



Dedicated to the Preservation of the Carolina Shag and Beach Music

October 2004

Keep on Shaggin'

Vol. XI, No. 10

# Shag Rag

from your Editor *KEPINI*

## President's Message *by Cathy Metcalf*

SOS has played its final tune for 2004. I am on the trip home now after 8 days and nights of great music, many workshops by some of the very best shaggers, and dancing until every step hurt—I loved it all. Back to work and reality tomorrow. (Will I be able to remember any of my passwords?) I hope all of you who attended SOS had a fantastic time. I have already calculated that it is about 4 months until Mid-Winter (a shorter version of SOS to be held January 14 – 17, 2005). Keep that weekend on your calendar to escape from the DC area winter. Your 2004 SOS card will be needed for Mid-Winter in January 2005, so be sure to save your card. It was neat to run into many of you at North Myrtle. It is always fun to gather for our two Free Pour Parties at SOS—a benefit of your club membership.

Thanks to our Social Committee co-chairs, Judy Hales and Gary Salpini, and their assistants for putting on a fun Pre-SOS party on September 11<sup>th</sup>. Two of our wonderful DJs, Jim Rose and Gerry Scott, kept us dancing throughout the evening. It was great to have our new junior dancers with us again – we don't get to see them as often since they are back to school. I'd like to extend a special thanks to Kari Jones for providing another free workshop for our enthusiastic juniors. (The next junior workshop is Sunday, October 17<sup>th</sup>)

Elections are just around the corner. On October 27<sup>th</sup>, at our next General Membership Meeting, the candidates for the 2005 Board of Directors will be presented. The election date is being changed to November 17<sup>th</sup> (previously announced as December 1<sup>st</sup>). There are various openings for service to our Club – we don't exist without our dedicated volunteers. I fear that sometimes the idea of serving on the Board comes across to our members as a rather negative thing. While I am tired and unwilling to run for another term as President, I am happy to have served you in this capacity. I have felt your support and gratitude throughout the year. Some would say it to be a thankless job – but, thanks to our wonderful members, I have not found it to be that way. Though there have been challenges this year, you have been there to pull me through. I am also very grateful to the Board members that I have had the pleasure of serving with. When many pitch in to help, things are not so difficult. Please consider one of the many volunteer positions available to you for 2005 – it can be a fun and rewarding experience.

Put Sunday afternoon, October 17<sup>th</sup> on your calendars for our Oktoberfest Sunday Social at Nostalgia's. Invite a junior to come with you for a free workshop taught by Kari Jones. See the flyer inside for details or visit our website at [www.nvshag.org](http://www.nvshag.org).

A huge thank you is due to Joan McKinney for her dedication to the task of finding our new Wednesday night dance location. She and the Search Committee have covered a lot of ground in a short period of time. Thanks to David Rodgers for providing a lot of valuable information gathered during our 2002 relocation to Nostalgia's. Thanks, David and Joan, for all you have given and continue to give to our Club. Please make every effort to attend our trial visits to various locations – we need your feedback.

Please consider whether you would like to run for one of the nine slots on our 2005 Board of Directors. See Vaughn Royal, Nominating Committee, Chairman to sign up.

**Remember to ask somebody new to dance each week. Save me a dance.**

## NVSC NEEDS YOU

By Vaughn Royal

Every year, our Club has an election in the fall for the nine members of its Board of Directors. The Board consists of a president, vice-president, secretary, treasurer and five directors-at-large who are elected for terms of one year. To serve as secretary, treasurer or a director-at-large in 2005, a person must have been a member since no later than January 1, 2004. To serve as president or vice-president in 2005, a person must have been a member since no later than January 1, 2004, and must have served on the Board at any time for at least one year.



Please consider serving on your Board of Directors. Many of the things you enjoy about NVSC are the result of the volunteer efforts of the members of the Board. If there are things you about NVSC, which you think should be done differently, here is

your opportunity to get involved and improve the Club.

