

January 2011  
Volume 17 Issue 1

# Shag Rag



Dedicated to the Preservation of the Carolina Shag and Beach Music

## *Northern Virginia Shag Club*

### **PRESIDENT'S MESSAGE** by *Tim Farris*

Happy New Year to all NVSC members in particular and all shaggers and swing dancers in general. As a dear former colleague of mine would say, "There goes another one into the book."

Our Christmas Holiday dinner party was a roaring success! We wound up having more attendees than expected. I'd like to thank Nancy Guillian and all of her support team for their flexibility and adroitness in handling the influx. It seems that everyone had great fun listening and dancing to our wonderful guest DJ's. Our club's generosity was evident in the ample gifts donated for the U. S. Marine Corp Toys for Tots campaign. Thanks to Gary Mann for making those arrangements.

A reminder about upcoming events: 1) We will have a general membership meeting on **Wednesday, January 19th**. Come and meet your new board and committee chairs. 2) Our Super Bowl party will be at Rene's on February 6<sup>th</sup> starting at 5:00pm until the end of the game. Eddie O'Reilly will be our DJ and there is an \$8 cover. 3) Our 14<sup>th</sup> annual Jackie and Charlie workshop and party is set for February 19<sup>th</sup> at the Fort Myer Community Center. See our web site or flyers for additional information.

I would like to take this opportunity to thank the outgoing Board for their hard work and dedication to shag and NVSC, in particular, Marcia Conway, who graciously served as president for 3 years.

I look forward to working both with the new Board and all members of the NVSC and greater shag community. I know that we all wish and hope that 2011 will be a good year. I certainly look forward to the conviviality of NVSC community for the upcoming year.

**Happy New Year!!!**

*Tim*

#### **Upcoming Events**

Super Bowl Party – Sunday February 6—5pm until end of game

Shag Workshop and Party with Pro-Shaggers Charlie Womble & Jackie McGee—Saturday February 19<sup>th</sup>

Reminder—Shag Rag is online at [www.nvshag.org](http://www.nvshag.org) – go to Newsletters and click on the current month.

**2011 Board Members:**



- Tim Farris-President**
- Sue Young-Vice President**
- Kathy Norris-Treasurer**
- Sandra Traylor-Secretary**
- Directors at Large:**
- Jeanne M. Potter**
- Barry Newman**
- Kathy Miller**
- Marcia Conway**

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*Volunteering is a great way to help our Club prosper. Contact a Board Member for details.*

Board meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary, at least one week in advance (so that we may be able to accommodate your attendance). Copies of Board Meeting Minutes are available on the [www.nvshag.org](http://www.nvshag.org) website, or you may request copy(s) from the Club Secretary.

***January Birthdays***

- Norma Wark 6<sup>th</sup>**
- Phyllis Schulte 7<sup>th</sup>**
- David Barna 9<sup>th</sup>**
- Craig Jennings 9<sup>th</sup>**
- Janis Grimes 9<sup>th</sup>**
- Deborah Ford 10<sup>th</sup>**
- Andrea Crews 13<sup>th</sup>**
- Ruth Browne 14<sup>th</sup>**
- Joe Cook 15<sup>th</sup>**
- Nancy Roop 15<sup>th</sup>**
- Mary Wall 16<sup>th</sup>**
- Maryann Lesnick 16<sup>th</sup>**
- Ann West 16<sup>th</sup>**
- Buzz Payne 17<sup>th</sup>**
- Liz Kestler 21<sup>st</sup>**
- Cris Gaines 25<sup>th</sup>**
- Ivy Scott 29<sup>th</sup>**
- John T. Price 29<sup>th</sup>**

***DEEJAY SCHEDULE FOR JANUARY***

- Craig Jennings 5<sup>th</sup>**
- Eddie O. 12<sup>th</sup>**
- Dennis Gehley 19<sup>th</sup>**
- Eddie O. 26<sup>th</sup>**

