

# SHAG RAG



February 2005 Vol. XII, Issue 2  
Dedicated to the Preservation  
of the Carolina Shag and  
Beach Music

## Northern Virginia Shag Club

### President's Message by Janis Grimes



#### In the President's Letter:

- \* Shag-a lifestyle
- \* Reflections on Eleven Years

Just back from Midwinter in North Myrtle Beach, and I am filled with the excitement, fun and sense of joyful camaraderie that was shared by friends, old and new...plus, shagging to the best music in the world. While there, I attended the first ACSC meeting of 2005. There will be some changes in North Myrtle Beach, but they promise us that SOS will continue there until the water washes us away...

I consider it a privilege to serve as President of the Northern Virginia Shag Club, and I have made a commitment to give my time and energy to the club, for YOU. As President, I expect to give a lot – and, I know I will gain a lot – in good times and good friends. That's what a shag club is about...a lifestyle of friendships and fun... and SHAG dancing! It's like a big playground, a safe haven for fun and friendships... a place where you can hang out with your friends, and always make new ones.

#### Shag Rag Highlights:

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Serving the club is something I am glad to do, to help repay the support I've received over the past 11 years, from associations within the club and in the shag community of wonderful friends I've met through shag. The benefits of association are friendships that will last a lifetime, the wonderful times and memories shared through the club and other shag activities, and the hope that is always there – of more fun to come. There is always something to look forward to!

I am grateful to the founding members for starting this club, and especially to Rick Hendrix and Liz Kestler – they were a big part of the inspiration and momentum that led to the creation of our shag club. Had Dee [Bassett] Orlando not seen them, by chance, out dancing one night, and wanted to "dance like that"...if it weren't for the enthusiasm of Rick, and the gentle support of Liz, and the perseverance of Dee as NVSC's first president, and the others, Larry Camp, Patricia Parrott, Dave and Ruth Rapson, Gary and Sharon Salpini, Pauline Easby-Smith (whom we recently lost to cancer), Donna Harrington, Keith Abernathy, Nick and Debbie Nichols, (to name a few!) we would not have the club that we enjoy today. After 11 years, we are fortunate to have most of our original founding members still with us on Wednesday nights or at other club events. Some have gone on to other things, but will always know they are welcome here. See you on the dance floor....

Coming Up: February 6<sup>th</sup> **SUPER BOWL** party at Rene's—see flyer attached

February 19<sup>th</sup> **CHARLIE and JACKIE** workshop at Ft. Myer Community Center! See details within.


February 26<sup>th</sup> **JUNIOR WORKSHOP & SATURDAY SHAG DANCE** at PSDC Room, Workshop by Kari Jones and Tyler Ervin, 6-7 p.m., dance 7-11 p.m. All are welcome, Juniors under 21 admitted **FREE**. Everyone, this is a great dance floor—come check it out!

March **SHAG-A-THON** at Springfield Mall, Macy's Court. It's NVSC's biggest fundraiser of the year for **Hospice**! See flyer in this month's Shag Rag!




## ATTENTION: PRIVATE LESSONS WITH CHARLIE WOMBLE & JACKIE MCGEE

Charlie Womble and Jackie McGee (9 times & 10 times National Shag Champions) will be teaching private lessons on Feb. 17, 18, and 20, 2005 at David & Jerry Rodgers' House in Fairfax Station.



SIGN UP NOW for private lessons with Charlie & Jackie by e-mail at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David at (703) 239-8978 to put your name on the list. Lessons will be scheduled in the order in which the requests for private lessons are received. Costs of the private lessons are \$85.00/hour lesson with Charlie and Jackie, and \$60.00/ hour lesson with Charlie or Jackie.

### NEWS FLASH—MORE WORKSHOP AND LESSON INFORMATION CONCERNING CHARLIE WOMBLE & JACKIE MCGEE'S VISIT THIS MONTH

Charlie & Jackie have agreed to teach a special Carolina Shag workshop for junior shaggers at the Fort Myer Community Center on Saturday morning, February 19<sup>th</sup> from 11:00 to Noon. This workshop will be FREE to juniors ages 5-20 who attend. Juniors are also encouraged to stay for the three workshops Charlie & Jackie will teach from 12:30 – 4:00 pm. The three afternoon workshops will also be FREE for junior shaggers. See the flyer within this newsletter for more information about the workshops and dance.

