



JULY

June 2005 Vol. XII, Issue 6-7  
Dedicated to the Preservation  
of the Carolina Shag and  
Beach Music - Co-Editors:  
Liz Kestler & Gary Salpini

# SHAG *NVSC* RAG

Northern Virginia Shag Club's Monthly Newsletter

President's Message by Janis Grimes



**The Classic:** You can feel the excitement in the air ... it's time for the Classic!!! Get ready to party, party and dance, dance, dance!! What's the Classic, you ask? It's our club's annual **CAPITAL SHAG CLASSIC party**, **July 29, 30 and 31**, to be held at the beautiful Holiday Inn Suites in Old Town Alexandria, Virginia.

Where else can you dance and party all weekend, from 4 p.m. Friday afternoon until 12 noon Sunday, with **FREE Pours**, Heavy Hors D'oeuvres, **FREE shag workshops**, and **FREE meals** included! Check out [www.nvshag.org](http://www.nvshag.org) for all the details and a registration form. Or, see a Board Member to register on Wed. night at Rene's!!

**Appreciation:** A special thanks to one of our long-time NVSC members, **Craig Hutchinson**, Feather Award nominee and member of the National Living Legends of Dance. Many of you know him as "Hutch," the local guru of the several forms of swing dance (shag is a Southern style of swing). But many of you may not know the extent of his contributions to the dance community, and specifically to Carolina Shag. He was responsible for bringing shag to the attention of the national competitive dance community. *According to the book SHAG, published in 1995, he was the first to bring shag out of the Southeast. Back in the 1980's, Craig saw Charlie Womble and Jackie McGee dance in Myrtle Beach and invited them to a national swing dance competition in Oklahoma ... that event opened the door for shag to become known competitively coast-to-coast. He opened the door for shag expansion to its highest potential.* (Excerpt from NVSC's shag history.) The national recognition created interest and growth in shag, bringing young dancers out of the South (who took the dance community by surprise) and who will be the ones to carry shag forward. Thus, Craig's contribution to shag is lasting and ongoing. These days Craig is coping with health issues, but he is still quietly supporting NVSC, behind the scenes. The Saturday Shag Dances held at the PSDC dance room in Vienna are an example of his generosity and support. This newly renovated "in place" to dance is open to the public -- thereby bringing potential new members to the club. Craig shares the cover charge with us, the amount depending on attendance. This year, the Saturday Shag Dances are being sponsored by NVSC... Did you know that 100% of the club's proceeds from these Saturday dances goes into our junior fund? And, by supporting junior shaggers, we help to perpetuate the shag dance, and also help our club to grow, through the extended family that juniors bring with them. **A BIG "Thank you, Craig!"**

**Purpose:** From the NVSC by-laws -- the purpose of our club is to promote Carolina Shag dancing in Northern Virginia and other areas; and to provide its members with dance venues and opportunities to associate with others who enjoy Carolina Shag dancing.

*Dancing is joyful ... share the joy!*

*Coming up this month: July 8-9 - CSA contest at Visions in Richmond; July 15-16-17 - Junior SOS in North Myrtle Beach; July 29-30-31 - CAPITAL SHAG CLASSIC..... Be There, or Be Square!!!*

*Coming up next month: August 20<sup>th</sup> - Saturday Shag Dance at PSDC Room; Sat., and August 27<sup>th</sup> - NVSC's Annual Picnic at Darleen's home in Gainesville... rain date August 28.*



**CAROLINA SHAG STEPS ON NVSC LIBRARY VIDEOS**

If you are interested in learning some additional Carolina Shag steps you can use when you are dancing, check-out some of the many videos in the NVSC library of dance instruction videos. Two of the videos which are available for NVSC members to check-out\* are the following video tapes:

**Mirror Patterns / Male Lead - Tape 1 - Charlie Womble & Jackie McGee**

Pause Walk-Up	Pause Walk-Up with Boogie Walk
Arch	Arch with Male Turn
Side Step	Backwalk into Pivot
Tuck	Side Spread
Barrel	Side Spread with Backwalk Away
Ducks	Arm Up Pivot

**Shag Dance Technique - as taught by Ellen Taylor**

Review of Basics (with technique)	Side Pass/Male Lead into Pivot
Shag Start	Female Underarm Turn/Toe Point and Turn (mirror pattern)
Female Underarm Turn	Side Jump with Hesitation (mirror pattern)
Male Underarm Turn	Craig's Boogie Turn
Pivot	Ellen Taylor Wraparound Pivot

\* See Jane James at Rene's on Wednesday nights to review the entire list of instructional videos in the NVSC library and check-out a video for two weeks.

A \$25.00 deposit is required; the deposit will be returned when the video tape is turned-in to Jane.



