



# SHAG RAG

NORTHERN VIRGINIA SHAG CLUB

October 2005 Vol. XII, Issue 10  
Dedicated to the Preservation of  
the Carolina Shag    
and Beach Music - Co-Editors:  
Liz Kestler & Gary Salpini

Northern Virginia Shag Club's Newsletter—September Edition

President's Message by Janis Grimes *OCTOBER* 


President's Letter... submitted by Liz Kestler on behalf of Janis Grimes

We now have memories of our good times at 2005 SOS Fall Migration. I am writing the President's letter on behalf of President Janis as she played much too hard at SOS and wound up getting bronchitis. We wish her a speedy recovery.

We hope that all of our members who were able to go to North Myrtle Beach had a wonderful time. Plan on going to Mid-Winter's at North Myrtle Beach in January (12<sup>th</sup> through the 15<sup>th</sup>). Save your 2005 SOS card, as you may use it for this event. It was great to see some of our members enjoying the food, music and dancing at SOS. We had another successful SOS Free Pour Party at Fat Harold's. "Thank you" to our members who organized and supported this event. Also, back at home we had free drinks for each NVSC member who came to Rene's Supper Club on Wednesday, Sept. 21<sup>st</sup>. The "free" pours are compliments of YOUR shag club.

Elections are fast approaching. At our next General Membership Meeting, the candidates for the 2006 Board of Directors will be presented. It's not too late to volunteer! Volunteering to serve on the Board gives members a chance to give back to the Club as well as get an opportunity to govern the practice and policies of our Club. Our Club does not exist without participating members. Please help as much as you can!

Please say YES if you are asked by our Election Committee to run for an office or board position. If they haven't found you, then speak up! Go to them! (There is a list of committee members in this newsletter.)


 Make it a point to ask beginner shaggers to dance (usually those wearing the red dots). They appreciate the extra practice! Relax! Have fun Shaggin'! Liz.

**Important Note from Janis:** Looking forward, we are excited to have Pro CSA shaggers **William Greene and Leslie Melton** coming to teach workshops and dance with us on Saturday, Oct. 22<sup>nd</sup>, at the **Urban DanceSport** (formerly known as the Virginia Ballroom), in Merrifield, VA. **PUT IT ON YOUR CALENDAR NOW....** You really don't want to miss this!! If you are interested in private lessons from William and Leslie, please contact David Rodgers at 703-239-8978, or his e-mail, [rodgersd3@cox.net](mailto:rodgersd3@cox.net)

## October Events:

Oct. 15 – Saturday Shag Dance at PSDC Dance Room – This dance is for EVERYONE, please invite your friends and come out and dance with us!! FREE shag lesson, FREE pizza, good time for all. Juniors always FREE, with adult. Flier inside newsletter and on website.

Oct. 22 – Pro Shaggers William Greene and Leslie Melton will be here to teach shag workshops and dance. For private lessons, please contact David Rodgers at 703-239-8978, or [rodgersd3@cox.net](mailto:rodgersd3@cox.net) Flier inside newsletter and on website.

Coming up in November/December:  
Elections  
Holiday Party 

## CAROLINA SHAG STEPS ON NVSC LIBRARY VIDEOS

If you are interested in learning some additional Carolina Shag steps you can use when you are dancing, check-out some of the many videos in the NVSC library of dance instruction videos. Two of the videos which are available for NVSC members to check-out\* are the following video tapes:

### Basics Plus Charlie Womble & Jackie McGee

Basic Step	Triple Basic	
Crossover Basic	Triple Basic with Double Female Turn	
Start	Kickback with Lean	
Female Underarm Turn	Double Kickback	
Male Double Underarm Turn	Boogie Walk	
Side Pass	Side Boogie Walk with Lean	
Shag Pivot	Funky Applejack	
Breakaway	Female Double Underarm Turn	Belly Roll

### Mirror Patterns – Tape 2--Charlie Womble & Jackie McGee

Back Roll	Side Walk	Shell	Flamingo
Dual Kick Back		Flip Pivot with Triple Kick Basic	
Harold's	Behind the Back		

See Jane James at Rene's on Wednesday nights to review the entire list of instructional videos in the NVSC library and check-out a video for two weeks. \*Deposit required—see note below.

**Deposit Fee Reduced--Borrowing Shag Videos** Our club has a constantly growing library of shag instructional videos and they are free to CLUB MEMBERS! All you have to do is put down a fully refundable \$20.00 deposit, take the tape home for up to two weeks, return the tape and get your deposit back. Or you can leave the deposit, return the tape and check out another. After you have checked out all the tapes you wish to view, your deposit will be returned. CONTACT JANE JAMES\* AT RENE'S ON WEDNESDAY NIGHTS. If videotape is not returned within 30 days, your deposit may be used to purchase a replacement without notice.

