

July 2011
Volume 17 Issue 7

Shag Rag



Dedicated to the Preservation of the Carolina Shag and Beach Music
Northern Virginia Shag Club

PRESIDENT'S MESSAGE *by Tim Farris*

Dear Members of the Northern Virginia Shag Club, we're now fully into the halcyon days of summer! The days are at their longest and with the blessing of air conditioning we don't have to stew in those days (and nights) of high humidity and heat. The beaches and the mountains beckon... Yay!

And again, congratulations to Joan McKinney, and her dance partner Tom Edwards, who finished **FIRST**, and Vaughn Royal and Cathy Metcalf who finished **THIRD** at the US Grand National Championship in Atlanta held on May 26th through 29th. By all accounts the competition among the top finishers was very close! It's so wonderful that our club members did so well...a real tribute to their dedication to shag dancing.

And do mark your calendar for our special summer dance party set for July 23rd at the Hilton Hotel near Dulles Airport, the venue for our past several Capital Classics. This year's event, strictly speaking not a "Classic" still promises to be a fun-filled occasion with a free pour, dinner, and plenty of dancing to the wee hours! We have arranged for a special room rate at the Hilton, just mention the club and event for the much reduced rate. Again, check the NVSC web site for more details and get ready for "A Night in Paris"!

As mentioned previously, Marcia Conway's daughter and son-in-law have again graciously offered their lovely house as the venue for our summer picnic. However, the August calendar (the time frame we had been shooting for) has been overwhelmed with schedule conflicts, so we are now aiming for an early October event instead. Keep an eye out for details to come.

Our sister shag club in Frederick, VA, the Battlefield Boogie club, will be having a summer dance party on August 20th. Many of our club members have attended and report having had a marvelous time. I'd encourage our members to make plans to attend and have a great time! In the meantime...Keep Shagging!

Tim

*Volunteering is a
great way to help
our Club prosper.*

*Contact a Board
Member for details.*

2011 Board Members:

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Marcia Conway—703-361-8159 nclady@comcast.net

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Board meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary, at least one week in advance (so that we may be able to accommodate your attendance). Copies of Board Meeting Minutes are available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

Condolences are extended to the family of:

Our sympathy and condolences go to **Maryann Lesnick** and her family. Her father died June 10th at the age of 82. Cards can be sent to: 8804 Weir Street, Manassas, VA 20110.

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jrdancer0501@yahoo.com

Hey NVSC shaggers...want to win two (2) free tickets to what will be one of the hottest shag/swing events in the DC area this year? Check out the link below to Dave Moldover's Dance Swing weekend! All you need to do is to be clever enough to come up with a new name for the event this year. The event will headline our Club and the Carolina Shag along with other forms of swing. The event is scheduled for **November 17-20** at the Hyatt regency in the Reston Town Center. More information to come but in the mean time, but on those thinking caps for a chance to win 2 free tickets!

Here's the site to go to: <http://www.vsoswing.com/>

Special Out of Town Dance Events:

"Roaring Twenties" August 5-6 hosted by Richmond Shag Club, www.richmondshagclub.org. (see flyer table on Wed at Renes)

A party within a party! At the August 11-14 Jekyll Island Beach Music Festival, the **Shag in the Golden Isles--Shag-A-Ganza 21 Party** is on Thursday evening August 11th, at the Beach Music Festivals Magnolia Hall, starting at 7:00 pm to the music of DJ Murl Augustine. This is the year that the Golden Isles Shag Club annual party has its 21st birthday. The first one was in 1990 and has been going ever since. For details go to: www.goldenisllesshagclub.com

From John Carpenter, President- Sandy Beach Shag Club—A Mega-Fest Event

I hope you will consider visiting the **Sandy Beach Shag Club** on Labor Day Sunday, September 4th, for the first ever DJ Throwdown Sandkicker MegaFest! 10 of the finest Shag DJ's in the business will play throughout the day with plenty of food, drink, and dancing on one of the best natural oak floors anywhere in the country. In addition to the very large area inside, we will have an outside area set up to help enjoy the day, and we will be going from 4pm until 11pm. See the attached flyer for all of the information. If you haven't been to the Foothills of Western North Carolina (much cooler in September), and the beautiful town of Morganton, NC, this might be the perfect Road Trip for you and your club. Tickets are only \$15 at the door. I hope to see some of you there!

