



## Northern Virginia Shag Club

### President's Message by Cathy Metcalf



#### Special Interest Articles:

- \* *Elections Coming! Meet the Candidates*
- \* *Gettin' Ready to Move to Rene's Supper Club*
- \* *Tribute to Pauline Easby-Smith*
- \* *Spinnin' Round-News from the DJ Booth*

With NVSC, every month has fun and exciting events but we do have a very special treat on November 6<sup>th</sup>. Sam and Lisa West will be doing three workshops during the day and then joining us for a dance that evening (all events are at Ft. Myer). Sam has won the Shag National Championships nine times and is the current champion. While Lisa is relatively new to shag competition, she has many accomplishments in other forms of dance. Having been in her workshops recently, I find her to be an excellent instructor in shag. Sam is one who began competing as a junior shagger with his sister, Sarah, as his partner. I encourage our junior shaggers to come and learn from one of the very best. Come to be inspired, challenged, and entertained. See the flyer inside for more details on this special weekend.

Our Club has been very fortunate to have some of the most talented shaggers for our guest instructors this year, such as Charlie Womble & Jackie McGee; Jac Crowder & Erin Olson (now Jac & Erin White); Michael Norris; and Sam & Lisa West. It would be hard to have a much better line-up of guest instructors than this. I offer my thanks to Heather Jennings who has made all of these arrangements this year. Thanks also to David Rodgers, Dance Committee Chairman, and our own dance instructors who are always there to assist at the workshops.

November also brings a move to a new shag home. After getting the news that Nostalgia's and the Holiday Inn would be closing in December for extensive renovation, a Search Committee was formed to locate a new Wednesday night dance facility. With the response that we received from the surveys that you completed during our trial visits, it was clear that you, the members, preferred to relocate to Rene's Supper Club. Mark your calendars and remind your car to take you to Rene's (I don't know about you, but sometimes I have a hard time retraining my car) beginning on Wednesday, November 10<sup>th</sup>. I extend my thanks to the members of the Search Committee for a job well done.

Be sure to arrive at Rene's (rather than Nostalgia's) on Wednesday, November 17<sup>th</sup> as well. That is Election Night at NVSC. (Did you hear my sign of relief?) We will be voting for our 2005 Board of Directors who will take over the leadership of the Club in January. All are admitted FREE that night—part of the warm welcome that our new location is helping to provide for us. Absentee ballots are available inside the newsletter if you are unable to be present that evening to cast your vote.

I know that things get very busy around the end of the year—a lot of parties to attend, etc., so please take a moment to put December 11<sup>th</sup> on your calendar for our NVSC Holiday Party at the Springfield VFW. As you are out shopping, pick up a toy to bring to the party for Toys for Tots. Our own member, Maj. Bruce Piner, USMC (Ret.), will be assisting us with this toy drive. Thanks, Bruce, for those 20 years of military service and for your assistance now, as we try to help brighten the season for many children.

Many of us who knew Pauline Easby-Smith, one of our club's founding members, were saddened by her recent death. Whether you had the opportunity to know her or not, we all owe her our gratitude for helping to form this Club that we all love. While out to dinner recently with a group of shaggers and others, we shared Pauline stories while fighting the tears, and we raised our glasses to you, Pauline – you will be missed!

**Remember to ask somebody new to dance each week.**



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## A Tribute to Pauline Easby-Smith

### Saying Goodbye by Donna Harrington



In the Spring of 1993, I took a "road trip" with Pauline Easby-Smith to Myrtle Beach, SC. She had often planned exciting road outings as entertainment for her three children Laura, Russell and Michael. Now it was me she took under her wing—the destination was planned to lift my spirits and that it did!!

Leaving Beach Music and the Shag entirely behind on OD was not a pleasant prospect so, two weeks later, when Pauline heard about Shag lessons being given at "Blackie's" in Springfield she made certain we were there. And we never left! Together with 14 other enthusiastic people we experienced the thrill of bringing the official Northern Virginia Shag Club to life the very next year.

I do treasure the memories of those initial days. Our first Christmas party was held at Pauline's home in Great Falls. She adored hosting parties and pleasing friends as much as she did music and dancing. I remember, too, crawling around on my hands and knees the following day re-waxing her hardwood floor! She cared only that we all had enjoyed a great time together.