Also, Jackie McGee has agreed to teach two SMALL GROUP lessons for women only on the footwork for ladies. These lessons will be taught at David & Jerry Rodgers' home in Fairfax Station, VA, and will be taught from 9:00-10:00PM on Friday, 2/18/05, and from 3:00-4:00PM on Sunday, 2/20/05, IF ENOUGH LADIES SIGN UP FOR THE LESSONS. Due to the size of the dance floor available for these lessons, only a limited number of ladies will be allowed to attend. Sign-up will be taken on a "first come, first served" basis. Cost of these "Ladies Only" lessons will be \$15.00 per person. Contact David Rodgers by e-mail at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David Rodgers at 703/239-8978 to put your name on the list.




### NVSC MEETS WEEKLY AT RENE'S SUPPER CLUB

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

[www.nvshag.org](http://www.nvshag.org)

[www.renessupperclub.com](http://www.renessupperclub.com)

**Shag Classes: 7:30 – 8:15 PM Dancing: 8:15 – 11:00 PM**

**Happy Hour Drink Prices 4:30 – 7:30 PM Cover Charge - \$5.00**

**Juniors' welcome!**

**Location:** *Near Fairfax Circle, across the street from Artie's Restaurant.*

**Directions:** Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.

# Please join us on Wednesdays for classes and dancing!!

## D J's and Dance Steps for FEBRUARY 2004



Please Note: Step Exchange & Advanced Level Shag Classes Discontinued

### Intermediate Level Shag Steps:

- Feb. 2<sup>nd</sup> Side to Side Basic; Front Prep; & Front Walk-Up
- Feb. 9<sup>th</sup> DoubleKick Basic; Front Prep & Lean
- Feb. 16<sup>th</sup> Behind Sailor Basic; & Pivot
- Feb. 23<sup>rd</sup> Back Prep; Sugarfoot; & Tuck

Beginner Level Shag Steps: Feb. 2<sup>nd</sup>; 9<sup>th</sup>; 16<sup>th</sup> & 23<sup>rd</sup>  
 Intro. Level shag steps: Feb. 16<sup>th</sup> & 23<sup>rd</sup>

### DJ'S FOR FEBRUARY:

- Feb. 2<sup>nd</sup>– Dennis & Nancy Gehley
- Feb. 9<sup>th</sup> – Craig Jennings

- Feb. 16<sup>th</sup>– Jim Rose
- Feb. 23<sup>rd</sup>– Gerry Scott or Eddy Farmer



## Happy Birthday! February Babies!!

If your birthday is incorrect or does not appear here, please contact Hilda Clemmens, the membership chair, at [hkc1945@aol.com](mailto:hkc1945@aol.com) to add your birthday to our database. Be sure to attend the once a month BIRTHDAY DANCE in honor of your BIRTHDAY and enjoy a delicious CAKE made especially for this occasion by Birthday chair, CRIS GAINES—she makes wonderfully scrumptious cakes! Watch for "Hello Shagger" news for the monthly Birthday event.

Gayden Thompson	2/1	Robert Busey	2/1
Shirley Baucom	2/2	Beverly Horn	2/2
Bruce Frail	2/3	Kathy Stacy	2/4
Michael Reingruber	2/6	Shannon Lewis	2/6
Dee Orlando*	2/6	Sandra McGee	2/7
Sara Brodsky Sieman	2/7	James Raney	2/8
Brenda Bishop	2/8	Tom Romero	2/13
James Taylor	2/19	Phyllis Yarborough	2/21
Donna Larman	2/24	John Wood	2/25
Bernadine Fanini	2/25	Debbie Thompson	2/26
Marcia Conway	2/26	David Loy	2/27



REFLECTIONS


\*our first NVSC President!


**INNIN' ROUND** ...NEWS Vol. 2 No. 1

January 2005

From the DJ Booth - By Jim Rose


BEACH MUSIC'S TOP 10 SONGS FOR DECEMBER 2004

- 
1. What Am I Gonna Do Without You - Craig Wollard
  2. Party Till the Lights Go Out - Hardway Connection
  3. Nine Times A Man - Wilson Pickett
  4. Back That Thing Up - Tyrone Davis
  5. There's No me Without You - Chairmen
  6. Can't Change My Heart - Rickey Godfrey
  7. Lovin' My Baby - Memphis Allstars
  8. I Can't Stop - Al Green
  9. Deed I Do - Paul Craver
  10. Waitin' On Love - Dink Perry

**DID YOU KNOW...**

Another successful Mid Winter SOS. What a weekend! The streets and clubs of North Myrtle Beach were filled with happy people this past weekend. So, you've never been to Mid Winter? Well it's like Spring or Fall SOS, just smaller and shorter.

