

SHAG RAG



March 2005 Vol. XII, Issue 3
Dedicated to the Preservation
of the Carolina Shag and
Beach Music - Co-Editors:
Liz Kestler & Gary Salpini

Northern Virginia Shag Club's Monthly Newsletter

President's Message by Janis Grimes

In Janis' Letter:

February Events successful!

50/50 Proceeds Donation to Cooter

DJ Jennifer Beaver Sogluizzo kept us dancing 'til the last minute!

Well, we had a lot of excitement and fun last month, with three (!!!) weekend events and enthusiasm running high on Wednesday nights at Rene's. Our membership is growing, and that is good news for all.... The Super Bowl Party at Rene's on Feb. 6th was a lot of fun for those who attended. There was a shag workshop by juniors Kari Jones and Tyler Ervin, a delicious dinner buffet (John Olaya, owner of Rene's, made those meatballs himself!), and a football pool (original idea of Joe Cornish), handled by Larry Boyer, which generated winnings for Ron Maierhofer, Ann West, Janet Cave, and Darlene Small, plus some for the club! Music by Eddie Farmer made it a fun event for all.

On February 12th, a happy band of shaggers traveled to Virginia Beach to help celebrate with Joan McKinney as she was inducted into the Virginia Shaggers Hall of Fame. Joan's exhibition dance with emcee Steve Booth was a delightful display of southern shag styling. Many friends were there to cheer for her.

The workshops and dance on Feb. 19th at Fort Myer with Jackie & Charlie brought in a large crowd of dancers, and we saw many new and familiar faces. The workshops were fun and informative, and David Rodgers kept everything on strict schedule. Thanks again to David and Jerry Rodgers for hosting Jackie and Charlie at their lovely home, and handling all the arrangements for this busy weekend. Many thanks also to Terrie Patullo and her team of helpers -- what an impressive spread of delicious food and decorations!! Thanks to David, Dale, Janet, Charlotte, Jean, Betty, Pamela, and others for helping -- great job, everybody!!

We were fortunate to have Jennifer Beaver Sogluizzo deejay for us, and she did a great job playing music that kept us dancing until the last minute! We were delighted to have Chris and Hugh Tant with us again, in from Charleston for a few days. And of course our friends Sheila Purkey & Rob Baen; Frank and Nanette Sulik; Ralph & Vicki Tedesco; and Jennifer Beaver Sogluizzo, all traveled distances to get here. (I apologize if I failed to mention other out of towners...we're glad you ALL came.)

At the suggestion of Kevin Byrnes, the club will donate proceeds from the 50/50 raffle (about \$200) to help pay expenses for Cooter Douglas (of Ducks in North Myrtle Beach), who will undergo a hip replacement soon. Thanks to all who attended (around 120 counted)!! If you were not able to be there, we missed you... and you missed out on a fabulous party!

Proceeds from the Saturday Night Shag Dance on February 26th will be donated to the junior fund. A free workshop taught by junior shaggers Kari Jones and Tyler Ervin was open to all by request, adults and juniors. Come and check out the awesome dance floor at the newly decorated PSDC dance room on March 26th. Dancing is joyful.... Share the joy!!

Coming up this month: **SHAG-A-THON**, Saturday, March 19th, at Springfield Mall - see flier and website (nvshag.org) for information - Please, come out and support this Shag Marathon to raise money for our club's charity, Capital Hospice!!

Next month: **SOS Spring Safari**, April 22 - May 1st. **Make plans and GO...you don't want to miss this gleeful reunion of shaggers at North Myrtle Beach!!!**



NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

www.nvshag.org www.renessupperclub.com

Shag Classes: 7:30 – 8:15 PM Dancing: 8:15 – 11:00 PM

Happy Hour Drink Prices 4:30 – 7:30 PM Cover Charge - \$5.00

Juniors' welcome!

Location: *Near Fairfax Circle, across the street from Artie's Restaurant.*

Directions: Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.