Through the ensuing years her dedication to all of us in NVSC continued to be evident. She was committed to spreading the "word of Shag" to anyone who would listen and at social events all over town her gold-shoed feet could be seen demonstrating the Basic as she counted 1 and 2, 3 and 4....

She was also mighty handy with a glue gun and a decorator "extraordinaire". For years the walls of the American Legion Hall in McLean sparkled with her Christmas creations. Our very first Shag Classic was adorned with wall and table decorations she and I had a blast creating. Remember our first Pool Party, where couldn't use the pool? With Pauline's hand in the organizing it was a total success anyway. Is there anyone who knew more ways to prepare Jello shooters than Miss Pauline? Believe me, she could party 'til the cows came home --- ask Charlie Price.

Some of us only knew that fun-loving, carefree woman. But her life was not always a joyful one. Like most of us she had hardships to carry, too. And she did that with her boundless grace and good spirits. She was uniquely able to empathize and understand, while simultaneously sharing her "don't let it drag you down" attitude with others. She was an immensely strong and generously giving person.

We all have our own favorite memories of the special lady with the sleek blonde hair and a smile as wide and engaging as a clear Montana sky. Her children have the most beautiful ones, of course. They were her purpose and her complete joy. I know they realize that. We, her friends, will carry our own sweet recollections of Pauline, silently and protectively, in our hearts.

I visited with Pauline at her home on Tuesday evening, October 5<sup>th</sup>. She wanted me to tell her all about SOS and her friends from NVSC who had attended. She asked about my new life in Portsmouth, VA. And she stated with certainty she was prepared to start another round of chemotherapy, beginning in just two days. After an hour she grew very tired. As I bent to kiss her lightly on the forehead and say goodnight she smiled that "only Pauline" kind of smile. It was her magnificent final gift to me.

In the early hours of October 7<sup>th</sup>, Pauline's brave and unwavering fight against her cancer ended. She was laid to rest following a service at Fairfax Memorial on October 11<sup>th</sup>. Her loving family made certain she had on her shagging shoes and her gold "I Love to Shag" pin.

As for saying goodbye --- I will never have to. Pauline will always be with me.

The family suggests contributions to the **Susan G. Komen Breast Cancer Foundation** may be made in Pauline's memory.

[Ed. Note: I urge friends and family to go to [www.legacy.com](http://www.legacy.com) and sign the Guest Book before Nov. 8<sup>th</sup>. The family will have a very nice memento keepsake.]

Pauline George Easby-Smith ♥ 1/16/47 – 10/7/04



*Miss Me, But Let Me Go*

*When I come to the end of the road  
And the sun has set for me,  
I want no rites in a gloom filled room,  
Why cry for a soul set free.*



*Miss me a little, but not too long*

*And not with head bowed low,,*

*Remember the Love that once was shared,*

*Miss me, but let me go.*

*For this is a journey we all must take*

*And each must go alone.*

*It is all a part of the Master's Plan,*

*A step on the road home.*

*When you are lonely, and sick of heart*

*Go to friends we know.*

*And bury your sorrows*

*in doing good deeds,*

*Miss me, but let me go.*

*[Author unknown]*



**Nov. 10<sup>th</sup>—We meet at Rene's Supper Club**

# NVSC IS MOVING TO RENE'S SUPPER CLUB

Beginning Wednesday, November 10th

3251 Old Lee Highway, Fairfax, VA 22030 (703) 385-0077

[www.nvshag.org](http://www.nvshag.org)

[www.renessupperclub.com](http://www.renessupperclub.com)

**Shag Classes: 7:30 – 8:15 PM    Dancing: 8:15 – 11:00 PM**

**Happy Hour Drink Prices 4:30 – 7:30 PM    Cover Charge - \$5.00**

**Juniors welcome! No dancing on Wed, November 24<sup>th</sup> (before Thanksgiving).**

**Location:** Near Fairfax Circle, across the street from Artie's Restaurant.

**Directions:** Fairfax Circle is about 3 miles west of the I-495 Beltway at the intersection of Route 50 (Arlington Blvd.) and Route 29 (Lee Hwy.) At the Circle, look for McDonald's. McDonald's is at the corner of Old Lee Highway. Take Old Lee Highway south for about 1/10 mile. Rene's is on the ground floor of an office building on your left with a lighted blue sign, across the street from Artie's Restaurant.



