



Shag Rag

November 2009 Vol. XV, No. 11

Dedicated to the Preservation of the Carolina Shag and Beach Music

PRESIDENT'S MESSAGE by Marcia Conway

A great time was had by the NVSC shaggers that attended the **Sunday Fall Social** at Fast Eddies in Centreville. Thanks to **Greg Birmingham** for providing us with one of his DJs from his company. **Keith Robinson** provides the shaggers with great dance music. Thanks to all the members that brought delicious desserts for us to enjoy and for the members that made homemade goodies for the silent auction. Big thanks to **Christine Werner, Fran Mong, Nancy Roop, Jo-Ann Hitzemann, John Romito and Mark Hendrickson** for helping with setting up or volunteering at the door. We appreciate the dance lesson taught by **David Rodgers and Pamela Alfano**. **David Rodgers** won the door prize which was one of my Southern Sour Cream Pecan Pies.



Marcia

The next party will be the **annual Holiday dinner/dance on Saturday, December 5 at the Kingstowne's Snyder Community Center from 7:30-11:30PM**. It will also be the time when members are asked to bring an unwrapped toy for **"Toys for Tots"**. It is **SO** important to support this toy drive this holiday season as "our shaky economy" will be very hard on less fortunate families providing toys for their children. More information concerning this **social free fun event for members** is in the flyer in this issue of the newsletter.

Our election night will be on Wednesday, November 18 at Rene's. NVSC member may vote by absentee ballot (contained in this Shag Rag) or vote in person at Rene's on Wednesday, November 18. Your membership must be current to be able to vote. **Absentee ballots** must be signed. Ballots provided to voters on election night by members of the election committee do not have to be signed before they are dropped into the ballot box. My thanks go to **Gary Mann, Chairman** and the nominating committee members for volunteering their time in contacting members and providing a slate for the 2010 Board. The members of the committee are **Tim Farris, Barry Newman, Dick Prosser, Tom Romero, Nancy Roop and Sue Young**.

For members' information, NVSC will have its regular dance night on **Tuesday, November 24** instead of Wednesday, November 25 before Thanksgiving. **We will not have shag on Wednesday, December 23.**

HAPPY THANKSGIVING TO ALL THE NVSC SHAGGERS!!!!!!!

Upcoming Events....

- **November 18**—NVSC Elections; polls close at 9 pm at Rene's. **See Ballot on p. 10.**
- Regular dance night on **Tuesday, November 24** instead of Wednesday, November 25 before Thanksgiving.
- **Saturday, December 5** — annual NVSC Holiday party (dinner/dance) at Kingstowne's Snyder Community Center from 7:30-11:30PM

NORTHERN VIRGINIA SHAG CLUB

2009 Board

| | | | |
|-------------------|----------------|--------------|---------------------------|
| President | Marcia Conway | 703-361-8159 | nclady11@comcast.net |
| Vice President | Fran Mong | 703-368-2792 | fmong@abhyllaw.com |
| Secretary | Sandra Traylor | 703-597-9555 | sandra.traylor@dcma.mil |
| Treasurer | John Romito | 703-971-1618 | jrdancer0501@yahoo.com |
| Director-at-large | Pamela Alfano | 703-379-7992 | PAlfano@ReedSmith.com |
| Director-at-large | Mary Burleigh | 703-724-9171 | mcburleigh_2000@yahoo.com |
| Director-at-large | Kathy Miller | 703-683-5990 | Khemp501@aol.com |
| Director-at-large | Barry Newman | 703-941-0445 | barryn1940@aim.com |
| Director-at-large | Nancy Roop | 540-878-5161 | nsar33@comcast.net |

November Birthdays

| | |
|------------------|-------|
| Nancy Guilliams | 11/01 |
| Carol Knott | 11/02 |
| Michael Spillars | 11/2 |
| Lorraine Busey | 11/03 |
| Melissa Lipps | 11/04 |
| Dorothy Purvis | 11/05 |
| Edward O'Reilly | 11/05 |
| Mark Hendrickson | 11/05 |
| Kathy Norris | 11/05 |
| Terrie Patullo | 11/06 |
| Angie Bushey | 11/07 |
| Valerie Swiger | 11/08 |
| William Hocker | 11/08 |
| Pam Lanouette | 11/09 |
| Roy Camp | 11/10 |
| Jessica McNally | 11/10 |
| Dahlia Hirsch | 11/10 |
| Robbi Mann | 11/11 |
| Janet Egan | 11/12 |
| Jerry Rodgers | 11/13 |
| Dennis Gehley | 11/16 |
| Thomas H. Brett | 11/16 |
| Clinton Hollins | 11/17 |
| Sheila Purkey | 11/20 |
| Carol McAlee | 11/20 |
| Ellen Testa | 11/21 |
| Dale Rinker | 11/22 |
| Edward Hamer | 11/23 |
| Susan Matthews | 11/24 |
| Patricia Pasierb | 11/25 |
| Kelly Mann | 11/29 |
| Kevin Byrnes | 11/30 |

