



*Dedicated to the Preservation of the Carolina Shag and Beach Music*

A Proud Member of:



# Shag Rag



Sue Young

## President's Corner

by Sue Young

Volume XX1, No. 9  
September 2015

Can you believe summer is almost over? But the good news is it's time for SOS Fall Migration. It begins Friday, September 18th and continues until Sunday, September 27th. To me that's when summer officially ends. If you are going to SOS you won't want to miss our Fat Harold's back room party on Tuesday, September 22nd from 3:00 - 5:00 pm. If you don't know what SOS is all about, it's the best 10 day party you will ever experience. If you have never gone, you might want to consider it. There will also be a Virginia Shag Clubs Free Pour on Friday, September 25th, from 1:00 - 4:00 pm at Ducks. As always, SOS will be a great time for meeting new friends and catching up with old ones.

For those members who are not going to SOS, there will be a left behind party on Wednesday, September 23rd at the Elks. Free drink tickets at all three events for members only so make sure your membership is current.

We are having a summer blowout sale on our ACSC/ Capital Classic t-shirts. All t-shirts are now only

\$5.00. Contact Bonnie Arms at secretary@nvshag.org to order yours today. A big Congratulations to Vaughn Royal and Cathy Metcalf who have earned their way into the Pro Division of the Competitive Shaggers Association after getting their third win in the Novice Division last month at a CSA contest in Fayetteville, NC. Way to go guys!

Congratulations also goes out to Chuck Duymick and Sherri Wildoner for taking 5th in the Amateur Division. To Joan McKinney and her partner Tom Edwards (of Smithfield) for winning 6th place in the Pro Division. And to our good friend Jewell Pradier and her partner Larry Herbert (of Richmond) for taking 2nd place in the newcomer division

If you want to learn more about the Competitive Shaggers Association check out their website at [www.competitiveshaggers.org/](http://www.competitiveshaggers.org/)

I am happy to announce that NVSC members Joey and Bernadine Fanini (PA) and former NVSC member Ron Maierhofer (SC) will be inducted into the

National Living Legends of Dance Star Award Class of 2015. The induction ceremony will be held October 30-31, in Virginia Beach, VA, at the Double Tree Inn. Reservations may be made by calling 757-422-8900. Congratulations to all of you as well.

The Elks Lodge has requested we end our Wednesday dances at 10:15 and be out by 10:30 pm. So we are now ending our dances by 10:15 pm.

Believe it or not, the 2016 Board of Directors Annual Election is coming up in November! If you would like to get more involved in the club and make more friends, then consider running for office. I believe that members will enjoy their membership the more involved they become. Let this be the year you volunteer!

See you on Main Street. Save me a dance.

**Invite your friends and neighbors to join the club! Teach them to shag and have some fun!!**

### Special points of interest:

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- ◆ ACSC Thanks (page 5)
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Through the National FastDance Association, our club dance activities are licensed by:



## When and Where to Shag



Every Wednesday, 6:30 – 10:15 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3



**September 13th and 27th** at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge.

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; **Battlefield Boogie Club** ([battlefieldboogieclub.com](http://battlefieldboogieclub.com))

## Dance Lessons at the Elks on Wednesdays

### DJ Schedule

- 9/2: Craig Jennings
- 9/9: Bill Frostick
- 9/16: Dennis Gehley
- 9/23: Crystal Ashton
- 9/30: Guest DJ—to be announced

### Beginner Level Shag Steps

- 9/2—Basic and Female Turn
- 9/9—Basic and Start
- 9/16—Basic and Male Turn
- 9/23—Basic, Half Turn, Triple Basic

### Intermediate Level Shag Steps

- 9/2—Crossover Basic from Male & Female Turns
- 9/9—Behind Sailor & Side Pass
- 9/16—Applejack
- 9/23—Stutter Basic & Kick Basic

9/30—To be announced

**Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.**

**Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:15 p.m. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!**

## News and Announcements

**Where do I Get a Copy of the Shag Rag?** Go to [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

**Hello Shagger Emails** Are you getting the Hello Shagger e-mails? If not, visit our website at [www.nvshag.org](http://www.nvshag.org). On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

**Hello Shagger Input** Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to [helloslagger@nvshag.org](mailto:helloslagger@nvshag.org).