**Please join us for our regular Wednesday night classes and dancing in our new location.**

### D J's and Dance Steps for November 2004



- Step Exchange: Nov. 17<sup>th</sup>
- Advanced Level Shag Steps: Nov. 17<sup>th</sup>
- Intermediate Level Shag Steps:
  - Nov. 3<sup>rd</sup> Handshake wrap pivot & Pivot into bellyroll
  - Nov. 10<sup>th</sup> Side to side basic, front basic & walk-up
  - Nov. 17<sup>th</sup> Double kick basic, front prep & lean
  - Nov. 23<sup>rd</sup> ? Behind sailor basic, pivot & hug pivot
  - Dec. 1 Back prep, sugarfoot & tuck
- Beginner Level shag steps: Nov. 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 23<sup>rd</sup> & Dec. 1<sup>st</sup>
- Intro. Level shag steps: Nov. 3<sup>rd</sup>, 23<sup>rd</sup> ?, and Dec. 1<sup>st</sup>

[check Hello Shaggers e-mail to see if NVSC will dance at Rene's on Tues., Nov. 23<sup>rd</sup>]



Relax, Enjoy the Beauty

#### DJ'S FOR NOVEMBER:

Nov. 3<sup>rd</sup> - Jim Rose

Nov. 10<sup>th</sup> - Craig Jennings

Nov. 17<sup>th</sup> - Dennis and Nancy Gehley

Nov. 24<sup>th</sup> - Gerry Scott



VOL. 1, No. 2

## SPINNIN' ROUND... NEWS

From the DJ Booth - By Jim Rose

OK, we've gotten the first column under our belt! Thanks to everyone for the kind words and encouragement. I sincerely appreciate it! OK, so let's get to it.

**BEACH MUSIC'S TOP 10 SONGS FOR OCTOBER 2004**

- |  |  |
|--|--|
| 1. There's No Me Without You - Chairmen              | 6. I Slipped - Roy Roberts                     |
| 2. Chasin' Dreams - North Tower                      | 7. Nine Times A Man - Wilson Pickett           |
| 3. What Am I Gonna Do Without You - Craig Woolard    | 8. I Can't Stop - Al Green                     |
| 4. Party Till The Lights Go Out - Hardway Connection | 9. Can't Change My Heart - Rickey Godfrey Band |
| 5. Back That Thing Up - Tyrone Davis                 | 10. Million To One - Al Green                  |

**NEW CD REVIEWS...**

**120 Soul Street** - Mike Farver, Judy Collins, Mike Blackwell & the group at One20inc. have produced a red hot Beach Music CD. Some songs on the CD already are in the Beach Music Top 40 and I predict that at least 4 more from the CD will hit the Top 20. My picks include, Till The Day After, Craig Woolard's newest. The hottest guy in beach music today, Rickey Godfrey, just keeps on going with No One Loves You Better Than Me. Two additional hot tunes are Something Smooth by Rick Strickland and Lovin' On Ocean Drive by Tim Cashion. And just when you thought another song with Ocean Drive in the title couldn't be written!

**Rene Olstead** - If you like smoothies, you're gonna love this 16 year old with a voice which reminds me of a young Ella Fitzgerald. WOW! What a voice. One that you should be hearing is Taking A Chance On Love. Her rendition of the old Ronnie Dove song, On A Slow Boat To China is amazing. I just hope she does more!

**HEY, MR. DJ...**

Contrary to some popular belief, the DJ's really try and play something for everybody. Please keep in mind that when we have a crowded floor, we'll probably continue playing similar songs. This keeps the majority dancing. I thought it would be interesting to you folks to ask the DJ's what they like to hear.

I posed this question to several DJ's (not all responded)...If you were sent to a deserted island and you could only have 10 Beach/Shag songs to listen and/or dance to, what 10 songs would they be?

