April 2011 Volume 17 Issue 4







Dedicated to the Preservation of the Carolina Shag and Beach Music

Northern Virginia Shag Club

PRESIDENT'S MESSAGE by Tim Farris

Dear Members of the Northern Virginia Shag Club...are you tired of winter yet?!? I bet you are but spring is just around the corner... I said that last month and as the end of March looms, there's snow in the forecast!

For all our members who are heading for the 2011 Spring SOS, have a great time, party hearty and travel safely. And do enjoy the two special events being sponsored and supported by your club, 1) a NVSC gathering at Fat Harold's on Monday April 11th and 2) an All-Virginia gathering on April 15th at the O.D. Resort. For our members who are not able to go south, the club is paying for one free regular beverage at Rene's on April 13th.

Now that football season has come to an end, we restarted our monthly Sunday social events at Fast Eddy's in Centerville. The first event there was held on March, 6th. Due to the spring SOS schedule, our next Sunday social there will be held on May 1st. Check the web site for more details.

And special thanks to Fran Mong and Pamela Alfano for co-chairing the recently concluded annual Shag-a-thon on March 19th at Springfield mall! Travel obligations took me out of the area for the event but I'm told that they did a fabulous job! With their leadership, we have again done such a fabulous job of supporting the Capital Area Hospice organization while having a little fun dancing.

Keep Shagging! Tim

MEMBER CONCERNS

Get Well wishes go out to Kathy Norris, who recently had shoulder surgery. If you wish to send a card, her address is: 4637 Randolph Drive, Annandale, VA 22003.

HEY SHAG FRIENDS!

Our members Vaughn Royal, Cathy Metcalf and Joan McKinney (with her partner Tom Edwards) "made the cut" at Prelims in January and competed at the National Shag Dance Championships ("NSDC") in March!! They didn't win—but they are WINNERS in our books! We are so proud of their hard earned accomplishments! Keep up the great dancing! Here are a couple of pics from the Nationals' website www.shagnationals.com:





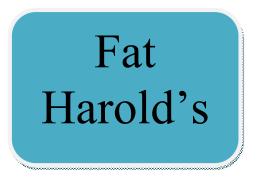
NEWS ABOUT ONE OF OUR PAST PRESIDENTS Past President of the Northern Virginia Shag Discovered for her Artistic Talent

Vesta Jones Denning has been discovered by *The Butterfly Factory* in Key West, Florida, a popular tourist attraction. The Butterfly Factory raises butterflies to be viewed in a huge glass atrium. As one wanders through the lush tropical foliage, with butterflies flying around and sometimes even landing on you, you find yourself in awe of these magnificent creatures. After the self guided tour through the atrium, patrons exit into a gift shop filled with everything from butterfly purses to real butterflies preserved in plexiglass cases. And now some of Vesta's beautiful stained glass butterfly creations will also be exhibited and offered for sale. Stained glass has been a passion of Vesta's for years. Many of her closest friends have been graced with gifts of her work. Now a major business has recognized how truly talented she is. In addition to serving on our board Vesta created our original web site and hosted it for free on her company's server for many years. We wish her the best of luck in her new endeavor. Her work is beautiful and we wish her much success.

GOING TO SOS??

Meet your friends and make new acquaintances. Wear your Club shirts! Free Drinks while they last!

The time for the NORTHERN VIRGINIA SHAG CLUB free pour is at Fat Harold's from 3:30PM to 5:30PM on Monday, April 11.