**Keep Your Membership Information Current** Have you moved, changed phone numbers or email Bonnie Arms at [bjrwa@verizon.net](mailto:bjrwa@verizon.net).

**Shag Rag** The deadline for *Shag Rag* input is the 25<sup>th</sup> of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at [jamesscanlon@me.com](mailto:jamesscanlon@me.com).

### NEW MEMBERS

*When you have the opportunity, please welcome our new members ...*

**Kathy Smith**

**Ramona Womack**

*... who joined NVSC this past month.*

### When and Where to Dance in the Future

**September 25th: Free Pour at Ducks**

**(See flier, page 6)**

### Other ACSC Virginia Shag Clubs

*Visit the club websites for venues and schedules.*

Battlefield Boogie Club, [www.battlefieldboogieclub.com](http://www.battlefieldboogieclub.com)

Boogie On The Bay Shag Club, [www.boogieonthebay.com](http://www.boogieonthebay.com)

Colonial Shag Club (Newport News), [www.colonialshagclub.com](http://www.colonialshagclub.com)

Danville Shag Club, [www.danvilleshagclub.com](http://www.danvilleshagclub.com)

Franklin Shag Club, [gramelia@yahoo.com](mailto:gramelia@yahoo.com)

Lynchburg Shag Club, [www.lynchburgshags.com](http://www.lynchburgshags.com)

Richmond Shag Club, [www.richmondshagclub.org](http://www.richmondshagclub.org)

Roanoke Valley Shag Club, [www.rvsc.memberlodge.com](http://www.rvsc.memberlodge.com)

Virginia Beach Shag Club, [www.vbshagclub.com](http://www.vbshagclub.com)



## September

Ernie Garcia	09/02
Joan Irej	09/02
Susan Swanson-Cooper	09/03
Bill Collins	09/05
Debra Parrish	09/05
Ed Mixon	09/07
Mary Taylor	09/07
Abby Bookhultz	09/09
Pamela Hamer	09/12
Sharon Geyer	09/13
Pete Campbell	09/14
Bonnie G. Camp	09/16
Marian (Nancy) Cox	09/18
John Dever	09/18
Ron Warner	09/19
Audrey Borja	09/21
Glenn Materia	09/21
Ralph Tedesco	09/21
Warren Maslar	09/22
Don Szyszka	09/24
Lorraine Rohlik	09/26
Edward Land	09/27
Bonnie Arms	09/28
Wes Kirchner	09/28
Kyle Lemoi	09/28
Carolyn Payne	09/29
Kristin Stone	09/29
Anne Wish	09/29
Mary Ann Davis	09/30

## A Message from Angie Bushey

Folks --

As some of you recall, our Wedding Party was open to all of the Northern Virginia Shag Club, and this remembrance for Dave is also. This invitation extends to your spouses, or SO's, and if you know of someone that would like to be included in the remembrance, please let them know, (and to respond to me if they can attend) and to let me know of their contact information (I'm struggling to find Dave's friends info!).

Please join me for a

### "Gathering" for David Bushey

**Saturday, September 12, 2015**

**2:00pm - 5:00pm**

**Lorton Workhouse Art Gallery**

**Main Building W-16**

**9518 Workhouse Way**

**McGuire Woods Gallery, Lorton, VA**

Dave asked that he be remembered with laughter, smiles, stories and a glass raised to *The Good Times*, so we're calling this a "**Roast and Toast**" to him. It's a 'drop-in' event, so folks will be free to come and go without feeling bound to remain the entire time.

However, I am asking for responses [RSVP] so there will be at least "general numbers" for food and beverage for the caterer.

[Please respond directly to me: [AngelaAbushey@yahoo.com](mailto:AngelaAbushey@yahoo.com)]

Thank you, and look forward to seeing you on the 12th,

Angie Bushey

### Editor's Note: We miss you Dave





**A Thank You Note from Ashley and Tobitha About our ACSC Event**

Karla Anderson  
 Janicee Batten  
 Noelle  
 J. Thomas Butler IV  
 Adruana  
 Jerry W.  
 Karen Ellis  
 Karla M. Rier Harmon  
 Kelsey Laughlin  
 Lili Pittor  
 Mary Elizabeth Jacob  
 Wilen Fields

NUSC,

The club should be commended on a fantastic job with hosting the 2015 ACSC Summer Workshop! Tobitha & I had a tremendous time once again and we were very happy to be able to step in and teach the workshops this year! We appreciate your vote of confidence and I should say we were very proud of the way the weekend was organized and put together! You all should be very proud of yourselves and as always, we look forward to seeing you all very soon!!!

