

ORTHERN VIRGINIA SHAG CLUB

#### Dedicated to the Preservation of the Carolina Shag and Beach Music

A Proud Member of



# Shag Rag

**Dave Bushey** 

#### President's Corner

I'm sitting out on our back deck, sipping my coffee, writing the President's Message (iPad's are wonderful!), listening to 94.9 The Surf and enjoying the Sweet Virginia Breeze (who wrote and sang that?). What a morning! The Rolling Thunder are zooming by for their Annual Trek to Arlington National Cemetery. We owe a lot to the veterans who died for our freedoms. Think about them, and thank them, this Memorial Day weekend.

Ashton, our May Guest DJ's? Did they do a great job, or what! Personally, I think we should invite them back.

Did you know that this weekend is also Grand Nationals weekend? I'm looking forward to hearing from our superstars as to how they did. Good luck! If you haven't been to Atlanta, plan on it for next spring. It's always over Memorial Weekend. Every shagger should go at least once. It's a spectacular weekend of dance!

#### by Dave Bushey

for all the details. Get your tickets now and reserve your room at The Westin in Herndon for the Big Party on July 26!

And, of course, if you are so inclined, Pam Hamer and Jeanne Potter will need your help. We depend on volunteers to take care of all of the tasks necessary to make this, and all of our events, a success. Please volunteer to serve on one or more of the committees which will be planning and working the events coming up during the rest of 2014.

Along the lines of volunteerism, we're only 13 months away from the 2015 ACSC Summer Workshop (which is also our 2015 Capital Classic) at the Dulles Hyatt. We're having another Planning Meeting at 7PM on June 9th at Piero's, in Fairfax. All kinds of help are needed. This is a 500 person party, so ... are you good at greeting people, checking them in, selling ads for the Program, providing security (it's at the Hyatt Dulles – a Big Place!), bartending at the Free Pours, coordinating Vendors, selling 50-50 tickets? Come join the fun!

Just in! At Grand Nationals, Joan McKinney and Craig Jennings took 5th place in the Masters Division and Cathy Metcalf and Vaughn Royal placed 2nd in the Non-Pro Division.

June 2014

Volume XX, No. 6

## Special points of interest:

- 2014 NVSC Capital Classic (pages 5 & 6)
- How I Discovered NVSC (page 3)
- Beckley Hanger Club (pages 10-11)
- Seeking Club Historian (page 4)
- Shoe Drive (page 7)
- Humor (page 8)
- Recipe (page 8)



Through the National FastDance Association, our club dance activities are licensed by:





Hey, what a picnic! Be sure to thank the Potters and the Youngs et al for managing such a great Event. Great burgers and dogs, Paul! (Of course, we then were told that we shouldn't eat burgers and dogs. Oh well!) And did you like the DJ? Be sure to say so to Loren!!

And, how about Willie T (Bill Frostick) and Crystal

We're only eight short weeks away from NVSC's annual Capital Classic. This year, We're Going to a Garden Party! (OK, who sang it and who wrote it?) Ashley & Tobitha Stewart are dancing into our hearts (with some surprise friends!) and Mike Harding, one of our All-Time Favorite DJ's, will be spinning the tunes! See the accompanying flyers

# Inside this issue:

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### When and Where to Shag



Every Wednesday, 6:30 – 10:30 p.m. at the **Elks Lodge**, 8421 Arlington Blvd., Fairfax, VA (on Route 50 near Prosperity Avenue). Cover charge: Non-members \$6.00, members \$5.00; free lessons at 7:30 p.m., no partners needed. Buffet dinner 6:45 – 8:00p.m., \$9.00, or order from the menu. For example, Appetizers (Buffalo Wings, Quesadilla, etc.), Salads (Caesar, Chef), Burgers & Sandwiches (Bacon & Blue, Pulled Pork BBQ).

See more places to dance with other ACSC Virginia Shag Clubs, listed on page 5.



