

November 2010
Volume 16 Issue 11

Shag Rag

Election Edition



Dedicated to the Preservation of the Carolina Shag and Beach Music
Northern Virginia Shag Club/ Marcia Conway, President

PRESIDENT'S MESSAGE by *Marcia Conway*

A fun and great time was had by all the shaggers and guests who attended the Fall Dance/Workshop at Ft. Myer on Saturday, October 16. It was a pleasure having **Gene and Nancy Pope** as our guest pro instructors! The workshop was great with such new classic steps that one could easily incorporate into one's shag dancing. The exhibition by the Popes was classic and enjoyable. Great music was supplied by **Gary Barnes**, our guest DJ from Virginia Beach. Thanks to **Nancy and David Guilliams** for organizing the food and for the fall decorations and to **Jason and Jeanne Potter** who took care of the sodas, water and ice. Many, many thanks to all the members who stepped in to be bartenders, and to **Pam Barnes** (our guest DJ's wife), for also volunteering as one of the bartenders. It just shows that when a situation comes up, there are always members to step up to the plate. **What a great shag club!!!!**



The next party will be the **annual Holiday dinner/dance on Saturday, December 4 at the Kingstowne's Snyder Community Center from 7:30 – 11:30PM**. It will also be the time when members are asked to bring an unwrapped toy for **"Toys for Tots"**. It is SO important to support the Toys for Tots organization this holiday season as the present state of the economy is getting harder on many less fortunate families providing toys for their children. Two **US Marines** will be our guests and will be there to collect the toys. Thanks to **Gary Mann** for making the arrangement for the Marines to come to our holiday event. See attached flier in this Shag Rag for more information.

Our annual election night will be on **Wednesday, November 17 at Rene's**. NVSC members may vote by absentee ballot (included in this Shag Rag), or vote in person on Wednesday, November 17. Your membership must be current to be able to vote. Absentee ballot must be signed. Ballots provided on election night by members of the election committee do not need to be signed before they are dropped into the ballot box. My thanks to **Dick Prosser**, chairman, and the nominating committee members for volunteering their time in contacting members and providing a slate for the 2011 Board. The members of the committee are **Nancy Guilliams, Gary Mann, Kathy Norris, David Rapson, Jean Teele-Jennings and Sam Wray**.

Upcoming Events

November 14—Fast Eddie's from 4 until 7pm November 17—ELECTIONS December 4th—Holiday Dance, Kingstowne
WE WILL NOT DANCE AT RENE'S NOV 24TH DUE TO THANKSGIVING HOLIDAY
WE WILL NOT DANCE AT RENE'S DEC 22ND DUE TO CHRISTMAS HOLIDAY

Reminder—Shag Rag is online at www.nvshag.org – go to Newsletters and click on the current month.

NVSC COMMITTEES/CHAIRS—2010

Audit	Cris Gaines
Birthday Cakes	Robbie Mann/Donna Romito
Capital Shag Classic 10	Sue Young and Marcia Conway
Charity Fundraising	Kathy Miller/Nancy Cox
Dance	Joan McKinney, joanmck3@aol.com
Hello Shaggers	Valerie Swiger
Historian	Liz Kestler
Membership	Valerie Swiger, Valerievms@aol.com
Music	Fran Mong
Newsletter	Liz Kestler
Nominating & Elections	To be selected in September
Photographer	John Romito, jrdancer0501@yahoo.com
Public Relations	Barry Newman, barryn1940@aim.com
Shag-a-thon	Jo-An Hitzemann/Judy Anderson
Social/Hospitality	Cris Gaines, Dick and Marion Prosser, David and Nancy Guilliams, Sandra Traylor, Sam Wray
Sunshine	Maryann Lesnick, mlesnick@mlesnick.com
Web Site	John Romito

