



Dedicated to the Preservation of the Carolina Shag and Beach Music

A Proud Member of:



Shag Rag

Volume XX1, No. 1
January 2015

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President's Corner

by Sue Young



Sue Young

Happy New Year! I hope everyone had fun ringing in the New Year. Paul and I went to the Outer Banks Shag Club party for the first time and what an extra large time we had.

Did you make a New Year's resolution? I don't normally do that but this year I resolve to learn the duck walk. Maybe I can convince the dance committee to put that on their agenda and we can all learn it together.

I am humbled by the confidence you all have placed in me to lead this wonderful club in 2015. My sincere thanks to all the board members for your willingness to serve and for your ongoing support and advice. I would also like to thank our committee members for their support and invaluable contributions in making NVSC the best it can be. I look forward to working with all of you in the coming months.

I would also like to thank Ed Hamer for his service over the past two years. And a special thank you to Dave Bushey for all his enthusiasm, dedication and great ideas over the past three years. It has been an honor to serve on the Board with both of you.

We had a wonderful Holiday Party December

13 at Kingstowne. I give special thanks to Fran Mong for organizing the decorating, to Jeanne and Jason Potter for set-ups and to all of you that helped make the party such a success. The food, music and dancing was all first class. It's always a party when Jerry Hardy is in the house. Thanks to everyone who brought a toy for our US Marine Corps "Toys for Tots". I'm sure our donations brought joy to many kids and families.

This month we are trying something new and having our first Saturday Night Social on January 31st from 5:00 to 8:00 pm. It will be a Pre Super Bowl Party since it's the day before the big game. The dance is free and will be held at Addy's Restaurant Lounge and Bar located in the Best Western Battlefield Inn, 10820 Balls Ford Road, Manassas, VA. This is right off Interstate 66 exit 47, so it should be easy to find. Addy's has been a local favorite for years so grab your friends and come out to dance to your favorite beach music. See the flyer for more details.

Congratulations to Bonnie Arms for winning the Shagger of the Year Award. Well deserved!

Our next big event is our annual Jackie McGee and Charlie Womble Shag Workshop and Dance on February 21. This is one event you don't want to miss! See the flyer or website for details.

As a volunteer organization, NVSC relies on the enthusiasm and dedication of members that are willing to step up and help make NVSC an organization our members can be proud of. Over the coming year, please consider becoming one of these members by serving on a committee, or by volunteering to help at one of our events. I am looking forward to serving as your NVSC President during this exciting year.

There will be a general membership meeting on January 21, 2014 following the lessons.



**Pre Super Bowl Shag Party
January 31st
5:00 to 8:00 pm
Addy's, Manassas**

Through the National FastDance Association, our club dance activities are licensed by:



When and Where to Shag



Every Wednesday, 6:30 – 10:30 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$6.00, members \$5.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 3.



January 4th and 18th at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge.

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; Battlefield Boogie Club (battlefieldboogieclub.com)

January 31, Saturday Night Social at **Addy's Restaurant Lounge and Bar** at the Best Western Battlefield Inn, 10820 Balls Ford Road, Manassas, VA., at the junction of I-66 and Rte. 234.

Dance Lessons at the Elks on Wednesdays

DJ Schedule

- 1/7: Craig Jennings
- 1/14: Bill Frostick
- 1/21: Dennis Gehley
- 1/28: Loren Kropat

Beginner Level Shag Steps

- 1/7—Basic and Female Turn
- 1/14—Basic and Start
- 1/21—Basic and Male Turn
- 1/28—Basic, Half Turn, Triple Basic

Intermediate Level Shag Steps

- 1/7—Crossover Basic (from Male and Female Turns)
- 1/14—Behind Sailor and Side Pass
- 1/21—Applejack
- 1/28—Stutter Basic & Kick Basic

Beginner lessons are FREE to non-members, but membership is required for the Intermediate class. Membership is \$25/year.

Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:30 p.m. Please remember to ask Red Dot beginner dancers to dance. It takes lots of practice to become a better dancer!

News and Announcements

Where do I Get a Copy of the Shag Rag? Go to www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Input Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus), please send to helloshagger@nvshag.org.

Keep Your Membership Information Current Have you moved, changed phone numbers or email Bonnie Arms at bjrwa@verizon.net.

Shag Rag The deadline for *Shag Rag* input is the 25th of every month. Please send content (including opinions, humor and recipes!) to Jim Scanlon at [jamescanlon@me.com](mailto:jamesscanlon@me.com).

NEW MEMBERS

When you have the opportunity, please welcome our new members ...

Margaret Anthony

Dwayne Hardy

Kyle Lemoi

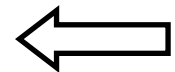
... who joined NVSC this past month.

When and Where to Dance in the Future (Take a few minutes to enter these on your calendar)

March 7: The Hubcaps will be at our Elks Lodge to play rock & roll music. Tickets can be purchased at the Elks Lodge. This event will sell out quickly, so consider buying tickets at our Wednesday night dance.