About our Shag Classes:

There are three types of classes taught by NVSC dance instructors on Wednesday nights. On any given night at Rene's Supper Club, we offer either two or three of those classes. We offer either:

- A) Intro, Beginner, Intermediate **OR**
- B) Beginner and Intermediate

1) **The Intro Class.** This class is a simple class, which teaches students the Basic step, the Start and the Female turn. (Female Turn, if time permits) It is taught during weeks 3 & 4 of the beginner four-week series so that new students do not interrupt the Beginner class, which is in mid-cycle. No emphasis on technique in this class - just on fun and getting students introduced to the shag club. There is NO progression in this class, the same material is taught EVERY TIME.

2) **The Beginner Class.** This class is a 4-week course, which "progresses" slowly. Week 1 consists of the same material taught in the Intro class with a little more emphasis on technique. Weeks 2-4 consist of additional beginner material such as the Male Turn, Half Turn, Side Pass and Triple Basic. During weeks 1 & 2 since there is NO INTRO class, new students begin with this class. In weeks 3 & 4 of Beginner, the Intro Class is offered and new students are encouraged to take that class before Beginner. There is currently a Beginner class taught every Wednesday night.

3) **Intermediate Class.** This class is a 12-WEEK course subdivided into three, 4-week series: A, B & C. Intermediate A is the easiest series; Intermediate B is slightly more difficult and Intermediate C contains the most difficult material. The only real exception is that the basic shag Pivot is taught ONCE during each 4-week series so that students do not have to wait 12 weeks to learn the Pivot if they miss that class. The classes "sort of" progress, but efforts have been made to organize the material so that if a student misses a particular week they will not be LOST the following week. It is strongly recommended to students that they take the Intermediate course (all 12 weeks) two or three times to become completely familiar with the steps. There is currently an Intermediate class taught every Wednesday night.

[This information provided by David Rodgers—Dance Committee Chair]



D J's and Dance Steps for MARCH 2005

Intermediate Level Shag Steps:

- March 2nd Stutter Basic; Boogie Walk; & Joanie
 - March 9th Hesitation Basic & Classic
 - March 16th Forward Sailor Basic; Pivot; & Arch
 - March 23rd Leg-Up Basic; & Side Walk-Up
 - March 30th Crossover Basic; Applejack; Male Half Turn
- Beginner Level Shag Steps: March 2nd; 9th; 16th; 23rd; & 30th
Intro. Level shag steps: March 16th & 23rd

DJ'S FOR MARCH:

- March 2nd– Dennis & Nancy Gehley March 16th– Craig Jennings
- March 9th – Jim Rose March 23rd– Eddy Farmer March 30–Eddie O'Reilly



Happy Birthday! March Babies!!

If your birthday is incorrect or does not appear here, please contact Hilda Clemann, the membership chair, at hkc1945@aol.com to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes!

Jessie March	3/1	Mike Mitchell	3/1
Bill Green	3/2	Rick Hendrix	3/3
Howard Christie	3/4	Lisa Silbaugh	3/10
Ron Purvis	3/11	Robin Kessler	3/14
Ed Godish	3/16	Ralph Hart	3/17
Bonnie Rose	3/20	David Carter	3/21
Rose Playso	3/25	Ed Fei	3/25
Monajeane Bergeron	3/27	Larry Black	3/28



Welcome - New Members in January—Jo Brett, Marion & Peggi Dongieux, Ted Polen & Susan Cleghorn

New Members in February—Thomas Brett, Ed Fei, Caroline Green, Eric Jacobson, Robin Kessler, Peter Pomeroy, Jay Rockwood & Helen Tocco

Please introduce yourselves to these new members—ask them to dance!

SPINNIN' ROUND NEWS Vol. 2, No. 2

February 2005

From the Booth - By Jim Rose

BEACH MUSIC'S TOP 10 SONGS FOR FEBRUARY 2005

- DJ
Throwdown,
Lost Legends,
Picks for Top
10
- | | |
|---------------------------------------|---|
| 1. Something Smooth – Rick Strickland | 6. There's No Me Without You - Chairmen |
| 2. Chasin' Dreams – North Tower | 7. True Love - Drifters |
| 3. Getaway Car – Hall & Oats | 8. Big Blue Diamonds – Percy Sledge |
| 4. Love To The Music – Temptations | 9. I Can't Stop – Al Green |
| 5. Hard Times – Queen Latifah | 10. City Of Angels - Elgins |

SOME PASSINGS IN 2004

2004 was a year where we lost some of the great legends in music. The likes of Ray Charles, Gene Hughes, Doris Troy, and Johnny Bristol, to name a few. Some other well-known artists are listed below. May you all rest in peace!