NVSC OFFICERS & DIRECTORS—BOARD MEMBERS—2010

President	Marcia Conway	703-361-8159	nclady11@comcast.net
Vice President	Fran Mong	703-368-2792	franmong@aol.com
Secretary	Liz Kestler	703-917-0720	sarejan5@yahoo.com
Treasurer	Dave Bushey	703-273-2876	dbushey99@gmail.com
Director-at-Large	Tim Farris	703-243-1548	tfarris11@yahoo.com
Director-at-Large	Kathy Miller	703-727-9423	khemp501@aol.com
Director-at-Large	Barry Newman	703-941-0445	barryn1940@aim.com
Director-at-Large	Dick Prosser	703-698-0709	rlprosser@verizon.net
Director-at-Large	Sue Young	703-237-8616	suey@theaeap.com

Board meetings are held each month and are open to any and all members in good standing who wish to attend. Unless a certain matter is placed on the meeting agenda, attendance is for observation, not participation. Since board meetings may not take place at the same time and place every month, please alert the Secretary, at least one week in advance (so that we may be able to accommodate your attendance). Copies of Board Meeting Minutes are available on the www.nvshag.org website, or you may request copy(s) from the Club Secretary.

JASON & HOLLY CLASSIC REVIEW-ON DVD's NOW--\$10

Practice and review Holly and Jason's Classic Workshop Steps--All proceeds from the sale of DVD's will be donated to Hall of Fame Foundation as requested by Jason and Holly Cagle. Contact any Board member or Dance Committee member for your order. For those that have ordered the DVD's, they're here! See Joan McKinney at Rene's on Wednesday nights for payment and delivery!

2011 SOS Cards are Here!

Contact Dave Bushey, our club Treasurer, for purchase at Rene's, or mail your check, payable to NVSC, PO Box 5522, McLean, VA 22103 and include a self addressed, stamped envelope. They are only \$30. If you wait and purchase at the beach, they are \$35. If you plan to go to Mid Winters or Spring/Fall SOS in 2011, you will need this card.

DEEJAY SCHEDULE FOR NOVEMBER*

***subject to change** **November 3 – Craig Jennings.**
 November 10 – Eddie O.
 November 17 - Dennis Gehley

NOVEMBER BIRTHDAYS

Nancy Guilliams	1st	Janet Egan	12th
Carol Knott	2nd	Jerry Rodgers	13th
Lorraine Busey	3rd	Dennis Gehley	16th
Melissa Lipps	4th	Thomas H. Brett	16th
Mark Hendrickson	5th	Randy Langston	21st
Kathy Norris	5th	Ellen Testa	21st
Terrie Patullo	6th	Eddie Farmer	21st
Angie Bushey	7th	Dale Rinker	22nd
Valerie Swiger	8th	Geraldine Lutter	24th
Pam Lanouette	9th	Susan Matthews	24th
Roy Camp	10th	Patricia Pasierb	25th
Dahlia Hirsch	10th	Kelly Mann	29th
Robbi Mann	11th	Kevin Byrnes	30th

2010 SUNDAY SOCIAL DANCE PARTIES

NOVEMBER 14 (from 4—7 p.m.); No Dance At Fast Eddie's in DECEMBER

GATHER, SOCIALIZE, DANCE AT FAST EDDIE'S SPORTS GRILL

14114 LEE HIGHWAY, CENTREVILLE, VA 20120 PHONE 703-256-8888

HERE'S A PLACE TO DANCE ON FRIDAY NIGHTS

Friday Night Dancing at **TOMMY'S PLACE 8910 Mathis Ave, **Manassas**, VA (703) 368-6500**

How many remember Friday nights down at Legends in Manassas? Here's a treat for all shag dancers: Beginning Friday night, August 6th, Gene Griffin (who used to DJ at Legends) will DJ from 6:30 until closing. Like before, from 6:30 until around 9:30, Gene will play Shag/Beach Music (CD's provided by Gary Salpini and others). Enjoy the food, the management, the prices, the seating arrangements, the dance floor, and NO COVER! THIS VENUE is encouraged for all shag friends to join together for a few drinks, dinner, and dancing on Friday nights.

