



Dedicated to the Preservation of the Carolina Shag and Beach Music

Shag Rag

A Proud Member of:



Volume XX1, No. 6
June 2015

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President's Corner

by Sue Young



Sue Young

How is it June already? In just a couple weeks, summer will officially have arrived. Time for outdoor concerts, beach trips, cookouts and warmer months ahead. What else do we have to look forward to this summer? Well, our Capital Shag Classic/2015 ACSC Summer Workshop of course.

We are in full planning mode and boy do we have a good one in store for you. This year is the first time we have ever hosted the 2015 ACSC Workshop and that just means this will be the largest park-n-party we have ever had. There is going to be six DJs, two FREE Pours, Free Appetizers, Seated Dinner, Dance Lessons with Pro Shaggers Brennar Goree and Autumn Jones, lots of great entertainment and of course we get to dance, dance, dance. All included in one ticket price. If you don't want to miss a good party weekend, sign up now!

The Event will be held at the Hyatt Dulles from Friday July 10th until Noon on Sunday July

12th. We also have a kickoff party lined up on Thursday July 9th so stay tuned for more info on that. Sound like fun? You just have to come and experience it to believe it. So get your tickets NOW before the price goes up on June 18th and make plans to attend because this will be the BEST party weekend of the year.

We still need items for the silent auction so if you can donate something please bring it to the Elks on Wednesdays. Donation items include gift certificates, artwork, jewelry, gift baskets, home and garden items just to name a few. We would appreciate any donation.

We also need donations for our Basket of Cheer so please help us out by bringing in a bottle of liquor or wine to the Elks on Wednesdays.

We had another successful gathering at the Saturday Social last month at Addy's. What a great dance floor and what a swinging crowd!! Thanks to everyone who came out, and we will do it again soon.

Last month, Cathy Metcalf and Vaughn Royal competed in the Grand National Dance Competition held in Atlanta, GA and placed 5th in the Non-Professional Carolina Classic Division. Congratulations to you both. Craig and Heather Jennings have been sponsors of the non-professional Carolina Classic Division for the past three years and Craig was invited back for the second time to DJ at the event. That is quite an honor so way to go Craig.

Also worth mentioning is that members Pat Cote, Lorraine Rohlick, Kevin and Joan Byrnes all participated in the Jack and Jill competition, in which participants dance with randomly selected partners.

Happy Father's Day to all you dads out there!

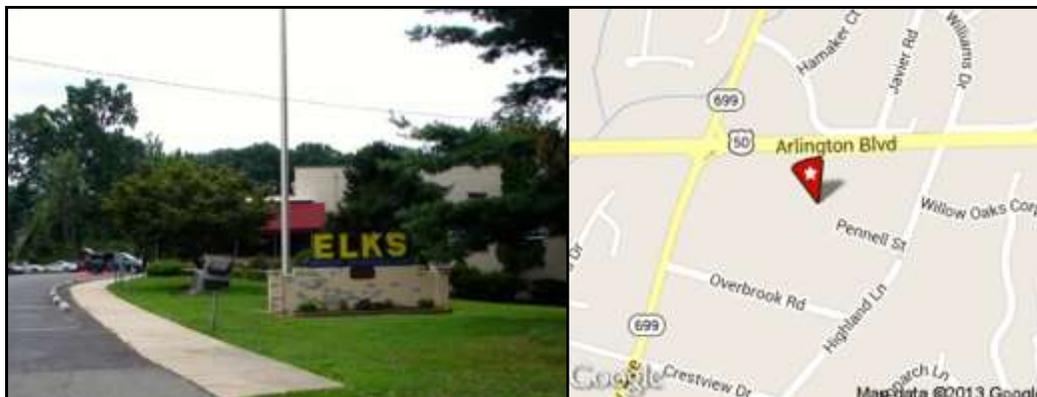
See you on the dance floor.

Through the National FastDance Association, our club dance activities are licensed by:



Happy Father's Day

When and Where to Shag



Every Wednesday, 6:30 – 10:30 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3.



June 14th and 28th at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge.

