

# SHAG RAG

NORTHERN VIRGINIA SHAG CLUB


November 2005 Vol. XII, Issue 11  
Dedicated to the Preservation of  
the Carolina Shag Beach Music  
Team Editors: Liz Kestler, Gary &  
Sharon Salpini & Nancy Reop


## Northern Virginia Shag Club's Newsletter—November Edition President's Letter by Janis Grimes




**Thanks.** WOW, the year has really zoomed by, and I could write at length -- maybe even with a bit of eloquence-- about what it has meant to me to serve as president of NVSC. Suffice to say it has been an honor and a pleasure. In the remaining weeks of 2005, I want to thank ALL of you for your great work, your support, and your friendship.

**Election:** PLEASE NOTE, the upcoming ELECTION of the 2006 BOARD OF DIRECTORS will be held on November 30th, and results announced, at Rene's. Ballots are included in this newsletter, and can be mailed in, but MUST BE RECEIVED by November 30th. Or, you can cast your vote at Rene's on Wed., November 30th. The line-up for next year includes some new faces, and some returning veterans. Please show your support by voting your preference.

**October 22<sup>nd</sup>:** Special Thanks to Debra Parrish and Terrie Patullo, for another Special Evening to remember, at the Elan DanceSport on October 22nd, with Pro Shaggers William Greene and Leslie Melton .. the spread of food was divine, as always, the decorations were appropriately scary and fun ;:^) and everyone looked like they were having a good time. The exhibition of real Carolina-style Southern Shag by William and Leslie was mesmerizing, and we are excited that a brief clip of their dancing will be shown on Good Morning, Washington! in the near future. WJLA Channel 7 news sent a reporter to tape a segment featuring our shag club, thanks to Larry Reaves!!  [www.wjla.com](http://www.wjla.com) for the date and time it will be shown, later this month.

**It's Over:** Saturday Shag at PSDC. Sorry to say, our upcoming (and final) Saturday Shag Dance at the PSDC Dance Room scheduled for November 19th had to be CANCELLED, due to a schedule conflict (mine, not theirs). You may or may not have heard about this fabulous DANCE facility, which is scheduled to be torn down next year. I don't know what they plan to put there, but it is a great loss for the dance community. We are grateful to Craig Hutchinson for his generosity in making this facility available for dancers. 

**The Heat Is On.** We are currently looking for another facility for our 2006 Capital Shag Classic. If you have any ideas or connections, or if you can HELP with the Classic or with this search, please contact Linda Coffeen or Mike DeSena  703-477-8926.

**AND,** we are looking for another place to DANCE on the weekend, Saturday OR Sunday, afternoon or evening that is open to the public, where we can play our own beach music. A centrally located place similar to what we once had at Legends in Manassas (some of you will remember) is what we're looking for. Contact Janis at [janigrimes@cox.net](mailto:janigrimes@cox.net) or 703-536-7362 with suggestions. THANKS to those who have already responded to this request!!

### Coming up this month [Recap]:

November 16<sup>th</sup> – General Membership Meeting—Presentation of 2006 Nominees

November 19<sup>th</sup>—Shag beginning on Saturday afternoons at Rene's, from 5:30 -9:30

November 22<sup>nd</sup>—Shag on Tuesday night, instead of Wednesday before Thanksgiving

November 30<sup>th</sup>—The NVSC 2006 Elections-submit your votes

**Coming up next month:** December 10<sup>th</sup>: NVSC Holiday Party at the Springfield VFW, deejay TBA. FREE for members, fabulous pot luck dinner with many accompaniments, BYOB. Put it on your calendar NOW!!



Dancing is joyful ... share the joy!

# NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

[WWW.NVSHAG.ORG](http://WWW.NVSHAG.ORG) OR [www.renessupperclub.com](http://www.renessupperclub.com)

Shag Classes: 7:30 - 8:15 PM Dancing: 8:15 - 11:00 PM

Happy Hour Drink Prices 4:30 - 7:30 PM

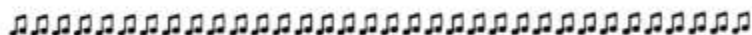
Cover Charge - \$5.00

Juniors' welcome - with Adult supervision!