A bit of news from Mid Winter...Ducks/Ducks Too has been sold. The new owner, David Shaw, has already started some renovations and changes of the club. These include enlarging the upstairs (Ducks), adding additional bars and enlarging the dance floor. These changes should be concluded by DJ Throwdown or at least Spring SOS.

In talking with David, changing some of the format is also in order. Upstairs will be dedicated to more of the main stream beach/shag music. Music downstairs will remain as usual...older rhythm & blues.

Don't forget DJ Throwdown coming up March 3, 4, & 5. As usual, the party starts on Thursday evening with 3 groups...Craig Woolard Band, Fantastic Shakers, and Mark Hummel. On Saturday, there's a reverse raffle worth \$6,000.00. It's a great weekend filled with great music and good times.

**ON THE MUSIC FRONT...**

My pick for best new song at Mid Winter is clearly an easy choice. It's an old Motown song...Hello Stranger, sung by Queen Latifah.

She hits this one on the head! This version is great smoothie and a real pleasure to dance to. Hello Stranger is destined to be in the Top 10 very quickly.

The NVSC is losing a great friend and DJ. Gerry Scott has taken a teaching position in Charleston, S.C. Gerry and his family are looking for a home and expect to fully move soon.

Gerry says he's still looking forward to the Classic and playing as usual. He said he'll really miss playing for our club on Wednesdays. **Gerry, we wish you and the family all the best!**

**ANOTHER VIRGINIA ARTIST**

Born Jan.12, 1928 RUTH BROWN (Ruth Alston Weston), 'Miss Rhythm' R&B vocals. Portsmouth, VA (married trumpeter Jimmy Brown). Atlantic Records is often called "the house that Ruth built", due to her string of hits between 1949 -50. She is perhaps best known by younger audiences through her role as DJ "Motormouth Mabel" in the film Hairspray. When the hits dried up in the early 60s, the industry was quick to forget about her as she worked as a domestic to make ends meet.

Top ten songs!  
News about one  
of our DJ's



*Welcome - New Members in December--Gina Jannotti,  
Mike Mitchell & Susan Cleghorn &*

*New Members in January--Marion & Peggi Dongieux, Ted  
Polen*

*Please introduce yourselves to these new members--  
ask them to dance!*

*CONGRATULATIONS TO JOAN McKINNEY, past President of NVSC, who has been voted into the  
Virginia Shaggers Hall of Fame!! The annual induction ceremony and dance that was earlier cancelled,  
has now been re-scheduled for February 12th. Contact Janis Grimes for tickets to this event -  
[janigrimes@cox.net](mailto:janigrimes@cox.net). Tickets are \$10; all are welcome to attend--nice event, lots of dancing and fun!*

*End of December 2004--Our sincere sympathies to Dennis and Nancy Gehley's on the  
loss of Dennis' mother, Goldie Agnes Gehley. And condolences to David and Jerry  
Rodgers, on the loss of Jerry's mother, Helen Kroon.*

**Our thoughts and prayers go to Craig Hutchinson, with on-going health issues. For those new to  
shag, Craig is known for introducing Carolina Shag to our area, first by introducing Charlie  
Womble and Jackie McGee ("C&J") to swing venues (workshops, competitions) which prompted  
Carolina Shag to become known competitively coast-to-coast, and secondly, and most important, to  
include "Shag" as a Division at the 1994 Virginia State Open Swing Dance Championships, which in  
turn opened the door to become a permanent part of the local swing community! A BIG THANK  
YOU CRAIG!**

*Please give your well wishes and prayers to long time member, Dean Hipps. He will be  
having major spinal surgery on Feb. 16<sup>th</sup>. We pray his surgery is very successful and that  
his recovery period is speedy. GET WELL SOON, DEAN!*

**NVSC SHAG INSTRUCTIONAL VIDEO--and DVD--FEATURING our MEMBERS!**  
Have you ever taken a class on a Wednesday night and gone home to practice only to  
discover that you can't remember exactly how to do the step? Well, you're not alone and  
now there's a FUN solution! In order to help our newer shag dancers, the NVSC Dance  
Committee has recorded a "**video notebook**." The videotape/DVD contains most of the  
steps taught every Wednesday at Rene's and is available for \$10. Yours to keep!!! No  
returning or deposits!!! See **David Rodgers** at Rene's, telephone him at 703-239-8978, or  
email: [roddgersd3@cox.net](mailto:roddgersd3@cox.net) to purchase your very own "video notebook."