Below is a list of the responding DJ's all time favorites. See if you can match each list with the correct DJ. If you can, you'll win a custom CD made just for you! The responding DJ's are: Eddy Farmer, Dennis & Nancy Gehley, Craig Jennings, Jim Rose, and Gerry Scott. OK, now match em' up and God Luck!

Here's the first list of our DJ's 5 all time favorites. Next month we'll publish the next five. Send your matches to beachdj51@yahoo.com.

- #1) Lady Soul - Temptations / I Love Beach Music - Embers / Let's Work Together - Francine Reed / A Place In My Heart - Liz Abella / Shama Lama Ding Dong - Band of Oz
- #2) Stop, You're Sending Me - Dominoes / Come Get To This - Marvin Gaye / How Deep Is My Ocean - Earl Bostic / Rockin' At The Record Hop - Jimmy Ricks & Ravens / Let Me Make Love To You - Gene Chandler
- #3) It Will Stand - Showmen / Mercy, Mercy, Mercy - Lamplighters / Annie Had A Baby - Hank Ballard & Midnighters / Steamboat - Drifters / Sixty Minute Man - Dominoes
- #4) Morning Noon and Night - Big Joe Turner / Just Too Shy - Earl Bostic / Got To Get Myself a Woman - Drifters / Little White Lies - Ella Fitzgerald / Too Much Loving - Five Royales
- #5) Boogie Shoes - KC & Sunshine Band / Darlene - Big Al Downing / Carolina Girls - Chairmen / Green Eyes - Ravens / Hold Back The Night - Tramps

Top ten songs!  
CD Reviews



Be a lucky member  
and win a custom CD  
made especially for  
you! See this article...

Ed.

**WOW!! LOOK WHO'S COMING !!!****The Northern Virginia Shag Club**

Presents A

**Shag Workshop and Party**

With Pro-Shaggers

**Sam & Lisa West****November  
6, 2004**

**Sam and Lisa West**  
 Sam holds 10 Divisional and 4 Overall National Shag titles with 4 different partners and is a 6-time USA Grand Nationals Carolina Shag Champion. Lisa has a background in Country and Swing and lists "Butterfly Kisses" and the "Wizard of Oz" as her favorite performances.

**Workshop****Fort Myer Community Center**

228 McNair Road, Bldg. 405  
 Fort Myer, Virginia 22211-1199  
 Phone: 703-696-3470

Class 1 — Male/Female Steps/Patterns

12:30 PM — 1:30 PM

Class 2 — Spins &amp; Turns Using Lead-Follow

1:45 PM — 2:45 PM

Class 3 — Technique in Upper Body Control

3:00 PM — 4:00 PM

Cost: \$10 per workshop for NVSC Members

\$15 per workshop for Non-Members

**Please be prepared to present****Photo identification upon entering Fort Myer**

Private lessons with Sam and Lisa are available.  
 Please contact David Rodgers at 703-239-8978 or  
 e-mail David at [rodgersd3@cox.net](mailto:rodgersd3@cox.net)  
 to make arrangements.

**Juniors Receive Free  
 Admission to All Events!**

**DANCE SATURDAY NIGHT****DJ Tootie Brown**

From North Myrtle Beach

**7:30 PM — 11:30 PM**

At

**Fort Myer Community Center**

Community Activities &amp; Visitors Center

228 McNair Road, Bldg. 405

Fort Myer, Virginia 22211-1199

Phone: 703-696-3470

Cost: \$10 for NVSC Members

\$15 for Non-member

Club Provides...

Heavy hors d'oeuvres, sodas, setups

**BYOB and discretely use beer & wine only!**

*Directions to Ft. Myer: From Northern Virginia: Take I-395 to exit 8A Washington Blvd, Route 27 North. Take Washington Blvd North to Fort Myer exit on right. Go thru gate and turn left at 1<sup>st</sup> stop sign onto McNair. The Community Center is several buildings down on your LEFT. Parking lot on the right.*

***This is a non-smoking event!***

Sign up for private lessons with Sam and or Lisa—contact David Rodgers @ 703/239-8978 or his e-mail [rodgersd3@cox.net](mailto:rodgersd3@cox.net) . Get your name on the list as soon as possible. Lessons are \$60 an hour with Sam OR Lisa and \$75 an hour with both Sam and Lisa. Private lessons will take place Friday, Nov. 5th and Sunday, Nov. 6th



**The Northern Virginia  
Shag Club  
Presents  
A**

**Saturday  
December 11th**

*Holiday Party*

Featuring Guest DJ's  
**Cindy Goree &  
Larry Black!**  
From Newport News, Virginia

Featuring a  
**FREE Junior Workshop**  
6:00—7:00  
with Kari Jones!

