



Dedicated to the Preservation of the Carolina Shag and Beach Music

August 2004

Keep on Shaggin'

Vol. XI, No. 8

# Shag Rag

from your Editor *KEPINI*

## President's Message *by Cathy Metcalf*

What a party! The 9<sup>th</sup> NVSC Capital Shag Classic has just concluded. It is a bit sad to know that another year will pass before we all get together for a party like this. To the many whom have worked so hard on this event, a year from now might be too soon. It was great to see many of our own members who have not been among us for a while and to see the return of out of town guests, as well as some first timers to the Classic. Many compliments were received and it does mean a lot when you take the time to express your thanks.

The thanks to those involved in putting on an event like this, are truly endless. **Bev Farris and Dave Rapson** rose to the task ahead of them in Co-chairing the Classic—You put on a great party! Much gratitude to those who coordinated free pours in the Hospitality suite, the pool party, special entertainment, private lessons, vendors, music, registration, decorations, logo products, hospitality and check-in, door prizes, 50/50 and other raffles, the dance floor installation and removal (special applause for these guys and gals), printing of raffle tickets, creation of the flyer, promotion of the event, DJs, and on and on. Special thanks to Kari Jones for standing in for LeAnn Best (Kari, that's something to add to your resume!) when she was unable to attend due to work obligations of a new job. It would be impossible for any of us to name the names of all that contributed to the success of this event – Please accept the sincere thanks of the 2004 Board for putting on a spectacular party!

August is an exciting month as we anticipate the renewal and growth of a junior shag program at NVSC. **Junior classes** will be taught at 6:30 PM each Wednesday in August at Nostalgia's. Bring someone under 21 and you both are admitted **FREE** – Contact your neighbors, relatives, friends, and co-workers. Kari Jones, a junior champion, will be our lead instructor for the junior lessons throughout the year. Thank you, Kari. This is a great opportunity for free summer entertainment. Several workshops are scheduled for the juniors throughout 2004 on weekends after school starts. I would have loved to have had an opportunity like this when I was a child – Please consider it for someone that you know.

**SOS** is just around the corner. It's time to finalize your plans. Check our flyer table for a list of options for your accommodations at North Myrtle Beach. The dates are September 17 – 26. Our Club will be hosting two **SOS Free Pour Parties**:

**Saturday, September 18<sup>th</sup> at Duck's Too, 4 – 6 PM**

**Saturday, September 25<sup>th</sup> at Fat Harold's, 4:30 – 6:30 PM**

Thanks to Marcia Conway for representing our Club at the July ACSC meeting in Savannah, GA. Perhaps I forgot to publicly thank Dave Rapson for attending the meeting earlier this year in Danville, VA. I am very grateful to both of you for supporting our Club in this way.

*...S.* My dance shoe has been found—It was not Prince Charming or a glass slipper but I was indeed grateful to Ann Thompson for its return to me.

*News Flash: Important matters relating to Shag Events for our JUNIORS*

**SHAG DANCE PARTY FOR JUNIORS**

DATE: JULY 31, 2004

LOCATION: PSDC DANCE ROOM, VIENNA, VA

THIS EVENT IS FOR JUNIORS AND ADULTS BRINGING JUNIORS

WORKSHOPS: 5:00-5:45 AND 6:00 – 6:45 PM

FOOD SERVED: 7:00 – 7:30

DANCE: 7:30 – 9:30

**EXTRA! EXTRA! Juniors will be joining us at Nostalgia's in August**

The lesson for juniors will begin at 6:30 and ending at 7:30

Snacks and beverages will be provided for Juniors 7:30-8:15

Open dancing for adults and Juniors: 8:15 – 11:00 PM

Admission is free for Juniors and adults/parents bringing Juniors

Note: The usual \$6 cover charge for adults will apply.

Please contact David Rodgers if you have questions. His e-mail is [rodgersd3@cox.net](mailto:rodgersd3@cox.net) and his phone number is 703/239-8978.

D J's and Dance Steps for June 2004



August 4 - Dennis and Nancy Gehley    August 11 – Craig Jennings  
August 18 – Eddy Farmer                    August 25- Gerry Scott

**PRACTICE YOUR DANCE STEPS, HERE'S JULY/AUGUST LESSON PLANS:**

Advanced Level Shag Steps: **August 25**

Intermediate Level Shag Steps:

**August 4** –Pivot & Hug Pivot    **August 11**– Handshake Wrap Pivot & Pivot into a Belly Roll

**August 18** – Side to Side Basic; Front Prep & Walk-Up    **August 25** – Double Kick Basic; Front Prep; & Lean

**September 1** – Behind Sailor Basic & Pivot

Beginner Level Shag Steps:

**August 4, 11, 18, 25 & September 1**

Introductory Level Shag Steps:                    **August 4, 11 and September 1**