**Borrowing Shag Videos** Our club has a constantly growing library of shag instructional  
videos and they are free to **CLUB MEMBERS!** All you have to do is put down a fully refundable \$25.00  
**deposit**, take the tape home for up to **two weeks**, return the tape and get your deposit back. Or you can  
leave the deposit, return the tape and check out another. After you have checked out all the tapes you wish  
to view, your deposit will be returned. **CONTACT JANE JAMES\* AT RENE'S ON WEDNESDAY  
NIGHTS.** If a video tape is not returned within **30 days**, your deposit may be used to purchase a replacement without  
notice.

# The Northern Virginia Shag Club

Presents A

## Shag Workshop and Party

With Pro-Shaggers

### Charlie Womble & Jackie McGee

February  
19, 2005



Charlie and Jackie are 9 time National Shag Champions (**Jackie 10 times**), US Open Swing Champions, members of the Shaggers Hall of Fame, Shad Alberty Award recipients, 3 time Feather Award winners for: Best Male and Female Swing Dancers, Best Classic Swing couple, New Wave Award. They also produce the USA Grand National Dance Championships.

### Workshop

#### Fort Myer Community Center

228 McNair Road, Bldg. 405  
Fort Myer, Virginia 22211-1199  
Phone: 703-696-3470

All Classes for Beginner and Intermediate Dancers!

Spins & Turns 12:30 PM — 1:30 PM

Male Step/Female Follow 1:45 PM — 2:45 PM  
*With connection*

Funky Footwork 3:00 PM — 4:00 PM  
*Including female steps*

Cost: \$10 per workshop for NVSC Members  
\$15 per workshop for non-members

Please be prepared to present Identification upon entering Fort Myer

Unescorted minors may not be admitted by security

Private lessons with Charlie and Jackie are available. Please contact David Rodgers at 703-239-8978 e-mail David at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) to make arrangements.

### DANCE SATURDAY NIGHT

7:30 PM — 11:30 PM

At

#### Fort Myer Community Center

228 McNair Road, Bldg. 405  
Fort Myer, Virginia 22211-1199  
Phone: 703-696-3470

Cost: \$10 for NVSC Members  
\$12 for Non-members

#### Club Provides...

Heavy hors d'oeuvres, sodas, setups  
Bring your own beer / wine and use discretely

Directions to Ft. Myer: From Northern Virginia: Take I-395 to exit 8A Washington Blvd, Route 27 North. Take Washington Blvd North to Fort Myer exit on right. Once you go through the security check for non-military people, you take the first right on to Sheridan Ave., then right on to Pershing Drive, and then turn left onto McNair. Pass the tennis courts. Park on the right. The Community Center is on the left just past the tennis courts.

Juniors Receive Free Admission to Both Events!

This is a non-smoking event!

See Dave Rodger's notice of private lessons with C&J within this newsletter for updated information regarding Charlie and Jackie's visit this month! Also see a shag club instructor to purchase raffle tickets for free lesson with Charlie and Jackie.



NVSC'S MEMORIAL TO KEITH TEELE



Seventh Annual Northern Virginia Shag Club's

# Shag-A-Thon!!

•With All Proceeds to Benefit Capital Hospice, formally known as Hospice of Northern Virginia

•Over \$104,000 Raised in the First Six Years!

♥ This year we will be collecting our pledges **IN MEMORY** of one of our dear members who passed away in 2004, **KEITH TEELE**. Keith was an active member of NVSC and wholeheartedly participated in our past pledge drives. Keith had hospice care in his last days for which we are grateful.



Capital Hospice

[www.nvshag.org](http://www.nvshag.org)

[www.capitalhospice.org](http://www.capitalhospice.org)

## Keep on Shaggin'!

Saturday, March 19, 2005

Noon until 5:00 pm

### Springfield Mall

### Macy's Court, Lower Level

Franconia Road Exit from I-95. Exit is less than one mile south of I-495 Beltway.

Springfield, Virginia 22150-1701

- **PRIZES • SPECIAL SHAG EXHIBITIONS**
- **REFRESHMENTS AND SNACKS FOR PARTICIPANTS**
- **GREAT MUSIC BY NVSC DJ'S!**
- **ALL PROCEEDS FROM THIS EVENT BENEFIT the local area**

Participants are asked to raise money through flat pledges or per dance pledges.

♩

To register and receive a pledge packet, see either Marcia Conway or Liz Kestler at Rene's Supper Club Wednesday nights between 8:30-10:00 p.m.

E-mail: [nclady11@comcast.net](mailto:nclady11@comcast.net)  
(Marcia) or



Capital Hospice