***NEW MEMBERS IN DECEMBER***

***Janell Cox; Adele Robey; Gary and Jo Mazingo; Larry Smith; and Brian Hoffman***

**WELCOME TO OUR CLUB!**

## Private Lessons with Charlie Womble & Jackie McGee

### “LADIES ONLY”

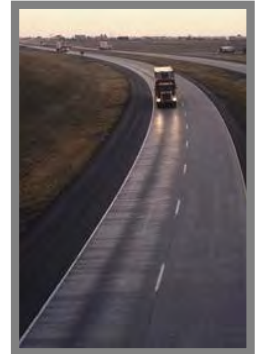
Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private lessons February 17, 18, & 20 at David and Jerry Rodger’s house in Fairfax Station, Virginia.

SIGN UP NOW for private lessons with Charlie and Jackie by e-mail at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David at 703-239-8978 to place your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00 for an hour lesson with Charlie AND Jackie—and \$60 for an hour lesson with Charlie OR Jackie.

### FOOTWORK LESSONS WITH JACKIE

Jackie McGee has agreed to teach two SMALL GROUP lessons for women only, on footwork for ladies when she and Charlie come to visit NVSC in February. IF ENOUGH LADIES SIGN UP FOR THE LESSONS, they will be taught at David and Jerry Rodgers’ home in Fairfax Station, Virginia from 2:00 to 3:00 p.m. and 3:00 to 4:00 p.m. on Sunday February 20th.

The first ladies only lesson (2:00—3:00) will be taught for mid-to-upper intermediate level dancers. The second ladies only lesson (3:00—4:00) will be taught for beginner/novice level dancers. Due to the size of the dance floor available for the lessons, only a limited number (7) will be allowed to attend each ladies only lesson. Sign-ups will be taken on a “first come, first served” basis. Costs of the lessons are \$15 per person. Contact David Rodgers at 703-239-8978 or at [rodgersd3@cox.net](mailto:rodgersd3@cox.net).



*The road is not  
lonely with  
Friends*

## NVSC Logo Merchandise and SOS Cards

Members Kathy Miller and Nancy Cox are the contacts for **NVSC logo merchandise**. They have the following:

Shirts—in several colors and styles, \$18 and up

CD Cases \$15

Coffee Mugs \$5

Baseball Caps \$15

Twinkling Glasses \$10

Cook Books \$15

### 2011 SOS CARDS

Kathy Norris, our club Treasurer, is selling 2011 SOS cards for \$30. That’s a savings of

\$5. Cards sell for \$35 at North Myrtle Beach. You may use them for Mid-Winters, Spring Safari and Fall Migration. Kathy is at Rene’s on Wednesday nights but if you can’t make it to Rene’s, mail your \$30 check payable to NVSC and mail to P.O. Box 5522, McLean, VA 22103. Include a self-addressed stamped envelope.

### REMINDER-KEEP YOUR MEMBERSHIP INFO CURRENT

Have you moved, changed phone numbers or email?

Contact Valerie Swiger at [valerievms@aol.com](mailto:valerievms@aol.com).

This is especially important if you want to receive “Hello Shaggers” emails—a terrific way to keep in touch with NVSC news, current events, and activities.

### WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, [www.nvshag.org](http://www.nvshag.org), click on Newsletters tab, click on the month you want. It’s in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at Rene’s on Wednesday’s.

ADVERTISE YOUR BUSINESS IN THE SHAG RAG—CONTACT LIZ KESTLER AT [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com) for details.