Location: Near Fairfax Circle, across the street from Artie's Restaurant.

Directions: Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.



**CHECK OUT THE FLYERS--& CHECK OUT NVSC'S SUGGESTION BOX!** Located on or near the Flyer Table at Rene's--Make suggestions! Really! Please do! Answer some survey questions which are available on the flyer table and drop them in the box, it's easy, helpful and informative for those of us who plan NVSC Club events. -----

## THE TREASURER'S REPORT—Russ White

	SEPTEMBER	OCTOBER*
REGULAR ACCOUNT	\$ 6,404.92	\$ 6,983.47
SPECIAL EVENTS	\$ 2,713.07	\$ 2,713.07
CHARITY	\$ 623.24	\$ 623.24
JUNIOR'S FUND	\$ 1,104.57	\$ 1,269.57
<b>TOTAL NVSC ACCOUNTS</b>	<b>\$10,845.80</b>	<b>\$11,589.35</b>

\*THE OCTOBER REPORT DOES NOT INCLUDE TRANSACTIONS POSTED AFTER 10/20.

### The Board Members:

President	Janis Grimes	703-536-7362	Janis Grimes
Vice President	Dave Rapson	703-978-8656	Dave Rapson
Secretary	Liz Kestler	703-917-0720	Liz Kestler
Treasurer	Russ White	301-654-0548	Russ White
Board	Hilda Clemann	703-631-1929	Hilda Clemann
Board	Marcia Conway	703-361-8159	Marcia Conway
Board	Beverly Farris	703-255-3020	Beverly Farris
Board	Debra Parrish	703-369-6688	Debra Parrish
Board	Terrie Patullo	703-392-6347	Terrie Patullo



**Deejays and Dance Steps - NOVEMBER 2005 - Lessons Begin at 7:30 p.m.**

**Intermediate Level Shag Steps:**

November 2	Back Prep; Sugarfoot & Tuck
November 9	Stutter Basic; Boogie Walk & Funky Applejack
November 16	Hesitation Basic & Pause Walk Up
November 22	Forward Sailor Basic & Pivot
November 30	Leg Up Basic & Side Walk Up

**Beginner Level Shag Steps:** November 2-Review Basic & Triple Basic; November 9-Basic, Start & Female Turn; November 16-Review Basic & Male Turn; November 22-Review Basic, Half Turn & Side Pass; November 30-Review Basic Step & Triple Basic

**Introductory Level [Basic, Start, Female Turn] shag steps: November 2, 22 & 30**

**DJ'S FOR NOVEMBER:** Nov 2--Dennis and Nancy Gehley; Nov 9--Craig Jennings; Nov 16--Jim Rose; Nov 22--Eddie O'Reilly; Nov 30--Denny Martin

**Happy Birthdays! To Our Birthday Members in NOVEMBER!**

If your birthday is incorrect or does not appear here, please contact **Hilda Clemann**, the membership chair, at [hkc1945@aol.com](mailto:hkc1945@aol.com) to add your birthday to our database. Be sure to attend the once a month **BIRTHDAY DANCE** in honor of your **BIRTHDAY** and enjoy a delicious **CAKE** made especially for this occasion by Birthday chair, **CRIS GAINES**—she makes wonderfully scrumptious cakes! Thank you Cris!

Myler Ervin	11/01	Dennis Gehley	11/16
Lorraine Busey	11/03	Millie Cave	11/17
Edward O'Reilly	11/03	Ellen Testa	11/21
Terrie Patullo	11/06	Eddy Farmer	11/21
Valerie Swiger	11/08	Jay Greenblatt	11/21
William Hocker	11/08	Dale Rinker	11/22
Roy Camp	11/10	Stephanie Robertson	11/23
Hutch Hutchinson	11/11	Fatima Ricks	11/25
Robbi Mann	11/11	Patricia Pasierb	11/25
Carl Montoya	11/12	Tom Jones	11/26
Donna Ryckert	11/12	Sharon Waites	11/27
Janet Egan	11/12	Kelly Mann	11/29
Jerry Rodgers	11/13	Kevin Byrnes	11/30
		Bruce Piner	11/30

