



Dedicated to the Preservation of the Carolina Shag and Beach Music

Shag Rag

A Proud Member of:



Volume XX1, No. 4
April 2015

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President's Corner

by Sue Young



Sue Young

Get excited shaggers! Spring Safari has sprung. That's right, SOS is right around the corner starting April 17 and ending April 26. If you haven't purchased your SOS card yet see Mark Hendrickson on Wednesdays at the Elk's. The cost is \$30 and it gives you free entrance into all the clubs and discounts at many shops and restaurants. Check out the SOS Carefree Times when you get there for discount offers and all the scheduled activities. If you have never attended an SOS event, you are missing out on great shag dancing and some good times.

NVSC will sponsor an SOS party in the back room of Fat Harold's on Tuesday, April 21 from 3:00-5:00 pm. One free drink for all members, snacks and lots of fun. And if you can't attend SOS or you just haven't left yet, there will be a "left behind party" on Wednesday April 22 at the Elk's. Members will receive one free drink ticket. Another good reason to join.

Congratulations to Pamela Alfano for being inducted in the Virginia Shaggers Hall of Fame on March 28,

2015. It is an honor well deserved.

And congratulations to Lorraine Rohlik and her partner Bill Hopkins for placing first in the MadJam Masters Swing Division last month.

I want to thank the audit committee, Fern Siegler, Ann West and Paul Young for their time and service to NVSC. Your willingness to work on the audit last month was greatly appreciated. Also, thanks to Jason and Jeanne Potter for decorating the Elks for St. Patrick's Day. It's members like you that make this club the best of the best!

On May 9th, we are going to have a Saturday Social dance at Addy's in the Best Western Battlefield Inn, Manassas, VA. Addy's is offering our group a 15% discount on all food purchases and special drink prices so come eat, drink and dance! Stay tuned for more information on this event.

The Capital Shag Classic is fast approaching. The dead line for the \$79 early bird tickets ends June 18th, 2015. If you

have not sent in your registration please do so as soon as possible. We are going to need everyone's support this year, especially for registration so please contact Barry Newman at barryn1940@aol.com or Kathy Miller at khemp501@aol.com and sign up to help.

Did you hear that our Capital Shag Classic instructors, Brennar Goree and Autumn Jones won the Professional Division in the 2015 National Shag Dance Championships? Besides great instructors, we are going to have six DJs, two free pours, entertainment and one heck of a great time so make sure you get your hotel reservations and tickets soon before they sell out. See the flyer for more information.

Don't forget – when you see a red dot on someone's name tag it means they are new shaggers. Welcome them and ask them to dance. We make friends each and every week.

See you at the club!

There will be a general membership meeting on Wednesday, May 20th at 8:15 pm.

Through the National FastDance Association, our club dance activities are licensed by:



When and Where to Shag



Every Wednesday, 6:30 – 10:30 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3.



April 5th and 19th at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge.

See more upcoming Shag Events on pages 5, 7, 8, 9, and 10

Thursdays at **Shannon’s Bar & Grille**, Fredericksburg; **Battlefield Boogie Club** (battlefieldboogieclub.com)

Dance Lessons at the Elks on Wednesdays

DJ Schedule

- 4/1: Craig Jennings
- 4/8: Bill Frostick
- 4/15: Dennis Gehley
- 4/22: Loren Kropat
- 4/29: Guest DJ (Greg Birmingham)

Beginner Level Shag Steps

- 4/1—Basic and Female Turn
- 4/8—Basic and Start
- 4/15—Basic and Male Turn
- 4/22—Basic, Half Turn, Triple Basic
- 4/29—TBD

Intermediate Level Shag Steps

- 4/1—Hug Pivot and Pivot
- 4/8—Pivot and Tuck Turn
- 4/15—Pivot and Belly Roll
- 4/22—Sugarfoot with Back Prep and Front Prep
- 4/29—TBD

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.

Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:30 p.m. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!

News and Announcements

Where do I Get a Copy of the Shag Rag? Go to www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to helloshagger@nvshag.org.

Keep Your Membership Information Current Have you moved, changed phone numbers or email Bonnie Arms at bjrwa@verizon.net.

Shag Rag The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at jamesscanlon@me.com.