WHILE AT SOS, BE SURE TO GATHER WITH FELLOW CLUB MEMBERS AT THE FOLLOWING LOCATIONS WHERE OUR VERY OWN NVSC DJ, CRAIG JENNINGS, WILL BE PLAYING:

- O.D. BEACH CLUB—WEDNESDAY, APRIL 13TH FROM 9 P.M. UNTIL CLOSE
- O.D. BEACH CLUB—THURSDAY, APRIL 14TH FROM 5 P.M. UNTIL 9 P.M.
- O.D. BEACH CLUB—FRIDAY APRIL 15TH FROM NOON UNTIL5 P.M. (This is the Virginia Shag Clubs' Free Pour with various Virginia DJ's)
- O.D. CAFE—SATURDAY, APRIL 16TH FROM 6 P.M. UNTIL 9 P.M. (this is in the Smoke Free Room Upstairs)

LOCAL EVENT FROM ASHLAND STREET PARTIES—BAND OF OZ FEATURED

Ashland Street Parties, which sponsors three outdoor beach-music themed parties each year, is kicking off the 2011 season with a Shag Festival featuring the **Band of Oz!**

Shag Festival, May 22, 3 - 8 p.m., with the Band of Oz

Ashland, VA (15 miles north of Richmond, exit 92 on I-95)

The festival will be in downtown Ashland, next to the Richard Gillis library. There will be plenty of signs and the town is small.

The Richmond Shag Club will be giving free shag lessons from 3-4 p.m.

Tickets are \$15 each before May 15; \$25 each after May 15.

We will be happy to coordinate ticket sales with you if you want to send one group check. Or individuals can contact us at 804-752-7944 to request tickets which will be held for them at a will-call table.

You can find us online at www.ashlandstreetparties.com (still under construction but should be fully loaded soon) or "like" Ashland Street Parties on Facebook.

We're also hoping to get some discounted motel rooms in Ashland for those who want to stay overnight.

Volunteering is a great way to help our Club prosper. Contact a Board Member for details

2011 Board Members:



Tim Farris-President—703-243-1548 <u>tfarris11@yahoo.com</u>
Sue Young-Vice President—703-237-8616 <u>suey@theaeap.com</u>
Kathy Norris-Treasurer—703-941-1889 <u>klnorris99@msn.com</u>
Sandra Traylor-Secretary—703-971-8891 <u>Sandra.traylor@dcma.mil</u>
Directors at Large:

Jeanne M. Potter—703-425-8916 jeanneallen@smillaw.com
Barry Newman—703-941-0445 barryn1940@aim.com
Kathy Miller—703-727-9423 khemp501@aol.com
Marcia Conway—703-361-8159 nclady@comcast.net
Donna Romito—703-971-1618 donsabs@yahoo.com

Board meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary, at least one week in advance (so that we may be able to accommodate your attendance). Copies of Board Meeting Minutes are available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

BURY MY HEART AT OCEAN DRIVE—the book a message from Tom Poland

The last weekend in February I had the pleasure to meet many of you at the Winter Workshop in Columbia and could at last put faces with many names. I can't tell you what a nice time I had and what a great group of people you are to work and party with.

I had said in an earlier email that there would be no more excerpts but I changed my mind. Dr. Phil Sawyer and I have wrapped up the book and it is about to go to the USC Press. So, if you will go to my website at www.tompoland.net and go to the page Bury My Heart At Ocean Drive you will be able to read eight excerpts from the early parts of the book. As I say on my site I could have just as easily posted eighty excerpts.

What a great story you, your music, and your dance can tell. It's been my honor to help tell the tale ...

Thanks and I am sure I will see you not too far down the road. Tom

NVSC's 13th Annual Shag-a-Thon











Photos by Valerie Swiger

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April Birthdays

Lori Birmingham	1st	DEEJAY SCHEDULE FOR APRIL	
Dick Wagner	1st		
David Guilliams	2nd	Craig Jennings	6TH
John Parks	4th	6 6	12/711
Degayia Hudson	7th	Eddie O.	13TH
Jeanne Potter	9th	Dennis Gehley	20 TH
Jason Potter	9th	Eddie O.	27TH
Gary Martin	12th	Edule O.	2/111
Muriel Sue Kerr	13th		
Linda Barna	20 th	NEW MEMBERS IN MARCH Robert Hassett and Denise Moeller-Hassett	
Susan Cleghorn	24th		
Joan Byrnes	25th		

⊕ Happy Birthday!