*WELCOME NEW MEMBERS IN SEPTEMBER— HOLLY FILES, DWIGHT INMAN, JEFF KUNTZ, PAMELA LEDFORD, CAROL LYONS, KARI MARRETTA, MIKE REED AND KIT FARWELL.*


*WELCOME NEW MEMBERS IN OCTOBER—SUSANNE BLAIS, WILLIAM LAKE, SANDY FARWELL, WILLIAM HOCKER.*

*INTRODUCE YOURSELF AND ASK A NEWCOMER TO DANCE!!!!*

## CAROLINA SHAG STEPS ON NVSC LIBRARY VIDEOS

If you are interested in learning some additional Carolina Shag steps you can use when you are dancing, check-out some of the many videos in the NVSC library of dance instruction videos. Two of the videos which are available for NVSC members to check-out\* are the following video tapes:

### More Basics Plus—Volume 2

Pivot Variations 

Lean Variations

Belly Roll Variations

Boogie Walk Variations

Whip Variations

Applejack Variations

### Workshop Notebook – Volume 1

Revolving Door with Do Da Out

Male Kick Through/Pivot with Outside Turn

Up and Back Combo

Push Belly

Side Spread Boogie Walk

Arm Up Tuck into Pivot

Side Basic With Pause

Double Female Turn to Closed Combo

See Jane James at Rene's on Wednesday nights to review the entire list of instructional videos in the NVSC library and check-out a video for two weeks. \*Deposit required—see note below.

**Deposit Fee Reduced--Borrowing Shag Videos** Our club has a constantly growing library of shag instructional videos and they are free to CLUB MEMBERS! All you have to do is put down a fully refundable \$20.00 deposit, take the tape home for up to two weeks, return the tape and get your deposit back. Or you can leave the deposit, return the tape and check out another. After you have checked out all the tapes you wish to view, your deposit will be returned. CONTACT JANE JAMES\* AT RENE'S ON WEDNESDAY NIGHTS. If videotape is not returned within 30 days, your deposit may be used to purchase a replacement without notice.

Purchase your own NVSC INSTRUCTIONAL VIDEO—and, or DVD—For ONLY \$10—FEATURING our DANCE INSTRUCTOR-MEMBERS! The Videotape/DVD contains most of the steps taught on Wednesday nights at Rene's. See David Rodgers or Bev Larson at Rene's, telephone David at 703-239-8978 or e-mail: [rodgersd3@cox.net](mailto:rodgersd3@cox.net) to purchase your very own "Video Notebook."!!

### ARE YOU GETTING YOUR MAIL AND OR E-MAILS?????:

Hilda Clemann is gathering and updating member e-mail information for the "Hello Shaggers" list. It is a great way to keep up with what is going on in the club and to remind you of upcoming events. If you have not been receiving mail or e-mails and would like to, please let Hilda know and she will be happy to update your information. Please contact her at [hclermann5@msn.com](mailto:hclermann5@msn.com). Remember, if you change your address or e-mail please contact Hilda so you will continue to receive your "Shag Rag" and/or "Hello Shaggers"!



By Jim Rose [beachdj51@yahoo.com](mailto:beachdj51@yahoo.com)

**BEACH MUSIC'S TOP 10 SONGS FOR OCTOBER 2005**

- |   |   |
|---|---|
| 1. Til The Day After – Craig Woolard    | 6. I Want A Love I Can See – Angel Rissoff          |
| 2. Hold On To The Blues – Lonnie Givens | 7. Hang On In There Baby – Donny & Susan Trexler    |
| 3. When Love Slips Away – Jay Proctor   | 8. Your Grace Is So Good – D. Mac/Big John Thompson |
| 4. Sweet Mama Do Right - Coastline      | 9. Summer Sunday – Nicolas Bearde                   |
| 5. Boat Dock – Dave Freeman             | 10. Something Smooth – Rick Strickland              |

**JR'S TOP PICKS FOR NOVEMBER 2005**

Hammerhead Stew – Delbert McClinton / She Boogy'n – Doug MacLeod / Big Blue Cadillac – Kevin Mark  
House On Fire – Danny & The Juniors / 96 Miles – Mississippi Hippies

**LIST, LIST...WHO'S GOT THE BEST LIST**

Everybody has lists. We DJ sorts have lists too.