Step Exchange: – **August 18**

## WHAT IS A STEP EXCHANGE??

In the dance steps to be taught during the month of August, you may have noticed a new term – "Step Exchange". What is a "step exchange"? A step exchange is a class where all the participants are invited to share with others a dance step which they like to use when they are dancing. We'll have two of our NVSC dance instructors to lead the class and keep things moving along, but they are not going to "teach" the class. Come try out this new type class and bring along some of your favorite dance steps and share them with others. You will have an opportunity to demo the step and then others in the class will try to learn it so they can use it. If you like this new format for a dance class, let your instructors know and we'll keep putting it on the lesson schedule. – David Rodgers, Dance Committee

**NEW MEMBER NIGHT AT NOSTALGIA'S!!** WEDNESDAY, AUGUST 4, 2004 AND EACH FIRST WEDNESDAY OF THE MONTH, THOSE WHO APPLY FOR MEMBERSHIP WITH NORTHERN VIRGINIA SHAG CLUB, GET A REFUND ON THEIR DOOR FEE (CURRENTLY \$6.00) WHEN THEY PAY THEIR MEMBERSHIP DUES OF \$20, AND IF THEY ARE SPONSORED BY A CURRENT MEMBER, THAT MEMBER GETS HIS OR HER DOOR FEE REFUNDED – ONLY ON NEW MEMBER NIGHT—ONCE A MONTH AT NOSTALGIA'S!!

*Welcome - New Members in July*

*Lin McAfee*



### August Birthday Babies

### Happy Birthday!

Christine Dodd 8/3  
Steve Rose 8/3  
Larry Camp 8/5  
Riley Crawford 8/5  
Lynne Briggs 8/6  
Donna Montoya 8/7  
David Baucom 8/8  
Jewell Pradier 8/9  
Helen Coker 8/12  
Marie Stewart 8/13  
Louie Mitchell 8/15  
Andrew Kurta 8/15

Gary Tidmore 8/18  
Stephen Hooper 8/18  
Mike Blanchetti 8/19  
Lin Romero 8/21  
Laura Adams 8/21  
Terry Horning 8/23  
David Rodgers 8/23  
Terry Bendel 8/24  
Larry Delaney 8/24  
Ann Thompson 8/27  
Joe Cornish 8/27  
Carol Montague 8/28  
Fern Siegler 8/28

WE WISH LONG TIME NVSC MEMBER, DEAN HIPPS A SPEEDY RECOVERY. AND HEALING FROM HIS RECENT SURGERY. YOU MAY MAIL A GET WELL CARD AT: 115 FRANKLYN STREET, PORT JERVIS, NY 12771

## CONWAY'S CORNER

### **NVSC LOGO ITEMS:**

Have you noticed the NVSC log items that club members are proudly displaying? These items are available to everyone. We have the following:



<b>NVSC Shirts &amp; T-Shirts</b>	<b>\$15 - \$35</b>
<b>Shoe Bags</b>	<b>\$20</b>
<b>CD Cases [NOW on Sale!]</b>	<b>\$7</b>
<b>Large Coffee Mugs</b>	<b>\$9</b>

The CD Cases, Shoe Bags and Coffee Mugs are in stock, however the shirts are by special order. If you are interested in purchasing any of the above items, please contact **Marcia Conway**. She is at Nostalgia's on Wednesday nights, or you may call her at 703/361-8159. Her e-mail is [NCLady11@aol.com](mailto:NCLady11@aol.com).

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### **ATTENTION NVSC SHAGGERS.....WIN \$7,500!!!!!!!!!!!!!!**

Here is your opportunity to win \$250, \$500, \$1,000, \$2,000 and even \$7,500. I will be selling raffle tickets for the S.O.S. FUN MONDAY DRAWING which will take place on September 20 at an open forum on Main Street, North Myrtle Beach. The raffle tickets are \$10 each. A portion of the proceeds will be donated to CARING 4 KIDS, which is a local North Myrtle Beach charity. You do not have to be present to win. Please see me at Nostalgia's on Wednesday nights, call me or e-mail me to purchase your raffle ticket. You can also ask any board member about the tickets. If our club sells the most raffle tickets, the club will receive \$200 for 1<sup>st</sup> place and \$100 for 2<sup>nd</sup> place. LET'S MAKE THE NORTHERN VIRGINIA CLUB NUMBER ONE!!!!!!!!!!!!!! Marcia Conway 703-361-8159  
[nclady11@aol.com](mailto:nclady11@aol.com)

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### **UPCOMING EVENTS-NVSC**

#### **Mark Your Calendars NOW**

Sept. 8 <sup>th</sup>	Wed.	3 <sup>rd</sup> Quarter General Membership Meeting at Nostalgia's—see you there!
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Sept 11 <sup>th</sup>	Sat.	◆Pre-SOS Party, Springfield VFW, 7:30 to 11:30
Sept. 18 <sup>th</sup>	Sat.	◆SOS Free Pour, Duck's Too, North Myrtle Beach
Sept. 25 <sup>th</sup>	Sat.	◆SOS Free Pour, Fat Harold's (Back Room), North Myrtle Beach
Oct. 17 <sup>th</sup>	Sun.	◆Octoberfest Sunday Social, Nostalgia's, Fair Oaks Holiday Inn
Nov 6 <sup>th</sup>	Sat.	◆Workshops and Dance Ft. Myer Community Center, Sam & Lisa West
Dec 11 <sup>th</sup>	Sat.	◆Holiday Party Springfield VFW, Junior Workshop prior to dance; Bring your favorite dish and its recipe