WELCOME TO OUR CLUB!

BORROWING SHAG VIDEOS..... is easy at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're FREE to club members! All you have to do is put down a FULLY refundable \$25 deposit.

Learn from the pros by watching their instructional DVD's.
See Sue Young for details and availability of rentals

See **SUE YOUNG** on Wednesday nights to borrow a DVD or video!!!

HERE'S A PLACE TO DANCE ON FRIDAY NIGHTS

<u>Friday Night Dancing</u> at <u>TOMMY'S PLACE</u> 8910 Mathis Ave, Manassas, VA (703) 368-6500

Share the joy-invite someone to Dance!

How many of our members remember <u>Friday nights</u> down at <u>Legends</u> in Manassas? Here's a treat for all shag dancers: On Friday nights, Gene Griffin (a former DJ at Legends) will DJ from 6:30 until 9:30 p.m. Gene will play <u>Shag/Beach Music</u> (CD's provided by Gary Salpini and others). Enjoy the food, the management, the prices, the seating arrangements, the dance floor, and NO COVER! THIS VENUE is encouraged for all shag friends to join together for a few drinks, dinner, and dancing on Friday nights.

Shag Rag

13th Annual Northern Virginia Shag Club SHAG-A-THON Report

If you missed the Shag-a-Thon, you missed a wonderful event! We had a good turnout and a lot of fun. Thanks to all the dancers who collected pledges, to all the members who supported the dancers and to all dancers who shagged the afternoon away in Center Court in support of Capital Hospice. Our thanks to everyone who came out to help with the event (check-in, set-up, those who brought snacks, clean-up and to the Hospice volunteers). We had many wonderful demos. Our "Thank you" go to Vaughn and Cathy; Fran and David; Joan and Rick; Robbi and Gary; Audrey and Don; and Lorraine, who showcased our dance. Great dancing! Without music, there would be no dancing. A special thanks go to Dennis

Gehley, who volunteered his time and kept us on the dance floor. We don't have the total raised yet, but we'll share that as soon as we can. If you haven't made a donation and would like to, please contact one of us. Thank you.

Pamela and Fran

The road is not lonely with Friends



NVSC Logo Merchandise and SOS Cards

Members Kathy Miller and Nancy Cox are the contacts for **NVSC logo merchandise**. They have the following:

Shirts-in several colors and styles, \$18 and up

CD Cases \$15

Coffee Mugs \$5

Baseball Caps \$15

Twinkling Glasses \$10

Cook Books \$15

2011 SOS CARDS

Kathy Norris, our club Treasurer, is selling 2011 SOS cards for \$30. That's a savings of \$5. Cards sell for \$35 at North Myrtle Beach. You may use them for Mid-Winters, Spring Safari and Fall Migration. Kathy is at Rene's on Wednesday nights but if you can't make it to Rene's, mail your \$30 check payable to NVSC and mail to P.O. Box 5522, McLean, VA 22103. Include a self-addressed stamped envelope.

REMINDER-KEEP YOUR MEMBERSHIP INFO CURRENT

Have you moved, changed phone numbers or email?

Contact Valerie Swiger at <u>valerievms@aol.com</u>.

This is especially important if you want to receive "Hello Shaggers" emails— a terrific way to keep in touch with NVSC news, current events, and activities

WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, www.nvshag.org, click on Newsletters tab, click on the month you want. It's in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at Rene's on Wednesday's.

ADVERTISE YOUR
BUSINESS IN THE SHAG
RAG—CONTACT LIZ
KESTLER AT
sarejan5@yahoo.com for
details.

APRIL DANCE LESSONS AT RENE'S-WEDNESDAYS

Lessons Begin at 7:30 p.m.

Reminder--BEGINNER lessons are free to non-members. NVSC MEMBERSHIP is required for the NOVICE and INTERMEDIATE classes.