# **JANUARY DANCE LESSONS AT RENE'S-WEDNESDAYS**

**Lessons Begin at 7:30 p.m.**

**Reminder--beginner lessons are free to non-members but membership is required for the Novice and Intermediate classes.**

**Lessons Begin at 7:30 p.m.**

## **INTERMEDIATE LEVEL SHAG STEPS**

Jan 5—Side-to-Side Basic, Handshake Wrap Pivot

Jan 12—Leg Up Basic, Lean

Jan 19—Stutter Basic, Sugarfoot ending with a Lean

Jan 26—Flyback, Arm Over Pivot with Reverse Tuck

## **NOVICE LEVEL SHAG STEPS**

Jan 5—Double Kick Basic, Applejack

Jan 12—Behind Sailor Shuffle, Front Walk-Up

Jan 19—Hesitation Basic, Hug Pivot

Jan 26—Pivot, Tuck from a Pivot

## **BEGINNER LEVEL SHAG STEPS**

Jan 5—Basic, Start, Female Turn

Jan 12—Half Turn, Male Turn

Jan 19—Kick Basic, Side Pass

Jan 26—Crossover Basic, Triple Basic

**PLEASE REMEMBER TO ASK RED-DOT BEGINNER DANCERS TO DANCE. IT TAKES LOTS OF PRACTICE TO BECOME A BETTER DANCER!**

## MID-WINTER 2011—FAT HAROLD'S SCHEDULE

Wednesday, January 12<sup>th</sup> -Kick Off Party 8 p.m.  
Thursday, January 13-Craig Woolard Band 9p.m. to 1a.m.  
Friday, January 14-Coastline Bank 1-5 p.m.  
Saturday, January 15-Sea Cruz 1-5 p.m.  
Sunday, January 16-Castaways 4-8 p.m.

## COMING UP—20<sup>TH</sup> ANNIVERSARY OF DJ THROWDOWN—MARCH 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup>

### BORROWING SHAG VIDEOS..... is easy at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See SUE YOUNG on Wednesday nights to borrow a DVD or video!!!

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*Learn from the pros by watching their instructional DVD's. See Sue Young for details and availability of rentals*

## HERE'S A PLACE TO DANCE ON FRIDAY NIGHTS

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*Share the joy—invite someone to Dance!*

**Friday Night Dancing** at **TOMMY'S PLACE** 8910 Mathis Ave, Manassas, VA (703) 368-6500

How many of our members remember Friday nights down at **Legends** in Manassas? Here's a treat for all shag dancers: On Friday nights, Gene Griffin (a former DJ at Legends) will DJ from 6:30 until 9:30 p.m. Gene will play Shag/Beach Music (CD's provided by Gary Salpini and others). Enjoy the food, the management, the prices, the seating arrangements, the dance floor, and NO COVER! THIS VENUE is encouraged for all shag friends to join together for a few drinks, dinner, and dancing on Friday nights.

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*Our December 4<sup>th</sup> Holiday Party was a huge success!!*

*Shag Day*



*Thank you to all who attended and contributed toys for the Marine's collection for the Toys for Tots. It was great seeing new faces and old friends whom we don't see very often. What a wonderful evening!*

*Photos courtesy of John Romito*

Northern Virginia Shag Club's



# *Super Bowl*



# *Party*

**Sunday, February 6, 2010**

**5:00 pm until the game ends!**

Watch the Game!

Enjoy Shagging with Friends!

*Rene's Supper Club, 3251 Old Lee Highway, Fairfax, VA*

*Free Dinner Buffet!*

*Happy Hour Drink Prices 5pm-until the game ends*

**Game starts at 6:00 p.m.**

**Deejay: Eddie O'Reilly**

**\$8.00 Cover Charge at the door**

Please Support Our Advertisers!

**Advertise your Business in  
our Newsletter--Shag Rag!**

Effective 6/1/2009:

Business Card Size Ads are:  
\$60 for NVSC Members  
\$75 for Non-Members  
(Annual Rate)

Additional Ad Sizes available: ¼  
page, ½ page, and full page

Contact the Shag Rag Editor for  
more information.  
Liz Kestler, [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com)

Board meetings are held each month and  
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Minutes are available on the  
[www.nvshag.org](http://www.nvshag.org) website, or you may  
request copy(s) from the Club Secretary.

