

# **Shag Rag**







Sue Young

#### **President's Corner**

I don't know about you all but I am so over winter. Come on Spring Safari. But until then, I know a great way to cure cabin fever. Well, come on out and dance of Besides course. our Wednesday nights, there are lots of places to dance this month so check out the When and Where to Dance pages 2 & 3.

On February 13th, the Friday Nighters ballroom dance club invited two members from our dance committee to come teach a shag lesson to their group. Thanks to Pamela Alfano and Vaughn Royal for taking time do that and to Kathy and Loren for helping to make that happen. Teaching a lesson to other clubs is a great way to introduce our dance to other groups.

I wish to thank all the people who helped me switch gears for our 18th annual Jackie and Charlie party after having to cancel due tο the snowstorm. The weather was not in our favor on Saturday but the stars all aligned Sunday evening and what a fabulous time we had. Jackie and Charlie taught us two great workshops and of course it's always a treat to watch them shag.

I'd like to give thanks to Pamela Alfano and Bonnie Arms for organizing the workshop registrations, to Jeanne and Jason Potter for doing such a great job arranging the food, to John Romito for taking pictures, and to Chris Werner for decorating the tables. Guess I should give thanks to my husband Paul too for assisting Chris with the wood bases. And to Fran Mong for getting us DJ Wayne Bennett who did a fantastic job keeping the dance floor full. Thanks to all of you who volunteered to bring food and help with the various other tasks involved with making sure the entire evening was a success.

And a BIG thanks to David and Jerry Rodgers for again being such wonderful hosts to Charlie and Jackie and for organizing all the private lessons.

I am very lucky to have such great officers to work with this year. Thank you for all you do for this club.

Also, thank you to Loren Kropat and Kathy Norris for making sure the Club's website and Hello Shaggers is updated and to Jim Scanlon and Maryann Lesnick for making sure you get the updated information

#### by Sue Young

through our newsletter. If you know of someone not receiving the Hello Shaggers please let us know.

On March 12-14, Vaughn Royal and Cathy Metcalf are competing in the 32<sup>nd</sup> Annual National Shag Dance Championships Finals Non-Pro Division. Also competing is Dale Hern with her partner Jim Hern in the Senior Division. We wish you all Good Luck!

And don't forget, Pamela Alfano is to be inducted into the Virginia Shagger's Hall of Fame on March 28th in Williamsburg. Many of us are going down to cheer her on.

Mark your calendar for our SOS Party at Fat Harold's back room on April 21st from 3-5pm.

Have you made your hotel reservation for our 2015 Capital Classic? We are expecting a huge turnout so call and make your reservations now before the rooms are all booked. Get your tickets now too as they could sell out. See the flyer for more information.

Time to boogie walk on out of here. See you on the dance floor.

Volume XX1, No. 3 March 2015

## Special points of interest:

- SOS Spring Safari (page 3)
- Interview Linda & Warren Maslar (page 4)
- Humor (page 5)
- From Lesson to Memory (page 6)
- Help Needed (page 6)
- ACSC Workshop and Shag Classic (page 7)
- Beckley Mountain Boogie Walk (page
  8)
- CSRA Shag Classic (page 9)

## Inside this issue:

When and Where to Dance	2, 3
Lessons & DJs	2
New Members	3
News and Announcements	3
Birthdays	4
Contact Information	8



## When and Where to Shag



Every Wednesday, 6:30 – 10:30 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$8.00, members \$7.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3.



**March 8th and 22nd** at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge.

Thursdays at **Shannon's Bar & Grille,** Fredericksburg; Battlefield Boogie Club (battlefieldboogieclub.com)

#### See more upcoming Shag Events on pages 7, 9, and 10

#### **DJ Schedule**

3/4: Julio Finkbinder3/11: April Showers3/18: Eggs Benedict3/25: Justin Time

## **Dance Lessons at the Elks on Wednesdays**

## Beginner Level Shag Steps Intermediate Level Shag Steps

3/4—Basic and Female Turn

3/4—Crossover Basic (from Male and Female Turns)

3/11—Basic and Start

3/11—Crossover Basic (from Male and Female Turns)

3/18—Basic and Male Turn 3/18—Applejack

3/25—Basic, Half Turn, Triple Basic 3/25—Stutter Basic & Kick Basic

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.

Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:30 p.m.

Please remember to ask Red Dot beginner dancers to dance.