INTERMEDIATE LEVEL SHAG STEPS

APRIL 6—Side to Side Basic; Handshake Wrap Pivot

APRIL 13—Leg Up Basic; Lean

APRIL 20—Stutter Basic; Sugarfoot ending with a Lean

APRIL 27—Flyback; Arm Over Pivot with Reverse Tuck

NOVICE LEVEL SHAG STEPS

APRIL 6—Double Kick Basic, Applejack

APRIL 13—Behind Sailor Shuffle, Front Walk-Up

APRIL 20—Hesitation Basic, Hug Pivot

APRIL 27—Pivot, Tuck from a Pivot

BEGINNER LEVEL SHAG STEPS

APRIL 6—Basic, Start, Female Turn

APRIL 13—Half Turn, Male Turn

APRIL 20—Kick Basic, Side Pass

APRIL 27—Crossover Basic, Triple Basic

OPEN DANCING FROM 8:15 UNTIL 10:30 P.M.

ANNOUNCEMENTS

2011 SUNDAY SOCIAL-DANCE PARTY SCHEDULED:



MAY 1ST, **SUNDAY** FROM 4PM TO 7PM

JOIN US AT FAST EDDIE'S.

GATHER, SOCIALIZE, DANCE AT

FAST EDDIE'S SPORTS GRILL

14114 LEE HIGHWAY
CENTREVILLE, VA 20120
PHONE 703-256-8888

IN ADDITION TO MAY 1^{ST} , FUTURE SUNDAY DATES ARE:

JUNE 5^{TH} AND AUGUST 7^{TH}

HERE IT IS! DUCK'S SOS SPRING SAFARI SCHEDULE

DON'T MISS OUT GREAT LINEUP OF DJ'S, SPECIAL PARTIES, AND GOOD TIMES!

DUCK'S CAFÉ WILL BE OPEN FOR DELICIOUS FOOD ALONG
WITH THE GREAT DJ'S!

HOLIDAY BAND ON WEDNESDAY, APRIL 6...
WE ARE LOOKING FORWARD TO SEEING YOU ALL THERE!



HERE'S something that would be a great "trip/outing" for our club members or possibly a sponsorship in our club's name!

CCU BEACH MUSIC HALL OF FAME

In May 2009 the South Carolina General Assembly passed a resolution naming Coastal Carolina University the official home of the Beach Music Hall of Fame. Recognizing that Beach Music is an important part of the history and culture of the Grand Strand and South Carolina, it is most fitting that the home will be in an educational venue. This in no way "competes" with the Cammy's (Carolina Beach Music Association).

This first class of inductees will honor songs and artists whose work debuted prior to 1955. The ten songs to be enshrined are "Sixty Minute Man" (Dominoes), "Shake, Rattle and Roll" (Big Joe Turner), "Ain't That a Shame" (Fats Domino), "The Great Pretender" (The Platters), "Green Eyes" (The Ravens), "Mama He Treats Your Daughter Mean" (Ruth Brown), "Nip Sip" (The Clovers), "One Mint Julep" (The Clovers), "White Christmas" (The Drifters), and "Drinkin' Wine Spo-Dee-O-Dee" (Sticks McGhee).

The eight artists to be inducted are Hank Ballard, Ruth Brown, The Clovers, Fats Domino, The Drifters, Louie Jordan, Amos Milburn and Big Joe Turner.

The late greats General Norman Johnson and Solomon Burke will also be honored at the ceremony.

Advisory board members include Steve Bailey, Jason Cagle, Hilda Carter, Charles Dalton, Cliff Ellis, Selene Graham, Pat Howle, Kay Maddox, Eddie Ray, Dan O'Reilly, Rose Rock, Billy Scott, Don Sloan, Bubber Snow, Charles Stafford, Barry Thigpen, Dino Thompson, Jack Thompson, Harry Turner and Bob Wood.

Dino Thompson, chairman of the Beach Music Hall of Fame advisory board, said these artists are the pioneers of what we consider Beach Music today. He added that this is a way to honor them so they will not be the "forgotten giants" and that the new recording and performing artists "stand on the shoulders" of these legendary greats.