NVSC COMMITTEES/CHAIRS FOR 2009

| | |
|--------------------------|---|
| * Audit | Dave Bushey |
| Birthday Cakes | Robbie Mann/Donna Romito |
| Capital Shag Classic 09 | Donna Romito and Sue Young |
| * Charity Fundraising | Nancy Cox/Kathy Miller |
| * Dance | Joan McKinney, joanmck3@aol.com |
| Hello Shaggers | Nancy Roop, nsar33@comcast.net |
| Historian | Sandra Traylor, sandra.traylor@dcma.mil |
| * Membership | Valerie Swiger, Valerievms@aol.com |
| * Music | Fran Mong, fmong@abhyllaw.com |
| Newsletter | Maryann Lesnick, mlesnick@mlesnick.com |
| * Nominating & Elections | Gary Mann, garymann@cox.net |
| Photographer | John Romito, jrdancer0501@yahoo.com |
| * Public Relations | Barry Newman, barryn1940@aim.com |
| Shag-a-Thon 2009 | Jo-Ann Hitzemann/Pamela Alfano |
| * Social/Hospitality | Chris Gaines, Chris Werner, Ruth Rapson, Sandra Traylor, Sam Wray, Vernon Bruffey |
| Sunshine | Maryann Lesnick, mlesnick@mlesnick.com |
| Web Site | John Romito, jrdancer0501@yahoo.com |

* Denotes Standing Committee

Welcome to our New Members:

John Dever





November Lessons

November 4 – DJ, Craig Jennings

Beginner, Week 1 – Basic, Start, Female Turn

Novice, Week 1 – Double Kick Basic, Applejack

Intermediate – Side-to- Side Basic, Handshake Wrap Pivot

November 11 – DJ, Eddie O'Reilly

Beginner, Week 2 – Half Turn, Male Turn

Novice, Week 2 – Behind Sailor Shuffle, Pivot

Intermediate – Belly Roll, Pivot into Belly Roll

November 18 – DJ, Dennis Gehley

Beginner, Week 3 – Kick Basic, Side Pass

Novice, Week 3 – Hesitation Basic, Pivot, Hug Pivot

Intermediate – Male Half Turn, Boogie Walk

November 24 (TUESDAY) – DJ, Eddie O'Reilly

Beginner, Week 4 – Crossover Basic, Triple Basic

Novice, Week 4 – Tuck from Pivot, Tuck from Half Turn

Intermediate – Joanie, Funky Applejack

NVSC dances the Shag every Wednesday night at

Rene's Supper Club

3251 Old Lee Highway Fairfax, VA 22030

703-385-0077

Come learn the Shag! Free lessons begin at 7:30

Open dancing from 8:15—11:00

Northern Virginia Shag Club

Holiday Party

Saturday, December 5, 2009

Pot Luck Dinner/Dance

Kingstowne's Snyder Community Center (Franconia area of Alexandria)
6450 South Van Dorn, Alexandria, VA 22315
7:30—11:30 PM

Music by
Mike Harding
from Greensboro, NC

This is a BYOB Event!!
Cost: **FREE** for NVSC Members!! \$10 for Non-Members
FREE to Junior Shaggers with adult!!

Junior Shaggers always Admitted Free

Directions From the Fairfax County Parkway:
Go east until you reach Beulah Street, cross Beulah and the road changes names to Manchester Blvd. Continue down Manchester (it becomes Kingstown Blvd) for 7 traffic signals. At the 7th traffic signal, turn left on to South Van Dorn Street. At the 2nd traffic signal, turn left onto Lake Village Drive. Take an immediate left and the Community Center will be a few buildings down on your right.

What to Bring

Side Dish, Appetizer, or Dessert

An Unwrapped Toy for
"Toys for Tots"



BYOB - setups provided

NVSC will Provide

Ham, Turkey and Rolls
Drinks/setups

Directions From the Beltway: Exit the Beltway at South Van Dorn St. and proceed south on South Van Dorn St. Cross over Franconia Road, where you will enter Kingstowne. After crossing Franconia Road, continue on South Van Dorn and turn right at the first traffic signal, on to Lake Village Drive. Then take an immediate left and you will see the Community Center a few buildings down on your right. Parking lots on both sides of the street.