It takes lots of practice to become a better dancer!

#### **News and Announcements**

Where do I Get a Copy of the Shag Rag? Go to www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to helloshagger@nvshag.org.

#### **NEW MEMBERS**

When you have the opportunity, please welcome our new members

Marilyn Lampe

Tom Lotfapadi

... who joined NVSC this past month.

**Keep Your Membership Information Current** Have you moved, changed phone numbers or email Bonnie Arms at bjrwa@verizon.net.

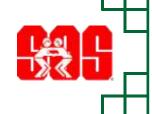
**Shag Rag** The deadline for *Shag Rag* input is the 25<sup>th</sup> of every month. Please send content (including opinions, humor and recipes!) to Jim Scan6 lon at jamesscanlon@me.com.

#### **SOS Spring Safari**

April 17 to 26

It is that time of year again to plan for going to North Myrtle Beach. SOS cards are available for sale; see Mark Hendrickson to purchase them.

Make your reservation for a place to stay now, they are quickly filling up.



# When and Where to Dance in the Future (Take a few minutes to enter these on your calendar)

**July 10-12:** Association of Carolina Shag Clubs (ACSC) Summer Workshop July 10-12, 2015 at the Hyatt Dulles Hotel. This is a huge 3-day shag event. The presidents of all the Association's shag clubs will be attending as well as other members from their clubs. It is one humongous party that will include dancing, many dance workshops, vendors galore, huge 50/50's, dancing, Friday and Saturday Free Pours (& maybe Thursday!!), dancing exhibitions.

#### **Other ACSC Virginia Shag Clubs**

Visit the club websites for venues and schedules.

Battlefield Boogie Club, www.battlefieldboogieclub.com

Boogie On The Bay Shag Club, www.boogieonthebay.com

Colonial Shag Club (Newport News), www.colonialshagclub.com

Danville Shag Club, www.danvilleshagclub.com

Franklin Shag Club, gramelia@yahoo.com

Lynchburg Shag Club, www.lynchburgshags.com

Richmond Shag Club, www.richmondshagclub.org

Roanoke Valley Shag Club, www.rvsc.memberlodge.com

Virginia Beach Shag Club, www.vbshagclub.com

## More Places to Shag





#### March

Sally Birge 03/01 William Hanson 03/01 Eileen Green 03/06 03/07 Barbara Dent Stella Hanson 03/08 Melissa Barlow 03/11 03/11 Ralph Dantinne 03/12 Stacey Porter Marilyn Lampe 03/14 William Meyer 03/14 Thomas Woll 03/17 John Dent 03/22 Craig Singleton 03/23 Judy Metcalf 03/25 03/26 Anne Benson 03/27 Loren Kropat Jim Metcalf 03/27 John Tate 03/31

#### An Interview with Linda and Warren Maslar

By Jim Scanlon

Q: When and how did you first learn about NVSC?

A: We had been avid ballroom dancers for about 29 years, and really never tried any other kind of dancing here in Northern Virginia. Then, as our children grew and our house emptied of them, we started looking for a place to retire. We had owned a condo in Myrtle Beach for a few years, and on one of our golf weekends down there, we went up to Fat Harold's in North Myrtle & discovered shagging! The SOS event was taking place and it piqued our interest. The "shaggers" were having a great time and we wanted to be a part of it. When we came home we googled, found, and then joined the NVCS.

Q: I have observed that you are at the Wednesday dance almost every week, are you now fully into shag dancing.

A: Absolutely, we love it! We practice at home and try to attend all the NVSC events as well as those of other shag clubs, such as the Hangar Classic in West Virginia and the Cyclone in North Carolina.



Q: Well, you are sure into it more than I am. Can you give me any other reason why you both have become so enthusiastic about shag dancing?

A: The people. They are all so down-to-earth and extremely friendly. We've gotten to know so many people in the club and enjoy seeing and dancing with them each week. And it's a "together thing," members are enthusiastic about spreading the word as to where and when to find great dance opportunities. We're totally "hooked."

## Come Dance with Me

Private and Group Lessons in Carolina Shag With David Rodgers



Advertise Your Business in the Shag Rag! **CONTACT** Sue Young at suey@theaeap.com for details.