# Northern Virginia Shag Club

**INVITES YOU TO FALL/WINTER 2004 DANCE LESSONS  
ESPECIALLY FOR JUNIORS**

**FREE** dance lessons for those under age 21!  
**Beginner / Intermediate Carolina Shag Lessons**  
**Taught by Junior Shag Dance Champions!**  
**Parents Invited!**  
**Please feel free to attend with young children!**

## **NVSC Pre-SOS Party**

**Saturday, Sept. 11<sup>th</sup>**  
**Springfield VFW**  
**7905 Kincannon Place**  
**Lorton, Va 22079**

**Free**  
**Beginner/Intermediate**  
**Dance Lesson for**  
**Juniors**  
**6:30 – 7:30 PM**

**Dance for**  
**Juniors & Adults**  
**7:30 –11:30 PM**  
**Members \$10**  
**Non-Members \$12**  
**Juniors Free**

## **NVSC Octoberfest Sunday Social**

**Sunday Oct. 17<sup>th</sup>**  
**Nostalgia's Lounge**  
**Holiday Inn, Fair Oaks**  
**11787 Lee Jackson Highway**  
**Fairfax, VA**

**Free**  
**Beginner/Intermediate**  
**Dance Lesson for**  
**Juniors**  
**3:30 – 4:30 PM**

**Dance for**  
**Juniors & Adults**  
**4:30 –7:30 PM**

**Free to Everyone**

## **NVSC**

### **Holiday Party**

**Saturday Dec. 11<sup>th</sup>**  
**Springfield VFW**  
**7905 Kincannon Place**  
**Lorton, Va 22079**

**Free**  
**Beginner/Intermediate**  
**Dance Lesson for**  
**Juniors**  
**6:00 – 7:00 PM**

**Dance for**  
**Juniors & Adults**  
**7:30 –11:30 PM**  
**Members Free**  
**Non-Members \$5**  
**Juniors Free**

**PLUS!**

## ★ **Sam & Lisa West** ★

### **Shag Workshops for Juniors and Adults**

**Saturday, Nov. 6**  
**Ft. Myer Community Center**  
**228 McNair Road, Bldg 405**  
**Ft. Myer, VA 22211**

**Three one-hour workshops**  
**12:30 1:45 3:00**  
**Members: \$10/Lesson**  
**Adult Non-Members: \$15/Lesson**  
**Juniors FREE!**

**Dance 7:30 to 11:30PM at Fort Myer - see event flyer and website**

**FOR DIRECTIONS** - See the individual event flyers or the NVSC website [www.nvshag.org](http://www.nvshag.org)

Click on Up-Coming Events

**FOR MORE INFO** - Call David Rodgers – Tel: (703) 239-8978 OR e-mail [rogersd3@cox.net](mailto:rogersd3@cox.net)

Join the  
Northern Virginia Shag Club

For

**TWO FREE POUR PARTIES**  
during SOS

**Fall Migration 2004!!!**



**Saturday, September 18th**

**Ducks Too**

**4 - 6 pm**

**DJ: Craig Jennings**

**Saturday, September 25th**

**Fat Harold's**

**In the backroom**

**4:30 - 6:30pm**

**DJ: TBD**



**NVSC members receive FREE  
drinks during FREE pour time OR  
until the money runs out!**

***Don't forget to tip the bartenders***  
**Please wear an NVSC shirt!**



Join us for a  
Junior Beginner / Intermediate  
workshop with our own  
Junior Champion Instructor ...

***Kari Jones!***

Learn new steps from  
one of the best !!!

**Location and Directions:**

***Springfield VFW***

*7905 Kincannon Place, Lorton, Va 22079*

Take I-495 Beltway to I-95 South. Exit at 166A, Fairfax County Parkway. Get into the left lane, turn left at first stop light onto Newington Road. Stay to the right on Newington Road and go under one-lane bridge. Go approximately 1/4 mile, take **HARD** left onto Cinderbed Road. Go approximately 1/2 mile, turn right onto Hillpark Drive. At the end of Hillpark, turn left onto Kincannon. The VFW hall is on the right.

***This is a non-smoking facility!***

**Visit our website and our "hot line" for club information and events!**

**[www.nvshag.org](http://www.nvshag.org)**

**Club Hotline: 703-960-4254**

**September 11th**

Junior Workshop: 6:30 - 7:30 PM  
Dance: 7:30 - 11:30 PM

**Junior Workshop  
& Pre-SOS  
PARTY!!!!**

Music Provided by  
**Jim Rose &  
Gerry Scott**

**FREE admission to ALL  
Under 21 years of age!!!**

Members: \$10  
Non-Members: \$12

**BYOB**

**Light hors d'oeuvres  
sodas, & setups  
provided**

**Wear  
Red, White, & Blue  
Support our Troops with  
Yellow Ribbons!!**