See more upcoming Shag Events on pages 6 and 7

Thursdays at **Shannon’s Bar & Grille**, Fredericksburg; **Battlefield Boogie Club** (battlefieldboogieclub.com)

Dance Lessons at the Elks on Wednesdays

DJ Schedule

- 6/3: Dennis Gehley
- 6/10: Bill Frostick
- 6/17: Craig Jennings
- 6/24: Butch Adeimy

Beginner Level Shag Steps

- 6/3—Basic and Female Turn
- 6/10—Basic and Start
- 6/17—Basic and Male Turn
- 6/24—Basic, Half Turn, Triple Basic

Intermediate Level Shag Steps

- 6/3—Hug Pivot & Pivot
- 6/10—Pivot with Tuck Turn
- 6/17—Pivot & Belly Roll
- 6/24—Sugarfoot with Back Prep & Front Prep

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.
Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:30 p.m.
Please remember to ask Red Dot beginner dancers to dance.
It takes lots of practice to become a better dancer!

News and Announcements

Where do I Get a Copy of the Shag Rag? Go to www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to helloshagger@nvshag.org.

NEW MEMBERS

Please remember to welcome our new members and invite them to dance!

Keep Your Membership Information Current Have you moved, changed phone numbers or email Bonnie Arms at bjrwa@verizon.net.

Shag Rag The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at jamesscanlon@me.com.

Capital Classic and ACSC Workshop News

We still need volunteers for the Registration Table. Having many Volunteers means that you will only have to serve for a short period, and considering that we will have several hundred attendees, this is a critical task. If you haven't given Barry Newman or Kathy Miller your name, please do so. Barry (barryn1940@aol.com) and Kathy (khemp501@aol.com).

And there still is a need for donated items for the silent auction and the basket of cheer (booze or wine). Contact Pat Walker at 703-801-8791.

If you have an item to donate for the silent auction, contact Kathy Norris or Ella Nunn.

When and Where to Dance in the Future (Take a few minutes to enter these on your calendar)

July 10-12: Association of Carolina Shag Clubs (ACSC) Summer Workshop July 10-12, 2015 at the Hyatt Dulles Hotel. This is a huge 3-day shag event. The presidents of all the Association's shag clubs will be attending as well as other members from their clubs. It is one humongous party that will include dancing, many dance workshops, vendors galore, huge 50/50's, dancing, Friday and Saturday Free Pours (& maybe Thursday!!), dancing exhibitions.

More Places to Shag



Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club, www.battlefieldboogieclub.com

Boogie On The Bay Shag Club, www.boogieonthebay.com

Colonial Shag Club (Newport News), www.colonialshagclub.com

Danville Shag Club, www.danvilleshagclub.com

Franklin Shag Club, gramelia@yahoo.com

Lynchburg Shag Club, www.lynchburghshags.com

Richmond Shag Club, www.richmondshagclub.org

Roanoke Valley Shag Club, www.rvsc.memberlodge.com

Virginia Beach Shag Club, www.vbshagclub.com



June

- Pat Walker 06/01
- Tom Porter 06/02
- Beverly (BJ) Thomas 06/02
- Vicki Tedesco 06/04
- Heather Jennings 06/06
- Donna Romito 06/07
- Sharon Salpini 06/07
- Patricia Tope 06/07
- Denny Koski 06/10
- Crystal Ashton 06/11
- Frank Sulik 06/15
- Susan Shawver 06/17
- David Strobel 06/19
- Nanette Sulik 06/19
- Don Borja 06/20
- Diane McGibbon 06/20
- Ella Nunn 06/20
- Steve Springsteen 06/20
- Samuel Wray 06/21
- Gary Mann 06/24
- Mo Cvijanovic 06/27
- Ruth Rapson 06/30

In Memory of Harold Bessent



Harold Milton Bessent affectionately known to all as "Fat Harold" joined The Shadow Shaggers on that Golden Dance floor in heaven around 2:30 pm, Friday afternoon, May 22nd at home surrounded by love, after a long illness. "Fat Harold" was born on June 13th, 1933 in Little River, South Carolina to Bill and Frances (Ellis) Bessent.

Fat Harold was instrumental in keeping The Shag alive by helping it to get recognized as South Carolina's State Dance. He attended shag clubs and events near and far to promote the Shag and was one of the first to say "Bring it on" when SOS was born. He had shag contests for the adults and with the suggestion of friends was instrumental in the birth of The Junior Shaggers. With the Shag being his first love besides his family he decided way back then that The Shag would never die. He would see to that and that he did.

