



Dedicated to the Preservation of the Carolina Shag and Beach Music

September 2004

Keep on Shaggin'

Vol. XI, No. 9

Shag Rag

from your Editor *KEPINI*

President's Message *by Cathy Metcalf*

There has been a lot of excitement at our Wednesday evening dances during the month of August. If you have not been there, you have missed a treat. David & Jerry Rodgers, Kari Jones, Tyler Ervin, and our NVSC Dance Committee have helped to fulfill one of my dreams for the Club in 2004—the revival of a junior shag program. I can't thank you enough for your dedication to this group of junior dancers. The ages have ranged from 5 to 19 and their enthusiasm for the dance has been a delight to observe. A special thanks to Janis Grimes for offering her reservation at the PSDC for our junior kick-off party—without that gesture, we would probably still be a few beats behind.

September will be a busy shag month starting off with our September 11th Pre-SOS party at the Springfield VFW. Once you get to SOS at N. Myrtle Beach, our Club will be sponsoring two free pour parties. Be sure to see the flyer inside for the details of each event. Those parties are two of my favorite things about SOS. In the Spring we had great participation by some of our newer members—hope to see you there again in a couple of weeks (September 17-26). If you have no clue what this SOS thing is all about, ask me or anyone at Nostalgia's until you find someone who knows and then -- pick up the phone to call for reservations. If for some reason you can't make it to SOS this Fall, you will definitely want to plan to be at the local party on September 11th. Bring a junior for a special junior-only workshop.

Some of you are probably wondering why you didn't receive a newsletter for a while. Some of you might have appreciated not receiving yet another piece of "junk mail". Perhaps you didn't even notice that you had not gotten a newsletter in the mail for about 6 months. We had tried getting the Shag Rag to the majority of you via our website; however, it did not prove to be a very successful way to distribute a publication that many have worked on very diligently and one which we rely on to distribute information regarding our Club activities. So, you should be receiving a copy, once again, in the mail. I hope you will read it from cover to cover as I do. Thanks to our editors, Liz Kestler and Gary Salpini for the superb job that you do in putting it all together.

I'd like to say thanks to Michael Browne for his role in promoting our special events. Michael is the Chairman of our Public Relations Committee. One of the many aspects of his job is to produce the flyers that we use for each of our parties. Michael does a superb job—anyone who has ever tried to do something like this can appreciate his skill. Not only does he design the flyers but he will quite often make the copies that we need and drive them down (on a Wednesday night) to Fairfax from Lutherville, MD. Michael, your gift to our Club is appreciated!

Hugs to Doodah for her dedication to the 50/50 raffle for the last two years. She will only be assisting occasionally in the near future. Thanks so much, Doodah -- It won't be the same without you. None will forget your special enthusiasm and technique with the raffle.

Please consider whether you would like to run for one of the nine slots on our 2005 Board of Directors. See Vaughn Royal, Nominating Committee Chairman to sign up. [Also see Vaughn's article in this Shag Rag-Ed.]

Remember to ask somebody new to dance each week. Save me a dance!

OUR ELECTIONS ARE COMING UP SOON—PLEASE READ THIS AND CONSIDER RUNNING FOR AN OFFICER OR DIRECTOR OF NVSC !

DUTIES OF THE DIRECTORS OF NVSC - By Vaughn Royal

The Northern Virginia Shag Club is a corporation, and is governed by a Board of Directors. The Board consists of nine Directors: the President, Vice-President, Secretary, Treasurer and five Directors-at-large. The Board of Directors is elected annually and each Director serves a term of one year, from January 1 through December 31.

Directors must have been members of the Club in good standing for at least one year before taking office, and during their terms of office must remain members in good standing. The President and Vice President must have served at least one year on the Board before running for President and Vice-President. The prior year of service could have occurred at any time. Directors may serve multiple terms, which may be successive.

The *general* duties of each Director include the following:

- **To attend all regular and special meetings of the Board.** Regular Board meetings are held monthly. A Director who misses four or more regular meetings without a good reason can be removed.
- **To serve as the Chairperson of a Standing Committee or as the Board's liaison to a Standing Committee.** The Standing Committees are the Nominations and Elections Committee, Audit Committee, Dance Committee, Music Committee, Social and Hospitality Committee, Charity and Fund Raising Committee, Membership Committee and Public Relations Committee. Liaisons are appointed where the Chairperson of a Standing Committee is not a member of the Board. Liaisons communicate Board policies and decisions to the Standing Committees and report to the Board on the work of the Standing Committees.
- **To support Club projects and attend a reasonable number of Club functions, to personally help conduct Club projects and functions, and to recruit volunteers to help conduct projects and functions.**
- **To provide viewpoints during the policy discussions of the Board.**
- **To preserve and give to their successors all records and documents received in the course of the Club business.**

The officers of the Club have *special* duties, which include the following:

- **President.** The President is the principal executive officer of the Club and presides at all meetings of the Board and meetings of the members at which he or she is present. The President must attend all five (5) required annual meetings of Association of Carolina Shag Clubs (ACSC) or ensure that the Club is represented at required ACSC meetings. The President names the Chairpersons of Standing Committees and the Newsletter Editor and Capital Shag Classic Coordinator. The President also exercises general supervision over the affairs of the Club.
- **Vice President.** The Vice President assists the President and performs the duties of the President in the event of the President's unavailability.
- **Secretary.** The Secretary keeps the minutes for the meetings of the Board and members, sees to it that all required notices are duly given, and keeps a current roster of the membership of the Club.
- **Treasurer.** The Treasurer is responsible for all funds of the Club, makes a report on the financial status of the Club at every regular meeting of the Board, makes available to the Board, all books and financial records of the Club for audits and verifications, and files all documents and returns required by federal and state tax codes.

All of the information in this article comes from the NVSC Bylaws, which are available on the Club's web site, <http://www.nvshag.org/bylaws.htm>. A copy of the Bylaws can also be requested from a Board member.

THE NOMINATING COMMITTEE HAS BEEN SELECTED. THE GROUP THAT WILL BE COORDINATING CANDIDATES AND HANDLING THE ELECTION FOR OUR 2005 BOARD CONSIST OF THE FOLLOWING: HILDA CLEMANN; ROBBI MANN; DEBRA PARRISH; DOODAH PATZ; JEA. TEELE; VAUGHN ROYAL AND RUSS WHITE. THANKS TO EACH OF YOU FOR SERVING NVSC IN THIS IMPORTANT CAPACITY. IF ANYONE IS INTERESTED IN SERVING ON THE BOARD, PLEASE SPEAK WITH ONE OF THE COMMITTEE MEMBERS.

News Flash: Important matters relating to Shag Events for our JUNIORS
See the September 11th Flyer for our Pre-SOS Party to be held at the Springfield VFW

D J's and Dance Steps for September 2004



September 1-Dennis and Nancy Gehley; September 8-Craig Jennings; September 15-Eddy Farmer; September 22-Gerry Scott; September 29-Jim Rose

PRACTICE YOUR DANCE STEPS, HERE'S SEPTEMBER LESSON PLANS:

Advanced Level Shag Steps: September 22nd

Intermediate Level Shag Steps:

Sept. 1 –Behind Sailor Basic Sept. 8– Back Prep; Sugarfoot & Tuck

Sept. 15 – Stutter Basic; Boogie Walk & Joanie Sept. 22 – Hesitation Basic & Classic

September 29 – Forward Sailor Basic & Pivot

Beginner Level Shag Steps: Sept. 1, 8, 15, 22 & 29

Introductory Level Shag Steps: Sept. 1, 8 & 29

Step Exchange: – September 15

WHAT IS A STEP EXCHANGE??

In the dance steps to be taught during the month of September, you may have noticed a new term, "Step Exchange". What is a "step exchange"? A step exchange is a class where all the participants are invited to share with others a dance step, of which they like to use when they are dancing. We'll have two of our NVSC dance instructors to lead the class and keep things moving along, but they are not going to "teach" the class. Come try out this new type class and bring along some of your favorite dance steps and share them with others. You will have an opportunity to demo the step and then others in the class will try to learn it so they can use it. If you like this new format for a dance class, let your instructors know and we'll keep putting it on the lesson schedule. Thanks,

David Rodgers, Dance Committee

Officers and Directors 2004

President	Cathy Metcalf	703-690-2631
Vice President	Dave Rapson	703-978-8656
Secretary	Vaughn Royal	703-354-2463
Treasurer	Dan Ferguson	703-791-6524
Director	Marcia Conway	703-361-8159
Director	Beverly Farris	703-255-3020
Director	Doo-Dah	703-923-0727
Director	Liz Kestler	703-917-0720
Director	Gary Salpini	703-425-2848

Welcome - New Members in July & August

Lin McAfee; Greg Paynter; Lela Leakey; Sherry Bertrand; Christine Hutchens and Peter Hernandez

Members—please wear a name tag, introduce yourselves, make new friends and ask newcomers to DANCE!