## D J's and Dance Steps for JULY 2005

### Intermediate Level Shag Steps:

- July 6th Pivot & Hug Pivot
- July 13th Handshake Wrap Pivot & Pivot into a Belly Roll
- July 20th Side to Side Basic & Front Prep & Walk-Up
- July 27th Double Kick Basic, Front Prep & Lean

### Beginner Level Shag Steps: July 6, 13, 20 & 27

Intro. Level shag steps: July 6 & 13

DJ'S FOR APRIL: July 6 Dennis & Nancy Gehley July 13 Jim Rose  
 July 20 Craig Jennings July 27 Eddy Farmer



## Happy Birthday! Hot Birthdays in July!!

If your birthday is incorrect or does not appear here, please contact Hilda Clemann, the membership chair, at [hkc1945@aol.com](mailto:hkc1945@aol.com) to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes!



Fred Whitman	7/1	Kay Worley	7/2
Sandra Ferony	7/3	Mike Winters	7/5
Larry Winstead	7/6	Dale Fluri	7/8
Nancy Thompsen	7/8	Larry Boyer	7/10
Dan Ferguson	7/12	Jean Whitman	7/15
John Seely	7/16	Nancy Baird	7/18
Mary Camp	7/18	John Baird	7/20
Jerry Crews	7/26	Libby Ash	7/27
Dickie Gee	7/28	Vesta Jones	7/29
Vaughn Royal	7/29	Gary Salpini	7/29
Eric Jacobson	7/31		

**WELCOME NEW MEMBERS in May—Fran Mong and Donna Ryckert**

**WELCOME NEW MEMBERS IN JUNE—Jerome Cooper, Cynthia Fronda & Jo-Ann Hitzemann**

**And Please introduce yourselves to these new members—ask them to dance!**

# Spinnin' Round...News from the DJ Booth

By Jim Rose  
[beachdj51@yahoo.com](mailto:beachdj51@yahoo.com)

1. Hold On To The Blues – Lonnie Givens
2. Is The Magic Still There – Gary Brown
3. Get Away Car – Hall & Oats
4. City of Angels – Jean Jacques Milteau
5. Whole Damn World's Gone Crazy-Jacqui Williams
6. Love To The Music - Temptations
7. Something Smooth – Rick Strickland
8. Each & Every Kiss – Pat Carpenter Band
9. Look Me Over – Susan Duffy
10. Let's Get It On (2005 Shag Mix)-Marvin Gaye

## JR'S TOP PICKS FOR JUNE 2005

Build Me Up – Al Green - When Love Slips Away – Jay Proctor - Silly Love Games – Leonie Parker  
Summer Sunday – Nicolas Beard - If I had You – Pat Carpenter Band - She Boogy'n – Doug MacLeod

## HEY, MR. DJ...

I was making a visit to another Shag Club, a regular stop of mine in my travels, and it's surprising what you hear. I was standing in the back solving the shag world's problems over a cold beverage with some club members, when I heard one of them say... "the music tonight is terrible, old "Joe Bob" just doesn't play anything good." Then, he turns to me and says..."Jim, you're a DJ, isn't this music really bad?"

Well, I looked around and noticed the dance floor was full and the people dancing seemed happy and had continued to dance to every song. I had even been talking with "Joe Bob" and more than one person came up and told him they liked the music and thought he was doing a great job! Wow, so now how do you answer a loaded question like that?

Well, at some point in time, you just have to light the fuse and let it rip! So I told them that the music is in the ear of the listener. What "Joe Bob" was playing wasn't my favorite, but I certainly danced to it! And, there were many people on the floor dancing and enjoying the music. "Joe Bob" was trying to please as many people in a short period as he could. He played a varied selection and kept people on the dance floor...just what he is supposed to do!

It's virtually impossible to please everyone musically on any given night. Let's take a look at it this way. We at NVSC start about 8:30 PM and play until 11:00 PM. With most people leaving by 10:30, we play for only two hours. With most songs averaging 3 minutes, that's approximately 40 songs being played.

If a DJ plays only 10 of the Top 40 songs, 5 newer songs, and takes **only** 5 requests, that leaves 20 songs to play for the rest of the evening. With over 10,000 songs to choose from, it's a very tough job choosing 20 songs that will please everyone! Don't you agree?

So, the next time you find yourself complaining about the music you're hearing, see if you can quickly think of 20 songs you'd play to make 40-50 people happy! But most importantly, when you don't like what's being played...come up to the DJ booth and request some music you like!

## COMING NEXT MONTH

What if?...(you'll have to wait and see) Until then, keep shaggin'... I'll see ya on the dance floor!!!