Purchase your own NVSC INSTRUCTIONAL VIDEO—and, or DVD—For ONLY \$10—FEATURING our DANCE INSTRUCTOR-MEMBERS! The Videotape/DVD contains most of the steps taught on Wednesday nights at Rene's. See David Rodgers or Bev Larson at Rene's, telephone David at 703-239-8978 or e-mail: [rodgersd3@cox.net](mailto:rodgersd3@cox.net) to purchase your very own "Video Notebook."!!

## D J's and Dance Steps for OCTOBER 2005

LESSONS BEGIN AT 7:30

Intermediate Level Shag Steps:

October 5	Leg Up Basic & Arch
October 12	Crossover Basic, Applejack & Male Half Turn
October 19	Special Review of Bill & Brenda Steps @ 7p.m* (as taught @CSC)
October 26	Kick Basic, Half Turn & Belly Roll

Beginner Level Shag Steps: September 7th-Review Basic, Triple Basic; 14th-Basic, Start, Female Turn; 21<sup>st</sup>-Review Basic, Male Turn; 28<sup>th</sup>-Review Basic, Half Turn, Side Pass

Introductory Level [Basic, Start, Female Turn] shag steps: September 7 and 28th

DJ'S FOR OCTOBER: Oct 5--Dennis and Nancy Gehley; Oct 12--Craig Jennings;  
Oct 19--Jim Rose; Oct 26--Eddie O'Reilly

### Happy Birthday! To Our Exceptional Birthday Members in October!

If your birthday is incorrect or does not appear here, please contact Hilda Clemann, the membership chair, at [hkc1945@aol.com](mailto:hkc1945@aol.com) to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday

ir, CRIS GAINES—she makes wonderfully scrumptious cakes! Thank you Cris!

Weldon Waites	10/3	Paul D'Amato	10/18
John Harrington	10/3	Linda Silbaugh	10/19
Marion Dongieux	10/3	Jake Willingham	10/19
Pamela Alfano	10/8	Doodah	10/20
Isabelle Bunch	10/9	Martha Raynor	10/22
Carolyn Thomas	10/9	Lisha Frail	10/23
Becky Brown	10/11	Kit Farwell	10/23
Marion Hales	10/12	Jo Brett	10/25
Danny Kestler	10/13	Barry Holt	10/25
Dean Hipps	10/16	Janet Rose	10/26
		Gregory Chambers	10/28

**WELCOME NEW MEMBERS IN AUGUST—Judith A. Robison, Nancy Roop, Fran Pfeifle, Susan Clatchey, Danny Kestler and Lynn Littlefield—**

**WELCOME NEW MEMBERS IN SEPTEMBER—Holly Files, Dwight Inman, Jeff Kuntz, Pamela Ledford, Carol Lyons, Kari Marretta, Mike Reed and Kit Farwell. Is 14 new members in two months a record?**

**Introduce yourselves to these new members—ask them to dance!**



**Saturday, October 15, 2005**  
**Northern Virginia Shag Club**  
**Presents a**  
**Saturday Shag Dance!!**  
**Beginner Shag Lesson**  
**FREE for All**  
**7-8 p.m.**

**FREE Pizza after the lesson – while it lasts!**

**DANCE to Great Beach Music, 8 – 11 p.m.**  
**ALL Are Welcome!! *Invite Someone New!!***

**Date: Sat., October 15, 2005**

**Time: 7 – 11 p.m. (FREE Beginner Shag Lesson at 7 p.m.)**

**Cover Charge: \$8 members, \$10 non-members**

**Location: PSDC Dance Room – *Newly renovated, HUGE dance floor!!***

**146 Maple Ave., Vienna, VA**

**(across from WHOLEFOODS on Rt. 123)**

**Juniors (under 21) admitted FREE with Adult**

**DIRECTIONS: FROM THE BELTWAY in Northern VA – Take 66 West to first exit # 62, Nutley St. (exit to the Right). Drive North to Route 123, Maple Ave. At the traffic light, Turn Right, drive 8/10 mile to 146 Maple Ave. East on Left, across from WHOLEFOODS Store. Enter via steps at the Side Door on the LEFT SIDE of the building. Go DOWNSTAIRS to the Dance Room. Plenty of parking.**



**BEACH MUSIC'S TOP 10 SONGS FOR September 2005**

1. Summer Sunday – Nicolas Bearde
2. Hold On To The Blues – Lonnie Givens
3. Til The Day After – Craig Woolard
4. I Want A Love I Can See – Angel Rissoff
5. Sweet Mama Do Right - Coastline  
Trexler
6. Each & Every Kiss – Pat Carpenter Band
7. When Love Slips Away – Jay Proctor
8. Build Me Up – Al Green
9. Let's Get It On (2005 Shag Mix)-Marvin Gaye
10. Hang On In There Baby – Donny & Susan

**JR'S TOP PICKS FOR September 2005**

Hammerhead Stew – Delbert McClinton / Thunderbird – Rudy Blue Shoes / Nothing Like It – Tower of Power  
House On Fire – Danny & The Juniors / 96 Miles – Mississippi Hippies

**YES OH YES, ITS SOS...FALL MIGRATION 2005**

Going to SOS, no matter how many times you've been before, is like a new experience each and every time I go! Some days, you just want to kick your feet back and enjoy listening to the music and watching the dancers. While other days, you want to try and do everything!