See you soon,  
 Ashley & Tobitha

### NVSC Member Shag Accomplishments

Congratulations to Vaughn Royal and Cathy Metcalf who have earned their way into the Pro Division of the Competitive Shaggers Association, after getting their third win in the Novice Division this past weekend at a CSA contest in Fayetteville, NC.

Other NVSC members also placed: Jewell Pradier and her partner Larry Herbert (of Richmond), second in the Newcomer Division. Chuck Duymick and Sherri Wildoner, 5th in the Amateur Division. Joan McKinney and her partner Tom Edwards (of Smithfield), 6th in the Pro Division.

### And a Note of Appreciation from Kathy and Vaughn

When we participated in our first dance contest about 11 years ago, we *wanted* to someday reach Pro status, but never in our rational minds *expected* it to happen. Since then, always present have been the support and encouragement of our NVSC friends. We thank you for believing in us and for celebrating this milestone with us with your extraordinarily kind words and congratulations.

**Cathy and Vaughn**



SOS Free Pour

### Virginia Shag Clubs Free Pour!!!

Fall SOS 2015, Friday, September 25th 1-4pm at Ducks

Come PARTY with all your friends from the commonwealth!!!

Participating VA clubs include:

- Richmond Shag Club
- Virginia Beach Shag Club
- Northern Virginia Shag Club
- Colonial Shag Club
- Boogie On The Bay
- Roanoke Valley Shag Club
- Battlefield Boogie Club

Music provided by various Virginia DJs



Food provided by Ducks at 1:30pm

\* Drink tickets only good until Free Pour money runs out. Tickets do not guarantee drinks

## Humor

The owner and bartender at a local bar in Dallas was so sure that he was the strongest man around that he offered a standing \$1000 bet.

The bartender would squeeze a lemon until all the juice ran into a glass, and then hand the lemon to the patron.

Anyone who could squeeze two more drops of juice out of it would win the money.

Many people had tried over the years . . . weightlifters, ranchers, loggers, bikers, longshoremen, etc., but nobody had ever been able to do it.

One day, this scrawny little fellow wearing thick glasses and a polyester suit came into the bar. He sat down, ordered a glass of draft and started looking around the bar. After reading the sign on the wall about the lemon challenge, he said in a small voice: "I was just reading your sign, and I'd like to try the bet."

After the laughter had died down, the bartender said. "Ok" He grabbed a lemon and squeezed the heck out of it . . . then handed the wrinkled remains of the rind to the little fellow.

But the Crowd's laughter turned to total silence as the man clenched his little fist around the lemon . . . and six drops fell into the glass.

As the crowd cheered, the bartender paid the guy his \$1000, and then asked little man: "Do you mind if I ask what do you do for a living? Are you a roughneck, a weight-lifter, or what?"

The little fellow quietly replied: "I work for the IRS."



## Recipe

### PASTE DI OLIVE

- 6-ounce can pitted small black olives
- 8 ounces Kalamata olives, pitted
- 3 cloves garlic
- 1/4-cup cooking olive oil
- Fresh ground pepper to taste
- 1 teaspoon dried oregano

Combine pitted olives in a food processor and finely chop into a coarse past-like consistency. In a sauté pan, lightly brown garlic in olive oil over medium-low heat. Discard garlic. Let oil cool. By hand, mix the puréed olives, garlic-flavored olive oil, pepper and oregano together. Top off the paste with a thin layer of extra virgin olive oil and store in refrigerator in a tightly covered container. Allow it to mellow for one week (if you can wait). It will keep in refrigerator for up to three weeks. Serve it at room temperature on lightly-toasted baguette slices.

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Business in the  
Shag Rag!  
CONTACT  
Sue Young at  
suey@theaeap.com  
for details.**


**Send your opinions,  
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humor to the Shag  
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Scanlon,  
jamesscanlon@me.  
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## And Now, From the Other Half of Last Month's Photo

...