June 1st and 15th at **JW & Friends**, 6531 Backlick Road, Springfield, VA, 5:00 – 8:00 p.m.; no cover charge

Thursdays at **Shannon's Bar & Grille**, Fredericksburg; Battlefield Boogie Club (battlefieldboogieclub.com)

### Dance Lessons at the Elks on Wednesdays

#### **DJ Schedule**

6/4: Loren Kropat

6/11: Bill Frostick

6/18: Craig Jennings

6/25: Dennis Gehley

#### Beginner Level Shag Steps

**Intermediate Level Shag Steps** 

6/4 - Basic and Female Turn 6/4 - Hug Pivot & Pivot

6/11 – Basic and Start 6/11 – Pivot with Tuck Turn

6/18 – Basic and Male Turn 6/18 – Pivot and Belly Roll

6/25 – Basic, Half Turn, Triple Basic 6/25 – Sugarfoot with Back Prep and Front Prep

Beginner lessons are FREE to non-members,

but membership is required for the Intermediate class. Membership is \$25/year.

Lessons begin at 7:30 p.m. Social dancing from before and after lessons to 10:30 p.m. Please remember to ask Red Dot beginner dancers to dance.

It takes lots of practice to become a better dancer!

# Kevin and Trish Goeller, How did you discover NVSC?

#### Trish Replied:

Our shagging days started when I saw a video of Charlie and Jackie dancing on Facebook. I was so intrigued by the style of dance, I put it on my bucket list to learn. At the time, we had been taking ballroom dancing lessons through Fairfax County Parks & Recreation, so I asked our dance instructor if she knew the Carolina Shag. She did not but referred me to fellow ballroom dancer students Linda and Warren Maslar (NVSC members). They invited us to the Elks Lodge, and in October 2013 we attended our first beginner class and we were hooked! I was a little apprehensive but everyone was so welcoming, newcomers have nothing to feel apprehensive about. Six months later, we are still coming on most Wednesdays and always enjoying it.

Each of us has our favorite form of exercise, Kevin is a tennis player and I am a jogger. But dancing offers us something we can do together. We have fun keeping our brain working and our feet moving, most nights anyway. On occasion neither the brain or feet are working so we get off the dance floor, laugh about it, and talk to others.



We spend many weekends on the eastern shore, (our home away from home) and just recently have explored any shag dancing opportunities there. We didn't find any but what we found was hand dancing. Not sure what that is. We may have to give it a try and see what we think. In the meantime, we love shag and we certainly have spread the word to our friends about what a great way it is to spend a Wednesday night. Thank you NVSC members for being so welcoming.

Welcome to our New members...

Jessie Lewis

Nancy Rybicki

Beverly (BJ) Thomas

Richard Tolocka

Kevin and Trish Goeller





#### **June**

Pat Walker	01
Tom Porter	02
Beverly (BJ) Thomas	02
Vicki Tedesco	04
Heather Jennings	06
Donna Romito	07
Sharon Salpini	07
Patricia Tope	07
Denny Koski	10
Crystal Ashton	11
Victoria Kruk	13
Nora Ryan	17
Susan Shawver	17
Bonnie Ginn	18
Chuck Roper	19
David Strobel	19
Don Borja	20
Diane McGibbon	20
Ella Nunn	20
Sam Wray	21
Gary Mann	24
Mo Cvijanovic	27
David Modlin	28
Ruth Rapson	30

#### **Trivia**

"I went to a garden party to reminisce with my old friends, A chance to share old memories and play our songs again. When I got to the garden party, they all knew my name.

No one recognized me, I didn't look the same. . . . "

By singer/song writer \_\_\_\_\_\_

(Sure, you remember this guy, just fill in his name.)

#### **News and Announcements**

Where do I Get a Copy of the Shag Rag? Go to the N V S C we b s i te, www.nvshag.org, click on Newsletters tab, click on the desired month. It's in PDF format. Also, copies will be available at the Fairfax Elks on Wednesdays.

Hello Shagger Emails Are you getting the Hello Shagger e-mails? If not, visit our website at www.nvshag.org. On the left side, click on the blue box that says "Hello Shagger e-mail list" and give us your e-mail address!

Hello Shagger Change Anyone with information to be included in the Hello Shagger email (including DJ schedules and menus) should send the information to helloshagger@nvshag.org, instead of sending directly to Donna Romito, (who passed her duties to Dale Woodiel).