He received the key to the City of NMB and June 13th has been proclaimed Fat Harold Day by Mayor Marilyn Hatley of NMB. He was instrumental in starting the first OD Shag Club which is the largest in the ASCA. He was on the Hall of Fame Foundation Board, Owner of The Living Legends and DJ Hall of Fame. He received the SOS "ICON" award several years ago. He was inducted to The Shaggers Hall of Fame. He received the Lifetime Achievement Award from the Carolina Beach Music Awards in November of 2014 and all of the awards given in the future will be The Fat Harold Bessent Lifetime Achievement Award. He was awarded Best Beach Music Club for 13 years before he graciously declined nominations. He also received numerous awards at HOTO's for Best Show Club and Best Summer Concert Series for many years. He has done so much and asked for so little for so long. His accomplishments are beyond measure.

Harold Bessent was a Marine, having served in the USMC during the Korean Conflict.



Come Dance with Me

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E-mail: dmgehley@me.com

For Love of Dance

Sherri Wildoner & Chuck Duymich

Often asked how they met, Chuck and Sherri respond, "Dancing." Chuck has danced since his grandmother got the family involved in square dancing. Influenced and inspired by both his grandfather and dad, he later found he enjoyed country western dancing, including the two step and cha cha but really took to line dancing. His enjoyment of a wide variety of music and constantly traveling for his job allowed him, and still does, to experience dancing at various lounges and other venues.

Sherri learned the hustle as a teenager, twirling her younger sister around whenever the opportunity presented itself. In her late twenties, she discovered country-western dance and eventually began assisting in instruction. Various things took her away from dance for a few decades until about 4 years ago when she decided she wanted to dance for New Year's Eve. She discovered the DC Hand Dance club. In March, 2011, her enjoyment of this fun social activity called "dance" prompted her going to the club's annual long weekend party, called Meet Me At the Beach held in Ocean City, where she and Chuck met. The workshops, afternoon open dancing, and dancing through the night provided an immersion experience that only fanned the flame.



Sherri came back from the beach with a drive to explore various styles of dance. Wednesdays would find her at Cherry Hill for a variety of dances including West Coast Swing (WCS), Thursdays learning multiple ballroom dances in Davidsonville, plus exploring various WCS venues throughout the DC area other nights of the week. Keeping in touch, Sherri shared her enthusiasm with Chuck and he shared the dance patterns and techniques he learned at the venues he was able to locate during his travels. Whenever his work brought him to the area, Chuck would often show up and they would give their new dances and patterns a whirl. Mid-summer 2013, Chuck suggested checking out the NVSC to try some shag. They met at the club and took to the dance right away, becoming members that same night.

Chuck always wanted to compete in dance, and Sherri had competed in WCS. With just a short three months of shag under their dance shoes, the couple danced in the Newcomer division at the Beckley Hangar's Competitive Shaggers Association (CSA) contest, coming in second of the three couples. This sparked even more enthusiasm and drive to learn, enjoy and share whenever possible.

They add: "We frequently revisit our dancing goals, the foremost of which is personal improvement." We want to enjoy each and every dance and be a good partner to the person we're dancing with – for that 3 minutes, we strive to connect and enjoy a mutual experience. The dance style itself is fun and we want to ensure we have good technique, so private lessons and working with other dance enthusiasts is important to us. We like the challenge competition brings, including learning how to manage nerves and improvising when the plan goes awry, which it often does! Contests also provide a measure of our personal progress, so regardless of what the score sheets say, we compare each dance to our prior dance and ask ourselves: Have we improved? What are we still missing? How's our technique? Do we have enough variety? While our first few dances in the Amateur division had us in last place, we're hoping we're doing something right as our placement has consistently improved. A huge draw is the community – the people we've met from NVSC, other shag clubs, at SOS, and through the CSA are welcoming, friendly and supportive. We find joy in the entire experience. Quite simply, we love the dance."