For most of you who never had the pleasure of meeting Chicken Hicks before his death, you have missed probably the most outspoken, genuine purveyor of this dance, lifestyle, and music we all have come to love.

... In 1948 Chicken and his buddy Jim Hanna opened a beer joint in Carolina Beach called the Tijuana Inn. Problem was, they got bored with the music the jukebox companies were providing them.

So, being the enterprising fellow he was, Chicken made many trips over to Seabreeze, the black section of the Grand Strand, making lists of the music that was being played. He finally talked Hanna into putting them on the jukebox at their place. There went the neighborhood! As Hanna put it, "you couldn't get in the place; the people just loved that music." ...Hard driving black rhythm & blues.

Not only did everyone love the music, but the dances that came from it; the big apple, jitterbug, and a dance that someday would become the shag. Eventually, this frenzy of volatile black music and white kids got them run out of Carolina Beach.

Well, the music started moving down the coast and this new "Bop" music was showing up on jukeboxes all the way to North Myrtle Beach where it found a permanent home. Now, this forbidden music was no longer called "Bop"; it was simply called "Beach Music."

You can buy a cup of lemonade almost anywhere, but if it didn't come from a young kid behind a stand, it doesn't taste right. You can buy sweet tea all over the country, but away from the Carolina's, it loses something. You can listen to Beach Music almost anywhere in the Carolina's, but in the clubs of North Myrtle Beach, you don't just hear it. You feel it; deep inside, like a rumbling thunderbolt ready to explode.

So, when you see me tapping my feet or thumping my fingers, you'll know exactly what I'm thinking. It's probably giving me the same feeling that it gave to Chicken Hicks and Jim Hanna back in 1948... When I have this music playing and I'll be good to go!

Until next time... See ya on the dance floor!

## NVSC NEEDS YOU

By Vaughn Royal \*

Every year, our Club has an election in the fall for the nine members of its Board of Directors. The Board consists of a president, vice-president, secretary, treasurer and five directors-at-large who are elected for terms of one year. To serve as secretary, treasurer or a director-at-large in 2006, a person must have been a member since no later than January 1, 2005. To serve as president or vice-president in 2006, a person must have been a member since no later than January 1, 2005, and must have served on the Board at any time for at least one year.



Please consider serving on your Board of Directors. Many of the things you enjoy about NVSC are the result of the volunteer efforts of the members of the Board. If there are things you about NVSC, which you think should be done differently, here

is your opportunity to get involved and improve the Club.

There are seven members of the Nominating and Election Committee this year. They are Dave Rapson, Beverly Larson Farris, Joe Cornish, Mike Deese, Dale Rinker, Tom Romero, and Charlotte Ashby. Don't be surprised if a member of the Committee approaches you to ask if you are interested in running for a position on the Board. We are very interested in finding some newer members of the Club to run this year. Feel free to ask any member of the Nominating Committee or of the current Board of Directors any questions you may have about serving on the Board.

[\*pertinent items amended-Ed.]

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### **BY SPECIAL REQUEST:**

Hilda Clemann is gathering and updating member e-mail information for the "Hello Shaggers" list. It is a great way to keep up with what is going on in the club and to remind you of upcoming events. If you have not been receiving e-mails and would like to, please let Hilda know and she will be happy to update your information. Please contact her at [hclemann5@msn.com](mailto:hclemann5@msn.com). Remember, if you change your address or e-mail please contact Hilda so you will continue to receive your "Shag Rag" and/or "Hello Shaggers"!

### **"WHERE'S JAKE" CONTEST:**

Please turn in your cards or paper (body parts don't count, Linda) with Jakes initials "NLT", Wednesday, November 2<sup>nd</sup> to Sharon Salpini or Ruth Rapson. We have PRIZES that will be awarded on Nov. 2<sup>nd</sup> !!

☺ A Blonde Joke—submitted by Chris Dodd

Subject: Football

A guy took his blonde girlfriend to her first football game. They had great seats right behind their team's bench. After the game, he asked her how she liked the experience. "Oh, I really liked it," she replied, "especially the tight pants and all the big muscles, but I just couldn't understand why they were killing each other over 25 cents." Dumbfounded, her date asked, "What do you mean?" ... "Well, they flipped a coin, one team got it and then for the rest of the game, all they kept screaming was: 'Get the quarterback! Get the quarterback!' I'm like...Helloooooo? It's only 25 cents!!!!