**Keep Your Membership Information Current** Have you moved, changed phone numbers or email? Contact Bonnie Arms at bjrwa@verizon.net or Dave Bushey at dbushey99@gmail.com.

### **NVSC** is Seeking a Club Historian!

The NVSC sorely needs someone to volunteer to be its historian. To volunteer, please contact Dave Bushey at dbushey99@gmail.com.



Register early!

Discount pre-sale all day tickets: \$65

(includes workshop, free pour, dinner and dancing)

After July 1: \$75

Tickets must be purchased in advance.

Name(s):	
Address:	
City, State, Zip:	Number of Tickets:
Phone:	Amount Enclosed:
Checks made payable to	NVSC and mail to Pam Hamer, 8328
Georgetown Pike. McLea	n. VA 22102 email: phamer@madeira.org



# 2014 Capital Classic 26 July 2014 Dulles Westin Hotel



# 2520 Wasser Ter Herndon, VA 20171 (703) 793-3366

### **Dance With the Pros Ashley & Tobitha Stewart**

Carolina Shag Instructors, Ashley & Tobitha Stewart from China Grove, NC, have been competing on the Shag circuits together since 2008. They also enjoy competing in the National Shag Dance Championships in North Myrtle Beach, SC, and the USA Grand National Dance Champions in Atlanta, GA each year, as well as competing on the CSA Circuit (Competitive Shaggers Association). Ashley & Tobitha have been instructing Shag since 2009.



# Join Us for a Day of Dance, Workshops and Great Music Featuring DJ Mike Harding



Mike will turn your special event into a dance party to remember! When DJ Mike Harding is spinning the tunes for an event, the guests dance all night long and talk about the great time they had for months afterwards. Mike is a professionally trained and experienced DJ who has performed for literally hundreds of events from huge galas to small private gatherings.

#### **Tentative Schedule:**

**12:30 – 1:30 Beginner workshop** 

1:30 – 2:00 Social dance / question and answers by the Pros

2:00 - 3:00 Intermediate workshop

3:00 - 4:00 Open time relax / talk / be merry

4:00 - 5:00 Free Pour

6:00 - 11:00 Dinner / Dancing

Additional fun: 50/50. Wine Baskets Raffle and more



Via 66:
Exit onto Rt 28 North toward Dulles Airport:
Turn Right onto Rt 608 Frying Pan Road
First Left onto Sunrise Valley Dr
Turn Left onto Mansarde Dr
Turn Right onto Wasser Dr
The Westin will be on your Left

#### Cost:

Early bBrd Tickets \$65.00 After July 1\* \$75.00 Room Rate : \$89.00. (July 1\* cut off)

#### **Directions:**

Dulles Toll Rd:
Exit onto Rt 28 South Toward Chantilly
Take exit for Rt 608 Frying Pan Road
First Left onto Sunrise Valley Dr
Turn Right onto Mansarde Dr
The Westin will be on your Left

Visit the Web site at: http://nvshag.org

Contact: Pam Hamer: 703-556-8365 Jeanne Potter: 703-425-8916 **NVSC Shoe Drive** 

Donate your old Shag Shoes!

#### An Interview of Angie Bushey by Jim Scanlon

Angie Bushey, I understand that you are leading the NVSC shoe drive for the Helen Taylor Foundation. This is the first I have heard of it. What is it all about?

The Ellen Taylor Foundation (TETF) has many programs, all for the benefit of Juniors in the Shag community. Here is the website: www.ellentaylorfoundation.org/ where you can get an idea of all that they do. The Foundation is particularly known for the shoe program, collecting shoes throughout the year, and distributing them, free of charge, to youngsters at Junior SOS each July.

====

That sure makes sense, because growing children always need new shoes. It sounds a bit like the kids golf initiative, The First Tee, where older golfers donate their golf equipment, including shoes, to those who don't have the financial means to participate in the sport. How can shag dancers donate their shoes?

It does sound very similar!