ACSC's 2015 Summer Workshop & NVSC's Capital Shag Classic



July 10 – 12, 2015

Hyatt Dulles

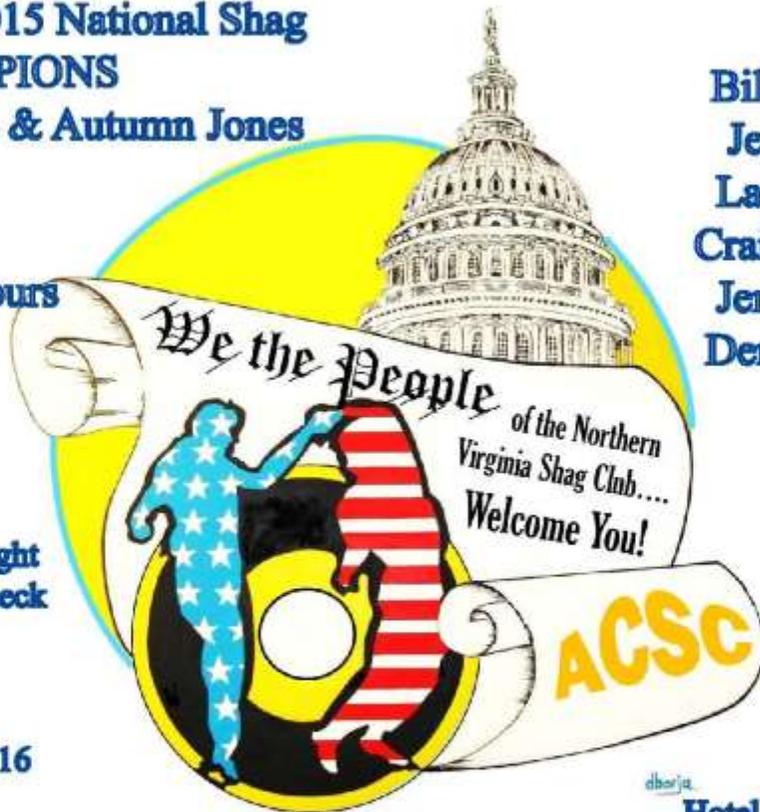
2300 Dulles Corner Blvd, Herndon, VA 20171

Discounted Room Rates are \$89 per night until June 17, 2015

Dance With 2015 National Shag Dance CHAMPIONS
Brennar Goree & Autumn Jones

Dancing
Hospitality Hours
Dinner
Workshops
Exhibitions

Tickets can be bought by sending your check to:
NVSC
Box 2298
Merrifield, VA 22116
Or
by credit card at <http://www.nvshag.org/>



DJ's
Billy Waldrep
Jerry Hardy
Larry Black
Craig Jennings
Jerry Canada
Dennis Gehley

Through the National FastDance Association, this multi-day event is licensed by:



Hotel reservations visit <http://www.nvshag.org/>

For additional information contact David Bushey: dbushey99@gmail.com or 703.338.1563

Name(s): _____

Address: _____

City, State, Zip: _____ Number of Tickets: _____ Shag Club: _____

Phone: _____ email _____ Amount Enclosed: _____

Checks made payable to NVSC

Tickets are \$79 until June 18, 2015; \$90 thereafter

Beckley Area Shag Club's 14th Annual Runway Boogie

August 14 & 15, 2015

Hern's Hangar Raleigh County Memorial Airport

Exit 125B off I-64 East, Beaver WV

Hall of Fame DJs: Larry Edwards & Ed Timberlake

Instructors: Charlie Womble, Jackie McGee & Ellen Taylor

Cost is **\$70** per person — — — 1 day tickets will not be sold

FREE soft drinks, water, set-ups and snacks both days! **BYOB**

Friday Night - Sub Sandwiches

Saturday: 2 Free Workshops with Pizza afterwards

Saturday Night - Full Buffet Dinner

Shuttle Service to and from the Sleep Inn & Microtel (East Beckley) both nights

Sleep Inn, Exit 125 B-I-64E, Beaver, 304-255-4222 Room Rates \$72.00 per night. Mention Beckley Area Shag Club when you make your reservation. Microtel Inn & Suites, 1001 S Eisenhower Drive, East Beckley WV 304-255-2200 Exit 124 (5 miles from Hangar) 100% non-smoking. Single \$59.99, \$64.99 for a double and suites \$69.99 **Make your reservations early.**

ATTENTION: Tickets will not be mailed so fill out everything below and make certain your e-mail address and mailing address may be read easily. A confirmation will be sent by e-mail or phone. Your name(s) will be on our master list when you check in at the Hangar!