Gene Hughes (Casinos) – Doris Troy – Johnny Bristol – Jan Berry (Jan & Dean) – Ray Charles – George Williams (Tymes) – Rick James – Laura Brannigan – Billy Davis (Drifters) – Skeeter Davis

HAPPENINGS

Don't forget DJ Throwdown coming up March 3, 4, & 5. As usual, the party starts on Thursday evening with 3 groups... Craig Woolard Band, Fantastic Shakers, and Mark Hummel. On Saturday, there's a reverse raffle worth \$6,000.00. It's a great weekend filled with great music and good times.

Some of your local DJ's will be playing that weekend... Gerry Scott, Craig Jennings, & yours truly. Come see us!

And... the next weekend is the Shag Dance Competition in Myrtle Beach. If you want to see some great dancing, this is the place. Our own Craig & Heather Jennings will be competing in the Pro Division. Good luck guys!

ON THE MUSIC FRONT...

A new CD from Pat Carpenter Band is out. There are several songs on the CD that will get shaggers up on the floor. My personal favorite is "Each and Every Kiss." This song should hit the top 10 very quickly.

Other picks for climbing into the top 10:

Let's Get It On... a new remix from Motown. It's a good rendition, although different from the original, it's a goodn'. Also new is the CD from The Fantastic Shakers. Best Things Happen When You're Dancing (you can say that again). Another is She's The Attraction. If you like the more up beat, you're gonna like the new Jacqui Williams song, The Whole Damned World's Gone Crazy.

KEEP EM' COMING

Thanks to those of you who are asking questions. It's great and I love it! So, if you have a question or comment, send it.

TRIVIA TIME

In 1990, Rolling Stone Magazine asked a prominent R&B female singer this question:

"At what point did rhythm & blues start becoming rock & roll?"

Her Answer: "When the white kids started to dance to it."

OK, for a custom made CD, who was the artist?

UNTIL NEXT MONTH... KEEP SHAGGIN' AND DANCE LIKE NOBODY'S WATCHIN'. WE'LL KEEP SPINNIN' EM'!

Many thanks to NVSC Members Bob Lutz, Cris Gaines and Tim Farris for spending their President's Day Holiday auditing the 2004 finances for NVSC—Your time and your work for NVSC is much appreciated!

Well wishes to Grant Davidson who was hospitalized recently. We send our love to Grant and Betty and hope to see both of them back at the club real soon. Friends may send cards to the Davidson's at 4695 Autumn Glory Way, Chantilly, VA 20151

Also, we have members who have had back surgery, Kitty Senge (in March) and Dean Hipps (in February). Keep these folks in your thoughts and prayers. It will take a while for them to recuperate so send them your well wishes.

Our heartfelt sympathies and condolences go out to new member, Ted Polen. His mother passed away Friday, February 18th. Burial was on the following Monday in Middleburg, Virginia. You may send cards to Ted at 8116 Oak St., Manassas, VA 20111-2207

NVSC SHAG INSTRUCTIONAL VIDEO—and DVD—FEATURING our DANCE INSTRUCTOR-MEMBERS! Have you ever taken a class on a Wednesday night and gone home to practice only to discover that you can't remember exactly how to do the step? Well, you're not alone and now there's a FUN solution! In order to help our newer shag dancers, the NVSC Dance Committee has recorded a "video notebook." The videotape/DVD contains most of the steps taught every Wednesday at Rene's and is available for \$10. Yours to keep!!! No returning or deposits!!! See David Rodgers at Rene's, telephone him at 703-239-8978, or email: rodgersd3@cox.net to purchase your very own "video notebook."

Borrowing Shag Videos Our club has a constantly growing library of shag instructional videos and they are free to CLUB MEMBERS! All you have to do is put down a fully refundable \$25.00 deposit, take the tape home for up to two weeks, return the tape and get your deposit back. Or you can leave the deposit, return the tape and check out another. After you have checked out all the tapes you wish to view, your deposit will be returned. CONTACT JANE JAMES* AT RENE'S ON WEDNESDAY NIGHTS. If videotape is not returned within 30 days, your deposit may be used to purchase a replacement without notice.