*"The Internal Revenue Service notified  
NVSC on April 19, 1999, that we have been  
accepted as a non-profit social club exempted  
from paying Federal income taxes. Anyone  
interested in reviewing NVSC's application  
and supporting documents provided to IRS,  
the IRS exemption letter, or the club's annual  
Form 990 to the IRS, please contact the club  
Treasurer."*

## Come Dance with Me

Private and Group Lessons in  
Carolina Shag  
With  
David Rodgers



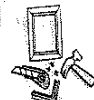
Call or email David  
703-239-8978  
[rodgersd3@cox.net](mailto:rodgersd3@cox.net)

*Janis Grimes  
Carolina Shag  
Private & Group Lessons  
Home - 703-536-7362  
Cell - 703-296-8034  
[janigrimes@cox.net](mailto:janigrimes@cox.net)*

### J.R.'S FRAMING & PHOTOGRAPHY



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**The Northern Virginia Shag Club**  
**Presents A**  
**Shag Workshop and Party**  
**With Pro-Shaggers**  
**Charlie Womble & Jackie McGee**

**February  
19, 2011**



Warm up your Winter with  
**Charlie and Jackie**  
14th Annual Workshop and Party  
With the  
Northern Virginia Shag Club



***Workshops***

**Fort Myer Community Center**

228 McNair Road, Bldg. 405  
Fort Myer, Virginia 22211-1199  
Phone: 703-696-3470

Classes start at 12:30, 1:45 and 3:00....No partners needed.... Emphasis on good basics & styling in every class.... Difficulty progresses slightly, but Charlie & Jackie teach to all levels of dance.

**Cost: \$10 per workshop for NVSC Members  
\$15 per workshop for non-members**

***Beat the clock and bring your lunch!***

**Please be prepared to present identification upon entering Fort Myer**  
**Unescorted minors may not be admitted by security**

**Private lessons with Charlie and Jackie are available. Please contact David Rodgers at 703-239-8978 e-mail David at [rodgersd3@aol.com](mailto:rodgersd3@aol.com) to make arrangements.**

**Juniors Receive Free Admission to Both Events!**

**DANCE SATURDAY NIGHT**

***DJ Mike Harding***

**7:30 p.m.— 11:30 p.m.**

*at*

**Fort Myer Community Center**

228 McNair Road, Bldg. 405  
Fort Myer, Virginia 22211-1199  
Phone: 703-696-3470

**Cost: \$10 for NVSC Members  
\$12 for Non-members**

**New Policy—Cash Bar Only—no BYOB—no Smoking**

***Directions to Ft. Myer: From Northern Virginia:*** Take I-395 to Exit 8A for Washington Blvd., take Ft. Myer exit on right. Inside the gate, security checkpoint on right. Then follow main road to stop sign, and turn left on McNair. Look for medical clinic on right, and park just beyond medical clinic. Community Center is across the street from parking lot.

# *Shag Rag*

NORTHERN VIRGINIA  
SHAG CLUB  
P.O. Box 5522  
McLean, VA 22103

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*Best Wishes for a  
Happy & Healthy  
New Year*

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**We're on the Web!**

*See us at:*

[www.nvshag.org](http://www.nvshag.org)

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## *About Our Organization...*

Northern Virginia Shag Club ("NVSC") was organized to preserve the Carolina Shag Dance and its accompanying music—Beach Music!

NVSC dances the Carolina Shag every Wednesday night at Rene's Supper Club, located near Fairfax Circle in Fairfax, Virginia at 3251 Old Lee Highway. Rene's telephone number is 703-385-0077.

Come join us—learn the Carolina Shag! Free beginner lessons begin at 7:30 p.m. to 8:15. There is open dancing from 8:15 to 10:30 p.m.

**COME JOIN US!**

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***Northern Virginia  
Shag Club***  
P.O. Box 5522  
McLean, VA 22103