NVSC LOGO MERCHANDISE

Logo Merchandise will be displayed at Rene's on **November 18**. Many items make great Christmas gifts and stocking stuffers. To be available in time for Christmas, special orders must be placed by November 18.

| | |
|--------------------------------|-------------|
| Shirts – Many styles | \$18 - \$34 |
| CD Cases | \$15 |
| Coffee Mugs | \$ 5 |
| Baseball Caps | \$15 |
| Shoe Bags | \$20 |
| Golf Towels | \$15 |
| Twinkling Glasses | \$10 |
| Cook Books | \$15 |
| Shagging in the Carolinas Book | \$20 |



Many shirts are by special order. If you are interested in purchasing any of the above items, please contact *Kathy Miller or Nancy Cox*.

2010 SOS Cards

Our treasurer, John Romito, has 2010 SOS Cards for sale. If you are planning on going to Mid Winters or either SOS in 2010 you will need this card. **Buy through our club \$30.00.** Wait and buy your card in North Myrtle Beach pay \$35.00. **Save \$5.00 and buy now.** If you cannot make it to the Rene's to purchase your card: mail your check to NVSC, P O Box 5522, McLean, VA 22103, include a self addressed stamped envelope and he will mail you your card.

Keep Your Membership Info Current

If you move, change phone numbers or email address please notify Valerie Swiger. You can email Valerie at: valerievms@aol.com.

Not Receiving Hello Shaggers Emails?

The NVSC sends out a weekly **Hello Shaggers** email with news and information about the Club and Club activities. To receive it, send your email address to Nancy Roop at: nsar33@comcast.net.

Where Can You Find the Shag Rag?

The NVSC sends out a monthly **Shag Rag** newsletter with news and information about the Club and Club activities. To receive it in the mail, there is an **annual subscription fee of \$5** to cover printing and postage. The Shag Rag is also available on the NVSC Web Site in PDF Format at www.nvsc.org. Or pick up your free copy at **Rene's on Wednesday Night!** For more information, please contact Maryann Lesnick, Newsletter Editor, at: mlesnick@mlesnick.com.



November 18th Election

Elections for the NVSC Board of Directors will be held on Wednesday evening, November 28th, at Rene's. *Absentee ballots sent by mail must be received by the close of business Tuesday, November 17th.* Absentee ballots must be signed. On election night,

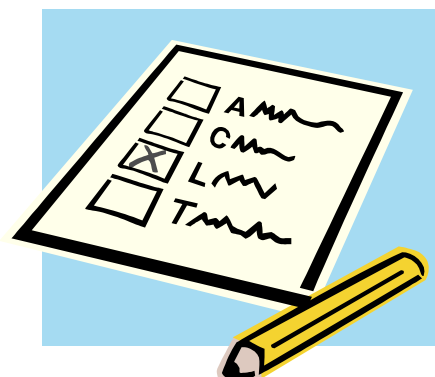
ballots may be cast in person between the hours of **7:30 and 9pm**. At 9 pm, the polls will close and the Nominating and Election Committee will count the ballots and announce the results.

Candidate profiles can be found on the following pages.

Remember to send in your absentee ballot by mail or with another Shag Club member on election night to get your vote in!

Only Absentee Ballots must be signed.

You must be a member of NVSC to Vote.



Support your Club — VOTE!

Candidates for NVSC Board of Directors

Candidates for Officer Positions



Marcia Conway—Candidate for President

I have been a member of the Northern Virginia Shag Club since 1996. During that time, I have been on the board for six years as director- at- large for two years, as the Vice President for two years and President of the club for 2008 and 2009. I have served as chairman of the Charity/Fundraising committee for four years and as such had the responsibility of the 50/50 raffle and the sale and distribution of club's logo merchandise. I also served as chairman of the Shag-a-thon for three years that raises money for our club charity, Capital Hospice. I am running for a third term for the office of President for the Northern Virginia Shag Club. Under my leadership and the 2009 board, there were many successful events such as the Super Bowl Party, the Jackie and Charlie workshop and dance, the annual Shag-a-thon, the Band of OZ event and a very successful Capital Classic. I would like to be given the opportunity to lead and serve the membership again as your president. I will do this job to the best of my ability and I would appreciate your support.