WE HAVE OUR SLATE OF OFFICERS AND DIRECTORS FOR 2011

OFFICER DUTIES ARE:

- **President.** The President is the principal executive officer of the Club and presides at all meetings of the Board and meetings of the members at which he or she is present. The President must attend all five (5) required annual meetings of Association of Carolina Shag Clubs (ACSC) or ensure that the Club is represented at required ACSC meetings. The President names the Chairpersons of Standing Committees and the Newsletter Editor and Capital Shag Classic Coordinator. The President also exercises general supervision over the affairs of the Club.
- **Vice President.** The Vice President assists the President and performs the duties of the President in the event of the President's unavailability.
- **Secretary.** The Secretary keeps the minutes for the meetings of the Board and members, sees to it that all required notices are duly given, and keeps a current roster of the membership of the Club.
- **Treasurer.** The Treasurer is responsible for all funds of the Club, makes a report on the financial status of the Club at every regular meeting of the Board, makes available to the Board, all books and financial records of the Club for audits and verifications, and files all documents and returns required by federal and state tax codes

OFFICER NOMINEES ARE:

TIM FARRIS – NOMINEE FOR PRESIDENT



Tim hales from Albany, GA., spent most of his formative years in Columbus, GA before moving to the DC area in 1977. He retired earlier this year after 31+ years with the Federal Government. He began shagging with the Northern Virginia Shag Club at Nick's in 2000.....and still doesn't have a decent boogie walk!

SUE YOUNG – NOMINEE FOR VICE PRESIDENT



I am running for Vice President because I have enjoyed being a Board member for the past year and am ready for a new responsibility. I feel that being on the Board is a great opportunity to get more involved with the club and I hope to encourage more members to become active in our club activities. NVSC has come a long way and I think we have a good thing going so I'm doing my part to keep the ball rolling and growing.

SANDRA TRAYLOR – NOMINEE FOR SECRETARY



I have spent most of my life here in Northern Virginia. I graduated from George Mason University with a Masters Degree in Sociology and work for the Department of Defense. During my leisure time I enjoy walking, traveling, reading, attending wine festivals, going to the beach and movies, listening to Beach Music and Jazz, and trying different ethnic restaurants. I have been a member of NVSC since June, 2001 and served on the Board in 2009, as Secretary and look forward to serving again.

KATHY NORRIS – NOMINEE FOR TREASURER



I'm relatively new to Shag – I've only been a member of the club for a year and a half, but I've been an avid dancer for over 20 years. I love the grace and style of shag dancing, and especially the fellowship that the club provides. A native of Northern Virginia, I've lived in the area most of my life. I retired recently from a career as a manager in the budget and finance field at the International Monetary Fund. I'm hoping the skills of team leadership, strategic planning, and consensus building gained in my career will be useful to the Board. I remember what it feels like to be a new club member, and will try to represent the interests of newer members, as well as

Director duties are:

- ***To attend all regular and special meetings of the Board.*** Regular Board meetings are held monthly. A Director who misses four or more regular meetings without a good reason can be removed.
- ***To serve as the Chairperson of a Standing Committee or as the Board's liaison to a Standing Committee.*** The Standing Committees are the Nominations and Elections Committee, Audit Committee, Dance Committee, Music Committee, Social and Hospitality Committee, Charity and Fund Raising Committee, Membership Committee and Public Relations Committee. Liaisons are appointed where the Chairperson of a Standing Committee is not a member of the Board. Liaisons communicate Board policies and decisions to the Standing Committees and report to the Board on the work of the Standing Committees.
- ***To support Club projects and attend a reasonable number of Club functions, to personally help conduct Club projects and functions, and to recruit volunteers to help conduct projects and functions.***
- ***To provide viewpoints during the policy discussions of the Board.***
- ***To preserve and give to their successors all records and documents received in the course of the Club's business.***

DIRECTOR-AT-LARGE NOMINEES ARE AS FOLLOWS:

JEANNE M. POTTER – NOMINEE FOR DIRECTOR-AT-LARGE



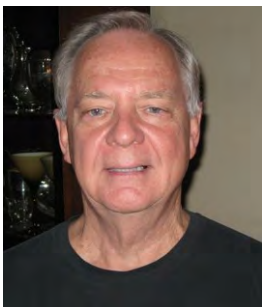
Jeanne was born in Queens, New York, and relocated to Virginia in 1972. She has worked as a legal secretary for the Fairfax based firm of Surovell Markle Isaacs & Levy PLC for the past 23 years, with a concentration in the areas of Business Planning/Formation, Commercial Transactions, and Estate Planning. Jeanne and her husband Jason joined the Club in 2009. They live in Fairfax, and have two adult daughters.