Rose Rock recalled the power of these musical heroes to tear down racial barriers. In the 1950's at the famous Paramount Theatre in Brooklyn, there were actual ropes to separate black and white kids who attended concerts there. Once the music started, the ropes came down and everyone enjoyed the experience together.

This inaugural Induction Ceremony will be emceed by Billy Scott and Diane DeVaughn Stokes and promises to be an entertaining few hours.

Tickets are available for \$20 through Wheelwright Auditorium on the CCU campus where the event will take place on Sunday May 15 at 6:00 P.M. by calling 349-2502. Sponsorships are available by calling Barry Thigpen at (843) 222-6706.

Virginia Shag Clubs Free Pour!!!

Spring SOS 2011, Friday, April 15th 1-4pm in O.D Resort

Come PARTY with all your Music provided by friends from the Food provided by various Virginia DJs commonwealth!!! O.D. Resort at 2pm Participating VA clubs include: **Richmond Shag Club** Virginia Beach Shag Club Northern Virginia Shag Club **Battlefield Boogie Club Boogie On the Bay Colonial Shag Club** cksburg **Danville Shag Club Lynchburg Shag Club** Roanoke Valley Shag Club * Drink tickets only good until Free Pour money runs out. Tickets do not

quarantee drinks



The Northern Virginia Shag Club Presents

An Evening) in Paris Dinner Dance

Saturday, July 23rd, 2011

Don't Miss This Event!

- ★ FREE shag workshop by our own pro competitors*Heather and Craig Jennings*
- ★ Hospitality suite/hors d'oeuvres
- ★ A sumptuous French buffet dinner
- ★ Silent auction

- ★ Live entertainment
- ★ 50/50 drawing
- ★ Cash bar
- ★ 10% discount for breakfast at hotel
- ★ Dancing to the sounds of our own DJ *Craig Jennings*

Located at the Dulles Hilton Hotel

13869 Park Center Road, Herndon, VA 20171

Reserve your room at www.washingtondulles.hilton.com
Use group code NVS or call (703) 478-2900

Ask for the Northern Virginia Shag Club special rate of \$79/night plus tax until June 30th, 2011

Schedule of Events:

2:30pm Registration

3:00-4:00pm Free Shag Workshop

4:30-5:30pm Hospitality suite/Hors d'oeuvres

6:00-7:30pm Dinner

7:30pm-12:00am Music and Dancing



Register Early!

Discount Pre-sale Tickets: \$55 members \$60 non-members (until June 30th, 2011)

\$60 members \$65 non-members (after June 30th, 2011)

No refunds after June 23rd. Tickets must be purchased in advance!

Name(s):	
(Last, First)	
Address:	Primary Shag Club:
	·
City, State, Zip:	Number of Tickets:
•	
Phone:	Amount Enclosed:

Shag Rag

NORTHERN VIRGINIA SHAG CLUB

P.O. Box 5522 McLean, VA 22103

PHONE:

Liz Kestler 703-917-0720 Editor John & Donna Romito Co-Editors

E-MAIL: SAREJAN5@YAHOO.COM

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David Rodgers



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rodgersd3@cox.net

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ADVERTISE IN THE SHAG RAG

Day March 17th

Business Card Size Ads are:

Business Card Size Ads are:

\$60 for NVSC Members; About Our Organization...

\$75 for Non-Members (Annual Rate)

We're on the Web! See us at: www.nvshag.org

Northern Virginia Shag Club ("NVSC") was its accompanying music— **Beach Music!**

NVSC dances the Carolina

Shag every Wednesday night at Rene's Supper organized to preserve the Club, located near Fairfax Carolina Shag Dance and Circle in Fairfax, Virginia at 3251 Old Lee Highway. Rene's telephone number is 703-385-0077.

Come join us—learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. to 8:15. There is open dancing from 8:15 to 10:30 p.m.

COME JOIN US!

Northern Virginia Shag Club P.O. Box 5522

McLean, VA 22103