When and Where to Dance in the Future (Take a few minutes to enter these on your calendar)

July 10-12: Association of Carolina Shag Clubs (ACSC) Summer Workshop July 10-12, 2015 at the Hyatt Dulles Hotel. This is a huge 3-day shag event. The presidents of all the Association's shag clubs will be attending as well as other members from their clubs. It is one humongous party that will include dancing, many dance workshops, vendors galore, huge 50/50's, dancing, Friday and Saturday Free Pours (& maybe Thursday!!), dancing exhibitions.

April 11: The Virginia Gentleman's Spring Dance and Beach Party featuring **The Band of Oz** will be held in Fredericksburg on April 11th! Bill Frostick will be selling tickets at the Elks on April 1st (\$30/person). You can also buy tickets online - [click here](#).

NVA Dance is sponsoring **Too Many Daves & The Brass Solution** playing R&B, Soul, Pop, Funk and Rock-n-Roll styles; all very shaggable, at [Colvin Run Dance Hall](#), Saturday, April 11th at 8:00 pm. Tickets are \$20 if purchased before April 4 - \$25 at door if space available; however, this event is expected to sell out in advance. Light snacks and sodas included.

Sharon Geyer is organizing a group of NVSC dancers for this event. Let her know if you want to be included in a group ticket order - email sjgevermd@yahoo.com. [Click here](#) to check out the band's sound clips.

Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club, www.battlefieldboogieclub.com

Boogie On The Bay Shag Club, www.boogieonthebay.com

Colonial Shag Club (Newport News), www.colonialshagclub.com

Danville Shag Club, www.danvilleshagclub.com

Franklin Shag Club, gramelia@yahoo.com

Lynchburg Shag Club, www.lynchburgshags.com

Richmond Shag Club, www.richmondshagclub.org

Roanoke Valley Shag Club, www.rvsc.memberlodge.com

Virginia Beach Shag Club, www.vbshagclub.com

NEW MEMBERS

When you have the opportunity, please welcome our new members and ask them to dance!

**More
Places
to Shag**





March

Lori Birmingham	04/01
David Guilliams	04/02
John Parks	04/04
Susan Campbell	04/05
Barbara Ebersole	04/08
Jason Potter	04/09
Gary Martin	04/12
Bob Henry	04/14
Linda Barna	04/20
Trish Goeller	04/20
Brad Benson	04/21
Traci Allan	04/24
Joan Byrnes	04/25

Spring Break

It is that time of the year again, when everything seems to come to life, after being dormant for so long. And it sure has been a long, cold winter. We are looking for a break. Its here, and many shaggers will head to North Myrtle Beach for the SOS Spring Safari.

For those of you going for the first time, you will be surprised to see that most of the NVSC members who go there spend a lot of time dancing with the same shaggers they dance with on Wednesday nights. It makes one wonder why they go down there to do the same thing they do up here. The answer is that there is more opportunity to get in a lot of dancing in a totally relaxed atmosphere, away from work and all of the fuss

that comes with it, commuting, putting up with fellow workers who irritate you, and just the hectic life we live in the Washington, DC area. At SOS you can certainly get your fill of dancing, lessons in the morning, dancing without a big crowd in the afternoon, and dancing with a crowd in the evening until you are exhausted. In between all of that is the opportunity to play golf, sit on the beach, go out to lunch and dinner with friends, and in general, just have a good time. It is like going on vacation and having everyone go with you.

What is interesting at SOS is to see so many other club members doing the same thing we do, dancing with the same people they dance with at home. But it is also

interesting to dance with some of those other club members and get some idea as to what they do back home. Remember, shaggers there are from 200 or more towns east of the Mississippi. Another interesting thing at the venues is to observe the people who stand back from the dance floor and just watch others dance, makes you wonder why they came all the way down there just to do that. For those of you going this month, have a wonderful time.

Scam Alert

From Dennis Gehley

Women often receive warnings about protecting themselves at the mall, parking lots, etc. But this is the first warning I have seen for men, and I wanted to pass it on in case you haven't heard about it.

A 'heads up' for those men who may be regular customers at Sam's, Costco, or even Target.

Last month I became a victim of a clever scam while shopping. Simply going to get supplies turned out to be quite traumatic.

Don't be naive enough to think it couldn't happen to you or your friends.

Here's how the scam works:

Two nice-looking, young, adult girls will come up to your vehicle as you are putting away your purchases. They both start wiping your windshield with a rag and Windex, with their breasts almost falling out of their skimpy T-shirts. (It's impossible not to look). When you thank them and offer them a tip, they say 'No' but instead ask for a ride to McDonald's. You agree and they climb in the vehicle. On the way, they start undressing. Then one of them starts crawling all over you, while the other one steals your wallet.