Contacts: Charlie Cline 304-228-9938 or

Karen Callahan 304-228-3757 or e-mail karen@beckleyshagclub.com

You must provide a name with each ticket purchase. Tickets are nonrefundable but may be transferred.

Mail this form and your check to BASC, PO Box 395, Beckley WV 25802

Name (s): _____

Shag Club Affiliation: _____ Phone: _____

Address: _____

E-mail address: _____

RWB 2015

www.beckleyshagclub.com

Beckley Area Shag Club is a Member of:



Ask about the August 13th Golf Tournament | Lee Foundation for Arts & Sciences

Humor

*Send your opinions,
favorite recipes and
humor to the Shag
Rag editor, Jim
Scanlon,
jamescanlon@me.
com*

A young cowboy from Montana goes off to college. Half way through the semester, having foolishly squandered all his money . . . he calls home.

"Dad," he says, "You won't believe what modern education is developing! They actually have a program here in Alabama that will teach our dog, Ole' Blue how to talk!"

"That's amazing," his Dad says. "How do I get Ole' Blue in that program?"

"Just send him down here with \$1,000" the young cowboy says "and I'll get him in the course."

So, his father sends the dog and \$1,000.

About two-thirds of the way through the semester, the money again runs out. The boy calls home.

"So how's Ole' Blue doing son?" his father asks.

"Awesome, Dad, he's talking up a storm," he says, "but you just won't believe this —they've had such good results they have started to teach the animals how to read!"

"Read!?" says his father, "No kidding! How do we get Blue in that program?"

"Just send \$2,500, I'll get him in the class." The money promptly arrives. But our hero has a problem.

At the end of the year, his father will find out the dog can neither talk, nor read.

So he shoots the dog.

When he arrives home at the end of the year, his father is all excited.

"Where's Ole' Blue? I just can't wait to see him read something and talk!"

"Dad," the boy says, "I have some grim news. Yesterday morning, just before we left to drive home, Ole' Blue was in the living room, kicked back in the recliner, reading the Wall Street Journal, like he usually does".

"Then Ole' Blue turned to me and asked, so, is your daddy still messing around with that little redhead who lives down the street?"

The father went white and exclaimed, "I hope you shot that lying son of a gun before he talks to your Mother!"

"I sure did, Dad!"

"That's my boy!"

The kid went on to law school, and now serves in Washington D.C. as a Congressman.



Recipe

Greek Lemon Soup

Ingredients:

2 quarts chicken broth

1/4 pound butter

1 teaspoon powdered chicken stock

1/2 cup sauterne

3 egg yolks

juice of 2 lemons

Cooked rice to desired quantity

Directions:

In a large pot, add the chicken broth, butter, powdered chicken stock and sauterne. Simmer gently for 20 minutes. In a bowl, beat the egg yolks and lemon juice until frothy. When ready to serve, whisk 1 cup of the hot soup into the egg-lemon mixture, then pour all back into the soup kettle. Add the rice. When at the desired temperature, serve immediately, garnished with thin slices of lemon.

(8 servings)

*This recipe is
from The
Clock Garden
Restaurant in
Monterey, CA*

2015 Board			
President	Sue Young	571-340-0043	president@nvshag.org
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Director-at-large	Christine Werner		Fleur15@verizon.net

NVSC COMMITTEES/CHAIRS FOR 2015		
*	Audit	Fern Siegler
	Capital Classic	Dave Bushey, Marcia Conway
*	Shag-A-Thon	TBA
*	Dance	Pamela Alfano
	Hello Shaggers	Kathy Norris (hellosagger@nvshag.org)
	Co-Historians	Sherri Wildoner, Ken Morford and Dennis Gehley
*	Membership	Bonnie Arms
*	Music	Fran Mong
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	Photographer	John Romito
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	Web Site	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE\$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**

Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."



General Inquiries: shaglist@nvshag.org
 Membership: membership@nvshag.org
 Webmaster: webmaster@nvshag.org
 Hello Shagger: helloshagger@nvshag.org

**Dedicated to the Preservation
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT
 "NORTHERN VIRGINIA SHAG
 CLUB"

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:30 p.m.

COME JOIN US!



Shag Rag

NORTHERN VIRGINIA SHAG CLUB
 P.O. Box 2298
 Merrifield, VA 22116