July 10-12: Association of Carolina Shag Clubs (ACSC) Summer Workshop July 10-12, 2015 at the Hyatt Dulles Hotel. This is a huge 3-day shag event. The presidents of all the Association's shag clubs will be attending as well as other members from their clubs. It is one humongous party that will include dancing, many dance workshops, vendors galore, huge 50/50's, dancing, Friday and Saturday Free Pours (& maybe Thursday!!), dancing exhibitions.

More Places to Shag



Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club, www.battlefieldboogieclub.com

Boogie On The Bay Shag Club, www.boogieonthebay.com

Colonial Shag Club (Newport News), www.colonialshagclub.com

Danville Shag Club, www.danvilleshagclub.com

Franklin Shag Club, gramelia@yahoo.com

Lynchburg Shag Club, www.lynchburgshags.com

Richmond Shag Club, www.richmondshagclub.org

Roanoke Valley Shag Club, www.rvsc.memberlodge.com

Virginia Beach Shag Club, www.vbshagclub.com



January


- Barbara Shepler 1/2
- Bob Brambilla 1/3
- Bill Bernard 1/6
- Vicki Harmatuk 1/6
- Phyllis Schulte 1/7
- Bee Buegler 1/8
- David Barna 1/9
- Janis Grimes 1/9
- Craig Jennings 1/9
- Pete Harmatuk 1/12
- Ruth Browne 1/14
- Joe Cook 1/15
- Linda Byrd 1/16
- Maryann Lesnick 1/16
- Jim Scanlon 1/16
- Ann West 1/16
- Buzz Payne 1/17
- Bill Gibson 1/18
- Liz Kestler 1/21
- Russ Fisher 1/29
- John T. Price 1/29
- Carolyn Magness 1/30

Contest From Linda Varna Vote for whom you think looks best!



Come Dance with Me

Private and Group
Lessons in Carolina Shag
With
David Rodgers



Call or e-mail David
703-239-8978
rodgersd3@cox.net

*Advertise Your
Business in the
Shag Rag!
CONTACT
Sue Young at
suey@theaeap.com
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703-451-6764

E-mail: dmgehley@me.com



The Northern Virginia Shag Club Presents

Our 18th Annual Shag Workshop and Party

with Pro Shaggers

Charlie Womble & Jackie McGee



Join us for a fun day of workshops followed by an evening dance with Charlie and Jackie!

Music by Wayne Bennett from Brunswick, GA

Saturday
February 21,
2015

SCHEDULE OF EVENTS

12:15 – 1:15pm – Workshop 1: TBA

1:30 – 2:30pm – Workshop 2: TBA

2:45 – 3:45pm – Workshop 3: TBA

7:00 – 11:00pm – Saturday Night Dance

WORKSHOPS:

\$10 each for NVSC members

\$15 each for non-members

SATURDAY NIGHT DANCE:

\$20 NVSC Members/\$25 non-members

Under 21 free to both events

Potluck Heavy Hors 'd Oeuvres.

Beer and wine available for purchase. NO BYOB.

★ Please sign up to bring an appetizer or dessert at the Elk's on Wednesdays.

LOCATION:

American Legion Post 180

The Patriot Hall

330 North Center St, Vienna, VA 22180

DIRECTIONS from the East:

Take I-66 W to Exit 62 to merge onto VA-243 N/Nutley Street toward Vienna. Turn right onto Maple Ave W/VA-123 N. Go approx. 1 mile and turn left onto Center Street N. Go through two 4-way stops approx. 0.5 miles and American Legion will be on the left. Take the second entrance that says American Legion Parking. The Patriot Hall is on the upper level of the building.

From the West: Take I-66 E and follow above.

Private lessons with Charlie and Jackie are available. Please contact David Rodgers at 703-239-8978 or email rodgersd3@cox.net to make arrangements.

Questions? Contact Sue Young at susan.young19@yahoo.com.

PRIVATE LESSONS WITH CHARLIE WOMBLE & JACKIE MCGEE

Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private Carolina Shag lessons on Feb. 19, 20, & 22, 2015 at David & Jerry Rodgers' house in Fairfax Station.

SIGN UP NOW for private dance lessons with Charlie & Jackie by e-mail at rodgersd3@cox.net or call David at (703) 239-8978 to put your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00/hour lesson with Charlie and Jackie, and \$60.00/ hour lesson with Charlie or Jackie.

Humor

*Send your opinions,
favorite recipes and
humor to the Shag
Rag editor, Jim
Scanlon,
jamescanlon@me.
com*

Evelyn writes:

I would like to share a personal experience with you about drinking and driving.

As you know, some have been known to have brushes with the authorities from time to time on the way home after a "social session" out with friends.

Well, during the holidays I was out for an evening with friends and had several cocktails, followed by some rather nice red wine. Feeling jolly I still had the sense to know that I may be over the limit. That's when I did something I've never done before. I took a cab home!

Sure enough on the way home there was a police road block, but since it was a cab they waved it past. I arrived home safely without incident.

This was a real relief and surprise because I had never driven a cab before.