☺ Another Blonde Joke....this one submitted by blondie Mary Ann Davis Subject: Brazilian

A man sits next to a beautiful blonde on a plane. He looks over at her and notices she's reading a newspaper. She appears to be in a state of shock from the main headline, "12 Brazilian soldiers killed in Riots." She turns toward him, and with trembling voice asks, "How many is a brazilian?"

## SHAG ETIQUETTE

**ASKING A PARTNER** – It is equally permissible for a woman to ask a man as it is for a man to ask a woman to dance. Take your partner's hand onto the dance floor and at the end of the dance thank your partner.

If you don't want to dance, say, "No, thank you." Don't dance with someone else, if you just turned down a request to dance.

Please, if someone says "No thanks," do not be persistent; take them at their word.

It is not polite to correct your partner on the dance floor. Remember, this is a social club (have fun).

It is not polite to offer instruction to someone in a social dance setting (or in a dance class, if you are not the instructor). Let's face it; you may be the one doing the step wrong. Unless they ask for help, or are hurting you, don't teach. If your partner requests help, kindly take them off to the side away from the other social dancers.

**DANCERS BUMP INTO THE NICEST PEOPLE**, and it isn't even a contact sport. Be aware of the dancers around you! If you bump into someone, kick someone or step on someone's foot, or if they bump into you, apologize whether it was your fault or theirs. Show concern that no serious injury has occurred. It's a fairly accepted practice that when a collision occurs, apologize, EVEN if it wasn't your fault.

**DANCERS USE SELECTIVE FLOOR PLACEMENT** – Find your Spot and keep your Slot! The first person on the floor usually has the right to set the slot of the dance.

**DANCE SMALL!** If you require half of the floor in order to do your thing, you need to change your thing! Nobody likes to be bumped around the floor. Sorry, but unless you're on a stage, you're not the only one on the floor.

**PLEASE** step off the dance floor if you're not dancing. If you are drinking a beverage of any kind or smoking, keep off the dance floor because of damage to the floor.

**LEADERS** – if dancing with a less experienced partner, keep the steps simple at first and build to the level that your partner can handle. Leading should be defined as "the art of making your partner comfortable." Work as a team, don't showboat.

**LEADERS** – protect your partner; since you are directing her movements, you need to be sure to protect her safety.

**LEADERS** – if you must count and give verbal leads, keep it low enough that just you and your partner can hear. It can confuse those around you and besides, just because you can count doesn't mean "you are on the beat."

*Reprinted from the Beckley Area Shag Club's newsletter, originally from the O.D. Shag Club's website*

# NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

[www.nvshag.org](http://www.nvshag.org) or [www.renessupperclub.com](http://www.renessupperclub.com)



**Shag Classes: 7:30 - 8:15 PM Dancing: 8:15 - 11:00 PM**

**Happy Hour Drink Prices 4:30 - 7:30 PM Cover Charge - \$5.00**

**Juniors' welcome - with Adult supervision!**



**Location:** *Near Fairfax Circle, across the street from Artie's Restaurant.*

**Directions:** Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.



**CHECK OUT THE FLYERS--& CHECK OUT NVSC'S SUGGESTION BOX!** Located on or near the Flyer Table at Rene's--Make suggestions! Really! Please do! Answer some survey questions which are available on the flyer table and drop them in the box, it's easy, helpful and informative for those of us who plan NVSC Club events. -----

**ALSO on the Flyer Table (or somewhere nearby) we have a Collection Jar for Contributions to the JUNIOR SHAGGER FUND. We appreciate your donations of any amount!**



**THE BOARD MEMBERS, COMMITTEE CHAIRS AND CO-CHAIRS ENCOURAGE NEW (AND OLD) MEMBERS TO PARTICIPATE IN OUR CLUB. WE CAN USE YOUR TALENTS! PLEASE REVIEW THE LISTS OF BOARD MEMBERS, COMMITTEES AND CONTACT ANY OF THE BELOW LISTED TO VOLUTEER YOUR SERVICES!! YOU'LL BE GLAD YOU DID!**

The Board Members:

President	Janis Grimes	703-536-7362	Janis Grimes
Vice President	Dave Rapson	703-978-8656	Dave Rapson
Secretary	Liz Kestler	703-917-0720	Liz Kestler
Treasurer	Russ White	301-654-0548	Russ White
Board	Hilda Clemann	703-631-1929	Hilda Clemann
Board	Marcia Conway	703-361-8159	Marcia Conway
Board	Beverly Farris	703-255-3020	Beverly Farris
Board	Debra Parrish	703-369-6688	Debra Parrish
Board	Terrie Patullo	703-392-6347	Terrie Patullo