And other news...a blonde said, "I was worried that my mechanic might try to rip me off. I was relieved when he told me all I needed was turn signal fluid."

My mind works like lightning. One brilliant flash and it's gone.

ITEMS OF INTEREST:

Dear Northern Virginia Shag Club,

Thank you for the dance last evening, February 26, at **PSDC**. It was a pleasure for me to bring my granddaughter, **Emily, and her friend Annie, ages 8, almost 9**, for a lesson in shag. It felt really good sharing with her a part of my life that has given me so much pleasure.

PSDC is the perfect environment to bring a young junior to for a so-called adult activity; and it's perfect for adult dancing afterwards. It's fresh, clean, shiny 'n bright. The floor is spacious and new. I was delighted to introduce my granddaughter to an activity that has the potential to entertain her for years to come with uplifting freedom in motion. Thank you, **NVSC**, for presenting me the opportunity to introduce her to social dance and for stimulating within her the interest in learning...even though they both said no when asked if they wanted to dance.

I'm aware of the effort, energy, planning and expense that goes into providing another dance opportunity for adults and a program for juniors at the same time, and I thank you. Give my thanks also to the instructors who managed to frame the instruction so that youngsters, teens and adults all got it at the same time. That requires skill!!! **Patricia Parrott**

DID YOU GO TO THE FEBRUARY 19TH DANCE AT FT. MYER??

IT SURE WAS WONDERFUL TO HAVE **JENNIFER BEAVER SOGLUIZZO** DEEJAY FOR US AT OUR DANCE!! GREAT PERSONALITY PROVIDING GREAT MUSIC! CAN'T GET MUCH BETTER THAN THAT! HOPE SHE GETS TO COME BACK REAL SOON!

ALSO -- SOME MONTHS AGO, **NVSC** MEMBERS, **EVE AND TIMOTHY FISH** MADE THE **FREDERICKSBURG NEWS**. SOMEONE GAVE ME A COPY OF THE ARTICLE AND OF COURSE, THEY ARE CAPTURED DOIN' THE CAROLINA SHAG AT UNCLE SAM'S CLUB. **ADAM SHEPPARD AND KARI JONES** WERE PICTURED IN THIS ARTICLE ALSO—AND I SEE **DON AND AUDREY BORJA** IN THE BACKGROUND DANCING THE NIGHT AWAY....LOOK FOR SOME COPIES ON THE FLYER TABLE....

Did you know? Special beach music CD's were given recently to David Loy, Bill Meyer and Darlene Small for notably improved shag skills on the dance floor!

Dear Abby:

My husband is a liar and a cheat. He has cheated on me from the beginning, and when I confront him, he denies everything. What's worse, everyone knows he cheats on me. It is so humiliating. Also, since he lost his job four years ago he hasn't even looked for a new one. All he does is buy big cigars and cruise around and bull-crap with his pals, while I have to work to pay the bills. Since our daughter went away to college he doesn't even pretend to like me and hints that I am a lesbian. What should I do?

Signed, Clueless

Dear Clueless: Grow up and dump him. For Pete's sake, you don't need him anymore. You're a UnitedStatesSenator. Act like it.

Abby

SHAG-A-THON NEWS!

Anyone who has not picked up his or her packet for the shag-a-thon on Saturday, March 19 at Springfield Mall, please see **Marcia or Liz** at Rene's on Wednesday nights. Give us a call if you need one mailed to you. Thanks to everyone who has already volunteered to help! I also need for everyone to bring snacks for the dancers. Water, cups, plates, napkins and utensils will be provided. Besides the dancing, we will have several dance exhibitions. Here is a list of shag members who are collecting pledges and dancing for Capital Hospice. [P.S. It's not too late to **VOLUNTEER! IF YOU CANNOT ATTEND, PLEASE SUPPORT MEMBERS LISTED BELOW.** Come join the fun and camaraderie!]