KATHY MILLER – NOMINEE FOR DIRECTOR-AT-LARGE



I have been an active member since 2006. I am retired from the government and now working as a community manager. Member of the Hospitality Committee in 2007, Co-Chair of the Charity Fundraising (Logo Merchandise Sales) Committee since 2007, and Board Member-At-Large 2009 and 2010. My goal is to work toward continued membership growth in order to share the enjoyment of Carolina Shag music and dance.

DICK PROSSER – NOMINEE FOR DIRECTOR-AT-LARGE



I have been a member of the Northern Virginia Shag Club since 2008 and a member of the Board in 2010, as a Director-at-Large. Marion and I enjoy the Shag dance and the fellowship we experience through the NVSC. I would like to continue making a contribution to the Club by serving on the Board another year in 2011 and want to thank everyone who volunteered and contributed to the Club's success in 2010.



MARCIA CONWAY – NOMINEE FOR DIRECTOR-AT-LARGE

I have been a member of the Northern Virginia Shag Club since 1996. During that time, I have been on the board for seven years as director- at- large for two years, as the Vice President for two years and President of the club for 2008, 2009 and 2010. I would like to serve on the board another year as a director-at-large to give support to the 2011 Board. Thank you for the support you have given me for the past seven years and I would appreciate your vote for the 2011 Board.

BARRY NEWMAN – NOMINEE FOR DIRECTOR-AT-LARGE



Member of NVSC for close to fifteen years. Served two years as Board At Large member 2009-10. Retired from Dept of Homeland Security where I presented training programs to border station officers and many other audiences on major business applications. Active on Boards/councils in my community civic organizations. My platform aims are to improve: 1) Board governance and 2) membership communication

PLEASE TAKE THE OPPORTUNITY TO THANK OUR NOMINATING COMMITTEE CHAIRMAN AND MEMBERS...THEY DID AN OUTSTANDING JOB!! THEY ARE AS FOLLOWS:

Dick Prosser-Chairman

Nancy Guilliams; Gary Mann; Kathy Norris; Dave Rapson;

Jean Teele-Jennings; & Sam Wray

THANK YOU FOR YOUR HARD WORK!

MEMBERS—PLEASE FILL OUT THE FOLLOWING ELECTION BALLOT AND MAIL TO OUR P.O. BOX FOR DELIVERY on/or BEFORE NOVEMBER 12TH OR COME TO RENE'S TO DROP OFF YOUR BALLOT ON NOVEMBER 17TH ONLY ABSENTEE BALLOTS MUST BE SIGNED. YOU MUST BE A MEMBER OF NVSC TO VOTE.

NORTHERN VIRGINIA SHAG CLUB ELECTION BALLOT

You may vote for only one nominee for each 2011 Board officer position. Please indicate your choice by circling the name.

PRESIDENT:

Tim Farris

SECRETARY:

Sandra Traylor

VICE PRESIDENT:

Sue Young

TREASURER:

Kathy Norris

You may vote for up to five (5) nominees for 2011 Director-at-Large positions. Please indicate your choices by circling the names.

DIRECTORS-AT-LARGE:

Marcia Conway

Jeanne Potter

Kathy Miller

Dick Prosser

Barry Newman

For an ABSENTEE BALLOT to be validated, a signature and printed name are required. Ballots cast in person do not require a signature or printed name.

VOTER'S SIGNATURE: _____

VOTER'S NAME: _____

Please print

Mail to NVSC, P.O. Box 5522, McLean, VA 22103 for delivery on or before November 15th, 2010

FOR OFFICIAL USE ONLY
BALLOT VALIDATION: _____

NVSC Logo Merchandise and Other Info

Members Kathy Miller and Nancy Cox are the contacts for NVSC logo merchandise. They have the following items:

Shirts—in various styles and colors	\$18 and up
CD Cases	\$15
Coffee Mugs	\$5
Baseball Caps	\$15
Twinkling Glasses	\$10
Cook Books	\$15

And More! Check out their Bargain Bin!