Happy Birthday! September Birthdays

Ernie Garcia	9/2	Maryann Lesnick	9/16
Lex Fleming	9/4	Karen Crawford	9/17
Kathy Ludke	9/5	Cindy Goree	9/18
Debra Parrish	9/5	Ron Warner	9/19
Sten Hessmer	9/5	Barbara Jones	9/19
Walter Herrity	9/5	Cecile Rocek	9/20
Ed Mixon	9/7	Eddy Bunch	9/20
Sammi Scott	9/8	Michael Edmonston	9/20
Beverly Farris	9/9	Audrey Borja	9/21
Lewis Billingsley	9/9	Ralph Tedesco	9/21
Tom Harris	9/10	Mike Francella	9/24
Lanny Blaine	9/12	Dennis Stewart	9/25
Frances Meckel	9/13	Lorraine Rohlik	9/26
Betty Abshire	9/13	Pat Parrott	9/27
Pete Campbell	9/14	Kristin Stone	9/29
Gerry Scott	9/16	Carolyn Payne	9/29
Bonnie Mahoney	9/16	Mary Ann Davis	9/30

- If your birthday is incorrect or does not appear here, please contact **Heather Jennings**, the membership chair, at shagnva@crosslink.net to add your birthday to our database.
- Be sure to attend the once a month **BIRTHDAY DANCE** in honor of your **BIRTHDAY** and enjoy a delicious **CAKE** made especially for this occasion by Birthday chair, **CRIS GAINES**—she makes wonderfully scrumptious cakes! Watch for "Hello Shagger" news for the monthly Birthday event.

PLEASE GIVE YOUR THOUGHTS AND PRAYERS TO EMMA SMELZER, [OUR NVSC WEB PAGE DESIGNER/CONTACT], AND HER FAMILY IN FLORIDA WHO SURVIVED 220 MPH WINDS AND RAIN FROM HURRICANE CHARLEY. THEY TOOK SHELTER IN THE LAUNDRY ROOM, WHICH WAS THE ONLY ROOM WHERE THE CEILING HAD NOT COLLAPSED AFTER THE 1 HOUR AND 45 MINUTE SEIGE

"MANY THANKS TO MY NVSC FAMILY FOR YOUR KIND EXPRESSIONS OF SYMPATHY IN THE RECENT LOSS OF THE PRECIOUS 3-YEAR OLD IN MY FAMILY. I GREATLY APPRECIATE YOUR CARDS, KIND WORDS, LOVING SUPPORT, SHARED TEARS, AND HUGS. THANKS TOO, FOR PICKING UP THE PIECES WITH MY EARLY DEPARTURE FROM THE CLASSIC. SINCERELY, CATHY METCALF"

WE WISH NVSC CHARTER MEMBER, *DICKIE GEE A SPEEDY RECOVERY. AND HEALING FROM HIS RECENT HEART ATTACK. YOU MAY MAIL HIM A GET WELL CARD AT: P.O. BOX 2175, SPRINGFIELD, VA 22152

***Dickie Gee was one of our very first NVSC deejays—Dickie, we hope you will come visit us as soon as you feel better!**

UPCOMING EVENTS-NVSC**Mark Your Calendars NOW**

GET IN FREE - Sept. 8th Wed. 3rd Quarter General Membership Meeting at Nostalgia's - NO COVER CHARGE - Please attend this important meeting—see you there!

- Sept. 8th Wed ♦ 3rd Quarter General Membership Meeting at Nostalgia's
- Sept 11th Sat. ♦ Pre-SOS Party, Springfield VFW, 7:30 to 11:30
- Sept 15th Wed. ♦ Meet @ Sahara Bar & Grill for Dancing—No dancing @ Nostalgia's 9/15
- Sept. 18th Sat. ♦ SOS Free Pour, Duck's Too, North Myrtle Beach
- Sept. 25th Sat. ♦ SOS Free Pour, Fat Harold's (Back Room), North Myrtle Beach
- Oct. 17th Sun. ♦ Octoberfest Sunday Social, Nostalgia's, Fair Oaks Holiday Inn
- Oct. 27th Wed. ♦ 4th Quarter General Membership Meeting
- Nov 6th Sat. ♦ Workshops and Dance Ft. Myer Community Center, Sam & Lisa West
♦ This is a very special event for NVSC—See Flyer for details!
- Dec. 1st Wed. ♦ Election Night—Vote for your 2005 officers and directors
- Dec 11th Sat. ♦ Holiday Party Springfield VFW, Junior Workshop prior to dance; Bring your favorite dish and its recipe

SOS NEWS

Craig Jennings will be DJ at the following locations and times: Ducks Too, Sat, Sept 18th from 1 to 6pm; Tues, Sept 21st from 4 to 9pm; Thurs, Sept 23rd from 1 to 5pm; and at Ducks, Wed, Sept 22nd from 1 to 5pm

INFORMATION ON PLACES TO STAY FOR SOS

Go to our website, click on "About NVSC"; click on Newsletters and go to April Newsletter, page 7, where you will find a listing of websites, hotels, condos and pet-friendly accommodations.

OCTOBERFEST SUNDAY SOCIAL

Sunday, October 17, 2004

Nostalgia's, Fair Oaks Holiday Inn

FREE Junior Workshop by Kari Jones: 3:30 – 4:30 PM

Open Dancing: 4:30- 7:30 PM

FREE ENTRY FOR ALL—NO COVER CHARGE

FREE Hors D'oeuvres provided by NVSC