Each Wednesday during the month of June there will be a collection box placed near the front desk for our members and guests to donate their shoes. That's all there is to it, we've tried to make it as easy as possible.

And, if you don't make it to the NVSC weekly gathering, you can donate shoes anytime during the year while you're in North Myrtle Beach; shoes can be dropped off at The Shoe Center (710 Hwy 17 South) or Judy's House of Oldies (300 Main Street, NMB). The donated shoes that are received are inventoried, checked for cleanliness, condition, and style appropriate for Junior Shaggers.

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Are there any size guidelines, male or female? I would think not, because of the size of the junior dancers we saw at last year's Classic.

You're absolutely right Jim, no size limitations at all. We've seen Junior Shaggers with very small feet (at age "almost 5") to quite large-almost fully grown-adult size feet.

====

#### Are there any wear limitations, such as holes in the soles?

Yes, please! Take a long look at your shoes; we need them in "gently used" condition. If the shoes have toes popping through holes on the sides, straps broken or shredded, or holes in the soles, please do not donate them to the shoe drive. Per their guidelines, no flip flops or bedroom slippers, TETF is looking for dance shoes, or "shoes appropriate for dancing and clean enough that we would want our young people to put their feet into".

----

Considering the size of the shag dancing population, there should be enough shoes to take care of the small number of juniors who are learning to dance. Do you have any statistics about the effectiveness of the program so far?

Junior SOS 2013 was a typical year: Junior SOS week started with nearly 600 pairs of shoes ready to go, and 250 pairs of shoes were given out. TETF did "purchase some smaller sizes and will continue to do so since the "little" sizes seem to be scarce"\*\* in the incoming donations. Shoes remaining at the end of the week are stored locally (North Myrtle Beach), through the generosity of the Chamber of Commerce, at the Chamber's warehouse.

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You mentioned it above, but tell us again how NVSC dancers can donate their shoes.

We'll have a collection box at the front desk area each Wednesday night during the entire month of June. Arrangements have already been made to get the shoes to TETF in time to get them ready for 2014 Junior SOS. And Thank You!

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Thanks Angie for letting us know about the Ellen Taylor Foundation, we NVSC shaggers can certainly help make it a success.

NVSC has a large and generous heart, especially when it comes to helping the Juniors in the Shag community. A large "Thank YOU" to each and every one of our members and guests for taking the time to check out your shoes for possibly donating to The Ellen Taylor Foundation!

<sup>\*\*</sup> Information quoted and para-phrased from http://www.ellentaylorfoundation.org, The Ellen Taylor Foundation, Shoe Program

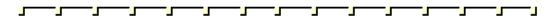
Send your opinions, favorite recipes and humor to the Shag Rag editor, Jim Scanlon, jamesscanlon@me. com

#### Humor

By the time a man is wise enough to watch his step, he's too old to go anywhere.



A man has reached old age when he is cautioned to slow down by his doctor instead of by the police.



The year is 2020 and Zelda Goldberg, the first Jewish woman has been elected President of the United States.

Zelda calls her mother: "Mom, are you coming to the inauguration?"

Her mother replies: "It's a ten-hour drive, you know I don't like those long trips."

Zelda says: "Mom, I'll send Air Force One down to pick you up!"

Mom: "But I don't have anything to wear to such a big event."

Zelda: "Mom, Oscar de la Renta is providing gowns for all close relatives for free."

Mom: "You know I can't eat that fancy, schmantzy food you people eat up there."

Zelda: "Mom, I am having it all catered Kosher."

Mom: "OK, I'll come."

At the inauguration, Zelda's mom is sitting next to a Senator. She leans over and says to him: "You see that woman up there with her hand on the Torah! Her brother's a doctor!



#### Recipe

(from Jim Scanlon)

#### Lemon-Cured Sashimi

1 pound sole, flounder, or other salt water flat fish filets

2 cups fresh-squeezed lemon juice

1/2 cup soy sauce

1/2 cup finely chopped onions

1/4 teaspoon white pepper

1 teaspoon salt

1/3 cup freshly grated horseradish or wasabi

paste

lemon wedges

Remove any skin and bones from fish. Mix all ingredients in a glass bowl with a cover. Place the fish in the liquid and store in refrigerator for at least three days, turning filets occasionally.