We have our Monthly Top 20, which we get bugged about six to eight times a month by the list people. Some of us have a list we bring each time we play, hoping that our guess as to what people will dance to will be on that list. And as we age (like me), some of us have to bring a list to jog our memory of what we think should be played! Some of us also have that infamous "DON'T PLAY UNDER ANY CIRCUMSTANCES" list.

This later list is usually where we put music that we don't personally like too much. That's not to say someone else won't like it. But ah yes, remember the DJ answer to that..."I didn't bring that song with me."

In our DJ Association, we have lists. A monthly top 20 which we don't get bugged about until a general membership or board meeting. We also have an end of the year list to come up with the Top 50 songs for that particular year.

Some DJ's get lists from people within a shag club or nightclub they play. We get handed this list as if the person writing the list has a crystal ball or all knowing mind as to what people will dance to. And even worse, some of these "list makers" just want the same old songs played, without ever listening to something new or different.

An example of this is playing a birthday song. There are several good ones to choose from. Just because a DJ plays one rendition that is not usually played...does that make it wrong, inappropriate, or is it that the listener is just so used to hearing the same song over and over, they question a new song?

Many people ask DJ's about their all time favorite top 5, 10, 20, 50 or 100. It may be an easier task, for some, to ask what is your all time favorite Classic Rhythm & Blues, Classic Beach, Smoothie, current Beach, or Motown. On that note, I decided to list a few of my favorites in these genres. Send me some of yours...we'll print em!

**Classic Rhythm & Blues:** Not Trustworthy (A Lyin' Woman), Tanqueray, Morning Noon & Night

**Classic Beach:** 60 Minute Man, Shakin' The Shack, Sick and Tired

**Smoothie:** Who Do You Know In Heaven, I'll Always Be In Love With You, Outside of Paradise

**Current Beach:** I Want A Love I Can See, Is The Magic Still There, Something Smooth

**Motown:** Everything's Coming Up Love, I Don't Wanna Loose Your Lovin', Tryin' To Love Two

Until next time... See ya on the dance floor!



# NVSC NEEDS YOU—MEET THE CANDIDATES FOR 2006!!

THE NOMINEES ARE:	JANIS GRIMES	PRESIDENT
	MARCIA CONWAY	VICE-PRESIDENT
	CHARLOTTE ASHBY	SECRETARY
	RUSS WHITE	TREASURER
	HILDA CLEMANN	DIRECTOR-AT-LARGE
	LINDA COFFEEN	DIRECTOR-AT-LARGE
	CRIS GAINES	DIRECTOR-AT-LARGE
	DEBRA PARRISH	DIRECTOR-AT-LARGE
	TERRIE PATULLO	DIRECTOR-AT-LARGE

## **Q & A – Candidate Interviews:**

### JANIS GRIMES

- Q: When did you join NVSC?
- A: Sometime before the first official meeting in Feb. 1994—I found the shaggers at The Jukebox in the summer of 1993.
- Q: Have you served on the Board, if so, what position?
- A: 7 years—President in 2005 and 6 years Director-at-Large
- Q: Have you served on NVSC Committees?
- A: Dance Committee Chairman, 6 yrs.; Newsletter Editor, 4 1/2 yrs.; Entertainment Committee; Capital Shag Classic; co-chairman, Junior Committee
- Q: why do you want to be on the Board?
- A: As a Charter Member, I served on the Board for the first 6 years of the Club’s existence. I’d like to help keep the club growing and moving forward in a positive direction. I welcome the opportunity to serve again, and give back to the Club.
- Q: Is there other relevant information you would like to share?
- A: For the past 9 years I have taught Carolina Shag Fairfax County Department of Parks and Recreation, 1996 – Present.

