmaster@nvshag.org

NVSC COMMITTEES/CHAIRS FOR 2016

*	Audit	Fern Siegler
	Capital Shag Classic	Jeanne and Jason Potter
*	Shag-A-Thon	TBA
*	Dance	Pamela Alfano
	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)
	Historian	Sherri Wildoner (smwildoner@yahoo.com)
*	Membership	Bonnie Arms (vicepresident@nvshag.org)
*	Music	Fran Mong (franmong@aol.com)
	Newsletter Editor	Jim Scanlon (jamesscanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook, Jack Jones
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Webmaster	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE \$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**

Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."



General Inquiries: shaglist@nvshag.org
 Membership: membership@nvshag.org
 Webmaster: webmaster@nvshag.org
 Hello Shagger: helloslagger@nvshag.org

**Dedicated to the Preservation
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT
 "NORTHERN VIRGINIA SHAG
 CLUB"



About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 pm. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:00 pm.

COME JOIN US!



Shag Rag

NORTHERN VIRGINIA SHAG CLUB
 P.O. Box 2298
 Merrifield, VA 22116

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 NorthernVirginiaShagClub/](https://www.facebook.com/NorthernVirginiaShagClub/)