Fran Mong—Candidate for Vice President

Seems like I have been a member of NVSC for about 5 minutes (it's true, time does fly when you're having fun!), but it's actually been 4 years already and I've had such a great time. I have been a member of the Dance Committee since 2007; Chairman of the Hospitality Committee (2007); Co-chair (2007) and Chairman (2008) of the Shag-a-thon; Member-at-large (2006) and Vice President (2007-2008) of NVSC and worked in various capacities on the Capital Shag Classic in 2006-2009. Being involved with this club has given me the opportunity to learn so much - about the dance, about friendship, about generosity and about people. The Northern Virginia Shag Club has been blessed with an abundance of talented, caring and fun-loving members and, if elected, it would be my privilege to serve on the 2010 Board of Directors.



Liz Kestler — Candidate for Secretary

Bio unavailable.



Dave Bushey — Candidate for Treasurer

I joined NVSC in June 2007, but I believe I have been captured by the dance since I first saw it during my college years at Virginia. I've served NVSC as Membership Committee Chairman and as Audit Committee Chairman. Professionally, I am Chief Financial Officer for a privately-held group of senior care facilities. I am a CPA and hold an MBA, as well. Angie and I love the Wednesday scene although it's been a little difficult lately; we look forward to returning actively. We love traveling to the Carolinas and to the Virginia Beach area – and other beach music festivals, dances and venues around the south. I appreciate your support, and it will be my privilege to serve all of you as Treasurer! Oh, and by the way, my picture sort of dashes the notion that accountants are uptight and 'stuffed shirts' !

Candidates for NVSC Board of Directors

Candidates for Director-At-Large Positions



Sue Young — Candidate for Director-at-Large

I have been a member of the NVSC for three years. I immediately fell in love with the dance, the music and the people. My husband and I have recently joined the dance committee and we enjoy teaching and sharing our enthusiasm with newcomers. I was co-chair for the Capitol Shag Classic this year and will be involved with next year's Classic as well. I am running for Director at Large because I feel I can bring a lot of experience and energy to the board. For the past 23 years I have managed and handled the bookkeeping for four membership organizations. I hope that you feel I am qualified and will vote for me.



Tim Farris — Candidate for Director-at-Large

I moved to the DC area in 1977 to attend the American University where I soon tired of being an impoverished grad student so I became a nearly impoverished low-graded Federal employee in 1978. I started at (what's now) the Department of Education and moved to the Environmental Protection Agency in 1984, where I have been employed since. I was first introduced to shag in 2000 and became a NVSC dance instructor 3 years ago.



Kathy Miller—Candidate for Director-at-Large

An active member since 2006, I am retired from the government and now working part-time as a Community Manager. I was a member of the Hospitality Committee. in 2007 and co-chaired the Charity Fundraising (Logo Merchandise Sales) Committee since 2007 . As a new Board member, I would like to 1) create opportunities for member feedback and 2) promote more dance events.



Barry Newman—Candidate for Director-at-Large

Active member since 1996. Headed the Classic Registration table for last two years at the Alex West End Holiday Inn before the switch to Dulles. Retired from the government but now working part-time as a contractor to Homeland Security in staffing operations. Long career in employee training & development with education and experience in leadership and management. As new Board member, I would like to 1) strengthen the board's governance, 2) improve transparency between the Board's decisions and operations and the membership.



Richard (Dick) L. Prosser

I am married (Marion), have two daughters and three grandchildren; reside in Falls Church and enjoy golf, all sports, the Shag and vacationing in Myrtle Beach. I am an Army veteran; BS-Marketing; MS-Management; held several HOA, church, Chamber Commerce and Junior Achievement offices while living in Kentucky, Michigan, Maryland and Virginia. I Currently manage the Real Estate portfolio for Branch Banking and Trust Company in Maryland, West Virginia, Virginia and District of Columbia. Every club like our NVSC depends upon its members to chip-in. Although a recent member, I would like to do my part.

Candidates for NVSC Board of Directors

Candidates for Director-At-Large Positions, cont'd



Mary Burleigh — Candidate for Director-at-Large

Hi everyone. I'm Mary Burleigh and I am a candidate for the Northern Virginia Shag Club (NVSC) Board of Directors. During my membership in the club, it has been my pleasure to serve as a member of the Social and Hospitality Committee, volunteering to make the club's SOS parties at Fat Harold's a success, and representing the club at several Shag and other dance events. As many of you know, I love to dance and dance several nights a week. I started my dance career with Hand Dance where I enjoyed competing and placing in many local competitions. Although I've been "Shaggin'" for awhile now I enjoy it just as much.