#### J.R.'S FRAMING & PHOTOGRAPHY



JOHN ROMITO 6020 Wescott Hills Way Kingstowne, VA 22315



#### High Quality Custom Framing at Great Prices!

- Photographs, Prints & Posters Artwork including Oils, Water Colors & Pastels
- Diplomas & Certificates Shadow Boxes, Mirrors & Cross Stitch

#### Service and Quality Guaranteed!

Call John at (703) 971-1618 for an appointment or email him at jrdancer0501@yahoo.com



Dennis Gehley The Time Machine



Hits From Yesterday and Today Beach, Shag, Rhythm & Blues, Oldies, Top 40

703-451-6764

E-mail: dmgehley@me.com

If Bud Abbott and Lou Costello were alive today, their infamous sketch, 'Who's on First?' might have turned out something like this:

Humor

COSTELLO CALLS TO BUY A COMPUTER FROM ABBOTT

ABBOTT: Super Duper Computer Store. Can I help you?

COSTELLO: Thanks. I'm setting up an office in my den and I'm thinking about buying a computer.

ABBOTT: Mac?

COSTELLO: No, the name's Lou. ABBOTT: Your computer?

COSTELLO: I don't own a computer. I want to buy one.

ABBOTT: Mac?

COSTELLO: I told you, my name's Lou.

ABBOTT: What about Windows?

COSTELLO: Why? Will it get stuffy in here?
ABBOTT: Do you want a computer with Windows?

COSTELLO: I don't know. What will I see when I look at the windows?

ABBOTT: Wallpaper.

COSTELLO: Never mind the windows. I need a computer and software.

ABBOTT: Software for Windows?

COSTELLO: No. On the computer! I need something I can use to write proposals, track expenses and run

my business. What do you have?

ABBOTT: Office.

COSTELLO: Yeah, for my office. Can you recommend anything?

ABBOTT: I just did.

COSTELLO: You just did what? ABBOTT: Recommend something.

COSTELLO: You recommended something?

ABBOTT: Yes.

COSTELLO: For my office?

ABBOTT: Yes.

COSTELLO: OK, what did you recommend for my office?

ABBOTT: Office.

COSTELLO: Yes, for my office!

ABBOTT: I recommend Office with Windows.

COSTELLO: I already have an office with windows! OK, let's just say I'm sitting at my computer and I

want to type a proposal. What do I need?

ABBOTT: Word.

COSTELLO: What word? ABBOTT: Word in Office.

COSTELLO: The only word in office is office.

ABBOTT: The Word in Office for Windows.

COSTELLO: Which word in office for windows?

ABBOTT: The Word you get when you click the blue 'W'.

COSTELLO: I'm going to click your blue 'w' if you don't start with some straight answers. What about

financial bookkeeping? You have anything I can track my money with?

ABBOTT: Money.

COSTELLO: That's right. What do you have?

ABBOTT: Money.

COSTELLO: I need money to track my money? ABBOTT: It comes bundled with your computer. COSTELLO: What's bundled with my computer?

ABBOTT: Money.

COSTELLO: Money comes with my computer?

ABBOTT: Yes. No extra charge.

COSTELLO: I get a bundle of money with my computer? How much?

ABBOTT: One copy.

COSTELLO: Isn't it illegal to copy money?

ABBOTT: Microsoft gave us a license to copy Money. COSTELLO: They can give you a license to copy money?

Send your opinions,

favorite recipes and humor to the Shag

iamesscanlon@me.

Rag editor, Jim

Scanlon.

com

ABBOTT: Why not? THEY OWN IT!

A few days later:

ABBOTT: Super Duper computer store. Can I help you?

COSTELLO: How do I turn my computer off?

ABBOTT: Click on 'START'

## From Dance Lesson to Muscle Memory

By Angie Bushey

How many times have so many of us taken a dance lesson, did not have the opportunity to practice it, and consequently lost all that great instruction? One of the reasons why this occurs is the absence of a partner to practice with. Practicing with the refrigerator door cabinet knob works for some steps, but it is not the same as dancing with a human partner!

Having given it some felt thought, Ι that perhaps we could encourage get-togethers to solve the problem. It would mean listing yourself as available, and whether or not you have space in your home for dance practice. If you do

have space, then teaming up with one who does would be solution. And if you have room for more than two to dance it would be more beneficial. Some of our members have tried this, but found that getting difficult together was because of work schedule proximity to one another. That means finding someone who is close by would help.