I don't even know where I got it and now that the ugly yellow thing is in my garage I don't know what to do with it !!!

A mother tells us about Superman:

At his request, each morning three-year-old Ray's mother pinned a bath towel to the back shoulders of his size two T-shirt.

Immediately in his young imaginative mind the towel became a brilliant magic blue and red cape. And he became Superman.

Outfitted each day in his "cape," Ray's days were packed with adventure and daring escapades. He was Superman.

This fact was clearly pointed out last fall when his mother enrolled him in kindergarten class. During the course of the interview, the teacher asked Ray his name. "Superman," he answered politely and without pause.

The teacher smiled, cast an appreciative glance at his mother, and asked again, "Your real name, please." Again, Ray answered, "Superman."

Realizing the situation demanded more authority, or maybe to hide amusement, the teacher closed her eyes for a moment, then in a voice quite stern, said, "I will have to have your real name for the records."

Sensing he'd have to play straight with the teacher, Ray slid his eyes around the room, hunched closer to her, and patting a corner of the frayed towel at his shoulder, answered in a voice hushed with conspiracy, "Clark Kent."



Recipe

HERBED SALMON BALL

1 can (14 2/3 oz.) Salmon
1 Package (8 oz.) Cream Cheese
1 clove garlic, pressed
1/2 cup small curd cottage cheese
1/4 cup minced onion

1 teaspoon fine herbs, crumbled
1/2 teaspoon thyme, crumbled
1 cup chopped parsley
1/2 cup chopped walnuts
Crackers

Directions

Drain salmon. Remove skin, if desired. Mash bones. Combine cream cheese, garlic, cottage cheese, onion, fine herbs and thyme until well blended. Stir in salmon to blend. Chill 3 hours. Mixture will be soft. Roll in parsley and walnuts. Serve with crackers.

Note: This can also be used for sandwiches.

**Northern Virginia Shag Club
Presents a**



**PRE-SUPER BOWL
DANCE**

**SPECIAL
EVENT!
New Location!**

SATURDAY, JANUARY 31, 2015

5:00 PM - 8:00 PM

ADMISSION: FREE

NEW LOCATION:

Addy's Restaurant Lounge/Bar
BEST WESTERN Battlefield Inn
10820 Balls Ford Road
Manassas, VA 20109
703.361.8000

Large wooden dance floor.
Full menu and cash bar available.

From I-95 North:

Take Exit 152 to Route 234 North - stay on 234 bypass (approx. 20 miles), turn right on Balls Ford Road in 1.7 miles the BEST WESTERN Battlefield Inn is on your left.

From Route 234/I-66 West:

Take Exit 47A to the BEST WESTERN Battlefield Inn on the right.

From I-66 East:

Take Exit 47 to the BEST WESTERN Battlefield Inn on the right.

COME ONE, COME ALL TO OUR PRE-SUPER BOWL PARTY!

Join us for a fun evening.

Questions? Contact Sue Young at susan.young19@yahoo.com

Board Meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of Board Meeting Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

2015 Board

President	Sue Young	571-340-0043	suey@theaeap.com
Vice President	Jason Potter	703-220-6697	jasonpotter2@msn.com
Secretary	Bonnie Arms	703-370-2336	bjrwa@verizon.net
Treasurer	Mark Hendrickson	703-282-1033	markandgolf@verizon.net
Director-at-large	Pamela Alfano	202-414-9312	palfano1@verizon.net
Director-at-large	Christina Werner		
Director-at-large	Ken Morford	202-465-5970	kwm1719@yahoo.com
Director-at-large	Fran Mong	703-283-6973	framong@aol.com
Director-at-large	Loren Kropat		

NVSC COMMITTEES/CHAIRS FOR 2015

*	Audit	Fern Siegler
	Capital Classic	Pam Hamer, Jeanne Potter and Juanita Freeburger
*	Shag-A-Thon	Jason Potter
*	Dance	Pamela Alfano
	Hello Shaggers	Kathy Norris (helloshagger@nvshag.org)
	Co-Historians	Sherri Wildoner, Ken Morford and Dennis Gehley
*	Membership	Bonnie Arms
*	Music	Fran Mong
	Newsletter Editor	Jim Scanlon (jamesscanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Dale & Huda Woodiel
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Web Site	Loren Kropat (webmaster@nvshag.org)
* Denotes Standing Committee		

BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **REFUNDABLE\$25 deposit.** **See SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!**



General Inquiries: shaglist@nvshag.org
 Membership: membership@nvshag.org
 Webmaster: webmaster@nvshag.org
 Hello Shagger: helloslagger@nvshag.org

**Dedicated to the Preservation
 of Carolina Shag and Beach Music**

WE'RE ON THE WEB!
 WWW.NVSHAG.ORG

AND ON FACEBOOK AT
 "NORTHERN VIRGINIA SHAG
 CLUB"

About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:30 p.m.

COME JOIN US!



Shag Rag

NORTHERN VIRGINIA SHAG CLUB
 P.O. Box 2298
 Merrifield, VA 22116