ENJOY BEACH MUSIC ANYWHERE

Carolina Beach Music. . .

Stream Carolina beach music at work or home when working at your computer or to share with others. Use it to practice your shag steps at home. Go to www.949thesurf.com (94.9 FM) for some of the best shag music straight from the number one beach music station in the country and SOS's official radio station in North Myrtle Beach. Insert the station on your favorites list like I have done. Helps to reduce stress - in my opinion. Enjoy!



- Barry Newman

The **Battlefield Boogie Club** has moved their weekly dance night to Thursday.

They now dance from 7:30 to 10 p.m. at:
Shannon's Bar & Grill
2801 Plank Road (Central Park)
Fredericksburg, VA 22401

Call Wes at 540-226-6007 for more information.

**FIVE FRIDAYS THIS MONTH--JOIN US AT TOMMY'S
PLACE ON FRIDAY NIGHTS**

Friday Night Dancing at TOMMY'S PLACE

8910 Mathis Ave, Manassas, VA

(703) 368-6500

How many of our members remember Friday nights down at *Legends* in Manassas? Here's a treat for all shag dancers: On Friday nights, Gene Griffin (a former DJ at Legends) will DJ from 6:30 until 9:30 p.m. Gene will play Shag/Beach Music (CD's provided by Gary Salpini and others). Enjoy the food, the management, the prices, the seating arrangements, the dance floor, and **NO COVER!** THIS VENUE is encouraged for all shag friends to join together for a few drinks, dinner, and dancing on Friday nights. **SEE YOU THERE!**

July Birthdays

Fred Whitman	1st
Kay Worley	2nd
Ronald Parker	2nd
Sandra Feron	3rd
Dale Hern	8th
Larry Boyer	10th
Betty Robey	14th
Jean Whitman	15th
John Seely	16th
Paul Young	17th
Pamela Ledford	17th
Mary Camp	18th
Jerry Crews	26th
Jenni Sammis	26th
Jo Mozingo	28th
Linda James	29th
Vesta Denning	29th
Vaughn Royal	29th
Gary Salpini	29th
Juanita Morford	30th

DEEJAY SCHEDULE FOR JULY

Craig Jennings	6TH
Eddie O.	13TH
Dennis	20TH
Eddie O.	27TH

*Share the joy—invite
someone to Dance!*

NEW MEMBERS IN JUNE
Juanita & Kenneth Morford

WELCOME TO OUR CLUB!

*Learn from the pros by
watching their
instructional DVD's. See
Sue Young for details and
availability of rentals*

☺ Happy Birthday!

WANT TO LEARN NEW STEPS? BORROW SHAG VIDEOS

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're FREE to club members! All you have to do is put down a FULLY refundable \$25 deposit. See SUE YOUNG on Wednesday nights to borrow a DVD or video!!! Or to purchase our club's dance lessons on DVDs for \$10!

We have just added FIVE more instructional DVDs to our rental collection to help you improve your style and technique whether you're a beginner, novice or advanced dancer. You must be a member to rent our DVDs and we offer a fully refundable \$25 deposit. The new DVDs are listed below:

Charlie and Jackie Male Lead Volume 1: Patterns for men to do by themselves. A great follow up to Basics Plus - for all levels of dancers.

Sam and Lisa West:

- 1. Introduction to Carolina Shag 101** - All the basic steps. Perfect for any beginner or someone brushing up on their basic steps.
- 2. Social Patterns for Beginner Dancers** - is designed to take beginner dancers from their basics through their next progression of patterns. This DVD includes some of the great traditional steps like the Sugarfoot, Duck Walk, and Boogie Walk.
- 3. Female Steps & Patterns 2004** - takes you through each pattern by breaking it down step by step. They concentrate on proper footwork, connection with your partner and how to use your upper body to smoothly flow through your steps.
- 4. Female Steps & Patterns** - This DVD includes some basic variations and female turns.