WHERE DO I GET A COPY OF THE SHAG RAG?

Go to the NVSC website, www.nvshag.org, click on Newsletters tab, click on the month you want. It's in PDF format. Or, for a yearly fee of \$5, you may have it mailed to your home. Also, copies will be available at Rene's on Wednesday's.

ADVERTISE YOUR BUSINESS IN THE SHAG RAG—CONTACT LIZ KESTLER AT sarejan5@yahoo.com for details.

BORROWING SHAG VIDEOS.....

is easy at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional DVD or videos. These DVD's contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See SUE YOUNG on Wednesday nights to borrow a DVD or video!!!

Learn from the pros by watching their instructional DVD's. See Sue Young for details and availability of rentals

SCHEDULED NVSC EVENTS FOR 2010

The Northern Virginia Shag Club planned and held many FUN EVENTS for 2010. In addition to our weekly LESSONS and SHAG DANCES at RENE'S, we offered other planned activities, which provided members and guests the opportunity to SHAG. See remaining 2010 event below:

DANCE AT FAST EDDIE'S
NVSC HOLIDAY PARTY

NOVEMBER 14
DECEMBER 4



Holiday Party December 4th

Pot Luck Dinner/Dance

Kingstowne's Snyder Community Center
6450 South Van Dorn, Alexandria, VA 22315
7:30 to 11:30 PM

This is a BYOB Event!! NVSC will supply set ups.

NVSC will provide: Ham, Turkey and Rolls

Cost: **FREE** for NVSC Members!! \$10 for Non-Members
FREE to Junior Shaggers with Adult!!

What to Bring

Side Dish, Appetizer or Dessert

An Unwrapped Toy for

“Toys for Tots”

GUEST DEEJAY IS JERRY HARDY

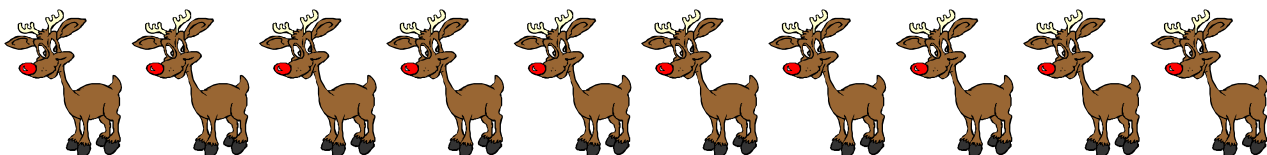
Jerry regularly deejays for the Colonial Shag Club and played at the Virginia Clubs Party at SOS this past fall.

Directions from the Fairfax County Parkway:

Go east until you reach Beulah Street, cross Beulah and the road changes names to Manchester Blvd. Continue down Manchester (it Becomes Kingstown Blvd) for 7 traffic signals. At the 7th traffic signal, turn left on to South Van Dorn Street. At the 2nd traffic signal, turn left onto Lake Village Drive. Take an immediate left and the Community Center will be a few buildings down on your right.

Directions from the Beltway:

Exit the Beltway at South Van Dorn St and proceed south on South Van Dorn Street. Cross over Franconia Road, where you will enter Kingstown, after crossing Franconia Road, continue on South Van Dorn and turn right at the first traffic signal, on to Lake Village Drive. Then take an immediate left and you will see the Community Center a few building down on your right. Parking lots are on both sides of the street.



NOVEMBER DANCE LESSONS AT RENE'S-WEDNESDAYS

Reminder--beginner lessons are free to non-members but membership is required for the Novice and Intermediate classes.

Lessons Begin at 7:30 p.m.