There are seven members of the Nominating and Election Committee this year. They are Debra Parrish, Hilda Clemann, Jean Teele, Doo-Dah, Robbi Mann, Russ White and I. Don't be surprised if a member of the Committee approaches you to ask if you are interested in running for a position on the Board. We are very interested in finding some newer members of the Club to run this year. Feel free to ask any member of the Nominating Committee or of the current Board of Directors any questions you may have about serving on the Board

**Mark Your Calendars NOW--Oct. 27<sup>th</sup> Wednesday, our 4<sup>th</sup> Quarter General Membership Meeting at Nostalgia's. Who are the candidates for officers and board members? Where will NVSC hold weekly dances after December 11<sup>th</sup>? Please attend this important meeting—see you there!**

### CALENDAR OF NVSC EVENTS FOR REMAINDER OF THE YEAR

- Oct. 17<sup>th</sup> Sun.     ♦ **Oktoberfest** Sunday Social, Nostalgia's, Fair Oaks **Holiday Inn**
- Oct. 27<sup>th</sup> Wed.     ♦ 4<sup>th</sup> Quarter General Membership Meeting
- Nov 6<sup>th</sup> Sat.     ♦ **Workshops** and Dance Ft. Myer Community Center, Sam & Lisa West—  
See article about them in this issue!
  - ♦ This is a very special event for NVSC—See Flyer for details!
- Nov. 17<sup>th</sup> Wed.     ♦ Election Night—Vote for your 2005 officers and **directors**
- Dec 11<sup>th</sup> Sat.     ♦ Holiday Party Springfield VFW, Junior Workshop **prior** to dance; Bring your favorite dish and its recipe

### OKTOBERFEST - SUNDAY SOCIAL - OCT. 17<sup>th</sup> 2004

Nostalgia's, Fair Oaks Holiday Inn  
FREE Junior Workshop by Kari Jones: 3:30 - 4:30 PM  
Open Dancing: 4:30- 7:30 PM  
FREE ENTRY FOR ALL—NO COVER CHARGE  
FREE Hors D'oeuvres provided by NVSC

# Northern Virginia Shag Club

## INVITES YOU TO FALL/WINTER 2004 DANCE LESSONS

Invite all your dance friends to the Sam & Lisa West Nov. 6  
Workshop, or take private lessons—see details in this Shag Rag

FREE dance lessons for those under age 21!  
Beginner / Intermediate Carolina Shag Lessons  
Taught by Junior Shag Dance Champions!  
Parents Invited!  
Please feel free to attend with young children!

### NVSC Oktoberfest Sunday Social

Sunday Oct. 17th  
Nostalgia's Lounge  
Holiday Inn, Fair Oaks  
11787 Lee Jackson Highway  
Fairfax, VA

Free Beginner/Intermediate  
Dance Lesson for Juniors  
3:30 – 4:30 PM

Dance for  
Juniors & Adults  
4:30 – 7:30 PM

Free to Everyone

### NVSC Holiday Party

Saturday Dec. 11<sup>th</sup>  
Springfield VFW  
7905 Kincannon Place  
Lorton, Va 22079

Free Beginner/Intermediate  
Dance Lesson for Juniors  
6:00 – 7:00 PM

Dance for  
Juniors & Adults  
7:30 – 11:30 PM  
Members Free  
Non-Members \$5  
Juniors Free

## Sam & Lisa West Shag Workshops for Juniors and Adults

Saturday, Nov. 6  
Ft. Myer Community Center  
228 McNair Road, Bldg 405  
Ft. Myer, VA 22211

Three one-hour workshops  
12:30 1:45 3:00  
Members: \$10/Lesson  
Adult Non-Members: \$15/Lesson  
Juniors FREE!

Dance 7:30 to 11:30PM at Fort Myer - see event flyer and website

FOR DIRECTIONS - See the individual event flyers or the NVSC website [www.nvshag.org](http://www.nvshag.org)

Click on Up-Coming Events

FOR MORE INFO - Call David Rodgers – Tel: (703) 239-8978 OR e-mail [rodgersd3@cox.net](mailto:rodgersd3@cox.net)

**PLUS!**



## **SPINNIN' ROUND...**

News from the DJ Booth

By Jim Rose

[beachdj51@yahoo.com](mailto:beachdj51@yahoo.com)

Hi everyone! Well, I thought it might be interesting and fun to have a monthly column, which is dedicated to our music and from the perspective of the people who play it for you...the DJ's.