“An Evening in Paris” dinner dance – July 23rd

It’s going to be the best party in Northern Virginia this summer that you’ll not want to miss! On Saturday, the fun begins with a one hour lesson by **Heather and Craig Jennings** followed by a visit to the hospitality suite for a Free Pour and hors d’oeuvres. In the ballroom at 6:00 you will be served a sumptuous French buffet dinner followed by dancing to great shagging tunes and special entertainment. There will also be a silent auction and 50/50 raffle. Special entertainment will include a dance exhibition by **DanceInTimeProductions**. This dynamic group specializes in a wonderful and very social dance style called Cuban Salsa. They have produced and performed in shows for the Kennedy Center, the D.C. Convention Center and the Verizon Center. If you aren't familiar with Cuban Salsa, you can visit: www.DanceInTime.com for videos and more information!

About Craig and Heather

Craig & Heather Jennings are from King George, VA and have been shagging since 1995. They began competing in 1998 and are members of the Competitive Shaggers Association (CSA), serving on the Board of Directors from 2000-2004. They currently compete in the Pro division of CSA, but have danced in many other local and national dance events including the National Shag Dance Championships, Grand National Dance Championships, Virginia State Open, Swing Fling, the Virginia Beach Shag Championships, and the SOS Smoothies Shag Contest. They are regular shag instructors for the Northern Virginia Shag Club and the Battlefield Boogie Club and have taught shag workshops for events in North Carolina, Virginia, New Jersey and Pennsylvania. They were shag team members of the Virginia Shag Dance Team in 2004, the “Boogie Woogie Kings” in 2005, which took first place at the Nationals Shag Dance Championships, and the “Shagalistics” in 2008 which took first place at Grand Nationals.

We are fortunate to have such great talent so close to home. Come have some fun and learn some new dance steps too. We are still in need of quality items to add to our silent auction. If you have anything you would like to donate, now is the time to make your contribution. Please contact Sue Young at suey@theaeap.com.





Last Month's Special Fifth Wednesday Dance Lessons

Let's give 'em a huge thank you!

For the 5th Wednesday in June, David Rodgers and Pamela Alfano taught a special review class of the four week Beginner instructional program, and Novices and Intermediates were combined into a single group in which Joan McKinney and Vaughn Royal taught special footwork for ladies and male lead for gentlemen. A special thanks to **Gene Griffin**, who DJ'd for us that evening.



Congrats to recent retirees...

Sandra Traylor and Lin Romero!! Enjoy your retirement ladies!!



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Welcome back Dennis! We missed your advertisement in past issues! Ed.-NVSC Shag Rag



OUR NEXT 2011 SUNDAY SOCIAL DANCE PARTY IS SCHEDULED: August 7th at

FAST EDDIE'S SPORTS GRILL

14114 LEE HIGHWAY, CENTREVILLE, VA 20120 703-256-8888

SOS FUN MONDAY RAFFLE

Drawing will be held September 19, 2011. The raffle tickets are \$10 each. A portion of the proceeds will be donated to CARING FOR KIDS, a local North Myrtle Beach charity and a portion will go to the SOS Charitable Foundation, Inc.

A total of \$11,250 will be given away

First Prize: \$7,500

Second Prize: \$2,000

Third Prize: \$1,000

Fourth Prize: \$ 500

Fifth Prize: \$ 250

TICKETS ARE ON SALE NOW AT RENE'S ON WEDNESDAY NIGHTS.

Contact a Board Member for ticket purchases.

NVSC Logo Merchandise and SOS Cards

Members Kathy Miller and Nancy Cox are the contacts for **NVSC logo merchandise**. They have the following:

Shirts-in several colors and styles, \$18 and up

CD Cases \$15

Coffee Mugs \$5

Baseball Caps \$15

Twinkling Glasses \$10

Cook Books \$15

2011 SOS CARDS

Kathy Norris, our club Treasurer, is selling 2011 SOS cards for \$30. That's a savings of

\$5. Cards sell for \$35 at North Myrtle Beach. You may use them for Mid-Winters, Spring Safari and Fall Migration. Kathy is at Rene's on Wednesday nights but if you can't make it to Rene's, mail your \$30 check payable to NVSC and mail to P.O. Box 5522, McLean, VA 22103. Include a self-addressed stamped envelope.

REMINDER-KEEP YOUR MEMBERSHIP INFO CURRENT

Have you moved, changed phone numbers or email?