INTERMEDIATE LEVEL SHAG STEPS

Nov. 3 –Side-to-Side Basic, Handshake Wrap Pivot

Nov. 10 – Leg Up Basic, Lean

Nov. 17 -- Stutter Basic, Sugarfoot w/Lean

No Dance at Rene's November 24th

NOVICE LEVEL SHAG STEPS

Nov 3 -- Double Kick Basic, Applejack

Nov. 10 -- Behind Sailor Shuffle, Front Walk-Up

Nov. 17 -- Hesitation Basic, Hug Pivot

No Dance at Rene's November 24th

BEGINNER LEVEL SHAG STEPS

Nov. 3 -- Basic, Start, Female Turn

Nov. 10 -- Half Turn, Male Turn

Nov. 17 -- Kick Basic, Side Pass

No Dance at Rene's November 24th

PLEASE REMEMBER TO ASK NEW MEMBERS AND RED-DOT BEGINNER DANCERS TO DANCE. ALL IT TAKES IS PRACTICE, PRACTICE, AND MORE PRACTICE TO BECOME A BETTER DANCER!

Please Support Our Advertisers!

**Advertise your Business in
our Newsletter--Shag Rag!**

Effective 6/1/2009:

Business Card Size Ads are:
\$60 for NVSC Members
\$75 for Non-Members
(Annual Rate)

Additional Ad Sizes available: ¼
page, ½ page, and full page

Contact the Shag Rag Editor for
more information.
Liz Kestler, sarejan5@yahoo.com

Board meetings are held each month and
are open to any and all members in good
standing who wish to attend. Unless a
certain matter is placed on the meeting
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at least one week in advance (so that we
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attendance). Copies of Board Meeting
Minutes are available on the
www.nvshag.org website, or you may
request copy(s) from the Club Secretary.

*"The Internal Revenue Service notified
NVSC on April 19, 1999, that we have been
accepted as a non-profit social club exempted
from paying Federal income taxes. Anyone
interested in reviewing NVSC's application
and supporting documents provided to IRS,
the IRS exemption letter, or the club's annual
Form 990 to the IRS, please contact the club
Treasurer."*

Come Dance with Me

Private and Group Lessons in
Carolina Shag
With
David Rodgers



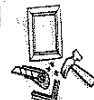
Call or email David
703-239-8978
rodgersd3@cox.net

*Janis Grimes
Carolina Shag
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Cell - 703-296-8034
janigrimes@cox.net*

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SHAG ETIQUETTE

Asking a partner. It is equally permissible for a woman to ask a man as it is for a man to ask a woman to dance. Take your partner's hand onto the dance floor and at the end of the dance thank your partner.

1. "No Thank You"	If you don't want to dance, say "No thank you." Don't dance with someone else if you just turned down a request to dance.
2. Impolite To Correct	It is not polite to correct your partner on the dance floor. Remember this is a social club. Have fun!
3. Impolite To Offer Instruction	It is not polite to offer instruction on the dance floor (or in a dance class if you're not the instructor). Let's face it; you may be the one doing the step wrong. Unless they ask for help, don't teach. If your partner asks for help, kindly take them off to the side away from the other dancers.
4. No Bumping	DANCERS BUMP INTO THE NICEST PEOPLE and it isn't even a contact sport. Be aware of the dancers around you! If you bump into someone, kick someone or step on someone's foot, or if they bump into you, apologize whether it was your fault or theirs. Show concern that no injury occurred.
5. Stay In Slot	DANCER USE SLECTIVE FLOOR PALCEMENT. Find your spot and keep your <u>slot</u> . The first person on the floor usually has the right to set the slot of the dance. Dance Small!!! If you require ½ the floor to do your thing, you need to change your thing. Nobody likes to be pushed around the floor. Also, save the waving, clapping, and hand dancing for Flag Day as they may end up in another person's face. Sorry, but unless you're on a stage, you're not the only one on the dance floor.
6. Off The Floor If Not Dancing	Keep off the dance floor if you're not dancing. If you are drinking or smoking, keep off the dance floor.
7. Keep Steps Simple For Beginners	Leaders: if dancing with a less experienced partner, keep the steps simple at first and build to the level that your partner can handle. Leading should be defined as "the art of making your partner comfortable". Work as a team and don't showboat.
8. Protect Partner's Safety	Leaders, protect your partner. Since you are directing her movements, you need to be sure to protect her safety.
9. Keep Voice Low	If you must count or give verbal leads, keep it low enough that just you and your partner can hear. It can confuse those around you and besides, just because you can count doesn't mean, "you are on the beat."

(Written by Kevin Twohig, Charleston Area Shag Club of West Virginia)