Another important factor is making practice routine. That is, setting a day of the week and time for getting together so that you can put it on your calendar and not schedule other events that would interfere. It's like: "OK, on Tuesday's I

will be at so-and-so's house to practice." That would commit you to it; if you didn't do that, there too would be many excuses not to do it. And you should have a time limit, i.e., "We'll practice from 6:00 to 7:00 p.m. and no longer." That would make it more of a professional business commitment, rather like taking a private dance lesson.

If you're interested, looking for a Practice Partner, maybe we could arrange for a private exchange of information between the folks? Please give this some thought and let me know what you think about the idea.

Angela Bushey, at: <a href="mailto:angelaabushey@yahoo.com">angelaabushey@yahoo.com</a>





The combined ACSC Workshops and NVSC Classic weekend of July 10-12, 2015 will draw close to 600 guests. We need a bunch of club volunteers to register these folks (welcome & greet). Registration operations will run from 3 pm Friday to Saturday night (except for the 2-hour Saturday dinner break & Friday overnight). One hour time slots (79) are programmed where people will be assigned. Kindly consider signing up to contribute your time (more than one slot is appreciated). Please contact Barry Newman barryn1940@aol.com or Kathy Miller khemp501@aol.com and specify the day and AM/PM preference. Periodic sign-ups will be available at the club's weekly dance party and events. Many thanks!

# This is the Big One! A huge event, larger than we have ever hosted before.



# ACSC's 2015 Summer Workshop & NVSC's Capital Shag Classic

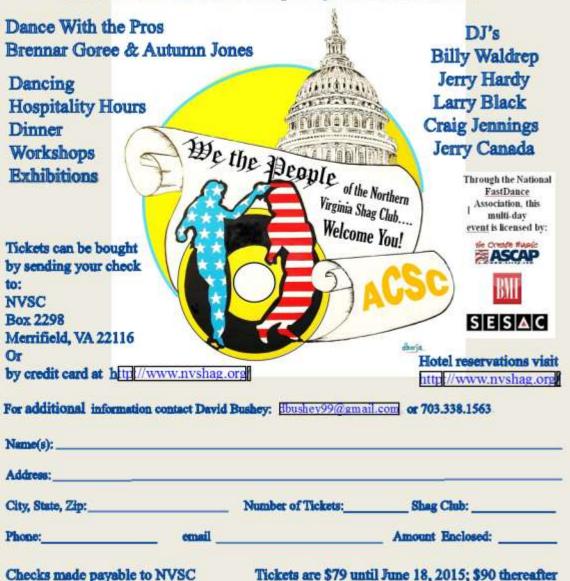


July 10 – 12, 2015

Hyatt Dulles

2300 Dulles Corner Blvd, Herndon, VA 20171

Discounted Room Rates are \$89 per night until June 17, 2015





## Beckley Area Shag Club's 21st Annual Mountain Boogie Walk

# May 15-16th, 2015 Hern's Hangar

Airport Road Exit 125B off I-64E, Beaver WV

## Hall of Fame DI's: John Smith & Ed Timberlake

## Instructors: T.K. & Mary Robinette

Tickets are \$65 per person- 1 day tickets will not be sold Get yours early - This party always sells out! Free soft drinks, water, set-ups and snacks

#### BYOB and BEER

Friday \*7:00 pm - Sandwiches and always late night coffee & doughnuts - 50/50 drawing Saturday \*11:00 am \*FREE Shag workshop - Pizza served following the workshop \*6:30 pm \*Catered Buffet Dinner by Kay's Katering 50/50 drawings both nights

Reservations: Sleep Inn/Beaver \$70/night 304-255-4222 Ask for "shag club rate" The Sleep Inn is located 1 mile from the Hangar (Room requests kings, non-smoking, etc.) are limited due to the size of the Sleep Inn).