Contact Valerie Swiger at valerievms@aol.com.

This is especially important if you want to receive "Hello Shaggers" emails— a terrific way to keep in touch with NVSC news, current events, and activities.

WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, www.nvshag.org, click on Newsletters tab, click on the month you want. It's in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at Rene's on Wednesday's.

ADVERTISE YOUR BUSINESS IN THE SHAG RAG—CONTACT LIZ KESTLER AT sarejan5@yahoo.com for details.



JUNE DANCE LESSONS AT RENE'S-WEDNESDAYS

Lessons Begin at 7:30 p.m.

Reminder, **ALL LESSONS** are **FREE--BEGINNER** lessons are **OPEN** to Non-club members. **NVSC MEMBERSHIP** is **required** for the **NOVICE** and **INTERMEDIATE** classes.

INTERMEDIATE LEVEL SHAG STEPS

JULY 6—Side to Side Basic, Handshake Wrap Pivot

JULY 13—Leg Up Basic, Lean

JULY 20—Stutter Basic, Sugarfoot Ending with a Lean

JULY 27—Flyback, Arm Over Pivot with Reverse Tuck

NOVICE LEVEL SHAG STEPS

JULY 6—Double Kick Basic, Applejack

JULY 13—Behind Sailor Shuffle, Front Walk-Up

JULY 20—Hesitation Basic, Hug Pivot

JULY 27—Pivot, Tuck from a Pivot

BEGINNER LEVEL SHAG STEPS

JULY 6—Basic, Start, Female Turn

JULY 13—Half Turn, Male Turn

JULY 20—Kick Basic, Side Pass

JULY 27—Crossover Basic, Triple Basic

OPEN DANCING FROM 8:15 UNTIL 10:30 P.M.



The Northern Virginia Shag Club Presents

*An Evening in Paris
Dinner Dance*

Saturday, July 23rd, 2011

Don't Miss This Event!

- ★ FREE shag workshop by our own pro competitors
Heather and Craig Jennings
- ★ Hospitality suite/hors d'oeuvres
- ★ A sumptuous French buffet dinner
- ★ Silent auction
- ★ Live entertainment
- ★ 50/50 drawing
- ★ Cash bar
- ★ 10% discount for breakfast at hotel
- ★ Dancing to the sounds of our own DJ *Craig Jennings*

Located at the Dulles Hilton Hotel

13869 Park Center Road, Herndon, VA 20171

Reserve your room at

www.washingtondulles.hilton.com

Use group code NVS or call (703) 478-2900

Ask for the Northern Virginia Shag Club special rate of \$79/night plus tax until June 30th, 2011

Schedule of Events:

- 2:30pm Registration
- 3:00–4:00pm Free Shag Workshop
- 4:30–5:30pm Hospitality suite/Hors d'oeuvres
- 6:00–7:30pm Dinner
- 7:30pm–12:00am Music and Dancing



Register Early!

Discount Pre-sale Tickets: \$55 members \$60 non-members (until June 30th, 2011)

\$60 members \$65 non-members (after June 30th, 2011)

No refunds after June 23rd. Tickets must be purchased in advance!

Name(s): _____

(Last, First)

Address: _____ Primary Shag Club: _____

City, State, Zip: _____ Number of Tickets: _____

Phone: _____ Amount Enclosed: _____

Make check payable and return to Northern Virginia Shag Club, P.O. Box 5522, McLean, VA 22103

Registration Contact: valerievms@aol.com or suey@theaeap.com

www.nvshag.org

Shag Rag

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Day March 17th*

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Business Card Size Ads are:

**\$60 for NVSC Members; \$75 for Non-Members
(both are Annual Rates)**

About Our Organization...

Northern Virginia Shag Club ("NVSC") was organized to preserve the Carolina Shag Dance and its accompanying music—Beach Music!

NVSC dances the Carolina

Shag every Wednesday night at Rene's Supper Club, located near Fairfax Circle in Fairfax, Virginia at 3251 Old Lee Highway. Rene's telephone number is 703-385-0077.

Come join us—learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. to 8:15. There is open dancing from 8:15 to 10:30 p.m.

COME JOIN US!

We're on the Web!

See us at:

www.nvshag.org