I had my wallet stolen October 4th, 9th, 10th, twice on the 15th, 17th, 20th, 24th, & 29th. Also, November 1st & 4th, twice on the 8th, 10th, 12th, & 18th, and very likely again this upcoming weekend. Walmart has wallets on sale for \$2.99 each. I found even cheaper ones for \$.99 at the Dollar Store and bought them out in three of their stores.

Also, you never get to eat at McDonald's. I've already lost 11 pounds just running back and forth from Sam's, to Home Depot, to Costco, etc. So please, send this on to all the older men that you know and warn them to be on the lookout for this scam. (The best times are just before lunch and around 4:30 in the afternoon.)

RURAL RETREAT

BEACH FEST

Hosted by:

**Rural Retreat
Depot Foundation**

Saturday, August 1, 2015

**Rural Retreat Fairgrounds
778 Rural Retreat Lake Road
Rural Retreat, Va. 24368**

**Gates open at 11:00 a.m.
1st band – 1:00 p.m.**

ON STAGE:

**JIM QUICK – COASTLINE
BAND OF OZ
ATANTIC GROOVE BAND
FANTASTIC SHAKERS**

(Tickets \$20.00 at gate – \$15.00 if pre-ordered)

**CONTACT: Vicki Sprouse @ 276-356-3235 or
storagetogo@hotmail.com**

RESERVE THE DATE

Recipe

AVOCADO-STUFFED TOMATOES

Ingredients:

- | | |
|---------------------------------------|--|
| 6 medium tomatoes (ripe but not firm) | 1/4 cup finely chopped green pepper |
| 3 slices bacon | 1 clove garlic, pressed |
| 2 ripe avocados, peeled and pitted | 1/4 teaspoon salt |
| 2 tablespoons lemon juice | 1/8 teaspoon pepper |
| 1/4 cup finely chopped onion | 3 anchovy filets, cut in half to make 6 pieces |
| 3 tablespoons olive oil | |

Directions

Boil 2 quarts water in saucepan. Dip tomatoes in, one at a time; then peel them, cut out the core and scoop out the seeds and pulp with a melon-baller. Refrigerate the tomato shells. Fry or broil bacon until crisp. Drain, then crumble into bits. In a mixing bowl, blend together all the ingredients except the anchovies. Fill the tomato shells with the filling. There should be enough to fill the tomatoes and protrude above the tops. Garnish each tomato with a piece of anchovy on top and serve.

Send your opinions, favorite recipes and humor to the Shag Rag editor, Jim Scanlon, jamescanlon@me.com



J.R.'S FRAMING & PHOTOGRAPHY



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Dennis Gehley

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E-mail: dmgehley@me.com

Come Dance with Me

Private and Group
Lessons in Carolina Shag

With
David Rodgers



Call or e-mail David
703-239-8978
rodgersd3@cox.net

Advertise Your Business in the Shag Rag! CONTACT Sue Young at suey@theaeap.com for details.



SOS Spring Safari

April 17 to 26

It is that time of year again to plan for going to North Myrtle Beach. SOS cards are available for sale; see Mark Hendrickson to purchase them.

See you there!

The Oceanfront VIRGINIA BEACH Inn™



Presents: 2015 BEACH MUSIC WEEKEND ENTERTAINMENT SCHEDULE

THURSDAY, MAY 14th TICKETED EVENT

NEPTUNE'S RESTAURANT AT THE OCEANFRONT INN
7:30 PM - 10:30 PM, **THE ENTERTAINERS**

FRIDAY, MAY 15th FREE

30TH STREET BEACH STAGE
(Doors 6:30 PM)
7:30 PM - 10:30 PM, **AMMON'S ALLSTARS**

SATURDAY, MAY 16th FREE

30TH STREET BEACH STAGE
(Doors 11:00 AM)
12:30 PM - 3:30 PM, **MAIN EVENT BAND**
4:00 PM - 7:00 PM, **BILL DEAL'S RHONDELS**
7:45 PM - 10:30 PM, **THE TAMS**

SUNDAY, MAY 17th FREE

30TH STREET BEACH STAGE
(Doors 11:00 AM)
NOON - 3:00PM, **BAND OF OZ**
3:30 PM - 6:30PM, **THE EMBERS**



****Schedule as of March 1, 2015**Subject to Change****



2901 ATLANTIC AVENUE, VIRGINIA BEACH, VA 23451-3033 PHONE 757 422-0445 RESERVATIONS 888 826-2326 FAX 757 491-6276 info@oceanfrontinn.com

21st Annual Beach Music Weekend, May 14 - 17, 2015 in Virginia Beach, Virginia.