Reservations: Microtel Inn & Suites/Eisenhower Drive, Beckley, 3 miles from the Hangar and is 100% non-smoking. 304-255-2200. Single \$59.99, Double \$64.99, Suite \$69.99. Shuttle Service to and from hotels Friday & Saturday nights

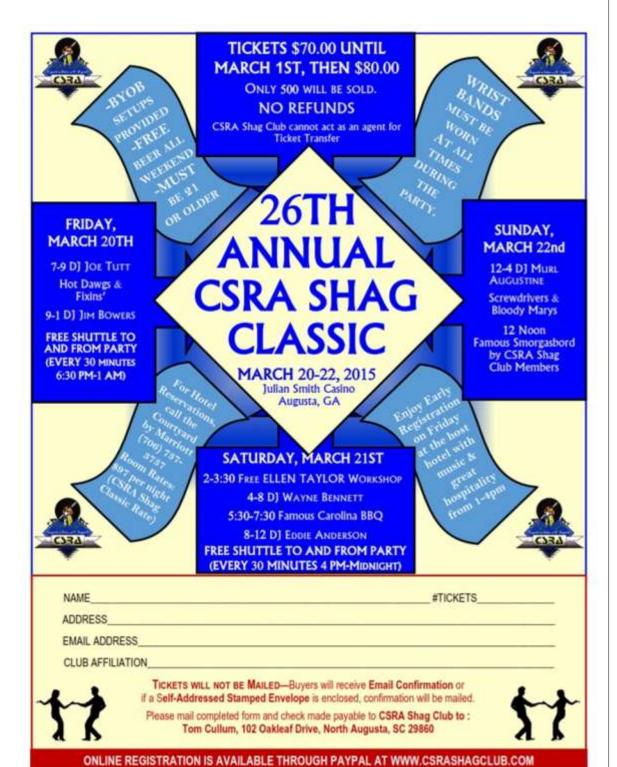
Tickets will not be mailed so fill out everything below and make certain your e-mail address and mailing address may be read easily. We will send you a confirmation by e-mail if possible and by mail if you do not have an e-mail address.

You will be on our master list when you check in at the Hangar! Make Checks payable to: Beckley Area Shag Club, P.O. Box 395, Beckley, WV 25802

Contacts: Charlie Cline @ 304-228-9938 cwcline@suddenlink.net

Karen Callahan @ 304-228-3757 email: karen@beckleyshagclub.com www.beckleyshagclub.com

	-
phone:	
	phone:



**Board Meetings** are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of **Board Meeting** Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

2015 Board			
President	Sue Young	571-340-0043	president@nvshag.org
Vice President	Jason Potter	703-220-6697	vicepresident@nvshag.org
Secretary	Bonnie Arms	703-819-9654	secretary@nvshag.org
Treasurer	Mark Hendrickson	703-282-1033	treasurer@nvshag.org
Director-at-large	Pamela Alfano	202-414-9312	palfano@reedsmith.com
Director-at-large	Fran Mong	703-368-2792	franmong@aol.com
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Loren Kropat		webmaster@nvshag.org
Director-at-large	Christine Werner		Fleur15@verizon.net

NVSC COMMITTEES/CHAIRS FOR 2015				
*	Audit	Fern Siegler		
	Capital Classic	Dave Bushey, Marcia Conway		
*	Shag-A-Thon	TBA		
*	Dance	Pamela Alfano		
	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)		
	Co-Historians	Sherri Wildoner, Ken Morford and Dennis Gehley		
*	Membership	Bonnie Arms		
*	Music	Fran Mong		
	Newsletter Editor	Jim Scanlon (jamesscanlon@me.com)		
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)		
	Photographer	John Romito		
*	Public Relations	Kathy Norris, Jeanne Potter, Sharon Geyer, Joe Cook and Jack Jones.		
*	Social/Hospitality	Jeanne Potter		
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)		
	Web Site	Loren Kropat (webmaster@nvshag.org)		
* D	* Denotes Standing Committee			

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer.

#### **BORROWING SHAG VIDEOS....** is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE\$25 deposit**. **See SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!** 



General Inquiries: <a href="mailto:shaglist@nvshag.org">shaglist@nvshag.org</a>
Membership: <a href="mailto:membership@nvshag.org">membership@nvshag.org</a>
Webmaster: <a href="mailto:webmaster@nvshag.org">webmaster@nvshag.org</a>
Hello Shagger: <a href="mailto:helloshagger@nvshag.org">helloshagger@nvshag.org</a>

**Dedicated to the Preservation** of Carolina Shag and Beach Music

WE'RE ON THE WEB! WWW.NVSHAG.ORG

AND ON FACEBOOK AT "NORTHERN VIRGINIA SHAG CLUB"

### About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at  $7:30\,$  p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:30 p.m.

**COME JOIN US!** 

#### Shag Rag

NORTHERN VIRGINIA SHAG CLUB P.O. Box 2298 Merrifield, VA 22116