I decided to name the column after William "Bill" Deal's last hit song... Spinning Round and Round. This is but a small tribute to a great entertainer, a pioneer in Beach Music, and a good friend to many. Rest in peace William.

I hope you enjoy this column and become involved. Ask questions, make suggestions, and by all means, have fun with it! I'm putting this one together rather quickly in order to get it in the upcoming October Shag Rag. So, bear with me and enjoy.

We'll be trying to bring you some interesting info and have some fun. We'll be doing some of the following things:

Updates on new Beach/Shag music coming out or already out

Reviews of new Beach/Shag CD's

Our local DJ's favorite play lists

Top 10 songs from clubs & radio

Maybe some music trivia with prizes for winners

### **Did You Know...**

When you're out on the floor dancing or just sitting back listening to one of your favorite Beach/Shag tunes, have you ever noticed that it may sound a little different than the last time you heard it on the radio or at home? Well, your ears and mind are not playing tricks on you! A lot of music, in its originally recorded state, can be too fast or too slow to dance to. So, the DJ either speeds up or slows down the song for you to shag to easier.

Setting the correct speed or tempo for you to dance to is just one of the key elements a DJ has to contend with up in the booth. The speed of the song, coupled with many other facets, brings you a shagable dance tune that hopefully keeps you up on the floor! Now, it's time for the next song!!!!

You can email Jim at: [beachdj51@yahoo.com](mailto:beachdj51@yahoo.com)

### **NOTE:**

By the way Jim, I was really excited about purchasing some of the new songs I heard at SOS. I bought Percy Sledge's "Shining Through the Rain" CD for the purpose of listening to his song, "Big Blue Diamonds". Was I ever in for a surprise! I enjoyed every song on the CD! It's awesome! I also purchased Repete's CD, "Shut up and Shag", various artists. I like the song by the same title, sang by Band of Oz (Chuck French, lead vocal), which is a fun and upbeat song and my next favorite is "Where Do I Go" (Bo Schronce) which is a nice smoothy, slow shag or Nightclub 2 step.

LET'S hear from others! I saw more than a few NVSC shaggers going into Judy's House of Oldies Ed.—Get those comments to Editor no later than October 22<sup>nd</sup>, for November publication.

P.S. If you are planning to go to MID-WINTER PARTY at North Myrtle Beach, be sure to bring your 2004 SOS CARD. The 2005 cards will not be available.

**SO - who are Sam & Lisa West??? submitted by Heather Jennings**

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As most of you know, NVSC is planning one of it's special shag workshop & dance events for Saturday, November 6th and as always we have asked some amazing dance instructors to be our guests. However, some of our newer members may be wondering just "Who are Sam & Lisa West?"

For those who may not know, Sam West is an eleven-time shag divisional winner at the National Shag Dance Championships with five Overall Titles. He has also won six times at the Grand Nationals, twice at the US Open and placed or won at many other dance competitions including Swing Fling, the American Swing Dance Championships and numerous Competitive Shaggers Association contests. He is also a past member of the National Shag Dance Team and the only person to have competed every year since it's inception (1984) at the National Shag Dance Championships.

Lisa West is an accomplished country and swing dancer and with her partner Barry Durand has won the American Swing Dance Championships several times and US Open Cabaret among other national events. Lisa has also competed and placed in the Non-Pro division at the National Shag Dance Championships.

With all these accomplishments (and more!), you can see why NVSC is honored and thrilled to have these nationally acclaimed and immensely talented performers and instructors visit our shag club. Don't miss the opportunity to learn from these amazing folks!!! *The workshops and dance are planned for November 6th - put this date on your calendar NOW!!!!*

Note: Sam is the current National Shag Dance Champion. He has been the champion in the Pro division every year (except for one) since 1995 for a total of 9 times (tying Charlie Womble) NVSC is very lucky to be able to have Sam & Lisa come and teach for us!!!