To serve, cut the filets crosswise with a very sharp knife into slices about 1/4-inch thick. Serve with the lemon wedges and horseradish, and any type of neutral tasting crackers. Serve with white wine. The slices look like they have been broiled, with dark brown on the outside and light tan on the inside.

It doesn't sound appetizing, but guests "go ape" over it.

# When and Where to Dance in the Future (Take a few minutes to enter these on your calendar)

#### 2014:

When	What	Where
July 26	NVSC Classic	Westin Hotel in Herndon
August 1-3	Richmond Shag Club's Boogle on the James	Www.RichmondShagClub.org
August 23	Battlefield Boogie Club's Anniversary Party	Fredericksburg Country Club
August 22-24	Beckley WV'S Hangar Party	www.beckleyshagclub.com
September 12-21	SOS Fall Migration	North Myrtle Beach
September 16	NVSC's SOS Party at Fat Harold's,	Fat Harold's 2-4 p.m.
October 25	NVSC's Shag-A-Thon	Herndon Community Center
October 24-26	DC Hand Dance Assn.'s Amish Country Fall Event	TBD
December 13	NVSC's Christmas Party	Kingstowne Snyder Community Center , Alexandria, VA

#### 2015:

Association of Carolina Shag Clubs (ACSC) Summer Workshop July 10-12, 2015 at the Hyatt Dulles Hotel. This is a huge 3-day shag event. The presidents of all the Association's shag clubs will be attending as well as other members from their clubs. It is one humongous party that will include dancing, many dance workshops, vendors galore, huge 50/50's, dancing, Friday and Saturday Free Pours (& maybe Thursday!!), dancing exhibitions. And did we say dancing??

#### Other ACSC Virginia Shag Clubs

Visit the club websites for venues and schedules.

Battlefield Boogie Club, www.battlefieldboogieclub.com

Boogie On The Bay Shag Club, www.boogieonthebay.com

Colonial Shag Club (Newport News), www.colonialshagclub.com

Danville Shag Club, www.danvilleshagclub.com

Franklin Shag Club, gramelia@yahoo.com

Lynchburg Shag Club, www.lynchburgshags.com

Richmond Shag Club, www.richmondshagclub.org

Roanoke Valley Shag Club, www.rvsc.memberlodge.com

Virginia Beach Shag Club, www.vbshagclub.com

# More Places to Shag

Reserve now! This fills up fast!

#### Beckley, WV Hangar Party, August 22-23

#### From Karen of the Beckley Shag Club

Now is the time to get your spots reserved by filling out the attached application and sending to us just as soon as possible. Please take a minute and make your room reservations too! They will book quickly.

Notice on the bottom of the flyer (below on page 11) that on August 21st, Thursday at 1:00, the second annual Golfing for

Scholars Fundraising Event will be held at the Resort at Glade Springs. The jLee Foundation for Arts & Sciences has been established by Jim and Dale Hern, the Hangar owners. This Foundation honors high school graduates with scholarships. Several of our young junior dancers have and are benefiting from this Foundation. If you are

interested in being a part of this fun and rewarding day by playing or sponsoring, please let me know.

As always, Remember To Dance,

(304-228-3757) Karen www.beckleyshagclub.com

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rodgersd3@cox.net



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703-451-6764

E-mail: dmgehley@me.com

Advertise Your Business in the Shag Rag! **CONTACT** Dave Bushey at dbushey99@gmail. for details.