<i>David Rogers & Jerry Rodgers</i>	<i>Tyler Erwin</i>	<i>Kari Jones</i>
<i>Charlotte Ashby</i> <i>Mike Deese</i>	<i>Linda Coffeen</i>	<i>Linda McAfee</i>
<i>Ann West</i> <i>Liz Kestler</i>	<i>Rick Hendrix</i>	<i>Janet Egan</i>
<i>David Loy</i> <i>Terrie Patullo</i>	<i>Dale Rinker</i>	<i>Darlene Small</i>
<i>Janet Cave</i> <i>Walter Herrity</i>	<i>Valerie Swiger</i>	<i>Bob Lutz</i>
<i>Ellen Testa</i> <i>Brenda Bishop</i>	<i>Aubrey Mitchell</i>	<i>Joan McKinney</i>
<i>Jean Teele</i> <i>Dennis Gehley & Nancy Gehley</i>	<i>Joe "Nish" Cornish</i>	
<i>Fred Whitman & Jean Whitman</i>	<i>Barry Newman</i>	<i>Paige Plotkin</i>
<i>Gary Mann & Robbie Mann</i>	<i>Kelly Mann</i>	<i>Mary Ann Davis</i>
<i>Tim Farris & Beverly Larson-Farris</i>	<i>Jessie March</i>	<i>Larry Boyer</i>
<i>Sandra Ferony</i> <i>Janis Grimes</i>	<i>Debra Parrish</i>	<i>Ed O'Reilly</i>
<i>Hilda Clemann & Victor Clemann</i>	<i>Don Borja & Audrey Borja</i>	
<i>Jane James</i> <i>Betty Abshire</i>	<i>Andy Miller</i>	<i>Pamela Alfano</i>
<i>Heather Jennings & Craig Jennings</i>	<i>Vaughn Royal</i>	<i>Cathy Metcalf</i>
<i>Nancy Thomsen</i> <i>Jeff Kincheloe</i>	<i>Marcia Conway</i>	<i>Denny Koski</i>

Russ White

THANKS TO EVERYONE WHO IS VOLUNTEERING. YOUR EFFORTS WILL HELP MAKE OUR 2005 SHAG-A-THON A HUGE SUCCESS!! Marcia Conway, Chairman and Liz Kestler, Co-Chairman



NVSC's MEMORIAL TO KEITH TEELE
& PAULINE GEORGE EASBY-SMITH

Seventh Annual Northern Virginia Shag Club's



Shag-A-Thon!!

•With All Proceeds to Benefit Capital Hospice, formally known as Hospice of Northern Virginia

•Over \$104,000 Raised in the First Six Years!

♥ This year we will be collecting our pledges *IN MEMORY* of two of our dear members who passed away in 2004, KEITH TEELE & PAULINE EASBY-SMITH. Keith was an active member of NVSC and wholeheartedly participated in our past pledge drives. Keith had hospice care in his last days for which we are grateful. Pauline was a founding and charter member who helped make this club successful. She planned, organized and hosted many club events—and always spreading the word to others about NVSC!



NORTHERN VIRGINIA SHAG CLUB

www.nvshag.org

&



Capital Hospice

Keep on Shaggin'!

Saturday, March 19, 2005 Noon until 5:00 pm

Springfield Mall

Macy's Court, Lower Level

Franconia Road Exit from I-95. Exit is less than one mile south of I-495 Beltway.
Springfield, Virginia 22150-1701

- **PRIZES • SPECIAL SHAG EXHIBITIONS**
- **REFRESHMENTS AND SNACKS FOR PARTICIPANTS**
- **GREAT MUSIC BY NVSC DJ'S!**
- **ALL PROCEEDS FROM THIS EVENT BENEFIT Our local area HOSPICE**

PARTICIPANTS ARE ASKED TO RAISE MONEY THROUGH FLAT OR PER DANCE PLEDGES.

TO REGISTER AND RECEIVE A PLEDGE PACKET, SEE EITHER MARCIA CONWAY OR LIZ KESTLER AT RENE'S SUPPER CLUB WEDNESDAY NIGHTS BETWEEN 8:30-10:00 P.M.

E-MAIL: NCLADY11@COMCAST.NET
(MARCIA) OR SAREJAN5@YAHOO.COM
(LIZ)