### A discussion with Fran Mong about how she became a Shagger

"A friend invited me to come to the beach for a few days. She said we could hang out on the beach all day and dance all night! That sounded too good to be true, but I accepted her invitation and before I knew it I was on my way to SOS at North Myrtle Beach . . . and I didn't have a clue as to what shag dancing was about. I will never forget my first evening at SOS, we fought our way through the crowd to get to the dance floor at Fat Harold's, and when I saw the dancers on the floor I was mesmerized. I came back from the trip and made my first visit to the Northern Virginia Shag Club, which was meeting at that time at Rene's in Fairfax. I took my first dance lesson with Larry Boyer and, as those of you who are familiar with Larry's teaching method know, he taught us the Basic and perhaps the Start. I don't recall just now, but we did the steps over and over until the end of the class. I loved every minute of it and couldn't wait to come back. The following week I was in the beginners area before any others, waiting for the class to start.

I continued to show up religiously in the following weeks and when a friend mentioned that there was a club instructor who offered private lessons, I couldn't sign up fast enough. I started lessons with David Rogers and told him that all I really wanted to learn was to follow a partner by the time I went SOS in April. David assured me that was possible and he was absolutely right. That was 10 years ago this month, and I haven't missed an SOS since. And when I'm not trying to lead, I can actually follow.

It hardly seems like any time has passed since I first joined NVSC. Initially, all I wanted to do was learn to dance; it has been life altering in so many ways. I discovered that there are more creative, clever, kind, talented, generous, funny people in the shag club than I could ever have imagined; many of them have become near and very dear friends.

As a club member I've worked on many of our special events and have been fortunate enough to have worked with some of the best people and hardest workers I have ever known. I've taken road trips to other clubs with my NVSC "peeps", met many fun people, danced my feet off and made wonderful memories.

It has also been my honor and great privilege to become a member of the dance committee and have the opportunity to teach the dance to people who walked in the door a bit apprehensive . . . "just to take a lesson" . . . and who, over time, became polished dancers with powerful pivots and brilliant boogie walks, and left us all feeling that we had accomplished something special. As an instructor, I have to say that there is absolutely nothing quite as rewarding as seeing a dancer "bloom."

I have always loved to dance. I come to our Wednesday night shag dance after a difficult day at work, the music begins, my feet start to move and I'm instantly transported to my happy place. For me, it just doesn't get any better than that.





## 2015 Board

President	Sue Young	571-340-0043	president@nvshag.org
Vice President	Jason Potter	703-220-6697	vicepresident@nvshag.org
Secretary	Bonnie Arms	703-819-9654	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-282-1033	treasurer@nvshag.org
Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat		webmaster@nvshag.org
Director-at-large	Christine Werner		Fleur15@verizon.net

## NVSC COMMITTEES/CHAIRS FOR 2015

*	Audit	Fern Siegler
	Capital Classic	Dave Bushey, Marcia Conway
*	Shag-A-Thon	TBA
*	Dance	Pamela Alfano
	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)
	Co-Historians	Sherri Wildoner, Ken Morford and Dennis Gehley
*	Membership	Bonnie Arms
*	Music	Fran Mong
	Newsletter Editor	Jim Scanlon (jamescanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook and Jack Jones.
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Web Site	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

### BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE\$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**

**Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the [www.nvshag.org](http://www.nvshag.org) website, or you may request copy(s) from the Club Secretary.**

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*



General Inquiries: [shaglist@nvshag.org](mailto:shaglist@nvshag.org)  
 Membership: [membership@nvshag.org](mailto:membership@nvshag.org)  
 Webmaster: [webmaster@nvshag.org](mailto:webmaster@nvshag.org)  
 Hello Shagger: [helloshagger@nvshag.org](mailto:helloshagger@nvshag.org)

**Dedicated to the Preservation  
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!  
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT  
 "NORTHERN VIRGINIA SHAG  
 CLUB"

### ***About Our Organization...***

**Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:**

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

**Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:15 p.m.**

**COME JOIN US!**



### **Shag Rag**

NORTHERN VIRGINIA SHAG CLUB  
 P.O. Box 2298  
 Merrifield, VA 22116