# Beckley Area Shag Club's 13th Annual Runway Boogie

August 22 & 23, 2014

Hern's Hangar Raleigh County Memorial Airport Exit 125B off I-64 East, Beaver WV

Hall of Fame DJs: Larry Edwards & Ed Timberlake

Saturday: 2 Free Workshops with Pizza afterwards
Saturday Night-Full Buffet Dinner

Shuttle Service to and from the Sleep Inn & Microtel (East Beckley) both nights

Sleep Inn, Exit 125 B-I-64E, Beaver, 304-255-4222 Room Rates \$\frac{\$77.00}{277.00}\$ per night. Mention Beckley Area Shag Club when you make your reservation. Microtel Inn & Suites, 1001 S Eisenhower Drive, East Beckley WV 304-255-2200 Exit 124 (5 miles from Hangar) 100% non-smoking. Single \$\frac{\$59.99}{274.99}\$, \$\frac{\$64.95}{264.95}\$ for a double and suites \$\frac{\$74.99}{274.99}\$

ATTENTION: Tickets will not be mailed so fill out everything below and make certain your e-mail address and mailing address may be read easily. A confirmation will be sent by e-mail or phone. Your name(s) will be on our master list when you check in at the Hangar!

Contacts: Charlie Cline 304-228-9938 or Karen Callahan 304-228-3757

You must provide a name with each ticket purchase. Tickets are non refundable but may be transferred. Mail to BASC, PO Box 395, Beckley WV 25802

Name (s):		
Shag Club Affiliation:	Phone:	
Address:		
e-mail address:		
		RWB 2014

Beckley Area Shag Club is a Member of:



Ask about the August 21<sup>st</sup> Golf Tournament jLee Foundation for Arts & Sciences

President

Secretary

Treasurer

2014 Board

Vice President

Director-at-large

Director-at-large

Director-at-large

Director-at-large

Director-at-large Jason Potter

**Audit** 

Dave Bushey

Bonnie Arms

Pamela Alfano

Sue Young

Fran Mong

Ken Morford

Mark Hendrickson

**NVSC COMMITTEES/CHAIRS FOR 2014** 

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703-338-1563

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bjrwa@verizon.net

**Board Meetings** are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary at least one week in advance if you wish to attend (so that we may accommodate you). Copies of **Board Meeting** Minutes may be available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

	7101011	
	Capital Classic	Pam Hamer, Jeanne Potter and Juanita Freeburger
*	Shag-A-Thon	Jason Potter
*	Dance	Pamela Alfano
	Hello Shaggers	Dale Woodiel (helloshagger@nvshag.org)
	Historian	Not named
*	Membership	Bonnie Arms
*	Music	Fran Mong
	Newsletter Editor	Jim Scanlon (jamesscanlon@me.com)
	Newsletter Publisher	Maryann Lesnick (mlesnick@mlesnick.com)
	Photographer	John Romito
*	Public Relations	Dale & Huda Woodiel
*	Social/Hospitality	Jeanne Potter
	Sunshine	Maryann Lesnick (mlesnick@mlesnick.com)
	Web Site	Loren Kropat (webmaster@nvshag.org)
* Dei	notes Standing Committee	

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer.

#### BORROWING SHAG VIDEOS..... is easy!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're FREE to club members! All you have to do is put down a REFUNDABLE\$25 deposit. See SUE YOUNG on Wednesday nights to borrow or purchase a DVD or video!!!



General Inquiries: <a href="mailto:shagist@nvshag.org">shagist@nvshag.org</a>
Membership: <a href="mailto:membership@nvshag.org">membership@nvshag.org</a>
Webmaster: <a href="mailto:webmaster@nvshag.org">webmaster@nvshag.org</a>
Hello Shagger: <a href="mailto:helloshagger@nvshag.org">helloshagger@nvshag.org</a>

# Dedicated to the Preservation of Carolina Shag and Beach Music

WE'RE ON THE WEB! WWW.NVSHAG.ORG

AND ON FACEBOOK AT "NORTHERN VIRGINIA SHAG CLUB"

#### About Our Organization...

Northern Virginia Shag Club (NVSC) was organized to preserve the Carolina Shag dance and its accompanying Beach music. NVSC dances the Carolina Shag every Wednesday night at:

Elk's Lodge, 8421 Arlington Blvd, Fairfax, VA

Come join us — learn the Carolina Shag! Free beginner lessons begin at  $7:30\,$  p.m. A Buffet dinner is available for purchase. Social dancing is from 6:30 to 10:30 p.m.

#### **COME JOIN US!**



#### **Shag Rag**

NORTHERN VIRGINIA SHAG CLUB P.O. Box 2298 Merrifield, VA 22116