### MARCIA CONWAY

- Q: When did you join NVSC?
- A: 1995
- Q: Have you served on the Board, if so, what position?
- A: Director at Large for 2 years
- Q: Have you served on NVSC Committees?
- A: Chairperson of Charity and Fund Raising
- Q: Why do you want to be on the Board?
- A: Now that I have served two years as director at large, I would like the opportunity to serve as NVSC’s Vice President and serve as chairman of the 2006 shag-a-thon. Thank you for your support.

## Candidate interviews continued

### CHARLOTTE ASHBY

Q: When did you join NVSC?

A: September 2003

Q: Have you served on the Board, if so, what position?

A: No

Q: Have you served on NVSC Committees?

A: Yes, volunteered to help the Social/Hospitality at various functions, and Charity/Fundraising

Q: Why do you want to be on the Board?

A: Well....somebody's gotta do it and I can spell and type. C

REMEMBER  
TO VOTE!

### RUSS WHITE

Q: When did you join NVSC?

A: April 2001

Q: Have you served on the Board, if so, what position?

A: 2005 Treasurer

Q: Have you served on NVSC Committees?

A: Dance Committee, Audit Committee, Dance floor committee ! at Capital Shag Classic,

Q: Why do you want to be on the Board?

A: To help out the club and share some of the responsibility.



### HILDA CLEMANN

Q: When did you join NVSC?

A: 7/01/03

Q: Have you served on the Board, if so, what position?

A: Director at Large 2005.

Q: Have you served on NVSC Committees?

A: Nominating Committee and Membership Chair

Q: Why do you want to be on the Board?

A: I would like to be a member of the Board because I have really enjoy the Shag Club and this would give me the opportunity to become more involved with the activities and the future of the Club



WE HAVE SOME  
REALLY GREAT  
MEMBERS ON  
THIS BALLOT!

### LINDA COFFEEN

Q: When did you join NVSC?

A: 2003

Q: Have you served on the Board, if so, what position?

A: No.

Q: Have you served on NVSC Committees?

A: Yes, on the Charity/Fundraising Committee

Q: Why do you want to be on the Board?

A: I would like to have an opportunity in helping in anyway I can in ensuring that the NVSC is successful and continues to grow.



## Candidate interviews continued

### CRIS GAINES

Q: When did you join NVSC?

A: June 1998. We took a Rec Assoc Class with Janis Grimes as I was home on Maternity leave and starved for adult interaction. She invited us to come and take a look. It was at Blackie's and we were hooked!!

Q: Have you served on the Board, if so, what position?

A: No – not yet.

Q: Have you served on NVSC Committees?

A: Birthday Cakes Committee Chair; Audit Committee 2000 and chair since 2001.

Q: Why do you want to be on the Board?

A: To serve the members.

### DEBRA PARRISH

Q: When did you join NVSC?

A: March 2003

Q: Have you served on the Board, if so, what position?

A: Director at Large 2005.

Q: Have you served on NVSC Committees?

A: Decorating Committee – 2003 & In Charge of Vendors 2004 - Capital Shag Classic, 2005- Social and Hospitality Committee

Q: Why do you want to be on the Board?

A: Being on the Board gives me the opportunity to get to know some of our members better and to learn more about the inner workings of our club.

### TERRIE PATULLO

Q: When did you join NVSC?

A: October 2003

Q: Have you served on the Board, if so, what position?

A: Director at Large 2005

Q: Have you served on NVSC Committees?

A: Decorating for Holiday Party; 2005 Social and Hospitality committee

Q: Why do you want to be on the Board?

A: To be more involved. To be a part of decision making.

Volunteer (s) Needed for NVSC Newsletter **THE SHAG RAG !!** Would you like to help out with the Shag Rag?? Do you have computer skills? Could you help out with mail distribution? Help is needed Immediately!! This is an important and FUN way to be involved and to give back to your club. If you can help out in ANY WAY, please contact Liz Kestler or Gary Salpini on Wednesday nights at Rene's or via email Liz Kestler at [sarejan5@yahoo.com](mailto:sarejan5@yahoo.com) or Gary Salpini at <mailto:atgary.salpini@verizon.net> if you are able to help in any way!!! **Please, VOLUNTEER. Your club needs you!!!**



p.s. Nancy Roop has volunteered to help Liz with editing. Now we need a volunteer to help Gary!!