From David Rodgers, Dance Committee  
**PRIVATE LESSONS WITH SAM & LISA WEST**

Sam and Lisa will be teaching private lessons on Friday, Nov. 5<sup>th</sup> and Sunday Nov. 7<sup>th</sup> while they are in the area for the NVSC Workshops & dance on Nov. 6<sup>th</sup>.

**SIGN UP NOW** for private lessons by email at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) or call David Rodgers at 703/239-8978 to put your name on the list. The cost of the lessons are \$60 an hour with Sam OR Lisa and \$75 an hour with BOTH Sam and Lisa. Thanks, David

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**COMMUNICATIONS ALERT: report by Larry Boyer**

**IMPORTANT: The Shag Club HOT LINE changed to a NEW number: (703) 739-0441**

So, if you need to call and leave Larry a message, or to get announcements, such as possible cancellations or you need to request information, make sure you have this new phone number handy!

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**Is this a fact or rumor? At SOS, I heard that Butch Metcalf had everyone in Ducks II, doing the Hokey Pokey. Imagine that. I think someone was pulling my leg.**

**Inside every older person is a younger person - wondering what the hell happened."**

**-- Cora Harvey Armstrong--**

*Welcome - New Members in SEPTEMBER*

*Monajean Bergeron, Shawn Bergeron and M.J. Celmer*

Members—please wear a nametag, introduce yourselves, make new friends and ask newcomers to DANCE!

**NEW MEMBER NIGHT AT NOSTALGIA'S!!**

WEDNESDAY, OCTOBER 6, 2004 AND EACH

FIRST WEDNESDAY OF THE MONTH, THOSE WHO APPLY FOR MEMBERSHIP WITH NORTHERN VIRGINIA SHAG CLUB, GET A REFUND ON THEIR DOOR FEE (CURRENTLY \$5.00) WHEN THEY PAY THEIR MEMBERSHIP DUES OF \$20, AND IF THEY ARE SPONSORED BY A CURRENT MEMBER, THAT MEMBER GETS HIS OR HER DOOR FEE REFUNDED -- ONLY ON NEW MEMBER NIGHT—ONCE A MONTH AT NOSTALGIA'S!!

**Top 10 Reasons to Join (or rejoin!) NVSC**

- 10) Great newsletters! Won't you miss the insightful writing?
- 9) DEEP discounts for party/workshop admission - save a buck or two & join!
- 8) Eye-catching NVSC logo apparel....
- 7) FREE Holiday party!
- 6) Eloquent "Hello Shaggers" e-mails.....
- 5) The best Wed night dance lessons "no money" can buy!
- 4) Riveting general membership meetings....
- 3) Free "entertainment" from fellow members at the SOS free pours...
- 2) Did we mention the holiday party??

And the number one reason to join (or rejoin) NVSC is...

- 1) If you don't, Heather Jennings our membership chair will be after you!!! So join today!!!!

**Happy Birthday!**



**OCTOBER Birthdays**

Weldon Waites	10/3	Joyce Blotzer	10/17
John Harrington	10/3	Paul D'Amato	10/18
Keith Teele	10/3	Linda Silbaugh	10/19
Dennis Adams	10/3	Jake Willingham	10/19
Kelly Moorhead	10/7	Doo-Dah	10/20
Pamela Alfano	10/8	Martha Raynor	10/22
Isabelle Bunch	10/9	Lisha Frail	10/23
Carolyn Thomas	10/9	Barry Holt	10/25
Becky Brown	10/11	Janet Rose	10/26
Marion Hales	10/12	Gregory Chambers	10/28
Dean Hipps	10/16		

- If your birthday is incorrect or does not appear here, please contact **Heather Jennings**, the membership chair, at [shagnva@crosslink.net](mailto:shagnva@crosslink.net) to add your birthday to our database.
- Be sure to attend the once a month **BIRTHDAY DANCE** in honor of your **BIRTHDAY** and enjoy a delicious **CAKE** made especially for this occasion by Birthday chair, **CRIS GAINES**—she makes wonderfully scrumptious cakes! Watch for "Hello Shagger" news for the monthly Birthday event.