We, at the Oceanfront Inn, are, once again, proud to be the host hotel for the 21st consecutive year of the Beach Music Weekend, providing you with the best access to the 30th Street Stage on the beach.

New for 2015

Beach Music Cruise-in Classic car show Saturday, May 16th at 10:00AM to 4:00PM.

A local version of "Route 66" right on the Boardwalk. Also.....

THE ENTERTAINERS performing live on Thursday, May 14 in our restaurant Neptune's!

Beach Music Weekend packages with a Thursday arrival guarantees admission to Thursday's concert! General admission, if available, will pay a cover charge at the door; first come, first served.

We will begin taking reservations for this year's event on **Wednesday, April 1, 2015 at 9:00AM.**

Room packages are available for the weekend. The packages for BMW 2015 are as follows:

- **3-night package for 2 adults is \$537.00 plus taxes. (Thursday or Friday arrival)**
- **4-night package for 2 adults is \$596.00 plus taxes. (Thursday arrival only)**

Non-package accommodations are available. Please call for details.

The Oceanfront Inn is a 100% non-smoking facility. Smoking is prohibited in all guest rooms, their balconies and the Restaurant and is not tolerated; penalties will be assessed.

Due to availability, we cannot guarantee placement of rooms within the building; however, we can guarantee that they will be oceanfront. A credit card of one (1) night's lodging including taxes is required when making a reservation. Cancellations must be made 48 hours in advance in order to receive a full refund. A cancellation confirmation will be given if the reservation is cancelled.

As you know parking in Virginia Beach is at a premium for this event especially near 30th Street. **We provide for our guests one (1) free parking space per room.** One (1) additional space may be acquired at an additional cost, but **is not guaranteed.** Site parking is limited so inquire about this additional parking at check-in. There will be public parking available at the City parking garage located between 30th and 31st Streets for guests of guests. **Your guests will have to park in the City's parking garage for a fee.** See the parking lot attendant upon check-in for additional information.

Enclosed you will find a schedule of performers and events to help you plan your weekend. Additionally, check our website: www.oceanfrontinn.com for the most current Beach Music Festival information as it becomes available.

We look forward to taking your reservation in April, and seeing you in May 2015 for another fun filled weekend in Virginia Beach!

Call 888-826-2326 for reservations on April 1, 2015 after 9:00AM.

This is the Big One! A huge event, larger than we have ever hosted before.



ACSC's 2015 Summer Workshop & NVSC's Capital Shag Classic



July 10 – 12, 2015
Hyatt Dulles

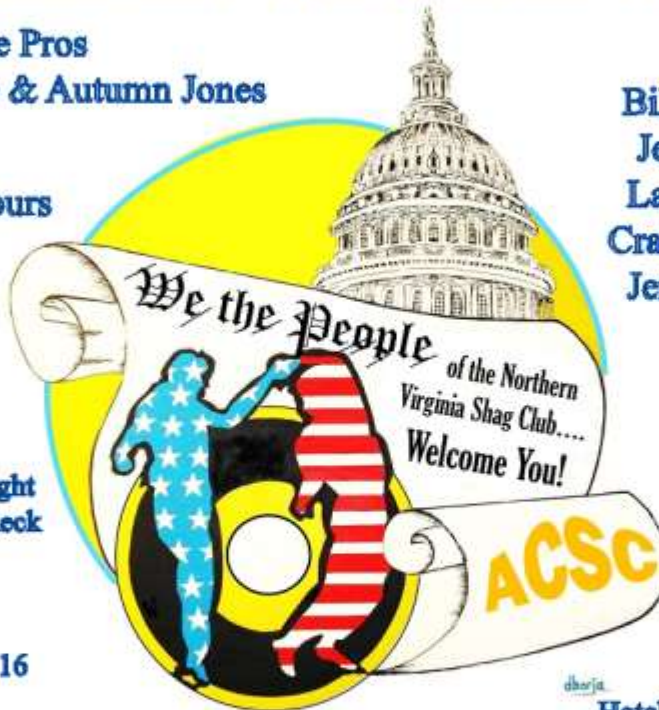
2300 Dulles Corner Blvd, Herndon, VA 20171