I also enjoy West Coast Swing, Salsa, and Chicago Style Steppin'. I've been known to take a belly dancing class just for the challenge. The role of a Director is challenging on many levels. Personal interests must be set aside and make decisions on the basis of what's best for the club. Issues must be viewed beyond the surface and the entire situation gauged. The board must also look toward the future and understand how to plan for the long term club growth and expansion of "the dance". There are several reasons why I am running for this position. First, I thoroughly enjoy participating in the club activities and lending my help where needed. Secondly, I believe it is important for the club to grow. Although our club is not close to Myrtle Beach, we can still spread the joy of Shag and beach music throughout the metro DC area. It is important to introduce young people to Shag in order to keep the dance alive! My goals for the club should I be elected to the Board are to put forth ideas to grow the club membership, increase the number of youth members, and to partner with other area dance clubs to sponsor events and to promote Shag.

Resolution 2007-01 approved by the 2007 NVSC Board of Directors.

II. ELECTION PROCESS AND PROCEDURES

A. Nominees are encouraged to campaign for the positions for which they have been nominated. Members who are not on the ballot may choose to campaign for their favorite candidate(s). The term campaign refers to an organized effort to inform members about the campaigner's choice(s). If a member, or group of members choose to campaign, they are urged to do so openly, informing as many voters as possible. We are a social club, made up of volunteers, and as such should conduct ourselves in a spirit of camaraderie and good fellowship. Positive campaigning is encouraged. The information contained in this paragraph regarding campaigning will be included in the Corporation's newsletter along with the publication of the official NVSC list of nominees. In addition, at the fourth quarterly meeting of the members, after the Nominating and Elections Committee has presented its list of nominees to the members; the President or Committee chairperson, will instruct all members to review the campaigning guidelines outlined in this paragraph.

NORTHERN VIRGINIA SHAG CLUB 2010 ELECTION BALLOT

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You may vote for only one nominee for each Board officer position. Please indicate your vote by circling the names of your choices.

| | |
|-----------------|---------------|
| PRESIDENT: | Marcia Conway |
| SECRETARY: | Liz Kestler |
| VICE PRESIDENT: | Fran Mong |
| TREASURER: | David Bushey |

=====

You may vote for up to five nominees for Director-at-Large positions. Please indicate your vote(s) by circling the names of your choices.

DIRECTORS-AT-LARGE (circle no more than 5):

| | |
|---------------|------------------------|
| Mary Burleigh | Barry Newman |
| Tim Farris | Richard (Dick) Prosser |
| Kathy Miller | Sue Young |

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For an ABSENTEE BALLOT to be validated, a signature and printed name are required. You may mail your completed absentee ballot to: NVSC – Absentee Ballot; P.O. Box 5522; McLean, VA 22103. Mailed absentee ballots must be received no later than close of business, Tuesday, November 17th. Hand-delivered absentee ballots may be delivered to the Secretary or Nominating and Elections Committee any time up to the close of the election. Ballots cast in person do not require a signature or printed name.

VOTER'S SIGNATURE: _____

VOTER'S NAME: _____
Please print

=====

FOR OFFICIAL USE ONLY
BALLOT VALIDATION: _____


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Effective 6/1/2009
 Business Card size ads:
 \$60 for NVSC Members
 \$75 for Non-Members
 (Annual rate)

Additional Ad sizes available: 1/4 page, 1/2 page, and full page.

Contact the Shag Rag Editor, Maryann Lesnick, for more information.
mlesnick@mlesnick.com
703-369-5869



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J.R.'S FRAMING & PHOTOGRAPHY
JOHN ROMITO




6020 Wescott Hills Way
 Kingstowne, VA 22315

Phone: 703-971-1618
 Email: jrdancer0501@yahoo.com

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Please notify the president **one week in advance** if you are interested in attending the meeting. Copies of Board meeting minutes are available to members upon request from the secretary and posted on the nvshag.org website.



Northern Virginia Shag Club
PO Box 5522, McLean, VA 22103
www.nvshag.org

Receive the Shag Rag in the MAIL!

Annual Subscription Fee: \$5
to cover printing and postage.

The Shag Rag is also available on the
NVSC Web Site in PDF Format:

www.nvsc.org

Or pick up your free copy at

Rene's on Wednesday Night!



BORROWING SHAG VIDEOS....

is EASY at NVSC!!!

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique... our club has a constantly growing library of shag instructional videos. These videos contain more steps and tips than you can shake a stick at and they're **FREE to club members!** All you have to do is put down a **FULLY refundable \$25 deposit.**

See **Jane James** on Wednesday nights to borrow a video!!!