**Dance: 7:00 - 11:30 PM**

Cost: **FREE to NVSC Members!!  
FREE to Junior Shaggers!!  
\$5 for Non-members**



- **What you Bring**  
Side Dish, Appetizer, or  
Dessert (and the recipe!)  
BYOB

AND

→ **An Unwrapped Toy** ←  
for  
*"Toys for Tots"*

- **NVSC will Provide:**  
Ham & Turkey, Rolls, and Mixers

**Location: Springfield VFW**

*Directions to the Springfield VFW:*  
Take 495 to I-95 South. Exit at 166A Fairfax  
County Parkway. Get into the left lane, turn  
left at stop light onto Lolsdale Road then,  
turn right onto Newington Road. Stay  
straight on Newington Road and go under  
1-lane bridge. Go  
approximately 1/8  
mile, take HARD  
left onto Cinderbed  
Road. Go approxi-  
mately 1/2 mile,  
turn right onto Hill-  
park Drive. At the  
end of Hillpark,  
turn left onto  
Kincannon. VFW is  
on the right.



**IT'S FREE! IT'S FREE! IT'S FREE!**

## Happy Birthday!



## November Birthdays!!

Terrie Patullo	11/6
Valerie Swiger	11/8
Hutch Hutchison	11/11
Carl Montoya	11/12
Jerry Rodgers	11/13
Sheila Purkey	11/20
Eddy Farmer	11/21
Jay Greenblatt	11/21
Dale Rinker	11/22
Patricia Pasierb	11/25
Tom Jones	11/26
Linda Graham	11/27
Tonya Bean	11/27
Kevin Byrnes	11/30

Matthew Cosgrove	11/6
Roy Camp	11/10
Robbi Mann	11/11
Janet Egan	11/12
Dennis Gehley	11/16
Ellen Testa	11/21
Grant Davidson	11/21
Sherry Day	11/22
Annie Foster	11/25
Denise Kurta	11/25
Sharon Waites	11/27
Carolyn Bainer	11/27
Kelly Mann	11/29
Bruce Piner	11/30

If your birthday is incorrect or does not appear here, please contact **Heather Jennings**, the membership chair, at [shagnva@crosslink.net](mailto:shagnva@crosslink.net) to add your birthday to our database.

Be sure to attend the once a month **BIRTHDAY DANCE** in honor of your **BIRTHDAY** and enjoy a delicious **CAKE** made especially for this occasion by Birthday chair, **CRIS GAINES**—she makes wonderfully scrumptious cakes! Watch for "Hello Shagger" news for the monthly Birthday event.

### *Welcome - New Members in October*

*Kay Worley, Cory Cigler, John & Nancy Baird, Gayden & Debbie Thompson & David Loy*

**PLEASE GIVE YOUR THOUGHTS AND PRAYERS TO Jean and Keith Teele. Keith is undergoing treatments for a tumor. Jean wishes her deepest gratitude for the help her friends have given, and continue to give. Their address is 3250 Ledbury Court, Annandale, VA 22003**

*We extend our sincerest sympathy to the family of Pauline George Easby-Smith, whose sunset date was October 7, 2004. Pauline was a very special member of our Club and helped us achieve many goals, and of course, welcomed all to have a fun time. Her spirit lives on!*

#### *Other News:*

*Dallas Campbell reports he is recovering nicely, is doing great, hair's growing back and he's back on the golf course!*

**CONGRATULATIONS TO JOAN McKINNEY, past President of NVSC, who has been voted into the Virginia Shaggers Hall of Fame!! The annual induction ceremony and dance will take place at Steppin' Out, Virginia Beach, in January 2005.**