Discounted Room Rates are \$89 per night until June 17, 2015

Dance With the Pros
Brennar Goree & Autumn Jones

Dancing
Hospitality Hours
Dinner
Workshops
Exhibitions

Tickets can be bought
by sending your check
to:
NVSC
Box 2298
Merrifield, VA 22116
Or
by credit card at <http://www.nvshag.org>



DJ's
Billy Waldrep
Jerry Hardy
Larry Black
Craig Jennings
Jerry Canada

Through the National
FastDance
Association, this
multi-day
event is licensed by:



Hotel reservations visit
<http://www.nvshag.org>

For additional information contact David Bushey: dbushev99@gmail.com or 703.338.1563

Name(s): _____

Address: _____

City, State, Zip: _____ Number of Tickets: _____ Shag Club: _____

Phone: _____ email _____ Amount Enclosed: _____

Checks made payable to NVSC

Tickets are \$79 until June 18, 2015; \$90 thereafter



**Beckley Area Shag Club's
21st Annual Mountain Boogie Walk
May 15-16th, 2015 **Hern's Hangar**
Airport Road Exit 125B off I-64E, Beaver WV**

Hall of Fame DJ's: John Smith & Ed Timberlake

Instructors: T.K. & Mary Robinette

Tickets are \$65 per person- 1 day tickets will not be sold

Get yours early - This party always sells out!

Free soft drinks, water, set-ups and snacks

BYOB and BEER

Friday *7:00 pm - Sandwiches and always late night coffee & doughnuts - 50/50 drawing
 Saturday *11:00 am *FREE Shag workshop - Pizza served following the workshop
 *6:30 pm *Catered Buffet Dinner by Kay's Katering
 50/50 drawings both nights

Reservations: *Sleep Inn/Beaver* \$70/night 304-255-4222 Ask for "shag club rate"
 The Sleep Inn is located 1 mile from the Hangar (Room requests kings, non-smoking, etc.) are limited due to the size of the Sleep Inn).

Reservations: *Microtel Inn & Suites/Eisenhower Drive*, Beckley, 3 miles from the Hangar and is 100% non-smoking. 304-255-2200. Single \$59.99, Double \$64.99, Suite \$69.99.

Shuttle Service to and from hotels Friday & Saturday nights

Tickets will not be mailed so fill out everything below and make certain your e-mail address and mailing address may be read easily. We will send you a confirmation by e-mail if possible and by mail if you do not have an e-mail address.

You will be on our master list when you check in at the Hangar!

Make Checks payable to: **Beckley Area Shag Club, P.O. Box 395, Beckley, WV 25802**

Contacts: Charlie Cline @ 304-228-9938 cwcline@suddenlink.net

Karen Callahan @ 304-228-3757 email: karen@beckleyshagclub.com www.beckleyshagclub.com

MBW 2015

Name(s) _____

Shag Club _____

Address _____

e-mail: _____ phone: _____

2015 Board			
President	Sue Young	571-340-0043	president@nvshag.org
Vice President	Jason Potter	703-220-6697	vicepresident@nvshag.org
Secretary	Bonnie Arms	703-819-9654	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-282-1033	treasurer@nvshag.org
Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat		webmaster@nvshag.org
Director-at-large	Christine Werner		Fleur15@verizon.net

NVSC COMMITTEES/CHAIRS FOR 2015		
*	Audit	Fern Siegler
	Capital Classic	Dave Bushey, Marcia Conway
*	Shag-A-Thon	TBA
*	Dance	Pamela Alfano
	Hello Shaggers	Kathy Norris (hellosagger@nvshag.org)
	Co-Historians	Sherri Wildoner, Ken Morford and Dennis Gehley
*	Membership	Bonnie Arms
*	Music	Fran Mong
	Newsletter Editor	Jim Scanlon (jamescanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook and Jack Jones.
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Web Site	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE\$25 deposit.** See **SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**

Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."



General Inquiries: shaglist@nvshag.org
 Membership: membership@nvshag.org
 Webmaster: webmaster@nvshag.org
 Hello Shagger: helloshagger@nvshag.org

**Dedicated to the Preservation
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT
 "NORTHERN VIRGINIA SHAG
 CLUB"

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:30 p.m.

COME JOIN US!



Shag Rag

NORTHERN VIRGINIA SHAG CLUB
 P.O. Box 2298
 Merrifield, VA 22116