**UPCOMING EVENTS Mark Your Calendars NOW**

**July 29<sup>th</sup> thru 31<sup>st</sup> - CAPITAL SHAG CLASSIC, THE EVENT OF THE YEAR!! SEE YOU THERE!! WHAAAHOOO!!!**

6:30-10 Friday Nights at Fort Belvoir's COMMUNITY CENTER on Richmond Hwy. (Route 1 South) in Alexandria  
Contact Gary Salpini at [vze249fh@verizon.net](mailto:vze249fh@verizon.net) for additional information **BE THERE! FRIDAY NIGHTS!**  
**GARY @703-425-2848** (SOME CANCELLATIONS MAY OCCUR)

**NEW!!! 7:00 PM TUESDAY NIGHTS...The Loft... Fredericksburg!** 1005 Princess Anne Street,  
For more info, OR directions; contact DJ, Jim Rose at [beachdi51@yahoo.co](mailto:beachdi51@yahoo.co)

*Congratulations to Vesta Jones, long time member and past president of the Northern Virginia Shag Club, who was married to Dale Denning (the lucky man!) on June 25<sup>th</sup>. We wish them the very best and may they have many years of happiness!!*

**JULY 8<sup>th</sup> & 9<sup>th</sup> - CSA Dance Contest at Visions, Richmond, VA. Go to [www.visionspa.homestead.com](http://www.visionspa.homestead.com)**

**JULY 8<sup>th</sup> thru 10<sup>th</sup> - ACSC Summer Workshop, New Bern, NC at the Sheraton Grand Hotel**  
**JULY 15 thru 17<sup>th</sup> - JUNIOR SOS in North Myrtle Beach. Info at [www.juniorshaggers.com](http://www.juniorshaggers.com)**

**PICNIC III August 27<sup>th</sup>—NVSC's Annual Club Picnic! Where you ask? Darleen's house!! Start planning for a beautiful day and mouth-watering food. Rain Date Sunday, August 28<sup>th</sup>.**

For some smooth dancing news, check out [www.smoothnez.com](http://www.smoothnez.com) events

**Announcements:** We extend our deepest sympathies to Mike Edmonston whose Mother recently passed away. Services were held June 18<sup>th</sup>. We are truly sorry for your loss.  
Get well wishes to Mike Francella as he recovers from recent surgery, AND Get well wishes to our Club Treasurer, Russ White who is recovering from recent heart surgery.

**CONWAY'S CORNER**

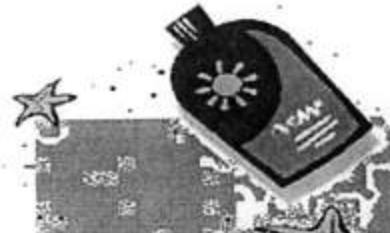
**NVSC LOGO ITEMS:** Have you noticed the NVSC log items that club members are proudly displaying? These items are available to every one. We have as follows:



NVSC Shirts & T-Shirts	\$15 - \$35
Shoe Bags	\$20
CD Cases	[Reduced from \$10] \$6
Large Coffee Mugs	\$8

The CD Cases, Shoe Bags and Coffee Mugs are in stock, however the shirts are by special order. If you are interested in purchasing any of the above items, please contact Marcia Conway. She is at Rene's on Wednesday nights, or you may call her at 703/361-8159. Her e-mail is [NCLady11@comcast.net](mailto:NCLady11@comcast.net)





**Every Wednesday NVSC Meets at Rene's Supper Club, Fairfax, VA 703/385-0077**  
 For Dancing, Dining, and Listening to the Beach & Shag Music of Our Club Deejays

**NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB**

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

[www.nvshag.org](http://www.nvshag.org) [www.renessupperclub.com](http://www.renessupperclub.com)

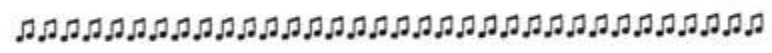
**Shag Classes: 7:30 - 8:15 PM Dancing: 8:15 - 11:00 PM**

**Happy Hour Drink Prices 4:30 - 7:30 PM Cover Charge - \$5.00**

**Juniors' welcome - with Adult supervision!**

**Location: Near Fairfax Circle, across the street from Artie's Restaurant.**

**Directions:** Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.



**HAVE YOU NOTICED? NVSC NOW HAS A SUGGESTION BOX!** Located on or near the Flyer Table at Rene's--And here's what we would like NVSC members to do:

1. Make suggestions!
2. Answer some survey questions which are available on the flyer table and drop them in the box, it's easy, helpful and informative for those of us who plan NVSC Club events.

**THE TREASURER'S REPORT—Russ White**

Regular Account	\$ 9,324.25	\$
Special Events	\$ 2,678.07	\$
Charity	\$ 476.24	\$
Junior's Fund	\$ 991.57	\$
Total NVSC Accounts	\$13,470.14	\$



# VIRGINIA BEACH, BEACH MUSIC WEEKEND!!! MAY 19TH - 22ND

Stories, hmmm.

You may notice Jerry Crews has blue toenails in one of the photos. There seems to be some disagreement on whether he was asleep or had passed out when this procedure occurred.

Everyone helped celebrate Tim Farris' birthday with a mile high chocolate cake.

Weather was a mixed bag with cold winds and rain on Friday night but a beautiful day on Sunday.

Gary S. flew the NVSC banner beach front.



why the big smile??

**She's Headin' South**

**Congratulations to Sharon Salpini  
on her recent retirement.**





